



PHOTO: JULIE IRETON

GNAG's production of *Fiddler on the Roof* had the cast rolling on the floor – and that was just the rehearsal!

Fiddler on the Roof sizzles!

The Glebe Neighbourhood Activities Group (GNAG)'s production of the iconic musical *Fiddler on the Roof* raised the roof at the Glebe Community Centre April 5–9. The musical featured the Glebe's Joel Westheimer as Tevye, the milkman, whose five daughters cause him no end of grief as their search for husbands, plays out in the village of hundred years ago. The acting, singing and dancing cast included Linnéa Rowlett as Tevye's wife, Neve Sugars-Keen as the fiddler, Hershel Kagan as the butcher, Karmen Walther, Hannah Bindman and Abbey Sugars-Keen as three daughters of marrying age, and Charlie Shanbaum, Josh Shanbaum and Alexander Morris as prospective husbands. Eleanor Crowder, well-known local director/playwright/writer/actor, directed the production, and Lauren Saindon directed the music. Choreographers included Mary Tsai,

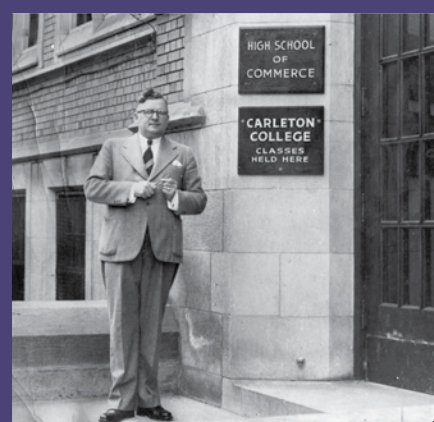
Linnéa Rowlett and Ciana Van Deusen. Stage manager was Lauren Fowler; lighting design, David Magladry; lighting, Tom Laroche; producer, Mary Tsai; production manager, Paul O'Donnell; set, John Richardson; set design & build, Chris Joslin; publicity, Julie Ireton; costumes, Susan Irvine, Joan Whitten and Edwina Sutherland; animation, Tegan Scott and Charleen Chu.

Fiddler on the Roof was the end result of a two-term GNAG Theatre course offered to the community, which provided professional-level coaching to the cast in an encouraging, nurturing setting. While leading roles required actors and singers with some experience, the choruses gave an opportunity to those new to musical theatre. Auditions were held back in the fall 2016 for men's, women's and children's roles, involving acting, singing and dancing, sometimes simultaneously! Rehearsals took place throughout the winter.

MARK YOUR CALENDARS

Apr. 20–23 Ottawa Grassroots Festival, Southminster Ch.
Apr. 22 Old Home Earth Day Event, GCC
Apr. 25 GCA meeting 7–9 p.m. GCC
Apr. 27–30 Mutchmor School Book Sale
Apr. 28–30 Capital Cleanup Weekend
Apr. 30 Big Band Tea Dance, 1–4 p.m. GCC
Canada 150 Embassy Events Hort Bldg, **Apr 23–30:** Turkey, **May 3:** Poland, **May 5–7:** Mexico, **May 12:** UAE
May 4 GNAG ARTS show vernissage 6–7 p.m. GCC
May 5 GNAG Vogue Fashion Show 6–8:30 p.m. GCC
May 6 Friends' Coffee House 7–9:30 p.m. 91 Fourth Ave.
May 6 *Jesu mein Freude*, St. Matthew's Ch. 8 p.m.
May 13 Glebe Co-op Nursery fundraiser, GCC 10–1
May 14 Chants Sacrés et Profanes St. Matthew's Ch. 2 p.m.
May 27 The Great Glebe Garage Sale 7 a.m.–3 p.m.

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 EDITORIAL DEADLINE: Friday, April 21, 2017
 ADVERTISING ARTWORK DEADLINE*: Wednesday, April 26, 2017
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Great Glebe Garage Sale – a sure sign of spring

by Colette Downie

It's time to mark your calendar and start cleaning out your closets. Patio season is just around the corner and that means the Great Glebe Garage Sale (GGGS) is too.

The neighbourhood-wide garage and porch sale takes place on **Saturday, May 27**, from 8 a.m. until 3 p.m., rain or shine! However, as veterans of the event know, the keen shoppers will be out searching for the best buys at 7 a.m. or earlier.

The sale is one of the great things about living in the Glebe. It's a wonderful opportunity to recycle that stuff in your attic or basement but it's also a neighbourhood festival with performance artists and musicians, buskers and balloons, and crowds of people shopping, drinking lemonade from kids' stands and enjoying the spring weather. Bank Street and Lansdowne merchants also join in the festivities with their own sidewalk sales and special events. Neighbourhood churches host vendors and the city makes space available in and around the community centre as well.

Shoppers from across Ottawa and beyond come to the Glebe to buy and sell, to wander through the neighbourhood and enjoy the festive atmosphere. We encourage everyone in the neighbourhood to participate by selling or browsing or buying that new treasure.

PARTNERSHIP WITH KIND CANADA

The Glebe Community Association will partner with Kind Canada, a not-for-profit that works to inspire Canadians to include kindness in their daily

lives. We're planning GGGS activities that reinforce the idea that "small but powerful acts of kindness can make a big difference" in the lives of the people around you. More details to come.

OTTAWA FOOD BANK

Once again, the Glebe Community Association is asking vendors, visitors and businesses to contribute 10 per cent or more of sales from the GGGS to the Ottawa Food Bank. Please give generously either online at www.ottawafoodbank.ca, by mail or in person at the Glebe Community Centre on May 27.

HOW TO GET READY FOR THE SALE

The week before the GGGS, sort out the items you want to sell and get ready with all the important items you will need (bags, markers, tape, change, tables, etc.). Go to the Glebe Community Association's web page for the GGGS at www.glebeca.ca to get more information and tips. You can learn about the city's regulations on food preparation, parking and block parties on the city's website www.ottawa.ca.

PLANNING TO SELL BARBECUED FOOD?

Baked goods such as muffins and cookies are easy to sell at the GGGS, but any food requiring cooking, especially meat, needs careful planning. For example, if you are planning to sell barbecued items, you must have some sort of rubber mat or painted plywood flooring under the BBQ and a wash station available (perhaps a garden hose and soap). The city's public health inspector will inspect your

food sale, so you must be sure to meet city regulations for preparation and hygiene. You will find these on the city's website.

HERITAGE PLAQUES

For the fourth year, homeowners are encouraged to prepare and install a simple temporary plaque or sign presenting a brief history of their home and its homeowners. Visit the GCA website for information or see the article on page 3.

PLEASE REMEMBER

Make sure you set up your sale table on your lawn or driveway. You cannot use the sidewalk or road. If on the sidewalk, you could be ticketed by a city bylaw officer.

There are no road closures during the GGGS so please keep the roads clear and drive carefully if you need to get in or out of the neighbourhood on that day. Certain streets will be closed to parking, even with a parking permit, and will be reserved for emergency vehicles; more details to come.

BANK STREET SIDEWALK SALE

The Bank Street merchants, through the Glebe Business Improvement Area, will be taking part in the GGGS with a sidewalk sale. Visit the merchants and see what they have on offer.

AFTER IT'S OVER

Glebe Collegiate Institute (GCI) will be holding its fifth annual free electronics drop-off after the GGGS on Saturday afternoon May 27, and all day Sunday, May 28. This is a fundraiser for GCI and is staffed by volunteers



CATHERINE WATERS

from its environment club, TWIGS. Electronics accepted will include: TVs, VCRs, DVD players, all phones, all printers, all cameras, clock radios, e-readers, all speakers and all manner of computer equipment and peripheral devices. If you have difficulty moving or transporting your electronics to the school, please contact Judith at judith.slater@ocdsb.ca to arrange pickup. She will organize the pickup showing Glebe CI identification.

When the sale is over, please be ready to tidy up and pack things away. Place any unsold items on the lawn for a couple of hours with a "Free" sign and then post them on a site like www.UsedOttawa.com, www.kijiji.ca, <https://groups.freecycle.org/group/OttawaON-Freecycle/description> or contact the Salvation Army.

If you have questions, you can contact me, Colette Downie, at gggs@glebeca.ca.

Colette Downie is the volunteer coordinator of the Great Glebe Garage Sale for the Glebe Community Association.

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THE OTTAWA GUILD OF POTTERS
LA GUILDE DES POTIERS D'OTTAWA

Heritage at the Great Glebe Garage Sale

by Johanna Persohn and William Price

The Glebe Community Association’s Heritage Committee supported a Heritage Ottawa pilot project during the Great Glebe Garage Sale (GGGS) in 2014 that saw temporary heritage plaques put up at homes on Linden Terrace and Glebe Avenue east of Bank. The committee expanded the project in 2015 and 2016 by encouraging all residents in the Glebe to post plaques for their homes. The plaques have been well received and enjoyed by hundreds of passersby. The committee has now made this an annual feature of the GGGS to increase awareness and appreciation among residents and visitors of the special and valuable heritage character of our Glebe neighbourhood.

Homeowners in the Glebe are encouraged to prepare and install a simple temporary plaque or sign presenting a brief history of the home and its occupants over the years and post it on Great Glebe Garage Sale day. The plaque can be typed or handwritten, can include copies of old photographs, information on the architect/builder if known or whatever you like. You can find a basic one-page template with an example at the Committee’s website, www.glebeca.ca/committees/heritage/heritage.html, or by emailing the committee at heritage@glebeca.ca for assistance. We suggest you put the information on a full- or half-page

adhesive label or page, stick it on a foam board or cardboard backing and staple it to a long wooden stake or a tree.

For information on how to research the history of your home, check out the City of Ottawa Archives *Guide on Researching the History of your Home*. You may also wish to use a seven-day free trial of Newspapers.com or simple Google searches to research the background of previous occupants. You can find the names of previous occupants by looking at Ottawa City Directories (hard copy or microfilm) at the main library or city archives. Only a few years of the directories are available on the Internet (1890s, 1909, 1911, 1913, 1914, 1915, 1916 and 1923) via <https://sites.google.com/site/onlinecitydirectorysite/Home/can/on/ottawa> and 1912 via <https://archive.org/details/ottawadirect-191200midiuoft>. Contact the Heritage Committee at heritage@glebeca.ca for assistance or questions. The committee is happy to help identify the architectural style of your house or help prepare your plaque for you using any information you might have.

Special Note: If you live on Glebe Avenue, Linden Terrace, Monkland Avenue, Clemow Avenue or Powell Avenue, the GCA Heritage Committee has already completed a detailed electronic file on each home on these streets and would be pleased to pro-

Tom Lips will perform at Friends’ Coffee House on May 6

by Heather White

Building on a long-held coffee house tradition, the inaugural Friends’ Coffee House will be held Saturday, May 6 from 7 to 9:30 p.m. at the Quaker Meeting House, 91 Fourth Avenue in the Glebe. Doors open at 6:30.

Coffee houses, as we know them, started in the 1960s. These typically friendly and relaxing venues feature singer-songwriter performers. The intimate spaces encourage the mixing of audiences and entertainers. Live folk music is sung, a variety of instruments are played and people sometimes recite poetry. The supportive atmosphere provides opportunities for new talent. And in this informal, relaxing environment new friends are made.

The first Friends’ Coffee House will offer both an open stage and a concert. Six accomplished local artists will share the stage during the first half. Acts include a bluegrass guitarist, a poet, a cellist and a duo singing English ballads. Tom Lips will perform a solo concert in the second half of the evening. He is well known to Ottawa audiences. Tom is an accomplished singer-songwriter, poet, author of stories and storyteller. His musical repertoire is eclectic and includes poignant love songs, frolicking protest pieces, gospel and rock. His voice is described as “deep, beautiful, croon-



Tom Lips and Brian Loyer play at the Great Glebe Garage Sale

ing and almost sensual.” With over 300 songs written, he has published two CDs, performed internationally at music festivals and at concerts throughout Ottawa including the NAC’s Fourth Stage. These memorable performances beckon laughter and tears.

Coffee, tea and sweets will be sold at intermission and A Tiny Arts and Crafts Show will highlight local artists. Five contributors will be selling small works valued at \$25 or less.

Admission to the event is by donation of pay-what-you-can, with a suggestion of \$10. The money received will be shared, a portion supporting a local charity, the remainder going to the featured musician. Volunteers are organizing the event.

Everyone is welcome at this community event. Please join us for a laid-back evening on Saturday, May 6, and if you would like to take the stage at the next Friends’ Coffee House (Saturday, November 4, 2017), just let us know.

Heather White has lived and worked in the Glebe for 30 years and is part of a team of volunteers organizing the Friends’ Coffee House.

To celebrate the wonderful architecture
and social history of the Glebe

Fourth annual one-day

Heritage Plaque event in the Glebe

Saturday, May 27, 2017

during the Great Glebe Garage Sale

◆◆◆

Residents of Glebe homes are invited to prepare and install a simple temporary plaque or sign that identifies the history of your home and its architectural style. Attach your heritage plaque to a stick or tree on your lawn during the Great Glebe Garage Sale.

vide you with an electronic copy for your use.

DO YOU LIVE IN THE PROPOSED CLEWOW ESTATES PHASE II HERITAGE CONSERVATION DISTRICT?

(Details here glebeca.ca/clemow-estate-phase-ii/ and <http://ottawa.ca/en/city-hall/public-consultations/planning-and-infrastructure/phase-ii-clemow-estate-heritage>.)

The GCA Heritage Committee has compiled research on the homes in

the proposed Phase II of the Clemow Estates Heritage Conservation District in support of the city’s proposal and will be providing each house in the proposed district with its own prepared plaque in the week leading up to the sale! We hope you will put them up on May 27 and share the wonderful history of your home.

Johanna Persohn and William Price are co-chairs of the GCA Heritage Committee.

What to Wear with Moules Frites or Tacos?

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Images of the Glebe



PHOTO: LIZ MCKEEN

This year’s St. Patrick’s Day parade on Bank Street on March 11 was the coldest in memory, with a high of -14 Celsius.

Barista – or better?
Earnings of post-secondary graduates

Are you a recent graduate looking for a job or parents or grandparents of someone in that situation? Come to the *Glebe Report* AGM and hear Ross Finnie, professor in the Graduate School of Public and International Affairs and director of the Education Policy Research Initiative at the University of Ottawa, present new evidence on the earnings of university graduates. His findings challenge conventional wisdom about the value of the supposedly lowly liberal-arts degree.



Glebe Report AGM
Thursday, May 18, 7 p.m.
Multipurpose Room
Glebe Community Centre
175 Third Avenue

Ross Finnie was educated at Queen’s University, the London School of Economics and the University of Wisconsin-Madison. He does empirical policy-related research on labour and public economics with a particular focus on education issues. See www.epri.ca for more on the topic.

glebe report

www.glebereport.ca

Established in 1973, the *Glebe Report*, published by the Glebe Report Association is a monthly not for-profit community newspaper with a circulation of 7,500 copies. It is delivered free to Glebe homes and businesses. Advertising from merchants in the Glebe and elsewhere pays all its costs, and the paper receives no government grants or direct subsidies. The *Glebe Report*, made available at select locations such as the Glebe Community Centre and the Old Ottawa South Community Centre and Brewer Pool, is printed by Winchester Print.

EDITOR	Liz McKeen	editor@glebereport.ca
COPY EDITOR	Kerry Smith	
LAYOUT DESIGNERS	Jock Smith, Sandy Lynch	layout@glebereport.ca
GRAPEVINE EDITOR	Micheline Boyle	grapevine@glebereport.ca
WEB EDITOR	Peter Polgar	website@glebereport.ca
ADVERTISING MANAGER	Judy Field 613-231-4938	advertising@glebereport.ca
BUSINESS MANAGER	Sheila Pocock 613-233-3047	
CIRCULATION MANAGER	Marnie Wellar 613-408-1300	circulation@glebereport.ca

PROOFREADERS	Martha Bowers, Valerie Bryce, Joann Garbig, Carol MacLeod, Dorothy Phillips
AREA CAPTAINS	Martha Bowers, Judy Field, McE and Bobby Galbreath, Gary Greenwood, Ginny Grimshaw, Jono Hamer-Wilson, Martin Harris, Christian Hurlow, Gord Yule

Please note that except for July, the paper is published monthly. An electronic version of the print publication is subsequently uploaded with text, photos, drawings and advertisements as a PDF to www.glebereport.ca. Selected articles will be highlighted on the website.

Views expressed in the articles and letters submitted to the *Glebe Report* are those of our contributors. We reserve the right to edit all submissions. Articles selected for publication will be published in both a printed version and an online version on the *Glebe Report*’s website: www.glebereport.ca.

CONTACT US

175 Third Avenue,
Ottawa, Ontario K1S 2K2

Please submit articles to
editor@glebereport.ca.

Call 613-236-4955

@glebereport

DEADLINES

For *Glebe Report* advertising deadlines and rates, call the advertising manager. Advertising rates are for electronic material supplied in PDF format with fonts embedded in the file.

The next issue of the *Glebe Report*:
Friday, May 12, 2017

DEADLINES FOR SUBMISSIONS:
Friday, April 21 for articles
Wednesday, April 26 for advertising

Glebe comings and goings

NEW TO THE GLEBE

Boston Pizza is opening a location in the long-empty former LCBO at 640 Bank Street, corner of Powell.

Sweet Bite, the new French pastry shop at 769 Bank Street, is now open Sunday and Monday, 8 a.m. to 8 p.m., and Tuesday to Saturday, 8 a.m. to 9 p.m. “Premium organic coffee served with decadent French pastries and French macaroons.” www.sweetbite.ca

Mad Radish is looking to open a new restaurant at 859 Bank Street (corner of Fifth and Bank) in June, one of two in Ottawa. “Mad Radish is a new fast-casual salad concept, created by David’s Tea founder David Segal. Serving chef-driven salads, soups and healthy snacks, we are bringing a new perspective to the salad category, emphasizing food that tastes as great as it makes you feel.” www.madradish.com

Rumour has it that *Orto*, an Italian restaurant, is preparing to open at the former Urban Pear location, 151 Second Avenue, possibly in May. Stay tuned.

LRO Staffing has opened an office upstairs, above Pet Valu at 603 Bank Street. “Ten years of successful matches between companies and people.”

Kaleidoscope Kids Books is still open at 1018 Bank Street, across from Lansdowne.

Contributors this issue

Michael Abbey	Carol MacLeod
Seema Akhtar	Cindy MacLoughlin
Wondossen As-salahun	Joseph Mathieu
Karen Bailey	Christine McAllister
Dijana Bate	Catherine McKenna
Carolyn Best	Ian McKercher
Scott Blurton	Heather Meek
Micheline Boyle	Sabine Modder
Emily Brascoupe-Hoefer	Margret B Nankivell
Suzanne Charest	Robin Nelson
David Chernushenko	Bill Nuttle
Susan Courage	Johanna Persohn
Ash Abraham Coutu	Sheila Pocock
Jona David	William Price
Mike Davis	Richard Raycraft
Molly Dodds	Brenda Roberts
Colette Downie	Marisa Romano
Albert Dumont	Bruce Rosove
Kira Fountain	Mark Schenk
James Gell	Claire Schofield
Pat Goyeche	Ruby Screaton
Paul Green	Lois Siegel
Trevor Greenway	Ashley Siu
Paul Gregory	Kate Smith
Jennifer Hargadon	JC Sulzenko
John Haysom	Ildiko Sumegi
Scott SA Healey	Zenah Surani
Alex Hermosa	Jacque Surges
Jennifer Humphries	Zoë Sutherland
Kieran Humphries	Kylie Taggart
Julie Ireton	Rick Trites
Susanna Kam	Mary Tsai
Kathy Kennedy	Sophia Vincent Guy
Katya Kulba	Richard Vincent
Bernadette Labbe	Lori Victor
Stephanie Lemieux	Catherine Waters
Margot Lovejoy	Lauren Weber
Christina Palma	Maya Weinberg
Kira Fountain	Sue Wheeler
	Heather White
	Zeus

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Sorry state of hydro

Editor, *Glebe Report*

If the current sorry state of hydro in Ontario does not finally tip the scales for change in the province I truly don't know what will. Now my political involvement over the years has swung from being quite active to keen observer while my political allegiance has shifted from one side of the political spectrum to being quite uncommitted. I simply want responsible and accountable government, regardless of political stripe. That being said, let's discuss the current Ontario government and its handling of the hydro file.

All governing political parties pass their best-before date and the current Liberal government in Ontario has certainly reached theirs. As a concerned Ontarian who has watched with disbelief a government stumble from one scandal to another, interspersed with multiple mishaps to countless poorly executed policies that have cost us, the taxpayers, dearly, it is

time for a change.

With a pending provincial election in 2018 the Liberals will have been in power for 15 years. Just think of four presidential terms of either George W. Bush, or dare I say Donald Trump.

If the cumulative impact of poor decisions in the past 10 years is not enough to anger Ontarians, the current hydro situation should be the last straw. The Liberals' cynical political maneuver to provide rebates simply pushes the problem to the right for the next generation and certainly does not fix it.

Whether you are a resident of the Glebe or live in rural Ontario, we all have a vested interest in our energy infrastructure. The management of the energy file by the Liberal government has been a train wreck.

Now I do not pretend for a minute that all of Ontario's energy challenges will be solved with a new government, but it's time Queen's Park had a new voice on the file.

Scott S.A. Healey

Our spring-only street cleaning

Editor, *Glebe Report*

Soon the welcome sounds of street and sidewalk cleaning equipment will be heard. Street cleaning trucks vacuuming up last fall's leaves, winter's gravel, sand and salt, while sidewalk sweepers brush gravel, sand and salt up into clouds of toxic dust blowing onto front gardens and into the lungs of people and pets. But it's uplifting to see our residential streets looking, briefly, so great after a long winter. Even the parking side of each street with a temporary parking ban gets nicely cleaned.

Over the past few years I've noticed that once the street is clean and parking's reinstated, the cleaning trucks continue needlessly cleaning the no-parking side of the street. I counted one year up to 12 times within a few days. Then all activity abruptly stops.

Two or three weeks later the streets start to look in need of a quick cleaning. Spring seeds fall from trees and soil washes into gutters. Front yards not cleaned up by their owners before completion of the street sweeping get their debris scattered by the wind. Some residents even think it is

still 1975 and sweep yard waste into the gutter waiting for the long-gone biweekly street sweeping and washing trucks from the "twilight zone" to show up and clear it away.


But this is 2017 and, surprise, there won't be another cleaning until the spring of 2018.

A regular street cleaning throughout the spring, summer and autumn months would not only keep our neighbourhoods looking good but would alleviate many of the clogged storm drains.

The road to our mayor's and the developer's dream of a world-class city is paved with good sounding intentions, but it is sad to see the reality of a cheaply patched-up, crumbling infrastructure made to look worse by a lack of regular street cleaning. Perhaps one day Ottawa, like Montreal, will finally set up regular warm-weather sweeping days and even figure out a way to carry out a world-class snow removal program.

Observe this state of affairs for yourselves and make our councilman aware of your thoughts.

Richard C. Raycraft



Call for Submissions

Poetry Quarter received so many poems relating to Canada's 150th birthday that we decided to publish student poems in the February issue and poems from the wider poetry-writing community in the May 2017 issue. The invitation to submit on this theme therefore remains open until the deadline of April 21, 2017. Submissions are open to any poet who reads the Glebe Report and lives in the National Capital Region.

Poems will be considered only for the particular theme of Poetry Quarter for which they are submitted and will not generally be retained for future consideration.

Theme: Celebrate Canada's 150th

Poetry Quarter seeks poems to celebrate 2017, Canada's sesquicentennial, for the May 2017 issue on subjects relevant to the people, history, culture, present and future of the Glebe and its neighbouring communities.

Deadline: Friday, April 21, 2017

Eligibility: Poems should be:

- Original and unpublished in any medium (no poems submitted elsewhere, please);
- No more than 30 lines each;
- On any aspect of the theme Celebrating Canada's 2017 sesquicentennial, on subjects relevant to the Glebe within the bounds of public discourse; and

Submitted on or before April 21, 2017.

Please send your entries (up to 5 poems that meet the criteria) to editor@glebereport.ca before the deadline of Friday, April 21, 2017. Remember to send us your contact information.

Canada's ties with the Netherlands (website-only)

See Jonathan McLeod's article on "Celebrating global ties with the Netherlands for Canada 150" on the *Glebe Report's* website at www.glebereport.ca.

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Carriers do not have to live on a street to deliver on it.

FEATURED AVAILABLE ROUTE: PRETORIA AVENUE, QED TO O'CONNOR

This street has an interesting mix of homes of different ages and styles. There are periods of high traffic. An adult will be able to do this route in about 45 minutes.

WELCOME TO Lawrence Ambler, picking up a second route!

AVAILABLE DELIVERY ROUTES

- Henry St.
- Plymouth St.
- Lakeside
- Dow's Lake Rd. and Crescent Heights

DRIVER NEEDED

One Friday a month you'll pick up bundles of papers and drive them around to the homes of carriers. It doesn't take long, it's not hard, but it's a crucial part of bringing the *Glebe Report* to the community. Could you take it on? Call Marnie to talk about it.

Thanks to everyone who filled in for carriers who were on vacation last month!

Contact: Marnie Wellar 613-408-1300

Email: circulation@glebereport.ca



Health Canada seeks your tobacco story

A photo of a tongue with cancerous white spots, a man with a hole in his throat, the damaged arteries of a heart, or a woman ravaged by cancer. Since 2001, graphic photos of the effects of smoking have been on tobacco packaging in Canada. And smoking rates declined from 25 to 15 per cent between 1999 and 2013.

But like all things in life, we get used to them. Five years ago, Health Canada updated the warnings by adding personal stories. Now they are doing it again. Health Canada is looking for individuals who would like to share their story about how they saw firsthand the negative effects of smoking in the hope that personal stories on tobacco packages might change someone's mind about smoking.

"I know this can be hard, and that sharing your story publicly can bring

up painful memories," says Suzy McDonald, director general of Health Canada's Tobacco Control Directorate. "Please consider reaching out to us anyway. We know that personal stories are effective and that what you share could help someone take the first step towards quitting or to never take the first puff at all."

Health Canada is seeking stories from a wide cross-section of the diverse Canadian population, including people who have personally felt the negative health effects of smoking, those who have witnessed a friend or loved one suffering and individuals who have seen health benefits from quitting.

Get in touch with Health Canada by email at pregs@hc-sc.gc.ca or phone at 613-716-3513.

Introducing your new Community Police Officer

by Stephanie Lemieux

I would like to take this opportunity to introduce myself as your new Community Police Officer. I currently have 12 years of policing experience with the Ottawa Police Service and recently moved from the Rural South Ottawa Community Police Centre to the Centretown Community Police Centre. I am your community's first point of contact for the Ottawa Police Service for community-related events.

Reporting incidents to the Ottawa Police is very important and provides us with the critical information needed to identify crime patterns in our city. I encourage you to report all crimes, including any crimes in progress and suspicious activity, to help us address crime in the community.

When you "make the right call" to police, information is collected and a call or report is generated and a report number assigned. From there it is assigned to the appropriate police officer for follow-up, no matter how minor. It is imperative that people always report when they are victimized, no matter how minor the incident. If your car is broken into and nothing is stolen, we still need to know because our dedicated crime analysts use this data to build strategies for our officers to tackle these problems effectively. When you make a report, our team analyzes the information and our response is prioritized based on public safety and need.

By making the right call, you can



PHOTO: COURTESY OF STEPHANIE LEMIEUX

Constable Stephanie Lemieux, the new Community Police Officer in the Centretown Community Police Centre

ensure that 911 remains available to handle true emergencies or crimes in progress. Most of all, having a better understanding of when to call each of the important phone numbers listed below will help us meet your specific need.

If you have information about a crime but want to remain completely anonymous you can contact Crime Stoppers as they don't subscribe to any call display functions and you will never be identified.

The Ottawa Police Service Online Crime Mapping Tool gives you statistics for your neighbourhood. The Ottawa Crime Map will display the last 14 days of data for selected crime categories. You can also change the date selection and crime categories to customize your search. <http://www.ottawapolice.ca/en/crime/crime-mapping-tool.asp>.

JOIN NEIGHBOURHOOD WATCH

Neighbourhood Watch is a program to help neighbours watch out for neighbours. It aims to get citizens involved in discouraging and preventing crime at the local level. The success of Neighbourhood Watch depends largely on a commitment by area residents and the police to cooperate, and more importantly for residents to cooperate with each other.

Your neighbours know who you are and what type of car you drive, and may be the first to notice a suspicious person at your door or window. A police officer patrolling your community may not recognize a stranger in your yard, but your neighbour will. By getting to know the neighbours around you, you will be well positioned to recognize someone or something that's suspicious.

Make the Right Call

911 – Crimes in progress and life threatening emergencies

613-236-1222 – To report crimes that are not in progress

Crime Stoppers – **613-233-TIPS (8477)** or **1-800-222-8477**

www.crimestoppers.ca

Online reporting – www.ottawapolice.ca

Centretown Community Officer – **613-236-1222 ext. 5287**

Getting involved in Neighbourhood Watch is easy and free. To find out if a Neighbourhood Watch exists in your neighbourhood or to start a new one, contact me.

HOME SECURITY INSPECTIONS

Home security inspections allow you to take an active role in making your homes less susceptible to criminal activity. The inspections are based on proven crime prevention principles and residents learn how to make their homes safer.

Police representatives visit your home at your request to provide a safety audit, assessing ways to make your home safer. The audit is based on a checklist and participants are provided with a booklet that identifies safety improvements, provides crime prevention tips and promotes other crime prevention initiatives offered by the Police Service.

Be informed and get involved.

Constable Stephanie Lemieux is the new Community Police Officer in the Centretown Community Police Centre. She is the first point of contact for the Ottawa Police Service for community events.

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Volunteers at The Glebe Centre

by Julie Ireton

Innovative social and fundraising programs throughout the year at The Glebe Centre Long-term Care Centre and Abbotsford House seniors' centre likely couldn't happen without the dedication of more than 200 volunteers.

One activity that benefits from volunteers at the long-term care centre across from Lansdowne Park is the new Music And Memory therapy program. "All 254 of our residents have access to iPods with playlists that are individualized for each resident," said Lonelle Butler, Co-ordinator of Volunteer Services at the Glebe Centre. "Our home is certified as a Music and Memory home." Butler said the volunteers, mostly students who are tech savvy, download music for residents to listen to their favourite music. It's an attempt to bring back pleasant memories.

Another program that runs with the help of volunteers is Montessori for People with Dementia, another memory-enhancing program for residents with dementia. "It places an emphasis on independence, freedom within limits, and respect for a person's natural psychological, physical and social development," said Butler.

More than half of Butler's volunteers are under the age of 24. Some are university or college students on placements, but many others come to do their 40 hours of high school community service at The Glebe Centre.

Volunteers are also integral over at the old stone house that offers drop-in activities and support to men and women 55 plus. "Our reception, boutique and program volunteers, as well as our medical appointment drivers and friendly visitors, allow clients to engage socially and receive the support they need to remain active," said Butler. In fact, it's thanks to the dedication of volunteers like Dianne Breton that The Glebe Centre is able to offer so many programs in long-term care and in the community.

"Many organizations across the city wouldn't operate without volunteers and Abbotsford is no exception," said Breton, who was on the centre's board for several years. "We need others to step up and take it on." She started volunteering at Abbotsford in 1994 and continues to help out every year at the centre's annual bazaar. "It's lots of fun. There are a lot of nice people and good ideas and very creative groups."

Six volunteers in both long-term care and community, including Bre-



PHOTO: EVAUDNEY THEODORE.


Student and resident Audrey Philips enjoy the Music and Memory program.

ton, have been nominated for the Ontario Service Awards to be handed out in the spring.

The Glebe Centre will be hosting a High Tea on April 28 at Abbotsford House from 1:30 until 3:30 to thank all the volunteers during National Volunteer Week. "Our goal is to offer a variety of recognition events through-


out the year to make sure we have honoured our volunteers not just with one event or for one week during the year," said Butler.

Julie Ireton is a broadcast journalist, educator and writer who frequently contributes articles to the Glebe Report on Abbotsford programs.



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Hidden Figures

Directed by Theodore Melfi
(USA, 2017)

Reviewed by Lois Siegel

West Virginia - we are introduced to a young, African-American grade-school girl who has an amazing gift for math. She's Katherine G. Johnson (Taraji P. Henson). Cut to 1961, NASA (National Aeronautics and Space Administration) Langley Research Centre, Hampton, Virginia. We meet three women who are working in the "colored" section. One of them is Katherine. The other two are Dorothy Vaughan (Octavia Spencer) and Mary Jackson, (Janelle Monáe).

"Colored" workers are segregated from white workers in the "West Area Computing" unit where an all-black group of female mathematicians resides. They also have separate dining room, drinking fountain and bathroom facilities. Even the library has a "colored" section.

Langley is the centre for Project Mercury. The goal is to land a man on the moon before the end of the decade. Russia's Yuri Gagarin is the first man in space. The Americans are lagging behind. The space race is on. The hallways of Langley are filled with uptight white workers who resent those who are "colored" but many talented workers are needed. And these three black women are exactly that. They have skills that Langley needs.

These were the days of air raid drills in the schools. A siren would blare and students were told to hide under their desks or put their heads into their lockers: "duck and cover" from a potential nuclear blast as if that would solve the problem.

We follow our "colored" characters in the film as they advance in the system

despite rigid laws. Katherine G. Johnson is recruited to help solve the major problems of space flight. Not only is she a woman in an all-male section, but she's also the only black individual in an all-white section. Mary Jackson is accepted at a night school at an all-white institution and Dorothy Vaughan moves to an IBM computer area.

Our ladies are delightful. They are not easily discouraged and we cheer them on as they overcome many obstacles.

Kevin Costner plays Al Harrison, Katherine's boss. He's excellent as a gum-chewing leader who understands what he sees in her. He admires her skills and protects her from insensitive, prejudiced co-workers like Paul Stafford (Jim Parsons, *The Big Bang Theory's* Sheldon).

This "adventure" leads us to Cape Canaveral where John Glenn is prepping to be the first man in orbit. Suddenly, a mathematical glitch in the system occurs. When none of the male scientists come up with a solution, Glenn, who has previously been impressed with Katherine, insists that she be the one to check the numbers or it's a "no go." Katherine uses old math to find a solution.

Hidden Figures is a great story based on true events that most of us never knew about. It's an important part of American history about perseverance in the face of racism and discrimination. It's about the courage of the ladies who took their rightful place in the effort to put men in space, and it's important for us to recognize the value of what they accomplished.

The film has been nominated for three academy awards: Best Picture, Best Supporting Actress: Octavia Spencer and Best Writing Adapted Screenplay. It is based on a book of the same title by Margot Lee Shetterly.

DVD release date: April 2017
Running Time: 127 minutes

The Salesman

Directed by Asghar Farhad
(Iran/France)

Reviewed by Paul Green

Films that feature a story or play within a story are more often than not complex, multi-layered affairs, as they usually draw on and develop parallels between the characters in the internal story and those in the larger external drama that plays out around it. One example that comes readily to mind is Karel Reisz's *The French Lieutenant's Woman*. It's an interesting device because it affords the director or screenwriter an opportunity to develop themes present in the framed story and then amplify or adapt them to the outer world surrounding that story.

One such film is Asghar Farhadi's *The Salesman*, set in modern-day Teheran. Emad and Rana, played by Shahad Hosseini and Taraneh Ali-dooosti respectively, are an educated, culturally literate married couple portraying another married couple, Willy and Linda Loman in a local production of Arthur Miller's *Death of a Salesman*. At first blush, it is not readily apparent what links Emad's portrayal of Willy Loman's drab and despairing existence as a salesman as it plays out against the backdrop of a Middle American wasteland, to his life in the world outside. Emad teaches literature to a class of high school students in his day job and while he is generally well respected, he must contend with young people, some of whom at least are more interested in the content of their cell phones than in the course content. Perhaps more telling is the actress who plays the prostitute found in Willy Loman's hotel room who objects loudly to the mockery she must endure from male cast members just for playing such a role.

Farhadi, perhaps the finest director working in Iran today whose previous efforts include *A Separation* and *The Past* is well known for his complex, nuanced films that parse the lives and marriages of middle-class couples whose way of life betrays more than a hint of Western cultural influence.

The plot device that sets things in motion occurs when Emad and Rana are forced to move out of their apart-

ment block, which is now imperilled by construction next door. They take up occupancy in a new building where it seems the previous tenant, apparently a prostitute, has left behind a roomful of personal belongings, so much symbolic baggage that becomes a source of contention for our thespian couple. One evening while Rana is alone and waiting for Emad to come home, she mistakenly opens the door to a man who has come looking for the previous tenant, not realizing she had moved out. The man assaults Rana and after he flees, the neighbours get her to a hospital.



Emad comes home to discover all this, and here is where it gets interesting. Emad and Rana appear to embark on separate paths to deal with this disturbing incident. There is much that goes unsaid between these two. Neither will go to the police, and nor do they have much to say to each other. Emad is not outwardly callous, but he is strangely unable to comfort Rana who seems left to deal with this thing on her own. For his part, Emad is determined to track down the assailant and exact some sort of revenge. That the assailant, who is easily traced, turns out to be a pathetic, middle-aged man with a cardiac condition seems to complicate things even further. The penultimate sequence, in which the assailant and a couple of family members are confronted, is both surprising and expertly staged. And before the closing credits run, Rana is back on stage reprising her role as Willy Loman's hapless wife Linda. We are back in Arthur Miller territory where we were at the beginning when the film opens on the set of *Death of a Salesman* with seedy hotel room props surmounted with the tawdry neon signs of an early 1950s America. Actors and script are excellent. First rate.

Running time: 125 minutes.
In Persian with English subtitles.
Rated PG.
Scheduled for DVD release in early May.

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Getting young people good jobs



MP
Catherine McKenna
www.catherinemckenna.liberal.ca

Despite a cold and long winter, I think spring is finally upon us here in Ottawa Centre. The sun is getting warmer, the birds are returning and that means thousands of young people will soon put another school year behind them. With summer vacation just around the corner, many students are wondering where they're going to work for the summer and if they will be able to find a job that benefits their long-term career goals.

I heard over and over again during the election campaign how hard it is for young people to find employment and to develop the skills they need for the jobs they want. The Canadian Teachers' Federation reported in 2014 that more than a quarter of youth are underemployed, meaning they have degrees from accredited universities but are working in jobs that don't require them such as customer service. The latest numbers from Statistics Canada show the unemployment rate for youth ages 15 – 24 as almost twice that of the general population.

Changing these statistics has been a top priority for me since taking office.

CANADA SUMMER JOBS PROGRAM

Our government knows Canada's prosperity will increasingly depend on young Canadians getting the education and the experience they need to prepare for the jobs of today and tomorrow. Young Canadians need access to meaningful work at the beginning of their careers and the Canada Summer Jobs Program helps to provide them with a first-hand glimpse at a dynamic and promising career path. The government is giving more youth than ever before the opportunity to get work experience through the Canada Summer Jobs Program - a program that allows small businesses or not-for-profits to hire young talent and receive a wage subsidy.

If you are a student looking for a summer job, I encourage you to look into the Canada Summer Jobs Program. Information can be found at www.youth.gc.ca.

OTTAWA CENTRE YOUTH JOBS COUNCIL AND CONSTITUENCY YOUTH COUNCIL

I have been hard at work with my two youth councils to change youth unemployment rates in Ottawa Centre. I formed the Ottawa Centre Youth Jobs Council and the Constituency Youth Council this past November as a way to stay connected with young people in the riding. The Jobs Council, made of representatives from business, labour, and the education community, is focused on creating an action plan to create jobs for young people. They foster youth entrepreneurship and encourage employers to hire students and recent graduates.

The Constituency Youth Council brings together 25 students from high schools and universities in Ottawa Centre. I first met with them in February to hear their insights about job creation. We will continue to have meetings throughout the year so that they can provide advice on the pressing issues facing our youth.

The two councils worked together to hold a youth town hall at Shopify on February 28. I had the opportunity to hear directly from young people at the town hall about their personal experiences of youth unemployment and underemployment. I heard about the barriers to entering the work world young people are facing, the skills they need, and the types of employment they are hoping for.

Including young people in these discussions is critical to the success of our community and Canada. I look forward to more opportunities in the coming months to bring youth and business leaders together from across our city in support of youth job creation.

KEEP IN TOUCH

I am committed to engaging with residents in Ottawa Centre on all of the issues that are important to you and to our community. Please feel free to get in touch with our office at 613-946-8682 or at Catherine. McKenna@parl.gc.ca. Don't forget to sign up for our e-newsletter at catherinemckennamp.ca and follow us on Facebook at McKenna.Ottawa and Twitter @CMcKennaOttawa!

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We need more room to move and play in a denser city

With the City of Ottawa’s intensification policies gradually translating into higher population density, it is essential that we invest in the kinds of infrastructure and institutions that residents expect in a livable city. Schools, libraries, health care and public transit come immediately to mind. Equally important though is an adequate and diverse supply of places to play and gather. These can be formal, such as community centres, pools, arenas and sports fields, or informal, such as greenspaces, play structures, multi-use pathways and riverside parkland.

There is a lot of movement in Capital Ward in response to this growing need. In fact, this is a time of considerable turnover, growth and long-term planning. While expected changes to public spaces in the Glebe may seem relatively minor, improvements anywhere in the ward provide benefits beyond their immediate neighbourhoods.



Hall may be, by the end of this decade it will be wholly insufficient for the fastest growing community in Capital Ward, which perhaps may be the fastest growing community in the city. OOE needs a true community centre on the same scale as the Glebe’s for recreational purposes, public events and gatherings, and potentially to house the Sandy Hill Community Health Centre’s local services.

We are talking with a number of community partners and the Regional Group, which is developing Greystone Village in the heart of the neighbourhood. I hope this will lead to the repurposing of part of the historic Deschâtelets building. What a win it would be to transform it for community uses and make it a showcase for green building!

GRANDE ALLÉE PARK

The OOE central boulevard from Main Street to the Deschâtelets building will become Grande Allée Park. A multi-year consultation and planning exercise led to a design with a range of passive and active park spaces and gathering places. Plans should be finalized in the coming year.

PATHWAYS

Construction starts this year on the multi-use pathway along the western shore of the Rideau River between the Lees transit station and Brantwood Park. Improvements will also be made to the Windsor Park pathway. There have been discussions on how the river shore property adjacent to Greystone Village might be acquired by the city and made into parkland to complete a continuous string of parks from Sandy Hill to Bank Street. This would require a series of environmental studies and management plans. I will continue working toward this outcome.

HERON PARK COMMUNITY CENTRE

Heron Park has been making do with a 1960s cinder-block field house as its community building for the entire lifetime of most local residents. The field house is limited in its uses, undersized for the needs of the users and is due to be replaced by a proper, if small, community centre.

The city is moving forward with plans to demolish the building, remove contaminated soil and build a new facility thanks to a federal grant recently announced by Ottawa South MP David McGuinty. I’m working with the community on a design for a building that is flexible in its uses, bright and showcases energy-efficient and healthy building features. The right “net zero energy” design would qualify for additional funding that would allow for construction of a larger and more complex building than the current budget allows.

PARK UPGRADES

A series of upgrades to existing parks and greenspace is planned for 2017 and 2018, including these in the Glebe and Glebe Annex: the formal dedication of a “Fire Station Park” adjacent to the fire station on Fifth Avenue at O’Connor Street, with modest physical changes; upgrades and equipment replacement at Dalhousie South Park in the Glebe Annex; and lighting replacement in Central Park East.

BREWER PARK

Though Brewer Park is in Old Ottawa South, it is frequently used by Glebe residents who make use of the rink, pool, fields and ball diamonds. Over the next 5 to 15 years, we can expect to see increased activity in some parts of the park resulting from changing demographics and shifts in the popularity of certain sports and activities; older facilities reaching the end of their viable life, meaning either major renovation expenses or taking a “clean slate” approach; and a strong community desire to reduce the use of land for driving through and parking on parkland and consolidating those areas for use as parkland.

An initial public meeting in March marked the start of a multi-year process of listening, planning, seeking funding and then implementing whatever changes are agreed upon by council. Apart from perhaps the short-term replacement of the dilapidated skate change building, the time frame is medium-term to long-term. We can imagine a considerable increase in the amount of greenspace available for fields and a highly functional, multi-sport complex in the northwest corner of the site. The future of the speed skating oval will also be considered.

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Ottawa Newcomers Club welcomes women



PHOTO: COURTESY OF OTTAWA NEWCOMERS CLUB

Newcomers Club of Ottawa members explored Confederation Square in January.

by Sue Wheeler

“Welcome to Ottawa” is the message our organization, the Ottawa Newcomers Club, wishes to impart to women newly arriving in our city within the past two years.

We provide a safe and supporting peer group for people wanting to explore their new city and make new friends. Being a friendly group, we also include those women who find themselves in changed life circumstances such as widowhood or divorce when new friends can make such a difference.

We are part of a national not-for-profit organization, the National Newcomers Council of Canada. Each city’s group is governed under the council’s guidelines by a volunteer board elected by members. Our members come from all parts of greater Ottawa and currently number 102 women of all ages.

Our newsletter is circulated to members and includes a slate of regular monthly activities and extra seasonal outings. Our current activities include monthly lunches and potlucks, book clubs (one afternoon and one evening), bridge (three groups), mahjong, scrabble, art tours, walking groups, craft and chat, fun photography, dining out, movie buffs going to movies and also “Out and About” to visit local places of interest. Members can participate as often or as little as they like. Many activities take

place in members’ homes.

Our mandate is to create a social setting that eschews commercial activity or causes of any sort, and where women can share their interests. The annual membership of \$30 covers administrative costs and entitles members to participate in all activities. Club membership is limited to three years plus an optional fourth year. After that, a member is entitled to join the Ottawa Newcomers Alumni Club.

According to one member, “major transitions can be difficult to navigate, but this very welcoming organization eases the way by providing ample opportunities to get to know the city and everything it has to offer while making new friends with women experiencing similar situations.”

All that said, we have an interesting group of enthusiastic people having a good time in the company of others and making new friends while exploring much of what this wonderful city of ours offers.

Check us out at www.ottawanewcomersclub.ca or contact us at newcomersclubottawa@gmail.com to request an application form. We look forward to meeting you!

Sue Wheeler became a member of Newcomers after her move to this area to be with children and grandchildren, and has much enjoyed the friendships and activities it brought.



K2K Kitchen to Kitchen Recipe Exchange

Do you have a good recipe to share? Maybe your latest find from your special cookbook, or a recipe handed down from your grandmother or a family dish with a story to tell? Next time you make your best dish, snap a photo and send it along with the recipe to editor@glebereport.ca. Be part of the **Glebe Report Kitchen to Kitchen Recipe Exchange**.

Energizing Earth Day in the Glebe

by Bill Nuttle and Susanna Kam



Earth Day has a special significance this year. Groups like the Ottawa Renewable Energy Coop have been working for a number of years to introduce community-based renewable energy. But this year, both the provincial and national governments have made energy transition in the name of sustainability their goal.

The future promises energy-efficient, low-carbon communities. But are you ready for the promised changes in where we get and how we use energy? That’s the question that motivates members of the GCA’s Environment Committee to organize the Old Home Earth Day event. How will homes in the Glebe and Ottawa’s other older neighborhoods make this transition? It seems unlikely that we will tear everything down and build anew.

Thus, the GCA is hosting the Old Home Earth Day Event at the Glebe Community Centre on Saturday, April 22 to provide residents of older homes with an opportunity to learn and share ways they can conserve energy, reduce carbon emissions and live more sustainably.

The program for the day addresses topics identified by a neighbourhood survey conducted in February. The program has three main elements: workshops by home energy experts, informal discussions where neighbours can share their experience

with home renovations and energy upgrades, and information displays on products, services, and incentive programs. Specific topics include:

- The economics of energy upgrades;
- Incentive programs for energy retrofits;
- Building science, energy audits and measuring your home’s carbon footprint;
- New technologies such as tankless water heaters, heat pumps, solar panels;
- Passive measures; and
- Heritage restoration.

The event is geared towards the entire family and will feature a variety of mini-workshops, information tables, displays, neighbours’ discussion corners, speakers’ series and kids’ tables. Participants will be eligible to win a \$200 door prize from Krumpers Solar Blinds. The GCA is also pleased to announce that Cecile Wilson was the event survey respondent winner of a Home Energy Evaluation, Rating & Retrofit Report (a \$500 value) courtesy of Homesol Building Solutions Inc.

Bill Nuttle and Susanna Kam are members of the Glebe Community Association’s Environment Committee and organizers of the Earth Day event this year.



May is Glebe Community Association Membership Month

The Glebe Community Association is a volunteer, non-profit, membership-based organization. It promotes the interests of our community and runs the Great Glebe Garage Sale. Concerns include planning, environment, parks, traffic, heritage, social and tenant issues. New committee members are always welcome.

Please join us, helping to make the Glebe Community Association’s voice even stronger.

Three ways to join:

- Door-to-door canvass
- *NEW* online! Go to www.glebeca.ca and follow the links.
- Complete the form below and mail it or drop it off at the Glebe Community Centre, 175 Third Avenue, K1S 2K2 with a \$10 cheque, payable to the *Glebe Community Association*.

Name: _____

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Glebe Community Association membership drive

by Carol MacLeod

May is prime tulip viewing in the neighbourhood and it's also GCA membership drive time. Our objective is a membership card for every household in the Glebe. A neighbour will approach you to join the Glebe Community Association or renew your membership. For \$10, membership is open to any household, business or person who works in the Glebe.

Membership gets you a voice in how our community develops. You can vote at the June Annual General Meeting. All are welcome at monthly board meetings and committees welcome new members. The more households and businesses that belong to the GCA, the stronger our voice becomes at City Hall.

What do we do? We:

- organize the Great Glebe Garage Sale;
- consult our community on changes proposed by City Hall and by developers. Last year the Planning Committee organized Imagine Glebe;

- enhance green infrastructure – natural and built – through the Environment and Parks committees;
- help preserve old houses, heritage landscapes and original buildings on Bank Street that make our community unique, through the Heritage Committee;
- research and champion safe sidewalks and crossings, cycle routes and roads through the Traffic Committee;
- keep our community caring and liveable, through the Health and Social Services Committee;
- liaise with neighbourhood schools through the Schools Committee; and
- champion renters' issues through the Tenants Committee.

If you miss your canvasser, you can complete the form in the brochure you receive and mail it in or drop it off with a cheque at the Glebe Community Centre, 175 Third Avenue.

Carol MacLeod is chair of the GCA Membership Committee.

Your community association needs you!



Christine McAllister

www.glebeca.ca

With spring finally in the air, we turn our attention to our June Annual General Meeting where Glebe residents will elect the GCA board for the 2017/18 season. Being a part of the GCA board is a great way to get to know people throughout the neighbourhood, be involved in important local issues and make a contribution to our local community. There are some great leadership opportunities this year, so read on!

GCA EXECUTIVE COMMITTEE

The Executive Committee provides leadership and planning for the GCA's monthly activities. It consists of the president, two vice-presidents, a secretary, treasurer, communications chair and the immediate past president. The structure was designed so that leadership is shared, as is the workload. The past president contributes to the corporate memory and provides advice and support to the incoming president. We meet once a month to plan the upcoming monthly GCA meetings and address any important issues that arise. This year, the following roles are open for nominations:

President: Lead a grassroots board with representatives from across the Glebe and chairs and co-chairs of 10 issues-based committees (currently 29 members); communicate broadly with residents to welcome participation and build community engagement (and write for the *Glebe Report!*); chair monthly GCA meetings; support committee chairs in obtaining board support for adopting committee recommendations; advocate on behalf of GCA board-approved positions with appropriate public agencies, such as City of Ottawa staff and local councillors, MPPs and MPs, to achieve community-desired outcomes; find new people to take on roles on the GCA board, participate in committees, or support local issues or initiatives.

Vice-President (two positions): Share in the leadership responsibilities of the president; chair monthly GCA meetings when the president is not available; manage issues that do not fall within specific committee mandates; actively support relationships with local groups; assist in GCA planning and recruitment of new board members.

COMMITTEES

The GCA has 10 special interest committees: Communications and Outreach, Education, Environment, Great Glebe Garage Sale, Health and Social Services, Heritage, Parks, Planning, Transportation and two representatives to the Federation of Citizens Associations (FCA). Over 100 residents participate regularly through these committees and

the advocacy they do forms the majority of our work. Committees take on projects they are interested in, so it's a great way to bring new ideas to the community. New members

are always welcome, in addition to the following roles that are open for nomination:

Education Committee Chair: this committee has contributed to significant local education issues in recent years, including advocating for the Mutchmor schoolyard to remain a play space as opposed to a parking lot, and contributing to the work that led to "the switch" of First Avenue and Mutchmor schools. The Education Committee chair keeps abreast of the work going on at the local school boards at both the elementary and high school levels to identify items that could have an impact on the schools that support our neighbourhood kids, and develops community responses.

Federation of Citizens Associations' representative: The FCA is a fountain of knowledge for all things relating to issues at the City of Ottawa and how the city works. While we have the great fortune of having past GCA president Bob Brocklebank on the GCA board and who also plays an executive role at the FCA, we are looking for an additional representative who can share what we are doing with the FCA and bring some of the information and learnings from across the city back to our board.

AREA REPRESENTATIVES

Area representatives are the board's main connection with residents across the Glebe. These individuals lead the May membership drive with block representatives in their areas and put their ears to the ground to help the board understand perspectives on local issues. Here are the areas needing representatives:

PowMow: Powell-Clemow; Bronson-Bank

Patterson Creek South: Glebe-First Avenue; Canal-Bank

If you want to know more about any of these positions or would like to be nominated, please reach out via our website or email gca@glebeca.ca.

The GCA is a volunteer, not-for-profit, membership-based and city-recognized organization advocating for a liveable, sustainable, diverse urban neighbourhood. The GCA informs, consults and engages with residents and other groups in the Glebe on issues of importance and promotes the interests of our community to all levels of government and other organizations. We meet on the fourth Tuesday of each month from 7 to 9 p.m. at the Glebe Community Centre. The next meeting is April 25. All are welcome.

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GCA in 1981-82: calming traffic and keeping the Glebe green

by Bruce Rosove

Note: This is the fourth in a series of articles by past presidents of the Glebe Community Association to mark the 50th anniversary of its founding in 1967.

The notice indicated we could find out more about “collector roads” at a meeting at the community centre. At that time, I was not active on committees or even aware that a planning process had been ongoing. At the large meeting in the Glebe Community Centre Main Hall, I asked the meaning of the collector road designation. There was a major reaction in the room. Bernice Hamer, Margaret Trudeau and others approached me to help work on this issue.

We eventually learned that collector roads are most relevant to transportation planning in the suburbs where they have “loop and lollipop” streets designed to keep cars other than those of street residents away. Collector roads are supposed to funnel cars from these streets onto arterial roads, a very different pattern from the grid we have in the Glebe. Happily, we convinced City Council that a lack of collector roads in the Glebe would have no negative effect. It has worked!

Hamer and Trudeau convinced me to stand for president in 1981. I served two terms in that role. During that time a decision on the future of First Avenue Public School and on the redevelopment of the Quaker Meeting House came up.



To encourage people to drive more slowly and carefully, Skip Hambling, at the request of the GCA, developed this “I Try to Drive Gently” decal, which was sold throughout the Glebe.

DEMOLISH OR REBUILD?

There was talk of demolishing and rebuilding First Avenue School. Happily, it was eventually decided that the existing school should be renovated. A new gymnasium and library were attached at the north end of the school. Thus, the wonderful architecture of that building was preserved.

In that same period, another beautiful building was being looked at for demolition and rebuilding: the Quaker Meeting House on Fourth Avenue. The proposal was to demolish the building and build four townhouses above a basement room that would be the space for Quaker meetings. Many on the street and throughout the community saw this as out of scale for the street and a sad loss of a beautiful piece of architecture.

This was a tough one. We very much wanted the Quaker community to remain in the Glebe. The Quaker congregation felt they needed to build the building that was proposed

by their architect, John Leaning, to cover the relevant costs. Luckily, with a lot of effort on the part of several on the GCA, including Herb Otto and Peter Williams, both architects themselves, a way was found to preserve the original building and build three townhouse units and a meeting space on the property.

LOOK AND FEEL OF THE GLEBE

There were many other issues to do with protecting the “feel” of the Glebe, a key element of which is the commercial “main street,” Bank Street. The building of Fifth Avenue Court was a major issue.

So far, the zoning that exists as a result of the work of many who worked on the Neighbourhood Plan has preserved the “feel” of the Glebe on Bank Street. However, the design and height of three currently proposed construction projects on Bank may negatively affect the feel of the street:

- a commercial/residential building at Fifth and Bank where a garage currently resides;
- a commercial/residential building at Clemow and Bank Street; and
- the proposed retirement residence that will replace the Beer Store and Mr. Muffler shop between Thornton and Holmwood.

Back to my tenure as GCA president in 1981 - 82. There was a debate about “conversions” of homes into multiple rental units. Coupled with that con-

cern was a desire to preserve green space around homes; the guideline was 20 per cent of the lot. I fear we are slowly losing the green space battle with developers building almost to the lot line on many projects.

People concerned about the needs of tenants were considering building rental buildings on the northeast corner of Lansdowne Park. Happily, that area was preserved as an active park and the needs of tenants have been accommodated elsewhere in the Glebe, mostly through conversions of existing houses.

Access to the community centre was greatly enhanced for people with disabilities by the design and installation of a ramp at the Lyon Street entrance. The design was by GCA executive member Peter Williams.

As I read through back issues of the *Glebe Report* I kept seeing Yaghi’s advertisement saying: “Open from 7 a.m. to midnight.” Yaghi’s and other small corner stores were institutions in the Glebe. They added a wonderful element to our friendly walkable community.

Bruce Rosove was GCA Transportation Chair in 1980. He was elected president of the Glebe Community Association in 1981 and again in ’82. He still has a passionate interest in urban planning with a view to creating “walkable” and cycle-friendly communities everywhere.

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After GACA lobbying, the City of Ottawa has agreed to install a light in Henry Lane to improve visibility and safety.

Glebe Annex Community Association hard at work

by Scott Blurton

I hope that all of you are bearing the winter well and taking the opportunity to get outside and enjoy everything that our beautiful capital has to offer. Fresh off of the Christmas break, the Glebe Annex Community Association (GACA) has been hard at work on behalf of its residents.

First of all, we would like to notify Glebe Annex residents of an exciting development. Due to the hard work of members of GACA, the City of Ottawa has agreed to install a light in Henry Lane to improve the visibility of the laneway, making it safer for nearby residents and those who use it as a shortcut or dog-walking route. GACA would like to thank Peggy Kampouris, Sue Stefko and Maeve McMahon for their tireless efforts over the past couple of years to finally convince the city. They are proof positive that through hard work and collaboration, anyone can bring positive change to the community. Way to go!

In April, we will be hosting our biannual Tim Hortons Cleaning the Capital event. We will be starting at Dalhousie South Park to clean our community in preparation for an exciting spring. The cleanup will start on Saturday, April 29 at 10:30 a.m. The alternate date in case of rain is May 6 at 10:30 a.m. Light refreshments will be provided by Buduchnist Credit Union. Please remember to bring work gloves.

We hope to host an information session in June with our community police officer, Cst. Stephanie

Lemieux. Residents will have the opportunity to learn about protecting themselves against crime, especially online, telephone and door-to-door scams. We strongly encourage everyone to come out and learn.

Finally, we will be hosting our annual membership drive in May. The proceeds from membership sales are used to fund activities that serve the interests of the community at the city's planning committee and to host community events. Membership includes the benefit of access to our mailing list through which we keep residents apprised of developments in the community. Between the proposed development of an 18-storey tower to serve as a retirement residence at 265 Carling, a proposal to create supportive housing for the homeless at 289 Carling, and the development of much of the land at the Natural Resource Canada's Booth Street Complex, there is much planned activity on which to keep you informed. Your membership will be valid until April 2018. As always, we are looking for volunteers to help canvass the neighbourhood. If you are interested, or want to order a membership, please send us an email at info@glebeannex.ca.

As you can see, the Glebe Annex Community Association is working hard on your behalf. This year could be our best yet.

Scott Blurton is president of the Glebe Annex Community Association (GACA).

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Glad Cleaning the Capital 2017 and Glebe Parks Committee update

by Zoë Sutherland

In Canada’s 150th year, the 24th annual campaign to clean the capital title sponsor is Glad, the major sponsor is The Haunted Walk and contributing sponsor is “1-800-GOT-JUNK?” There are also many supporting sponsors.

To take part in the initiative, registration is important. This allows city staff to distribute the correct amount of cleaning supplies (gloves, bags, graffiti removal kits, etc.), monitor the areas being cleaned and recognize volunteer work. All park cleanups listed in the table have been registered with the city by the lead volunteer.

Registration for the initiative has already begun and runs until May 15. Glebe park cleanups will take place between April 15 and May 15. The Capital Cleanup Weekend takes place from Friday April 28 to Sunday April 30 inclusive. What happens during this weekend?

Capital Cleanup Weekend is a three-day period during the Cleaning the Capital campaign when many of our councillors and generous sponsors visit cleanup projects throughout the city to thank volunteers and hand out extra prizes!

Snow is beginning to melt revealing an abundance of various items. What exactly do we do with them at the cleanup?

Graffiti – removal packs can be provided by the city and may be used on the public areas within your project area that are affected.

Litter – cigarette butts cannot be recycled and do not biodegrade (they take up to 12 years to break down.) Cups, wrappers, bags, plastic items or items that have been dumped should be removed.

Glass – intact bottles, jars or similar items can be placed in a recycle bin.

SCHEDULE

Name & Location of Park	Name of Leader(s)	Date & Time	Rain Date & Time	Additional Information
Central Park East (East of Bank Street, south of Patterson Avenue) & the Exploration Garden	Susan Courage & “Friends of Central Park East” Meghan Storey	Saturday April 29, 10 a.m.-2 p.m. Rain or shine		
Firehall Park Adjacent to the Firehall on Fifth Avenue	Megan Dewar	Saturday April 22 1–3 p.m.	Saturday April 29 1–3 p.m.	
Lionel Britton Park (Corner of Fifth & O’Connor)	Meghan Schreiner	Saturday April 22 1–3 p.m.	Saturday April 29, 1–3 p.m.	Bags and gloves will be provided
Sylvia Holden Park Between the QED & O’Connor	Katrina Geary	Saturday April 22 1-3 p.m.	Saturday April 29 1-3 p.m.	
Dalhousie South Park, 343 Bell St South	Sue Stefko	Saturday April 29 10:30 a.m.	Saturday May 6 10:30 a.m.	Refreshments will be provided by Buduchnist Credit Union
Central Park West Entry from Bank Street, north of Powell Avenue	Connie Boynton	Saturday May 6 2 p.m.	Sunday May 7 2 p.m.	
Patterson Creek Lagoon Park	Bill Price	Saturday May 6 10 a.m.–1 p.m. Rain or shine		
Memorial Park aka Glendale Park, Glendale Avenue	Angus McCabe	Saturday April 29 10 a.m.	Sunday April 30 10 a.m.	
Capital Park Ella Street	Peter Fobes	Saturday May 13 10 a.m. Rain or shine		
Chamberlain Park (Chamberlain and Lyon - the park with the soccer field and the tennis court)	Janine & Jason Anderson	Sunday April 30 10 a.m.	Saturday May 7 10 a.m.	Bags and gloves provided
Patterson Creek Park	Zoë Sutherland	Sunday May 7 10 a.m. Rain or shine		Bags and gloves will be provided
Brown’s Inlet	Brenda Harcourt & Dominion Lending	Saturday, April 22 10 a.m.–12 noon canal permitting		

Broken glass should be handled with care by an adult. Taking a bucket, used tin can or jar along to put the pieces in is the safest way to transport pieces of glass and contain them in the recycle bin.

Ottawa’s green spaces are not the only focus of the campaign. Our city has over 4,500 km of shoreline, just counting streams and rivers. As part of the Glad Cleaning the Capital campaign you can also join a “Great Canadian Shoreline Cleanup.” Visit the web address above for more information.

Volunteers who make up the Glebe Parks Committee (GPC) welcome anyone who would like to take part and help out with any of the park cleanups listed in the table.

GLEBE PARKS COMMITTEE UPDATE

Tree planting

The Glebe Parks Committee is assessing the need for trees in all Glebe parks. Tree planting in the parks is part of a greater movement in the Glebe to see 150 trees planted in commemoration of Canada’s birthday. We are working in cooperation with the City of Ottawa to identify areas that are in need

of trees. Coordinated by Connie Boynton.

Canoe and kayak launches

Good news for Glebe canoers and kayakers! Parks Canada will be bringing back the Rideau Canal access points at Patterson’s Creek and Clegg Avenue this summer. They will be put in place in May. The Parks Committee of the Glebe Community Association is looking into requesting that more access points be added to make getting on the water even easier. Feel free to get in touch if you have suggestions as to where they should go! Email parks@glebeca.ca. Coordinated by Laura Smith.

Looking forward

Ecology Ottawa will host the Ottawa Parks Summit on Saturday, April 22, 2017 (Earth Day), which aims to bring together related organizations to share information and knowledge with a view to generating ideas and building momentum toward improving our city parks.

The GCA will coordinate the reinstallation of the “parklets” in the same locations as 2016 at Bank and Third Avenue, and Bank and Second Avenue. A timeline is yet to be arranged but will hopefully take place before Mother’s Day (May 14).

Zoë Sutherland is a member of the Glebe Parks Committee.



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FACES celebrates refugee sponsorships

by Rick Trites

Good friends, good food and entertainment are winning ingredients for a party! FACES (First Avenue Churches and Community Embracing Sponsorships) was joined at the St Giles Presbyterian Church Hall on February 25 by seven refugee families it had sponsored and supported over the past year.

The celebration started with a welcome to our guests in Arabic, French and English. We introduced each of our families throughout the evening and some folks offered brief stories about their sponsorship experiences. We had the opportunity to meet and talk with families and supporters alike over a sumptuous potluck supper. We were also treated to a beautiful musical tribute by the Glebelles and an impromptu

musical offering by the “Burundi Boys.”

Tom Martin, chair of the FACES Steering Committee, provided some background:

The First Avenue Churches and Community Embracing Sponsorships (FACES) is a partnership between St. Matthews, Glebe St. James, and St. Giles parishes and a Community Group.

- We seek justice by sponsoring and assisting refugees in coming to Canada, supporting them in adapting to life here, and becoming friends.
- We are open to sponsorships regardless of ethnicity, faith, health or sexual orientation.
- We have a committed base of volunteers and donors.

Tom described the FACES sponsorships underway and planned for

the coming year and beyond, thanks to a wonderful network of active support. He also noted that we are planning a significant fundraising campaign in the fall to support existing and future commitments. Said Tom, “I think we all want justice and equality, a chance for every human life to have meaning. All of us want to believe that if we were in a bad situation, someone would help us. We have been honoured to meet and to help you, and we hope this is just the beginning of life-long friendships.”

As our families prepared to head home, they took with them containers of the remaining food, and the kids were thrilled to receive helium balloons and small bags of chocolate.

If you think you would like to join our community in this life-changing work, please contact FACES at refugeehelpstmattd@gmail.com.

Rick Trites, a parishioner at St. Matthew's Church, is on the Steering Committee for FACES (First Avenue Churches and Community Embracing Sponsorships).



PHOTO: MIKE DAVIS

On February 25, members of FACES (First Avenue Churches and Community Embracing Sponsorships) were joined at the St Giles Church hall by seven refugee families it had sponsored.

Walk or run for a new start for refugees!

There are many ways we can show our support for refugees and welcome them into our community. The Ottawa Community Immigrant Services Organization (OCISO) invites you to participate in OCISO's “Run for a New Start” fundraising team of walkers and runners and train for one of the 2 km, 5 km, 10 km, 21 km or 42 km races as part of the Tamarack Ottawa Race Weekend, May 27 – 28.

Our volunteer fundraising team has an ambitious goal of \$20,000 to sup-

port OCISO's increasingly important work with refugee and immigrant youth here in Ottawa. We invite runners and walkers to sign up for our “Run for a New Start” team. Volunteers who commit to raising \$100 will receive one of our distinctive T-shirts!

For registration information, contact OCISO's volunteer coordinator, David Rain at drain@ociso.org or visit ociso.org/run-for-a-new-start.

Thank you for helping refugees and immigrants feel welcomed and supported in our city!

Welcoming Ottawa Week is June 20 to 30

by Suzanne Charest

Ottawa has a great reputation as a city hospitable to newcomers. It is one of six cities in the country receiving top marks for attracting newcomers, according to the Conference Board of Canada in a 2014 report.

This reputation came to life last year when the Ottawa community rallied to welcome Syrian refugees. It has also emerged every year since 2013 during Welcoming Ottawa Week (WOW) when local civic and arts groups showcase our genuine welcome and respect for newcomers by hosting a week of fun and engaging events and activities.

WOW is an annual weeklong series of dialogues, cultural and celebratory events, sports activities, documentary screenings and other fun events held throughout the city in the 10 days leading up to Canada Day. The deadline for registering a WOW event is April 28.

This year, WOW will pay tribute to Canada's 150th anniversary by adding a Celebration of Canada's 150th Anniversary category of events and by offering more WOW days. If you are already planning a Canada 150th event, make it a WOW event by making a special effort to engage immigrants and refugees as participants.

Imagine your street party including a multi-cultural dance performance and international foods, or your book club adding an international best seller or featuring a local author who is also a newcomer? The sky's the limit!

Last year, WOW held 65 events hosted by 43 organizations. Participate by hosting a WOW event and planning to attend the activities.

Together we can make Ottawa Canada's most welcoming city!

CALL FOR NOMINATIONS FOR WELCOMING OTTAWA AMBASSADORS AWARDS

The Welcoming Ottawa Ambassadors Awards was launched in 2014 to recognize Ottawa residents who show respect, kindness and support to new immigrants. The Ottawa Local Immigration Partnership calls on all Ottawa residents who were born outside of Canada and have come to live in Ottawa to nominate people who have been helpful and supportive of their journey to make Ottawa their home and community.

We're looking for Ottawa residents who, in interacting with immigrants or refugees, have demonstrated the humane qualities of openness, positive curiosity, friendship and connection across differences. Please nominate someone you know to be recognized as a Welcoming Ottawa Ambassador by visiting welcomingottawaweek.ca. The deadline for nominations is May 5.

For more information on Welcoming Ottawa Week visit www.welcomingottawaweek.ca or call 613-232-9634, extension 385. You can also follow us on Twitter @OLIP-PLIO or Facebook at OttawaLIP.

Suzanne Charest is communications officer with the Ottawa Local Immigration Partnership.



WELCOMING OTTAWA WEEK

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Adult learners from diverse backgrounds learn about their heritage and culture in an intellectually stimulating, non-denominational environment. Students explore classic Jewish sources, from biblical through contemporary texts, and investigate issues of Jewish thought, practice and Jewish history.

Sample classes at the SJCC: Wednesday May 17

9:30 am–10:30 am or 7:30 pm–8:30 pm

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Spring into Glebe Community Centre

ARTISTS CALL FOR SUBMISSIONS

Emerging and professional artists of all ages and working in any media are invited to exhibit and sell their work for the whole month of May 2017 at the Glebe Community Centre GNAG ARTS show. The show gives local artists exposure and a chance to sell their work. Upon selling, the artist will receive 100 per cent of the selling price. A fun casual-chic vernissage will be held on Thursday, May 4 from 6 to 7 p.m. Admission is free.

GNAG ARTS has been very popular; therefore, we are asking artists to submit one work of art, maximum 2 x 3 ft. (or a diptych equalling maximum size) to ensure variety.

To participate, fill out an application and bring your artwork to the Glebe Community Centre between April 24 and 28. The application form is at gnag.ca under Events or contact Clare@gnag.ca.

SUMMER CAMP JUNIOR COUNSELLOR

Are you energetic, creative and love to play with children? Are you keen to gain some recreational experience while working with kids? Apply to be a Jr. Camp Counsellor with GNAG this summer! We're looking for students entering grades 10 and 11 who are interested in a one-month commitment (either July or August) to work as Jr. Camp Counselors in our summer day camp programs. Send your resume and cover letter to Youth Coordinator Tim Lamothe, at tim@gnag.ca by April 21. Graduates from the Glebe Leadership CIT program or CAT Squad are preferred. This position is honorarium based.

VOLUNTEER AT SUMMER CAMP

Are you interested in volunteering for a week or two in one of our summer camps? Want to help out, work with kids and have the best summer ever? Simply email your resume and cover letter to Tim Lamothe at tim@gnag.ca. Applicants must be 14+ and preference will be given to graduates of the Glebe Leadership LIT program. Application deadline: June 1.

SUSTAINABLE FASHION SHOWCASE

Did you know the average Canadian disposes up to 14 kg of clothing waste per year? Don't throw away someone's prospective treasure; instead feature it amongst fashionable gems at GNAG's first annual Sustainable Fashion Showcase!

Enjoy a night out with friends and source your vintage Vogue fashion on Friday, May 5 from 6:00 to 8:30 p.m. Your \$25 ticket includes admission, a fashion show, access to incredible deals, designer clothes and accessories, pop-ups by local businesses, a drink ticket and delicious light nibbles. Tickets available online at GNAG.ca. All funds raised from this event will support GNAG's summer camp Integration Support Program for children with special needs.



Mary Tsai
www.gnag.ca

We are still accepting quality donations. Various styles and sizes are welcome. Contact Stephanie@gnag.ca for more information.

SOCCER SEASON IS RIGHT AROUND THE CORNER SO SIGN UP TODAY!

GNAG soccer is a fun league for girls and boys together. It is fun, affordable, non-competitive and pressure free. It is also ideal for kids of all levels who wish to team up with friends or make new friends. This 7-week program is coached by parent volunteers and is ideal for children 3 - 12 years and all skill levels. All games will take place at Glebe Memorial Park (Glendale Park) and Chamberlain Field. Don't miss out on playing this very popular sport with your child! Sign up today!

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Spend your Saturdays shredding it up with GNAG's very own mountain bike enthusiasts Colin Woodside and Connor Hutcheson! Each week we'll go to a new trail in the Gatineau Hills and around Ottawa to perfect our technique, learn new skills, and rip it up! And, we've got your transportation covered! No more excuses, no more video games, let's get out and SHRED!

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lost for words

by Ash Abraham Coutu

What does he mean when he says words?

A CNN reporter recently commented that covering US President Donald Trump has been challenging because, “It is hard to figure out what he means when he says words.” It is difficult to tell when the president is full of bellicose bluster or when the words he says will be signed into next week’s executive order. As a lover of language, I find this all deeply disconcerting. I feel an added responsibility these days to equip my students with a kind of reverence for the words they use to express themselves.

The CNN reporter’s comment reminded me of what in English as a second language we call “soft” language. This is actually helpful for business English students who may be perceived as rude by their co-workers for using overly direct speech. For example, one might ask a co-worker, “Are you finished with that report?” Whereas with soft language they would say, “Did you have a chance to finish that report?” This functions as a sort of buffer and is a way to be polite.

I want to encourage my students to be considerate, but I also hope to inspire them to speak with sincerity. Comedian George Carlin once said that, “Soft language takes the life out of language.” He poked fun at common words like *toilet paper*, which some people refer to as *bathroom tissue*, and points out that *constipation* has become *occasional irregularity* and *partly cloudy* is now more often *partly sunny*. Although Carlin himself was notoriously crass, I think he was onto something here. Words and reality are often disconnected. When it comes to the Trump administration, I come down on the side of Carlin when he said, “I tell you some of this language makes me want to vomit. Well not vomit, it makes me want to engage in an involuntary protein spill.”

Ash Abraham Coutu is a Nashville native who has lived in Egypt, South Korea and now Ottawa, where she helps out at the Catholic Immigration Centre and teaches ESL.

Glebe Musings by Laurie Maclean



The Glebe according to Zeus

A GUINEA PIG’S PERSPECTIVE ON THE GLEBE

Glebe Fine Arts Group exhibit held over until April 30

In case you missed this exhibit by four noted professional artists, you will have the opportunity to still enjoy and purchase these wonderful paintings by Denise Guillemette, Cara Lipsett, Martha Markowsky and Tricia Wilmot-Savoie.

The gallery space is located just to the left of the main entrance of the Glebe Community Centre. Continuing to April 30.

Glebe Community Centre Gallery, 175 Third Avenue



New OPP constable embroiled in controversy!

The Organic Parsley Police (OPP) find themselves in hot water after bringing on a new pig to uphold their mandate to maximize the availability of organic parsley in the community. Allegations against Constable Butchie include that he’s been eating the parsley shipments he is assigned to inspect and then falsely claiming he was robbed by raccoons.

“The OPP takes the personal consumption of parsley while on duty very seriously,” explained OPP Chief Nougat, the well-respected indigenous chipmunk who moonlights as a barista. “As soon as these allegations arose, we moved Constable Butchie to broccoli inspection where there is minimal temptation to overindulge due to its bloating effect. The OPP is committed to investigating these allegations! A meeting will be held at the new Ichiban Bakery this Saturday to develop options.”

Roam Vronsky, political pundit pigeon, argues that the OPP’s problem is much graver and systemic: “Who polices the police? This is ridiculous!

What we need is a completely neutral body with no vested interest in vegetation to oversee the whole system. A carnivore, perhaps a dog.”

Vronsky’s inflammatory statements created outrage among the rodent community, that has long been oppressed by carnivores and whose members have been treated like second-class citizens. “Dogs are evil!” squealed Fluffy, a well-loved guinea pig from Fifth Avenue. “Even when on a leash they are endlessly plotting to eat us!!”

The recent debate about carnivores seems to have benefited Butchie, however, whose popularity has soared since the scandal, especially among young piglets. “I hope I can be as fat as Butchie one day. He’s rad!” gushed Picco, a piglet attending First Avenue School who is majoring in leisure studies.

Corporations have also wasted no time capitalizing on Butchie’s rising popularity. GiddyPigs.com is now selling signed photographs of Butchie for \$5, all profits going to Zeus.

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Makita Kitchen Bar brings new Asian food with a twist

by Michael Abbey

Makita – how fitting that it’s at the top (north) end of the Glebe. Makita means *due north* in Japanese. They opened in November 2016, brand new to our vibrant neighbourhood. T. Pham, manager of the restaurant and bar, went to Glebe Collegiate in the late 1990s as well as Glashan Public School on Arlington. “When we first immigrated, we lived in Gatineau, then moved to Ottawa.” The theme of the food at Makita Kitchen Bar, according to Pham, is “new Asian food with a twist; sort of East meets West.”

They have plans to create some new tasty menu items based on popular and established features of Canadian and Asian cuisine. T. Pham walked me through the lunch menu. They have a separate lunch and dinner menu, with some crossover between the two. I found some traditional offerings on the menu, the type of sustenance one might expect at an Asian restaurant. But don’t take anything for granted; remember that *twist*? I asked if there were some way to not deep fry spring rolls, and was glad to hear “It’s something we’re thinking of as well as rice rolls that are not deep fried.” Check out the steam buns, a combination of what you would expect and what you’d think would never be considered in such items. Their octopus (yes, with garlic) is not breaded. Stay tuned for some surprises coming with the arrival of spring.

Pham is committed to using local ingredients. The meat comes from our local Glebe Meat Market, of which I have been a dedicated client since the 70s. Indeed, one of the tabletops in the restaurant may be from a 100-year-old tree that adorned the corner of Renfrew and Percy. All of the black walnut was milled in Dunrobin.

Asian cuisine is relatively new to the Glebe, something that Pham and her people aim to capitalize on. Like many of us who live in the Glebe, she has a soft spot for this part of town (don’t we all?) Once the clientele dis-



PHOTO: MICHAEL ABBEY

Makita Kitchen Bar’s décor features rich wood and marble surfaces, a soothing ambiance in which to enjoy their new Asian cuisine.

covers Asian in the Glebe, the sky’s the limit with what Pham and her staff have planned for Makita Kitchen Bar. *Dim sum* is close to the top of their culinary inclusion list.

The prices are within reach of students at Glebe Collegiate and Makita will do what it can to attract that clientele so geographically close. The prices speak to Pham’s commitment to making the menus affordable for all. Makita is active on social media, especially Facebook and Twitter, getting the message out to the masses.

T. Pham’s enthusiasm is omnipresent, and she is determined that Mikita Kitchen Bar will move with the times as their regular clientele continues to grow. Her staff includes a mix of seasoned veterans in the field and some new people cutting their teeth on this niche in the industry. “We have people who are experienced for 10 years and also new younger people coming in; we are in transition now.” Some of her staff is fluent in Vietnamese. She has hired a dedicated *dim sum* chef, so stay tuned for more in that area.

Makita Kitchen Bar is licensed for 65 occupants. The décor is familiar and rustic. The predominant raw material is wood and more wood. The location at 589 Bank Street is accessible with facilities on the ground floor. After 9:30 a.m., there is lots of paid street parking on Bank and some side-street spots on Pretoria, Strathcona and Patterson.

As the dust continues to settle from the opening four months ago, Pham would entertain a possible catering and private party side for the business. “Stay tuned for some new offerings, and there will be photos online.”

Michael Abbey is a retired high-tech professional who has written about software and other matters, and who now writes the Business Buzz column for the Glebe Report. He can be reached at abbey.fenderpbs@gmail.com or at *Prefer-Majors* on Twitter, or found directing a bridge game near you.

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Bank Street crazy deals during Great Glebe Garage Sale

by Trevor Greenway

When the mainstream media outlets tell you to avoid Bank Street during the Great Glebe Garage Sale, pay them no heed.

If you aren't aware by now, you should be apprised of the fact that Glebe businesses have gotten in on the garage sale fun by staging a one-day sidewalk sale in conjunction with the fabled Great Glebe Garage Sale on May 27, and if you're worried that browsing the neighbourhood shops will take you away from crazy basement deals, you need to pull your head out of the treasure digging sand.

"It's like a treasure hunt. You have to kind of root through it and you're going to get something at 90 per cent off, and it may be a retro find," says Mrs. Tiggy Winkle's general manager Eira Macdonell. The toy store uses the Great Glebe Sidewalk Sale as a spring-cleaning day when they mark down products to garage sale prices to unload stock. Macdonell and crew know that most shoppers during the event are looking for "bargain basement deals" and, therefore the prices must be low otherwise they'll head back down the residential streets. "The 50 per cent off doesn't work; it has to be priced so low that we are almost giving things away."

The Great Glebe Sidewalk Sale has become a bit of a tradition on its own, with dozens of merchants setting up on the street and at Lansdowne every year. And it's not just retail. Capital Barbershop sent their clippers outside for the day and were grooming shoppers as they strolled by. Jewellers



PHOTO: TREVOR GREENWAY

Sidewalk sales on Bank Street are sure to yield crazy bargains during the Great Glebe Garage Sale on May 27.

at Goldart hadn't even opened their Glebe doors yet, but owners Helen, Joanna and Mark Rozanski were down on the pavement raising money for the Sens Foundation. It's this type of community spirit that has completely possessed Glebe businesses to fully embrace the typically 30,000-strong garage sale bargain hunters.

"Much like the Great Glebe Garage Sale, our merchant-driven sidewalk sale has grown organically into something very special," says Glebe Business Improvement Area executive director Andrew Peck. "It's such a great day, both for shoppers looking to score fantastic deals and for our merchants who may be looking to clear out product. A massive garage sale complemented by a sidewalk sale all the way down Bank Street cre-

ates the ultimate shopping destination in the Glebe."

And bargain shoppers get hungry. It's not just retailers that take advantage of the 30,000 people in the area. If you were in the Glebe last year, you may have caught the whiff of hot chicken sandwiches wafting through the neighbourhood courtesy of The Pomeroy House. The Bank Street restaurant isn't sitting on pounds of raw chicken that they need to get rid of, but they do know how hungry Glebe shoppers get throughout the day so they set up outside and sling their signature dish.

"It's definitely one of those days where everyone is out and about and it's bustling and there is a good energy," says Pomeroy House co-owner and front-of-house manager Lindsay Gordon. People come down


early to get the greatest deals and get that awesome find and we just try to take advantage, and people are probably hungry, but don't want to stop."

Other stores like Compact Music, Capital Home Hardware and JD Adam, along with several Lansdowne shops, also offer crazy deals during the Sidewalk Sale.


So, don't avoid Bank Street during one of North America's largest garage sales. Instead, browse, peruse, dig and embrace it. You'll find more than you were bargaining for.


The Great Glebe Garage and Sidewalk Sale runs from 7 a.m. to 3 p.m. on May 27 throughout the Glebe.

Trevor Greenway is the communications officer for the Glebe BIA (Business Improvement Area).




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Big Band is back with a bang!

by John Haysom

The Standing Room Only Big Band (SRO), having held two very popular Sunday afternoon tea dances at the Glebe Community Centre (GCC) last year, is returning this month. We hope to fill Scotton Hall again with dancers enjoying the usual tea dance mixture of swing, waltzes, mambos, cha-chas and tangos as well as refreshments served by the gcCafé.

The April dance will be on **Sunday, April 30** from 1 to 4 p.m. Doors open at 12:30 p.m. and admission is \$15 per person at the door (cash only).

Tea dances are afternoon dances that were popular in the 20s, 30s and 40s when big bands were king. They were generally held in hotels and, of course, always featured a live big band. The “tea” in the name indicates the absence of alcoholic beverages.



Standing Room Only Big Band will play at a tea dance at the Glebe Community Centre on April 30 and at Lansdowne during the Tulip Festival on May 19.

with their instructions. Then, at 8:30 p.m., the full SRO big band with vocalist Pauline Proulx takes over and plays until 11:30 p.m.

Tickets are \$15 (inclusive) online or at the door and include admission to the Lansdowne Park Tulip Gallery, encompassing Aberdeen Pavilion and Great Lawn gated areas, for the entire day, plus free OC Transpo to and from Lansdowne Park upon presentation of your ticket. This is an all-ages event with a variety



PHOTOS: COURTESY OF STANDING ROOM ONLY

But tea dances at the GCC are not the only SRO performances in the Glebe. SRO has played a major role in the opening events of the Tulip Festival for the past two years. Last year’s dance was such a success that the Tulip Festival has decided to make it an annual event and is collaborating again with SRO and the Ottawa Swing Dance Society. This year’s swing dance will be held on **Friday, May 19**, again at the Aberdeen Pavilion at Lansdowne Park. It will begin at 7:30 p.m. with a one-hour swing dance lesson by the Ottawa Swing Dance Society, music provided by the SRO Snippets Sextet, so-called because they only get to play snippets of songs before stopping to let the instructors carry on

of alcoholic and non-alcoholic beverages and food for sale inside the Aberdeen Pavilion. Swing dancers are encouraged to wear World War II period dress, as a number of participants in the World War II Vintage Military Displays in military garb of the era are likely to attend.

Information on Standing Room Only and its performances in Ottawa and Almonte is available at www.srobigband.weebly.com and www.facebook.com/srobigband. Information on the Tulip Festival is available at <http://www.tulipfestival.ca>.

John Haysom is a Glebe resident and a member of the 15-piece big band Standing Room Only.



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Make a splash with your inner mermaid

by Jennifer Hargadon

I stepped out of my apartment on a frigid winter evening and began a chilly walk to the Taggart Family YMCA with a mission in mind. Meet a mermaid.

You might be wondering at this point if mermaids really exist and I can assure you that they do. They might not be animated cartoons or mythical characters in real life. In fact, you could be one too. All it takes is a fin and an adventurous spirit.

I sat down at the Y to chat with Marielle, a 26-year-old Montreal-born mermaid. Marielle has loved mermaids since she was a child and was active in both swimming and dance. One day she decided to create a mermaid-inspired underwater photo shoot. She then discovered Monofin, which is a competitive swimming sport popular across Europe. She had the idea to mix these two concepts together to create Aquamermaid, a swimming school that invites people of all ages and sexes to challenge themselves mentally and physically, and most importantly, have fun. With classes available in Montreal, Ottawa, Toronto, Chicago and Phoenix, it's safe to assume she isn't the only mermaid on the map.

Aquamermaid is a fusion of fitness and swimming that encourages anyone who loves mermaids, likes becoming a character or fancies trying something new to experience a com-



Marielle will teach you how to be a mermaid at the Taggart Family YMCA.

pletely different style and structure of workout. The one thing that surprises people is how physically demanding it is and how fast they can maneuver underwater. "It's always unexpected and surprising to people how much wearing the fin propels them in the water," she comments. "The classes will target your abs and glutes as well as your breath control, which is very important for underwater swimming."

Don't worry about being an Olympic-grade swimmer either. Marielle suggests that being comfortable with the basics of swimming is all that is required; you will need to be able to swim a lap on your own without help. Each class begins with a swim test to see if participants need assistance. If so, lifejackets are available. If a group class isn't what you had in mind, Aquamermaid also offers classes for private parties such as birthdays, bachelorettes, or a fun day with friends.

I was curious to know who attends. "I would say that 60 per cent of the attendees are little girls who abso-



PHOTOS: JENNIFER HARGADON

Twins Grace and Olivia celebrate their 13th birthday by trying out mermaid fins.

lutely love mermaids and dream about becoming one," Marielle explains. "I love this, because it encourages girls to try sports and become involved in them. It's a dream come true for them to become a mermaid, but it's a very physically demanding activity that both kids and parents can benefit from." The other 40 per cent is a mix of women, ages 20 to 30, who have loved mermaids from childhood. They relish the concept and no matter how much fun they are having, they feel they finally have permission to indulge since it is classified as a sport. Don't worry fellas; there are mermen about at the YMCA. Marielle notes that men are shy about trying the courses and soon realize they are more difficult than expected.

After our chat, I was invited to watch a class in action. About 10 girls were picking colourful fins from a row. While the girls participated in their initial swim test, I had the chance to speak with Susan who organized an Aquamermaid class for her twins'

13th birthday party. "The course sounded really fun and different, and I am always looking for something unique for the girls to try." Her twins, Grace and Olivia, were beaming. "Are you having fun?" I asked. The girls nodded furiously and got back to swimming with their friends.

Sabrina was another mom who was there with her 10-year-old daughter Madison. They have been coming on Saturdays. "Its never a fight for her to come to a class," Sabrina explains. "She is really enjoying the classes and getting extra physical activity on a Saturday night is great. She looks forward all week to the classes and can't wait for the next one."

If you're up to testing your strength and trying something new, Aquamermaid classes are held year-round at the Taggart Family YMCA at 180 Argyle Avenue. For more information, visit www.aquamermaid.com.

Jennifer Hargadon is a writer and Glebe resident.

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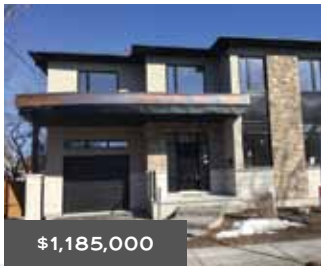
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Umbilical cords are a lifeline in more ways than one

by Emily Brascoupe-Hoeffer

Growing up I was always encouraged to be involved with my community. My step-dad, Sgt. Brent MacDonald, was involved with the Bruce Denniston Bone Marrow Society and was matched and donated his stem cells through the Canadian Blood Services OneMatch registry. His story appeared in the December 1999 issue of the *Glebe Report*.

Through his involvement with the society I learned that your best chance at finding a match is within your own ethnic group and I was surprised. Being a bi-racial First Nations person I saw how important it was to get the message out and encourage other First Nations and Indigenous people to consider registering. Indigenous people represent only one per cent of Canadian Blood Services' OneMatch registry.

So, what does that have to do with the Cord Blood Bank?

My step-dad let me know of plans to establish a National Public Cord Blood bank when I became pregnant in 2012. I was interested in learning what it would involve in terms of making a donation. It did not take me long to decide that donating our son's cord blood was something I felt strongly about, especially since our family represented an interesting ethnic diversity. Our children are First Nations, Irish, Austrian and Chinese.

Thousands of Canadians are in need of an unrelated stem cell donor on any given day and many of these



PHOTO: SHEILA POCOOK

Emily Brascoupé-Hoeffer donated her sons' cord blood to the Canadian Blood Services' Public Cord Blood. The babies received thank-you white hats from Canadian Blood Services.

patients are from ethnically diverse backgrounds. Approximately 50 per cent of patients who need an unrelated stem cell transplant are unable to find a match because of

the diversity in Canada, especially for Indigenous people, which I see represented in my children. Gaps in various ethnic groups in the registry mean that individuals are unable

to find a match.

Cord blood and afterbirth are generally discarded as medical waste. Through the establishment of the Canadian Blood Services' Public Cord Blood Bank we had an opportunity to make a difference by donating our son's cord blood, which is pretty incredible.

Countless lives have been saved through the work of Canadian Blood Services' OneMatch registry and I think the work of the Public Cord Blood Bank is going to build on those successes and create even more opportunities to save lives. I feel proud that my family is a part of that. Our second son was born in November and again we donated his cord blood. I imagine the joy and relief another family would feel if they found out my child's cord blood was a match. I see the donation of my children's cord blood as an example of giving for them, their first act of kindness, and hope that it will be the inspiration to continue being involved with Canadian Blood Services OneMatch Registry and one day with the Public Cord Blood Bank. Both boys received white hats from Canadian Blood Services to thank them for their donation.

Emily Brascoupé-Hoeffer is a mother of two who grew up on Holmwood Avenue in the Glebe, where she learned about stem cell donation and the CBS Cord Blood Bank from her step-dad, Brent MacDonald (see *Glebe Report*, January 2017, p. 17).

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FURY

Protecting our planet, one book at a time

by Seema Akhtar

Most 11-year-olds don't have much to include on a resumé. Not so for Jona David. At 11, Jona is a United Nations (UN) Child Ambassador for the Sustainable Development Goals (SDGs), an advocate for children's rights and an avid eco-scientist. He is a student at The Element High School, a chorister in the St Matthews boys' choir, a maths and science prize winner and big brother to Nico, 8, who is also a UN Child Ambassador for the SDGs. Jona is also an international public speaker who has spoken on child rights in cities all over the world including at UNESCO's Conference on Global Citizenship Education in Ottawa in March 2017, at the UN's Convention on Biodiversity in Mexico in December 2016 and at the UN Children's Summit in New York in 2015, to name a few. And Jona is a writer, an award-winning UN Child Author no less, with three books already published and a fourth, *The Cosmic Climate Invention*, in the works. Jona proves that children can make a big difference in our communities and in the world.

Jona got his start in writing by having to overcome adversity. He was diagnosed at seven with dyslexia. His reaction? To grit his teeth and memorize the 8,000 most common words in the English language. Then Jona wrote a story when he was only eight to prove he had overcome the challenge. That story went on to win an award, and a writer and activist was born. "All of my stories are about saving our planet, promoting eco-education and using science and technology wisely,"

says Jona. The stories, which are told through the adventures of an eco-inventor boy and his little brother, are published by the UNESCO Voices of Future Generations Children's Book Series. The first book, *The Epic Eco-Inventions*, is about a mad genius eco-inventor boy who secretly creates amazing inventions as birthday gifts for his little brother but is too afraid to share his talent. But the eco-inventor gains the courage to share his creations with the world after defending his little brother against a bully. Jona's second book, *The Great Green Vine Invention*, begins with a garbage crisis threatening the town where the boys live. A pet dragon plant, a flying hybrid car and a Great Green Vine invented to eat garbage, that gets out of hand and starts eating useful things too, all feature in the boys' attempt to save the day!

The third book, *The Mechanical Chess Invention*, is about an evil inventor who uses peer pressure and dangerous plastic "battle robot" toys to take over the world. As always, the eco-inventor and his little brother use a special invention to defeat the evil inventor in an epic battle. Jona's books raise awareness of the UN Sustainable Development Goals: tackling issues from education and innovation to climate action and sustainable consumption. But they also deal with issues that affect many young people today, such as having the courage to be yourself, stopping bullying and resisting peer pressure. We may also have to add inventor



PHOTO: LIZ MCKEEN

Jona David with his three books, at the recent Kaleidoscope Kids' Books launch of his latest title, *The Mechanical Chess Invention*.

to Jona's resumé as he has actually created blueprints for each of the creative inventions that appear in his books. "I figure out what materials are needed to build it, how it works and everything. I have a huge portfolio at home with drawings of all the inventions. Each invention has a real purpose. They share future aspects of science with us and help us protect our earth." Who knows? Perhaps one day we will see a great green vine that eats garbage or an oyster mushroom that bio-accumulates pollution!

But for the moment, Jona is focusing on raising awareness of the SDGs and the need to protect our environment. "It's really important that all children around the world—rich or poor, no matter where they live—have a sustainable future. If we carry on consuming and polluting, our ecosystems and all our resources will burn out. If highways, rubbish and oil spills take over, animals and plants will be miserable and ill. If we let climate change get worse, many people will be hurt or even die in floods and typhoons. That's why the SDGs are so important and I believe that children can help." So, are you inspired yet? Ready to take

action to help save the planet? Jona and his brother, Nico, have a few suggestions to get you started:

Tell everyone about the SDGs. Blog, make posters, paint murals, make music, dance and drama, start a radio show, or you can even write books yourself!

Help change your school! Start eco-clubs, reduce, re-use and recycle, adopt global citizenship education, and plant rooftop or community gardens.

Call for renewable energy, more green spaces and sustainable transportation. Take action against air and light pollution. Save endangered species. End poverty!

"Our own survival and the survival of all future generations is at stake," says Jona. "It's urgent. Children can raise awareness about the problems but they can also be part of the solutions. Children can make change happen, locally and globally."

Seema Akhtar loves writing and painting. Some of her work will be showing at the Shanghai restaurant from March 30 – April 30. Her website is seemaakhtar.com.

Jona David's books are sold at Kaleidoscope and Chapters in Canada, on Amazon, in UN bookstores internationally and are available as free downloads at www.vofg.org. Jona also recently signed with a commercial publisher, Bloomsbury in London (who publish the Harry Potter books!). All royalties will go to the UNESCO children's charity project.

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Tempo, tempo! The Ottawa Baroque Consort

by Jacquie Surges

The Ottawa Baroque Consort (OBC) invites audiences to listen to and learn from *So You Think You Know: All About the Tempo*, the final performance in the orchestra’s 2016 – 2017 subscription series. The presentation is a unique concept that involves a light-hearted talk exploring baroque tempo followed by a concert that highlights what was discussed.

All About the Tempo will take place one night only, Saturday, April 29, 2017 at 7:30 p.m. at Glebe St. James United Church. It is the fourth year the ensemble has done an audience challenge concert.

The idea for the show came to Olivier HENCHIRI, OBC’s artistic director, after explaining the concept of baroque fugue to a friend, who was astounded. “I noticed that people like hearing musicians’ points of view on the music that they play.” HENCHIRI believes that concert goes “enjoy the challenge of listening to music

from a new angle.” This is why he’s dubbed the presentation “an audience challenge concert.”

“This isn’t an academic presentation by any means,” he explains. “It’s light-hearted discussion with anecdotes or colourful stories, both historical and modern.”

The orchestra will perform three mystery pieces in the second half of the show. While HENCHIRI wouldn’t reveal the exact program, attendees can expect to hear some Corelli, Vivaldi, Handel, Louis Couperin and several lesser-known composers.

The Ottawa Baroque Consort was formed in 2005 as a chamber ensemble and in 2012 the group grew to a full orchestra. As a baroque orchestra, OBC performs on period instruments, either originals or faithful copies from the baroque era, approximately 1600-1750 C.E.

“The baroque period is full of fascinating stories,” says HENCHIRI. In their March production, *The Cloth*

Merchant, the orchestra was joined by acclaimed Ottawa actor Pierre Brault to tell the story of Antonie van Leeuwenhoek, the Dutch businessman commonly referred to as “the father of microbiology.”

HENCHIRI settled on the topic for *All About the Tempo* while reading an 18th century text by Johann Joachim Quantz, a renowned flutist and baroque composer. “The author scolded the then newly invented metronome as a useless contraption. It’s all it took to pique my interest.”

While *All About the Tempo* is the final performance in this season’s

subscription series, OBC will perform again on May 26 and 27 alongside Seventeen Voyces. The chamber choir is staging a production of *Venus & Adonis*, a mini opera by John Blow, featuring soprano Bronwyn Thies-Thompson as Venus and Joel Allison as Adonis.

Tickets for *All About the Tempo* can be purchased on the orchestra’s website at www.ottawabaroque.ca.

Jacquie Surges is a journalism student at Carleton University and works as the communications manager for the Ottawa Baroque Consort.

Best Buddies



Chris’s best buddy Charlie is a great doggie that he found in a junkyard abandoned lot from their home in Chicago. She is turning 21 years old this month, and is full of energy – she chases other dogs and squirrels and even people in the parks here in the Glebe. Many people know her and her legacy.



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Andrew Ager talks about Vimy and his music

Interview by Robin Nelson

Canadian composer Andrew Ager conducted "The Unknown Soldier" at the Canadian War Museum on April 9 for the 100th anniversary of the Battle of Vimy. I had the opportunity to listen to Andrew's music recently at Southminster United Church on Bank Street where he occasionally spends a morning playing on the historic Heintzman grand piano (once played by Sergei Rachmaninoff) and to ask him about his music.

RN: Since you live in Rockcliffe, this seems like a far way to travel to play the piano – why here?



Andrew Ager's composition "The Unknown Soldier" commemorating the Battle of Vimy Ridge was performed April 9 at the Canadian War Museum, to much acclaim.

AA: Roland Graham, a colleague of mine, is the artistic director of the renowned Music at Southminster series. He's got a huge audience turning out each week for his Wednesday shows; it's quite something. Now and then I head down to spend a morning playing the piano before I have a coffee at the Black Squirrel Books and Espresso Bar. Sometimes one sees Matthew Larkin driving by.

RN: Looking out the window, we can see the Mayfair Theater where your opera, *Führerbunker*, was performed last year to critical acclaim. You've also had other pieces performed regularly here and abroad.

How do you usually start composing?

AA: It is pure fancy. An idea comes to mind; you're walking along, you're in the shower, you're talking to someone and ideas come in from the side. Then, you follow up on it.

RN: Where were you when the idea for "The Unknown Soldier" came?

AA: I was writing arrangements of pop songs from that time (1910-1920) and it brought me into that era. Then I realized that what seems so long ago for us was their present. So I wanted to paint a picture of how I felt going back to that time.

RN: Tell me more about your inspiration for the work.

AA: Both my grandfathers were veterans of the First World War and my father was a veteran of the Second World War. These wars were always in the background of our childhoods, as baby boomers. My grandfather, who saw action at Vimy, was also a professional musician. I wrote this piece more or less in memory of him.

This music and the words of "The Unknown Soldier" take the listener back to the time of the Great War and invoke the era and the sentiments of the soldiers who fought on both sides in that conflict. I find this theme haunting and I wanted to express it. It is a kind of nostalgia for me. Audiences at the premiere performances in Toronto last year were moved to tears.

RN: The April 9 performance of "The Unknown Soldier" involved local musicians that you handpicked yourself. Who was performing?

AA: The work is for choir, chamber orchestra and baritone solo.

Let's start with the choir. It was 35 of the top singers in Ottawa. It was fantastic already at the rehearsals. We filled LeBreton Gallery with music. We had a chamber orchestra of wind and band instruments, and lots of drums. These were top-end freelance players in Ottawa. The baritone soloist, Gary Dahl, has a voice like a god and it filled the space.

The performance also included five readers from the Ottawa area, one of whom is Kevin Reeves, conductor of Seventeen Voyces, and whose

grandfather was a Vimy vet. He read from his grandfather's war diaries.

The bugle that was played at the dedication of the Vimy Monument in 1936 was played to signal the start of the show. Ottawa trumpeter Alan Ridgeway owns it.

RN: Were there other people involved in the event?

AA: We had an amazing team putting the concert together, organized by the Friends of the Canadian War Museum. Before the main concert, OrKidstra played in the lobby. We also had CBC's Lucy Van Oldenbarneveld as the host and the eminent Canadian historian Margaret MacMillan, C.C. gave a talk on Vimy to set the stage – all of this in a space dedicated to the theme of historical conflict.

RN: The LeBreton Gallery is a large space with tanks in the Canadian War Museum. Considering that the setting can influence how music is heard and experienced, how important was this at the April 9 concert?

AA: It added to the atmosphere of the piece. I could not think of a more appropriate place for it unless it was at Vimy Ridge itself.

RN: Any last thoughts on "The Unknown Soldier"?

AA: The piece will be performed in November 2018 as part of the centennial of the armistice in the United States. Plans are also underway for a repeat performance in Ottawa. I think it's going to become Canada's go-to piece for Remembrance Day.

Robin Nelson is a music lover who works at the Canadian War Museum.

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Glebe April 2017

Gil's Hootenanny

– the legacy of Gil Levine

by Kathy Kennedy

When Gil Levine died at 85 in 2009, the three words “plan a hootenanny” in his obituary started an Ottawa tradition. Gil’s Hootenanny, now in its eighth year, keeps getting stronger as it brings more people together to sing. This annual celebration of the collective power of song is held each year on May Day and was inspired by Gil, founding director of research at the Canadian Union of Public Employees (CUPE). He was a great lover of folk music and supporter of folk musicians. Gil demonstrated his love of folk music in many ways, including hosting annual hootenannies at home for decades.

Gil’s daughter Tamara Levine who lives in the Glebe cites Pete Seeger and Phil Ochs among Gil’s favourite singer-songwriters and the Hootenanny always celebrates these musical giants with a song or two. Tamara notes that Gil’s connection to Pete Seeger was particularly strong. Gil co-produced a Pete Seeger concert in Ottawa in 1957 with friends Harvey Glatt and Max Sternthal at a time when Pete was blacklisted in the United States. Helen Levine, 93, who grew up in the Glebe, remembers how “they each scraped \$25 together to rent the hall, which wasn’t easy for us back then.”

Gil’s Hootenanny is also making a major contribution to Canada’s hope and protest songbook through its annual sing-along song-writing contest. Tony Turner’s winning song “Harperman” went viral in Canada and beyond in 2015 after he was suspended from his job at Environment Canada. The song was even featured on *The Daily Show* with Trevor Noah. Many believe Turner’s song had an impact on Canada’s 2015 federal election and Turner received a 2016 Spirit of Folk award from Folk Alliance International for the song.

Ottawa’s Moonfruits, the dynamic duo of Kaitlin Milroy and Alex Mil-laire, will headline the Hootenanny this year. The celebratory sing-along will also feature Mark Evenchick, the Hootenanny Band (The Elizabeth Riley Band) and the winners of the 2017 song-writing contest. Karen Flanagan McCarthy and Tony Turner will be emcees for the evening.

Gil’s vision of a better world included bringing people together to celebrate and share the stories, struggles and victories of working people. It is therefore fitting that Gil’s Hootenanny has evolved into a fun, energetic sing-along that celebrates the power of song to change the world

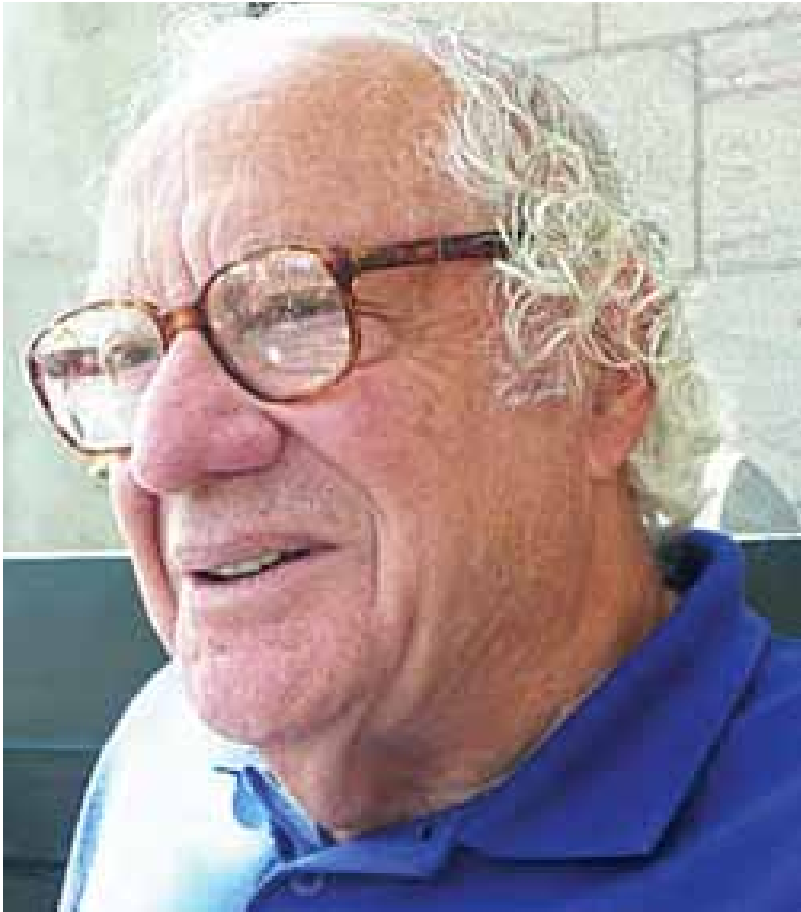


PHOTO: MARGOT LOVEJOY

Gil Levine inspired the annual Gil’s Hootenanny, a sing-along in celebration of folk music and songs of protest. This year’s Gil’s Hootenanny will be held May 1 at the RA Centre.

and the contributions of one man to make the world a better place.

The 2017 Hootenanny will take place on Monday, May 1 at 7:30 p.m. in the Clarke Room at the RA Centre, 2451 Riverside Drive. The RA Centre is accessible, has loads of parking and is well serviced by OC Transpo. Tickets are \$10 (kids are free). Tickets are available (cash preferred) at Metro Music, 695 Bank St. at Glebe Ave.

(613-233-9688) and Octopus Books, 116 Third Ave. west of Bank St. (613-233-2589). Tickets will also be available at the door or they can be purchased on-line at www.rasputins.ca.

Kathy Kennedy is active in promoting and protecting the wellbeing of Ottawa’s downtown neighbourhoods and is on the organizing committee for Gil’s Hootenanny.

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Unspoken, by Larry McCloskey

Book Review by JC Sulzenko

There's a tiny dog on the top of the page of *Unspoken*, Ottawa writer Larry McCloskey's 2016 novel for young adults. The image brands the book as the newest offering from Dog-Eared Books, the publishing house that McCloskey co-founded last year.

I admit I am not in the target demographic for this story about gifted 14-year old Siobhan and her single parent, single minded, marathon-running father. I qualify as a reviewer, though, because I grew up in a household where communications between generations were not always the best. As a parent, I experienced situations not unlike those in which the book's characters interact and practise "the unrefined art of communicating." In fact, it is the potential for "messages," whether overt or gleaned from behaviour, to create miscues and leave wrong impressions that gives this novel its heart and appeal.

The book is an easy and well-presented read. The story focuses on Siobhan, who worries about what other people may think of her, and on her taciturn father, Sean, who runs like a madman and always has finished second in the local marathon. The way he collapses after each race

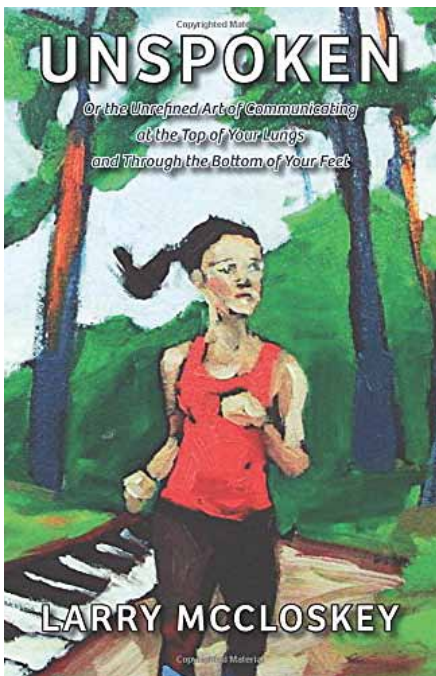
leads her to obsess about his fitness to continue, now that he's 40. Siobhan thinks he could die from the effort.

The shadow of her mother's abandonment when Siobhan was small in part explains how she relies upon neighbours Linda and husband Paddy for the companionship, feedback, and positive reinforcement she finds her father unable to provide. That absence also underlies her wish for Sean to find someone to love and marry so that Siobhan would gain a mother and eventually a sibling to complete the family.

Unspoken follows Siobhan as she navigates conflicting feelings and

"I knew dad was telling the truth as he knew it, and I knew he was talking to me, really talking, in a way he had never done before."

anxieties about her dad, about running, about music and about herself. She's obviously intelligent, strong willed and yet vulnerable to the self doubts that plague many teens. The book touches on coming-of-age challenges such as fitting in, bullying and belonging. Happily, drugs, sex and rock-and-roll do not come into play, although a piano recital and Thanksgiving Day race propel the story forward.



Siobhan's character evolves during the story on a number of levels. In particular, she has difficulty in accepting her father's devotion to running until she realizes that she feels less anxious while she runs and she learns to accept her own competitiveness and who she is. Sean also undergoes a transformation from a loving but largely distant and frustrating man into a hero on both big and small scales.

Frankly, I don't want to give away more of the plotline in this review.

Some of what happens to bring Siobhan and her father from talking past each other to a more open and positive relationship may feel a bit predictable at times as they each act independently to surprise each other. Nonetheless, as the action built toward the climax, the story's momentum and tension drew me in and on.

The novelist captured the focus and drive of competitive runners in such a compelling way that I raced through the last chapters to find out the outcome. Even though I had sensed how the story might end, I came away satisfied and delighted by some surprising elements in the reconciliation of father and daughter, and of music and athleticism.

JC Sulzenko is a Glebe writer and poet featured in the Nancy Drew Anthology, published by Silver Birch Press (California) last year. Her award-winning centos appeared in The Banister anthologies (2013, 2016) She curates the "Poetry Quarter" for this paper and sits on the selection board for "Bywords."

Larry McCloskey, *Unspoken; or the Unrefined Act of Communicating at the Top of Your Lungs and Through the Bottom of Your Feet*. Ottawa: Dog-Eared Books, 2016. www.dog-earedbooks.com. Available from amazon.com or from the author at larryjohnmcc@gmail.com.



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Treespiration – seeing Glebe trees through the eyes of two artists

by Jennifer Humphries

Trees are iconic. I see them everywhere since I began writing about them for this column: real trees, graphic representations and shapes that resemble trees. As well as being beautiful, trees are an amazing source of artistic inspiration. Their influence is pervasive, expressed both in art that directly addresses them and in art that integrates arboreal elements.

The Wild Oat Bakery and Café displayed several beautiful paintings of trees in January by local artist Kelley Cloer. Many Glebe residents know Kelley from his 14 years as an art teacher at Glebe Collegiate. He retired in 2014 but keeps very busy painting and teaching evening classes at the Jack Purcell Community Centre (see <http://jpca.ca/programs/watermedia/>). I met with him at The Oat to ask how trees inspire his art.

Cloer grew up in the Texas Panhandle, which is flat, dry and largely bereft of trees. But he spent time hiking in creek-carved canyons bordered by beautiful cottonwoods and junipers. So began a lifelong passion for trees and forests. He finds inspiration in the Ottawa area, Gatineau Park, Bancroft and the Rideau River at Brewer Park – a hidden gem. He feels that there is a deep life force in trees and that a walk in the woods renews our connection to it.

Trees conjure literary artists too.

Albert Dumont is an indigenous spiritual, social and environmental leader. He received the Dream Keepers Citation for Outstanding Leadership in January, an honour given annually by Black History Ottawa. He is also a poet, writer, storyteller and artist.

Dumont's poetry and short story collection *Of Trees and Their Wisdom* captures the spirit of the woods. It is an entrancing literary dive into nature. Through words we are guided to age-old beliefs and impelled to seek out our own natural place to be refreshed and renewed.

Dumont told me the story of how he became a poet during his years living on Fifth Avenue. He celebrated five years of sobriety in 1993 by writing a poem – his first. He gave it to his

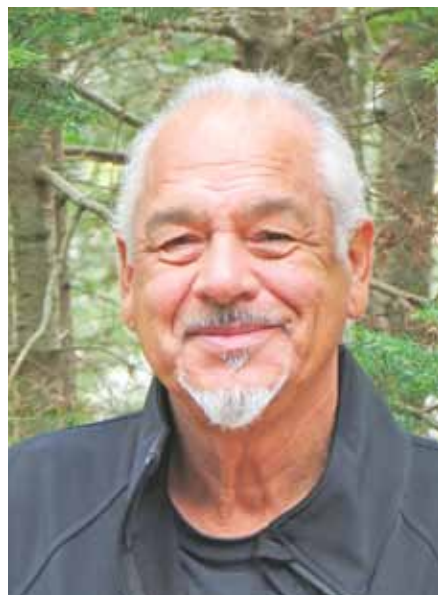


PHOTO: COURTESY OF ALBERT DUMONT

Albert Dumont is an Indigenous leader, poet, writer, storyteller and artist inspired by trees.

children who were so delighted with it that they showed it to their teacher at Corpus Christi School. The teacher recognized the poem's beauty and asked Dumont's permission to share it with the editor of the *Glebe Report* at the time, Inez Berg, who published the poem, thereby launching his poetic career.

Canada's indigenous people have a spiritual connection to trees and forests, so it was natural for Dumont to write about them. Trees also provide emotional and spiritual sustenance. "They stand with us spiritually," Dumont says. He is deeply concerned about our country's complacency about our forests. Much work needs to be done, urgently, to preserve our native species and natural lands if we

really want to ensure that this heritage from our ancestors becomes the heritage of new generations.

With Dumont's permission, we reprint (at right) "Speak Softly Again," a poem that speaks to our history and future and the regenerative power of the forest. For more about Dumont and his poetry, see <http://albertdumont.com/>

Diana Beresford-Kroeger, who resides south of Merrickville, is an international leader in the world of tree knowledge and in the fight to save what is left of our vast tropical and boreal forests. The documentary *Call of the Forest: The Forgotten Wisdom of Trees* is showing at the Bytowne April 12 to 15. See <http://calloftheforest.ca/> and <http://www.bytowne.ca/movie/call-of-the-forest>.

The Bytowne is also featuring *Citizen Jane: Battle for the City*, presented in cooperation with Jane's Walk Ottawa-Gatineau, the story of Jane Jacobs and her fight to keep cities organic and liveable and to prevent the paving of paradise that Joni Mitchell sang about. Showing April 28 to May 2. See <http://www.bytowne.ca/movie/citizen-jane-battle-for-the-city>.

Jennifer Humphries is a member of the Glebe Community Association's Environment Committee which, in cooperation with Ecology Ottawa, is promoting the planting of 150 or more new trees in the neighbourhood in 2017. Write to Jennifer at environment@glebeca.ca. See us at our **Old Home Earth Day Event**, April 22, 10 – 3 at the Glebe Community Centre.

Note: Please help *Trees in the Glebe* track our progress by registering your new tree or suggested space on public or private property at <https://goo.gl/forms/377NATtd2O4ia4v2>.

Speak Softly Again

By Albert Dumont

Long ago, before this land
Was called Canada
The tree sprouted from the soil
It rocked and waved
And spoke softly to all around it
Many seasons passed
And it rose towards the clouds
Obeying natural law each and
every moment

Old now
It is slowly dying
Its bark loose here and there
Its branches dead here and there
But there is still life
And the tree speaks softly again
To all around it.

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Of Trees and Their Wisdom.



PHOTO: JENNIFER HUMPHRIES

Kelley Cloer at the exhibit of his tree-inspired artwork at The Wild Oat in January



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Ottawa Market Update

March Resale Market Goes Out Like A Lion!

- 1,485 residential properties sold through the Ottawa Real Estate Board's Multiple Listing Service in March 2017. An Increase of 28% over March 2016.
- 50 properties in the Ottawa area have sold over \$1 MILLION in the first quarter of 2017, compared to only 22 in the first quarter of 2016.

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Lori Victor, installation artist

by Karen Bailey

Artist Lori Victor is no stranger to challenges both in her life and her art. But in the manner of a good alchemist, she's converted her challenges into creative milestones. An insatiable curiosity for life that includes world events, politics, and the environment shapes her journey and is reflected in her work.

Lori began painting in the 90s at the Ottawa School of Art during her past career as a graphic designer and considers former instructor Blair Sharpe to be a mentor. She was inspired during a physically demanding hiking trip in the Canadian Rockies in 2004 to create a stunning series of landscape paintings that catapulted her into the world of abstraction.

Reflecting that "life is short," she made a commitment with husband John van Mossel to pursue her art. Lori entered the Bachelor of Fine Arts program as a mature student at the University of Ottawa. Lori says, "It was me and the 19-year-olds," and adds, "They were absolutely great." While studying, her artistic practice expanded as she experimented with installation work, an organic extension of her painting.

Taking the next step, she rented studio space six years ago in the Rectory Art House, a former Catholic rectory next to the majestic St. Brigid's Centre for the Arts. Lori joined a maverick group of installation artists, a graphic design studio, painters, and a jeweller who share Lowertown's premier studio.

Examples of Lori Victor's installation work shown over the years at the Rectory as part of Nuit Blanche Ottawa-Gatineau include: *The Iceberg Project*, a

giant iceberg spilling out of the second floor of the Rectory; *How Would Mary Feel?*, an installation of 120 framed hand cross-stitched derogatory words that are commonly used in society to describe women; and *Cut-outs*, a gallery filled with over 4,000 hand-cut paper dolls hanging from the ceiling and their remnants left on the floor, which helped to bring attention to the reported over 4,000 Aboriginal children who died while attending residential schools. Lori collected many used hockey sticks from her neighbours in the Glebe in 2015 to create an installation entitled *Object of Speculation*.

Lori Victor skillfully packages demanding themes with her exquisitely constructed, accessible installations. Their beauty draws in the audience before immersing them into some of the tough issues we face today, provoking reflection and generating dialogue.

Lori received the first Nuit Blanche Ottawa Gatineau Tontine Award in 2015 for "her engaging and important work that continues to question our cultural history, identity and sense of respect for the environment."

Now Lori is celebrating another creative achievement. In February she graduated from the Master of Fine Arts program at Vermont College of Fine Art in Montpelier, Vermont. Seeking a new experience but not wishing to be away from her husband and the Glebe for two years, she chose Vermont, a college offering an impressive long distance program. She commuted several times a year for critiques, exhibitions and lectures, whilst painting and creating installations from her Rectory studio under the guidance of Canadian mentors



PHOTO: COURTESY OF LORI VICTOR

Artist Lori Victor



"Object of Speculation," installation by Lori Victor

approved by the Vermont institution.

Ottawa audiences can see Lori Victor's recent MFA graduation work *Will She Ever See A Moose?* at *Mélange*, a group exhibition by Rectory artists, St. Brigid's Centre for the Arts, 310 St Patrick Street in Lowertown. The show kicks off with a vernissage on Tuesday, May 2, 5 p.m. – 9 p.m. and continues until Saturday, May 6. Website: www.lorivictor.com

Curator Dale Smith has selected paintings, installations and videos from seven Rectory artists for presentation in the Kildare Room. *Mélange* refers both to the storied 150 year history of the mixed inhabitants of Lowertown and to the divergent work of the following artists who create from the Rectory Art House on Murray Street in present day Lowertown: Tiffany April, Karen Bailey, Gwen Frankton, Sharon Lafferty, Jeannie Polisuk, Karen Rasmussen and Lori Victor.

With an MFA tucked under her belt,

Lori takes a deep breath as she prepares to plunge into her next challenge. She is destined to convert that new challenge into gold with her foresight, determination and talent.

From heraldic painter to war artist, Karen Bailey's career spans three decades, including an official portrait of the Governor General of Canada.

Mélange

May 2 – 6, 2017

Vernissage: Tuesday, May 2,
from 5 – 9 p.m.

Hours: Wednesday, Thursday, Friday
11 – 5, Saturday 10 – 1

Kildare Room,
St Brigid's Centre for the Arts,
310 St Patrick Street,
Cumberland Street entrance
therectoryarthouse@gmail.com
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Mesir wat: the people’s choice at Hareg Veggie and Coffee House

by Marisa Romano

Before retiring from my job, a colleague of Ethiopian origin gave me a bag of red powder. “This is *berbere*,” she said, “a blend of 15 spices, the flavours of our Ethiopian cooking.” Then she described how to use it to prepare *mesir wat*, a spicy hot lentil dish, one of the many tantalizing stews with lamb, goat, chicken, lentils, eggs or vegetables, which is typical of Sub Saharan cuisine. Berbere was my retirement gift, something I could use to play with in my kitchen.

I tucked the bag away and forgot all about it until recently when I feasted on a variety of dishes offered in the unpretentious and vegan-friendly Ethiopian buffet at Hareg Veggie and Coffee House. Then I was ready to give berbere a try.

I sat with Wondwossen Assalahun (Wond), the owner of Hareg, for a chat about Ethiopian cuisine in his restaurant located at 587 Bank Street.

Ethiopian cuisine has its own unique flavour influenced by the many cultures that reached Ethiopia from the sea with the commercial exchanges that sustained the local economy for centuries. Local grains and vegetables are the basis of every dish. In fact, Ethiopian food has been described as the “ultimate live-off-the-land food.” When spices first arrived with the



Mesir wat is a spicy red lentil stew from Ethiopia.

merchants, locals started using them to enrich traditional dishes and create new ones. The result is a zesty mix of Middle Eastern, Indian and Asian flavours that characterize the spiciness of the basic sauces that are the very soul of the typical wats (stews).

“What do people go for?” I asked Wond, pointing at the buffet. “The most popular dish is the lentil stew, mesir wat,” answered Wond, a successful accountant who is working hard to realize his dream of being a business owner. I am not surprised as that is what I always go for when I stop by. I asked him for the secret of his perfect recipe. “The spices imported directly from Addis Ababa and prepared by my mother in the restaurant’s kitchen, and no use of tomato.” Then Wond ran into the kitchen and came back with a large vat of a very fragrant red-brown sauce, the basis for the stews.

Once at home I looked for recipes for mesir wat. All of them had tomatoes on the list of ingredients. I also had a chat with my Ethiopian connections to verify the cooking procedure. They all use tomatoes! I tried anyway, with tomatoes. The result is a very savoury dish that my family

really likes and asked me to keep in our recipe box. I served the wat with *injera*, Ethiopia’s national bread, a flat “pancake” made from fermented *teff*, an Ethiopian gluten-free grain, and wheat flours. Injera is used to scoop up and pinch the food that is traditionally eaten with bare hands. Mesir wat is nice on rice as well.

Back at Hareg, Wond’s buffet offers much more than his very special mesir wat. Vegetarian dishes and gluten-free injera are available during the week. Stews with meat and eggs are additions to the vegetarian buffet on weekends. If you stop by, do not miss the coffee, which is roasted, ground and brewed in front of you. After all, Ethiopia’s plateau is where coffee originated and Wond can tell you all about that.

Both berbere and injera can be found at Tizita Injera Bakery located at 365 Booth Street.

Marisa Romano is a foodie and former scientist who promotes the nutritional benefits of pulses (peas, beans, lentils), and is the prime instigator of the Glebe Report’s Kitchen to Kitchen recipe exchange.



Hareg Veggie and Coffee House offers a vegan-friendly Ethiopian buffet, featuring mesir wat.

MESIR WAT (SPICY RED LENTIL STEW)

- Ingredients:
- 3 - 4 tablespoons olive oil
 - 1 medium onion, finely chopped
 - 3 cloves fresh garlic, finely chopped
 - 1 heaping tbsp berbere spice (more if you like your food very spicy)
 - 1/2 can tomato paste (about 2.5 oz.)
 - 1 1/2 cups dry split red lentils, rinsed
 - 2 1/2 cups water
 - Salt as needed

Directions:

Heat the oil in a medium pot and sauté onion and garlic for about 5 minutes until the onion is soft. Add the berbere and continue cooking for a couple of minutes until fragrant.

Add tomato paste and mix. You may need to add a little water if the mix is too thick. Cook for other 2 to 3 minutes, stirring occasionally.

Add lentils and 2 1/2 cups of water. Bring to a boil and simmer until lentils are fully cooked, about 15 minutes. Add water as necessary to keep the consistency of a thick paste so that it can be scooped up with injera. Salt to taste.

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PHOTO: JAMES GELL

Bulgur Croquettes with Cashew Gravy

Cashew gravy is very easy to prepare and can be served over any grain or vegetables. Here it is served with bulgur croquettes.

3 cups cooked bulgur (Boil 2 1/2 cups of water, add 1 1/2 cups bulgur. Turn off heat, cover and let stand 45 minutes.)
4 tbsp arrowroot flour
1 bunch chopped green onions
1 tsp sea salt
oil for sautéing

3 cups water, approximately
1 cup cashews
2 large onions
tamari to taste
oil for sautéing

They are rich and delicious, plus, nutritious!

Carolyn Best is the former chef and proprietor of The Pantry Vegetarian Tea shop.



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Chants Sacrés et Profanes: A Celebration of Canadian Music

by Margret B. Nankivell

St. Matthew’s Anglican Church in the Glebe will present a concert on Sunday, May 14, at 2 p.m. celebrating Canadian compositions, including one believed to be more than 300 years old.

St. Matthew’s director of music Kirkland Adsett will direct the men’s and boys’ choir and the women’s and girls’ choir. The concert is entitled “Chants Sacrés et Profanes: A Celebration of Canadian Music” and will include secular and Christian choral music. No tickets will be sold but donations will be gladly accepted.

“It seemed the appropriate year to do a Canadian music concert because of Canada’s 150th anniversary of Confederation,” says Adsett, who selected the music. “The concert is extremely varied from what we believe to be the earliest Canadian choral composition to Murray Schafer’s ‘Gamelan.’ It is also a great time to sing some Canadian folk songs.”

The concert will open with “Magnus Dominus,” which is thought to have been written around 1700 in Annapolis Royal, an early French settlement in Nova Scotia. It is writ-

ten in the grand French baroque style. In contrast, Schafer’s work, which sounds like the peeling of bells, is avant-garde.

Other sacred works include “The Lamb” by composer Robert Frederick Jones who taught at Montreal’s Vanier College, “Rise Up My Love” by Healey Willan, and Barrie Cabena’s haunting “Prayer of St. Francis.”

Audiences will tap their toes to Quebec composer Donald Patriquin’s spirited “Voulait danser” and Wade Hemsworth’s “The Log Driver’s Waltz.” Other songs includes Alister MacGillivray’s melodious “Away from the Roll of the Sea,” Mark Sirett’s “Un Canadien Errant,” and jazz great Oscar Peterson’s “Hymn to Freedom.”

Appropriately, the concert will conclude with the new version of “The Maple Leaf Forever,” “God Save the Queen” and “O Canada.”

St. Matthew’s Anglican Church, 130 Glebe Avenue, 613-234-4024, www.stmatthewsottawa.ca.

Margret B. Nankivell is a member of St. Matthew’s and a music lover who contributes frequently to the Glebe Report.

Ottawa Bach Choir presents Jesu, meine Freude

The Ottawa Bach Choir (OBC) will present its final concert of its self-produced season of magnificent choral works: *Jesu, meine Freude* on Saturday, May 6 at 8 p.m. at St. Matthew’s Church, 130 Glebe Avenue.

“We are looking forward to an intimate evening of choral music in a beautiful setting,” says founder and artistic director Lisette Canton. “This concert features an array of early German baroque motets by Johann Christoph Bach, Johann Ludwig Bach, Johann Michael Bach, Pachelbel, Schein, Schütz, Telemann and more, culminating in the masterpiece by Johann Sebastian Bach, all accompanied by continuo.”

The OBC recently celebrated the release of its new CD, *‘Twas But Pure Love*, to mark the choir’s 15th anniversary. It features two Canadian recording premieres by Ottawa composers Kelly-Marie Murphy and Matthew Larkin. It includes ethereal music from the Renaissance to the Contemporary periods from Spain, Italy, England, Germany, France and Sweden.

The Ottawa Bach Choir was founded in 2002 by Dr. Lisette Canton and has toured extensively in Canada, the U.S. and Europe. It was invited to perform as Canada’s choral representative in the prestigious *Meet in Beijing* arts festival in Beijing, China, in April 2016. The choir completed a two-week tour of Venice, Leipzig, Lübeck, Groningen and Amsterdam in 2014 and was the first Canadian choir to perform in the world’s most

prestigious international Bach festival, the *Bachfest Leipzig 2014*.

Tickets: Reserved \$50, Adult \$40, Seniors \$35, Students \$20, Children 12 and under free. Tickets are available online: www.ottawabachchoir.ca, by phone: 613-270-1015, or at The Leading Note, 370 Elgin Street and Compact Music, 206 & 785 1/2 Bank Street. Information: info@ottawabachchoir.ca.

Jesu, meine Freude
Saturday, May 6, 8 p.m.
St. Matthew’s Church,
130 Glebe Avenue



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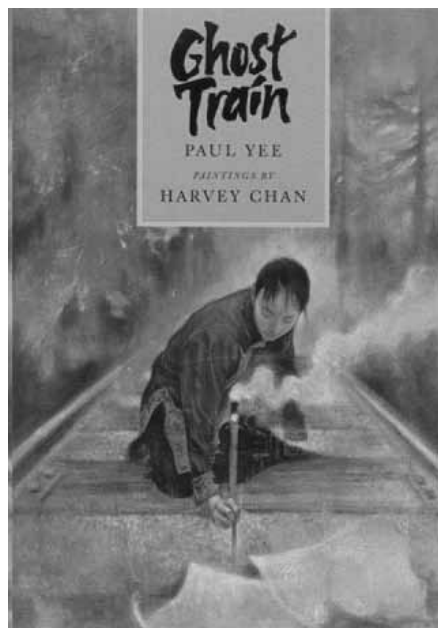
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Journey back in time

by Ildiko Sumegi

Fantasy can be a wonderful way to introduce children to history. A bit of magic can pique one's interest or soften the edges of an otherwise difficult story. Here are a few fantastical books featuring the Canadian Pacific Railway, all set in the late 1800s.



Ghost Train (Groundwood Books, 1996) by Paul Yee and illustrated by Harvey Chan
For ages 8 – 10

In this Governor General Award-winning picture book, Paul Yee offers an emotional tale of sadness and loss. Choon-yi is the talented daughter of Chinese peasants whose paintings seem to breathe a life of their own. Times are difficult for the peasants of South China, and many men including Choon-yi's father take the risk of travelling to Canada where work can be found building a railway through the mountains. Choon-yi hopes to eventually join her father, but when she finally arrives in British Columbia, she finds that her father has died while building the railway. He comes to her in a dream and asks her to paint him the "fire-car." The task is a difficult one, but Choon-yi eventually manages to capture the essence of the fire-car. It is so well painted that it becomes real—a ghost train to carry the souls of the departed home.

Yee has crafted a moving and important storybook for older children. He draws on traditional Chinese legends of artists whose paintings are

so realistic they actually come to life. He tells his story with an eye for historical truth while adding a fantasy element to the tale that serves to bring some closure to a heart-wrenching journey. Harvey Chan's dramatic paintings illustrate the story in dusty golds. He creates a dream-like atmosphere that carries the sombre tone of the story.

White Jade Tiger (Dundurn Press, 1993, 2nd revised edition, 2016) by Julie Lawson
For ages 10 – 12

Lately, strange dreams drift by while Jasmine sleeps. There is a teenage boy, a white jade tiger and a curse. But what does it all mean? When 13-year-old Jasmine ventures into Victoria's Chinatown on a school field trip, she stumbles backwards through time to the year 1881. There she meets Keung, the boy from her dreams, and sets off on an adventure with him through the Fraser Canyon where backbreaking work on the new railroad is underway. There is an ancient curse that needs to be broken and a magical amulet that needs to be found.

Julie Lawson takes her readers back in time to experience what it might have been like to live as a Chinese immigrant and rail worker in British Columbia in the 1880s. Through Jasmine, we experience the stark living conditions, the hardship and the racism that greeted those who had



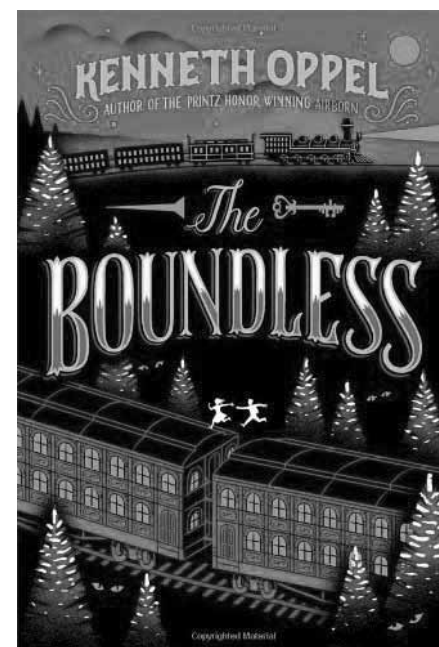
come to help build the railway. It is also through Jasmine that readers are offered a chance to see how the past can inform the present.

White Jade Tiger is an exhilarating ride but it is also a touching story about resilience and hope. It was short-listed in 1995 for the Silver Birch Award and is the 1994 winner of the Sheila A. Egoff Children's Literature Prize.

The Boundless (HarperCollins, 2014) by Kenneth Oppel
For ages 11 – 14

It is 1888 and we are all invited to step aboard a train called the Boundless on its maiden journey from Halifax to Vancouver. When 16-year-old Will Everett witnesses a murder, he realizes that there is a treasure on board worth killing for and no one is safe, least of all himself. A circus is travelling on the Boundless and it is there that Will finds help. A tightrope walker named Maren and the Métis owner of the circus, Mr. Dorian, join Will in an attempt to foil the plotters. Will soon realizes, however, that Maren and Mr. Dorian have devised a secret plot of their own, and he struggles to determine who he can truly trust.

Kenneth Oppel has given us a thrilling page-turner. As the Boundless slices its way across the country, historical fact, fantasy and a touch of steam-punk blend seamlessly in



a world where the Sasquatch and the Hag of the Muskeg are realities. The train itself is a kind of social microcosm separating the passengers into their various class compartments. Throughout, Oppel presents his characters as fully human and multifaceted: the good guys have their weaknesses, the baddies have their reasons.

Readers may be interested in attempting to separate historical truth from Oppel's fiction—sometimes the truth needs no decoration to be fantastic in its own right.

Ildiko Sumegi is a Glebe resident, mother of two boys and a reviewer for Canadian Children's Book News magazine.

Tim Pychl Lecture on Procrastination, April 27.

Do you find yourself postponing decision-making until the time for action slips by?

Professor Tim Pychl of Carleton's Department of Psychology will lecture on

Solving the Procrastination Puzzle: What Research has Revealed about our Self-Defeating Delay

Thursday, April 27, at 7 p.m. in the Multipurpose Room of the Glebe Community Centre, 175 Third Avenue.

The award-winning Dr. Pychl has published *Solving the Procrastination Puzzle: A Concise Guide to Strategies for Change* (2013) and more recently has co-edited *Procrastination, Health & Well-Being* (2016).



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Pet of the Month - Loki



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Fresh books on contemporary art and artists

by Brenda Roberts

In 1839, French painter Paul Delaroche dared to utter the fateful words, “Painting is dead.” His pronouncement was a bit premature. If painting died at any point over the past 200 years, it has also been reborn countless times.

The following roundup of books on contemporary art in the Ottawa Public Library’s holdings suggests that so long as artists immerse themselves in the creative process, fresh synergies of colour, form, texture and line will continue to emerge across myriad media.

The experimental attitude common to these artists’ work is underpinned by a shared refinement and sophistication. This work doesn’t seek to grab attention by shock. Rather, it speaks to the viewer in the languages of hard work, self-awareness and technical know-how.

Here, in no particular order, are just a few titles to whet your appetite.

Andrew Lyght
New Paltz, New York: Samuel Dorsky Museum of Art, 2016.

This exhibition catalogue documents the work of Guyana-born contemporary artist Andrew Lyght, contextualizing his work within the history and culture of Guyana and modern art. Each iteration of Lyght’s distinct style reflects his personal odyssey: from Guyana to Montreal to Brooklyn to Europe and, finally, to Kingston, N.Y., the birthplace of the Hudson River School. As the *New York Times* review describes, “In Mr.

Lyght’s work, ingenuity and perseverance prevail. Without a studio, he downsized to a computer, learned to use a design program and produced the surreal skyscapes that conclude the exhibition.” The catalogue offers an inspiring model of how artistic vigour and innovation are maintained through disciplined adaptability.

Dave Hickey 25 Women: Essays on their Art
Chicago: University of Chicago Press, 2016.

Written in a style that is accessible, witty and illuminating, this collection of Dave Hickey’s essays will not disappoint. *25 Women: Essays on Their Art* collects Hickey’s best writing about female artists from the past 20 years and updates each essay to tease out the common themes. In his signature style, Hickey discusses the work of Joan Mitchell, Bridget Riley, Fiona Rae, Lynda Benglis, Karen Carson and many other artists. Hickey analyzes the work as work, bringing politics and gender into the discussion only when it is warranted by the art itself. The resulting book provides insights into the decisions, judgments, politics and ethics of some of the most independent and innovative contemporary artists working today.

Amy Sillman: One Lump or Two
Boston: The Institute of Contemporary Art, 2013.

Amy Sillman paints in an array of two-dimensional media including drawings, cartoons, paintings and animated videos produced on an

iPhone. This catalogue accompanies her first museum retrospective in Boston’s Institute of Contemporary Art in 2013 – 2014. From Sillman’s early small-scale cartoon figures to her later enormous abstract paintings, the work is beautifully arranged and printed in stunning colour, allowing the raw emotion, curiosity, erotic power and humour that inform her artistic vision to shine through. The catalogue also examines the importance of drawing and demonstrates Sillman’s deft navigation of the border between figuration and abstraction. A reprint of one of Sillman’s zines of ink-wash drawings and quotations is attached to the back of the book, emphasizing the juxtaposition of the personal with the ephemeral that characterizes her work.

Inside the Painter’s Studio
New York: Princeton Architectural Press, 2009.

It may be easy to forget that the paintings inside a gallery are not only the end products of creative inspiration but also of practical physical and logistical details. These more mundane aspects of a painter’s daily routine motivate *Inside the Painter’s Studio*. Interviews with 24 artists including Chuck Close, April Gornik, Philip Pearlstein and Joan Snyder cover everything from studio organization to preferred painting tools, how to set a creative mood, how to choose titles, and even whether the artists sit or stand to contemplate their work. Talk of day-to-day creative life is illus-



trated by visual documentation of the artists’ studios.

The art book collection at the Ottawa Public Library includes dozens of exhibition catalogues and beautifully designed art books. We hope that everyone will take the opportunity to explore the fascinating complexity and delight of contemporary artistic practices and processes available at your public library.

Brenda Roberts is the Coordinator of the Sunnyside branch of the Ottawa Public Library. Not coincidentally, she has also been a member of The Loft Art Studios in Little Italy since 2015.

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Take home naloxone kits: you have the power to save a life

by Zenah Surani

The tragic death of 14-year-old Kanata teen Chloe Kotval from opioid overdose at the end of February has raised awareness in the Ottawa area of the danger and alarming frequency of opioid drug overdoses. As you may have heard in the news, naloxone kits are now being provided free of charge in Ontario pharmacies. All you need to get one is a valid Ontario health card. No prescription is needed.

In some cases, these overdoses are being caused by bad batches of street drugs that are laced with other more dangerous substances. For example, someone injecting heroin may obtain some of the drug that is laced with fentanyl, a drug that is hundreds of times more potent, resulting in a fatality. However, data from the Ontario Coroner’s office show that from 2002 to 2014, while death due to opioid toxicity has indeed increased every year, it’s not just illegal drugs like heroin or high potency drugs like fentanyl that are the culprits. Other opioid drugs such as morphine, hydromorphone, oxycodone, codeine and methadone also contribute to the increased number of deaths. In fact, data from the same time period show that most deaths occurred from oxycodone, a

prescription drug (either prescribed or purchased on the street).

Opioid drugs bind to receptors in the brain called “mu” receptors. They are considered “agonists” of those receptors. It is at those receptors that they exert their potent pain relieving action and also produce side effects such as drowsiness, among others. Addiction is mediated through these receptors as well. Overdose can occur if someone is prescribed too high a dose or too strong a medication for their tolerance level or, for example, if there are changes in metabolism that cause an accumulation of the medication in the system. In overdose, breathing can be impaired, blood pressure and heart rate are lowered, and the person affected could be unresponsive. Depending on the severity of the overdose, breathing could be impaired to a level so severe that death results.

Naloxone is a “pure opioid antagonist,” meaning that it blocks the mu receptor. Its affinity for the mu receptor is so strong in fact that it can knock off opioid agonists such as heroin or fentanyl from the receptor and block it so that those drugs cannot bind there. In this way, it acts to reverse the overdose. Even though it is quickly absorbed once injected, it is important

to remember that it doesn’t last long; it will only buy the person about half an hour before it wears off and the opioid agonist (the drug that caused the overdose) takes over again and the overdose sets in.

Naloxone kits that are available in pharmacies should include two ampoules of naloxone, alcohol swabs, two syringes with needles, an instruction guide, a breathing barrier for CPR and a card that is filled out at the time of dispensing that verifies that training of the person receiving the kit has been completed by the pharmacist. In a situation of a suspected overdose, shake the person and shout their name to gauge responsiveness. If the patient is unresponsive, call 911 and prepare to inject the drug. Crack open the ampoule using light pressure and an alcohol swab between your finger and the ampoule, then carefully draw up the naloxone into the syringe. Next, inject the contents into the upper arm or leg. If there’s no reaction from the patient, begin chest compressions. If there’s still no response

within two or three minutes, a second dose of naloxone is warranted. Inject them again and continue chest compressions until the emergency medical service arrives.

If you have a friend or family member that is on high-dose opioids for pain, consider picking up a naloxone kit just in case. You should also consider picking one up if you know someone who uses these drugs recreationally or if they have a history of opioid dependence. With overdoses being reported every single day in our community, we now have a powerful tool at our disposal to help save lives. The training is easy and the kits are available at a pharmacy near you.

Sources:
Ontario Pharmacists’ Association:
Naloxone course and associated documents

Zenah Surani is the owner and pharmacist of the Glebe Apothecary.



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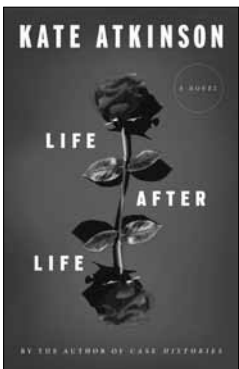
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Here is a list of some titles read and discussed recently in various local book clubs:

TITLE (for adults)	AUTHOR
Bride of New France ¹	Suzanne Desrochers
They Left Us Everything ²	Plum Johnson
Smoke River ³	Krista Foss
Under This Unbroken Sky ⁴	Shandi Mitchell
Onions in the Stew ⁵	Betty MacDonald
Sweetland ⁶	Michael Crummey
Nightfall ⁷	Richard B. Wright
All the Light We Cannot See ⁸	Anthony Doerr
Life after Life ⁹	Kate Atkinson
Broken Promise ¹⁰	Linwood Barclay
My Name is Lucy Barton ¹¹	Elizabeth Strout
TITLE (for children)	AUTHOR
Chien pourri ¹²	Cola Gutman
The Key to Extraordinary ¹³	Natalie Lloyd
Flora and Ulysses: The Illuminated Adventures ¹⁴	Kate DiCamillo

1. Abbotsford Book Club

2. Broadway Book Club

3. Can’ Litterers

4. Helen’s Book Club

5. Seriously No-Name Book Club

6. The Book Club

7. The Topless Book Club
8. OPL Sunnyside Adult Book Club

9. OPL Sunnyside European Book Club

10. OPL Sunnyside Mystery Book Club

11. OPL Sunnyside Second Friday Adult Book Club

12. OPL Sunnyside Club de lecture en français pour les enfants

13. OPL Sunnyside Cover to Cover Book Club

14. OPL Sunnyside Mighty Girls Book Club

IF YOUR BOOK CLUB WOULD LIKE TO SHARE ITS READING LIST,
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grapevine@glebereport.ca

Let’s choose our habits!

by Dijana Bate

“We are what we repeatedly do,” said Aristotle. “Excellence, then, is not an act, but a habit.” Considering this assumption, we all should pay more attention to today’s choices, especially if they become tomorrow’s habits. A friend bluntly remarked how people today talk, eat and spend too much. It’s never easy to change habits, but we can start by observing ourselves to pinpoint what habits either serve or don’t serve us. Instead of letting habits control our thinking and actions, we could be determining which habits can reshape or impact our lives, bodies and minds more positively.

Current research on neuroplasticity confirms our tremendous potential to rewire brain patterns. According to neurologist David Perlmutter, “You can change your genetic destiny to grow new brain cells and expand your brain’s memory centre through lifestyle choices. The foods you eat, exercise, emotional states, sleep patterns, and your level of stress – all of these factors influence your brain from one moment to the next.” These lifestyle choices, consciously or unconsciously, are reflected in our habits.

New York Times business reporter Charles Duhigg examines how habits evolve in his book, *The Power of Habit*. His contention is that once we analyze how we created old habits in the first place we can embark on dispelling or replacing them with new patterns of behaviour. Duhigg breaks down the sequence of habits into three parts called a “three-step loop” consisting of a cue (which triggers what pattern to use), routine (which can be physical, mental or emotional) and reward (one that fuels the habit). To change a habit, he says, we need to identify the cue or urge (or create a new cue) and then make a plan to revise the routine or substitute the reward.

There are several keystone habits we should be cultivating, Duhigg claims.

Keystone habits affect everything we do; they don’t create a “direct cause-and-effect relationship” but they are catalysts that “cause chain reactions, enabling other good habits to take hold.” They include: exercising regularly, organizing your day (focusing on the most important tasks), developing daily routines, tracking what you eat, partaking in family dinners, meditating and building strong willpower.

Duhigg devotes an entire chapter to willpower, considering it the most important keystone habit for individual success. The benefits of willpower are obvious, from controlling emotions to focusing, being punctual, exercising and practicing positive thinking. “Self-discipline has a bigger effect on academic performance than does intellectual talent.” Duhigg refers to a 2006 study by researchers Megan Oaten and Ken Chengs when he points out that exercising willpower is the same as exercising muscles. “As people strengthened their willpower muscles in one part of their lives – in the gym, or a money management program – that strength spilled over into what they ate or how hard they worked. As willpower became stronger, it touched everything.”

Similarly, Dartmouth researcher Todd Heatherton states, “When you learn to force yourself to go to the gym or start your homework or eat salad instead of a hamburger, part of what’s happening is that you’re changing how you think.” He goes on to say that that’s why signing kids up for piano lessons or sports is so important. When you learn to run 15 laps you start building self-regulatory strength. A five-year-old who can follow the ball for 10 minutes becomes a sixth grader who can start his homework on time.”

Duhigg also brings to our attention the famous marshmallow experiment conducted in the 1960s by Stanford researchers that revealed parallel results. A group of four-year-olds were invited to eat one marshmallow immediately or wait 15 minutes



ILLUSTRATION: SOPHIA VINCENT GUY

and receive double the marshmallows. Tracking the same children years later, researchers found those children who resisted immediate gratification were more successful academically and socially in high school. The study then discusses how kids can increase self-regulatory skills and apply mental brakes, e.g. figuring out simple tricks like distracting themselves, covering their eyes, or pretending the marshmallow isn’t real. “Willpower is a learnable skill like learning math skills or to say “thank you.”

Knowing how hard it is to reverse habits, it makes sense to set our children on a path that exercises and fortifies their willpower muscles and makes them aware early in life of the nature and power of habits. Dis-

cussions, entertaining stories and caricatures can illustrate benefits and liabilities of specific habits!

Although Duhigg doesn’t give us quick and easy solutions for overcoming unwanted habits, especially addictions that require professional treatment and intervention, change begins when we question and interpret the nature of our habits. We will inevitably gain more self-control and improve our daily lives once we are aware of being trapped in repetitive patterns and make conscious decisions to overcome destructive habits by learning and practicing new routines.

Dijana Bate is the founding director of the Glebe Montessori School.



ILLUSTRATION: HEATHER MEEK



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Carleton University's roots

by Joseph Mathieu

Landmark birthdays are the best time for reflection and, in its 75th year, Carleton University is looking back fondly on its formative years in the Glebe.

A four-year-old college named after Sir Guy Carleton moved into a five-

storey, red brick building at 268 First Avenue in 1946. The move was partly thanks to the efforts of Henry Marshall Tory who in 1941 was enlisted by a committee of the Ottawa YMCA to found the college.

In his academic prime, Tory helped McGill University establish a satel-



Carleton's Student Union Building on First Avenue



Carleton College marching band

lite college on the west coast, which later became part of the University of British Columbia. He served as the first president of the University of Alberta in Edmonton in 1908 and as president to many organizations and societies. At 77 years of age, Tory was still an enterprising and resourceful administrator. Yet he reportedly was surprised when he was nominated as Carleton College's first president in 1942.

More than 650 students enrolled in the first fall term when courses were offered only at night in classrooms of other schools and the basements of churches, including the then High School of Commerce, now Glebe Collegiate.

Part-time students paid \$20 and \$30 for first-year and second-year courses, respectively, and soon Tory saw the need to prepare for growth.



In *Creating Carleton: The Shaping of a University*, Blair Neatby and Don McEown wrote, "The end of the

war created a unique opportunity, for the federal government was planning the transition from war to peace. Almost a million servicemen and -women had to be reintegrated into civilian life."

The First Avenue building had been completed in 1914 as a new home for the Ottawa Ladies' College (est. 1869) and during the war the building served as a residence for the Women's Army Corps.

Tory wrote a letter in November 1945 to then minister of National Defence Douglas Abbott, "describing Carleton's eagerness to contribute to the education of the veterans, and asking the government to make the building available."

The college had leased a former mess hall at Lansdowne Park by the summer of '46 as they worried the move wasn't going to happen. Luckily, they were able to secure the building for \$125,000 in July and renovated it for September classes.



TOP TEN INDIVIDUAL AGENT
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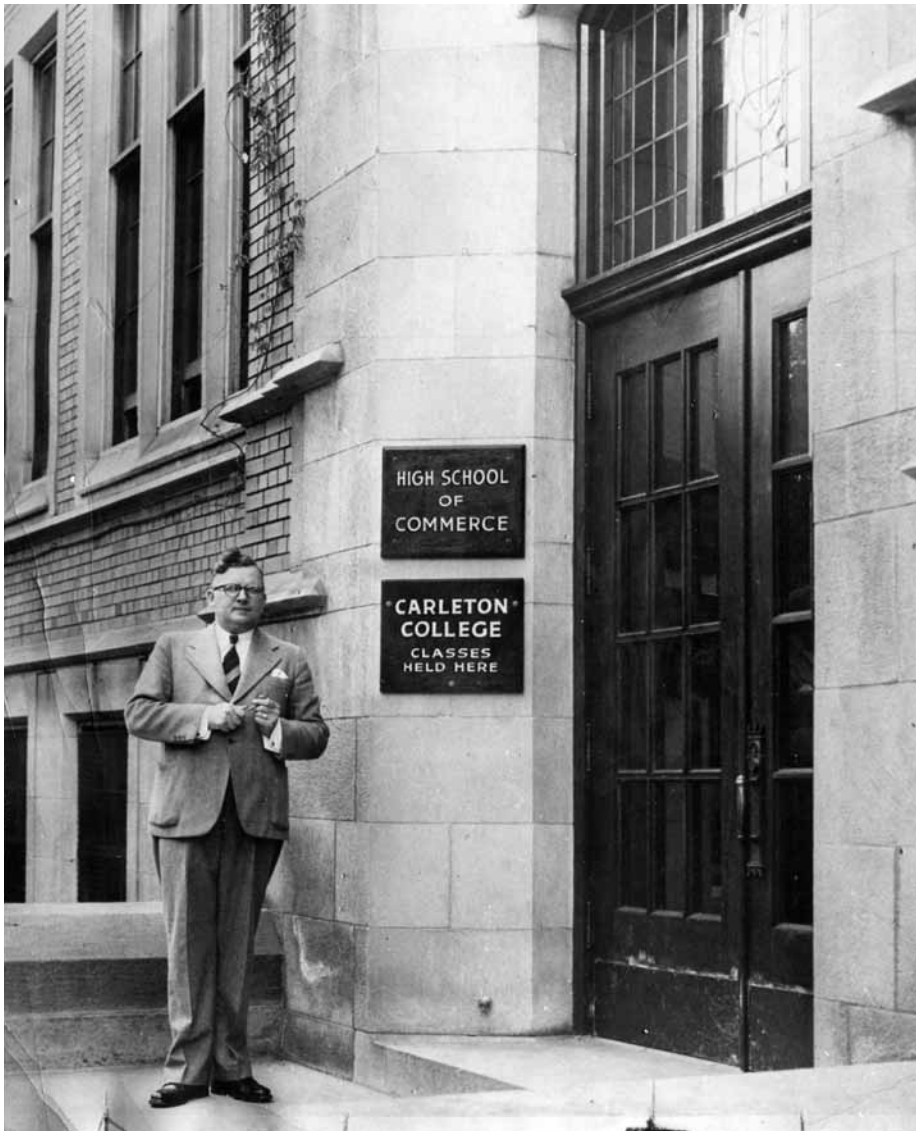
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Carleton College's second president Maxwell MacOdrum at the entrance of the High School of Commerce (later Glebe Collegiate) where Carleton night classes were offered

PHOTOGRAPHS FROM THE HERITAGE PHOTOGRAPH COLLECTION, ARCHIVES AND RESEARCH COLLECTIONS, CARLETON UNIVERSITY LIBRARY.

in the Glebe

Three houses on First Avenue were acquired over the years under the presidency of Carleton's second leader, Maxwell MacOdrum, to satisfy a flood of students. One caught the overflow of books and studious readers that regularly packed the college's fourth-floor library. A neighbouring house became the nexus of student life in 1948, taking on the Students' Union, various clubs and the weekly student newspaper called *The Carleton* (renamed *The Charlantan* in 1971).

"Carleton College in these years clearly had a sense of community which older and better-endowed institutions could only envy," Neatby wrote in *Creating Carleton*. "The professors who taught at Carleton College in the early years often looked back later with nostalgia, in spite of the cramped physical conditions and the limited financial resources."

Now a block of renovated condos, the campus at 268 First Avenue was where Carleton College came into its own. The Carleton College Act allowed it to grant degrees by its 10th anniversary. A year later the School of Public Administration was established

and in 1955 the first master's degree was awarded.

The college became a university in 1957. It served more than 1,500 students in a variety of programs including journalism, engineering, commerce, public administration and general arts.

In 1960 Carleton did what most 18-year-olds do and got a place of its own. The university's third president, Claude Bissell, was satisfied the move to its own campus at Sunnyside and Bronson was the right decision, although he knew there had been in the Glebe "a feeling of intimacy and community that would be difficult to recapture."

The First Avenue campus helped Carleton become what it is today, a tightly knit community that celebrates individual freedoms. Its upbringing in the dependable family neighbourhood was truly an education.

Joseph R. Mathieu is a bilingual writer who contributes to Ottawa Magazine, Exclaim!, Mountain Life Media and Carleton University. He was raised in Nepean and lives in Oxford Mills.



Carleton College became a university in 1957.

NOTE:
All back issues of the *Glebe Report* to June 1973 can be viewed on the *Glebe Report* website at www.glebereport.ca under the ARCHIVES menu.

Thirty Years Ago in the Glebe Report



Ian McKercher

VOL. 16, NO. 4, APRIL 10, 1987
(36 PAGES)

GLEBE COLLEGIATE RENOS
On March 30 (1987), trustees of the Ottawa Board of Education voted \$400,000 for renovations at Glebe Collegiate to cover roof repair, window modifications and cafeteria improvements. Area trustees Brian McGarry and John Smart agreed that this was "not enough money by a long shot" and that they would be looking for additional funding for Glebe in coming years.

A February 1987 report on Glebe by the Ottawa architectural firm of Pye and Richards said the school needed \$6.8 million worth of renovations to accommodate its student enrolment of 1,710 and to bring the building up to current fire and safety standards.

LOCAL FASHIONS SHINE
A full-page article by Elaine Marlin gave a detailed account of Glebe businesses that participated in the Capital Festival of Fashion held at

the Congress Centre. This was a first-time-ever event to promote Ottawa designers and fashion entrepreneurs. The opening night black-tie gala attracted 1,000 people at \$20 a ticket.

Sarah Clothier presented an extensive show featuring a range of outfits created in fabric printed from hand-carved wooden blocks in India. Sarah Pouliot's shop opened on Bank Street in the Glebe in 1967.

Gail Schioler, owner of the Norma Peterson shop in Fifth Avenue Court, presented a wearable collection for all ages and sizes.

The local design team of Carmen Schonfeldt and her 19-year-old daughter Lorena sold their creations through Penelope Fibres. Their features ranged from high-end Thai silk party apparel to youthful weekend wear.

MUNICIPAL FUNDING FLAWED
Alderman Rob Quinn contended that property taxes and sporadic provincial grants were not a satisfactory way to pay for municipal services. He argued in favour of abolishing property taxes as a revenue source and replacing them with granting municipalities a fair share of provincial income tax as the basic source of city funding.

This retrospective is filed bi-monthly by Ian McKercher of the Glebe Historical Society. The society welcomes the donation or loan (for copying) of any item documenting Glebe history (photographs, maps, surveys, news articles, posters, programs, memorabilia, etc.). Contact Ian at 613-235-4863 or ian.mckercher@opera.ncf.ca.

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Glebe Collegiate aims to make prom more accessible

by Katya Kulba, Bernadette Labbe and Ashley Siu

Glebe Collegiate Institute’s Prom Committee is looking to raise funds for its 2017 prom. Prom is a right of passage for students exiting high school. It is one of the last evenings the graduating class spends together and it is filled with festivities unifying students. Currently, Glebe Collegiate Institute is planning its first school-sanctioned prom in years. The Prom Committee has been working to increase attendance and lower the ticket prices to make the event more inclusive and accessible to everyone.

The committee has held numerous fundraisers around the school and community, including pumpkin sales, holiday candy grams, cake auctions and graduate apparel sales. Now, it is looking to the community to help with further fundraising. There is a wide array of upcoming events around the Glebe that the community can partake in.

Glebe’s Prom Committee will be hosting morning yoga sessions for all ages at Glebe Collegiate Institute with a professional instructor. The sessions will run weekly starting in April. More information is available at glebe.ocdsb.ca. The Prom Committee will also host a cakewalk at an Innovative Canadians for Change (IC Change) event on Saturday, May 13 at the Mayfair Theatre. At Hopewell’s Anything on Wheels event on April 30th, bike-tuning services will be available.

The committee will have a booth on the Glebe Collegiate property during the Great Glebe Garage Sale on Saturday, May 27. We are asking the community to donate items during the week of May 22 to 26 to be sold at this booth, with proceeds going towards lowering the cost of prom tickets.

We are open to suggestion and can be reached at glebeci@ocdsb.ca with questions, concerns, fundraising ideas and opportunities. Please help make prom a more inclusive experience accessible to all students. Thank you in advance for your support.

Katya Kulba, Bernadette Labbe and Ashley Siu are Glebe Collegiate Institute Grade 12 students and members of the 2017 Prom Committee.

Roll out your rims to support Glebe Collegiate fundraiser

The Glebe Collegiate Institute Prom Committee is organizing an “Anything on Wheels” fundraiser, in partnership with Hopewell Avenue Public School on Sunday, April 30 from 9 a.m. to noon at Hopewell school. This is a great opportunity to pass along your gently used spring and summer gear to a good home, make a profit and support our two largest community schools – Glebe Collegiate and Hopewell Avenue.

To sell your gently used wheels (bikes, strollers, rollerblades, skateboards, scooters), roll them on down to the Hopewell Avenue Public School garage on Saturday, April 29 between 2 and 5 p.m. Friendly parent and student volunteers will help you unload, set a price, choose the school to support (Hopewell or Glebe), and tag and display your items. On Sunday, April 30, beginning at 9 a.m., volunteers will sell your equipment while you relax and enjoy your day or, even better, shop for new wheels at the sale. Once the sale ends, come by and pick up your profits and any unsold goods.

This fundraiser will support school council initiatives such as yard maintenance, health and safety workshops and improving the technology in the schools. This year Glebe’s profits will go toward the Glebe CI prom, with the goal of making it more inclusive, affordable and accessible. Glebe students will also be on hand to provide bike maintenance advice and demonstrations.

Thank you for supporting our community schools!

Hopewell Ave Public School & Glebe Collegiate present



anything on wheels **BIKE SALE** & fundraiser

April 30 9-noon

Drop off from 2-5pm, Saturday, April 29th in the hopewell avenue parking garage

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Visit www.hopewellschoolcouncil.com or [@HopewellAvePSParentCouncil](https://www.facebook.com/HopewellAvePSParentCouncil) for details!

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First Avenue Public School's Blues in the Schools program rocked First Avenue last month, including a final performance by T.J. Wheeler and some students.

PHOTO: MARK SCHENK

Glebe Collegiate 'Kids 4 Kids' CHEO Drive

by Alex Hermosa

It's that time of year again. The days are longer, the air is warmer and the atmosphere is electric. Why? Because Glebe Collegiate students will be all over Ottawa on May 11 for the annual CHEO Drive. Legions of high school students will set out across the city collecting donations for The Children's Hospital of Eastern Ontario. All funds raised during this event will be donated directly to CHEO during their yearly telethon. This "Kids 4 Kids" CHEO Drive spans all of downtown Ottawa, raising money and awareness for Ottawa's children's hospital as over 500 students take part in fun after-school activities and a bar-beque, and then go on to canvass with their peers. This year's CHEO Drive is made possible by local businesses sponsoring the students and thereby allowing Glebe Collegiate to raise as much money as possible for CHEO.

Students who are canvassing on May 11 will be wearing Glebe CI attire and have identification showing they are canvassing for CHEO "Kids 4 Kids." Glebe Collegiate is asking all residents in our community for any sort of cash or cheque donations to this cause. Donors will be asked to write their name, address and amount donated on sheets the students will be

carrying. Tax receipts will be issued to donors who give \$10 or more. Online donations can also be made through the Glebe Collegiate CHEO donation page. The link to Glebe's CHEO Foundation donation page is also accessible through our website: glebe.ocdsb.ca. All donations are appreciated to help us reach our goal of \$25,000.

To attain this ambitious goal, the Glebe "Kids 4 Kids" CHEO Drive committee (Glebe Collegiate's Kids 4 Kids CHEO Drive on Facebook) has various pre-events to raise awareness about the drive. Students and staff will attend an assembly with several guest speakers on April 26 to launch the event.

If you have questions or would like to volunteer on the night of May 11, feel free to contact our teacher advisors: Janice Bernstein 613-239-2424 x 2134 or janice.bernstein@ocdsb.ca; Katherine Caldwell 613-239-2424 x 2089 or katherine.caldwell@ocdsb.ca Glebe Collegiate is thrilled to bring the "Kids 4 Kids" CHEO Drive back to Ottawa for its seventh year. Glebe is honoured and excited to be a part of such an amazing cause and hopes to attain our goal with your help. See you on May 11!

Alex Hermosa is co-head of Glebe Collegiate's CHEO Drive and is in Grade 12 at Glebe Collegiate Institute.

Glebe Co-operative Nursery School street party!

The Glebe Co-operative Nursery School will host its annual street party on Saturday, May 13 from 10 a.m. to 1 p.m. in front of the Glebe Community Centre.

Live music, free animal balloons, games, crafts, a bouncy castle, face painting, a BBQ lunch, a bake sale and more! If it rains the event will be held inside the community centre. Bring your preschooler and join the fun!

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Jake as the King of Hearts, Ardin as the Queen of Hearts and Samantha as Alice in The Element High School's production of *Alice@Wonderland*

The Element High School's production of *Alice@Wonderland*

by Molly Dodds

This month, The Element High School students presented their very own play, *Alice@Wonderland*, a contemporary recreation of the classic *Alice in Wonderland* story.

Teri Lorreto from CBC TV, who also teaches drama at Algonquin College, gave 34 students from Grades 7 to 9 the challenge of putting on a dramatic performance. Participants were responsible for every production element from stage and costume design

to sound production, rehearsals and script writing.

"Working with The Element is such a joy. The students are engaged and a wonderful group. The teachers are extremely supportive, not just of the students, but of the whole process. These students make the sets, costumes, props, sound and music and then learn lines and create characters for the show," said director Lorreto. "I miss the students and staff when I go back to my regular teaching job at Algonquin College.

Of course those students are great too, but there's something about The Element and being in the heart of Lansdowne [with such a diverse and talented group of learners that it feels like leaving a vacation where I just happened to direct and produce a play."

Students at The Element expressed their creativity and related this play to the modern world by including characters such as Trumpty Dumpty, a comedic spin on Donald Trump as Humpty Dumpty, as well as recreating the rabbit hole scene where Alice's only worry is losing cellphone reception.

"The planning, collaboration and giving their best truly inspired the audience viewing *Alice@Wonder-*

land. A focus on critical thinking during the planning stages, creativity, design and public speaking and acting is outstanding to watch. Real world integration of multiple disciplines is exactly what I am excited to look forward to in our future by our next generation of leaders..." said Gregory Dixon, director of The Element High School.

With The Element being the first Montessori high school in Ottawa, there is always exciting news and events coming from staff and students. For more information on The Element High School, visit <http://www.elementhighschool.com>.

Molly Dodds is marketing coordinator for the Ottawa Montessori School.



Joshua as Trumpty Dumpty in *Alice@Wonderland*

Glashan passion takes action

by Kira Fountain, Maya Weinberg and Ruby Screaton

Ottawa-Carleton District School Board's own Glashan Public School has teamed up with Matthew Pappas from BMO to create a not-for-profit organization through the Entrepreneurial Adventure Program. The Grade 8 immersion students have been working to raise money for the Make-A-Wish Foundation®. We've chosen this charity because it is a topic that is very close to our hearts since it is helping kids like us with terminal diseases have their wishes become a reality.

According to one of our students, "This charity is important to us because we are kids too and it is sad that they are sick." All profits raised will make a difference in the lives of many Canadians locally and across the country. The money will fulfill the wishes of children with terminal illnesses.

The students raise money for the Make-A-Wish Foundation® through their business enterprise, Glashan Passion Glashan. They will set up near the intersection of Arlington and Bank streets during the first week of May. The students will be selling hand-crafted goods just in time to get that special someone a Mother's Day gift.

The Entrepreneurial Adventure program is available for students from junior kindergarten to Grade 12. It has been created to introduce a wide variety of experiences to students. It fosters fiscal responsibility, innovation and a sense of community. This program has raised \$2.9 million to date for a variety of charities.

For more information visit glashan-makeawish.weebly.com.

Kira Fountain, Maya Weinberg and Ruby Screaton are Grade 8 students at Glashan Public School.

“

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by Kylie Taggart

Despite the power of social media to inform the masses, it was mainly low-tech methods of communication that helped get the word out about last year’s Mutchmor Book Sale.

The organizers of the annual event were worried that nobody would find the sale in April last year because it was the first year the sale was held at Mutchmor Public School. For the previous 32 years it was held at First Avenue Public School. When the Early French Immersion students moved to Mutchmor last year, the book sale moved with them.

Granted, the sale would be hard to miss. It is no small thing, as it typically involves 30,000 good quality used books and hundreds of parent, grandparent and alumni volunteers. Still, the organizers fretted that shoppers would show up at the wrong school.

Thankfully, shoppers found the sale. It was due to the hard work of Anne-Marie Hinther and Christine Honeywell-Dobbin, the volunteers in charge of communication.

Hinther and Honeywell-Dobbin didn’t stop at just getting the word out to the general public. They also investigated what type of advertising would work.

“We had all these ideas on how to promote the sale and we put them into place, but we wanted to know: is it working?” explained Hinther. They put together a simple survey and asked shoppers how they had heard about the sale.

The unexpected finding was that the traditional methods of communication seemed to be what drew the majority of survey respondents to the book sale.

“Surprisingly, posterage was a big thing,” revealed Hinther. Year after year, volunteers walk the neighbourhood, often with their children, and plaster telephone poles and notice boards with posters advertising the book sale. Year after year, frustration sets in as posters get repeatedly torn down or covered up. Regardless, it seems that people see them.

The survey results showed that articles in the *Glebe Report* and *OSCAR* brought in customers, as did a segment Hinther and her daughter did on CBC radio. Other comments from shoppers included:

- “I always come to the sale.”
- “I looked it up on the web.”
- “My friend told me about it.”
- “My children went to First Ave.”
- “I saw the sign on the school.”

Hinther and Honeywell-Dobbin also contacted other TV and radio outlets, created a Facebook event, wrote tweets for the school’s Twitter account and posted news of the sale on various community websites. Sam Harris handled the numerous messages to the school community.

The survey questions also revealed that many people simply search for large book sales online. Sites like www.booksalefinder.com list sales in different areas.

Some shoppers reported that they had trouble finding the times of the sale. For the 2017 book sale, the times will be posted on a new website designed by Elspeth Tory. The site can be found at mutchmorbooksale.com.

The 2017 sale will have different shopping hours to reflect our new location. For example, instead of being open on Friday during school hours, the sale will be open later on Saturday evening to allow those enjoying dinner on Bank Street or at Lansdowne to wander into the book sale afterwards.

The money raised goes to the Mutchmor School Council budget. Last year, the council contributed proceeds from the sale to:

- Equipment and programs at Mutchmor Public School, and other schools in need in the Ottawa region,
- Ottawa Centre Refugee Action,
- Funding for programs at two schools in Canada’s North, and
- The Educational Foundation of Ottawa.

Some of the proceeds of this year’s sale will help fund a new play structure in the Mutchmor school yard between Fourth and Third avenues. Council hopes to replace the structure in 2020.

This year’s Mutchmor Public School Book Sale will take place at the school from Thursday, April 27 to Sunday, April 30. Look for our posters and check out mutchmorbooksale.com.

Kylie Taggart is a Mutchmor parent who remembers the excitement of the First Avenue book sale and is happy to relive it at Mutchmor with her children each year.

Despite the move to a new school, shoppers came out in droves to last year’s Mutchmor Book Sale.



A loyal friend waits for a book lover at the Mutchmor Book Sale last year.

PHOTOS: KYLIE TAGGART

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Elmwood School

CBC’s Triple Sensation winner Leah Cogan joins The Acting Company

by Kate Smith

How would you feel if you had to perform on national television in front of millions in a competition with some of the country’s brightest talent? For Ottawa native and “triple threat” Leah Cogan, the best way to stay focused was to immerse herself in the process and remind herself that it was a once-in-a-lifetime opportunity. After all, receiving personal acting coaching from the likes of Canadian legends Cynthia Dale (actor), Garth Drabinsky (producer), Marvin Hamlisch (composer), and Joe Flaherty (actor, *SCTV*) was a pretty sensational experience.

CBC’s reality television program *Triple Sensation* saw Canadian performers battle it out in a nationwide search for Canada’s next triple-threat (for those not familiar with the world of musical theatre, a “triple threat” is a performer who can sing, act and dance – a rare combination). The prize: a \$150,000 scholarship to any performance school of their choice.

Cogan, the winner of season 2, describes how she felt: “When I won the competition, not only was it an affirmation for me of the process I’d been leaning into (choosing authenticity over showmanship), but it was a jarring realization that a whole new opportunity awaited for me to dive even deeper. I was fully planning to pivot into a new career path like architecture or community development!”

As a graduate of Sheridan’s Music Theatre Performance program, win-

ning the show in 2009 meant Cogan had her pick of post-secondary schools to continue her study of performance. She ended up choosing the prestigious Brown University in the U.S.: “[At] Brown [I was able] to study the philosophical, sociological and educational potential of the theatre medium, realizing quickly how transferable the study of human nature and storytelling really is; [and] that artists play an important role in the functioning of a healthy, adaptable and just society. Working in New York City solidified this belief, as I got to see first hand and engage with how seriously the craft is considered (by the actors and by the audiences).”

After studying and working for the last several years in the US, Cogan and her husband made the decision to move back to Ottawa to raise their two young children and be closer to family. “I’ve been absolutely floored by the show of support and love from our hometown. And the creative innovation happening here – I’m loving it!”

Cogan says that participating in *Triple Sensation* emphasized “[...] the formative power of collaborating. Getting a chance to work with a diverse range of instructors all using their own language and experience to inform how they engage with their students gave us, the participants, a real opportunity to explore our own voices in a variety of ways. The challenge of meeting the expectations of



Leah Cogan, a winner of CBC’s reality television program *Triple Sensation*, will lead a “Showtune Tuneup” course this spring in musical theatre performance at *The Acting Company*.

each instructor pushed us beyond our usual tricks and masks and into an authentic exploration. And we got to watch each other grow in this workshop environment.”

Cogan promises that this May’s musical theatre performance class Showtune Tune-up being offered at the Glebe’s own Acting Company is going to be fun: “I’m so excited to share what I know and inspire the already flourishing musical theatre community in Ottawa towards an even higher bar of authentic performance. I know they are up for it!”

As artistic director of *The Acting Company*, I am very excited to welcome Cogan to our studios this spring. Leah is a wonderful addition to our faculty of talented and passionate professional artists. We can’t wait

for our students to work with her. She is a generous and thoughtful teacher, and we know she will have a positive impact on all who have the opportunity to work with her.

The Acting Company is Ottawa’s largest recreational performance arts school. Registration for Adult and Youth classes in May is now open, including for the popular acting classes for both stage and screen! Register online at www.actingcompany.ca or by calling 613-744-5353.

Cogan’s Showtune Tune-up course runs Sundays, May 7 – June 25, 7 – 9 p.m. at The Acting Company (738A Bank Street in the Glebe).

Kate Smith is the artistic director at The Acting Company in the Glebe.

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Ringette success at U12 Provincials



by Lauren Weber and Cindy MacLoghlin

“Imagine you are driving down the highway at 120 km/h with a stick out your window. Then someone throws a bagel at you and you have to try to catch it.” That is how the keynote speaker at the 2017 ringette provincials described the sport. And she’s not far off the mark. Ringette is a sport that demands precision, teamwork and speed. There is also a strong social component as teams bond on and off the ice.

All of these elements were exemplified by the two U12 teams that represented the City of Ottawa Ringette Association (CORA) at this year’s ringette provincials held March 2 – 5 in Forest, Ontario (between Sarnia and London). The event brings together 29 teams from across Ontario that play in five divisions based on their performance during the season. This makes for evenly matched, exciting games for all players and parents who attend.

Both teams played hard and returned home with bronze medals in their respective pools as a result of their efforts. But, more importantly, they developed their skills and had loads of fun, creating memories that will last a lifetime. Team Cameron (coached by Karen Cameron, from our very own Good Morning Creative Arts and Preschool!) also earned the Sportsmanship Award, likely due in part to their tradition of creating a stick bridge for the other team to skate under after each game.

Two U12 ringette teams represented Ottawa at this year’s ringette provincials held March 2 – 5 in Forest, Ontario, where the theme was “Keeping it Country.”

Six girls from each team (about half) are from our local neighbourhoods, the Glebe and Old Ottawa South.

Our two teams played in different divisions, so they were able to cheer on their friends. They also met up at the opening ceremonies where teams carry banners and dress in costumes according to the yearly theme. This year’s theme was “Keeping it Country.” The whole town embraced the theme, with grocery store employees in costume and tractors parked outside the rink. For a town of under 3,000, the athletic facility in Forest is excellent and could serve as a model for a redesigned Brewer. The ice pad has a running track around the top, spacious dressing rooms, heated stands, a spacious lobby with bleachers and a full canteen.

Several free “Come Try Ringette” sessions are offered throughout the year. Girls who are interested can check out www.cometryringette.ca for more information.

Lauren Weber and Cindy MacLoghlin are both proud ringette moms.

Rowers celebrate Canada’s 150th and help fight blindness

by Richard Vincent and Claire Schofield

For the first time, Ottawa New Edinburgh Club (ONEC) members are joining forces with three other rowing clubs to participate in the Canada 150 Row3Capitals Relay in support of the Foundation Fighting Blindness (FFB), which funds research into the causes of and treatments for retinal eye diseases.

This 500 km long relay runs from June 15 to July 1. It celebrates the 150th anniversary of Canada’s Confederation by including the three cities that have been named capitals of the Province of Canada in Canada West during the mid 19th century: Toronto (alternating capital from 1849 – 1859), Kingston (from 1841 – 1844) and Ottawa (1866 – 1867).

While distance rowing requires knowledge of sculling (rowing with two hands and two blades), the Canada 150 Row3Capitals Relay will accommodate participants with differing levels of experience. Advanced scullers can join one of the following four tours:

- Lake Ontario, June 15 – 18 (160 km) organised by the Hanlan Rowing Club
- Bay of Quinte, June 19 – 22 (140 km) organised by the Quinte Rowing Club
- Rideau Canal South, June 23 – 27 (100 km) organised by ONEC
- Rideau Canal North, June 28 – July 2 (100 km) organised by ONEC.

Intermediate scullers can share a seat and row alternate days. The club responsible for each section of the relay is organizing accommodation and rowing equipment.

This year, ONEC will also offer the Canadian Sculling Marathon on the Ottawa River – 21 kms and 42 kms. Held on Sunday, August 27, 2017, it starts and finishes at ONEC’s historical boathouse. In 2016, it attracted rowers from Germany, Switzerland, Mexico, the US and Canada.

For those interested in sampling the sport, sculling is an excellent low-impact, total-body fitness activity for all ages. ONEC offers seven-session learn-to-scull courses

in June and July in a friendly relaxed environment. For further information and registration for the Canada 150 Row3Capitals Relay and ONEC’s sculling programs, go to www.onec.ca/rowing.

Richard Vincent is a long-time Glebe resident and member of the Ottawa New Edinburgh Club (ONEC). He is an ardent sculler and an

ONEC coach. He is also President of the Ontario Adventure Rowing Association (OAR).

Claire Schofield joined ONEC five years ago and has become passionately interested in rowing. She has participated in numerous rowing tours and four Canadian Sculling Marathons.



Ottawa New Edinburgh Club (ONEC) will join forces with three other rowing clubs to participate in the Canada 150 Row3Capitals Relay, June 15 to July 1.

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Mr. McCulloch is a senior counsel with a practice spanning 50 years, and a professional career that covers all areas of law.

His extensive ongoing practice includes civil litigation, real estate, matrimonial law, wills and estates administration.

He attended Queen’s University where he obtained his law degree with the highest of Honours. He served his articles with the prestigious Toronto law firm of Blake, Cassels and Graydon.

Mr. McCulloch is actively involved with Glebe St. James United Church, and has served in the past as chair of finance and administration and continues to be actively involved in his church work. He is also actively involved in the Good Companions Seniors’ Centre.

His life experience and well-honed legal skills are available to assist you with your legal problems.

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GRAPEVINE

This space acts as a free community bulletin board for Glebe residents. Drop off your GRAPEVINE message or COMMUNITY NOTICE at the *Glebe Report* office, 175 Third Avenue, including your name, address and phone number or email grapevine@glebereport.ca. FOR SALE items must be less than \$1,000.

BYTOWN VOICES, a 60-voice choir directed by Joan Fearnly presents “Made in Canada” a concert of choral music by Canadian composers featuring Ottawa’s own Margrit Cattell, Christine Donkin and Elise Letourneau. Songs from different areas of Canada. Sun., May 7, 3 p.m., St. Basil’s Church on Maitland north of the Queensway. Admission \$15. Children 15 yrs and under are free. Information: bytownvoices.com or call 613-521-4997.

CALLING GLEBE ARTISTS! The GLEBE ART IN OUR GARDENS AND STUDIO TOUR 2017 will take place July 8–9. Applications from Glebe artists – painters, sculptors, potters, photographers – accepted until April 30. For info and an application form, email glebearttour@hotmail.ca or visit our website: www.glebearttour.ca for images of past tours.

FLETCHER WILDLIFE GARDEN - ANNUAL NATIVE PLANT SALE Sat., June 3, 9:30 to 12:30 at the Fletcher Wildlife Garden, located off Prince of Wales Dr. south of the Arboretum. Go to: www.ofnc.ca/fletcher/ for details.

FREE MEDICAL LECTURE – Speaker: Dr. Florchinger on Help and healing the spiritual way through the teaching of Bruno Groening: “there is no incurable.” Wed., Apr. 26, 7 p.m., City Hall, Champlain Room. Admission free, donations appreciated.

FRIENDS OF THE FARM –Apr. 19 Friends of the Farm Annual General Meeting, 7 – 9 p.m. Public is welcome, membership not required. Guest speaker is Richard Hinchcliff, on “Bloomers are the Craze: Images of the Farm’s Gardens.” K.W. Neatby Bldg. Free parking. Register for this free event by emailing info@friendsofthefarm.ca or call 613-230-3276.

FRIENDS OF THE FARM MASTER GARDENER LECTURE, 7 – 9 p.m. April 25: Gardening for Beginners with Mary Reid; May 9: Container and Balcony Gardening: Gardeners, Contain Yourself, with Rebecca Last. FCEF members \$12, non-members \$15, Bldg 72 CEF Arboretum, east exit off Prince of Wales roundabout. Info: friendsofthefarm.ca/master-gardener-lectures/ or 613-230-3276.

FRIENDS OF THE FARM GUIDED TREE TOUR OF THE ARBORETUM, (friendsofthefarm.ca/arboretum-tree-tours/) May 7: Flowering Trees: Blossoms and Pollination, with tour leader Robert Glendinning. Tour starts 2 p.m. by Bldg 72 in the Arboretum. Tours are free and open to the public; please register in advance at trees@friendsofthefarm.ca or 613-230-3276. Donations to Friends of the Farm kindly accepted.

FRIENDS’ PLANT SALE, Sun., May 14, 9 a.m. – 1 p.m. - Get everything you need for your garden at our spectacular Plant Sale in the K.W. Neatby Bldg. parking lot at Maple and Carling Ave. Free admission; donations

to Friends of the Farm kindly accepted.

HERITAGE OTTAWA LECTURE (heritageottawa.org/lecture-series) Wed., Apr. 19, 19:00 to 20:00 Auditorium, Ottawa Public Library, 120 Metcalfe St. – Prime Ministers’ Row Project, The extraordinary built heritage of Ottawa’s Laurier Ave. East, historically home to seven Fathers of Confederation and eight Prime Ministers, will be transformed into Canada’s first street museum. Speaker Suneeta Millington, Chair of the Board of Directors, Prime Ministers’ Row. Free lecture, no need to pre-register.

INVITATION: GREGORIAN CHANTS FOR MEDITATION - Chorus Ecclesiae with Lawrence Harris - Good Friday, Apr. 14, 7 p.m. until midnight. Free admission. Drop in for a while or stay all evening. Canadian Martyrs Church, 100 Main St. Free parking behind church. Go to ChoirClass@hotmail.com for info.

IRISH SENIORS’ SOCIAL GROUP OF OTTAWA meets every Tues, 11 – 2, Sept. to June. Potluck lunch and activities. \$3 fee. St George’s Church Hall, 415 Picadilly Ave.

LEARN AND EXPLORE SPEAKERS’S SERIES AT ABBOTSFORD HOUSE, 950 Bank St., each Wed, 1 – 2:30 p.m. \$2 admission, includes speaker, tea/coffee and home-made treat! Due to demand, please register in advance at Reception or call 613-230-5730. – Apr. 19: Valérie Huard, who owns Abode Staging on Seven De-Cluttering Secrets! “Top-secret” tips will help make moving/downsizing more productive and less stressful. – Apr. 26: Nina Lepage, fitness instructor and nutritional educator on Eating Deliciously and Nutritiously. – May 3: Karim Gwaduri, financial advisor with Edward Jones on Making Your Money Last: 10 Principles for Living in Retirement. – May 10: Anne Berthiaume, an elder mediator and conflict coach, and Aneez Khanani, an elder mediator and communications expert, will lead interactive sessions on advanced care planning & end-of-life wishes, and family conflicts related to aging (safety in the home, driving, caregiver responsibilities & respite, powers of attorney, finance etc.)

LOG DRIVE CAFÉ AT ABBOTSFORD HOUSE (950 Bank St.). – Fri., Apr. 28, 7:30 – 9 p.m.: Maria Hawkins will bring her vibrant energy to an acoustic mix of blues, R&B and gospel tunes with guitar accompaniment. Admission: \$10 (doors open 7 p.m.) Coffee/tea and treats will be on sale.

MEGA RUMMAGE SALE RETURNS! MAY 13 – 20 - Saturdays 9 – 5 and Monday to Friday, 12 – 7, Centretown United Church, 507 Bank St. Mainly infants’ and children’s clothing. Net proceeds go to Centre 507, the Centretown Emergency Food, the Community Garden, etc. Contact nancy@centretownunited.org or 613-232-9854.

OLD OTTAWA SOUTH GARDEN CLUB meets second Monday of the month, 7 – 9 p.m. at Ottawa South Community Centre (The Firehall), 260 Sunnyside Ave. Membership \$25 per year; \$40 family; drop-in \$7 per meeting. – May 8: Master Gardener Judith Cox will show that Flowers and Veggies Do Mix through judicious companion planting and the use of containers.

OLD OTTAWA SOUTH GARDEN CLUB PLANT EXCHANGE AND SALE, Sat., May 13: The Community Gardener – Bring potted and labelled perennial plants to exchange. Set up starts at 9:30 a.m., exchange starts at 10 a.m., sale of remaining plants follows. At Brewer Park near the shelter at the children’s playground.

THE OTTAWA BRAHMS CHOIR AND HARMONIA CHOIR OF OTTAWA present a joint concert “Canada 150,” Sun., Apr. 30, 3 p.m., St. Thomas the Apostle Church, 2345 Alta Vista Dr. Featuring the premiere of a new arrangement of Ontario’s own “The Black Fly Song”. Tickets \$25 at door; \$20 in advance; students \$10, (youth accompanying parents free). Tickets at Leading Note, Compact Music, St. Thomas the Apostle Church Office, members of the choirs. Info: www.OttawaBrahmsChoir.ca, www.HarmoniaChoir.com, 819-568-8169 or 613-833-1812.

THE OTTAWA SOCIETY FOR THE ARTS AND SCIENCES (OSFAS), Ottawa Public Library Main Auditorium, 120 Metcalfe St. Free admission. – Thurs, Apr. 20, 7 p.m. - Sharon Buckingham on Colonel By and the Duke of Wellington: the story of one man’s courage and another man’s treachery. – Tues. May 16, 7 p.m. - Ottawa Then and Now: from the 1967 Centennial to the 2017 Sesquicentennial, a panel discussion with Elaine Marlin, Gail Larose and Josh Beer chaired by Dr. Michael Bloom.

PARENTS OF MILITARY MEMBERS SUPPORT GROUP April 3, 6:30-8:30 p.m. new location, 200 De Niverville Pvt. (facing bldg. entrance to MFRC, room is on the right side of the bldg.) Heather A. Cudmore-McCarthy at programs@mfr-ncr.org if you need directions. Caroline Chor from the MFRC-NCR’s Family Wellness Team on what to expect while your loved one is deployed and the impact this separation may have on parents.

PROCRASTINATION AND HEALTH - Professor Tim Pychyl, Dept of Psychology, Carleton University on the latest research findings about procrastination and its relation to health and well-being Thurs., Apr. 27, 7 p. m. in the Multipurpose Room, Glebe Community Centre (Third Ave. at Lyon). Don’t put it off! Go to www.procrastination.ca/.

SPRING FLING COMMUNITY FUND-RAISER FOR THE GLEBE CO-OPERATIVE NURSERY SCHOOL, Sat., May 13, 10 a.m. – 1 p.m., Glebe Community Centre (rain or shine).

TEA, JEWELS & TEDDY BEAR SALE, Tues., May 2, 2 – 4 p.m., The Glebe Centre at Abbotsford (the old stone house), 950 Bank St. We have beautiful bears looking for a loving home and lovely jewels for Mom. Info: 613-230-5730.

TOPICAL TALKS AT ABBOTSFORD HOUSE 950 Bank St., Mon., April 24 - Charlie Hill, the National Gallery’s Curator of Canadian Art from 1980 to 2014 on Canadian Art in the Thirties. \$3 Refreshments (muffin, juice, coffee) at 9:45 a.m. Talk begins 10 a.m. sharp!

AVAILABLE

HOUSE CLEANER - Glebe resident with 12 years experience working part-time at The Glebe Centre is looking for a few more cleaning clients residing in or near the Glebe for part-time work. Good attention to detail. Very thorough. Police records check and references available. Please call Liz at 613-231-5303.

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Moving Sale: ARBOUR RAINBARREL and SOILSAVER COMPOST BIN. Excellent condition, best offer. 613-238-2830.

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DONATIONS - CHILDREN’S WINTER CLOTHES for 170 children (ages 5 – 14) in a poor, remote village in Sri Lanka, with temperatures near freezing in winter. Please drop off at Ashbury House B&B, 303 First Ave. For information, call Charmaine at 613-234-4757.

PING PONG TABLE needed at Abbotsford Seniors Centre. Willing to pick up. 613-230-5730.


WHERE TO FIND THE *GLEBE REPORT*

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For rates on boxed ads appearing on this page, please contact Judy Field at 613-231-4938 or by e-mail advertising@glebereport.ca



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16 OTTAWA CHORAL SOCIETY
17 SOCIÉTÉ CHORALE D'OTTAWA

SATURDAY, MAY 13, 2017
7:30 PM, Dominion-Chalmers Church

JEAN-SÉBASTIEN VALLÉE
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Ballade to the Moon

THE SPINNERS OF SPELLS:
Johannes Brahms, Eric Whitacre, Morten Lauridsen, Ola Gjeilo, Daniel Elder, and other fascinating voices.

ELEANOR WACHTEL, reader
MATTHEW LARKIN, piano
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Introduction to Hiking

Saturday, June 3

Nepean Sportsplex

Introduction to Hiking: a full-day course for new hikers and those interested in tips to make hiking safe and enjoyable. The Rideau Trail Association is offering this course just in time to start the hiking season. \$85 (includes membership in the Rideau Trail Association).

To register or for information: introtohiking@rideautrail.org or phone 613-860-2225. Register early as the course fills up.

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glebe report

April 13, 2017



Sabine Modder, "Ready for the Next Round of Magic"



www.gnag.ca

Glebe Neighbourhood Activities Group

Glebe Community Centre
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For emerging
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Artists working in any media will have a chance to exhibit and sell their works for the month of May at Glebe CC

Opening: May 4, 6 - 7 pm

Submissions April 24 - 28

1 piece / person: max size 2 x 3 ft Hanging fee \$5
(or a diptych equalling max size)