

December, 1979

glebe report

Vol. 7 No. 12

Doggone nuisance



Lorraine Manley walks Bernese Mountain dogs.

by Mary Ahearn

"As a dog owner, it really upsets and angers me when I see dogs pooping in the streets and parks." Lorraine Manley, the responsible owner of three handsome Bernese Mountain dogs, takes her duties as an owner seriously.

"I always carry my 'pooper scooper' with me and a baggie - I'm not going to let the Glebe be an unpleasant place for other people to walk and live," says Lorraine. She cleans up her own yard on Patterson Ave., and doesn't see why she shouldn't clean up after her dogs elsewhere.

"At first, I was embarrassed about carrying around this shovel, until a young couple saw me in action in the park and came over and thanked me very much for cleaning up after my dogs."

That was all she needed - she no longer feels funny about her cleanliness. She is also conscientious about always having her dogs on a lead - "they never run at large; they are always under my command. It's not the dogs that are the problem, it's the owners: they should be more responsible!"

Lorraine really feels that people shouldn't have dogs unless they're committed to looking after them.

Gerry McCracken of Fourth Avenue is another Glebite who is serious about his dog. He jogs with Brandy, his German Shepherd, every morning, and takes along a 'pooper scooper'. He, too, sees no reason to allow his dog to foul the streets.

Unfortunately these success stories are few and far between. There is no evidence of a mad dash by enlightened citizens to take pooper scoopers in hand and follow Rover on his daily rounds.

"It's unpleasant enough to slip on dog dirt while walking on the street but it annoys me no end to see dog dirt in the parks and school yards," says Jean Shaw of Second Ave., a mother who is concerned about the health hazard that exists because of dog fecal matter. "Worms and parasites are a danger to toddlers, especially in Tot Lots and parks," she states.

Margie Honeywell who lives near Brown's Inlet claims the park has become a "doggie toilet". "Children are being deprived of a valuable recreationland because irresponsible owners of dogs have taken over the Park. People seem to be getting bigger and bigger dogs and taking less care of them," she says. Margie is in favour of putting signs at entrances to parks and schoolyards prohibiting dogs. Indeed, this is one recommendation put forward and approved in the Glebe Neighbourhood Plan. • Doggone page 2

glebe report

Ottawa, December 8, 1979

Vol. 7 No. 12

Agnes Perkins offers sage advice for 1980



L. to R. Miss Ruby Hand, Muriel Davies, Agnes Perkins and the Youngs enjoy tea at Ilse's Pantry after their regular bridge game Fridays.

By Gina Clarke

For a mere dime Agnes Perkins sold this reporter a fortune at the Blessed Sacrament church bazaar. It read, "Be very loyal to your loved ones. It may be hard but the rewards will be wonderful."

"What that means," Mrs. Perkins explained, "is if loved ones say hurtful things, don't you do the same--it only gives them more power to use against you. Now sleep on this fortune tonight and tomorrow you'll have good luck." Sound psychology, right?

Not everyone was anxious to buy. "Not interested in fortune-telling," one woman said.

"They're not fortunes--they're character readings," Mrs. Perkins told her. The woman grudgingly forked over a dime and then was so taken with what she read ("It hit the nail right on the head") that her friends all bought one, and several bought two. Tinkle, tinkle--it all contributed to the \$30 Mrs. Perkins made for the church that day.

But then who could resist her?--A regal figure whom some people say reminds them of Gracie Fields and others mistake for Mme Vanier, she vibrates with energy and a genuine interest in her fellow creatures.

Mrs. Perkins has been telling fortunes since she was 18--and she's 80 now. "I used to read tea-leaves in England, but people in this country use tea-bags so I had to find something else." She sits down and by inspiration, hardly pausing, she writes out her fortunes (or, if you prefer, character readings) a hundred at a time. She also reads cards and is studying the telling of character through names (adding up the numerical values of the letters).

She comes by her interest in fortune-telling from her mother who was very intuitive. And from the gypsies. They stole her when she was a toddler and when her mother caught up with her she didn't want to go home. Through the years she often visited gypsy encampments on the moors of her native Yorkshire and felt great sympathy for these people who were so misunderstood. Since coming to Canada she's felt the same about our Indians.

"Always a wanderer", she cheerfully pulled up stakes and came to Canada at the age of 60 when her son-in-law accepted a position in Ottawa. She'd been widowed for some years. "I was like Margaret Trudeau--I married a civil servant much older than myself." She has a daughter and two grandchildren--a secretary and a policeman.

Shortly after arriving in Canada she met her second husband-to-be at a senior citizens' club. He'd come from Yorkshire too, only 28 miles from her former home, but they'd never met before.

Since his death Mrs. Perkins has lived by herself at the King's Daughters apartments and keeps a schedule that would exhaust most people. She bowls, plays pool and bridge, works as a volunteer at two hospitals, takes fitness classes, contributes to the Glebe Centre News,

• Agnes page 2

• **Doggone** from page 1

Mary Ellen Buttle of Fourth Ave. is in favour of any action that will stop dogs from fouling up the sidewalks and parks.

"Why don't people phone the police more often? If more people wrote or called their Alderman, people would realize that this really is a serious problem," she says. The silent majority disapprove, and leave it to a very few to voice their opinions. Mary Ellen says the problem really does spoil the area.

There are a large number of existing by-laws that deal with owning dogs. Dogs must have a license, they must not bark disturbing others, they are not allowed on parklands, nor to run at large. Any violations of these bylaws can and should be brought to the attention of the police. Fines of \$25 are enforced for violations. (For complaints call 236-0311 (police) and ask for Animal Control).

The Glebe Development Plan goes a few steps further than the City bylaws. It recommends the enactment of a new bylaw requiring dog-owners exercising their animals on city streets to dispose of their pets' excrement and that a fine be imposed for not doing so. Another recommendation requires that signs prohibiting dogs be placed on the entrances of all schoolyards and municipal parks in the Glebe. Planning Board has approved these recommendations.

For all those people who feel their efforts have been in vain, there is hope. For people like Lorraine Manley and Gerry McCracken, let's thank them for their responsible attitude towards their neighbourhood.

And for all the canine owners who let their dogs run free, get your pooper scooper ready—the handwriting is on the wall.



The case of the mysterious disappearing rink

Last month the GLEBE REPORT announced the City's decision to close down Glebe Memorial Rink. Mrs. Bev McRae of Glendale Avenue, phoned Parks and Recreation's John Cushing Thursday November 15 to protest this unilateral City decision.

"One of the reasons we moved to Glendale three years ago was the convenience of the rink," says Mrs. McRae, mother of three children aged 13, 9, and 6. The whole family skates at the rink every winter. Although schools and community centres were informed, Bev feels the neighbouring residents should have been consulted about the close-down.

"The City survey indicated that only 26 people used the rink per day and this fell below their criterion of 40 users," said Bev. The City also argued that the Glebe was uniquely blessed with ice facilities considering the proximity of the canal and other arena and community rinks. Closing the rink will save the City \$7000. "You can't send a 6 year old down to the canal alone and even an older child is unlikely to want to walk to and fro in the dark to Mutchmor. The residents of Glendale, Powell and Renfrew are the main users of the rink and therefore we appealed to them to help save the rink," she continued. She called Alderman Michèle MacKinnon to alert her to the problem.

At a City meeting on Friday November 16, Alderman MacKinnon was able to have the decision modified for a one-year trial period. The City offered to set up the rink at a cost of \$2000 and to clear it after major snowfalls. The community would have to prove its sincerity by keeping the rink cleared and supervised during this winter. If the community proved itself a budget of \$3000 would be provided for maintenance in future years. Council approved the trial run Nov. 29.

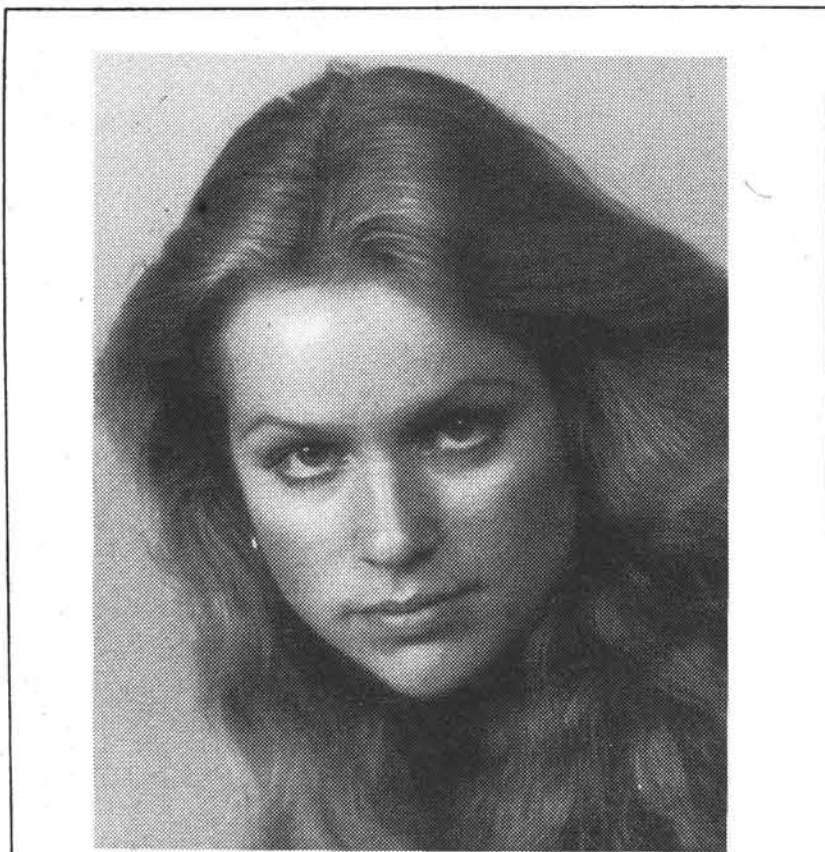
Bev and her husband Jack photocopied a letter "Help Save our Rink" and distributed it to neighbours on Glendale, Powell and Renfrew. Michèle MacKinnon has been very helpful and concerned," says Bev. She furnished the list of neighbours and is supporting the endeavour wholeheartedly.

Bev says so far the response has been "super" with twenty families signed up to supervise or clear the rink.

"We were looking for a minimum of 18 families to volunteer," says Bev. The job would only last for two and a half months and each family would be on duty just one night every two or three weeks. The City will provide a changeroom, lights and scrapers. A meeting to settle scheduling and other details will be held shortly. The community system is in effect already at the Mutchmor rink.

Bev feels confident the neighbours will be able to keep the rink alive this year and that from then on it will be 'clear sailing'. "If we don't succeed this year we will never see the rink again," she fears.

Anyone interested in helping to keep the rink in existence is encouraged to phone Jack or Bev McRae at 235-5529.



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Sincerely,
Marnie Johnstone, Editor
Sylvia Holden, Distributor

P.S. Would you let me know then the exact number of copies you require for your delivery route?

• **Agnes** from page one

sings in the Blessed Sacrament choir...

And she still has time to fight city hall. Piercing the air with a police whistle, she recently led a brigade of angry senior citizens across the Carling/Bronson intersection. The layout and traffic lights there accommodate motorists, not pedestrians...especially not elderly pedestrians. "I've come within 8 inches of being hit four times there," she said. She has an appointment now to discuss the situation with Mayor Dewar and to press for re-location of the bus-stop.

In her spare (?) time Mrs. Perkins makes jewelry, which she also sells at church bazaars in the Glebe. She crochets beads together with silver or gold thread so delicately they appear to be strung on fine metal chains. And she does this, mind you, without glasses.

If you too would like to enjoy your life this much at 80, or any age, then Mrs. Perkins has a 'fortune' just for you: "Take an interest in people, don't worry about tomorrow, and don't worship money."

Lansdowne Park traffic Ice Capades sets precedent

by Pat Kealey

There has been a recent decision by Lansdowne Park management to close the Bank Street gates to automobiles and advise them to use Holmwood and Adelaide, or the Driveway gates. An enquiry turned up the information that they felt it was "important to keep traffic moving on Bank St.", hence the prohibition. The Ice Capades was a "trial run".

To redirect traffic from an arterial (Bank St.) to a residential street (Holmwood, Adelaide) is contrary to the aims of the Glebe Traffic Plan and certainly against the spirit of the Neighbourhood Study and the recommendations approved by Planning Board. That this was done by Lansdowne Park management, the Police Department, and Regional Transportation, and our alderman was not consulted is alarming.

Hopefully, we will be included in future dialogue and decisions when we are affected so much!

Parking fines and Lansdowne Park — Not enough deterrent

Physical Environment Committee at City Hall will again consider the Glebe Transportation Committee's proposal that fines for parking violations during the Ex and Rough Rider games be increased to fifteen dollars. Date, Dec. 12. Time, not known yet.

The Draft Plan of the Neighbourhood Study states, "It is felt that the pre-selling of parking spaces in the Park is not effective. Indeed, the fact that not all pre-sold spaces are purchased, while traffic problems still exist, indicates that football patrons prefer free parking on Glebe streets. This brings normal life to a halt through blocked driveways and fire hydrants and traffic congestion.

During the Ex and Ottawa Winter Fair there is a special schedule of parking prohibitions that goes into effect. These prohibitions affect parts of nineteen streets in the Glebe, by removing the parking that residents would normally have there. Many Ex patrons split the fine, and ignore the signs prohibiting parking.

During the Neighbourhood study, hundreds of people complained about parking problems associated with Lansdowne Park events, in particular the Ex and Rough Rider games, when normal life for residents and merchants grinds to a halt. Lansdowne Park is a unique situation affecting only a small part of the city...primarily the Glebe and Ottawa South. When the fifteen cent surcharge for express buses to "profit oriented" events goes on in 1980, we can anticipate even more congestion and disruption. The Transportation Committee requested the increase, feeling that the existing fine of five or eight dollars was no longer a deterrent to illegal parkers.

Physical Environment has rejected our request (unanimously) in the past. They will do so again if we cannot convince them that the present situation discriminates against residents. If you are concerned, please come to the Physical Environment meeting and tell the politicians. Hopefully, we will soon have an idea of what time this item is being heard. For more information, please phone me at 233-6868.

Fifth and Chrysler — Removal of stop sign likely

On the instructions of Council (July, 1976) Regional Transportation has reviewed the intersection at Fifth and Chrysler and is recommending removal of the stop signs here. Their reasons are: low pedestrian and vehicular volumes that do not meet their warrants, and poor observance by motorists.

Although the Transportation Committee has disbanded, I wrote opposing their removal because having been involved with their installation three years ago, I was familiar with the problem. The rumble strips and minor narrowings designed to slow traffic on Fifth were removed because they were not effective. They were eventually replaced with the Stop signs. Because Fifth at Chrysler is at the top of a hill, most cars speed up to catch the light at Bronson...with dangerous results. In 1976 there were 22 reported accidents at Bronson-Fifth...five involving pedestrians. Although it does not meet the warrants (few T intersections do) it does slow the cars down. As a main route to Lansdowne Park, any count taken during an event there would exceed the warrants many times over. This fact should not be ignored.

I do not know when this matter is going to the Physical Environment Committee. You can make your feeling known by contacting the chairman of that committee, Alderman George Bédard, and asking that your views be noted.



Photo by Toni Venturi

Work stopped on Fifth Ave. Court

by Marnie Johnstone

Work has stopped on Fifth Avenue court as a result of Council's decision Nov. 21 to prohibit the building of a roof covering the court.

The decision, made in camera because of possible legal ramifications, means 20 workers are laid-off just before Christmas, an unfortunate situation considering the general employment picture in the building trades.

Further, many of merchants already signed up for the new building are heavily in debt (at the present high rates) and are angry with the decision which doesn't seem "fair ball" to them. Sarah Pouliot, of Sarah Clothes, says, "We expected to get into the new stores Dec. 1, then Jan 1 - now we don't know where we stand."

Doug McKeen, President, Glebe Business Association says the existing merchants are working on two-thirds heat capacity at present as their heating and electrical systems are tied in the new building. They may have to shut down for several days when both buildings are hooked up.

While the Glebe Community Association supported the rejection of the proposed roofing, on principle, they are divided about the future of the shopping mall. Some favour a convertible roof and if architects can come up with a reasonable design the project could get their support.

However, Leonard Koffman, project architect, says he has not been instructed to explore other roof possibilities. He views the convertible roof idea as impractical and too expensive in any case.

For inconvenienced merchants the feeling is that the project should be completed as soon as possible so they can get on with business. If the developer applies to the OMB for reversal of the City decision, a delay of three to six months is possible.

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glebe report

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NEXT ISSUE: JANUARY 18

DEADLINE **JAN. 7**

we all deliver..

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Michael Duffy, Danielle et Catou MacKinnon



photo by Toni Venturi

Wishing You a
**JOYOUS CHRISTMAS
SEASON**

The Glebe Report staff

Card courtesy of UNICEF.



Guessing games

Did you know: the Glebe's conversion bylaw is about to be dramatically altered? that a recently published bylaw for the Sandy Hill area not only reduces set-backs but replaces "Landscaped Open Space" with "Amenity Space" provisions with the result that, in the matter of conversions or additions, the requirement for "Landscaped Open Space" is greatly reduced if not eliminated! If you can lend support to the Glebe's attempt to protect its existing green space, contact Bruce Rosove at 232-1300.

Did you know: the City intends spending \$200,000 to alter the Bronson/Carling intersection? but apparently no one in our community knows what form this alteration will take! If you are concerned contact anyone you can think of that might have an answer (if you're successful, please let me know).

Did you know: the plans to move the Central Canada Exhibition to the Green Belt is not merely a matter of waiting it out, but in fact looks as if it just isn't going to happen? Talk to Don Ray at 237-4630.

Did you know: there is a move afoot to remove the multi-way stop signs at Fifth and Chrysler Avenues? Contact Alderman MacKinnon to learn the date and place to protest, or join the latest guessing game to which stop sign will be the next to go!

The above items have serious implications for the Glebe, yet I became aware of most of them only because I was present at the November meeting of the Glebe Community Association Executive. Unless these matters are reported elsewhere in this issue of the Glebe Report, I would normally not be aware of them. Apparently, we need to be better informed about developments that may affect our community. How about a regular Glebe Report column, reporting on such matters, as well as setting out specifics that will interpret their long range effect on our community.

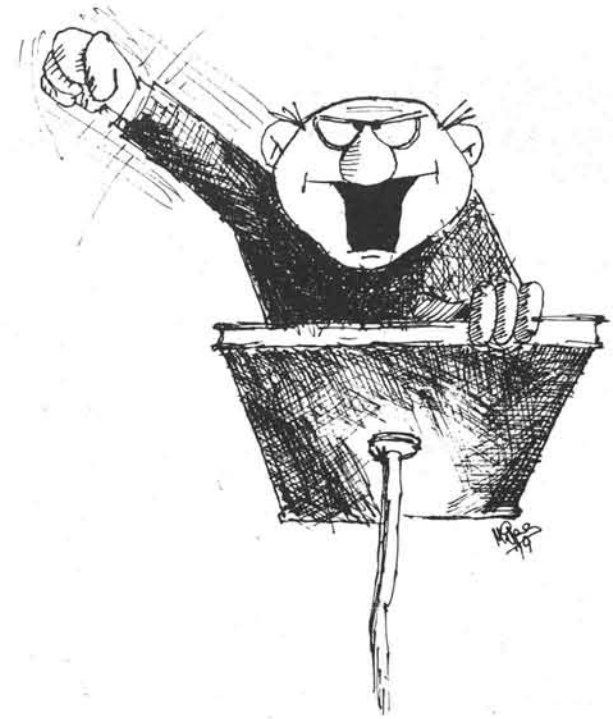
Many of us who have not the inclination to contribute time on a regular basis, may well be concerned enough to make time, if we are aware of an issue that (in our opinion) is of great importance.

Bernice Hamer

Ed note: With two regular political columns, Letters to Editor and GCA column and volunteer reporting some might say we have too much political news already.

Or perhaps you are applying as a Night Hawk or Sports Fan? If so you are the only one who is..

Thanks for your story ideas, I will pass them on to the appropriate columnists - please let us know your concerns before deadline next time.



Lakeview Terrace Park

I would like to make two comments concerning the Planning Board's decision on the Lakeview Terrace Park and with reference to Mr. J. MacDonald's letter in the October GLEBE REPORT.

Mr. MacDonald says "the main thrust of the Glebe Development Plan was to facilitate and encourage a higher population density in our community..." I would point out that the Planning Study proposals, as made by the citizens, either confirmed existing densities or recommended lower densities. This is true for both residential and commercial areas. (i.e. Bank St.)

Mr. MacDonald failed to mention that the Neighbourhood Study supported the preservation of the Lakeview Terrace Park. It was the Planning Board which changed the recommendation in favour of housing in the park.

Roger Short

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IMPORTANT DATE

Glebe Neighbourhood Plan will go before City Council Wed. Jan. 16, 1980 at 7:30 p.m.



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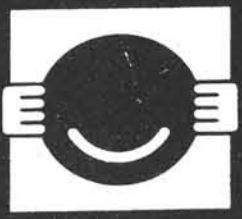
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Glebe Community Association

by Howard Smith

What's happening!

It continues to be a very busy season for the GCA and here is a list of some of the things that are happening in which the GCA is playing an active role.

Fifth Avenue Court

On Nov. 20, 1979, the Ottawa Planning Board rejected the application for a roof to be added to Fifth Avenue Court. The GCA supported the arguments advanced by Alderman Michèle MacKinnon that this would change the Court into a mini-shopping center, might prove to be unfair competition for other area merchants, etc. The Association questioned whether the original application was legal in that the developer is reported to have intended to build the roof all along but may have neglected to tell anyone, including the citizens who attended public meetings on the subject. Hopefully some compromise could be found, for example a movable roof which would permit us to enjoy an open air court for dining in good weather.

Bank Street improvement

The GCA is supporting those neighbourhood businessmen who want to establish a Business Improvement Area (BIA) along Bank Street. Close cooperation with them is planned, including having businessmen nominating someone to liaise with the Association and even sit on the GCA executive. The Association might well be willing to nominate someone to work with the BIA.

It is this type of friendly relationship which allowed a compromise solution to be found on the controversial issue of height control for buildings along Bank Street. Some favoured a height limit of 45 feet or higher, but after some quiet discussion in the community, the Ottawa Planning Board decided on a 35 foot limit, while permitting buildings up to 45 feet after special application demonstrates the need.

Glebe Development Plan

Although City Council will only approve the Glebe Development Plan in January, the GCA is already working towards its implementation. Many thanks to Mayor Marion Dewar for accepting our suggestion and sending the 1980 City Budget to us for study and comments on how to finance implementation of the Plan. We will be meeting with our Alderman to fine-tune our proposals since there is stiff competition for the City's limited resources. The GCA has also accepted an invitation to participate in the steering committee organizing a workshop in January on community participation in City affairs, or as I might phrase it, active community involvement in decision-making at City Hall. The fact that our civic leaders want such a workshop is a clear sign of how forward-looking they are.

New activities

Recently the GCA sponsored Kathy Morris in a course on community development corporations, namely how to organize a citizen controlled corporation to meet community needs. This is being done elsewhere, although it is understood GNAG and the Glebe Housing Coop already fulfill some of the needs addressed by such a corporation in Westboro. However, in the Glebe could such a corporation be used to organize the purchase at discount prices of home insulation materials or heating oil? If you have some ideas on the subject, please let us know.



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**Youth power — for a day
Morena Vezzero named Ottawa Mayor**

Glebe teenager Morena Vezzero received quite an honour recently when she was chosen to be Mayor for a day.

However, the 17-year-old High School of Commerce student doesn't think wearing the Mayor's chain and presiding over a Board of Control meeting will launch her on a career in civic politics.

When Morena's schooling is completed, she would rather work with young people. In fact, that's exactly what Morena is doing now on a part-time basis at the Glebe Community Centre.

Morena was picked as Mayor in a November citywide competition sponsored by the Ottawa-Carleton Optimists. Twenty-two schools throughout Ottawa-Carleton each selected one student, based on teachers'

recommendations, to represent them. This was narrowed down to seven, who got the privilege of sitting on Council for a day. One of the seven was in turn chosen to be Mayor --- Morena.

Congratulations Morena! The Glebe is proud of you.



Photo by Toni Venturi



Celebrating



photo by Toni Venturi

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MacKINNON



Capital Ward Column

Up-Date on Current Issues

Committee of Adjustment

(i) An application by Mexicali Rosa's at Bank and Clarey to expand was rejected by the Committee last month. It had been strenuously objected to by nearby residents, the Glebe Community Association and myself.

(ii) On January 3rd 1980, the Committee of Adjustment will hear an application by the owner of a house and part lot located at the north-east corner of the Queen Elizabeth Driveway and Torrington Place. The owner wishes to construct a duplex on the part lot, for which a severance had been rejected two years ago. Construction would be considered as a "group building project" under AZ-64. The City's Planning Branch is recommending DISMISSAL of the request, as such a large structure would constitute overdevelopment on an extremely narrow lot. The surrounding neighbours, the Glebe Community Association and I, as Ward Alderman have all voiced our strong objection to this application. If you wish more details, please call Richard Hewitt, Planning Branch, at 563-3193.

Physical Environment Committee

i) The Sunshine Trading and Lightning Bakery, on Bank Street West north of Rosebery Avenue, requested a loading zone on Rosebery Avenue North. At the RARCINC meeting of November 28th this matter met with a storm of protest. Truck traffic and customer parking all along Rosebery have caused many problems in the past. (RARCINC - The Rosebery Avenue Residents Committee Incorporated) Dr. Trevor Lyons appeared before the Physical Environment Committee of November 29th on behalf of RARCINC. The Committee agreed to defer the request until better alternatives are investigated.



Pre-natal classes

REGISTRATION is now open for Lamaze Pre-natal Classes offered by the Ottawa-Hull Childbirth Education Association. Couples are encouraged to register as early as possible in order to benefit from our Early Pregnancy Class. Classes are offered in both English and French. We have a good selection of classes held in the Glebe. For further information please phone the Registrar at 238-2061.

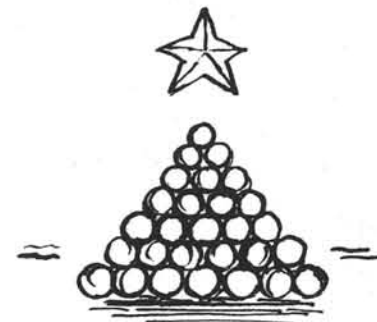
Reflections on 1979

This past year, my first in office as your full-time alderman, has undoubtedly been one of the busiest yet most interesting of my life. By comparison, the era when both my daughters were under 2½ years old and in diapers seem almost calm and peaceful!

My job is no bed of roses, and I never expected it to be so. Like everything in life, it has ups and downs and, fortunately, there have been more peaks than valleys. I have worked extremely hard and given it all I have in terms of time and availability. It has been challenging and fulfilling. At the risk of sounding maudlin, I want to publicly thank my wonderful family for adapting gracefully to our new hectic lifestyle, and my friends who have given me much needed support when the road was rough (and, believe me, it often was!)

I look forward to another full year when good things will continue to happen for the Glebe. I'm sure it has the highest ratio of committed citizens who work hard at making our community the lively, interesting spot it has always been.

I wish all of you a very Happy Christmas and a prosperous New Year!



Give from the heart this Christmas

No gift you give - or receive - this Christmas is as vital or important as your blood. For patients in the 30 hospitals served by the Ottawa Red Cross your pledge of blood can be the greatest gift of all on Christmas - the very gift of life.

Please call 232-1156, ask for "Blood Pledge" and pledge a gift from the heart - a donation of your blood over the Christmas season. Almost every healthy person between 18 and 65 is eligible.

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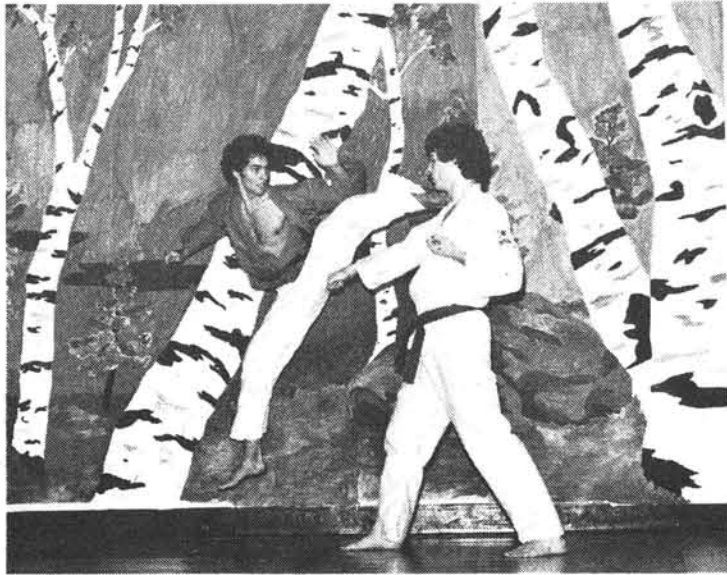
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Southeast Asia Night



Photos by Toni Venturi

CULTURAL CELEBRATION TO AID REFUGEES

by Elyse Monroe

Members of six ethnic community associations entertained a crowd of 200 people at Glebe St. James United Church auditorium on Nov. 17 from 7:30 - 10 p.m. with a lively program of Southeast Asian martial arts, folk singing and folk dancing. Highlights of the evening included classic demonstrations of Tae Kwon Do, a well-choreographed "disco" Tae Kwon Do by the Korean Christian Fellowship Group, a delicate Korean fan dance and a very nimble-footed Vietnamese pole dance.

The purpose of Southeast Asia night according to chief organizer Dave Hall of the Ottawa Y's Men's Club was "to provide Canadians with an opportunity to explore, learn about and celebrate the various cultures of Southeast Asia in view of the recent resettlement of refugees in Ottawa." Proceeds from the sale of tickets for Southeast Asia Night were turned over to the Cambodian and Vietnamese Community Associations to assist in refugee resettlement in this area.

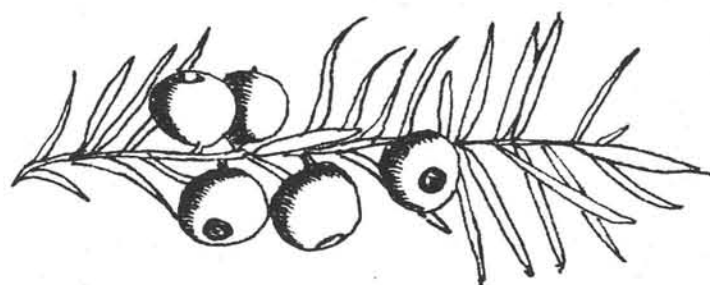
During a brief slide presentation depicting life in Cambodia and refugee camps in Laos, Dr. John Hardy, chairman of the Catholic Immigration Services of Ottawa described Cambodians as "the gentle people of Asia". To illustrate the magnitude of the plight of these people, Dr. Hardy cited the following statistics: in 1975, Cambodia's population numbered 8 million people. The population today numbers 3½ million, 2½ million of whom are starving. Dr. Hardy also had some criticism of the criteria for selection of refugees used by Canadian officials in Bangkok. Apparently many potential refugees to Canada have been rejected because they did not have a secondary education.

The evening concluded with a tasty buffet of Southeast Asian specialties. Dave Hall, who was pleased with the number of people attending the function, said that the Y's Men's Club was planning on holding another such evening sometime in April.



Music and Dance Teachers in the Glebe Area

NAME	LOCATION & PHONE NO.	SUBJECT TAUGHT	INFORMATION
Ingrid Bolf	309 First Ave. 235-2813	Dancing	
Joseph Berljawsky	2-250 First Ave. 238-3491	Violin & viola	Conductor, Ottawa Musica - Viva, Music D. Many years experience, modern, individual,
Richard Dacey	c/o St. Mathew's (organist) 233-8660	organ, piano theory	3 years teaching G.R.S.M., FRCO, LRAM, ARCM, Auditions new students
Anne Eggleston	234 Clemow 232-9823	piano, composition theory, bilingual instruction	Over 20 yrs teaching, ARCT, Artist Diploma U of T Music, Master (composition) Eastman School of Music
Elizabeth Graham-Smith	21 Broadway 232-6062	Piano, children & adults at all levels, bilingual composition	25 yrs teaching experience, GRSM, LRAM, ARCM, auditions new students
David Johnstone	286 Holmwood 237-3443	Classical guitar theory	15 yrs experience, studied with Eli Kassner Carleton University instructor, auditions new students
John Lanktree	Glebe St. James 733-1820	Scottish Country Dancing	5 yrs teaching experience. New class in Feb. Mon 8 - 10.30 pm adults: Sat 10-12 noon children
Cathy Rollins	25A Broadway 233-2055	Flute	5 yrs teaching, Music BA, Ottawa U Has openings
Steven Rollins	25A Broadway 233-2055	Guitar, classical	5 yrs teaching, Music BA, Ottawa U Has openings
Heather Ross	232-8762	Theory, harmony	ARCT
Bob Sabourin	Metro Music, 695 Bank 233-9688	Guitar, jazz, popular & classical	20 yrs teaching experience
Gerda Selman	129 Powell Ave 235-8701	Piano, rudiments of Theory	22 yrs experience, R.M.T. waiting list
Dave Shore	234-8030	Guitar & lute	has openings
Bill Sheppard	56 Findlay 233-6652	Guitar by ear	20 yrs experience, has openings, teaches Saturday
Janette Winter	149 Fourth Avenue 236-2585	Piano & theory	20 yrs experience, Music B.A.



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MERRY CHRISTMAS

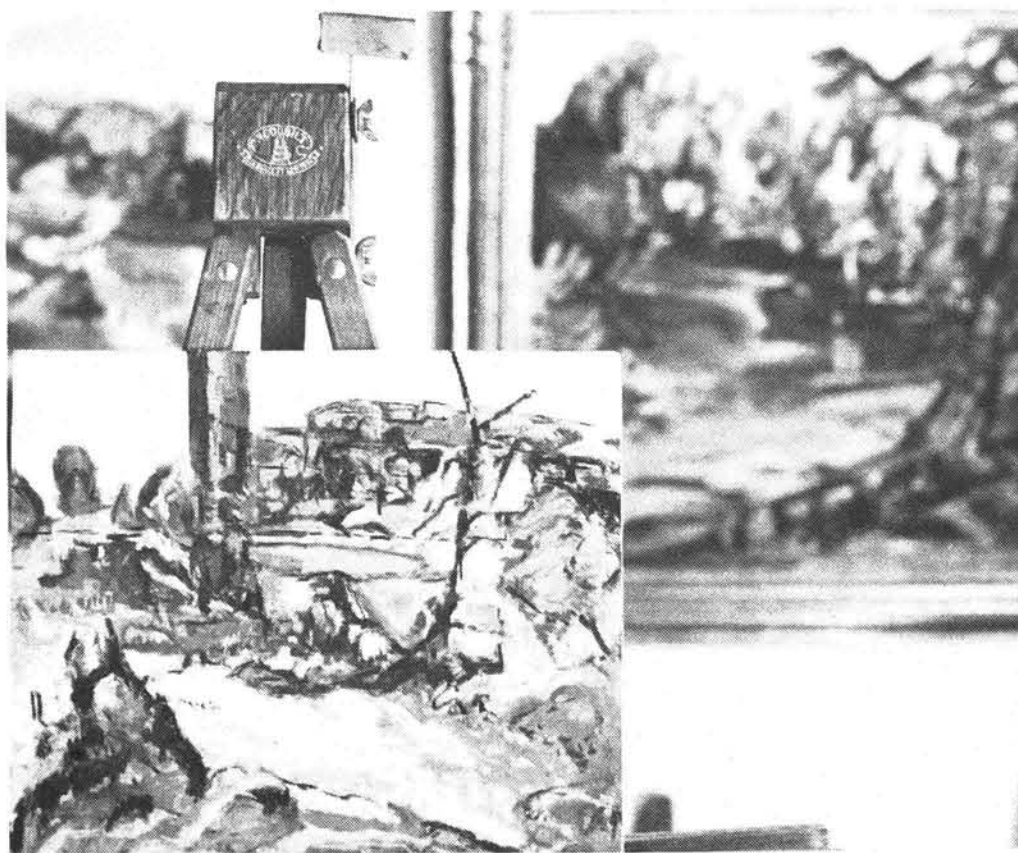
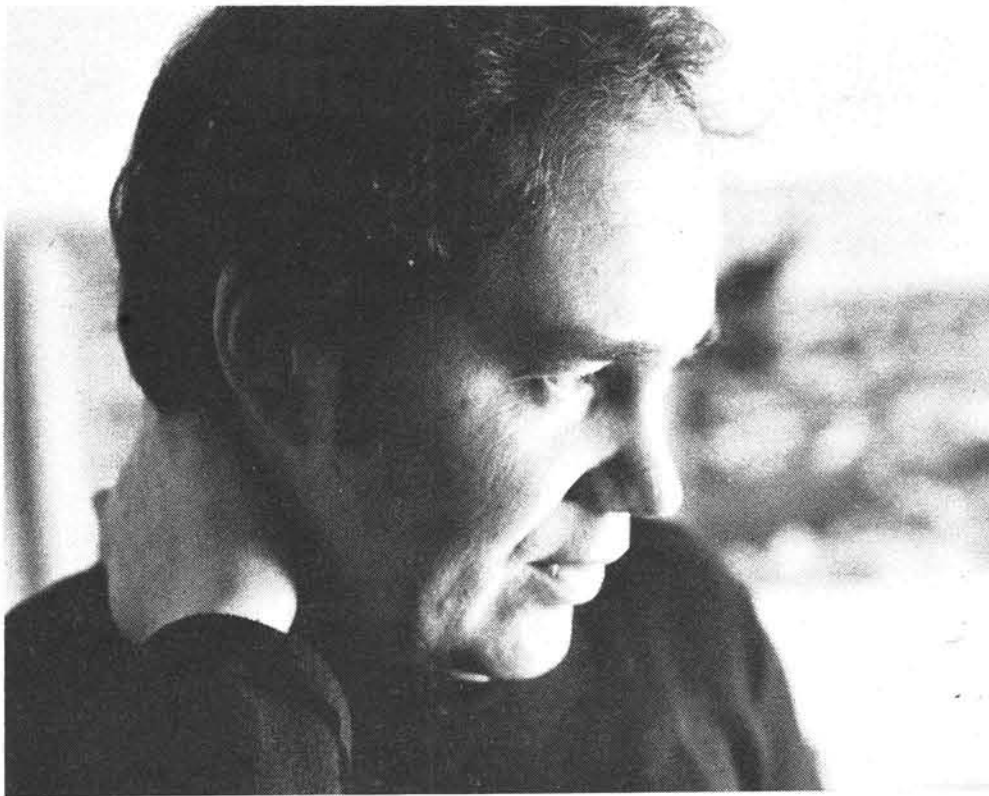
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Classes given by **Dave Aller.**

THE ART PAGE

with Dinah Showman

Michael Sproule: Landscapes with feeling

Photos by Toni Venturi



Mike Sproule, an Ottawa resident for most of his 45 years, remembers his family as artists: "My mother was a musician; my father, a part time news writer, and his mother- a recognized poetess."

For artist Michael Sproule, nature and art have been lifetime preoccupations - and as of three years ago, a full time occupation. "Even as a kid, I felt personally involved in nature and wanted to draw and paint. Now art is always on my mind; I'm always mentally painting."

When his brother, a strong nationalist, died in 1976, Mike decided to express his own feeling for unity through painting. "I feel all Canadians relate to the land. I have my own vision of nature - which I feel a responsibility to share."

Mike prefers to paint the Gatineau hills, but finds inspiration in city locations, too - like Hogs Back and Parliament Hill. "I like to imagine what it was like to paddle up the Ottawa and confront that great whacking bluff."

His pastels and paintings often defy specific location. "I try to paint the natural elements and forces . . . the relationship of sky to land to water . . . I have to be aware of what's underneath the ground in order to give a tree life." He paints multiple views of natural forms - and the feeling of being there at the time of their creation.

Of his style, Mike says: "Different subjects are treated in different styles . . . I can't do natural subjects in just one way . . . each has its own feeling." His rendering of nature is essentially romantic, fluctuating between figurative and abstract.

Mike prefers to 'paint' in pastels; he paints in oils as well. He uses photos, sketches and small color panels to work out perspective and composition for his finished, medium-sized works. His colors are natural, sensuous and beautifully varied in hue.

His studio is full of paintings, materials, books and light. It's a place which expresses Mike's talent, his love of artistic expression, and his appreciation for other artists' works. His favorite painters include Cézanne, Varley and Tom Thomson. Milne and Goodrich Roberts are present inspirations and Mike states that he is still learning from Roberts: "He (Roberts) is very honest in his paintings, true to his subject and his feelings." Like Michael Sproule himself.

Mike has just completed a one-man show at Christie Gallery in Merrickville and looks forward to future shows. "An artist needs exhibits to show ideas and to relate to people. Special things happen when you put different images together, side-by-side." His works can be viewed locally at Den Art.



**SAY
MERRY CHRISTMAS**

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Christmas performances planned in schools

Christmas concerts and plays are planned by most schools in December. At First Avenue the Christmas concert will include plays and choir music and will be held the afternoon of Wed. Dec. 19. Corpus Christi will hold its Christmas concert that same evening. Mutchmor plans a Talent Show.

Glashan will have a Band Concert on Wed. Dec. 12 at 7:30 p.m. Parents and friends welcome - any contributions are passed on to the Christmas Exchange.

Glebe Collegiate held its Music Concert on Dec. 6 and students are getting set for exams Dec. 14 - 21.

School holidays start Dec. 21.



Alternate school system opens in Ottawa South

On November 23 a ceremony marked the official opening of the Harwood Nursery and Kindergarten located in Hopewell Ave. School. This is an independent, non-sectarian school based on the educational principles of Rudolf Steiner, the Austrian educator, philosopher and scientist, and sponsored by the Ottawa Waldorf Council.

The uniqueness of Waldorf education lies in the idea of educating children in phases that correspond to psychosomatic development. The child's first seven years are years of great activity, in which the young child tries out every physical faculty and exercises all of them almost without pause. Small children are beings of will and imitation. They love to be active and learn by imitation, virtually "becoming" what they experience. Waldorf pre-school teachers take great pains to see that the people, the surroundings, and the activities are all worthy of imitation.

The teachers build on the child's natural impulses for action and imitation in activities such as singing, drama, movement, modelling, crayoning and water colour painting. The children listen to stories, which, while opening doors to the world of moral realities, also feed the imagination, providing a stimulus for creative activities. Toys and other play materials are simple so as not to hinder the child's own imagination, and are of natural materials such as wood, stones, pinecones sea-shells, wood, beeswax, sand and clay.

In the nursery school the children will thus develop in a natural way, through the faculties of imitation and imagination, still free from the disciplines of formal teaching, and thus lay a strong foundation for their future life.

From nursery school onward the Waldorf Curriculum maintains a balance between the active, the artistic and the scientific. Co-operation is also stressed over competition. Steiner deplored the use of competition to make children learn. He felt no child should worry about being "left behind" due to poor grades while his or her peers advance in grade.

The first Waldorf School was founded in Germany in 1919. Today there are over 80 schools in 18 countries and on 4 continents.

Currently the Ottawa program offers a half day program for children 3½-5 years old. Monthly fees are \$75 for 5 days, \$50 for 3 days and \$35 for 2 days. Spaces are available. Teachers are Mrs. Becky MacMillan who has an Ontario Elementary School teacher's Certificate and Miss Christine Seminick who has her child care diploma. Both teachers are undergoing on-going education in Waldorf Education methods.

If enough support is received, it is hoped a Grade 1 class will begin in 1980, additional grades being added in subsequent years.

For information contact Becky at 238-6847 or Christine at 234-8480.



Bytown and Chaudiere Cub fall camp

If Ottawa seemed more peaceful than usual the last weekend of October it was because 120 of its healthiest, liveliest and noisiest small boys were off surviving the rigours of outdoor living at Camp Opemikon. Eleven Chaudiere and Bytown Cub Packs connected, with participation beyond anyone's expectation, to hold their fall weekend camp at Christie Lake near Perth. Glebe packs were the Glebe St. James 36th and St. Matthew's 36th.

The theme of the weekend was OUTERSPACE and it had 'hyper-galactic' appeal as the boys lived, played, dreamed and competed as eight-man first and second crews of a space fleet with craft christened Apollo, Skylab, Vostok, Space Shuttle, Gemini, Soyuz, Mercury and LEM. Posters and books were available for the cubs to peruse and ponder. Scientists, philosophers, engineers and pilots (recently recruited from cub leadership ranks) were always at hand for briefing and conference.

Crews competed in a space-race to collect and transport (a difficult task using not-to-be-touched containers suspended among eight carriers by elastics on tension cords) 'nuclear' fuel to a base where each built, fuelled and launched a paper rocket in the shortest time. Anti-gravity experiences involved transportation by ropes and barrels which proved unsettling for some. Crews also constructed space cities, launching pads and rocket ships - some large enough to seat the whole crew and to contain control panels, sick bay and fuel storage areas - in the nearby cliffs and sand pits. Test flights with two real parachutes intrigued the boys as did a perilous trek along uncharted courses, through fallen meteors, around gaping craters and beside lunar seas to the mysteriously echoing asteroid pits, home of the hollow-earth people.

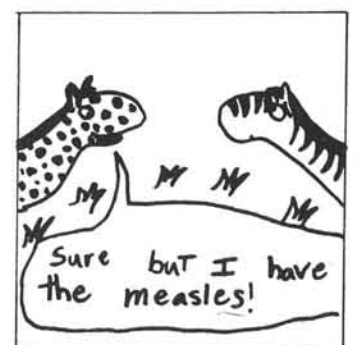
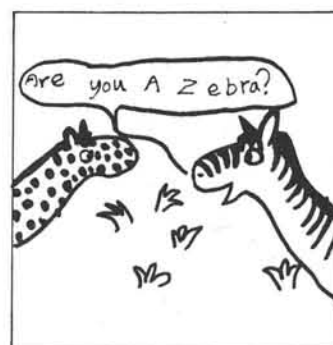
Strategy and speed across the stellar spaces led to victory in a wild Capture and Fuel game played in the evening by all crews with 'laser' lights and bionic armband fuel. From time to time a white and silver-garbed space creature stalked eerily through the base. Two outdoor campfires brightened the extra-terrestrial blackness that second evening and the astronauts awoke to snow Sunday morning. Scouts Own raised 150 voices in song from under the big teepee. It was followed by a snugly crowded song session in the Drake Lodge led by Brian Bell of the 3rd Aylmer pack with his guitar.

The junior spacemen joined in a giant scavenger hunt for all manner of interplanetary debris before amassing in full array while supremely competent crews Apollo and Vostok were presented with 'Space Pioneer 79' awards. In the early afternoon every vestige of the busy space city vanished into the void as the Cub packs clambered aboard the earth-bound vehicles that would take them home.

The force was with them.

By Prim Ketchum

Stripes



Julia Ukrintz

Cross Country Skiing

REGISTRATION INFORMATION

Changing facilities and canteen concession available at both locations.

Equipment rental, skis and poles, is available at the Carlington Park Ski Chalet. Rental equipment is not available at Mooney's Bay.

REGISTRATION SITES

Applications will be accepted at the **Recreation Branch, 214 Hopewell Avenue (Brewer Park)** 8:30 a.m. to 4:30 p.m. - Monday to Friday, commencing December 3rd, 1979.

Mooney's Bay Sports Complex

Monday & Wednesday, December 3 and 5, 1979 - 10:00 a.m. to 2:00 p.m. and 7:00 p.m. to 9:00 p.m.

PREPARATION CLINICS FOR "CROSS-COUNTRY STUDENTS"

A general information session will be held prior to the starting date to assist and advise novice skiers on equipment, waxing, etc. Information on this aspect will be given at registration points. A preparation clinic for the general public will be held November 22, 1979.

FOR FURTHER INFORMATION PLEASE CALL 563-3222

CROSS-COUNTRY SKI LESSONS - WEEKDAY PACKAGE

Eight to ten kilometres of trails are available throughout Mooney's Bay and Vincent Massey Park. The trails will be groomed and marked by the National Capital Commission for regular public use.

Lessons will be offered weekday Monday to Friday at the Mooney's Bay Sports Centre starting January 14, 1980, once a week for eight consecutive weeks ending March 8, 1980.

CROSS-COUNTRY SKI TRAILS AND LESSONS FOR SENIOR ADULTS

*Instruction Programme - 8 week programme starting January 9. The first class will be held at various locations throughout the City.

INSTRUCTIONAL PROGRAMME (8 weeks in length) commencing January 9th

Location	Day/Time	Cost
Overbrook Community Centre	Wed. 1:30-3:00 p.m.	\$10.00
Jack Purcell Community Centre	Wed. 1:30-3:00 p.m.	\$10.00
Westboro Community Centre	Wed. 1:30-3:00 p.m.	\$10.00
Westboro Community Centre	Thurs. 1:30-3:00 p.m.	\$10.00

Remaining classes will be held at the Mooney's Bay Sports Complex.
REGISTRATION DEADLINE - DECEMBER 14.
*Equipment Rental available on site - \$3.00.

Cost: \$10.00 per person

TOURING PROGRAMME - provides an opportunity for skiers to participate in an unstructured outdoor touring group experience. This programme will be held at Mooney's Bay on Fridays from 1:00 to 3:00 p.m. The facility is fully supervised.
*Rental skis will not be available for this programme.

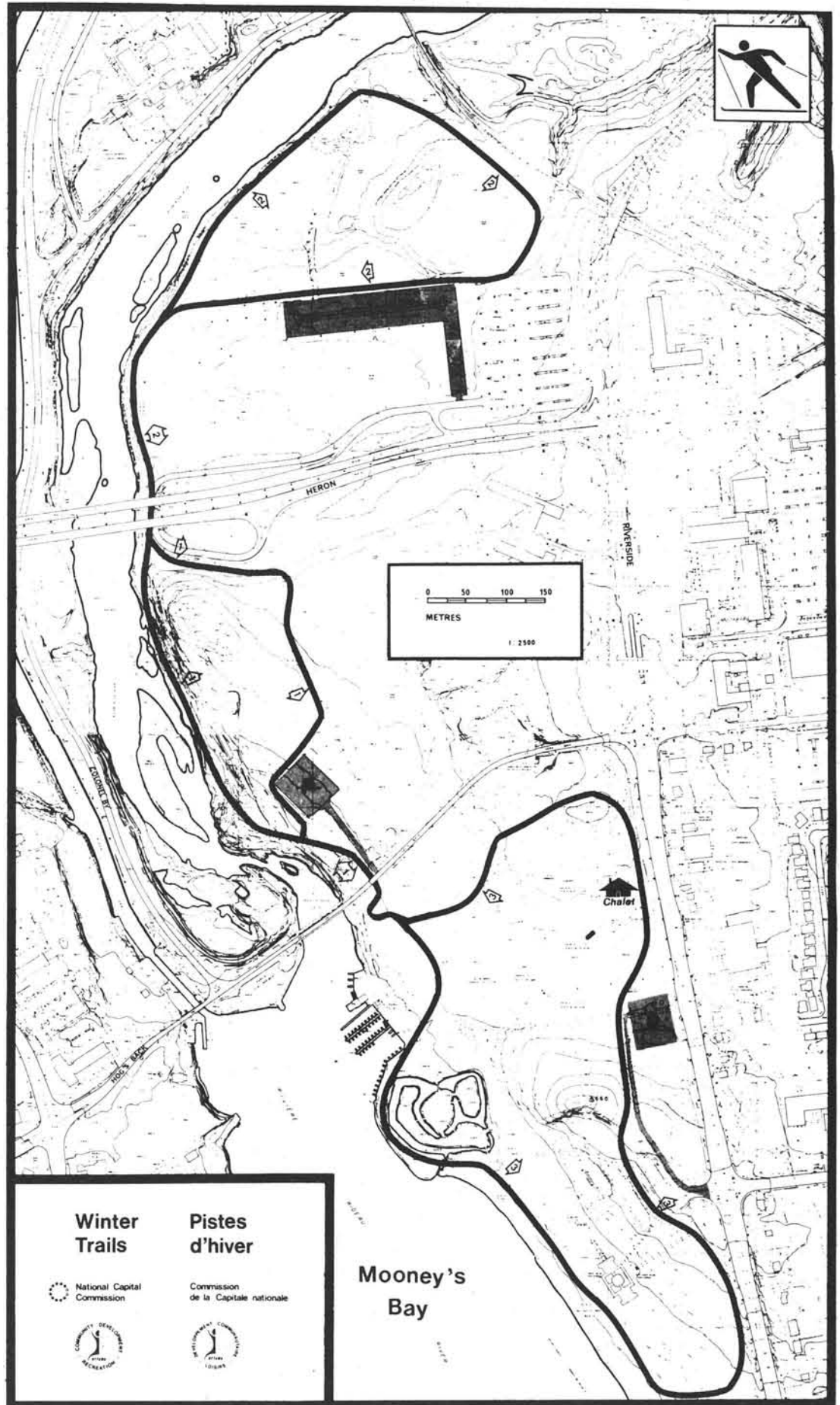
Lesson Schedule

Mon.	Mom & Tots (4-6 yrs of age) 9:30 am - 10:30 am	Wed.	Adults 9:30 am - 11:00 am 1:30 pm - 3:00 pm 7:30 pm - 9:00 pm
	Adults 1:30 pm - 3:00 pm 7:30 pm - 9:00 pm	Thurs.	Adults 9:30 am - 11:00 am 1:30 pm - 3:00 pm 7:30 pm - 9:00 pm
Tues.	Adults 9:30 pm - 11:00 pm 1:30 pm - 3:00 pm 7:30 pm - 9:00 pm		
	Adults 9:30 am - 11:00 am	Fri.	Mom & Tots 1:30 pm - 2:30 pm

Cost: \$15.00 per person for eight week session.

OTTAWA MUNICIPAL SKI SCHOOL - WEEKEND PACKAGE ALPINE & CROSS-COUNTRY INSTRUCTION CLASSES 1980

Locations	- Mooney's Bay (Riverside Drive) - Carlington Park (Western terminus of Raven Ave.)
Day/Times	- Saturdays, 9:15 am & 10:45 am (approx. 1½ hrs.)
Dates	- January 5 to February 9 Classes may extend until Feb. 16 if weather conditions force cancellation on a regular day.
Fees	- Children 7 to 15 yrs. \$ 6.00 (for 6 weeks) - Age 16 to adult \$11.00 (for 6 weeks)



Basketball champs at Glebe

The Glebe Jr. Girls Basketball team proudly holds the City championship trophy after beating out Woodroffe in the semi-finals and trouncing Sir John A. Macdonald in a best of three series last month. The scores for the winning team were 43 to 29 in the first game and 31 to 30 in the second. Miss Dent coached the team to victory.

The Sr. Girls Basketball team was a powerhouse this year too. They defeated Hillcrest in the semi-finals; Belcourt edged them out in a low-scoring best of three series. The scores were 39 to 31 and 47 to 44. Mr. Lenczewski and Mr. Lebrun coached the team.

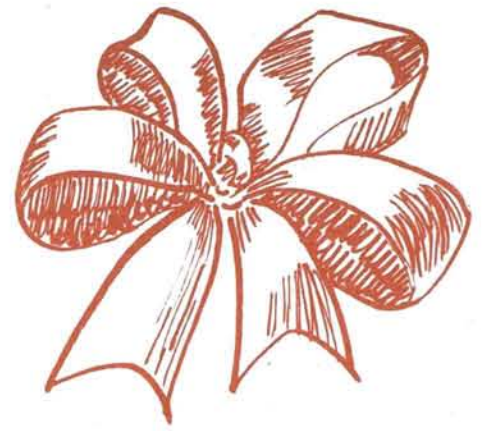
Belcourt and Glebe were scheduled for a rematch at the Valley finals but both teams declined to enter the competition as the winners would go to Windsor for the Provincial championship and it was felt by both teams that exams were too close for a major trip.

Sr. team member Rebecca Ballard said the Sr. team will be losing five players next year, but with such good strength in the Jrs., Glebe should be in the forefront of girls basketball for years to come.

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Glebe Tenants Association Meeting

by Vivian Hostetler

Since 1974, two thousand low-cost rental units have vanished from the centre of the City. A Glebe Tenants' Association meeting held Monday, Dec. 3 on Fourth Ave., had Ron Kellestine, a City Housing Planner as guest speaker. His topic: Demolition, reconversion and severances.

In a discussion period after the meeting Dave Hagerman pleaded the case of non-profit housing and co-op housing and urged stabilization of property values.

Kathie Morris described some problems facing Co-op Housing.

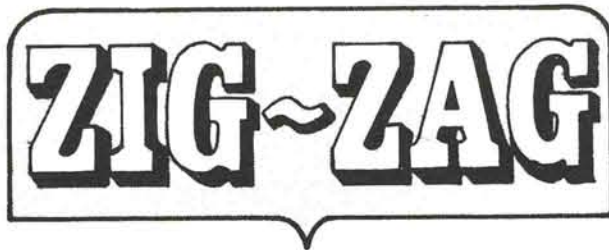
Aldermen Michèle MacKinnon and Rolf Hasenack offered support to tenants and explained some of the legal problems preventing some useful changes.

Practical aid to tenants through the Association was explored and the effectiveness of the Association as a lobbying group was urged by Hasenack.

A public meeting sponsored by the City will take place in January to discuss City recommendations.

More about these issues in January GLEBE REPORT.

792 Bank St.
235-7900
Thurs.-Fri. — 8 p.m.
Sat. — 6 p.m.



Can you spare a few hours a week to help with consumer problems?

The Consumers' Association of Canada is a national, voluntary organization publishing CANADIAN CONSUMER magazine which tests and rates the products you buy.

We also try to assist consumers with product information and consumer complaints.

The Ottawa CAC Consumer Committee is starting a 'hot-line' in December to give consumer information and individual attention to local consumer problems.

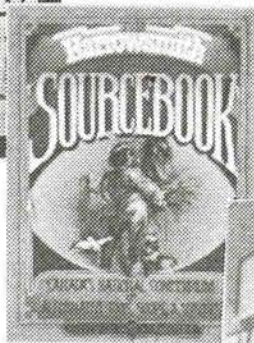
If you would like to share in this project and at the same time expand your knowledge of consumer protection, please call Marion Fuller at 238-4840. Our office is located at 200 First Avenue (at Bank)

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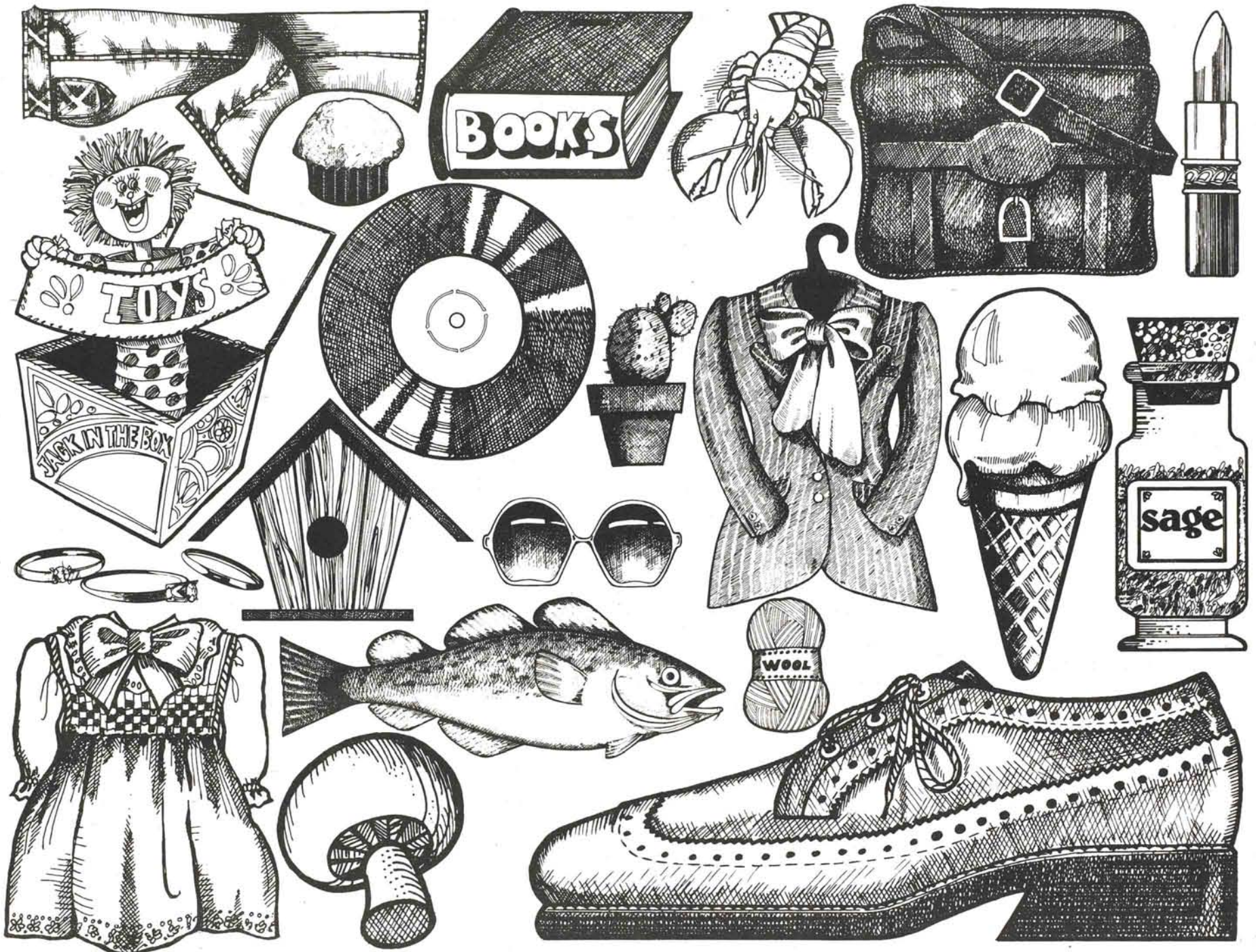
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Fifth Avenue Court In the heart of the Glebe.

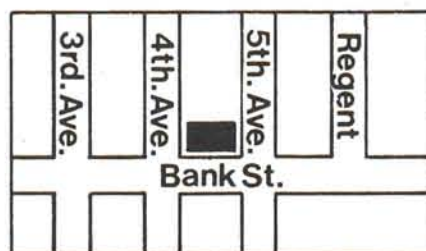
We invite you to make a little history with us on Fifth Avenue Court in the heart of the Glebe. Shops and boutiques will open their doors for the first time, with more soon to follow, housed in a stately block of two-storey, red brick edifices, they lend a turn-of-the-century elegance to this thriving local marketplace. Gently arching windows, a quiet courtyard, trees, galleries and breezeways promise a relaxing world in which to shop,

dine or just browse at a leisurely pace. Ample parking is provided, both on the ground and below in an enclosed garage. Join us to experience a gentle blend of neighbourhood market and full-service shopping court; matching tradition with convenience on Ottawa's historic Bank St.

Fifth Avenue Court.

A very special place in the heart of the Glebe.

Some stores
already open



Fifth Avenue Court
In the Heart of the Glebe



News from the Glebe Y's Men

At the November 27th meeting of the new Glebe Y's Men's club, the group decided to continue its efforts to develop a community based service club that would support the outreach programs of other community groups and churches. The need now is for interested individuals to join and get involved in the planned programs for young people and seniors.

For the newcomer to the community, for the single man or woman, for the the community activist who needs a break from structured committees, the Glebe Y's Men's club offers a unique blend of work, fellowship, learning and fun. Perhaps you have felt you would like to help someone but the commitment seems overwhelming. Through a group like Y's Men, everyone can give what they are able, when they are able. Y's Men are people like you, people who care and who will support each other as they work together. Your contribution, however small, will be added to those of others to build a very effective tool for helping people, a Y's Men's club.

For more information, just phone Dave Hall at 225-3882 and come join our next meeting on January 8th, 7:30 p.m. Glebe St. James United Church.

CABRI & RUPP
OTTAWA CHRISTMAS CRAFT SALE
 OTTAWA CIVIC CENTRE
 11th - 15th December
 (2nd half of show)
 Booth No. 35



Deli Doubles

by Sylvia Holden

The Bronson Delicatessen and grocery, located at Renfrew and Bronson has doubled in size to provide more space for more "deli" products and a larger variety of bakery goods.

The new store offers more of the same quality goods and services established since Mr. and Mrs. Alex Palagy took over the store in November 1975.

Before coming to Canada in 1968, the Palagys operated a similar business in Bratislava, Czechoslovakia.

Touches of European décor are evident in the new patisserie section.

A wider offering of meats is now available, including the Black Forest ham which Mrs. Palagy says is sold "at the best price in town".

The Palagys plan to continue to carry a good selection of local and imported salamis, cheeses and other specialty foods (with bakery items from the Bronson and Dimplemeier Bakery).

Corner store items are still the regular staple of their business.

Do you have confidence in your role as a parent?

Most parents at some time find they have to nag their children about chores, curfews and messy rooms. As well, parents have to cope with temper tantrums, fighting and the child who just won't listen. Many parents really listen to their children but lack skills.

The Ottawa Board of Education offers courses for parents of preschool, schoolage, preadolescent and adolescent children. The courses don't make the responsibilities of parenting any easier but they can make parenting more effective.

The courses are taught by members of the Ottawa Central Family Enrichment Association, all parents, many who have professional backgrounds.

The courses will start again January, 1980 and will be held at Hillcrest, Glebe and Sir John A. MacDonald highschools. In addition Level II courses will be offered to those 3,000 parents who have already taken Level I courses and there will be one day workshops open to the public on such topics as values, behaviour and sibling rivalry.

For more information phone 224-1052. To register phone 563-2375.

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Seasons Greetings

Claude Bennett
 MPP Ottawa South



The Ottawa South constituency office is located in the lower level of the tower building at Billings Bridge Plaza. Feel free to give Jean Bushfield or Donna Houlton a call for information, assistance or to set up a meeting with me.

Office Hours: 9-12 - 1-4

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GNAG BAG

by **Jim Thomson**

In the past, I have occasionally alluded to how busy the Glebe Community Centre is. I have had occasion to review some figures of Centre use and it is quite remarkable.

In the pre-school age bracket, there are about 25 children each morning and about a dozen children on two afternoons each week in the Centre. In the children's bracket (about ages 5 or 6 to 12), there is an After Four programme each week day with about 70 attending, a Saturday Workshops programme held each Saturday with nearly 75 attending, and a Professional Development Day programme on those days which tend to have 45 - 50 children attending. There is a Youth programme (for the 10 - 16 year olds) which attracts about 40 regulars and a further 100 or so attend the social functions on the weekends.

The Adult programmes have about 280 people enrolled each session. In addition to these regular programmes, the Pantry attracts about 250 people each week, the Pottery Studio is becoming better used all the time, and special events attract literally thousands each season e.g. the Fall Flea Market (1000), the Weavers' Guild show (1500), the cross-country ski clinic (50).

Winter Programme Booklet

I do not think that anyone can complain about the Centre being underutilized. But more important, let me ask you if you are among those who use the Centre. If not, perhaps you are missing something. Come on out to the Centre and check on the offerings - there may be just the activity going on in which you have been desiring to participate. Be sure to pick up the Winter Programme booklet which will be available in early January.

I would like to thank a few people for their special efforts in assisting with some of our fall programmes: Coreen Gilligan and her staff for the Reggae Dance for the After Four Programme; Merle Jones and Janice Sonnen for their leadership at the Fall Flea Market; Carole Adolphe for her superb organization of the Craft Fair, and Ilse Kyssa and her pantry staff for their invaluable labour and cheerfulness during all of the recent events at the Centre.

Let me close by wishing each and everyone of you, on behalf of all of the G.N.A.G. executive, a very merry Christmas and a happy and healthy New Year. Perhaps we will see you at the Christmas Party at the Centre on December 15 (a Saturday) - there is no charge and fun is available for all! Plan on coming.

A Christmas Fantasy

National Museum Salon, 4th floor - "A Christmas Fantasy". During the holiday season, young people of all ages are invited to walk through our enchanted forest complete with animals of every kind - even a ferocious dragon! There will be free buttons and other souvenirs for children as well as many special Yuletide activities to accompany the exhibit, including theatre performances and workshops where parents and children alike can learn how to make stuffed animals. On display from December 15 to January 21.

Glebe Meat Market

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Potter's show — A success



The Ottawa Potter's Guild Show was held at the Glebe Community Centre Thursday November 22 (night) to Saturday Nov 24. Over 20 potters showed their wares to 1500 visitors. The potters were delighted with the results.



Heritage Grant Program — Exterior only

Owners of building of heritage value, either individually designated or located within a designated heritage area, who require assistance in maintaining, repairing or restoring the exterior portion of their premises, may apply for a grant of 33 per cent of the total cost of such work on each building.

the repair, restoration or reconstruction of existing or original, externally visible elements of the building in a historically accurate and authentic manner. This may include hidden structural work, if it relates to and affects the integrity of the heritage character of details of the exterior.

Eligibility does not apply to short-term maintenance. For more information on the City's Heritage Grant Program, call Mrs. Isabel Birch at 563-3228

There are two categories of grants:

a) for individually designated heritage properties, a maximum grant of \$5,000 for each building.

b) for buildings included on the City's reference list of heritage properties and located within a designated area, a maximum grant of \$3,000 for each building.

The portion of the owner's cost to which the grant may be applied must be directly related to

USC Christmas gift card

USC Canada has a unique idea for Christmas gifts! A \$2.00 or more donation to USC Canada enables the contributor to send a Christmas Gift Card to a friend or relative. Beautifully designed by Montreal artist, Eva Prager, the card advises the recipient that a donation to USC Canada in their name is helping needy children in Asia and Africa. Send your list of names and addresses clearly written, with a minimum of \$2.00 for each name to USC Canada, 56 Sparks Street, Ottawa, K1P 5B1. USC will mail your Gift Cards directly to recipients.

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DINING SPOT

with **Barbara Riley**

Kamal's — A warm haven

On a cold winter's evening when it is snowing and blowing down Bank Street, Kamal's warm lights and inviting atmosphere beckon through the windows at Bank and Third. When you see all those lucky people chatting, eating and enjoying themselves, you want to be part of that animated scene. Once inside you will receive a friendly welcome and a reasonably priced menu which lists mostly Lebanese dishes: soups (\$.75- 1.50), salads (\$1.50 - 2.75), snacks(\$1.95 -2.25), sandwiches (\$2.45 -2,75), and dinners (\$4.50 -6.75). (There are also hamburgers pizzas, and steaks but if that is all you want, why go to Kamal's ?)

We started with Hussein's lentil soup, feta cheese salad (feta, green peppers, black olives, cucumber, lettuce, and onion), and also yoghurt "salad" -a bowl of yoghurt mixed with bits of cucumber, mint, garlic, and onion. (Garlic and onion give many of the dishes a piquant but not overpowering flavour; those with timid taste buds should welcome this new experience.) Next came two appetizers: homos (mashed chick peas) and baba ghannouj (mashed eggplant), each flavoured with tahini sauce, lemon, and garlic, and accompanied by a basket of pita, that flat, round Lebanese bread so useful for scooping up the juicy appetizers.

The lentil soup seemed in fact to be chicken soup, tasty but very short on lentils; the waitress explained that sometimes the cook added more rice. Both salads were good and the dressing on the feta cheese was added with a light hand so that the separate ingredients did not lose their identities.

Appetizing appetizers

Both appetizers did what they were supposed to do - whet our appetites for the main course. We chose kharouf meshwe (chunks of roasted lamb), shishtaouk (cubes of chicken marinated in garlic and wine sauce) and kebbehbissaneyee (ground beef with toasted cracked wheat, onions, and pine nuts). Each was served on a bed of rice and came with a generous portion of salad. Both the lamb and the chicken were delicious. The chicken in particular was a treat because it would have been so easy for each small piece to be tough and dry; instead each was moist, tender, and delicately flavoured. The ground beef was very dry and hence less enjoyable.

For dessert - disaster! Kamal's had run out of baklava, that temptingly sweet Middle Eastern confection which makes you want to reach for your toothbrush while your taste buds are still spaced -out on filo pastry, honey, and ground nuts. So we settled for hot apple pie and ice-cream,\$1.10 compared to \$1. 25 for the baklava and a poor choice. The pie, apparently fresh out of a cardboard box, was mushy -even the crust. So accept no substitutes; demand baklava or nothing. Besides it goes best with the dark, thick Lebanese coffee (\$.75) served in small cups.

Ideal relaxed atmosphere

Kamal's has the usual range of bar drinks and a small wine list. The margarita had salt in the bottom but the white Colli Albani ("house wine to the world" as one of my friends remarked) was pleasant and a reasonable buy at \$7.35 a litre. The service was very good. Our waitress was attentive but relaxed and we never felt rushed even though we lingered 3½ hours over dinner on a busy Saturday night. Kamal's is popular and therefore busy on most nights but the management has thoughtfully provided a small sitting area near the back where you can wait and still be part of the atmosphere.

Kamal's has been described as a "laid-back Lebanese restaurant for the sophisticated sheepskin set". Relaxed it certainly is but the only sheepskin in evidence on the night we visited was fake and a great variety of unsophisticated customers were having a good time. So don't hesitate to be part of the scene at Bank and Third and enjoy some good Lebanese food.

Jail snake

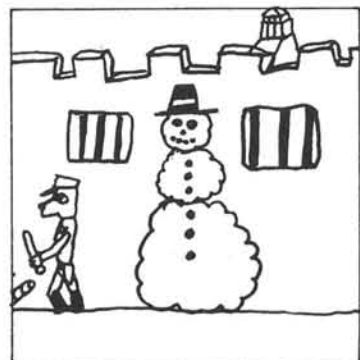
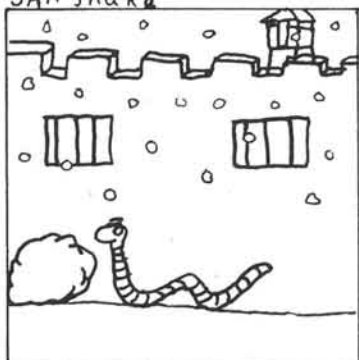


photo by Toni Venturi

Kamal's new location at Bank and Third

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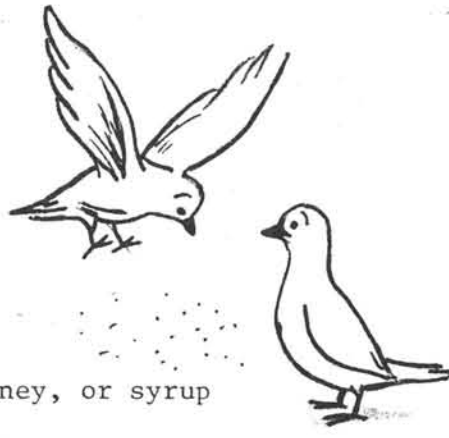
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* Bird Pudding



Heat to boiling:

- 6 cups water
- 1 cup shortening or melted suet

Add:

- 2 cups cornmeal
- 1/2 cup flour
- 1 cup white or brown sugar, or honey, or syrup

Mix and bring to a boil. Cover and turn off heat. Finally, add whatever extras in the way of seeds, raisins, nutmeats, peanut butter or other tidbits may seem appropriate. Pour into pans and chill before placing at feeders or stick the pine cones in the pudding, getting as much as you can on the ends of the cones.

A filler for coconut shell feeders

- 3 cups melted suet
- 1 cup cornmeal
- 1 cup peanut butter
- 1 cup birdseed or nutmeats
- 1 cup coarse brown sugar
- 1 cup raisins or currants

Combine ingredients and add enough water to achieve the consistency of porridge. Cook over hot water until blended. For use as coconut shell feeders or other, more exclusive hanging feeders. A rich mixture that is well liked by birds in winter.

NOTE: Peanut butter is safer and more economical when it is used as an ingredient in suet mixtures. Many instances have come to light of birds choking to death on pure peanut butter. When mixed with cornmeal and suet, for example, peanut butter is rendered completely harmless.

A Christmas tree for the birds

The birds have a hard time finding food in winter, when the ground is covered with snow and nothing is growing.

You and your children can make this tree by decorating a shrub in your garden (or even your discarded Christmas tree) with any or all of the following which should attract a variety of birds.

Popcorn around Christmas time, the popped kernels, along with cranberries and other highly coloured objects, can be strung on living evergreens to make showy "birds' trees".

Pine Cones with Bird Pudding* (see below)

Stale doughnuts

A "Head" of sunflower seeds

Halved apples, oranges, grapefruit and pears (impale halved fruit on twigs)

Beef*suet

Sprigs of multiflora rose hips

Halves of coconuts (shells make handsome bird feeders suitable for hanging from limbs. When the coconut meat's gone, fill with a suet mixture.)

Peanuts in the shell (strung together and hung on the tree).

By Jean MacKay

Christmas Greetings from HANDA TRAVEL



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ERNIE'S A CHRISTMAS MESSAGE



Christmas is a special Season when we celebrate the Birth of the Christchild, and the universal feeling of Peace on Earth — Good will toward Men prevails.

We would like to say thank you to all our friends and customers for the opportunity of serving your needs over the past nine years. We look forward to being able to do the same in 1980.

A HAPPY HOLIDAY SEASON

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785 Bank St.

Young children's concerts with Raffi

RAFFI, a popular and well-loved young-children's folksinger returns to Ottawa for three shows. The performances are:

Sat. Dec. 15, at 1 p.m. and 3 p.m.,
Ridgemont H.S. Auditorium, 2597 Alta Vista Drive, and

Sun. Dec. 16 at 1 p.m. in the Glebe Coll. Auditorium

All tickets are \$2.00 - no reserve seating. Each concert lasts 45 minutes.

Tickets available at Ottawa Folklore Centre
744 Bronson Ave. (238-7222)
Treble Clef Record Stores
Further info. Lyle Stern 233-1558 (after 5 p.m.)

EARTHSTARS

Bill Trotter

If you want change write letters

According to the Canadian Association for Future Studies Newsletter, there is more power to create change in letters, than most people realise. Apparently it took only 13 letters to make changes in the Citizenship Act. An industrial official said that 5 letters to the Chairman of the Board of a company can produce action. Only 50 letters to the Prime Minister on an issue may result in a discussion in cabinet. Imagine the power in hundreds of letters to create change.

So if you want changes send letters - lots of them. In this column I will be glad to publicize the environment issues that concern you personally. Just call me at 563-1467 about the issues and I will print them along with your phone number. Your name can be included if you wish. Other people concerned about the same subject can then call you. Together you can work out a co-ordinated effort to send letters where they will do the most good. The more people who respond the better.

Possible issues are excessive food packaging, food additives, reuse of glass bottles, acid rains and many others.

It is also important to respond to companies, elected officials, etc., who are doing a good job. They must be encouraged by compliments. We all respond positively to compliments.



Kamals

Kamal and the staff wish you all A Merry Christmas and a Happy New Year

Kamal	Wendy	Zekra
Abdallah	Eleanor	Paul
Marnie	Jo-Anne	Georges
Angelique	Barbara	Graeme
Laura	Debbie	William
Samira	Jeannie	Minh
Hussein	Lindsay	Mario
Zehrieh	Joanne	Sabah
Nadia	Barbara	David
		Rod

Solar Energy Society of Canada Inc.

If you are interested in solar energy, join the Ottawa chapter of SESCO. They have both a monthly meeting and newsletter along with other special activities, such as the annual celebration of Sun Day. The meetings are well worth attending for those who are interested in future energy options and saving energy and money. The November meeting, for example, focused on Retrofit Insulation and Add-On Greenhouses, with slide show presentations by guest speakers and workshops where you could question expert resource people.

For further information write to:
 SESCO Ottawa,
 c/o Algonquin Physics,
 200 Lees Ave.,
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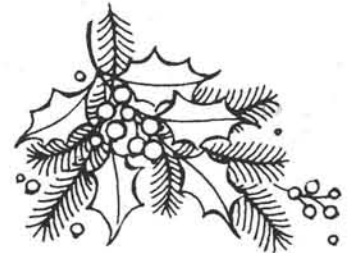
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Christmas Greetings from HANDA FOODS

First Global Conference of the Future — July 20-25, 1980, Toronto

This conference is Canada's chance to influence the 1980's. It is the largest and potentially most far-reaching international futures conference ever held.

Over 400 United Nations Organizations have been invited to participate with Club of Rome, World Future Studies Federation, Hudson Institute, Futuribles of Paris and more than 250 other futures groups from around the world.

While thousands of people will be converging on Toronto to attend the sessions at Harbour Castle, the Royal York Hotel and the University of Toronto, millions more will be involved because of the media coverage.

The theme is "Through the 80's: Thinking Globally - Acting Locally."

Among the over 400 renowned leaders who are expected to participate actively are Isaac Asimov, Hazel Henderson, Maurice Strong, Alvin Toffler and Herman Kahn.

This conference is our chance to view the local and global options for the future, plot our course and work for the desired change for our personal future, the future of Canada and the future of the world. To quote Maurice Strong: "Change is inevitable; the only question is whether we will be its victims or its beneficiaries. The choice is ours."

More will be mentioned about this important conference in future issues.

In the Churches

Fourth Avenue Baptist Church

A Christmas Pageant will be held Sun. Dec. 16 at 5 p.m.
A Candlelight Service will take place at 5 p.m. Sun. Dec. 23.

St. Matthew's

St. Matthew's new organist and choirmaster, Richard Daicey wants boys 8 - 12 yrs. old to audition for the choir. A male alto who can read music is also needed for the choir.
Special Christmas Services
An Advent Procession with carols will be held Sun. Dec. 2 at 7 p.m. by the St. Matthew's Men and Boys Choir.
The Festival of Nine Lessons and Carols will be held Sun. Dec. 30 at 7 p.m.

A further series of 12 weekly yoga classes taught by Nancy Molitz will begin at 9:30 a.m. at St. Matthew's Monday Jan. 14, 1980. These classes are open to men and women of any age and are intended to relax the body and mind through gentle exercise. Babysitting provided. Inf. Call 235-3958.

Glebe - St. James

The Covenant Players from California will be taking the 11 am service Sun. Dec. 16.
There will be a Christmas Eve Communion Service at 11 p.m. Mon. Dec. 24.
The Choir will be giving a Carol Service at 4 p.m. on Sun. Dec. 23.

St. Giles Presbyterian

The Christmas Family Service will take place Sun. Dec. 23 at 11 a.m. There will be music, carols, story and white gifts.
A Christmas Eve Carol Service will be held on Mon. Dec. 24, at 11 p.m.

Fifth Avenue Free Methodist

New Years Watch

Monday December 31, Sr. High and College age people are invited to a Rideau Canal Ice-skating Party beginning at 8 p.m. Refreshments at 9:30 p.m. in Fellowship Room. Watch Night service 11 p.m. and we will go out for Chinese food after.

Married Couples - Attend the Adult Elective Class led by Norm Smith in the Choir room "Communication, Key to your Marriage" will be discussed Sunday Dec. 9 at 9:30 a.m.

Christmas Services

Sunday School Christmas program COME TO THE SAVIOUR will be presented by 50 boys and girls Sunday December 16 at 6:30 p.m.

A Candlelight Choral Service, Sunday December 23 will be held at 6:p.m. Come and bring a friend.

Fitness class

An eight-week Fitness Class begins Jan. 15/80 and will be held Tuesday and Thursday mornings at 9:30 a.m. The classes will last 3/4 of an hour with exercise and aerobics. An extra 15 minute coffee and discussion session will follow the Tuesday class. Registration at the church Thursday Jan 10, 9:30 a.m. The \$18.00 fee includes babysitting. For information, call teacher June Young (certified 'Y' instructor) at 226-5411 or Diana Warren 821-1640.

John L. Evans, M.P.

from PARLIAMENT HILL



Christmas message — John Evans

Christmas is celebrated by many of us in a variety of ways. Yet one common facet in all our celebrations is the emphasis on giving. This is the season when sharing and brotherly love are most clearly focused and expressed. This time of year, more than any other, brings us into communion with the people in our lives, our families, our neighbours and our fellow workers.

At a time of darkening economic prospects, increasing energy costs and mounting unemployment, we must increase our awareness of the conditions facing those around us. We must be prepared to offer our concern and help. Although we may not be as financially comfortable as we once were, I believe this is only a temporary pause in our long term growth. But during this pause, there are those among us who face great adversity. We must recognise and act to show our concern and compassion and strive to share our blessings with our less fortunate neighbours. Remember, as Canadians, our blessings are still bountiful.

This is our season for sharing and understanding. Let us all join together to make everyone's Christmas more fulfilling. The more we can manage to share the more we will gain in return.

Allow me to conclude by wishing each and every one of you a very Merry Christmas and a healthy, happy and prosperous New Year.

Glen Loates



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The Ottawa Guitar Society

by Nancy Schryburt

The Ottawa Guitar Society has recently celebrated a birthday. Those unaware of this auspicious occasion needn't be embarrassed. Many of the society's members weren't aware of the event themselves. This fact is not surprising when one meets with club members and talks about the society's informal beginnings.

Longtime Glebe resident David Johnstone founded The Ottawa Guitar Society ten years ago. A native of Ottawa, Johnstone commuted to the University of Toronto where he began his serious musical studies. While there, he became familiar with the Toronto Guitar Society and felt that members of Ottawa's musical community could benefit from such an organization. He realized the need to provide an opportunity for people interested in all aspects of the guitar to meet and share their common interests. It was in 1969 that Johnstone circulated a number of single-page leaflets upon which were printed a drawing of a guitar and the words "The Ottawa Guitar Society". This aroused curiosity and generated ideas for a real society. Among those early members who met and discussed the formation of the club were Michael Maclean, Ed Honeywell, Garfield Clack, Colin Everett and Robert Sabourin (the owner of Metro Music on Bank St.). Johnstone became the first president, a position he has held several years during the society's history.

One of the first performers in those early months was Ed Honeywell, another Glebe resident. Honeywell is a lawyer by profession who somehow manages to find time in his schedule to both perform in and act as secretary for The Ottawa Guitar Society. Both he and Johnstone agree that the society's most important achievements to date have been the quality performers they have brought into the Ottawa area.



Current Guitar Society President, Steven Rollins

Performing highlights

Honeywell looks with pride at the 1972 acquisition of classical guitarists Sergio and Eduardo Abreu from Brazil. This was achieved through the co-operation of the CBC, the Brazilian ambassador, as well as a great joint effort by club members. Other performers have included local Glebe talents such as Honeywell, Johnstone and Steven Rollins, the club's current president, as well as national celebrities jazz guitarist Lenny Breau and Liona Boyd.

The mention of Liona Boyd recalls an interesting club statistic. Boyd holds the dubious distinction of having drawn both the largest and smallest audiences in the society's history. On a stormy night in 1973, Boyd gave a performance to a handful of eight people. In 1975, she gave a second performance in St. Andrew's Church where an appreciative audience of 500 guitar lovers was in attendance.

The Ottawa Guitar Society presently has a membership of 100. Their meetings are relaxed, informative and often entertaining events. A membership entitles one to a monthly newsletter as well as an opportunity to participate in members' concerts and workshops or attend club-sponsored concerts. Members are friendly and there is a distinct lack of competitiveness and petty politics in this Society. One could even say that The Ottawa Guitar Society strives for harmony on a musical as well as a personal level and has succeeded in both.

Information regarding club activities and membership can be obtained by writing:

The Ottawa Guitar Society
P.O. Box 4876
Station E, Ottawa
K1S 5J1

or by calling either club president Steven Rollins at 233-2055 or club secretary Ed Honeywell at 232-6929.

Happy Holidays to all recyclers!

GLEBE IGA TIN & CLASS RECYCLING DEPOT

accessible through City Car Park, between 2nd & 3rd Avenues

TIN (no paper left on) and GLASS (no metal or plastic) can be left beside the drums 24 hours a day

Thanks are due to retiring Wednesday helper Mary Ellen Buttle. Jean McCallum has volunteered to work both Mondays and Wednesdays; any offer to replace her on one of those days would be appreciated. Also, helper for SATURDAYS required. Approx. ½ hour.

Phone Hazel Mackenzie 236-9054 or Edna Halliwell 237-5416 for information.

Declining enrolment at Hopewell

In 1965 Hopewell School had one thousand student. Today it has four hundred, a drop of 60 per cent. Tomorrow, if the Ottawa Board of Education accepts the recommendation of one of its own committees, Hopewell will lose an additional 77 students, seventh and eighth graders who would be transferred to Glashan Public School.

The Declining Enrollment Committee of the Hopewell Parents and Teachers Organization held an evening workshop on Nov. 13 to discuss the implications of this downward slide on the future of Hopewell School. In spite of cold, wet weather, 100 people turned out to discuss the causes of declining enrollment at Hopewell.

The Committee pinpointed three reasons for the decline in enrollment at Hopewell. First, the number of children living in the area has decreased (but only by 20 per cent compared to the 60 per cent loss at the school). Second, in the late 60's students were being bussed in from suburbs, which subsequently acquired their own schools. And, third, the Board of Education's policy of consolidating special programs has meant that almost 50 per cent of neighborhood children go to schools outside of Ottawa South to programs which are not offered at Hopewell, e.g. Early French Immersion, Enrichment programs, etc. Many of these programs have even been moved from Hopewell, and while Hopewell has seen such a drastic decline in its student body, other area schools, i.e. First Avenue, Mutchmor, and Glashan, are all operating at almost the exact capacity they did fifteen years ago.

According to the Committee on Declining enrollment, a reduced student body creates special problems for a teaching staff and for students. Children may be put into split grades, e.g. a combined fourth and fifth grade or sometimes even three levels in the same classroom. Student abilities in such a situation vary widely, creating a great deal more work for the teacher, (less time and energy to spend on extracurricular activities), and less chance that a student will receive individual instruction. Many subjects, particularly those in seventh and eighth grade are taught by specialist teachers, e.g. Industrial Arts, Music. Fewer students means fewer options available to students for specialty subjects. There is concern that Hopewell could lose the school's vice-principal and full-time librarian, because the number of students there would no longer justify these positions.

The Committee will be doing more investigative work in the next couple of months, before it begins in-depth discussions on the issue with the Board of Education in January.

photo by Michael Bussière



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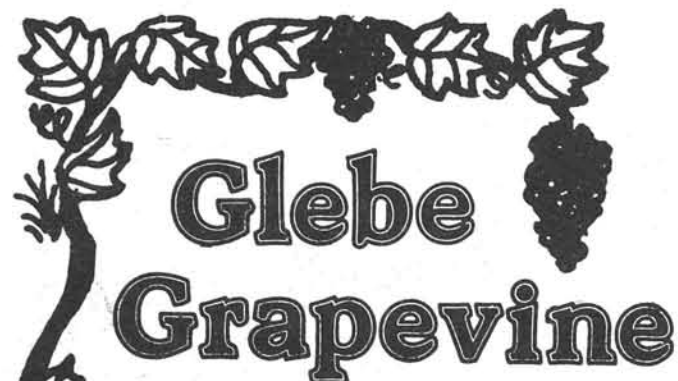
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 NOVEL THINGS
 234-3836 835 Bank Street



●FRUIT BASKETS
 ●MEAT & VEGETABLES
 ●FRESH FRUITS
 ALL FRESH AND DELICIOUS, AND ALL AVAILABLE AT
Badali Bros.
 773 Bank Street at Second 235-1495
 Delivery Available

Custom Designing and Tailoring
 for both Ladies and Gentlemen
Mrs. A. Vakos
 807 BANK ST. (UPSTAIRS)
 OTTAWA
 Specializing in Bridal Evening
 and Formal Wear
 EXPERT ALTERATIONS AND REPAIR 236-7854



Glebe Grapevine

This space acts as a free community bulletin board. To get your message on the Grapevine, call Myrne Davis at 237-1404

See you in January! Cheers! Glebe Calorie Counters at St. James Church. 233-2014.

WANTED: Professional lady, avid gardener looking for 1 bedroom accommodation in quiet location with character. Ph: 235-7717.



Introduction to Non-Traditional Occupations (INTO) Program for Women starts Jan. 14, 235-0703.

FOR SALE: Birdcage, fish tank, stand, equipment, tank for terrarium. Matthew, 234-4251.

WANTED: Parking space near 5th and Lyon Sts., 7 days a week. Ask for Doug Plowder 232-1600.

FOR SALE: Poker table, seats eight, \$35.00; child's chrome rocking chair, \$4.00. 235-0627.

HOUSE FOR RENT in Manotick. 4 Bedrooms, big lot, double garage, newly renovated. 233-2373.

UNICEF cards obtainable from Freda Binns, Phone 232-5442.

WANTED: Reliable person to clear driveway and walk this winter at home on Renfrew Ave. between Lyon and Percy. Snowblower preferred. Call 234-8357.

For Healing Prayer - 234-2932.

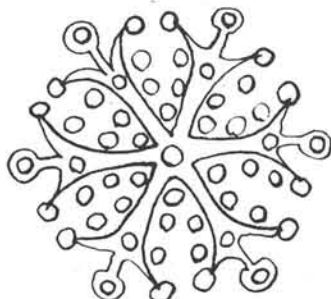
A Miracle on Fourth Avenue - "A Rose Grows in the Glebe". Free family fun Sat. Dec. 8 1-10 p.m. 91½ Fourth Ave. Movies: Gulliver's Travel (1939), Cosmic Zoom, Helen Caldicott's Nuclear Madness. Workshops: herbs, recycling, composting, nuclear antidotes. Music: No name brand music. Play: volleyball, trampoline, clowns, kites, parachutes. Vegetarian meal, after-dinner dancing.

FOR SALE: Hot water tank and large oil tank. 235-7400 evenings. 997-7615 days.

French-speaking African graduate student (Economic Development) wishes to meet English-speaking family and learn about Canada. Phone: Marci Wesche 231-2973 - office 236-3307 - home.

OTTAWA SOUTH LIBRARY, Sat. Dec. 8, 2 p.m. Holiday Handicrafts for children
Wed. Dec. 12, 6:45 p.m. Santa's Sleepy Time stories for preschoolers
Wed. Dec. 19, 4 p.m. Christmas films.

NEEDED: Garage space in Glebe. Please phone 233-4878.



TWO GERBILS - cage, wheel, water bottle, litter, food, book \$15 235-3958.

A Special Catering Service. We do small parties, brunches, luncheons, dinners and buffets. Wholesome and originally prepared food. Call Coreen or Sherri. 232-5906.

BABYSITTER WANTED for infant - your house or mine, Monday - Friday 2:30 - 5:30 and Professional Development Days, call Susan, 236-6467.

FOR SALE: Woman's 3-speed bicycle, 3 antique oak straight back cane seat chairs, Waring 8 speed blender, G.E. Toaster, 2 Molas L.L. Bean Parkas with hood, Man's small, Woman's medium, like new. Phone 521-8909.



THE ACADEMY OF MEDICINE OF OTTAWA

announces

Dr. Helen Berolo and Dr. Robert G. Glinski and Dr. Owen P. Hughes have commenced the practice of Family Medicine at the Cambridge Family Medicine Centre
55 Cambridge St. S. 236-8131

DISTILL YOUR OWN WATER
FOR PURER, HEALTHIER NON-POLLUTED WATER
POLAR BEAR WATER DISTILLERS
Prices start at \$140.

236 - 6035

TWO NON-SMOKERS required to share Glebe co-op furnished house until July 1. Mike or Nicky 234-8505

FOR SALE: 1 strand of cream rose very baroque cultured pearls, 16" length, 41 pearls. \$250. 1 pr 14 k screw-back earrings, each set with 8.5mm round cream rose cultured pearl \$125. Jewellery appraised prices, after 8 p.m. 234-9108

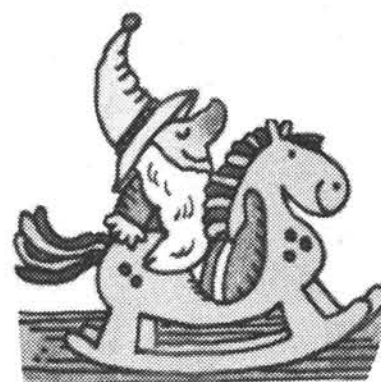
Responsible BABYSITTING available for evenings and weekends, Phone Sue, 232-0722.

FOR SALE: 2 8" track spotlights (75 watt bulbs), exercise bike. Phone 235-0618.

FLYING? United Airlines half fare coupon available - best offer. Phone 231-2753 or 521-8909.

Quality Custom Home Seamstress establishing regular clientele in the Glebe. Call anytime 238-8573.

HAPPY HOLIDAYS to all tin and glass recyclers. If you are housebound and cannot deliver your recycled tin and glass to the Glebe IGA recycling depot, call Joan Loveridge 232-9960 to arrange a pick-up. If you can volunteer as a COLLECTOR (great way to meet people) please call Joan.



BABYSITTER needed for occasional evening and weekend days or evenings. High School student with references okay. Regular babysitting. Call Mandy, 236-9147.

ATTENTION Audiophiles: equipment presently available: 1) like new, Nakamichi 410 pre amp with walnut cabinet and a quad 405 power amp 100 watts/ch. 2) Technics flat series: pre amp 9070, power amp 9060, 70 watts/ch. Call Mike Davis at 237-1404.



MERRY CHRISTMAS

and

BEST WISHES

for a

HAPPY NEW YEAR

McELROY'S SHOES

795 BANK ST.



Shopping for Christmas in Glebe Christmas Gift Suggestions

Cattails has very unusual green plants, including hoyia (curly-rope type). All plants are guaranteed. Talk to the owners for details.

Hand-made sweaters, hand-made quilts in traditional Canadian designs, children's knits and socks and sweaters, and tiny tots dresses and smocks are to be found at Hemming Bird, 103 Fourth Ave.

At the same address is Lilliput, the home of hand-crafted children's pine furniture.

Light-Follies (an extension of Paddlin' Mad-dlin') has art-deco furniture and lamps to intrigue the collector.

The Print Gallery has unique Chinese prints and photographs (all beautifully framed). Prints make a good Christmas gift for art-lovers.

Mrs. Tiggy Winkle has a new wrinkle - the upstairs gift shop with a variety of interesting novelties and gifts. A nice selection of soaps, gift wrap and writing paper are available. Of course you can't miss finding fun stocking stuffers for the kids downstairs.

A real treat for Christmas feasting are Glebe Fish oysters, smoked salmon, shrimp, mussels.

Recipe Round-Up

WITH JEAN MCKAY

Erratum from November issue:

POMANDERS - should read "THIN-skinned oranges...."



Mother-in-law's carrot pudding

This recipe for Carrot Pudding is from my mother-in-law's 1915 edition of the FIVE ROSES COOKBOOK. It's delicious. Try it with a hard sauce, sabayon sauce, or rum sauce.

CARROT PUDDING

1½ cups flour	1 tsp. baking soda
1 cup brown sugar	2 eggs
1 cup suet	1 apple, grated
1 cup seeded raisins	½ tsp. each of cinnamon, ground allspice, and nutmeg
1 cup currants	¼ tsp. cloves
1 cup grated raw potato	
1 cup grated raw carrot	

Into a bowl, sift together flour, baking soda and spices. In a large bowl combine carrot, potato, and apple, raisins and currants, and toss the mixture with one third of the flour mixture. In another large bowl, combine the shredded suet with the sugar and beat in the eggs. Stir in the fruit mixture and fold in the remaining flour mixture. Spoon the mixture into a buttered and sugared 2-qt. mold. Cover tightly and steam 2½ to 3 hours. Let the pudding stand for 5 minutes before loosening the sides with a spatula and unmold onto a platter. Serve warm with one of the following sauces. Serves 6 to 8.

Hard sauce

Cream ½ cup sweet butter until light. Gradually beat in 1½ cups powdered sugar and 2 tbsp. brandy, or more to taste. Chill before serving. The butter and sugar mixture can be flavoured to taste with rum, sherry, any cordial or liqueur, or any fruit brandy.

Sauce sabayon

Whip together 6 egg yolks and 2/3 cup sugar. Stir in 1 cup white wine or Marsala. Cook, stirring constantly, in the top of a double boiler, starting over cold water, until the water reaches the boiling point or until the mixture is thick and creamy. Add 1 tbsp. rum or kirsch. Serve hot.

Sabayon is an adaptation of the Italian zabaglione, which is served as a dessert, rather than as a sauce, and which may be made in the chafing dish.

Rum sauce

This sauce was used by my husband's grandfather when he was a Sgt. Cook in the 8th Canadian Stationary Hospital Unit in England and in France during World War I.

2 tbsp. butter	1 cup warm milk
2 tbsp. flour	¼ tsp. salt
½ cup brown sugar	1 tsp. vanilla

Melt butter in top part of a double boiler (a double boiler is a MUST): When butter has melted, add sugar and stir until it has dissolved. Then add flour and allow mixture to cook for approximately 2 minutes, stirring constantly. You may then add milk gradually, but continue to stir mixture. When sauce is thick enough to coat back of a spoon, add salt and vanilla and blend well.

Rum (or brandy) to taste should be added immediately before serving. Serve sauce hot.

It was Charles Dickens who said, "There is a magic in the very name of Christmas." May that magic sweeten your holidays and your New Year.

Merry Christmas
and
Happy New Year

the
big
CHEESE

and staff

We have beautiful
gift baskets
\$15, \$20, \$25
and up

Heavy Cheese Trays
(no skimping)
Smith and Jamieson Teas
are in now

732 Bank /236-6977

(between 1st and 2nd Avenues in the Glebe)
Municipal parking lot behind the IGA.

THE GLEBE'S OWN
CHEESE SHOP

Merry Christmas



GLEBE NEIGHBOURHOOD ACTIVITIES GROUP

at the Glebe Community Centre
690 Lyon Street
563-3116

your family fun centre

Jim Thomson

Anne Woodbridge

Sandra Elwood • Anne Jeanjean

Ann Sims

Pat Mercer • Sharon Robinson

Kim Voelker • Ted Barnicoat • Cindy Delage

Carole Adolph • Dinah Showman • Sue Carson

Catherine Seaborn • Meredith Olson • Gerry Trudel

Theresa Lobsinger • Lynn Davies • Coreen Gilligan • Janice Sonn

Ilse Kyssa • Paul Ouellette • Leslie Rupert

Our winter flyer will be out on January 2, 1980.

Look for it around the GLEBE.

Registration for winter courses will begin Monday, January 7, 1980.

After Four will resume on January 3, 1980 at 3:30 p.m.

For more information call 563-3116.

•••••
• Everyone is welcomed to
• the X'mas Party at the
• Centre on Saturday,
• December 15 from
• 2:00-4:00 p.m.
•••••

Merry

Christmas

to everyone

from

G.N.A.G.