

glebe report

November 3, 1995



1914-1918

1939-1945

glebe report

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Vol. 23 No. 10

Central Park gets heritage spruce-up

BY JOHN ZVONAR, GCA
Environment Chair

On Saturday, October 14, a good sized group gathered at Central Park for the annual fall clean-up. A solid effort was undertaken, ranging from pruning to raking to garbage pick-up.

Inspired by an earlier period photograph, we worked on re-instating the circular flower bed at Bank Street. This effort illustrates the great potential of a group with a common vision.

Thanks to Eleanor Stanfield for her unswerving commitment to the park and her part in preparing for the event. Thanks also to Jim McKeen of Loeb Glebe for his contribution of coffee urn and fixings, and Loblaws for their donation of soft drinks. They helped make the event a success!

Councillor Jim Watson, was able to photograph some of the volunteers that morning (tough as it



Photo: Jim Watson

was to drag people away from their appointed tasks!).

Although all who participated are to be lauded for their efforts, two individuals whose work cannot go

unmentioned. Barry Gillespie with his industrial strength loppers, carried out a significant pruning on the south slopes of the park towards Bank Street. He discovered

a drinking enclave with many bottles and a pile of garbage which the City has subsequently dealt with this. Compliments go to George Heimstra for his rakemanship. After weeding the Bank Street bed, George demonstrated the difficult Oriental art of gravel sweeping about this rejuvenated feature.

Thanks to Ray Smith (District #3, Operations) for supplying wheelbarrows, shovels, rakes, pruning shears, etc. Every fall and spring these are lent to us and they come in handy!

In early April we will begin to plan the programme for spring. There is interest in reviving the second circular bed further west, presently marked by four mature mugho pines. We will also toil to restore the central path which connected these two beds. Look for announcements in February's *Glebe Report*.

Help Santa Toy Parade Nov. 18



BY BRUCE
RAYMOND

The Ottawa Professional Fire Fighters' Association is proud to present the 26th Annual Help Santa Toy Parade. This year's parade will be held on Saturday, November 18, commencing at 11:00 am.

Our theme this year is 'Everyone loves a parade!' This phrase acknowledges the wide appeal of the Parade for all age groups.

The Parade starts at the corner of Rideau and Cumberland, proceeds west on Rideau to Elgin, south on Elgin to Queen, west on Queen to Bank and south on Bank to Lansdowne Park where it ends.

Three hundred firefighters will collect new and nearly-new toys and money along the route. All contributions are used to purchase toys. The toys are presented to the Salvation Army for distribution to less fortunate families in the community.

Last year \$56,000 as well as 30,000 toys were collected for the Salvation Army.

The Help Santa Toy Parade will include ten bands, five corps of majorettes and 50 floats.



Photo: Inez Berg

Great Pumpkin in the Glebe

It took a lot of work and some help from their parents but Jordan, Heather, Jenifer and Kaisha Szadkowski succeeded in bringing the Great Pumpkin to the Glebe. After planting the giant pumpkin seeds in the spring, the children patiently tended and watered their pumpkin patch through the summer. As they watched their little pumpkin turn into a great big pumpkin Jordan must have wondered if it would grow bigger than him. It didn't grow taller but it is certainly heavier. Just before Hallowe'en the 150 pound giant decided to come in from the cold. On Hallowe'en night it could be seen peering out from a warm spot on the window sill at all the ghosts and goblins on Second Avenue.



Update on GCC renovation plans

BY JENNIE ALIMAN

At a public meeting October 25, City planner Josée Hélie and architect Paul Hussar presented an update on the Glebe Community Centre Renovation Feasibility Study. Paul presented architectural analysis and costs for three renovation options. Josée explained her analysis of the three options from a programming point of view.

The three options are as follows:
1) Renovate the building at a minimum of \$1.5 million. This would correct all outstanding health and safety issues, and protect the building from future deterioration for the next five years.

2) Renovate the building at a medium cost of \$3.8 million. This option would include all of the work in Option 1 as well as work required, to bring the building to code, such as foundation upgrades, electric and mechanical systems and architectural restoration, enabling the building to last another 25 years.

3) A complete indoor and outdoor renovation program at a cost of \$4.5 million. In this option, all the work described in Options 1 and 2 are undertaken as well as gutting most of the building's interior to maximize recreational and cultural
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NEXT DEADLINE NOV. 27

Quote of the month

There is no such thing as an inevitable war. If war comes it will be from failure of human wisdom.

Bonar Law

NEWS

Expansion of Glebe Centre will meet future long-term care needs

BY KATHRYN CURRIE

Glebe Centre residents and some neighbours packed a meeting room in the Abbotsford Senior Centre on October 3rd. At this community consultation opportunity, the project manager explained plans for the Glebe Centre's new addition. If the permit and approval processes go smoothly this winter he hopes to break ground in the spring. He is aiming for December 1996 occupancy of the two storey structure.

The Glebe Centre is a non-profit organization with a strong connection to our community. Construction of this addition will be the culmination of years of effort by the Glebe Centre and its community support network. Susan LeConte, Administrator of the Glebe Centre, expects that good relations with the community will continue throughout the approval stages. She is confident that any inconveniences

to neighbours brought on by construction will be minimal.

The addition will be built on the existing parking lot between Bank Street and Monk Street. Seventy-five of the current 190 parking spots will remain at the southmost end of the property.

The Abbotsford Senior Centre's existing charm will be complemented by the new structure's brick exterior, stone coining and shuttered windows. The service structures on the flat roof will be concealed by a mansard. An above-ground hallway will link the addition to Abbotsford House. The main

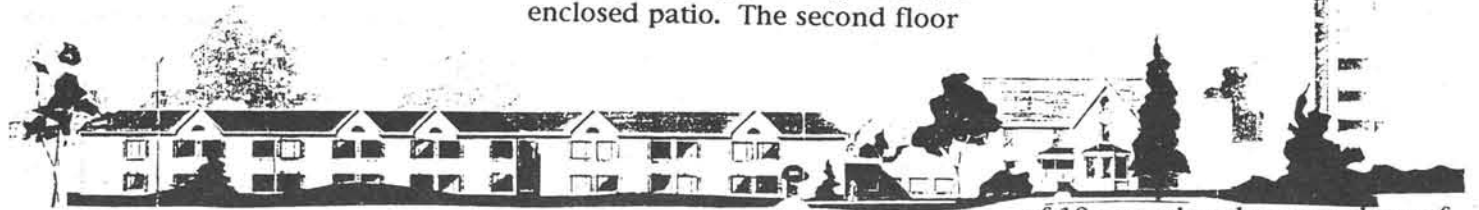
entrance to the enlarged facility will be on Monk Street.

Landscaping is to be determined later during the Site Plan Approval stage. It is expected that, due to the required construction of a service tunnel, the spruce tree in front of Abbotsford House will have to be removed during construction. It will be replaced with other trees afterwards.

The ground floor of this facility will meet the special security needs of 33 residents with Alzheimer disease and related dementia. They will be able to safely access communal living areas including a lounge, dining area and enclosed patio. The second floor

will accommodate a further 37 residents with greater care needs.

This project will allow many local seniors who currently make use of the services of Abbotsford Senior Centre and its Outreach Program to have any future long-term care needs met within their own community. The Glebe Centre has invited local multi-cultural groups to participate in the project. The local Dutch community is keenly interested in the multi-cultural aspect of the Centre.



Support your local emergency food centre

BY ROBYN LOUGHREY

With all of the cuts to social services, the new provincial government has commissioned local communities with more responsibility. Community groups, such as churches, clubs and neighbourhood associations, are going to find those in need turning to them more and more often. Poverty issues will become increasingly evident as we become increasingly responsible for the care of our neighbours. The question is, of course, how can we help?

One way of helping is by supporting your local food centre. The Emergency Food Centre (507 Bank Street) opened its doors 17 years ago as a result of area churches meeting to discuss community needs. Now, the Centre supplies food for more than 1,500 people every month. Of course, the toughest months may lie ahead of us.

WHO NEEDS HELP?

Clients of the Emergency Food

Centre come from a variety of backgrounds. They include social assistance recipients, people who have lost their jobs and whose unemployment insurance has run out, low wage earners (who don't always have enough to feed their families), those whose work is sporadic and who need assistance between jobs, those who have recently been released from correctional facilities, homeless people, and immigrants or refugees new to the city. In the past month, volunteers at the Emergency Food Centre have seen the number of first-time users growing. Also, the coordinator of the Centre says that she is overwhelmed by the number of phone calls from people who have never turned to such a service before, but now need to find out where the centre is and how it works?

HOW DOES THE CENTRE OPERATE?

The Centre is open from noon - 3

Glebe Cooperative Nursery School needs your help

Due to declining enrolment and a growth in options available to parents we are seeking new participants in our licensed pre-school nursery school. We have a dynamic new coordinator and an experienced teacher who are working with the parent board this year to offer exciting, stimulating and educational activities for children 18 months to 5 years of age.

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We are aiming for full enrollment in January. Children already enrolled will have first refusal for spaces next fall if 4 year old kindergarten goes to full days or is cancelled. We are appealing to all parents who have been involved in the Cooperative Playgroup/Nursery School to refer prospective members. We need your support to keep this Glebe Community tradition alive.



pm on Monday, Tuesday, Thursday and Friday. Clients are welcomed and registered at the Centre. If possible - i.e., if the line up is not too long - they are given an opportunity to discuss their concerns. In most cases, people are given a two-day supply of groceries, and are restricted to one visit to the centre a month.

The Emergency Food Centre also has a close working relationship with other support agencies: bulletin boards list other community resources; referrals are made to other agencies; and those involved in running the Emergency Food Centre work with other organizations on social issues. While recognizing the present need for food centres, the goal is to decrease client dependency on emergency services.

WHO SUPPORTS THE CENTRE?

The Emergency Food Centre is a project of the Centretown Churches Social Action Committee, a coalition

of 19 area churches; members of these churches donate money, food, and volunteer time. Furthermore, the Centre depends on the support of the Ottawa Food Bank, funding from the Region for the one staff position, and assistance from the community at large.

HOW CAN I HELP?

More than ever, the Emergency Food Centre needs your help. You could organize a canned food drive, drop off a cheque, volunteer some time, or make a donation of goods. The following items are always in demand: canned food, powdered milk, peanut butter, rice or pasta, soap, shampoo, toilet paper, toothpaste.

Donations of shopping bags (paper or plastic) and yogurt or margarine containers would also be much appreciated.

Monetary donations are used solely for the purchase of food. For more information about the Emergency Food Centre and how you can help, phone 232-3059

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Self Help Craft Fair comes to the Glebe Dec. 1 - 2

GIFTS THAT GIVE THRICE!

The second annual SELFHELP Christmas Craft Fair will be held at Glebe-St. James Church this year. Glebites will have a chance to experience the unique atmosphere and purchase original gifts for friends and family at the Fair being held in Fraser Hall at 650 Lyon St. South. The Fair will be open Friday, December 1st, from 5-10 pm and Saturday, December 2nd from 9 am - 9 pm.

SELFHELP Crafts works with craft organizations that give jobs and fair income to people who would otherwise be unemployed or under-employed. Approximately 70% of SELFHELP Crafts producers are women - some widows, some abandoned, some handicapped. Others work 16-18 hour days in their various roles as mothers, farm workers, domestic servants, and heads of households. SELFHELP does not intentionally seek out women as a gender issue, but they do seek out persons who are marginalized, impoverished, and who have very little access to fair-

paying jobs. With that as their mandate, it is not surprising that so many of their producers are women. Craft purchases in the past year provided the equivalent of more than 12,000 full-time jobs. SELFHELP Crafts markets the products of approximately 65 groups from around the world - groups such as a women's co-op in Bangladesh, hilltribe refugees in Northern Thailand, displaced families in Central America and landless peasants in Indonesia. By creating jobs for these and other groups in developing nations, SELFHELP works to find long-term solutions to poverty and hunger while educating Canadians about these issues.

The Fair is being organized by volunteers from this Glebe congregation as a way to raise awareness of development issues and to raise money for the Mission and Service Fund of the United Church of Canada. This Fund is used to support development projects throughout the world and in Canada as well. By shopping at the Fair Glebe resi-

dents will be assisting artisans in developing nations to earn a decent living and will be providing much needed resources to support other kinds of development work through the United Church, work such as democracy education in South Africa and local support for children and families living in poverty. Every \$1,300 of SELFHELP Crafts sold at our fair goes to empower an artisan in Asia, Africa or Latin America to support her/his family for one entire year. The Third World Fair is a great opportunity

for Glebites to find unique and inexpensive (most items are around \$20) gifts while supporting self-sufficiency throughout the world. Among the items available will be: jewellery, carvings, folk art, stationery, personal accessories, toys decorations, baskets, bags, tableware and much more. There will be a large selection of unique and beautiful Christmas decorations as well. Come and support a worthwhile cause: gifts that give not once, not twice but three times.

Tell us your stories

The 36th Ottawa Group, Scouts Canada, is sponsored by Glebe - St. James United Church and will be celebrating its 60th anniversary this year.

One of the anniversary projects is the preparation of a booklet of reminiscences or anecdotes by former and present members of the Group.

If you are a former youth or adult member, we would like to have your story. If you know a former member living beyond the circulation area of the *Glebe Report*, please do us a favour and inform that person of our project.

Tell us about the jokes that were played, the songs you sang and the activities that you enjoyed. Tell us the names of those you shared your



experiences with, together with approximate dates.

Provide the information in whatever way is most convenient to you, typed, handwritten or on diskette. If you provide the information on a 3.5-inch diskette we will try to return it to you with all the stories we get.

Send your information to, or get further information from, Doug Selley, 107 Broadway Avenue, Ottawa ON K1S 2V5, phone 234-9274 or by e-mail addressed to «selley@emr.ca».

John Olson communications

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EDITORIAL NOTES

Views expressed in the Glebe Report are those of our contributors.
We reserve the right to edit all submissions.

Changing seasons - changing times

As the *Glebe Report* goes to press, just on the heels of the Quebec referendum, there are such mixed emotions all across Canada, that most of us, no matter which side we are on, will need a little time to be calm and regain some perspective on all the issues after the intensity of the campaign. The result was so close that many will find it difficult to feel calm for some time, but calmness and clearheadedness is exactly what people on all sides of this issue must cultivate. It may seem, as one Quebec resident has dubbed it, "the Neverendum," but we are in it and we will have to stick it out and not throw up our hands in indifference, frustration or anger.

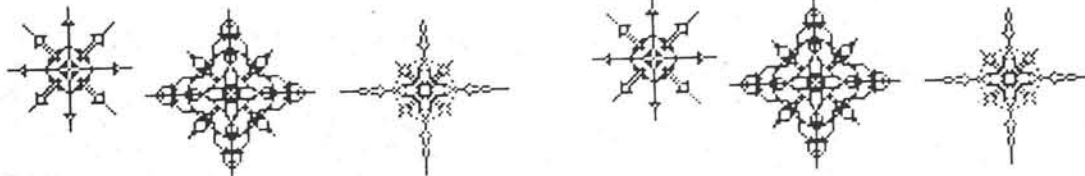
DON'T MISS THE SNOWFLAKE SPECIAL, DECEMBER 2

We have just bid farewell to the Great Pumpkin for another year, and some of us are still savouring the last of our Hal-lowe'en treats. At the Glebe Community Centre, GNAG volunteers are already planning for the community's annual festive celebration, The Snowflake Special. As usual, you and your family are invited to come and take part in sleigh rides and carolling. Afterward you will enjoy delicious seasonal treats and family entertainment including a magician, and members of the Ottawa Dance Academy, among others. See you at the Glebe Community Centre, Saturday, December 2nd!

Throughout November and December there will be several craft sales, bazaars, and events taking place in our community. Come out and enjoy them and meet your neighbours and friends.

REMEMBRANCE DAY - NOVEMBER 11

May 8, 1995 was the 50th anniversary of Victory in Europe (V.E.) Day. Autumn 1995 marks the 50th anniversary of the homecoming of many Canadian troops who served overseas in World War II. This November 11th will have a special significance for them and their families. All those of us who did not suffer through those times, but who have benefited from the sacrifices of those who did, will give thanks - and remember on November 11th.



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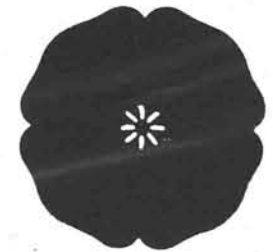
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**Lauren and Jamie
Kronick**

**Delores Young
(welcome back!!)**

glebe report

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**The next *Glebe Report* will be out December 8.
Monday, November 27 is our deadline
for copy and advertising.**

School board amalgamation means less for more

Editor, *Glebe Report*,

The Parent Advisory Committee at Glebe Collegiate reconvened this fall and have developed a response to the proposed amalgamation of the Ottawa and Carleton Boards of Education.

We agree with our Amalgamation Subcommittee that a strong message should be sent to John Sweeney, Chair of the Ontario School Board Reduction Task Force, reflecting our concerns about the effects of amalgamation. In our view, the Task Force's Interim Report was long on rhetoric and short on facts and its recommendations would result in a lower quality of education for our students, a likely increase in taxes for Ottawa rate payers, as well as significantly reduced representation by Trustees.

Specifically, as an inner-city board we face complex and ever changing demographics. We have developed innovative solutions to respond to the growing needs of our diverse student population. Amalgamation with the Carleton Board would mean these services would be diluted or costs would increase. We would be governed by a huge unwieldy board encompassing over 80,000 students. Thirteen trustees would be charged with serving over 100,000 rate payers from both rural and urban areas. Also, dollar savings from combining the two administrations are small and in no way compensate for the major disruptions anticipated. On top of all this, the proposed changes are to take place at a time when more im-

portant educational reform initiatives, such as the four-year secondary school program, should be addressed.

In lieu of public hearings on Mr. Sweeney's far-reaching proposals, the people of Ontario were invited to respond by mail, e-mail, telephone and fax. As a committee we decided to make the strongest possible use of the available channels and sent a forceful letter to Mr. Sweeney detailing the effects outlined above. We also encouraged parents, through a letter sent home with each student, to phone the Task Force Hot Line, phone or write their local M.P.P. and write or fax the Task Force with their views prior to the October 31st date specified. Our thanks to those who responded!

Approached on the initiative of the Ottawa and Carleton English boards, Mr Sweeney agreed to come to Ottawa, at community expense, for a public forum on October 19. The attendance and participation in this forum vividly demonstrated the concern about amalgamation within Ottawa-Carleton. We hope the Task Force's final report, due December 31, shows that our message was taken into account. Meanwhile, everyone is encouraged to continue to be alert to the problems of amalgamation and to lobby provincial politicians to reject amalgamation.

Shanti Inman and Sheila Selley,
Co-Chairs, Glebe Collegiate
Parent Advisory Committee

Another church in our history

Editor, *Glebe Report*,

In his brief outline of the establishment of the various Glebe churches (*Glebe Report*, Oct. 8, p. 28), David Farr neglects to mention a church which was just as old, or maybe a trifle older, than Glebe Presbyterian.

Zion Congregational Church on Fourth Avenue and the original Glebe Presbyterian Church on Third Avenue were both built at the same time, i.e. late 1894 and early 1895. Both buildings were used originally for Sunday School purposes, but for at least a year before they built their church, the Congregationalists had a Sunday School in a shop on Bank Street in the Glebe. Zion Congregational Church was officially organized on February 6, 1896—10 days before Glebe Presbyterian Church was opened for worship services.

Zion Church served the area for nearly 50 years. After 1925, it was

the smallest of the three United Churches in the Glebe. In the early 40s (the exact date is not clear from the records), declining membership and support forced Zion to close. However the much-renovated building is still in use as the Society of Friends Meeting House.

Donald A. McKenzie,
Deputy-Archivist,
Montreal/Ottawa Conference,
The United Church



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O Canada!

Editor, *Glebe Report*,

Unable to get onto one of the 120 buses bound for the Unity Rally in Montreal October 27, I and 12 friends piled into two vans to drive there instead. We joined throngs of cars with maple leaf flags flapping out of their windows, singing O Canada and tooting our horns at flag wavers on the overpasses.

Traffic ground to a halt in Montreal so we sought out a parking spot in the suburbs near a metro station and walked toward it. A school yard full of children rushed over to the fence to boo us. Passers by honked in solidarity. The odd one gave us the finger. On the subway platform one man told me I was carrying the wrong flag. I answered, "Non. Je suis Canadien." There was tension on the metro. Most of my crowd hid their flags and Canada T-shirts. I was determined however, that I was still in Canada, and able to show my true colours. I sang O Canada, alone. Many passengers were obviously annoyed. Others did not sing, but looked on smiling, relieved to see me show my support in safety.

As we neared Place du Canada a gentleman wearing a 'non' sticker said to me "Thank you for coming, we need you!" "And, we need you," I answered.

The rally was huge. Too huge to comprehend until I was able to see it on television that night. We sang in unison, cheering for what we love. We were all ages, all colours, all lifestyles and we were all Canadians. I was unable to see the speakers, or even figure out where they spoke from. There was nothing to see but flags and Canadians. Jean Charest gave the most moving speech of all, saying that we must not divide the house that is Canada, a house that we have lived in together in peace and harmony for 128 years. Numerous Quebeckers, mostly older, came up to thank us for coming, for showing that Canada cares. One woman broke down in tears. "I'm so scared," she told me. The Yes supporters did not welcome us. They would tell us that we are foreigners. I say, "not yet." There are Canadians that live in Quebec, and for one afternoon other Canadians came from across the country to remind each of them, "we have not forgotten you. You are still one of us." "Vive le Canada," we pray.

Ian Van Lock



Cold winds blow in the Snowflake Special Dec. 2

BY CLARA HIRSCH

Don't let the October winds foretelling the colder weather get you down. The Great White North brings out the generosity, hardiness and uniqueness of Canadians. Every year the Glebe Community Association (GNAG) funds, organizes and hosts The Snowflake Special. It is a time for families to gather and experience the pleasures of the season with our friends and neighbours. Sleigh rides, refreshments, crafts and family entertainment make this a special annual event. GNAG would very much appreciate some help to put on this party on December 2nd. Whether you have a talent for face painting, decorating, or just helping to set up and distribute snacks, please call Mary at 237-9613.

NEWS FLASH

GNAG now has a phone! Our telephone number: 233-8713. Our office hours are Mondays 9-5, Thursdays 12-5, Fridays, 9-5.

GRIMACING NUN YOUTH CAFE

The Grimacing Nun Youth Café is in full swing for the '95-'96 school year. We continue to offer a relaxed environment in which people ages 12 to 19 can hang out with their friends and enjoy an affordable snack. We are always looking

for volunteers and are open to input from our clients regarding any aspect of the café. It is open Fridays from 7pm until midnight (except the second Friday of the month). Hope to see you there!

AFTER FOUR SPACES

There are spaces available in the After Four Programme. Every afternoon, experienced, trained staff offer a wide variety of active games, crafts, special theme days, drama and sports. The children also receive a delicious and nutritious snack from the Pantry. Pre-registration is required at the Glebe Community Centre.

UPCOMING EVENTS CRAFT FAIR

Saturday November 18th, 10:00 - 5:00. Nov. 19 10:00 - 4:00. Admission free.

YOUTH DANCES

November 10, December 1st 7 pm - 10:30 pm. For ages 11-14. \$3 at the door.

YOUTH CAFE

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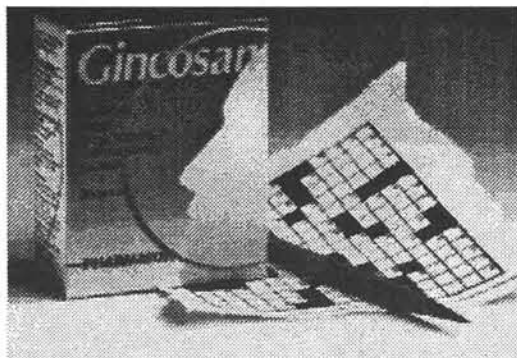


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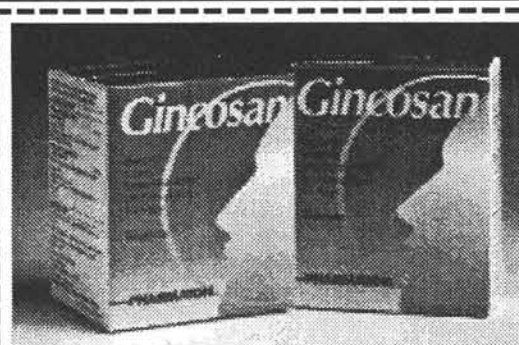
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In our refrigerated display

St. Giles 70th anniversary Christmas Fair November 18

BY NANCY JONAH

Church Christmas fairs have probably not changed a great deal in the last seventy years: a busy church basement on a cold November afternoon, friendly, welcoming faces, a tasty lunch to warm partakers and a wealth of Christmas items that are both homemade and generously-made by the church community.

St. Giles Presbyterian Church (at Bank and First) has hosted just such a Christmas fair each year since 1925 and is proud of and grateful for its seventy-year history. On Saturday, November 18, months of busy activity at St. Giles will, once again, culminate in our annual fair. Jim Watson, Ottawa City Councillor for Capital Ward, will open the event at 9:50 a.m.

In celebration of our 70th Anniversary, our church people have endeavoured to recreate a number of 1925-style prices (when purchased in conjunction with a second 1995-priced item). We hope these items will recall, to all who attend



our fair, Christmases gone by and Christmas traditions that we hold dear.

However, these 1925-style items

represent only a small portion of our efforts. Lots of edibles will be prepared: baking, jams and jellies, delicatessen items, Christmas

pudding and cakes will be available. Our knitters have been very busy and have created baby items, afghans, hats, mittens, scarves and sweaters of all sizes. Christmas decorations, kitchen and many other crafts will also be on display. At our Silent Auction, bidders can determine the value of unique and diverse items. In our children-only shopping zone, items to suit the budgets of the younger age group will be offered so that special gifts for parents, other relatives and friends can be selected. Our Flea Market makes bargains available to everyone.

The Coffee Bar will be open throughout the fair. Lunch will be available at four different sittings between 11:00 am and 1:00 pm. Tickets (\$5 for adults, \$2.50 for children) can be obtained by calling the church office (235-2551) any weekday morning.

Come and enjoy a special welcome. Join us in celebrating a long and happy tradition at St. Giles.

Abbotsford Festive Bazaar November 25

Mark your calendars now for the nicest Bazaar in town. Saturday, November 25, from 10:30 - 2:30 p.m., the doors at 950 and 954 Bank Street will open to an array of gifts and goodies that will delight both the eye and the pocketbook!

The large lounge in the Glebe Centre Residence will entice shoppers with tables full to bursting with Christmas ornaments, mystery gifts, toys, handmade knitted items, and everyone's favourite, delicious homemade cakes, cookies and candy. This is where you will find the Teddy Bears that are made with tender loving care by members of Abbotsford Senior Centre at their Teddy Bear Bees.

Through the link and into the beautiful heritage building that houses Abbotsford Senior Centre, you will find a house full of wonderful gifts for family including pottery, stained glass, crafts, jew-

elry, hand made cards, a white elephant table, the Abbotsford Boutique and the wonderful Country Cupboard. Upstairs will be the Silent Auction where shoppers top each other with bids on paper. You won't want to miss this selection of quality collectibles and antiques.

For those of you who will be shopping with small children, a "child-check" room is located on the 2nd floor of Abbotsford Senior Centre. Our teenage helpers will look after your little ones for free, with toys, games and videos while you shop in comfort! And to stave off those hunger pangs, muffins, drinks, soup and sandwiches will be available in the dining room.

Abbotsford Senior Centre and the Glebe Centre Residence provide a wonderful service for the seniors of Ottawa. Please support them by coming to the Abbotsford Festive Bazaar on Saturday, November 25.

Fashion Show Helps the Aged

On Saturday, November 18, Fifth Avenue Court will pulse with the fashion and flair of models from International Top Models showing the latest in holiday fashion from Glebe area merchants.

The show is organized as a charitable event supporting Help the Aged, an organization dedicated to improving the lives of destitute elderly people in Canada and the developing world.

The idea for the show was prompted by Glebe Photo General Manager Shahab Bakhtyar. With the support of Court businesses,

restaurants and other Glebe merchants, organizers have put together an evening of entertainment that will certainly kick off the Christmas season.

Tickets can be purchased at several Glebe stores or at the Help the Aged office in Fifth Avenue Court. Tickets are \$20. and include a complimentary drink, hors d'oeuvres and an opportunity to win some fantastic door prizes. The show starts at 7:00 pm with Cindy Day hosting the event.

For more information, contact Gerry Clarke at 232-0727.



Youth in action at PERC

BY JULIE ARCHAMBAULT

On Wednesday evenings, youth from diverse backgrounds break free from their weekly routines and bring enthusiasm and determination to weekly workshops at the Peace and Environment Resource Centre (PERC) in the Glebe.

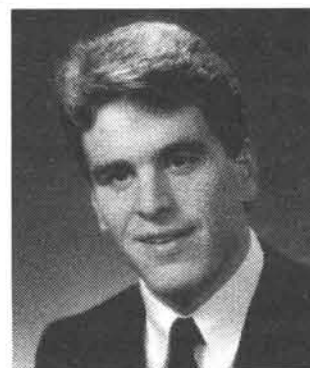
The nine-week series of workshops entitled: The Bob Hale Youth College for Social Justice offer youth an opportunity to sharpen their "action tools" for social improvement. Weekly courses permit participants to explore important issues such as gender, native rights and peace. At the same time the

youth are developing new skills for effective action. They can gain insights on how to run a meeting with discordant personalities or views in order to prevent that "meeting from hell."

These workshops break free from stereotypical learning in which students sit passively waiting for their brains to be filled with knowledge. Instead, the concept of "popular education" actually lets you "talk in class." Role-playing, brainstorming and debriefing liven up the learning process and allow the answers to start with you and not the textbook.



Sean D. Caulfeild
Barrister and Solicitor.



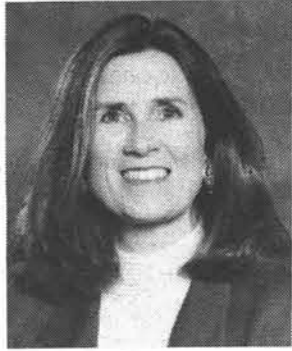
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By
G.C.A.
President
Diane
McIntyre

FRONT YARD PARKING

The GCA welcomed Gordon Harrison, of the City of Ottawa Planning, Economic Development and Housing Department, to our October 24 meeting to discuss front yard parking in our community. He reviewed the current policy as it affects residential areas, and outlined the City process to handle requests for front yard parking. Front Yard Parking applications are considered by the Planning Department and Engineering and Works. When the request complies with the conditions set out in Section 26 of the Zoning Bylaw, permission is granted. Where the request does not conform, the applicant may apply for rezoning or make application to the Committee of Adjustment for a minor variance. When applications go to the COA, the surrounding community is notified by letter and invited to comment. In the case of requests for rezoning, notification is normally provided by the posting of a sign on the site. Notification is provided to relevant City staff, the local community association and city councillors by letter.

During the past few months, the GCA has been advised of a number of proposed changes to front yard parking provisions and have heard from neighbours expressing concern in some cases or voicing support in others. Over the years, the GCA practice has generally been to oppose applications for front yard parking thereby advocating for attractive gardens and green spaces. We recognize that trends to increased residential intensification in the city and smaller family or household units, while contributing to a vibrant and healthy neighbourhood, also pose the challenge of how to accommodate more vehicles. In order for us to properly represent the overall community view on this parking dilemma, we invite you to share your ideas with us. Please provide these comments in writing for the GCA at the Glebe Community Centre; by leaving a message at 234-7911 on extension 3; or by calling Bill Metz our Planning Director on 234-2733.

PERMIT PARKING

The City of Ottawa has designated
November 3, 1995 Glebe Report-8

two areas of the Glebe for permit parking to allow extended on street parking. The Glebe West parking area is bounded by Bank on the East to Lyon, Morris or Ralph on the west and from Glebe Avenue south to Brown's Inlet. Glebe East is the area east of Bank to O'Connor from Holmwood to Glebe, and from Bank to the Driveway for Patterson, Strathcona and Pretoria. Permits are limited in number and are made available on a non-block specific basis. Applications and further information on permit parking may be obtained from the City.

TRAFFIC STUDY REQUESTED

The Glebe is experiencing increased traffic volume on a number of our residential avenues. Residents of Broadway Avenue report that there is increased cut through traffic, Powell and Glebe residents report higher speeds and more traffic. The GCA has requested a traffic study to assess the current volumes in the community and to recommend solutions for problem areas. We will be added to the waiting list for studies.

In the interim, a GCA team will meet with the residents of Glebe Avenue to discuss their needs and review the status of their petition to City Council and the police department seeking immediate traffic calming action. Glen and Janet Milne at 95 Glebe Avenue have graciously offered to host this meeting at their home in order to let us witness some of the rush hour traffic rumble between 6 and 7 P.M. on November 15. If you have concerns about the traffic on Glebe Avenue please join us at this informal meeting.

The NCC Traffic and Transit Committee will meet November 7 to discuss logistics for Winterlude '96. GCA Vice President John Kane will represent Glebe residents. If you have ideas or concerns about Winterlude traffic and parking please call John on 235-1782.

Traffic will be on the agenda of the next GCA meeting November 28. If there is a specific item that you would like discussed please leave a message for us on 234-7911 extension 1

MEMBERSHIP BLITZ

Thanks to a well orchestrated effort and a terrific team of Area and Block Reps the 1995/96 GCA membership campaign is wrapping up. Our door to door canvas has been completed on all but a few blocks (which we hope will be completed in the next few days so that we can complete the count). Congratulations to Membership Chair Martine Bresson, Vice President Val Swinton, Publicity Chair Kathryn Bradford, and 12

area Directors for leading this team of 200.

If your block rep missed meeting you at your door, you can still join the GCA by stopping by the Glebe Community Centre where memberships will be available.

COMMUNITY CENTRE RENOVATION

The Glebe Community Centre is a wonderful heritage building that provides a focus for many community events, activities and celebrations. It is our only completely public gathering space and is a much needed centre of community life. The GCA supports and applauds the efforts of the Glebe Neighbourhood Activities Group in their continued efforts to restore and retrofit the building in mid 1997.

CBC

The GCA passed a motion to

express support for the continued funding of local and regional CBC programming to endorse the City of Ottawa's resolution and to encourage similar action by regional council.

PLEASE JOIN US

GCA Meetings are held on the fourth Tuesday of each month at 7:30 P.M. in the Upper Meeting Room at the Glebe Community Centre. You are welcome to attend our meetings and to call 234-7911 beforehand with any items that you would like addressed. Correspondence to the GCA can be mailed to us c/o the Glebe Community Centre.

O CANADA !

Thanks to all of our fellow Canadians on the other side of the Ottawa River who voted to hold us together. Vive le Canada !

PUBLIC MEETING

Sponsored by the Civil Liberties Association,
National Capital Region
At Council Chambers, Ottawa-Carleton Regional Centre, 111 Lisgar,
8 p.m., Monday, November 6
"Are Welfare Cuts Infringing Civil Liberties?"
Moderator: Randal Marlin
Director, Civil Liberties Association
Panellists

YES

Lynne Toupin
(Executive Director, National Anti-Poverty Organization)
Alex Munter
(Councillor, Regional Municipality of Ottawa-Carleton)

NO

John Baird
(MPP for Nepean)
Willy Bagnell
(President, Ottawa-Carleton Board of Trade)

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Successful season ends for St. James Tennis Club

BY GENIO STARANCZAK, President

The St. James Tennis Club recently completed another successful year of operation. The club located adjacent to the Glebe Community Centre, between Second and Third Avenue primarily serves the communities of Centretown, Glebe, Ottawa South and Ottawa East. This year the club played host to 432 members consisting of 292 adults and 140 juniors.

The club opened the 1995 season in mint condition, with completely resurfaced courts and a renovated clubhouse. The ever popular Monday round robin commenced the first week of May and ran until mid September. To meet increasing demand a Thursday night round robin was added. In July, the club began its four week program of morning camps for juniors.

August was a specially active month. Two event nights were sponsored by the club. The first featured former National Tennis Champion Dale Power who played head supervisor Tate McLeod in an exhibition before an overflow crowd of cheering spectators. This match was followed by a mixed doubles pro-set pairing Power and McLeod with teenage sensations Jessica Rush (age 13) and Claire Smith (age 14). Under the guidance of coach Power, Rush went on to win the city women's singles title later in the summer.

The second event night featured an exciting doubles round robin pitting four club members against former city champions "Fast Eddie" Hladkovicz, Bill McPhail, Marinus Wins and Paul Henry. Our thanks go to these participants, as well as to Corel and Olympic Sports Shop

who donated prizes and Loeb Glebe for catering the evening. A special thanks goes to the many organizers of both events.

The club's city league teams were successful this year. The Division I and III mixed teams won championships while the Division IV team was runner up in league for the first time.

In the year end club tournament, Tate McLeod won the men's single title (again), while Claire Smith was victorious as women's single champion. Tate McLeod and Andrew Laubstein triumphed in the men's doubles, Jessica Rush and

Claire Smith won the ladies doubles while Mark Boudreau and Annette McGlynn squeaked out a victory in the mixed doubles. George Taylor won the President's cup, Johnny Wins Purdy took home the under 14 title and Jennifer Wong prevailed in the "C" tournament. Finally Steve Bryce and John Rawlins emerged as "B" doubles champs while the "C" doubles title went to Mike Hoyer and Jennifer Wong.

In conclusion, the club would like to thank its members for the support received during the year. We look forward to serving you again next year.

Message from the Mayor

Land transfers & leases with NCC

BY JACQUELIN HOLZMAN

Ottawa City Council is committed to ensuring that Canada's capital city remains green and clean from its borders through to its core. Among North America's three national capitals, we alone can boast this unique characteristic, due in large part to the priority that Ottawans place on the preservation of parklands within our local communities. In September, the City of Ottawa completed negotiations on land transfer and long-term lease agreements with the National Capital Commission that will protect our city's green space for the enjoyment of generations to come.

WHAT WAS DONE:

- the City will gain ownership of 168 acre Eastern Corridor between Smyth and Heron roads, which includes such popular neighbourhood recreational sites as Lynda Lane, Grasshopper Hill and Orlando Park;
- the City will gain ownership of 12 other recreational park sites across

Community Centre update, continued

programming and space. We had hoped at this meeting to hear a Department recommendation and a draft Council Report, but due to reorganization of the Department of Recreation and Culture, this has been delayed until February, 1996. We have been assured that this delay will not affect the established start date, of mid-1997 for the Centre's development. The building as is has a life-span of only 3-5 years, and concern was expressed that the City would allow one of its Heritage buildings to deteriorate to this extent.

There is still time in the redevelopment process for public input!

the city, formerly leased from the NCC;

- the remaining lands in both the northern portion of the Pinecrest Corridor (from Baseline Road to Carling Avenue) and the Western Corridor will remain "as is" and will be included in the 'National Interest Land Mass,' local lands which the NCC has set aside for no development.

- the portion of the Southern Corridor within Ottawa City limits is to be left in its present state pending the next review of the City of Ottawa's Official Plan;

the City will renew 49-year, nominal leases on Mooney's Bay Park, Ottawa Rowing Club, Rideau Canoe Club and Linton Ball Park;

-the NCC will gain ownership of Rockcliffe Park (not to be confused with the Village of Rockcliffe Park) and contract the City of Ottawa for snow and ice control services on some roads formerly maintained by the Commission.

Copies of two documents, *The Architectural Analysis & Costs*, and the *Programme Cost Benefits* are available at the Centre, and the working Committee would be happy to pass on your opinions of what is important to you regarding the Glebe Community Centre to the Planning Department. Drop your submissions or questions to the G.N.A.G. box at the front desk. If you wish to be contacted please leave your phone number.

In these times of restraint, we will have to fight to justify every dollar spent to achieve a Centre which will meet the community's needs now and into the future.

Glebe community supports Christmas hamper project

BY PAT SADAVOY

Do you remember those large bins just beyond the check-out counters at Loblaws on Isabella? The ones where you are invited to deposit food items for distribution through various food banks? And do you remember the notices that go up before Christmas letting you know your contributions help fill Christmas hampers for people who would have little to make the day special without your help? With your help, Jan Walton and her Loblaws colleagues fill Christmas hampers with your gifts and add a turkey to each one. This year fifteen of them will be delivered to McLeod-Stewarton United Church to be distributed by the Christmas Hamper Project.

Another Glebe business is part of a three-way Christmas hamper partnership. McKeen's Loeb Glebe packs hampers funded by members of Wesley United Church and delivers them to McLeod-Stewarton. Loeb's Debbie Tassone and Jim McKeen and Wesley United's Anne Darwin have been making this happen for years. Loeb Corporate contributes to the cost of a hamper as well.

These are just two examples of the ways the Glebe community supports the Christmas Hamper project initiated by McLeod-Stewarton United. As a Centretown church, (located at Bank & Argyle), the McLeod-Stewarton congregation has first-hand exposure to the needs of families and singles who turn for support to the Emergency Food Centre or Centre 507, both housed in the church building. The centres provide the Project with the names of people who need hampers.

Of course one church and its members can only do so much. There's a limit to the number of hampers that can be packed in one Sunday school room! That's why the Christmas Hamper project looks for

partners to prepare some of them.

If you and your family, class or work group are looking for a special way to share Christmas this year, why not fill a hamper? We'd be delighted to send you a hamper grocery list and the needs of one particular family. We'll look after the delivery.

We welcome volunteers to pack groceries, wrap gifts, to label boxes and to drive. We prepare hampers at McLeod-Stewarton between 4:00 & 6:00 pm the weeks of December 11th and 18th, and deliver on the morning of Friday December 22nd.

Could you help? We'd be grateful for even an hour of your time. To volunteer, call Vida at 737-2921. To sign up to fill a hamper, call Pat at 523-2294.

We cheerfully accept contributions of food, new toys or clothing and money! Gifts can be dropped off at the church weekdays before 1:00 pm or mailed to McLeod-Stewarton United Church, 507 Bank St., Ottawa K2P 1Z5. Cheques should be made out to the Christmas Hamper Project.

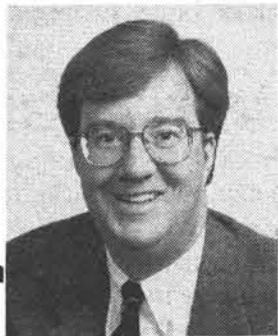


THANK YOU FOR SUPPORTING
THE GIRL GUIDES

CAPITAL COLUMN

Positive notes from our community

By
Councillor
Jim Watson



As most people celebrated Thanksgiving last month and we fast approach Christmas, I thought I would share my thoughts on some of the more pleasant tasks I get to participate in, and to thank a number of people and groups who made our community the special place it is. Too often we are surrounded by negativity and bad news, so I thought I would take this opportunity to look at the positive and what we can be thankful for.

VOLUNTEERS

Last month's *Glebe Report* had an excellent article by Ken Ross, President of the Glebe Little League. It contained dozens of names of parents, coaches, volunteers and officials who help make magic happen at the Lansdowne Park ball diamonds. Dozens of companies and small businesses were listed as sponsors. Some may be critical of the "corporate" world, but thanks to so many merchants, hundreds of kids are able to participate in one of the best ball leagues in the province. Congratulations! This is just one example of a group that does so much for our community. I could write the same for soccer, hockey, guides, etc.

UNITED WAY

As the United Way campaign winds down, I hope all residents are able to dig a little deeper to help those who need our assistance. Thank you to the thousands of volunteers who work on this enormous challenge every year with little recognition. And congratulations to Glebe resident Janie Burstein for chairing the overall Ottawa-Carleton 1995 campaign.

ARTS

I had the pleasure of officially opening a wonderful art show at Brown's Inlet entitled "Brown's Inlet Through My Window" by Glebe resident Jaya Krishnan. The event had all the right ingredients for success: a talented artist and his family, beautiful weather, and supportive neighbours and friends. Recently another local artist, Ian Van Lock, had an exhibition of his work at Fifth Avenue Court and the opening was one of the most colourful and flamboyant I have ever been to. Bravo!

November 3, 1995 Glebe Report-10

ENVIRONMENT

Hats off to the Girl Guides and Brownies for their help with the City's Recycling Day at First Avenue School. The commitment residents have to recycling is amazing. I recall with fondness Mr. Austin Bennett, his wagon filled with plastic containers, coming up First Avenue to the depot. He had carefully saved them over the past year and was doing his part for our planet.

Thanks to Jim McKeen for his leadership in setting up a Cardboard and Paper Recycling Day on November 11 at Lansdowne Park. In partnership with Glebe Trotters, Arbour Recycled Products and The Bike Stop, Loeb is promoting the adage "Think Globally. Act Locally."

SPIRIT OF THE SEASON

One of the most enjoyable tasks I have as a City Councillor is to visit our many churches for their bake sales, flea markets, concerts and church suppers. I offer my sincere thanks to the men and women of all the local churches who do so much to raise needed funds for the many worthy projects that their congregations support. My colleagues and friends Brian McGarry, Lynn Graham and I took part in the annual casserole lunch at Fourth Avenue Baptist Church and I told Brian and Lynn I was glad the church didn't charge by the pound at the buffet or I would be in trouble! I also had the opportunity to attend a wonderful church service and concert at St. Matthew's Anglican Church. Choirs from Westmount, Brockville and Ottawa joined forces to present what can only be described as magical.

STUDENTS

The antics of a few young people often cast a cloud over the many that do good work in our community. I think of Glebe students who help support so many causes in our community and who visit with our seniors. I also commend the volunteers from Carleton University's Foot Patrol for helping keep our community's streets a little safer during Halloween with their "Pumpkin Patrol."

CITY STAFF

At times much beleaguered, our city staff really are a joy to work with because of their dedication and professionalism. Locally, at the Glebe Community Centre, Sharon Plumb, Mary Tsai-Davies and Jane Wilson go well above and beyond the call of duty and are more than just City employees. Citizens of Ottawa are well served by our staff in the community centres, libraries, fire stations and

on the street. Let them know you appreciate their efforts.

IN CONCLUSION

This is just a small sampling of the good things that I see every day in my travels in our ward. Every year when I have the honour of hosting the Whitton Awards for community service, I am in awe of some very quiet people who have done extraordinary tasks. As we approach Remembrance Day then Christmas, let us remember the

sacrifices and dedication of so many of our neighbours and friends in their efforts to make our home a better place to live. As Henrik Ibsen once said "A community is like a ship, everyone ought to be prepared to take the helm." All aboard!

CAN I HELP?

Jim Watson, 111 Sussex Drive, Ottawa, K1N 5A1 Tel: 244-5367 Fax: 244-5651 E-mail: ad202@freenet.carleton.ca

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Big Sisters Festival of Trees '95
Thursday, December 7th, 1995, 7 to 11 p.m.
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An exciting showcase of:

Design, Christmas Trees, Holiday Wreaths, Centerpieces, Mini-Workshops, Entertainment, Refreshments, And Much More!

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SALE/VENTE

NOVEMBER 23, 24, 25 and 26

Glebe Community Center
690 Lyon (corner of Second Avenue)

Thursday	6-10	Jeu
Friday	10-10	Vendredi
Saturday	10-6	Samedi
Sunday	10-5	Dimanche

Free Admission

Community Support Network offers help

The 'Community Support Network' is a church-sponsored outreach which offers short-term, non-financial support to individuals and families in the Ottawa community. In a time of diminishing social services and community resources, there are pressing needs in the community for information, referrals and counselling.

Our service will be threefold:

1. Telephone help line - Volunteers will respond to phone calls and refer callers to local agencies or our trained counsellors.
2. Short-term counselling - A group of trained volunteer counsellors will offer timely short-term counselling.
3. Education - We will offer a number of life skills courses.

The object of the 'Community Support Network' is to supplement, but not replace services offered by established agencies/ networks. It is based in the Glebe, but is not limited to any geographical area or population.

SEPARATION & DIVORCE

We are offering, to all members of the public, a five part program entitled "You and the Separation and Divorce Process."

Are you going through a separation or divorce? Or, do you have friends who are doing so? How can you make the best of an unhappy situation? Many people are facing this and other questions. Would you like more information?

The dates and topics to be covered are: (7:30 pm)

Nov. 15 - To Fight or Not to Fight: Family Law and Mediation.

Nov. 22 - First Aid: Surviving the Process.

Nov. 29 - The Real Victims - Lessening the Trauma for Children

Dec. 6 - Help or Hindrance - How to Support the Separated/ Divorced Couple

Dec. 13 - God, You and Divorce - Your Church's Response and Healing.

Cost for the Separation and Divorce series is \$5 per evening or \$20 for 5 nights.

Sessions take place at Glebe-St. James United Church (650 Lyon St. S.) or St. Matthew's Anglican Church (217 First Ave.) or Blessed Sacrament (Roman Catholic) Fourth Avenue at Percy Street. To register, or obtain information please call the Community Support Network at 236-1433.

Will Rogers Follies will wow audiences

If you're looking for breathtaking family entertainment - you'll delight in The Company of Musical Theatre's presentation of *The Will Rogers Follies* making its Ottawa debut November 23 to December 3 at Centrepointhe Theatre.

Over 400 talented individuals auditioned for this show last June, which made the task of casting 64 members most difficult. Rehearsals have been underway since the beginning of August and will showcase dynamic performances from singers, dancers, actors and musicians from all across the region.

From the Glebe area, the talents of Stephen Sheffer and Maran Stern will be featured. Steve, a Glebe resident and drama student at Canterbury High School, plays the part of a wrangler. Maran Stern, a Glebe Collegiate Student is cast in the role of Sally Rogers, Will Roger's daughter. This musical, which won six Tony Awards including Best Musical and Best Score, is a revival of Florenz Ziegfeld's *Follies* in a salute to the legendary Will Rogers. Will started his life as a cowhand and went on to become a stage and motion picture star and a noted philosopher.

The story of Will Rogers life will unfold through a series of spectacular dance numbers with the

music ranging from vaudeville and blues to country, folk and jazz. The stunning, beautifully costumed show girls, the singing dancing Rogers kids, jugglers, dog acts, lavish sets and toe tapping music will appeal to crowds of all ages.

The Will Rogers Follies is produced by Harry and Karen Presser, executive producer June Evans, and is under the artistic direction of Peter Evans, with musical direction by Brian Boggs and choreography by Joan Scarcella.

This show is the seventh production of The Company of Musical Theatre. Past shows included: *Babies*, *A Chorus Line*, *Anne of Green Gables*, *Into the Woods*, *Annie* and last year's smash hit *Oliver*. The Company, and several local groups, will offer special priced ticket performances and benefits for *The Will Rogers Follies*. Monday, November 27 is Caldwell House Benefit with most of the proceeds going to this worthy charity. Tuesday, Nov. 28 is Malabar night and special ticket prices are available upon presentation of a coupon from the Malabar store to the Centrepointhe box office. Wednesday, November 29 is a special evening for Seniors sponsored by *Today's Seniors* and Loeb, and the Saturday, December 2 matinee proceeds

will benefit Toy Mountain.

Thirteen shows are scheduled to run from November 23 to December 3 at Centrepointhe Theatre, 101 Centrepointhe Drive. Evening per-

It's never too late to dance

BY ANGEL CHE

Tap dancing has a new appeal for women in their prime. Donna Edwards, a Glebe kindergarten teacher, purchased her first black patent tap shoes last fall. She had always been fascinated by tap dancers and an article in *Chate-laine* about mature tappers rekindled her interest. Madeline Taylor, a medical analyst, had enjoyed tap as a youngster but shelved it with other childhood pastimes. These two neighbours, after years of involvement through their dancing daughters, finally talked each other into joining an adult beginner tap class. Both women report that their first year was a wonderful experience. They were blessed with an excellent teacher who didn't single anyone out and was full of praise for their efforts. The class was paced for beginners, the music was good, and the social side great fun. "It was comfortable" Donna declares, "because all shapes and sizes were represented in the class. It's not as difficult as it looks and I'd recommend it to anyone!" Donna and Madeline will tap into their second year this fall.

Valerie Swinton, a library consultant, enrolled in lessons at age forty. "When I plucked up the courage to enter my first class, I was unmistakably its senior member." During her second year she

performances begin at 8 pm, weekend matinees at 2 pm. Tickets can be purchased at the Centrepointhe box office or by calling 727-6650.

became so discouraged at trying to keep pace with the teens, that she dropped out for almost ten years. Several years ago she interested enough mature friends to form a class and it has become a highlight of each week. This summer she and her classmates were thrilled to be asked to perform in four shows at the Central Canada Exhibition.

Donna, Val, Madeline and their daughters are among the twenty or so Glebe residents aged three to fifty who are enrolled at The Ottawa Dance Academy. Glebites will remember them for their numerous appearances at GNAG's annual Snowflake Special. The Academy is active in the Ottawa community, contributing performances to many events and charity fund-raisers around the city.

Carole Anne Piccinin, School Director, strongly endorses dance for fitness because it works the large muscle groups, builds bone mass and gets the heart rate up. She feels that the camaraderie and discipline fostered in a group make it an enjoyable and effective form of exercise. The Academy has between 35 and 50 women over age 30 registered in tap, jazz and ballet.

"Adults seem to enjoy tap because it is so rhythmical. Using the body as an instrument as you do in tap develops coordination, balance and musicality," says Ms. Piccinin.

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SKATE'S BEAT

Get involved in Operation Lookout



By Sr.Cst. Gary Schuiteboer

The last decade has seen a tremendous increase in media and public attention to the issue of drinking and driving. Despite public awareness campaigns a number of arrests are still being made for what many consider the socially unacceptable behaviour of driving drunk. In 1991, over 31,000 people in Ontario were charged with impaired driving offences.

Reduce Impaired Driving Everywhere or the R.I.D.E. campaign is used by your Police Service as a deterrent. Around holiday weekends public announcements are made in various media advising the public of increased police spot checks. Special interest organizations such as Mothers Against Drunk Driving (M.A.D.D.), Students Against Drunk Driving or S.A.D.D. and Against Drunk Driving (A.D.D.) also attempt to inform the general public that driving a motor vehicle in a less than sober state will no longer be tolerated.

At many typical Saturday night social functions there is access to alcoholic beverages. You can still have a good time at a party without placing yourself or other drivers on the road in danger by driving home impaired. Some people choose not to drink and still have a good time. Others select a designated driver from their group who agrees not to drink any alcoholic beverages during the evening. Some drinking establishments promote this responsible practice by providing the designated driver with free soft drinks all evening. Then there is always the buddy that will simply not let a friend drive home impaired. They will insist that this individual stay the night or simply call a taxi to take the friend home. The key to not drinking and driving is to plan ahead, don't wait until you've been drinking to decide whether or not your going to drive.

I'm sure that you have often heard someone at a typical social function say "Yeah, I'm OK. I can drive home. I've only had two beers." The responsible driver should stand by the rule of maintaining a zero blood alcohol content. An American publication called "Development of a Traffic Safety and

Alcohol Program for Senior Adults," quotes an amazing fact; "The alcohol in two 12 ounce cans of beer consumed in less than an hour can slow a drivers reaction by 2/5th of a second - allowing an automobile travelling at 55 miles per hour to travel an additional 34-feet - possibly the difference between a near miss and a crash."

From a professional perspective I can relate many experiences of suffering and tragedy resulting from drinking and driving. My earliest and most horrific experience involving drinking and driving was in March 1978. I was a young recruit out on patrol with my training officer. We responded to a hit and run accident investigation involving a pedestrian. We were the first to arrive on scene. I attempted to protect the severely injured person from the cold night air, but the injuries sustained were so severe that this individual died in my arms. After an extensive investigation it was established that the driver of the vehicle that had struck this victim had been impaired by alcohol. The driver had panicked and did not even attempt to slow down in an effort to avoid detection and responsibility. This driver was eventually apprehended and charged. The victim's family felt that the drunk driver's jail sentence should have been the same as that of a convicted murderer.

Every four hours someone is killed by an impaired driver. In 1992, 48% of all fatally injured drivers had at least some alcohol in their blood and of these same people over 30% had a blood alcohol content of twice the legal limit. Driving drunk is not an accident. You do have other options.

OPERATION LOOKOUT

Have you ever driven behind a driver you suspect is impaired? The impaired driver is prone to suspicious behaviour such as; excessive swerving when overtaking or slowing down, driving at night without lights, tailgating, changing lanes frequently, driving unreasonably fast or slow or at inconsistent speeds, disregarding traffic control signs and signals. What do you do? You can get involved! Operation Lookout is a community based anti-drinking and driving program that provides you with this opportunity. You could save someone's life! The cellular phone is as common today as the C.B. radio was in the '70s. Use it to report an impaired driver to police or take time to stop and call us. Information we can use to successfully apprehend a drunk driver would be the location and direction of travel of the suspect vehicle, the licence plate number, make, model and colour. If possible,

any other information particular to the vehicle and a physical description of the driver should also be reported. Never attempt to apprehend or pull over a suspected impaired driver. Let common sense prevail and let the police do their job.

Late night restaurants and confectioneries can also become involved. These premises are frequently visited by impaired drivers. If such a business were to display an Operation Lookout poster in the window perhaps this would reinforce the message that such irresponsible behaviour is no

longer acceptable.

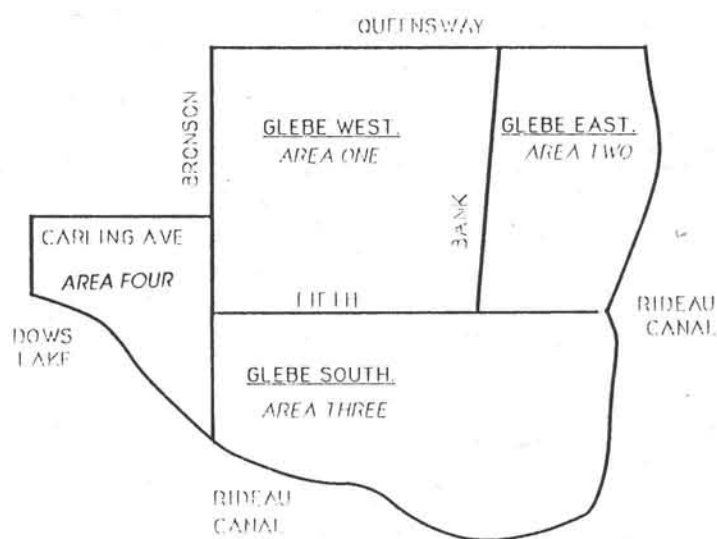
ASK SKATE

My purpose has always been to become more involved with the concerns of the Community I patrol. The *Glebe Report* has been an excellent medium to give advice on the different subjects that involve the Police and the Community. If you have a concern you think could be of interest to others, stop me on the street or write to Skates beat, c/o the Ottawa-Carleton Police, Community Services, 474 Elgin St., Ottawa, Ontario, K2P 2J6.

So until next time ... see you on the beat!

SELECTED CRIME STATISTICS FOR THE GLEBE AREA FOR A FOUR WEEK PERIOD ENDING OCTOBER 11TH 1995

	Area One	Area Two	Area Three	Area Four
Break Enter Commercial	2	3	1	0
Break Enter Residential	2	5	3	0
Theft over \$1000	0	1	0	0
Theft under \$1000	10	11	17	0
Theft of Motor Vehicle	6	2	5	0
Robbery	0	0	0	0
Setting a Fire	0	0	0	0
Indecent Act	0	0	0	0



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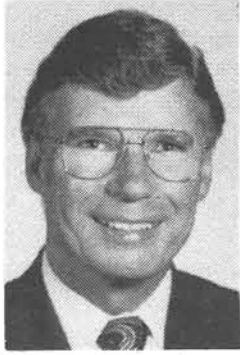
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Regional Councillor report

By
Regional
Councillor
Brian McGarry



Economic development remains high on the Region's priority list as we continue to wrestle with governments downsizing along with the influence of the Quebec Referendum.

Two Regional studies are underway before we leap into areas which may or may not benefit Ottawa-Carleton.

Gerry Turcotte, Chairman of the Ottawa-Carleton Research Institute and Graeme Kirby, interim President of the Ottawa-Carleton Economic Development Corporation are two very capable people who are co-chairing the Task Force determining whether we could use a High Tech Research Park. The Report to Regional Council should be forthcoming mid January 1996.

The present Ottawa Life Sciences Park may be an example to follow, albeit a different discipline. This Park is 80% filled in a relatively short time. Technology companies, we are told by Ron Kysiak of Evanstown Illinois (an expert on US high-tech parks), tend to congregate in order to be close to their 'raw' material, in this case 'brain power.' He states that research parks can focus technology expertise and can collapse precious time required to obtain resources. The impact is not entirely quantitative but rather qualitative. Ottawa-Carleton may have the necessary ingredients to make such a park worthwhile. I will report on the findings but in the interim I would be happy to hear from those who have knowledge and perhaps experience to share on such initiatives.

A second Task Force underway is examining the possibility of a convention centre to compliment the Congress Centre and perhaps be linked to city-centre hotels and shopping areas around the Rideau Centre. Minto Developments has one property that may suit but the study could determine others or could discover the facility is unwarranted, too expensive, etc. We do know major conventions are bypassing Ottawa presently. The Steering Committee is made up of representatives from: the Ottawa Tourism and Convention Authority; Minto Developments; the Ministry of Economic Development, Trade and Tourism (Ontario); Public Works and Government Services

(Canada); the City of Ottawa Commissioner of Economic Development and Regional Government (including yours truly). Our report will come to Regional Council by May 1996. In the interim, public meetings will be held with specific attention to Ottawa University and the Sandy-Hill community in that this area will have particular interests at stake.

Unrelated to the above, at least at this point, is the City of Ottawa direction to have a look at the possibility of a casino. More information will be forthcoming from Ottawa and I know Councillor Jim Watson will keep all of us informed.

The Region is also active in the Special Investment Opportunities program (S.I.O.) where investment funds from individuals are matched with entrepreneurs who have expertise but not cash. The Globe and Mail (Oct. 16, 1995) praised the Region's efforts in conjunction with the Ottawa-Carleton Economic Development Corporation (OCEDCO) and depicted us as a model for other areas of Canada. Great partnerships have been formed in the National Capital Region including the Business Development Bank of Canada and Working Ventures, the latter being a labour sponsored investment fund (proving that private industry and labour can work together to the benefit of both).

Please support City Councillor Jim Watson and me as we attempt to maintain Federal Grants to the City and Region in lieu of Taxes. Over a 3 year period it could mean a 26.4 million dollar loss...13.6 million to the City of Ottawa and 12.8 million to the Region. Letters of support are welcome, to City and Regional offices or directly to your M.P.

In closing, a recent article in the Ottawa Sun (and subsequently followed on the radio and in the Citizen) announced I would not be seeking a second term on Regional Council. This information is correct but a casual conversation with a constituent and a candid reply to the question "are you running again" ended up in the media. It was my intent to inform all constituents in 1996 but alas there will be plenty of lead time now for those who may want to seek the Regional Seat in Capital Ward. If I can be of any assistance by way of information or to describe the time commitment necessary, please be in touch.

In the meantime I will provide all the energy necessary to carry out the term. It is a privilege to serve Capital Ward; however by the end of 1997 it will mean 12 years in municipal politics (9 years on School

Board and 3 years on Regional Council). One should leave before his/her welcome is worn out and of course new ideas and new energy coming into our Ward are refresh-

ing. Thank you for your continued input.

Brian McGarry, Regional Councillor, Capital Ward, Phone 560-1224, Fax 560-1268

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NEWS

OBE trustee report

By
OBE
Trustee
Lynn
Graham



SCHOOL BOARD AMALGAMATION

I am in favour of the goals behind school board amalgamation. Such restructuring would make sense if it resulted in greater equity of opportunity for all students, the maintenance of a high quality of education and financial savings which could be redirected to the classroom.

Unfortunately, the form of amalgamation proposed in the interim report of the School Board Reduction Task Force i.e., combining the Ottawa Board of Education and the Carleton Board of Education - will not ensure these goals are realized and I cannot support the recommendation to amalgamate the OBE and the CBE. In fact, it appears neither students nor rate payers would benefit. While the report proposes sweeping change and massive disruption due to a series of amalgamations across the province, it is sorely lacking in data and any form of impact analysis, educational or financial. We are being asked to endorse unsubstantiated proposals. This is unacceptable.

John Sweeney, who chaired the Task Force, spoke at a packed public forum at R.M.O.C. on October 19. He indicated that the data and analysis will not be available until the final report at the end of December - two months after the deadline (October 31) for public response. He also made it clear that his mandate did not include the possibility of amalgamating public boards with either Roman Catholic separate boards or French-language boards, due to guarantees in the Canadian Constitution and the Charter of Rights.

Decisions must be based on the best interests of the students. The OBE and the CBE serve student populations with different needs. For example, while the OBE has put in place a number of programmes and services for a diverse, inner-city population, the CBE has given priority to the building of new schools for a growing, but more homogeneous student group. If these boards are put together, and priorities melded, we would likely see a deterioration in our ability to deliver quality education, particularly when CBE students and their

elected representatives outnumber their counterparts in the OBE.

The report of the School Board Reduction Task Force does not include financial data as to what savings and costs are associated with amalgamation and what effect the amalgamation of the OBE and the CBE would have on local taxes. Merging an assessment-rich board (OBE) with an assessment-poorer board (CBE) may save the provincial government grant dollars but will undoubtedly increase local rate payers' taxes, particularly within the current jurisdiction of the OBE. A large property tax increase (the exact amounts are not indicated) is particularly indefensible if accompanied by reduced access to educational programmes and services.

There must be a staged and managed approach to educational reform which looks at the pros and cons of amalgamations in the context of other government initiatives, especially education finance reform i.e., the funding of education. Will there be regional or provincial pooling of commercial and industrial assessments? Will the education component of local property taxes be eliminated in favour of an increase in provincial personal income taxes and/or provincial sales taxes? Should taxes for education remain at the local level to ensure local accountability? Changes to the funding of education must be determined before an appropriate structure for governance can be put in place. As an alternative to the amalgamation of the OBE and the CBE, the government should also consider moving towards one publicly-funded education system in Ottawa-Carleton, possibly through the confederated school board model i.e., an "umbrella" structure where all boards in an area, whether public, separate, or French-language, would have one delivery system for educational services, but retain separate educational programming in accordance with constitutional guarantees.

In the meantime, there are a number of important provincial initiatives which should be given proper attention as they are being implemented. These priorities include:

- the move towards a centralized curriculum
- the development of school councils
- the elimination of one year of secondary school
- the establishment of an office of Education Quality and Accountability (re: testing), and
- the setting up of a College of Teachers to regulate the teaching profession.

For the time being, the province should focus on cost-efficiencies by mandating co-operative ventures among school boards (i.e., public, separate, and French-language) through legislative changes to the Education Act. Here one can find economies of scale. While there is some evidence of success to the Education Act. Here one can find economies of scale. While there is some evidence of success voluntary co-operation in Ottawa-Carleton. (e.g., shared busing between the

OBE and the ORCSSB), progress in my view has been slow. Legislated shared service delivery seems to be the most immediate and practical approach to reducing government duplication and saving money.

Please let me have your views.

FOR INFORMATION

Lynn Graham, Trustee, OBE Zone 9, c/o330 Gilmour Street, Ottawa, Ontario, K2P 0P9, Tel. 730-3366, Fax 730-3589, Freenet: ad907@freenet.carleton.ca

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Glebe Questions Tarantula tales & creepy critters

By
Clyde
Sanger



Yes, we're back on spiders; and I'm fully prepared to answer Boyce Richardson's set of questions about them, having had a wondrous tour of the Canadian Museum of Nature. Robert Leuenberger took me round not only the permanent Creepy Critters display on the third floor, but led me up winding ways to the greenhouse area where the real treasures are kept. More on them later.

Boyce was telling of the joys of gazing, in the early morning sunlight of mid-August, at thousands of webs along the canal fence, and the myriads of insects caught in them. He asked: "What kind of spiders are these, and what are these little insects? Why do the insects accumulate in clouds so close to the water? Why do spiders make such a variety of differently shaped webs? Is this done by different species of spiders, or what?"

Well, there are some 1,256 species of spider found in Canada; so there are plenty of choices. But Robert, who says he's a horticulturalist more than a spider expert, plumped for the family of Araneidae. Even among them there are 69 species, all of whom build some kind of orb web. Among them Robert unerringly went for the black-and-yellow spider (*Argiope aurantia*), a slender beauty with eight long legs. He likes photographing them, he explained.

The authors (from New Hampshire) of the National Audubon Society book on North American insects and spiders have their own line on the black-and-yellow spider. Lots of female spiders kill off the male after mating, but not this one, apparently. She weaves her web, lays thousands of eggs in a sac about an inch across, and then expires of exhaustion. The eggs hatch in autumn, the tiny spiders winter over in the sac and disperse in springtime. Some surviving male then goes to the edge of the female's web and builds his own web, adding a white zigzag band vertically down it. A sort of homing beacon for insects. This spider "prefers sunny sites with little wind."

That's about it, Boyce, and it doesn't explain the layers of webs.

(There must be flexi-hours on web-weaving, with earlier male generations working alongside the soon-to-expire female.) Robert, anyway, was quite clear about the insects: "Aphids, fungus gnats, fruit flies and mosquitoes," he rhymed off. They stay close to water that's not moving fast, because that's where they breed.

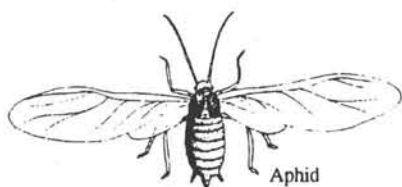
We went on tour. He led me past a handsome and inquisitive wood-turtle to a Red-kneed tarantula. The turtle had come from no further than Gatineau Park, but the tarantula hailed from the Mexican desert. "She bites, but no poison," he said, "and she hasn't moved since yesterday."

I told him my favourite tarantula story, of my Uncle Allen, then a proper young lad, in a train in pre-war Malaya watching this hairy spider climbing up the leg of a man opposite and not warning him "because we hadn't been introduced." But Robert was already on to the next glass case and pointing at one called Mombasa lurking in a bit of tree: "Now she's mean! Gerben (his colleague) says she would eat her own mother!"

The tarantulas seem to chat on legs, for they have two extra sets, one of which helps with eating and the other with spinning. Down on the third floor was another Red-kneed fellow, but the spider that draws stares there is the black widow (*Latrodectus mactans*) who, though tiny, really is dangerous. You can identify him easily if you care to turn him over and find the red spot. No, don't do it! They are to be found in southernmost Ontario, among other places, and the Museum of Nature folk have had fun fitting out his glass cage with a toilet seat, an almanac and some toilet paper. Why? Robert knew: "Well, they like warmth and no wind, so that's where they go, into old outhouses."

Another little joke in the Creepy Critters exhibit is the video entitled "Amazing Feats and Daring Deeds." You can see a water spider catching and anaesthetizing a much larger fish and, more exciting still, a trapdoor spider catching wood-land bugs.

Now what I'd really like is a question about coelacanths in the Rideau Canal, and then I could tell you about a wonderful character called Terry Morgan.



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1996 BUDGET

The results of the public consultation on the 1996 City of Ottawa budget are currently being reviewed by City staff. Hundreds of excellent suggestions were made, and many of them will be incorporated into the 1996 budget.

A draft of the 1996 budget will be released early in December, for approval by City Council by the end of the year. If you would like a copy of the draft budget, or if you would like to appear before City Council in mid December to comment about the budget, please call our Information Centre at the number listed below. Please consult future city advertisements in daily and community newspapers for additional details about the budget process.

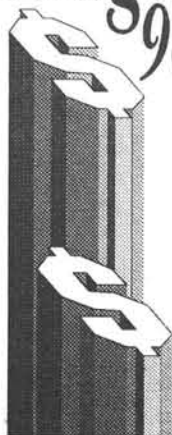
Information centre: 244-5464
 Mayor's office: 244-5380
 Councillors' offices: 244-5350



City of Ottawa

Information

Budget '96



BUDGET 1996

Le personnel municipal passe actuellement en revue les résultats de la consultation publique sur le budget 1996 de la Ville d'Ottawa. Des centaines

de suggestions excellentes ont été formulées et l'on tiendra compte d'un bon nombre d'entre elles dans le budget 1996.

Une version préliminaire du budget 1996 sera diffusée au début décembre et présentée au Conseil municipal aux fins d'approbation avant la fin de 1995. Si vous désirez obtenir un exemplaire du budget préliminaire ou si vous souhaitez faire un exposé sur le budget devant le Conseil municipal à la mi-décembre, veuillez téléphoner au Centre d'information au numéro ci-après. Consultez les prochains numéros des quotidiens et des journaux communautaires pour de plus amples détails sur le processus budgétaire.

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 Cabinet du maire : 244-5380
 Bureau des conseillers : 244-5350

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To become a member of the Civic Pride Action Group, write us a letter explaining why you'd like to get involved and outlining your goals for the program. Attach a resume and send in confidence to:

Nora Gorman (244-5300 ext. 1-3229)
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 City of Ottawa
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 Operations Branch, Ottawa, Ontario K1N 5A1



SOYEZ QUELQU'UN D'ACTION!

Joignez-vous au Groupe d'action pour la fierté civique

Ottawa, propre, verte et fière de l'être, le programme de fierté civique de la Ville d'Ottawa, est un programme d'éducation communautaire tourné vers l'action qui cherche des solutions au problème de plus en plus préoccupant d'élimination des déchets dans notre ville.

Vous êtes enthousiaste et fier d'être résidant d'Ottawa, soucieux de la propreté et de l'embellissement de notre ville? Vous en avez assez de simplement parler de moyens de l'améliorer? Alors vous êtes fin prêt à vous joindre à nous! Le Groupe d'action a besoin de vos idées, de votre expertise, de votre temps et de votre engagement afin de vraiment faire d'Ottawa une capitale propre et verte dont nous pouvons tous être fiers!

Pour devenir membre du Groupe d'action, envoyez-nous une lettre nous expliquant pourquoi vous aimeriez vous joindre à nous et nous donnant un aperçu de vos objectifs pour le programme. Veuillez y joindre un curriculum vitae et l'envoyer sous pli confidentiel à l'adresse suivante :

Nora Gorman (244-5300 poste. 1-3229)
 Groupe d'action pour la fierté civique
 Ville d'Ottawa
 111, promenade Sussex, 5e étage
 Direction des opérations, Ottawa (Ontario) K1N 5A1

OTTAWA CYCLING ADVISORY GROUP

Are you interested in cycling?
 Would you like to be involved in decisions affecting cycling in Ottawa?

The City of Ottawa Cycling Advisory Group is a committee of citizen volunteers who provide advice to the Department of Engineering and Works on issues related to cycling. We need new members.

Applicants for this committee must be residents of the City of Ottawa.

Letters of application (including some background information) should be forwarded in confidence to:

Daphne Hope (244-5300 extension 3225)
 Alternative Transportation Planner
 Licensing, Transportation and Parking Branch
 Department of Engineering and Works
 111 Sussex Drive, Ottawa, Ontario K1N 5A1

The deadline for the receipt of applications is November 30, 1995.



LE COMITE CONSULTATIF DU CYCLISME DE LA VILLE D'OTTAWA

Le vélo, ça vous intéresse?
 Aimerez-vous participer aux décisions touchant le cyclisme à Ottawa?

Le Groupe consultatif sur le cyclisme de la Ville d'Ottawa est un comité de citoyens bénévoles qui conseillent le Service du génie et des travaux publics sur les questions reliées au cyclisme. Nous avons besoin de nouveaux membres.

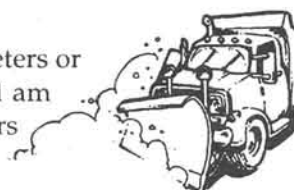
Les personnes intéressés sont priées de faire parvenir leur demande mentionnant leurs connaissances sous pli confidentiel à l'adresse suivante:

Daphne Hope (244-5300 poste 3225)
 Urbaniste en transports alternatifs
 Planification du transport
 Service du génie et travaux publics
 111, promenade Sussex, Ottawa, (Ontario) K1N 5A1
 Échéance: le 30 novembre, 1995

LET IT SNOW!

Let it snow, let it snow, ...but remember when seven (7) centimeters or more of snow have been forecast, overnight parking (between 1 am and 7 am) is **not** permitted on any Ottawa street. Permit holders are exempt.

Help us serve you better. Questions? 244-5444.



QUE LA NEIGE TOMBE!

Que la neige tombe, tombe... mais n'oubliez pas que si l'on prévoit une accumulation de neige de sept (7) centimètres au moins, il est **interdit** de stationner dans les rues d'Ottawa pendant la nuit (de 1 h à 7 h). Les détenteurs de permis sont exemptés du règlement.

Aidez-nous à mieux vous servir. Questions : 244-5444.

COMPANION ANIMAL SPAY/NEUTER CLINIC

95 Bayview Road
 Ottawa, Ontario
 K1Y 2C5
 (613) 798-8970

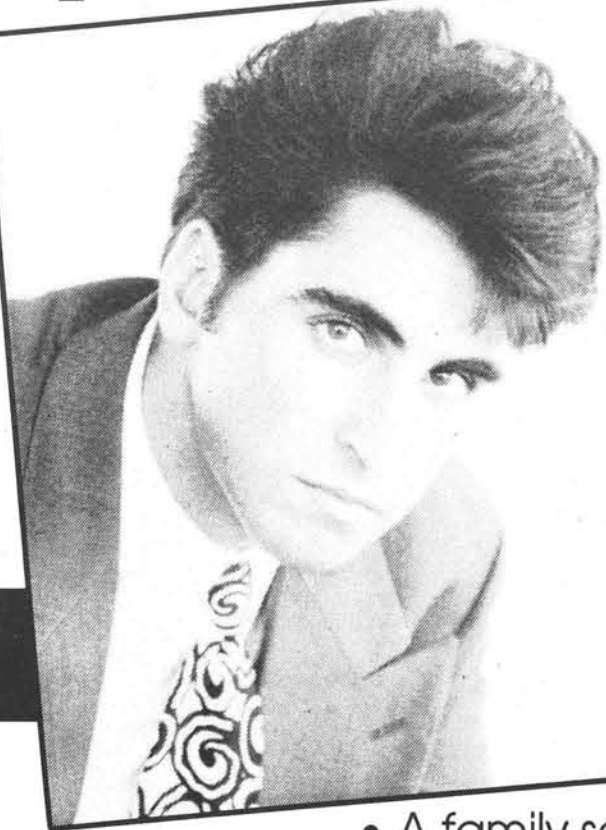
Help reduce the number of unwanted and stray domestic animals euthanized each year. Have your dog or cat sterilized.



CLINIQUE DE STÉRILISATION POUR ANIMAUX FAMILIERS

95, chemin Bayview
 Ottawa (Ontario)
 K1Y 2C5
 (613) 798-8970

Contribuez à réduire le nombre d'animaux errants ou abandonnés qui sont euthanasiés chaque année. Faites stériliser votre chien ou votre chat.



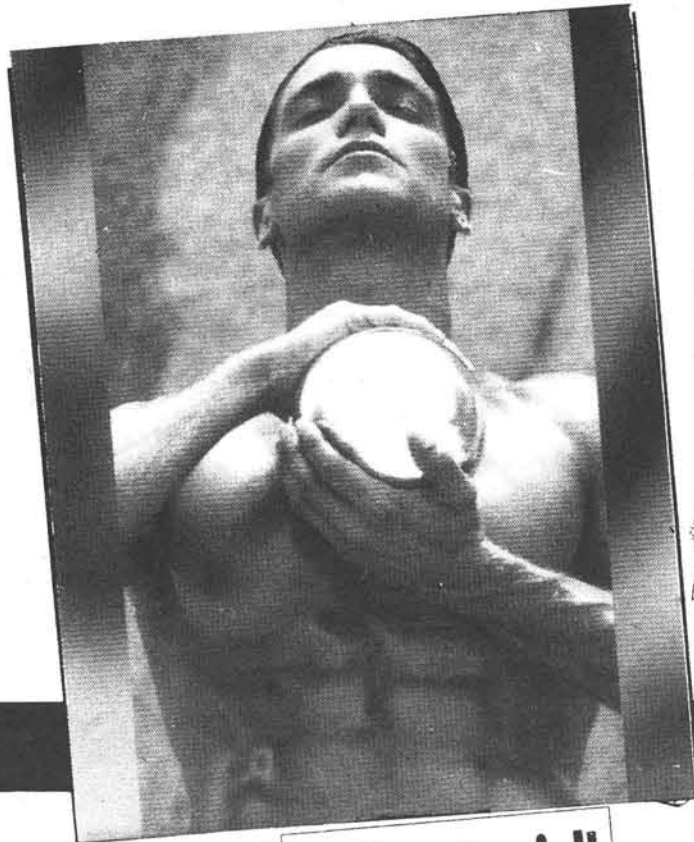
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MANCINI
 HAIR • ESTHETICS • TANNING STUDIO



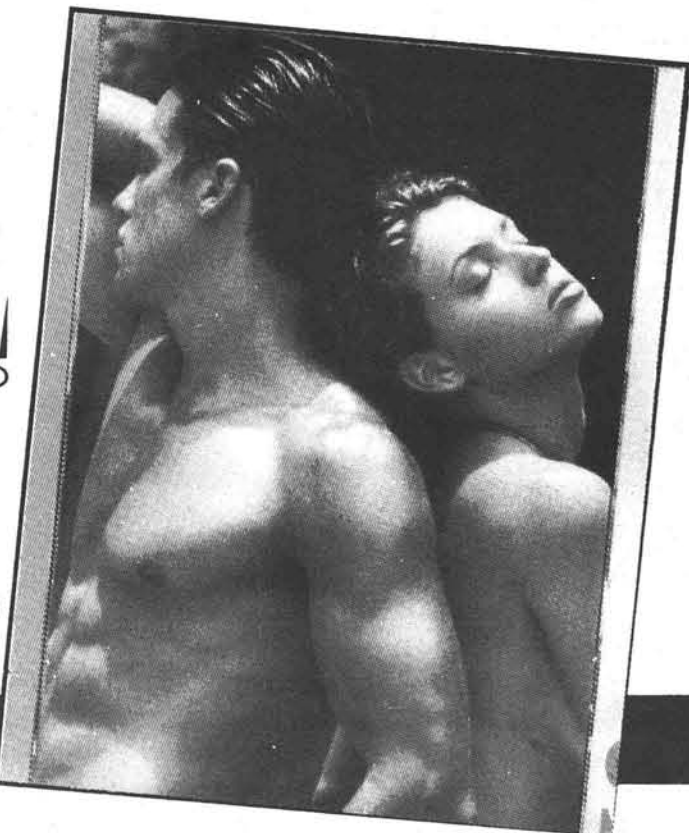
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- A family salon in the heart of the Glebe •
- Great assortment of hair and skin care care products •
- Tanning beds available seven days a week •
- Full esthetic services •
- Seniors & students **20% off Mon., Tues. & Wed.** with ad •

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Tanning Beds
NOW OPEN!

Tanning Hours:
 Mon.-Fri. 9-9
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Student Special!
\$4 Mon.-Fri.
11a.m.-3 p.m.

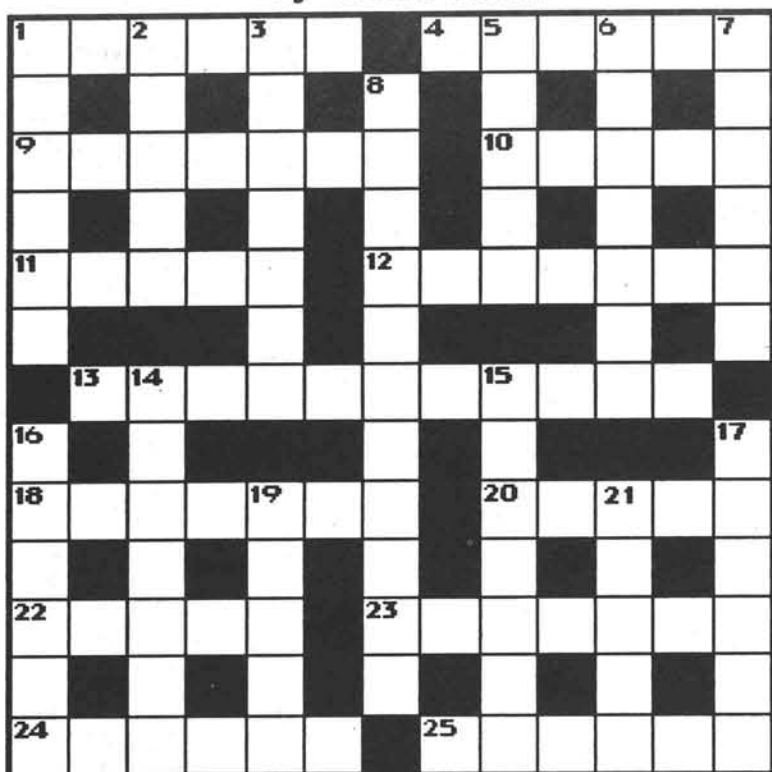
1 session: \$6
5 sessions: \$25
10 sessions (plus 3 free): \$55
20 sessions (plus 3 free): \$95
plus tax

856 Bank Street
 (at Fifth Avenue)
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FEATURE

Cryptic Crossword

by David Rose



Solution on Words page

ACROSS

DOWN

- | | |
|---|---|
| <p>1. Organization designed to farm (6)</p> <p>4. Diverts in total reversal in a choppy sea (6)</p> <p>9. Anka's sitter succeeds in forming State (7)</p> <p>10. Dealt with if not overlooked (5)</p> <p>11. Surmise the ship follows a league behind (5)</p> <p>12. I crave a twisted greed (7)</p> <p>13. Assembling computer joins the whole ruddy planet behind some fish (11)</p> <p>18. Military bean counter visits Spanish isle (7)</p> <p>20. Search for the essence of baroque style (5)</p> <p>22. A year of interest (5)</p> <p>23. It's normal to declare true age (7)</p> <p>24. Smelted tin yet distinct thing (6)</p> <p>25. Minister of a different stripe (6)</p> | <p>1. Finger bent around the edge (6)</p> <p>2. The high line of a sorrowful dirge (5)</p> <p>3. Gathers together ragged seams as gathers (7)</p> <p>5. Organization that makes a lot of racket (?) (5)</p> <p>6. Absence of air power (?) (7)</p> <p>7. Chemists add enzyme to depress the heart (6)</p> <p>8. For passage west lock up and sail southeast (6,5)</p> <p>14. Notice scrapped, we hear, for an extra (7)</p> <p>15. It's drunk sweetly but to aid the digestion in the end of course (7)</p> <p>16. I'm looking run down when run through (6)</p> <p>17. A tester crashed on the road (6)</p> <p>19. Pay the timer back (5)</p> <p>21. Make merry at slicing of slithering eel (5)</p> |
|---|---|

A Capella night at GCC

Would you like to hear harmony beyond your wildest dreams, or listen to vocal artists who stretch the boundaries of what the human voice can accomplish?

Join a capella enthusiast Jim Frewen, November 17, from 6 - 10 PM, for an evening of listening to

his wide variety of CDs and tapes, at the Glebe Community Centre. As a representative of The Contemporary A Capella Society of America (CASA), he hopes to attract others who share an interest in this field of music.

For information call Jim at 723-9329.

Good Companions celebrate 40th

Special celebrations and exhibits will mark the 40th Anniversary of The Good Companions, November 14 to 17.

A member agency of the United Way, the centre has grown from its beginnings as a place for older adults in nearby rooming houses to find companionship and a hot meal, to a modern building at 670 Albert Street. Here staff and members

provide a wide range of activities.

All seniors are invited to share in International Day on Tuesday, November 14 to celebrate the many backgrounds represented at the centre. Wednesday will pay tribute to the centre's pioneers, followed by a Community Day on Thursday and Anniversary celebrations Thursday evening and Friday. For information please call 236-0428.

November 3, 1995 Glebe Report-18

Get Fit before Christmas Special!



M o m e n t u M A T H L E T I C S

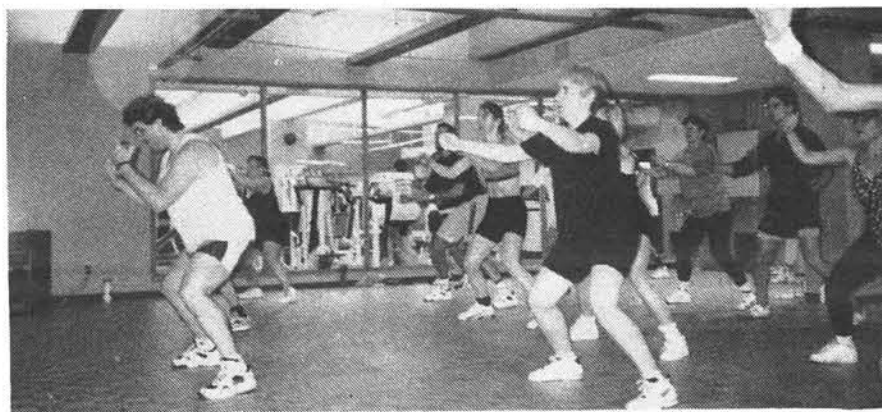
Discover how much fun a healthy lifestyle can be!

Facilities Features :

- Convenient Glebe location
- Spacious & crowd free facility
- Relaxed, quiet atmosphere with members' lounge
- Friendly & professional staff
- Top quality weight & cardio equipment
- Aerobics sprung wood floor
- Shower facilities & lockers

Programs/Services :

- 28 Aerobics classes
- Strength & Personal Training
- Seniors Weight Training
- Massage Therapy
- Nutrition Counselling
- Mother Morning Fitness
- Child Care/Towel Service
- Kundalini Yoga



November Calendar

November Special : Renewals and New Memberships

(no initiation fees, flexible payments and no interest charge)

One person joins - 15% off

Two people join - 20% off

Three or more people join - 25% off

(Special offer applies to our Regular Membership Rate Only)

Don't miss out your last chance before Christmas!

Open House : Saturday, November 18, 1995

Master Aerobics Class 10:30-11:45 am

Kundalini Yoga : Regular Classes

Tuesday 10:45 am-Noon & 7:30-9:00 pm.

Thursday 7:00-8:30 pm.

* Complimentary first class*

Massage Therapy : Marion Lemmon, RM

By Appointments only.

Fitness Instructor Apprenticeship Program starting in January.

For more information, call

2 3 7 - 4 7 4 7

858 Bank St. at 5th Ave.

"Lower Level"

Introducing the Glebe Cobbler

THE GLEBE COBBLER

151b Second Ave. at Bank St.
(inside & at the rear of Wringers)

Hours: Tues. 10 am-5 pm
Wed., Thurs., Fri., 10 am-9 pm
Sat. 9 am-5 pm

You've probably noticed the clever and colourful shoe sign outside Lily of the Valley on the corner of Third and Bank. It belongs to Randy Myles, a cobbler who has set up his meticulous shop in the back of Wringers, (151b Second Avenue).

Randy (known as the Glebe Cobbler) has given life to a dying trade - cobbling. Not only does he repair shoes, belts, sports equipment and other leather goods for less than the price of purchasing new items, he takes great pride in high quality, customized workmanship. Cobbling for Randy is a way of life, not just a means to make a living. For ten years he has practised and developed his skills. It's that

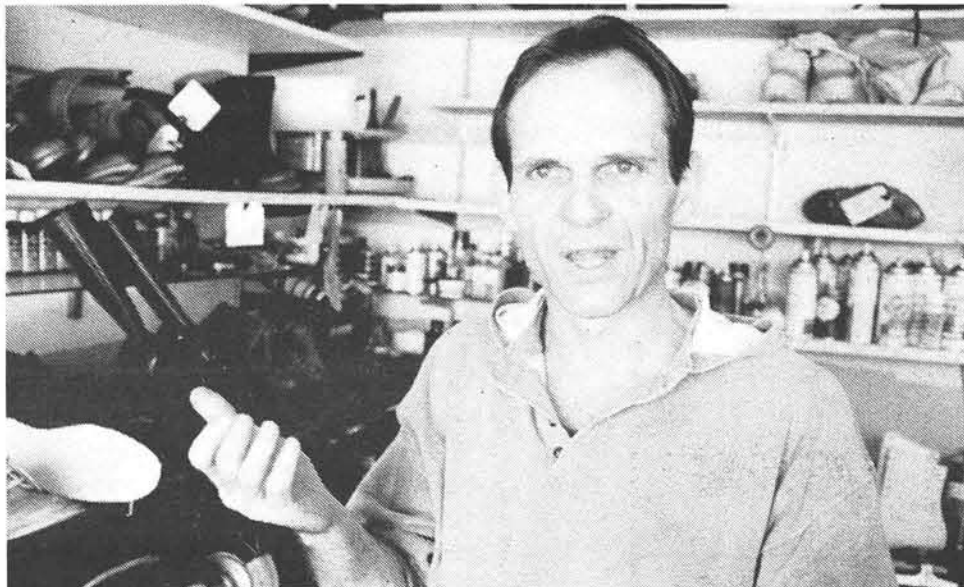


Photo: Scott Stevenson

pride as a craftsman and the willingness to do detailed hand-repairs that has caused Randy's reputation to spread quickly in our community.

Having started his trade in British Columbia, Randy opened his

Randy Myles brings new life to footwear

first shop in Aylmer in 1992. His original instructor, a Chinese craftsman, called him 'grasshopper' given his willingness to jump in and learn. In the traditional European style, he lived in the back of his Aylmer shop and devoted himself to his trade. He uses old, hand tools (including a spectacular, foot-pumped Singer sewing machine) and fixes his own machinery. Moving

from Aylmer to open his store in the Glebe this past July has been a real homecoming for him. "When I was a kid, I always used to go through the Glebe when I went to the SuperEx, and hoped that one day I could open a business in the area," Randy remembers.

"One of the things I like most about being here is a really strong sense of community. All the businesses support each other, and the customers are loyal."

Not only are Randy's cobbling skills unsurpassed, he also does wood sculpting and creative leather-design work. You know those ragged jeans you've been meaning to use to clean the car? Hold on to them! They can be

transformed into one-of-a-kind works of art with leather or other fabrics. If you have your own ideas, great. If not, Randy has plenty to suggest and together you can come up with the funkiest patterns around. In fact, between Randy and his co-worker your entire wardrobe could probably be ravamped.

Randy invites the Glebe to come in and get acquainted!

SO FAR, SO GOOD

Your Story As Told To Kathryn Currie

237-2091

Sensitive Interviewing, Quick Service

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829 Bank Street

Your Professional Drycleaner

celebrates their

36th Anniversary in the Glebe

- All Work Done on the Premises
- All Major Credit Cards Accepted
- 1 Hour Drycleaning All Day (Including Saturdays)
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- Repairs and Alterations

235-9776



Big or Small, We Ship It AllSM For The Holidays.

Looking for help with packing and shipping this holiday season? Whether you're sending one special gift, or a sleighful of goodies, Mail Boxes Etc.[®] can make sure your holiday packages are handled with care. Each MBE Center provides expert packing services and complete shipping services. We can ship fragile, delicate, oversized or overweight items. We can even help you with last-minute packages until December 21. Call on MBE for your holiday shipping needs.



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ARTS

Glebe artist glad to be back home

BY RHODA WALKER

Like her father, Jack Remmer (who taught at Glebe C.I. for 30 years), and her husband, Graham Thompson (who is currently the principal of Glebe C.I.), Anne Remmer Thompson has extremely strong ties to her Glebe neighbourhood. Anne, who has just moved back into the Glebe, is a well-known water-colour painter and art teacher, who specializes in serene landscapes and large florals.

Anne Remmer Thompson's dramatic paintings will be on display at Art Lending of Ottawa's focus show on Tuesday, November 21. Art Lending of Ottawa's shows are located at 30 Cleary Avenue in the Unitarian Church hall, every third Tuesday of the month (except December, July and August) from 10 am to 9 pm.

Anne, a long-time member of Art Lending, is one of about 85 active artists who have been juried into the non-profit volunteer organiza-

tion that is celebrating its 25th anniversary this year. As a multi-award artist, Anne has received wide recognition for her work in Ottawa and Eastern Ontario.

Anne's paintings can be rented for a low monthly fee or purchased for a reasonable price. There are no fees involved to become an art lending rental member. If you've rented one piece of art and you can't part with it, up to three months rental fees can be applied towards the purchase price of the work of art.

Art Lending allows you to try out art in your home; it's an excellent way for businesses (large or small) to decorate their walls inexpensively. You and your clients will never get bored with your changing decor.

Anne would like to extend a warm welcome to come and see her show at the Unitarian Church hall at 30 Cleary Avenue on Tuesday, November 21 from 10 am to 9 pm.

Pottery sale November 23-26

The Ottawa Guild of Potters Annual Christmas Sale will be bigger and better than ever this year. The works of more than 60 potters will be on display. Work of all kinds and styles, both functional and decorative, will be available. There will be ceramic art for your wall, functional art for your table, decorative porcelain jewellery, even decorative and functional items for your garden.

The sale has been held each year at this time for more than 20 years. Every year, the guild members donate some pieces to be sold in aid of a charity. This year the proceeds from the sale of these pots will go

to M.A.D.D., Mothers Against Drunk Driving.

The sale will be held at Glebe Community Centre, 690 Lyon Street Thurs. Nov. 23 6-10 pm., Fri. Nov. 24 10 am - 10 pm, Sat. Nov. 25 10 am - 6 pm and Sun. Nov. 26 10 am - 5 pm. Admission is free.

Come and enjoy the wonderful variety of quality work presented by the potters and ceramic artists of Ottawa and the surrounding areas. You'll find gifts for the upcoming holiday season as well as treasures for yourself.

For more information, please contact Vickie Salinas, 226-1939.

Gertrude Hollies at A Source of Art

Gertrude Hollies is a native of Winnipeg, and graduated in Arts and Education from the University of Manitoba.

After many years spent teaching in Manitoba and Ottawa she took up her life-long interest in drawing and painting. She attended the Winnipeg School of Art and spent a year in Alberta studying portraiture and landscape painting at the Faculty of Fine Art, University of Alberta. She has worked under Henri Masson, Bruce Heggveit, G. Otto and John Hall, and became a member of the Ottawa School of Art painting under the guidance and inspiration of Robert Hyndman.

Gertrude Hollies is a member of the Ottawa Art Association and has won several awards. Her work has been shown at the Chelsea Club, the Ottawa Little Theatre, the

Metropolitan Life Arcade, the National Library, and in several local group exhibitions. Her paintings are mostly landscape and scenes from her travels, as well as work done "en plein air" in the eastern Ontario and Quebec regions.

Unfolding Images

Original acrylic paintings by Ottawa artist Monique Duguay are now on view at:

Addis Cafe

1093 Wellington St
Oct. 30 to Dec. 31

Studio visits by appointment only
722-7716



You can also visit Anne in her spacious studio at 357 Second Avenue or see her upcoming solo

show in March/April 1996 at the Santé Gallery Restaurant on Rideau Street at the corner of Sussex Drive.



A SOURCE OF ART

November 7-18 Gertrude Hollies

99 Fifth Avenue Court
Ottawa K1S 5K4
238-5908

Oil paintings

Reception Saturday November 11 1:30-4:30 pm

Nov. 21-Dec. 2 Roy Fokes

Works in leather

December 5-23 Christmas Exhibition

by members of a Source of Art

Canadian Centennial Choir announces '95 - '96 concert season

BY JAMES CASWELL,
Music Director

The Canadian Centennial Choir's subscription brochure is now available. Three concerts will lure you from your comfortable chair during the chilly winter and early spring months with some irresistible choral gems.

Christmas brings us together with the Opera Lyra Ottawa Boys choir in performance of the Song of the Blessed Virgin Mary. The concert will take place Sunday, December 10, 1995 at 7:00 pm at Canadian Martyrs Church, 100 Main St. (beside Immaculata High School).

What could be more joyful than ethereal young voices reaching to the heavens? Two exquisite Magni-

ficats by Johann Pachelbel and Derick Holman will celebrate the Nativity through the prayer of the Madonna.

On March 16 the choir will perform the Celtic Mass for the Sea and its final concert will be on May 11.

The Canadian Centennial Choir, a 65-voice community concert choir, was founded in 1967. The Choir performs secular and sacred music with a particular focus on new and commissioned works composed or arranged by Canadians. Under the leadership of its Music Director, James Caswell, the Choir is pleased to present its 28th season.

For subscriptions and information call: 682-5198 or 722-5747.

Freda Pemberton Smith exhibit

Artist Frederica Augusta Pemberton Smith - Freda to her friends - was originally from Montreal, but moved to the lower Ottawa Valley in the mid '60s living in Vankleek Hill up to her death four years ago at age 88. A watercolourist and member of the Canadian Society of Painters in Water Colour, Freda also worked extensively in oils and pastel.

Some of her action sketches of children, as well as landscapes and a series of portraits on loan from a private collection, will be shown at

an exhibition at Fulford Gallery, 75 Hinton Avenue North.

The exhibition runs from November 17 to December 9. Hours: Tuesdays through Friday 9-5 pm, Saturday 10 - 5 pm. At 2 pm Saturday November 18, the Gallery will show highlights from a Rogers-Hawkesbury TV special *Freda Pemberton Smith: an Artist's Artist*. The full program will air on Rogers Community Cable 22 Thursday November 23 at 10:30 pm (repeat: 6:30 pm Tuesday November 28).

Japanese teacher visits First Avenue School

BY RUTH BUTTON

Many activities have taken place at First Avenue over the past month, from a hot dog barbecue lunch which raised over \$200 for the United Way, to Curriculum Nights which gave parents an overview of the class curriculum for this year.

CROSS COUNTRY CHAMPIONSHIPS

Thirty-five students from First Avenue competed with athletes from 40 schools in this year's O.B.E. Cross Country Championships at the Terry Fox athletic facilities, on a very warm October afternoon. The runners had been training three times a week at 8:00 am for over a month, with Martin Boudrias as their coach, assisted by Sheila Murphy.

Twelve hundred runners took part in the 1600 metre (one mile) races in categories separated into boys and girls: of 9 years and under; 10 years; 11 years. It was quite a sight to see all these athletes on the track, being cheered on by all the spectators, and what a great job they did! Most runners coming off the track, hot and exhausted, were amazed at how far and fast they had run.

JAPANESE TEACHER VISITS FIRST AVENUE

Visitors to First Avenue during October might have wondered if Japanese is now part of the curriculum. Mr. Asataro Kajiura, from the city of Saga-pretecture, is one of 19 teachers from Japan who have been selected by the Japanese government to come to the Ottawa area for one month to observe and participate in our education system. This group is one of ten in Canada, and the first year of participation in Ottawa.

Full of enthusiasm and eager to learn about the culture of Canada as well as our education system, Mr. Kajiura came prepared to give presentations to our students on aspects of Japan. He is job-shadowing Mrs. Acton-Riddle and Ms. Hal-trecht-Matte, both English teachers.

It was interesting to hear Mr. Kajiura's observations of the differences between the two school systems. Stressing that he can only compare between his publicly-funded school and First Avenue, we discovered that there are many similarities. Although his school day starts earlier, and the students go to school on alternate Saturdays, the amount of classroom each day and time in school over a year is comparable. However, about half of his students go on to private tutoring schools, before getting involved in after-school sports activities. While lunch is provided



Runners before the race.

Photo: Ruth Button

by the school, and paid for by the student's family, no outside food or drink is allowed in the school. One difference which didn't go down well when told to our students was that Mr. Kajiura's students, supervised by a teacher, have to clean up the lunch room, and clean their classrooms, including mopping the floor!

Mr. Kajiura confirmed that the Japanese children have excellent manners, something I think we've all heard about! However, he stressed that he liked the way individual characteristics are appreciated here. As for classroom learning, he acknowledged that there is more teacher directed learning in his school, but that there is a trend that is moving away from that style, and more into group work, with emphasis on being more creative.

Although Mr. Kajiura spent most of this time in the two English classes, he went to several other rooms to observe and to give a presentation. He showed delighted students some antique Japanese toys, origami and the Japanese tea ceremony. He also distributed some yen and taught the older students some Japanese, and answered many questions.



Students from Mme Smith's Grade 1 class with Japanese toys. L to r. Alexandra Parks, North de Pencier, Justin Astraatmadja, Rachel Palen, Mr. Asataro Kajiura, George MacLellan.

Photo: Ruth Button



GLEBE TROTTERS

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Footwear for
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DRESS CASUALS • WEEKEND CASUALS • ACCESSORIES

SCHOOL NEWS

Glebe's best recognized

BY YUMI WEBSTER

On Thursday, October 19, some 250 students and their proud family and friends gathered in Glebe Collegiate's auditorium to celebrate their academic achievements in the 1994-95 school year. Most of these students, with overall averages of 80% or more were admitted into the Glebe Honour Society. Students with overall averages of 90% or more received the O.B.E. Special Scholastic Attainment Silver Medal, and the top ten students in each grade received the Glebe Collegiate Institute General Proficiency Award. Awards were also given to math contest participants and science fair and chemistry contest winners.

The principal, Mr. Thompson, stressed in his opening speech that these award winners were all academic all-stars, yet some students could not help but stand out. The top grade nine science student was Heine Mar, who was awarded the Deputy Minister's Prize. The overall top grade nine student, receiving the Harmon Scholarship, was Caroline Vergara.

In grade ten, the Deputy

Minister's Prize was shared between Toma Feizo Gas and Jacqueline Poitras, who also won the Bilingual Award. The overall top grade 10 student, winner of the Ottawa Board of Education Award, was Marianne Manning. Karen Phillips was the recipient of the Grade 11 Bilingual Award. The Grade 11 Deputy Minister's Prize went to Nadra Ginting in Chemistry and Biology. Nadra also won the Vice Principal's Award, as overall top student in her grade. For grade twelves, the Deputy Minister's Prize goes to the top student in Physics, shared this year by Jesse Collins and Ning Ye. Special Awards went to last year's grade 12 students who achieved the highest mark in OAC level courses. Michael Caspi was the recipient of the W.D.T. Atkinson Memorial Award.

After the ceremony, students, parents, and staff members gathered in the cafeteria for refreshments supplied jointly by the school and parents. Parents and teachers alike are proud of these students.

Disaster simulation at Glebe Centre

BY SARAH DINGLE

The woman from the Glebe Centre Retirement Home looked around the room of volunteers and asked "Is anyone here willing to be carried down three flights of stairs? Someone light, preferably?"

The room answered with a chorus of nervous laughter. A group of Glebe Collegiate Peer Outreach Helpers, myself included, were at Glebe Centre to participate in a disaster simulation exercise. We were each to play the part of an elderly resident of the Centre and be evacuated by Centre Staff so they could practice emergency procedures. We were keen to participate and use our dramatic talents but none of us were dying to be carried around the high rise wrapped in a blanket.

After being assigned our roles, we were sent to our "rooms." The real residents of the Centre were aware of the exercise, and many had stayed in their rooms to meet us.

The resident of my room was an alert, friendly woman. In the 20 minutes I spent with her I got to know her quite well. Though I was a little astonished when she talked about her great-grandchildren, I later discovered she was 95 years old!

When the alarm bell rang to mark the beginning of the exercise, my instinct was to get up and leave the building. I was a "non-walker with hearing difficulties," so I had to sit

in my wheelchair and wait for someone to wheel me away.

After a few minutes, a staff member arrived and ran me down the hall. I was surprised at how fast wheelchairs can move! I was left with a group of other "residents" while staff organized how to get us out of the building. Those who were mobile went on their own, or got assistance descending the stairs. I sat and waited until I was the only one left other than two real residents who had wandered over to watch the action.

Finally I was carried down stairs in the arms of two workers. Another Peer Helper, playing a bed-ridden resident, was carried down head first, in a blanket!

Although a large number of staff carried out our evacuation, it seemed to take forever. When it was over I felt exhausted and overwhelmed. I had, at all times, been aware of what was happening, yet I still felt shocked by the confusion and abruptness of the evacuation. I couldn't help thinking how I would have felt had I been 95 years old and not expecting it.

This experience made me aware of how much work goes into care of the elderly in our society, and how much can go wrong for them in an emergency. After seeing how much organization and cooperation are needed for disaster procedures, I feel grateful that organizations such as the Glebe Centre take the precautions they do.

GLEBE COLLEGIATE PARENT ADVISORY COMMITTEE

THE THEME OF OUR NEXT MEETING IS:
OUTSIDE THE CLASSROOM AT GLEBE

- Guidance at Glebe
- Head Boy and Head Girl
- Principal's Report
- School Council

Nancy Murdock will be our guide
Noel Baldwin and Amanda Foran
Graham Thompson
Election of parent representatives

Please join us on Thursday, November 16, at 7:30 pm
in the staff room on the second floor of Glebe Collegiate

Forsooth, Stratford rocketh!

BY MARAN STERN AND
ESTHER ROSSMAN

Why would a group of Glebe Collegiate students want to be at school at 6:00 am just to board a bus and drive for seven hours to a little town past Toronto? Well, if that little town is Stratford, Ont., as it was in our case, your question is immediately answered.

When this trip was first offered, we didn't know what to expect. However, our parents had told us of the wonderful times they'd had at Stratford when they were our age and, not surprisingly, we had an amazing time as well.

From October 13-15 30 senior students visited Stratford for a great whirlwind weekend. During this short period of time we managed to see five amazing plays, go on two fascinating tours of the backstage and warehouse facilities, get caught in the rain (without umbrellas), and have many interesting dining experiences (try getting a table for 13 at East Side Mario's at 6:30 on a Saturday Night).

The first play we saw was Shakespeare's *The Merry Wives of Windsor*. Humorous and pleasant to watch, it was enjoyed by all. *The Boyfriend* was next. This was the only musical we saw on the trip and although these types of plays aren't everyone's cup of tea, most of us delighted in the high calibre of the singing and dancing and, of course, the cute little dog who appeared on stage many times.

The next day we saw our second comedy *The Country Wife*. Its side-splitting dialogue made us all laugh, which was a good thing because there was no cause for laughter in *Macbeth*. Everyone's attention was focused on the actors' riveting and emotional performances and we all enjoyed and understood Shakespeare much more than we had expected.

On Sunday, we saw our final play. *Amadeus* explored the life of famous composer Wolfgang Amadeus Mozart. The play was appreciated by everyone. Mrs. Rundle, Glebe's outstanding drama teacher who arranged the whole trip, even managed to take one of the students backstage to meet Megan Follows who played Mozart's wife.

Once the plays were over we were



Crispin Lipscomb, Maran Stern & Esther Rossman trying on costumes during the warehouse tour.

back on the bus, tired but unable to sleep. We had seen five wonderful plays and met so many friendly people that hours of food, talk and bus games, just couldn't be helped. We arrived back at 1:00 am Monday overjoyed by the plays we'd seen yet saddened that it had all ended so soon. We are anticipating a trip next year, full of new plays, tours and interesting dining experiences.

GCI students 'salvage the '70s'

BY BERYL CALLUM

On Wednesday October 25 a fashion show was held at Glebe Collegiate in conjunction with St. Vincent de Paul. Using the theme of "Salvage the Seventies," students modelled clothing provided by St. Vincent de Paul's store at 1273 Wellington Avenue.

All profits were donated to the Society of St. Vincent de Paul to further its objectives of helping the poor.

Please recycle
this newspaper

Corpus Christi Students work on Project Love

BY LUCILLE B. PUMMER

We have decided as a school to take part in "Project Love." Project Love is a hands-on global education project for schools and community groups. It is sponsored by CODE, the Canadian Organization for Development through Education, a charitable organization that supports literacy projects in developing countries. Our school, along with Immaculata, and the Canadian Martyrs' Youth Group (the coordinators), will work together on this project. On Valentine's Day, Canadian students assemble thousands of packages of school supplies that are shipped to students in Africa

and the Caribbean.

A Project Love Kit is a package of basic school supplies containing a pencil, an eraser, a notebook and a ruler. The students will be asked to do some task to raise the funds needed to purchase a kit (\$1.50). Students raise funds to buy the school supplies, which they pack in reusable plastic bags. The kits our students purchase and assemble will be directed to children in Malawi. We will be exploring different issues and concerns of students in Malawi as well as thinking of ways to share with them our educational experiences.

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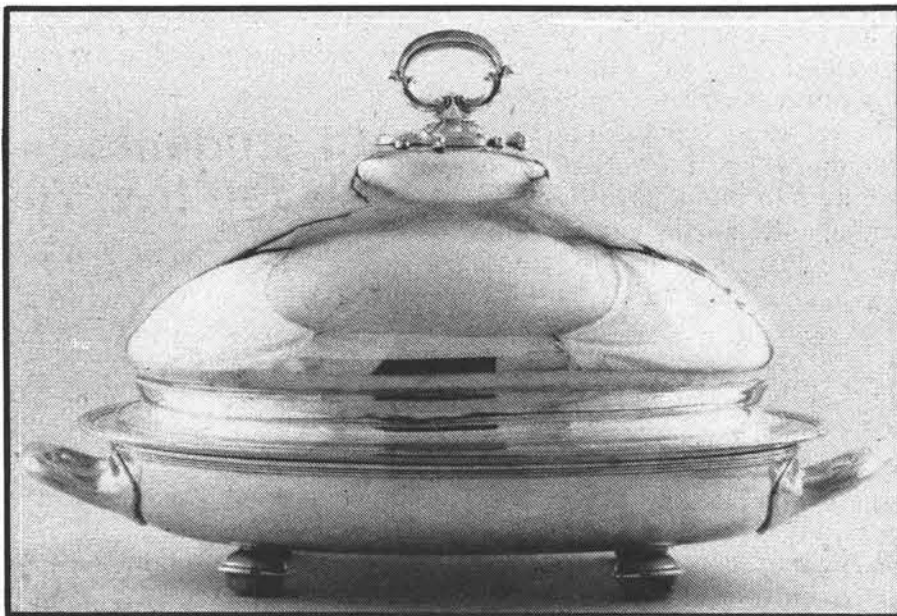
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SCHOOL NEWS

Glashan

Class relays kindle school spirit

BY JIM BENNETT

Grade 7/8 students enroll at Glashan School for two years only. How does the staff build school spirit and cohesiveness quickly?

"The 11th Annual Glashan Class Relays staged on October 5 encouraged students to participate in competitive or recreational races, to bond with class members in the pursuit of a common goal, and to release their considerable energy in a positive outdoor activity," says teacher Rick Desclouds, Coordinator of the Class Relays. "Also, pupils improved their fitness levels and prepared for OBE October Cross Country Runs."

On Central Park's 1740 metre course, 25 teams competed in either the competitive or recreational category. Each class entered a team of 5 boys and girls in the competitive category and a team of 6 additional students in the recreational division.

Students reached consensus on

team names/colours and prepared banners to encourage their class runners.

Class 8-4 won the Grade 8 competitive category. Team members were Jason Carlisle, Aida Bajramovic, Jacqui Simpson, James Than, Stefanie Wright, Nan Chen, Nga Nguyen, Sokoeun Sreng, Tim Do, and Sophy Mok.

Mia Golder, Sara Shropshire, Selena Ross, Alix McNaught, Lyming Huang, Greg Wagland, Lucas Wilson, Martin McKendry, Tom MacMillan and Miranda Wight were Class 7-5 members who won the Grade 7 competitive category.

In the recreational category, students in Class 7-4 were champs. They were Bang Pham, Yannick Hollier, Jesse Seward, David Rokvic, Martin Le, and Vicki Lumsden.

Class Relays are an important aspect of the Glashan Sports Program that builds a sense of school community and promotes fitness.

NOV.
11th



LEST WE
FORGET
Remembrance
Day

Counselling personalizes the school environment

BY JIM BENNETT

The personalized student environment at Glashan Intermediate (Grades 7/8) School does not "just happen." It is the product of deliberate strategic choices about organizational structures and educational philosophy that recognizes the unique nature of the early teenager.

Principal Garry McCaffrey, builds into the student timetable provisions for sustained contact each day between a class of students and its adviser or counselling teacher. A teacher instructs classes on a modified rotary timetable. However, each teacher meets for 20 minutes daily with the same group of students to provide social and academic support. Support activities include conferring with students on personal problems, giving career information and guidance, developing student self-confidence and leadership, and discussing issues related to academics, family, peers, health, ethics, morals, values, multiculturalism, and inter group relationships.

Having a counselling teacher or adviser means that each adolescent has an adult to whom to turn. As Grade 7 and 8 students strive for autonomy, grapple with regulating their own behaviour, and learn how

to make responsible choices, their need for close, caring adult supervision and guidance is paramount.

Each of the 14 counselling classes at Glashan develops its own personality, but what the classes share is the sense of being havens - safe ports in the storms of early adolescence. Being members of a group that meets daily gives students a feeling of belonging and community. This group also serves as a focal point for social and athletic events.

Often the teacher adviser acts as an ombudsperson, contacting other teachers on a student's behalf. Also, the adviser receives information from a student's teachers and keeps parents abreast of pupil progress.

Backing up the counselling class system is Glashan's professional support staff: a school psychologist, a guidance counsellor, a social worker, a multicultural advocate, a police liaison officer, and three substance abuse resource teachers. Teacher advisers turn to them with questions and often refer students to them.

Glashan's counselling class structures provide a caring, student-centered orientation that personalizes the school environment for each pupil and encourages student engagement in learning.



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SNOWHAWKS SKI SCHOOL 730-0701

Student-parent-teacher conferences build lasting friendships

BY JIM BENNETT

Why should the parent-teacher conference at the Grade 7/8 level exclude the most important constituent - the student? After all, the student is the focus of attention.

Glashan parents respond with a resounding yes when asked if students should be included in the interview of conference process.

In November, students receive their Term 1 Progress Reports at least four days before interviews are scheduled. On November 22, 23, and 24, students accompany their parents or guardians to their first annual conference as full partners. Student academic performance, attitude, work habits, and social interaction are important topics discussed by the three parties.

Principal Garry McCaffrey says, "The student, the parent, and the school staff form the "Educational Team." It is vital that the key

player - the student - on the team be part of any discussion about the pupil's progress towards the attainment of the Learning Outcomes."

In-class counselling sessions encourage students to prepare questions and provide feedback as active "stakeholders" during their conference.

This format provides opportunities for students to be directly involved in developing plans for personal improvement in Glashan's Common Curriculum of Language, Self and Society, and Mathematics/Science/Technology. Parents do not have to relay teachers' concerns, comments, or suggestions to their children. With the student present at the interview process, misconceptions and confusion are eliminated or minimized.

The partnership between students, parents, and teachers is enhanced when students are present as key participants in the conference process.

Please recycle
this newspaper

Marilyn Mosel—some farewell thoughts

BY JACQUIE MANSELL

"I've loved being at Mutchmor," summarizes Marilyn Mosel, commenting on her experience at our school. "There is a very supportive, professional group of teachers here and a great community. There is a nice feel in the school; it has been very easy for me to feel at home. And I have really enjoyed the feel of living in the community where I work. My husband and I shall both be very sad to leave."

Mrs. Mosel has been teaching at Mutchmor School since January, 1995 when she came from her home in Adelaide, South Australia on a teaching exchange with Mutchmor teacher, Mrs. Jane Shaughnessy. Despite 30 years of teaching in a wide variety of schools in South Australia, Mutchmor has still been a learning experience. Although the general approach to education and the school curriculum are very similar between Ottawa and Adelaide, several interesting differences do exist between the Mutchmor and the general South Australian school.

In South Australia, there is only one public school system — there are no divisions between schools with respect to language, religion, pedagogical approach, etc. Basically all Australian public schools are community schools. One consequence is quite a few more private schools in Australia. Another consequence is generally strong school communities, where parents help to run such important activities as the inter-school competitive sports programs.

Second language education is also handled quite differently in South Australia. It begins at about grade 5 level, with students having the choice of a wide range of languages, from the traditional European lan-



Mrs. Marilyn Mosel

guages to such Asian languages as Chinese, Japanese and Indonesian.

The South Australian public schools also have fewer divisions internally than are found in Ottawa schools. There are no special classes for gifted children or children with most learning difficulties. Teachers handle the whole spectrum within the one classroom, with periodic help from special support teachers. However, many private schools (including Mrs. Mosel's "home school" of Prince Alfred College) do have specialist teachers in art, music and physical education on staff. In addition, the primary section of the College, with a comparable population to Mutchmor's, also has a full-time teacher-librarian. Without a lot of such support available, Mrs. Mosel has been very impressed with the staff at Mutchmor School. "They are both very professional and very caring. They take on a lot of extras and work extremely hard."

Finally, Prince Alfred College is an all-boy's school. "So," concludes Mrs. Mosel, "I've really enjoyed teaching girls again."

Welcome to Mrs. Marian Mayer

BY KELLY SWEENEY

Mrs. Mayer arrived at Mutchmor from D. Roy Kennedy at the end of this September and you could say she was saving the best for last! She is a welcome addition to our school.

Mrs. Mayer has been teaching for seven years, five for the Ottawa Board of Education. Having lived in Ottawa, she started in Northern Quebec working for the Cree School Board where she spent two years before returning to Ottawa. Regina Public School was to be her first Ottawa School; followed by Lady Evelyn, D. Roy Kennedy and finally Mutchmor where she teaches grade 5/6.

In her free time ("What free time?" she said!) you can find her doing crafts or reading a good mystery novel - that is if she isn't needed by her very large extended family.

Working with children, teaching different subjects and watching students discover what they can accomplish are just a few elements which drew her to teaching. Mrs. Mayer commented that the enthusiasm of her 27 students and their great ideas is already making her days at Mutchmor memorable. Welcome and have a great year Mrs. Mayer!



Mutchmor House League Co-captains. Top from left: Helena Liu, Andrew Barr, Zachary Monson, Matt Pal. Bottom: Steve Marriner, Jenna Capstick, Andi Plitz, Zandara Kennedy.

Mutchmor

Meet our seniors

BY JACQUIE MANSELL
& KELLY SWEENEY

This year at Mutchmor we have a large and lively senior group (62 grade 6s - 38 boys and 24 girls) taking on new responsibilities and preparing in many ways for graduation in the spring. There are three senior classes at Mutchmor: two full grade six classes, taught by Sandy Gingerich and Meredith Elton-McLelland, and a mixed 5/6 class, taught by Marian Mayer.

Inside school the seniors are engaged in such varied projects as exploring the art of the Group of Seven, writing stories about time machines and putting together a classroom newspaper for distribution throughout the school. Anyone visiting any of our senior classes will quickly be impressed with the quality of both the writing and art of many of these talented students.

When asked what they liked about Mutchmor; they noted yard, gym and House League activities (four square, soccer, basketball, cross-country and track were all favourites), skating in the winter, winter Fun Day and the long Mutchmor lunch "hour."

HOUSE LEAGUE

One important role the senior students play is in leading Mutchmor's House League activities. A fierce leadership campaign was waged in September, resulting in the election of eight House Co-captains for the first half of the school year — Andrew Barr and Zandara Kennedy for Red House, Helena Lu and Steve Marriner for Yellow House, Matt Pal and Andi Plitz for Blue House and Jenna Capstick and Zachary Monson for Green House. These co-captains lead House meetings, plan and promote House League activities and keep a running total of House points.

This October, Mutchmor's House co-captains also organized and

promoted our school's UNICEF Hallowe'en campaign. Thanks to a wonderful speech by Steve Marriner, Mutchmor children heard how their efforts can and do make an important difference to less fortunate children around the world - with even a contribution as small as one dollar, a child at Mutchmor can provide clean water for one child for six months. Congratulations and thank-you to all those Mutchmor students who also thought of others this Hallowe'en.

CROSS-COUNTRY

It looked like a Participaction ad early each morning for the first four weeks of school as over 50 Mutchmor students ran the circuit at Brown's Inlet in preparation for the OBE cross-country meet. Finally, at the meet on October 12, the practice paid off as each student did proud by themselves and their school. At the end of the day, Mutchmor even had four medal winners — congratulations to Casey White, James MacMillan, Noah Ap-Simon and Jocelyn McManus.

HOME AND SCHOOL

Everyone is welcome to the next Home and School meeting at 7:00 p.m. Monday, November 6.



Mrs. Marian Mayer

OBSERVATION POST

"Blow, bugle; answer, echoes, dying, dying, dying"



BY COURTNEY BOND

Suspense is in the air. As this goes to press we are witnessing the tearing apart of our nation. I vowed I wouldn't dwell on it, would put it out of mind. But time and circumstance forced my hand. The deadline.

No matter how the vote goes, the damage is done. Canada, my country, for which I have nurtured warm love and a healthy respect, will soon, if not by ballot at least in spirit, be shattered, splintered, by power-seeking ideologues. It's the fashion of the day. The injury is deep, numbing, with what consequences down the road we cannot guess. My windows look on the Gatineau Hills where my skis have hissed countless times, the broad, ancient river where I have cut the water countless days, the falls called Asticou, that send the steamy vapour skyward in winter.

We'll still be able to admire the dazzling theatre of Robert Lepage, the touching films of Denys Arcand, the sparkling piano music of Louis Lortie. But O fateful split! We'll no longer be able to feel proud of those Quebecois as fellows, as Canadians. Back in the days when our centenary celebration of existence as a nation neared, some bright young spirits at McGill put together a sprightly revue that played across the land. Its lead song wittily symbolized the rising feeling of Canadianism of those heady days:

*Teach me how to think - Canadian,
How to eat and smoke and drink -
Canadian.*

*Wait and date and skate -
Canadian*

Teach me how to be - Canadian.

It's relatively easy for me, way down the road at 85 years, to avoid facing the terrifying situation, the demolition of a dream, of a nation, of an identity. To shut my eyes to this I have of course to ignore the effect it will have on those I leave

behind. Of course, family will not have the searing pain I feel. Their suffering will be economic largely. They have not nurtured the dream of identity that I have watched rise, then in recent years, begin to fade away.

What makes a Canadian? This one was born in Toronto, spent six formative years in England and lived in Nova Scotia from the Explosion to the Depression (1917 - 1925). In those days I travelled all over that peninsular province with my father, a modern Sam Slick, who sold American business machines. Transported to Toronto, strangeness struck us as we encountered the flickering electric lights (their current then alternated at 25 cycles; ours had been 60).

I soon encountered the hatred of Orangeism among students in the school system against my Roman Catholic faith. Parental reaction was to send me to St. Michael's College downtown. So it came to pass that from St. Mike's halls on Bay Street I wandered at noon break to downtown museums and art galleries at what was then called the Toronto Art Gallery. I soon found the vivid fauve art of Tom Thomson and the Group of Seven, and was smitten.

John Bentley Mays, in the *Globe and Mail* has recently pointed out the huge impact of the Seven's vision of our land in creating a feeling of Canadian nationalism. That I was alert to this influence is clear; the *Toronto Star* printed and paid me for a dithyramb I wrote on Tom Thomson's "West Wind."

Later I vagabonded back to Nova Scotia, then had another essentially Canadian experience in 1928, travelling to Saskatchewan with migrant workers to bring in Canada's wheat harvest. The Canadian farms were being mechanized, putting an end to the migrant workers' "harvester excursions."

I made a fortuitous decision when I entered the Royal Canadian Engineers as a clerk. Within a year I discovered and was enrolled in a long course in Ottawa, training as a surveyor, mapmaker and cartographer. It was not difficult, with this background, to obtain later a professional commission in the honoured work of the surveyor. As a member of a small survey crew I was soon walking roads and bush trails in Ontario, the Maritimes, crossing the grassland of the prairies, traversing the forests of eastern Quebec (where I resurrected my high school French and became the party's interpreter). I encountered the massive trees and jagged archipelagic coast of British Columbia. Everywhere dogs barked at me and I learned to give tongue

in return as I lived on, worked in and recorded the land of Canada. Soon enough we were at war, shoulder to shoulder with the British. In this intimate contact with Britain's fighting forces I came to see clearly how "the Motherland" looked upon her brood. We were still juniors, amateurs.

When peace came I slipped into a post making maps to illustrate the prowess of our soldiers. Soon enough, enabled by my professional status, I was an officer, solemnly charged with an oath of office. On maps of France, the Low Lands, Italy, Korea, everywhere Canadian soldiers had shown their worth, I depicted Canadian exploits with proud red arrows. These maps went to fatten the books that told our military history.

University education was soon in reach. I became trained in history and in French. Friends and associates among the historians I met - I had become secretary of the historians' professional body - charged me with drawing maps for their works. Endowed with great energy, I used my off-hours and made maps for many, many works that appeared in the explosion of historical writing that came as national consciousness emerged.

Soon enough I too was writing history. As the century's sixth decade began I found myself in the post of historian of the nation's capital. My burst of depicting history in maps culminated in my work on Donald Kerr's *Historical Atlas of Canada*, which appeared as the Centennial of Canada's confederation was celebrated. I produced a small spate of books, articles and pamphlets on Ottawa and its region and was proud to be commissioned to write a history of the mapmakers' work in our land.

In 1971 my activities in interpreting Canada's history were suspended and I took my mapping skills to Tanzania where, under CUSO, I produced a national atlas. It appeared in 1976.

The University of Ottawa's School of Music attracted me, with the study of musicology as aim. Before finishing this task I spent a year mapping forests of northern Iran. I did a couple of years as cartographer for *The Canadian Geographical Journal* and wrote for that publication on Canada's Eastern Arctic. Then came a commission to write an illustrated history of the capital, called *Where Rivers Meet*; this appeared in 1984.

In the autumn of 1986 I started writing articles for the *Globe Report*. Except for the odd hiatus this has been a continual activity. Over the years I have addressed you about life in the capital, about

Canada, the world.

The degradation of the ecosphere (What a resounding phrase!), its collapse due to the overburdening of Earth's vital mechanisms, has deeply concerned me. It was on this topic that my gloomy *Dusk for Mankind* appeared in 1988. In it I related a terrible catalogue of the ills we have brought on our planet. In 1993 I learned the full horror of the effect on our ozone and of the terrible delayed nature of that effect. Chlorofluorocarbons will go on seeping skyward for ten years after the last drop is manufactured on Earth. Of course current market forces world wide are bound to delay our doing anything effective about them. I personally, despite care, became a victim of the effects of earth's depleted ozone.

A feeling has grown in me that it is really Menschheits dämmerung not far down the road. That is one possible aspect of reality. On the other hand, humankind might, with some great heave, achieve the impossible, save our precious planet and our species, that *Glorious Accident*.

What a piece of work is man! How noble in reason! How infinite in faculty! In form, in moving, how express and admirable! In action, how like an angel! In apprehension, how like a god! The beauty of the world! The paragon of animals!

William Shakespeare



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South branch library news

BY PAMELA ROSOLEN

Here is a list of the top ten most requested titles at the library:

- | | |
|---|---------------------------|
| 1. The Rainmaker | John Grisham |
| 2. From Potter's Field | Patricia Daniels Cornwall |
| 3. 'L' is for Lawless | Sue Grafton |
| 4. The Piano Man's Daughter | Timothy Findley |
| 5. The Celestine Prophecy | James Redfield |
| 6. Coming Home | Rosamunde Pilcher |
| 7. Let Me Call You Sweetheart | Mary Higgins Clark |
| 8. Men Are From Mars,
Women Are From Venus | John Gray |
| 9. Beach Music | Pat Conroy |
| 10. Come to Grief | Dick Francis |

Upcoming events in the children's section include the following:

- Nov. 4, 2:00 pm **Eentsy Weentsy World**; make tiny people from embroidery floss and twist ties. Ages 6-10. Pre-registration (45 min.)
Nov. 18, 2:00 pm **Mousetails**, Mousy tales, films and a craft. Ages 4 to 7. Pre-registration (45 min.)
Nov. 23, 2:00 pm **P.D. Day Special - The Indian in the Cupboard**; feature film based on the book by Lynn Reid Banks. Ages 5 to 13. Pre-registration, (90 min.)
Nov. 25, 2:00 pm **House at Pooh Corner**; film and a matching craft for ages 3 to 7. Pre-registration. (45 min.)
Dec. 2, 2:00 pm **Deck the Halls!** Bring a tree ornament for our tree and make Christmas crafts. Ages 5 to 9. Pre-registration. (45 min.)
Dec. 9, 2:00 pm **Let it Snow! Let it Snow!** Stories, films and a craft for a snowy day. Ages 4 to 7. Pre-registration. (45 min.)
Dec. 16, 2:00 pm **Gingersnaps**; It's gingerbread house time! Ages 4 to 9. Pre-registration (45 min.)

Babes in the Library. Music, rhymes and books for babies from birth to 18 months. Mondays at 9:30 am from November 6 to December 11 inclusive. Pre-registration.

Bébés à la biblio, Musique, comptines et livres pour les bébés de la naissance à 18 mois, mardi à 9 h 40 du 7 novembre au 12 décembre. Inscription.

Time for Twos. Stories and films for 2-year-olds, Wednesdays at 9:30 am from November 1 to December 6 inclusive. Pre-registration.

Heure du conte; histoires et films pour les 3 à 5 ans. Jeudis à 14h; 2, 16, et 30 novembre et 14 décembre. Inscription.

Storytime for 3 to 5-year-olds. Mondays at 10:30 am and Wednesdays at 10:30 am and 2:15 pm.

Saturday Stories and Films. Saturdays at 10:30 am. Ages 4 to 7.

Bank Street Book Club! Drop in after school for bookish activities. Ages 12 to 14. Call for details.

After hours book drop returns

Twenty years ago the Library removed book return boxes from its branches due to theft and vandalism. However, after-hours book drops continued to rank high on our borrowers "most-requested" list. That's why the Library decided to try again when new models came out with security features to prevent misuse.

In January the Carlingwood Branch was the first to receive a

book return box. Before the end of the year two more boxes are due to be installed, one at the South Branch, 1049 Bank Street, the other at the Alta Vista Branch, 2516 Alta Vista Drive.

The Main Library (Metcalf & Laurier) offers an "Early Bird" service between 7:30 and 9:30 am that allows people to drop off their books before they go to work.

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We have services and resources for persons with special needs, the housebound, seniors and those learning to read. We supply materials for learning English or French as a second language and books in 43 languages. We offer programs for all ages - with special focus on children and youth - that enrich the lives of our citizens and support life-long learning.

These are just some of the many programs and services offered by your Ottawa Public Library. We look forward to serving our membership in any way we can.

We need your help

Library budget time is upon us again. In the face of serious cut-

backs, the library needs your help. Please let your city councillor know where the library ranks in importance for you. Please fill in the following ballot and return it to the ballot box at the South Branch Library. Your ballot will be forwarded to Councillor Jim Watson.

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MOST important = 1, Least important = 11

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Economic development activities	_____
Fire services	_____
Ottawa Public Library Services	_____
Parks and tree maintenance	_____
Planning (e.g. building permits, enforcement, property standards)	_____
Recreation programs (e.g. outdoor rinks, wading pools, senior adult & fitness programs)	_____
Road and sidewalk maintenance	_____
Snow removal	_____
Street lighting	_____
Transportation (e.g. traffic control and studies, road signage)	_____

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LEST WE FORGET

Remembrance Day

NOV. 11th

BOOKS

Glebe resident profiles yoga master

THE YOGI: Portraits of Swami Vishnu-devananda
By Gopala Krishna
165 pp., \$17.00, paper
BY KARLA HILTON

In the press he was dubbed the "Flying Swami," a charismatic man who flew his own "peace flights" over Tel Aviv and Dublin, and founded the North American yoga movement.

But to Glebe resident Barry Gillespie (Gopala Krishna), "Swamiji" was simply a mentor and a friend. That's the man he has tried to capture in his recent book, *The Yogi: Portraits of Swami Vishnu-devananda*.

"There's his world presence, his world tours, flying over the Berlin Wall in an ultra-light aircraft - all the things that got reported in the press," explains Gillespie.

"But there's also that more personal relationship that he had with everyone. He had thousands of students, but everyone had a sort of unique personal relationship with him, and they were all very different."

In the small study in his Rosebery Avenue home, barefoot and relaxed, Gillespie leans back in his chair, fresh from teaching a noon-hour yoga class. Behind him on the

mantel there is a framed snapshot of Swami Vishnu, smiling and white-bearded.

This is where Gillespie has spent most of his time in the last two years, pouring over the letters and transcripts that he used to piece together his book.

Now that it's finally finished, he hopes it's a book that captures more than just the details of Swami Vishnu's life.

By interviewing hundreds of Swami Vishnu's students and transcribing hours of his autobiographical tapes, Gillespie has drawn a picture of Swami Vishnu from many angles.

It's a compelling portrait. From Swami Vishnu's birth in a rural village in South India, where elephants remain the main source of transport, the book traces his arrival in North America, and the spread of his yoga teachings until his death in 1994.

The stories Swami Vishnu told about himself, his own recollections, reveal a deeply spiritual man, committed to the belief that living a "pure" life can "turn darkness into life."

What adds a new dimension to this portrait are students' first-hand recollections of Swami Vishnu

that have been woven throughout the book.

Gillespie says because he was aiming for more than just a simple biography, he had two main goals in writing the book.

"One was to somehow, to preserve what Swami taught. His teachings are universal and they should be accessible to everyone. That's why a lot of it is his words. But I also wanted to let people see the personal side to him." That, he explains, is why he decided to include personal anecdotes from those who had met, and followed, Swami Vishnu. Most of the anecdotes centre around meeting Swami Vishnu in fairly routine surroundings, during lectures or at his yoga camps. But despite the mundane settings, almost every letter in the book focuses on the profound sense of peace, of wonderment, that people felt in his presence. As one of Swami Vishnu's students, Gillespie says it's a feeling that's hard to explain. "When you are with someone who is in such a high spiritual

state, the most normal and mundane things don't seem so normal and mundane anymore."

Curiously, for someone who has become so devoted to Swami Vishnu, Gillespie never sought him out. He started doing yoga, basically, "because I had a bad back," and only met Swami Vishnu five years later, at his yoga camp at Val Morin, Quebec. Even then, says Gillespie, it took him a while to see Swami Vishnu as his guide. "It wasn't instantaneous." In the end though, Gillespie and Swami Vishnu became close friends, even travelling together to India, on a pilgrimage to Swami Vishnu's childhood village.

For Gillespie, the message Swami Vishnu taught was simple, but one that he still uses to guide his life. "He essentially taught that what is important is to be of service to the world, to others."

The book, he says, is an expression of this philosophy. "This is a way I can do that. In his name."

Currently, copies of the book can be obtained from the author, Barry Gillespie (Gopala Krishna) by calling 235-5378.

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By
Sharon
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DIVIDING THE HOUSE: PLANNING FOR A CANADA WITHOUT QUEBEC

By Alan Freeman
and Patrick Grady
Harper Collins, 257 Pages
\$18 (Paper)

Dividing the House is most timely – rush out and put it by your bedside; you'll be reading it regularly.

This comprehensive study by Alan Freeman (economics reporter for *The Globe and Mail* and Glebe resident) and Patrick Grady (President of an Ottawa-based consulting firm and former senior government official in the Department of Finance) makes it abundantly clear that since former Prime Minister Pierre Trudeau and his colleagues (and friends) Gérard Pelletier and Jean Marchand swept into Ottawa thirty years ago determined to renew Federalism and satisfy discontented Quebecers, the situation vis-à-vis Quebec's separation from Canada has been one great roller coaster ride.

As life and history teaches us, arranged marriages do not always work. Often, each partner seeks his/her respective rights. Quebec is no exception. Nor is Canada.

Freeman and Grady have done their homework; the bibliography is exhaustive, including documentation from the Bélanger-Campeau Commission and approximately 50 other detailed texts including: *Deconfederation, Canada without Quebec* by David Bercuson and Barry Cooper, Key/Porter, 1991; *A Nation too Good to Lose: Renewing the Purpose of Canada* by Joe Clark, Key/Porter Books, 1994; *Negotiating with a Sovereign Quebec* by Daniel Drache and Robert Perrin, Lorimer, 1992; *Blood and Belonging: Journeys into a New Nationalism* by Michael Ignatieff, Viking, 1993; *Cooler Heads Shall Prevail: Assessing the Costs and Consequences of Quebec Separation* by Patrick Monahan, C.D. Howe Institute, 1994; *Towards a Canada-Quebec Union* by Philip Resnick, McGill-Queen's Press, 1991.

This sampling provides a glimpse of the dog's breakfast forming the basis of the negotiations which will be ongoing if Quebec voted "yes" for Sovereignty on October 30th, or even if a large minority voted

"yes." The persistent desire for a fair and equitable divorce from Canada on the part of the P.Q. will not go away.

Fortunately Freeman and Grady are upbeat and chatty in their meticulous analysis, coming down squarely on issues such as the national debt, dual citizenship, bilingualism and residency. None of their conclusions is etched in stone but the bottom line is that everyone will pay, and that there will likely be two winners, an independent Quebec and a different Canada.

Rather than go into more detail which they have done so well, let me highly recommend the book and close with their final paragraph:

"The time has come for Quebec to decide. The choice will be between the Canada of today and a sovereign Quebec with all that that entails. If Quebecers are convinced that after 127 years of flourishing as a predominantly French-speaking society within a prosperous, tolerant country, they would rather be independent, then so be it. We will mourn the loss, but Canada can and will survive. With good leadership and hard work, it will not merely survive but prosper. As it enters the twenty-first century, Canada will still have more going for it than any other country in the world."

And perhaps the best news, according to Freeman and Grady is that thousands of people will be



Alan Freeman



Patrick Grady

relocating during and after the truce is hammered out; likely this will be good for everyone! This sort

of optimism makes *Dividing the House* a must-read – believe me, you'll sleep better.

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CHURCH NEWS

The search for peace

BY COLLEEN SMITH

As Remembrance Day draws near, conversations about peace become more regular. We are also searching for different types of peace - world peace, relationship peace, emotional peace, even just a little peace and quiet. Few seem to have found the steps to peace, but peace can be had by all of us.

Years ago, many waved good-bye to friends and relatives as they went off to fight for peace. Many never returned. Once again, on November 11, we will be remembering all those who fought and died for peace. They help us gain peace in our country. It is because of them, that today we can openly talk about a different peace - peace with God.

Peace with God can only be had by asking Christ into your life. Attending church... living a good life ... giving to charities... All of these are good things, but none of them will get you closer to peace with God. Sin separates us from God. Once you ask God into your life and ask Him to forgive your sins you are a "new creation" (II Corinthians 5:17). All of your past sins are forgiven and you can begin a fresh life. You become at peace with God

as you develop a personal relationship with Jesus Christ.

As Christians, we are called to have an attitude of peace with one another (Mark 9:50). This takes work, but if we constantly remember to love God and one another with our entire body, soul, mind and heart, peace with others will become part of our lives.

To really develop as mature Christians it is important to also seek out peace and quiet. As we sit in our homes and offices in the Glebe we are constantly faced with noise and distraction. For the Christian, this can be difficult as we try to take quiet time to talk to and listen to God. Many of us just can't leave the city for a few days to find solitude so it is important to create it in our own homes. Phones can be unplugged, and most of us can find that slightly quieter time in our lives to spend with Christ in prayer and in peace.

As the days get cooler and you live your life, schedule time for Christ. Be certain that He is your Saviour and that you are at peace with Him.

Colleen Smith is Christian Education Director at St. Giles Presbyterian Church.

Christian ethics for the '90s

In today's complex society how do we make ethical decisions on the issues of our time? It is not possible to merely transplant yesterday's rules and apply them to today's issues. Glebe-St. James United Church has planned a thoughtful, provocative, preaching series for each Sunday in November at 11 am. On November 5, Rev. Jack Nield will preach on Developing an Ethical Lifestyle. On November 12,

Ann McKeown will explore the issue of War and Peace. On November 19, Rev. Sharon Moon will consider the Ethics of Euthanasia, and on Nov. 26 Rev. Bill Jay will look at social ethics in Ontario today with the topic: Common Sense or God's Sense.

This will be a timely look at the issues of our time from a Christian perspective. Everyone is welcome.

Give-a-Kid-a-Skate this winter

For the sixth year radio station 106.9FM The Bear and associated partners SportCheck/Sports Experts and Pizza Hut will spearhead the annual Give-a-Kid-a-Skate Christmas campaign.

The public is encouraged to drop off good used skates at any Ottawa Sports Experts, Sport Chek or Pizza Hut location prior to December

20th. The skates are then sharpened, newly laced, polished and with a new pair of socks tucked in, are ready for distribution prior to Christmas to needy children.

The campaign has grown since it began six years ago. Last year 3,000 children received skates compared to only a few hundred in the first year.

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Rev. Anthony O'Sullivan in Residence

Rev. Dr. Leslie Laszlo, 233-8603 for Hungarian Community

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Sunday: 9:00 AM 11:00 AM 12:30 PM (Hungarian)

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Minister: Rev. Stanley J.T. Hanna

Sunday Services Sunday School 9:30 AM

Worship Service 11:00 AM Evening Fellowship 6:30 PM

FOURTH AVENUE BAPTIST CHURCH

Fourth Avenue at Bank Street 236-1804

Minister: E.J. Cox

Sunday Services: Morning Worship 11:00 AM

GLEBE-ST. JAMES UNITED CHURCH

650 Lyon Street 236-0617

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New Ventures in Celebration 9:30 AM (Family Service)

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Holy Communion: 8:00 AM plus noon (2nd & 4th Sundays)

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Choral Evensong: 7:00 PM (first & third Sundays)

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Pastor: Rev. Yu-Hsiung Chen 232-5211

Sunday Services: Worship 9:15 AM Sunday School: 11:00

OTTAWA CHINESE UNITED CHURCH

600 Bank Street 594-4571

Minister: Rev. Wing Mak

Sunday Services: Sunday School 9:30 AM

Bilingual Service 11:00 AM

OTTAWA DEAF FELLOWSHIP Total Communication

Fifth Avenue at Monk Street

Minister: Pastor Dick Foster

Sunday Services: Worship 11:00 AM Sunday School 9:45 AM

ST. GILES PRESBYTERIAN CHURCH

Bank Street at First Avenue 235-2551

Minister: Rev. Duncan Kennedy

Youth Coordinator: Colleen Smith

Sunday Service: Worship 11:00 AM Church School 11:15 AM

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Liturgy: Sunday 10:00 AM (Services mostly in English)

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- * SPORTS EQUIPMENT: Nordica rear entry ski boots, sz 8 men's \$85; 140 cm. Atomic Arc Rider skis w. Solomon 137 bindings: \$70. Dynafit front entry ski boots 23.5 cm. \$70 o b o; Black Snow plastic base "Master" snowboard, 135 cm, bindings incl. \$40 o b o; Sure Grip International skateboard (wide), \$25 o b o. All good cond. 236-3307.

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NOTICES

- * BAZAAR-CHRISTMAS OLD & NEW McLeod Stewarton United Church, 507 Bank St. Sat. Nov. 4 10:30-2. Luncheon 11:30-1:30, \$5
- * TAKING CHARGE OF YOUR HEALTH Series for November: Dealing with Professionals. *Talking To People Who Are Supposed To Be Helping Us*- Tues. Nov. 7, 1-2:30 pm. *Getting What You Need From Your Pharmacist*-Tues. Nov. 14, 1 - 2:30 pm. *Community Policing: How To Make It Work For You*-Tues. Nov. 21, 1 - 2:30 pm and *Choosing a Medical Practitioner*- Tues. Nov. 28 1 - 2:30. All sessions at Centretown Community Health Centre, 340 MacLaren St. No charge, free childcare. Call 563-4336 for information.
- * MESH OTTAWA Self Help Group for People w. Chronic Fatigue Syndrome presents Anne & Sandra Parsons *How a High Salt Diet Helped Me* - Wed. Nov. 22 at 7 pm, Hintonberg Community Centre, 1064 Wellington St. Free & all welcome. Info: 789-6374.
- * ALZHEIMER SOCIETY OF OTTAWA-CARLETON Christmas cards, blank inside, can be custom imprinted. Packages of 10, retail at \$11.49 (all taxes included). Call 722-1424 to order your cards
- * OTTAWA VALLEY DECORATIVE ARTISTS annual Country Christmas Show & Sale Fri. Nov. 3, 11am-9pm, Sat. Nov. 4, 10am-4pm, Sun. Nov. 5, 10am-4pm. at R.A.Centre, 2451 Riverside Dr. Free admission & parking! Info. 746-9948.
- * WIDOWED SUPPORT GROUP of Ottawa-Carleton Wed. Nov. 15 at 7:30pm, YM/YWCA, Rm. 137, 180 Argyle Ave.
- * OTTAWA CHORAL SOC. CONCERT Sat. Nov. 18 *Music for Saint Cecilia* at St. Joseph's Church, Wilbrod & Cumberland. Call OCS Box Office 725-2560 for subscriptions & tickets.
- * SNOWFLAKE BAZAAR, All Saints Sandy Hill, 317 Chapel St. at Laurier Ave. East. Sat. Nov. 25, 10:30am - 2:30 pm. Items include baked goods, woodwork, crafts, books, toys, plants. Lunch from 11:30 & Auction at 1:30. All welcome. Don't miss it!
- * LOOKING FOR WORK? Join TAG (Technical & Admin. Group), to help w. job search & networking. Thurs. eves. free. Info: Leo Molina 523-5632
- * BILLINGS BRIDGE CRAFT SHOW- Ottawa area artists & artisans present unique show at Billings Bridge Plaza from Nov. 6-12. Info: Val Wilkins (819) 456-3291
- * CAN. CROSSROADS INTERNAT'L Around the world, around the corner winter craft sale Sun. Dec. 3 10 to 4 Glebe Comm. Centre 690 Lyon St. Admission free

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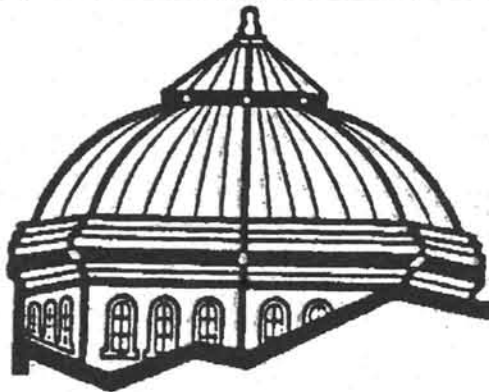
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Sunday November 19, 10:00 a.m. - 4:00 p.m.



Glebe Community Centre



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