

# February 15, 2019

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The e-Skeeter in winter – it's fine if you layer up!

#### By Ashwin Shingadia

It was a cold, blustery day with temperatures dipping to minus 29 Celsius. The Glebe was covered in deep snow; streets and sidewalks had not been cleared by the city. I did not think he would come... but the doorbell rang exactly on time and Soo Hum parked his e-bike in front of my townhouse.

Since December 23, "e-Skeeter," as he calls his YTO pedal-assisted e-bike, had travelled some 400 kilometres on bumpy, icy sidewalks and roads. He has been all over the city from Mooney's Bay to the Market,

Westboro, National Gallery, libraries, supermarkets, Algonquin College, Merivale Road. His e-display indicates speed, trip length and total distance, time and remaining battery capacity, among other measurements. He says his e-Skeeter model is nimble, quick, friendly to women, easy to control and good for those who are new to e-biking. It can be folded and stored in the trunk of a car and is popular with yacht owners! E-biking is cheap, practical and healthy transport. Oulu, Finland, a town of 200,000 with a climate similar to Ottawa, has some 54,000 winter cyclists!

#### WHY DID YOU START E-BIKING?

"About15 years ago, I became a single parent, joined a moms' circle and cut costs in order to bring up my daughter Samantha, also a keen cyclist," said Hum. He sold his house and used his car for emergencies. His first e-bike was a German Cube, the equivalent of a VW, made by Bosch Electronics. His second was a Swiss Stromer, the "Lamborghini" of e-bikes. This is the ninth winter that he has been e-biking.

"I am a photographer," he said. "The new capabilities of an e-bike enable me to go up to a lookout in the Gatineaus

with my equipment, take photographs and get back. It will take any hill and make it invisible to the rider. I dress like skiers – layers of jackets, a helmet, gloves, balaclava, goggles, and good warm socks and boots."

#### **E-BIKE COMMUTING**

We decided to go around the corner and visit Michael Wolfson, one of the pioneers of e-biking in the Glebe. He began cycling some 47 years ago when he went to work at Tunney's Pasture. "It was faster to get to Tunney's Pasture than the bus and it has allowed us

Continued on page 2

#### MARK YOUR CALENDARS

Feb.19	. GACA monthly meeting, GCC, 7 p.m.
Feb. 21	. Snow Mole walks, Abbotsford House, 10 a.m.; Mar. 21,
	GCC, 1 p.m.
Feb. 22	. Concerts By the Canal, Anderson Brothers,
	Southminster Church, 7:30 p.m.
Feb. 26	. GCA monthly meeting, GCC, 7 p.m.
Feb. 27	. Snow and ice removal forum, City Hall, 7–8:30 p.m.
Feb. 28	. New central library workshop, 395 Wellington St., 6-9 p.m.;
	Mar. 2, location TBD, 9 a.m12 p.m.
	ottawacentrallibrary.ca/introducing-inspire555-series
Feb. 28	. Bronson reconstruction info session, GCC, 6:30 p.m.

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Mar. 18..... Senator Kim Pate lecture, Richcraft Hall, Carleton U, 7 p.m.

#### WHAT'S INSIDE







Master plan for Glebe parks Page 16

NEXT ISSUE: Friday, March 22, 2019 EDITORIAL DEADLINE: Friday, March 1, 2019 ADVERTISING ARTWORK DEADLINE\*: Wednesday, March 6, 2019 \*Book ads well in advance to ensure space availability.



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**BROWN'S INLET** 



Yellow floating heart in Brown's Inlet is located in the west end of the upper pond and the far east end.

#### Yellow floating heart in Brown's Inlet

By Tim Newton

In mid-March, the City of Ottawa will start to eradicate yellow floating heart from the upper pond of Brown's Inlet. Yellow floating heart is an invasive aquatic plant. Efforts to remove it will involve excavation and lining of affected areas. The purpose of this project is to prevent the plant's further spread, not only within the upper pond but also to the wider ecosystem, including the lower pond of Brown's Inlet, the Rideau Canal and the Rideau River.

Yellow floating heart is native to Europe and Asia. According to Ontario's Invading Species Awareness Program (invadingspecies.com/), it came to North America in the late 19th century as an ornamental plant in water gardens. Since its introduction, accidental or intentional releases and flooding have contributed to its spread.

Yellow floating heart poses a threat to aquatic ecosystems. Like a carpet on the surface, the dense mats shade out native species, modify fish and wildlife habitat, and contribute to stagnation. Stagnant water offers ideal conditions for algae growth and mosquitoes.

Yellow floating heart is most commonly found in slow-moving waters, in rivers, lakes and ponds. It can spread by seed or from broken stems, making it an easily dispersed species. It ranges throughout several states in the U.S., as well as a number of provinces in Canada. In Ontario, it is found in the upper pond of Brown's Inlet, as well as in Burlington, and in areas near Georgetown and Erin.

In Brown's Inlet, yellow floating heart is found in two areas, one at the west (upstream) end of the upper pond and the other at the east (downstream) end of the pond. Scheduled for mid-March, these areas will be excavated to a depth of 200 millimetres to remove all roots, shoots and rhizomes of the plant. (Rhizomes are horizontal underground plant stems capable of producing the shoot and root systems of a new plant. The excavated material will be hauled to the city's Trail Road landfill. The excavated areas will then be lined with a geotextile fabric and backfilled with sand to stop the plant from growing back.

In preparing for this project, the city has consulted with regulatory agencies and other stakeholders including the Ontario Ministry of Natural Resources and Forestry, the Rideau Valley Conservation Authority, Parks Canada and the National Capital Commission.

A presentation was also made to the Glebe Community Association on October 23, 2018.

The threatening (but lovely!) yellow floating heart in Brown's Inlet

Environmental impacts of this work will be minimal. The pond has been drawn down, so no fish or amphibia will be affected. Erosion and sediment control measures will be in place during construction, and trees near the work areas will be protected. Afterwards, all disturbed areas will be restored.

This project must be completed before the Rideau Canal begins refilling in mid-April. The work is expected to take three to four weeks. During construction, all work areas will be fenced off. Most of the park will remain open to the public.

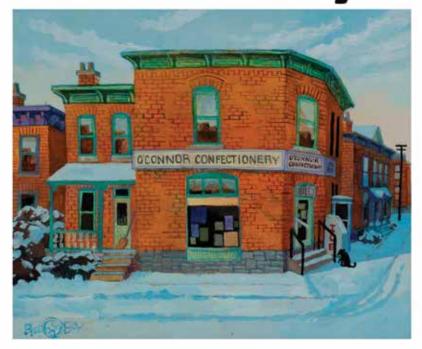
From this summer on, the city will monitor the pond for any remaining plants and remove them manually. These spots will be marked so that residual roots, shoots and rhizomes can be dug out during the following winter drawdown. It is expected that this procedure will have to be repeated over a period of about three years to ensure the plant does not re-grow.

If you have any questions, or need more information, please contact the City of Ottawa's Project Manager, Tim Newton, by phone at 613-580-2424 (ext. 16023) or email at Tim.Newton@ ottawa.ca.

For more information about yellow floating heart, please visit: invading-species.com/yellow-floating-heart/

Tim Newton is Project Specialist, Stormwater in the City of Ottawa Parks, Forestry and Stormwater Services.

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#### E-BIKING Continued from page 1

to have just one car. Besides," he said, "cycling is healthy, cheap and good for the environment."

Some five years ago, Wolfson became interested in retrofitting old bikes with conversion parts – a wheel with a hub motor, battery, a throttle, control electronics and wiring. He now uses a semi-recumbent Revive bike made by Giant (Taiwan), which he finds more practical and comfortable than an upright model. (Uprights have narrow saddles and put strain on the wrists, and the constant bending can hurt the back.) Twenty-inch mag wheels allow the rider to place the feet on the ground for safety, while the seat is high enough to put the rider at eye level with most car drivers.

Hum argued that his Skeeter model was easy to assemble. A truck delivered a sealed box to his door containing all the parts, tools, air pump, battery, etc. He put it together in an hour. Support is also available through companies such as Velofix Ottawa.

It was getting dark. Hum layered up, put his camera in a pouch, turned on his flickering red back light, pressed a button on his e-display and the motor started.

"No problem at all at -29 C," he said and bumped along the icy sidewalk homeward, just like the crowds of winter cyclists in Oulu, Finland.

Ashwin Shingadia is a Glebe resident and former member of the Glebe Report board of directors.



By Richard Webb

This is an update on the status of the effort to bring the community rink back to Mutchmor, after 80 years of operation and a "temporary" closure in 2012 to facilitate storage of building materials for the Mutchmor extension. At that time, the Ottawa-Carleton District School Board (OCDSB) promised to reinstall the rink once there was no longer a need for storage – a promise that was never honoured. The community was never consulted in connection with the initial or the continued closure of the rink.

The rink was the only boarded rink in the Glebe, was centrally located and was the only place children without the financial means to engage in organized hockey could develop their hockey skills and have fun. It was also used as a venue for other community activities and formed an unstructured play area for students. It was truly a part of the Glebe's history and heritage.

Who opposes the rink? The Ottawa-Carleton District School Board. Mutchmor School. Mutchmor's principal, Christopher Werely. The Mutchmor Parent Council (a committee that acts as a liaison between the school and Mutchmor parents).

Who has been contacted but has not yet indicated a position? The local MPP (Joel Harden). The local MP (Catherine McKenna). The Inclusive Education Branch of the Ministry of Education, the mandate of which includes community use of public property.

Who has indicated their support for return of the rink? Everyone else. The City of Ottawa. The local municipal councillor, Shawn Menard. The Glebe Community Association. The Glebe Neighbourhood Activities Group. Lots of community residents, including the parents of Mutchmor kids. Some current and former teachers. Probably a lot of Mutchmor students who would no longer have to trek off to Lansdowne for class skating. Even the school trustee, Lyra Evans, has expressed initial support.

What would it cost the OCDSB to install, maintain and manage the rink? Nothing. The City of Ottawa would bear all the installation and maintenance costs and GNAG would manage it.

What are the OCDSB's stated reasons for opposing the return of the rink? Damage to the field. Interference with sight lines for teachers supervising the playground. Potential for injuries to students. Are any of these reasons new? No, they existed throughout the rink's 80-year existence, and didn't warrant closure or cause significant problems.

What are the contrary arguments? The field is already pounded into hardened dirt or mud (depending on the weather) by the daily activities of students, and no further damage can occur to it. The minimal sight line interference existed for 80 years, and the teachers seem to have coped adequately with the inconvenience. As for injuries, they also occur on the climber, in the gym, in other areas of the field, and there is no evidence that the rink was a particular culprit.

What is the community asking for? Just the return of an established heritage community resource, as promised. Nothing new. No cost to the school. No increased administrative responsibilities.

What are the benefits? For Mutchmor students and teachers, close access to a rink for skating. For the community, a public boarded community rink and a venue for community activities, as in the past.

Despite being contacted several times, the OCDSB has replied only infrequently and laconically. It has never explained why it failed to honour its promise to return the rink or why it does not feel it has any responsibility to consult with or consider the wishes of the community.

When Mutchmor was previously slated for closure, the community rallied to save its "community school." It is one of life's ironies that had the community not saved Mutchmor, the " When Mutchmor was previously slated for closure, the community rallied to save [it]. It is one of life's ironies that had the community not saved Mutchmor, the school would be gone but the community would still have its rink."

school would be gone but the community would still have its rink. It is also significant that the rink closure occurred when Mutchmor and First Avenue schools swapped students, leading one to question whether Mutchmor can still be considered a community school.

How can you help? If you are interested in a return of the rink, send an indication of such support to your school trustee (Lyra Evans), the Chair of the OCDSB (Shirley Seward), the Director of the OCDSB (Camille Williams-Taylor), the Superintendent of Education (Olga Grigoriev), Mutchmor's principal (Christopher Werely), your MPP (Joel Harden), your MP (Catherine McKenna) and the Director of the Inclusive Education Branch (Vena Persaud). If you are uncertain of contact points for the above, please contact me and I will provide them. And if you have not done so, please also notify me of your support at richard.webb@gmail.com.

Let's get our community rink back from the OCDSB bureaucrats.

Richard Webb is a Mutchmor school parent who for several years has spearheaded the Glebe community's efforts to have the Mutchmor rink



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**EDITORIAL** 4 Glebe Report February 15, 2019

#### Images of the Glebe



#### Rep by pop!

Others have spoken with eloquence about the mayor's recent decision to keep the Capital Ward Councillor and other urban councillors off the most important and influential city committees, in particular the Planning Committee, the Finance and Economic Development Committee, and more recently, the Transit Commission. Good arguments have been put forward on our behalf - that development is hitting the urban neighbourhoods full force, and that representatives of these neighbourhoods should be at the table where development (and other important) decisions are made. That while councillors indeed may attend any committee meeting they wish, as non-members they would be strictly observers with no ability to ask questions, vote etc. The Glebe Community Association (GCA) sent a thoughtful and constructive letter to the mayor in January in which they clearly laid out the community's concerns, and asked for a reconsideration. In the GCA column this month, you will see that the answer to this letter was, in essence, wait two years and we'll see.

Is this good enough? Even the per-

ception that a community's concerns are not welcomed, or are perhaps even being suppressed, is surely not healthy in a democracy. (And not helpful PR for the mayor.)

Do you remember the old "rep by pop" call for representation by population? The Canadian Encyclopedia calls rep by pop "a fundamental principle of parliamentary democracy that all votes should be counted equally." That includes our Glebe neighbourhood votes and voices, does it not?

Liz McKeen

#### glebe report

#### www.glebereport.ca

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EDITOR	Liz McKeen	editor@glebereport.ca
COPY EDITOR	Martha Bowers	
LAYOUT DESIGNER	Jock Smith	layout@glebereport.ca
GRAPEVINE EDITOR	Micheline Boyle	grapevine@glebereport.ca
WEB EDITOR	Peter Polgar	website@glebereport.ca
SOCIAL MEDIA	Alex Stecky-Efantis	
ADVERTISING MANAGER	Judy Field	advertising@glebereport.ca 613-231-4938
BUSINESS MANAGER	Debbie Pengelly	accounting@glebereport.ca
CIRCULATION MANAGER	Marnie Wellar	circulation@glebereport.ca 613-408-1300
PROOFREADERS	Susan Bell, Joann Garb David Spies	oig, Dorothy Phillips,
AREA CAPTAINS	Martha Bowers, Bob B	rocklebank, Judy Field, Gary Greenwood,

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Please note that except for July, the paper is published monthly. An electronic version of the print publication is subsequently uploaded with text, photos, drawings and advertisements as a PDF to www.glebereport.ca. Selected articles will be highlighted on the website.

Ginny Grimshaw, Jono Hamer-Wilson, Nadia Porcari



#### **CONTACT US**

175 Third Avenue Ottawa, Ontario K1S 2K2 613-236-4955

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#### Glebe comings and goings

#### **NEW TO THE GLEBE**

JAM (Just Add Milk) Cereal is now open at 891 Bank Street. "To-Go Cereal Bowls, Milkshakes, Ice Cream Sandwiches"

#### **CHANGES AFOOT**

Glebe's Barber Shop at 738-A Bank Street, Suite 201 has a new owner, Issa, as of 2018.

Reflections Hair Designers and Esthetics is now open at 836 Bank Street, moving from 108 Third Avenue. 613-563-1700 reflectionsottawa.com

#### **CONTRIBUTORS THIS MONTH**

Michael Abbey Louise Archer Carolyn Best Ken Brough John Dance Peggy Edwards Merna Emara Lyra Evans Mary Glick Paul Green Trevor Greenway Peter Harris Matt Hertendy Soo Hum Julie Ireton Bob Irvine Bruce Jamieson Diane Jesmer Anonymous Kakapo Karen Kelly

Elise Laviolette Chari Marple Catherine McKenna lan McKercher Shawn Menard Tim Newton Rafal Pomian Marisa Romano Sophie Shields Ashwin Shingadia Lois Siegel Sue Stefco Ildiko Sumegi Jennifer Tiller Susan Townley Mary Tsai Sarah Viehbeck Richard Webb Sophie Weider Zeus

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The Glebe Goal-Getters tried their best at the Capital Ward Cup January 26, but lost 16-7 to Old Ottawa South and 7-3 to Old Ottawa East. Back row, from left: Joshua VanNoppen, Anthony Carricato, Georgina House, Dave Harder, Nathan Bowers-Krishnan, Chris Chown. Front row: Amy-Jo Smith, Joy Clarke, Christina Flavell

#### **CORRECTION**

In the January 2019 Glebe Report, page 15,

the photo caption should have read:

Adrian Murray (left) and Andrew Bonner

of Little Victories Coffee Roasters.



# LETTERS editor@glebereport.ca



#### REMEMBERING

Paul Dewar, 1963-2019

Educator, social activist, unionist, Member of Parliament, citizen of the world, voice for those suffering or in need, friend and neighbour.



Trees planted along Bank Street were chopped down during construction of the new Amica retirement residence.

#### Big cheques in the Glebe!



Margaret Vice, a long-time Glebe resident, is this year's winner of the \$10,000 Glebe Spree grand prize. "We are going to give some to a local charity that we are close to, and then I am going to share it with relatives and friends who have young children," said Vice. Now in its eighth year, Glebe Spree is a popular contest funded by more than 160 merchants of the Glebe, with title sponsors McKeen Metro and the Bank of Montreal. This year saw more than 33,000 entries, a six per cent increase over last year's record.



Amica Senior Lifestyles and Succession Development (a seniors housing development company) has donated \$10,000 to the Abbotsford House Restoration Fund to support the restoration of historic Abbotsford House. Despite freezing temperatures, on January 12, 45 guests made their way to Abbotsford House at The Glebe Centre for a brunch hosted by the soon-to-be new Abbotsford neighbours, Amica The Glebe.

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#### John Howard Society is coming to the Glebe Annex

By Sue Stefko

Last month the city announced the John Howard Society as the winning bid for the supportive housing project planned for 289 Carling Ave. The site, which is currently a small parking lot at the corner of Carling Avenue and Bell Street South, has been a source of discussion and concern among much of the neighbouring community since its future as a location for supportive housing/housing for the homeless was made public in 2016.

#### **PROGRAMS AND SERVICES**

For some, that feeling of concern continues. When many people think of the John Howard Society, they think of its work supporting men coming out of jail. However, the society also provides a wide range of programs and services to diverse client groups that include youth and adults, both men and women, from a wide cross-section of social, ethnic, linguistic and cultural backgrounds. In addition, the John Howard Society provides supportive housing to youth and adults, men and women (and their children) who have experienced homelessness. The latter issue – homelessness – will be the focus of this particular location, as its first priority will be to house homeless individuals living in a shel-



Early concept rendering of the proposed John Howard Society building in the Glebe Annex

ter, who are on the City of Ottawa's housing priority list. They may also be drawn from other areas, such as other John Howard Society housing sites, or hospitals (as it's expected that some residents will have mental health issues). The residence is also expected to be co-ed, and will include men and women aged 18 and older.

The intent will be to provide "long-term supportive housing" to these residents. The "supportive" part of that term refers to a team of people who will be on site to provide a variety of supports. This includes a residential manager who will be responsible for the overall management of the property and tenants, evening and overnight staff to ensure the safety and security of both the tenants and

the community around the clock, as well as teachers, social workers, health workers and staff providing general counselling and recreational and leisure activities.

#### **BUILDING DESIGN**

While the Request for Proposal envisaged that the building would have 40–60 units, this development comes in at the low end of the spectrum, with 11 one-bedroom units and 29 bachelor apartment units planned, for a total of 40 apartments. The building itself is divided into two sections - a six-storey tower and a threestorey podium. (It should be noted that the site, zoned as Arterial Mainstreet, actually allows for nine stories.) The apartments will be located in the tower, with communal amenity spaces and support services housed in the podium. In addition, the podium will house office staff for approximately 30–40 staff members (though not all will be on site simultaneously), as the John Howard Society is planning to move their head office from their building on St. Patrick Street in Lowertown to this building. The top of the podium will provide outdoor amenity space in the form of a private terrace on the west side of the building (facing Bell Street South). There will be 29 parking spaces included in the development, with both at-grade and underground parking planned.

This early concept drawing is just a preliminary drawing. The design still needs to go to the Urban Design Review Panel, an independent advisory panel of volunteer professionals who provide feedback on the design, including factors such as character, architectural treatment, lighting, signage, servicing and sustainability or green technology considerations. The John Howard Society must also obtain site plan approval from the city prior to finalizing the design.

#### **TIMELINE**

While the construction timeline still needs to be solidified and is subject to change, construction is expected to start later this year, likely in the summer or fall, with occupancy set for some time in 2021. Generally speaking, it will take approximately 18 months from the start of construction to residents moving in. There may be activity on the site earlier, however, as environmental remediation needs to take place prior to the start of construction.

For its part, the John Howard Society, while acknowledging there may be challenges in the local community's acceptance of the project, is excited about finding a new home in the Glebe Annex. "We're looking forward to meeting nearby residents to make our transition to this location as seamless as possible," said Christine MacIntosh, the John Howard Society of Ottawa's associate executive director. To that end, the society intends to undertake a community outreach campaign, which includes a public information session tentatively scheduled for early March.

Sue Stefko is president of the Glebe Annex Community Association.



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# The drive for drivers

#### By Julie Ireton

For the past 10 years Terry Dale has been driving seniors around in the Glebe Centre's bus, making sure elderly residents get to where they're going in good company.

But recently, Dale became the passenger.

After a recent knee replacement, he couldn't drive to his follow-up appointments so he sought out the reliable, friendly volunteer medical transport service available through the Glebe Centre Community Programs at Abbotsford.

"My wife doesn't drive so I reached out to Abbotsford," said Dale. "They took all the concern away. It's magic. Having their support meant the world."

Dale and other seniors who subscribe to the medical transport service can have volunteer screened drivers pick them up from their home or apartment and drive them right to their appointment at a clinic, hospital or doctor's office. The driver will also offer a helping hand to make sure the senior gets from door to door safely.

There is a cost of about \$12 per round-trip ride which helps cover the gas used by the volunteer drivers who use their own cars. The service is subsidized by both municipal and provincial programs according to Jane Stallabrass, the Abbotsford Community Support Program Facilitator.

"Taxis are expensive and not always as helpful as our volunteers, and Para Transpo is not reliable for getting to appointments at specific times," said Stallabrass.

Right now, she has about a dozen drivers who will each drive one to three times a week, depending on availability. Some of the volunteers are newly retired seniors looking to give back to the community, but Stallabrass says students studying social work, policing and firefighting also lend their time to drive for the program.

"We never have enough volunteer drivers," said Stallabrass. "Whether drivers are available for a short term or on a more regular, permanent basis, both are needed. We love our drivers and we'd love some more."

Wayne Thoms, a federal public servant, has been a volunteer driver for the past five years. He rearranges his work schedule so he can help out once a week. Thoms said for some of the clients, it's clearly more than just a pick up and drop off.

"You can tell a number of people love the interaction, it's a chance to talk," said Thoms. "Some of the clients, you're able to help them out and the idea of the program is to help them stay in homes longer after losing their licence and their independence."

If you want to know more about the services or how to become a volunteer



For years, Terry Dale was a volunteer driver for Abbotsford's medical transport service, until he became a client.

driver please call Community Support Services within Abbotsford and ask for Jane at 613-230-5730.

Abbotsford is your community support centre for Adults 55+. We are the community programs and services of The Glebe Centre Inc., a charitable, not-for-profit, organization which includes a 254-bed long-term care home. Find out more about our ser-

vices by dropping by 950 Bank Street (the old stone house) Mon–Fri, 9 a.m.–4 p.m., calling 613-230-5730 or by checking out all of The Glebe Centre facilities and community programs on our website glebecentre.ca.

Julie Ireton is a journalist who contributes regularly to the Glebe Report on issues affecting Abbotsford.



#### Glebe Chiropractic Clinic + Massage Therapy Centre is Celebrating its 25th Anniversary!

Thank you to our patients and our community for the privilege to serve you.

We are excited to announce that on February 1st we will be operating under a new name, CURAVITA Health Group.

This summer, we will also be relocating to a building on Third Avenue in the Glebe and expanding the scope of services we offer.

Our new clinic will be larger, modern and state-of-the-art that will allow us to continue to provide excellence in care and service to our patients.

We look forward to continuing to be of service to you!



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# **GNAG** thinks spring

#### **TASTE 2019,** A FAR FROM MODEST AFFAIR

January 17 was GNAG's 21st Taste in the Glebe. It is one of Ottawa's favourite wine and food shows featuring incredibly generous and skilled vendors that made it look easy to prepare four hundred portions of high-calibre offerings. There were familiar faces with well-established businesses as well as up-and-coming restaurants looking to promote their brands. Taste in the Glebe is such a sought-after event, it is often difficult for new restaurateurs to get in.

Thanks to McKeen Metro in the Glebe who graciously donated their tables to allow for newcomers like Eldon's to participate. In addition, they donated the cost of rentals of all the plates and glasswear in an effort to make this year's Taste a green event. On behalf of the community, we would like to recognize and thank you for your kindness and support, and for your belief in our community through the celebration of food.

This event sold out in less than two hours, raising \$30,000 towards our Community Development Fund, which supports community projects, subsidizes new program initiatives and aids families through financial assistance.

#### REGISTRATION FOR **SPRING/SUMMER COURSES BEGINS** FEBRUARY 28 AT 7 P.M.

GNAG is offering an incredible lineup of new spring programs and summer courses you won't want to miss. The Spring Program Guide is inserted in this month's issue of the Glebe Report. You can also pick up a copy at the Glebe Community Centre or view it online at GNAG.ca.

#### MARCH BREAK IS JUST AROUND THE **CORNER! REGISTER FOR CAMP TODAY!**

We are currently accepting registration for our very popular March Break camps! We have a fantastic lineup that caters to all interests. Enjoy your spring break at the Glebe Community Centre and experience one of our

- **Odyssey Traditional Camps** (JK-Grade 7)
  - · Art & Pottery Camp (Grades 1–3)
  - · Food Exploration (Grades 3–5)
- · Improv and Drama Camp (Grades 4–8)
- · Extreme Girls (Grades 6–9)

#### **LEADERSHIP CANNOT REALLY BE** TAUGHT. IT CAN ONLY BE LEARNED.

by John Muggleton I knew of the leadership program at GNAG. I had heard of it, having lived and worked in the Glebe over the years. I also knew that many of the current GNAG staff had been through the leadership program, but I really didn't know much more than that. Then, this past summer, I, along with Katie Toogood, joined GNAG as the managers of adult and youth programming. We were handed a file -athick file, a file with leadership program written on it. The file came with boxes. Many boxes in fact. Recreational director Paul O'Donnell smiled.

Several weeks later Katie and I stood in St. Matthews's Hall in front of 23 very active, chatty, excited young people who had registered for the program. They didn't know us and we didn't know them but we had done our homework. We had read about the leadership program and studied the manual, we had talked to those who had gone through the program and those who had taught it. We had carefully created and developed a series of activities that we felt complemented the existing curriculum. However, that first day we quickly forgot everything and just played games. Our first lesson learned was that these young Glebe leaders had just finished school and needed some down time. We got that.

Over the weeks that followed we got back on track and we did get to know each other, and we had fun and learned together. We did team-building exercises and improv games. We worked on public speaking skills and were involved in projects and fundraisers. Some of us slept outside during the Youth Services Bureau SleepOUT 2018 and raised close to \$3,000 to help youth in need. Another time we carved over 20 pumpkins to decorate the Glebe Community Centre. We even grew lettuce in a hydroponic garden and sold it to raise money for the Parkdale Food Market and, by doing so, learned about entrepreneurship and stewardship.

Recently Katie and I were discussing upcoming activities for the course and realized we were using these young people's names instead of "the program" and we realized the importance of what we were doing. We know youth leadership is an important part of the youth development process, but the Glebe Leadership Program really is a place where true relationships are built and it teaches us how to lead, how to inspire and how to become better people overall. So, we will continue to get to know each other and have fun, and together we will learn what leadership really means.

Become GNAG's future leaders starting with the Glebe Leadership spring session or by joining one of our popular summer leadership camps.

#### GET PAID TO PLAY! GNAG IS HIRING!

Are you looking to gain some great experience working with children and youth over the summer? If you are a dynamic, flexible and creative individual who loves working with children, apply online at GNAG.ca/Careers.

Glebe Report February 15, 2019 9



## Let it snow, let it snow, oh no!

We are in Canada so it seems only fitting that, at least once in this column, I discuss the weather. Record-breaking snowfall in January saw the city's snow removal army stretched to its max. Streets, sidewalks and bike lanes were cleared gradually by the city and, to the frustration of many residents, not fast enough in between major storms. Businesses and residents also have to play their part in keeping walkways cleared and many did the best they could under these circumstances. Kudos to Councillor Shawn Menard who used social media to provide detailed updates to residents and to respond to concerns. His office will be hosting a forum on snow and ice removal on February 27 from 7 to 8:30 p.m. at City Hall in the Council Chambers.

#### WARD COUNCIL INAUGURAL MEETING

Councillor Menard delivered on an election promise to convene Capital Ward Community Association representatives in a Ward Council. The inaugural meeting was on January 31 and provided a collaborative forum with great potential for information sharing and joint action. The Glebe Community Association (GCA) welcomes the return of this table to the ward.

#### **BUILDING A BETTER BANK STREET**

In 2015–16, the GCA conducted a community visioning exercise for Bank Street called ImagineGlebe. We heard from hundreds of residents about what they wanted the Glebe and Bank Street to look like and how development could be integrated into the character of our unique urban neighbourhood. The Glebe will hopefully have an opportunity to put some of this shared vision into practice through the city-led secondary plan process for Bank Street. This exercise will be undertaken in 2019 and the GCA hopes that it will provide much needed clarity on the objectives for development on the traditional main street that runs through our community.

#### URBAN COUNCILLOR REPRESENTA-TION ON CITY STANDING COMMITTEES

In my January column, I wrote

about the GCA's objection to the dearth of urban councillor representation on key city standing committees, namely FEDCO and Planning. The GCA joined the voices of many other community associations across the city to share our disappointment with the Mayor. In late January, we received a short response from the Mayor indicating that our comments had been forwarded to the Manager for Policy and Tech Solutions in the Office of the City Clerk and Solicitor for consideration in the mid-term governance review. The Mayor indicated that that is the next time that council governance will be reviewed. While we appreciated receiving a response, we find this disappointing and hope that the forthcoming by-election in Rideau-Rockcliffe may provide an opportunity sooner than two years' time to shift committee membership.

#### **SEEKING COMMUNICATIONS HELP**

The GCA has a gap in its executive: we need a communications chair. If you're interested in chairing the Communications Committee or supporting the GCA in its communications efforts through social media or our e-newsletter, please get in touch – we need your help!

#### **GO GLEBE GOAL-GETTERS!**

Thank you to all those who joined in the Capital Ward Cup on January 26. Although the Glebe Goal-Getters didn't take the Cup, fun was had by all. For us, just like for Sens' fans, there's always next year!

As always, everyone is welcome to join us at our monthly meetings. We meet the fourth Tuesday of the month at 7 p.m. at the Glebe Community Centre. The next meeting is on February 26. Follow us on Twitter @glebeca.

The GCA was sad to learn of the passing of Paul Dewar. He was a tireless advocate within and beyond our community and he will be missed. We acknowledge with gratitude his many contributions and send condolences to his family.

#### **NEW PATIENTS WELCOME**

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MP'S REPORT





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# MP Catherine **McKenna**



# Supporting small businesses in Ottawa Centre

When I think of Ottawa Centre I think about our awesome, thriving and unique businesses. I think about Elgin Street where families can buy local bread from Brownloaf Bakery, get records from The Record Store in Hintonburg, and catch a show at the Mayfair Theatre on Bank. We rely on small businesses like these to make our lives simpler and more enjoyable. In fact, some days they seem like such fixtures of our community that we forget the immense contributions they make to Ottawa Centre and our economy.

Small businesses are job generators. They make up 98 per cent of Canadian businesses and employ eight million hard-working Canadians from coast to coast to coast, including right here in Ottawa Centre. More than this, they promote the industry around which thriving communities can grow. It is because of our community's entrepreneurial small business owners that Canada's economy is now among the fastest growing in the G7 countries and that the unemployment rate is at a historic low. In fact, the last time the national unemployment rate was lower than it is now, road signs in Canada were in miles per hour and Canada hosted its first Olympics in the summer of 1976.

People are working, wages are growing and more Canadians are buying goods and services. There is a renewed sense of confidence and potential in the air. To keep up this momentum, our government, under the leadership of Prime Minister Trudeau, is working hard to make it easier for small businesses. On January 1, we lowered the small business tax rate yet again, from 11 to 9 per cent, giving Canada one of the lowest small business tax rates in the world and giving small business owners up to \$7,500 a year in savings.

We also worked with credit card companies to lower the fees they charge businesses. For some small businesses, this could mean thousands of dollars in savings. And because our government knows that it isn't just about savings but also about opportunity, we have made unprecedented investments in helping

small business owners start up, scale up and access new markets through programs that offer them access to capital, valuable advice or even paid interns.

Recently, our government announced the Fall Economic Statement. In it we proposed three immediate changes to Canada's tax system that will make it easier for small businesses. The first will allow businesses to immediately write off the full cost of machinery and equipment used for the manufacturing and processing of goods. The second will allow businesses to immediately write off the full cost of certain clean technology equipment. And the third - a new Accelerated Investment Initiative – will allow businesses across all sectors of the economy to write off a larger share of the cost of newly acquired assets in the year the investment is made.

These are real actions that will make Canadian small businesses more productive, more innovative and more competitive. A big part of remaining competitive means rolling up sleeves and cutting red tape. That's why, since 2015, our government has cut more than 450 federal rules that impose an administrative burden on business. Regulations are intended to help us by protecting Canadians but, over time, outdated rules and poor alignment with our trading partners can mean small businesses are held back.

That's why our government is tackling regulatory irritants by harmonizing food regulations and inspections, and facilitating greater trade of alcohol between provinces and territories, for

Whether it's our easy-to-use innovation.canada.ca website that provides small businesses with the help they need, or BizPaL, which simplifies getting permits and licences, our government is working hard to make it easier for small businesses to do what they do best: grow amazing communities like Ottawa Centre.

When I visit Sunnyside Avenue, I know I'll be thanking local small businesses like Haven Books for their contributions to our community.





#### Improving our streets and building connections in the Glebe

It's budget season at City Hall. The draft budget was tabled on February 6 and Council will vote on a final version on March 6 (shortened because of the election that took place). Our office held a public consultation on January 30 and another at City Hall on February 13 focusing on housing and transit specifically.

#### **NEW CROSSING GUARD** AT BANK AND FIFTH

For years, the Glebe Community Association and the Mutchmor Parent Council have been advocating for a crossing guard at the intersection of Bank Street and Fifth Avenue. Since we took office December 1, my team and I have been working hard on this initiative, to help ensure that all kids in the neighbourhood have a safe walk to school. We are happy to announce this happened as of February 4.

Currey Properties, the owners of the development under construction at the southwest corner of Bank and Fifth (the old service station) have agreed to fund a crossing guard until the end of the school year. In the meantime, we are working with staff to fund a permanent crossing guard there for September 2019. We want Capital Ward to be the safest ward in the city, and this crossing guard is one step towards that.

Currey Properties is currently constructing a four-storey, mixed-use building at the intersection. It will have retail and commercial units on the first two floors, with residential units above. After some delays with the original contractors, HEIN Construction is now on site to finish the building and work is once again picking up. The project is expected to be completed this fall. Currey Properties has been working with the community and councillor's office throughout this project, and we look forward to the completion of their building, and the welcome addition to the street life at such a prominent intersection in the community.

#### **BRONSON AVENUE ROAD CLOSURE** AND CONSULTATION

This spring, work will begin on Bronson Avenue from Arlington south to Imperial. This will mean that Bronson will be closed for several months through that section, with only one southbound lane for car traffic. This will be necessary to do sewer and watermain work in advance of work to be done by the Ministry of Transportation on the Queensway.

(Capitalward)

I will be working with city staff to ensure that safe detours are in place and that traffic isn't cutting through the residential streets that connect to Bronson. This work is a precursor to additional work that will be done on Bronson from the Queensway to the Canal. We all know that Bronson is far too dangerous, and something needs to be done about it. I've asked that consultations begin on improving Bronson, with the first to take place on February 28, 2019. The status quo cannot be allowed to continue on that street.

#### **WARD COUNCIL FORUM** ON SNOW CLEARING

January saw some extreme winter weather. In four days, we received two 20 cm snowfalls. It was more than 50 cm in less than a week. Throw in some freezing rain and you've got a serious challenge for our snow clearing crew.

We heard from a lot of you about the state of the streets and sidewalks in the Glebe. You raised valid and serious concerns, and we think it's unacceptable that our city does not provide better services dealing with winter weather.

We've heard you, and we want to help amplify your voices, so we will be hosting a ward meeting to discuss snow clearing operations in the city. The forum will happen February 27 at 7 p.m. in Councill Chambers at City Hall.

#### FLORA FOOTBRIDGE UPDATE

It's the bridge that's been talked about for over one hundred years (literally), and it's finally close to completion. The good news: the project is still on track to be completed this fall. And more good news: there's a Flora Footbridge Newsletter that you can sign up for at the ottawa.ca/esubscriptions/ signup-form-en.html on the city's website. Get updates as they happen!



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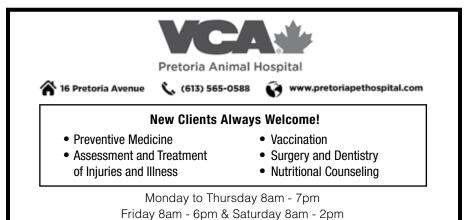
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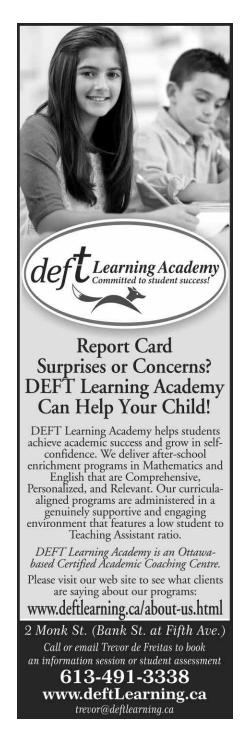














Bank Street between Fourth and Fifth avenues (looking north with Fourth Avenue Baptist Church in the background) after a vicious ice storm on December 30th, 1942

Nine inches of cement-solid snow and ice combined to bring all transportation in Ottawa to a standstill for the next 10 days. Ottawans walked, skied and snowshoed to work. The army turned out 400 men from the Basic Training Depot at Lansdowne Park to help dig out, and particularly to clear the streetcar rails.

PHOTOS: GLEBE HISTORICAL SOCIETY ARCHIVES



The wreck of the Lansdowne Tea Room at 933 Bank Street on the northeast corner of Holmwood (the current home of Pizza Pizza) after a fire in the winter of 1943



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Mr. McCulloch is a senior counsel with a practice spanning 50 years, and a professional career that covers all areas of law.

His extensive ongoing practice includes civil litigation, real estate, matrimonial law, wills and estates administration.

He attended Queen's University where he obtained his law degree with the highest of Honours. He served his articles with the prestigious Toronto law firm of Blake, Cassels and Graydon.

Mr. McCulloch is actively involved with Glebe St. James United Church, and has served in the past as chair of finance and administration and continues to be actively involved in his church work. He is also actively involved in the Good Companions Seniors' Centre.

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# Ottawa lags behind

**By Peter Harris** 

Have you been to downtown Toronto or Montreal recently? The cores of these cities are transforming with stunning new looks and developments. Toronto's Union Station now features a European-style town square with interlocking bricks and auto laybys for more peaceful passenger drop-off both at the station and across the street at the Royal York Hotel. The atmosphere has been transformed from a typical rushed Toronto traffic block to one that is now posh, quieter and nice to look at.

#### TORONTO – A WORLD-CLASS CITY

The Eaton Centre's new Times Square look (fulfilling Toronto's dream of becoming New York North) may not be original but it's exciting nonetheless. Pedestrians flock to the area that often features exhibits and special events in the heart of the central core. The architecture of new condos along Yonge Street is spectacular with curved lines soaring many floors up, accentuated with different sized windows for maximum impact. Toronto exudes wealth and sophistication in its downtown.

#### **MONTREAL - A WORLD-CLASS CITY**

Montreal's St Catherine Street gets better every year. Place des Arts has been redone with interlocking pavers. In the summer this busy Montreal street is blocked to traffic to create a massive pedestrian walkway. Even in the heart of the commercial area notable large stores such as The Bay and La Maison Simon participate in street sales and exhibits. At Place des Arts the huge metal lighting arms resembling giant lego apparatus are now permanent fixtures for the many shows and festivals. Further down St Catherine one of the world's most renowned gay villages becomes a massive pedestrian walkway with special events, exhibits and street decor unmatched anywhere else. Montreal's creative street decor, pedestrian access and exciting new events are clearly making it one of the world's leading cities for tourism.

#### OTTAWA...

In Ottawa it's a different story. Ottawa's Little Italy is one of the finest in North America, thanks to the vision of the merchants and Preston Street BIA. They paid for the granite archway at Carling Avenue and were

responsible for the creative art murals in the Queensway underpass, and the patios, street decor and charm from the family-owned businesses. The City of Ottawa contributed funding to remove only half of the wooden hydro poles and overhead wires. They remain a major detraction from all the tremendous work of the private sector.

Bronson Avenue, one of the mostused major arteries downtown, underwent reconstruction for nearly two years. It resurfaced with yet again wooden hydro poles. When Jackie Holzman was mayor, a task force of citizens produced a report with recommendations to improve the image of Bronson Avenue because it was a major route from the airport. Some 20 years later, the City of Ottawa was too cheap to bury the hydro wires after two years of reconstruction.

The *Ottawa Citizen* reported that Hydro Ottawa handed over \$20 million of dividends to the general coffers of the city for each of the past two years. Yet we cannot afford to dress up the capital city of Canada.

Sparks Street has been plagued with city planning mistakes for nearly 40 years from the days when the RBC Plaza was approved to more recently the CBC building, with its black glass wall facing the pedestrian mall. The CBC entranceway on Queen Street is still cursed today, with employees having to circle the block to enjoy the Sparks Street mall. The city believes that new condos on the mall will bring it to life. Unless they are all rented out through Airbnb, they will add nothing to the mall activity. What you need is a hotel. The original plan for the World Exchange Plaza featured a hotel. Somehow, the city allowed it to be converted to yet another office building.

In the meantime, the federal government is still proceeding to convert Sparks Street taxpayer-owned buildings into a fancy Tunney's Pasture for government workers. What a shame that the public will no longer see the inside of the former Bank of Montreal with its high ceilings or the classic Met Life Building. The bureaucrats march on without direction from our political masters – at all levels – who should ensure more people-friendly uses for Canadians and tourists to enjoy these buildings – á la Old Montreal.

The Gillin family was so concerned about losing the originally planned LRT station at the National Arts Centre (NAC), it pledged \$5 million towards the cost. But in typical cheap Ottawa fashion, the city declined this offer. Patrons going to the NAC will just have to hustle in the rain and freezing cold from Metcalfe



Bronson Avenue is a first impression for many visitors coming from the airport.

Street. The National Capital Commission (NCC) at the time lamented the change but did nothing about it – despite the federal government paying most of the bill.

Today the NCC still does not understand that it should be the legal owner of the Prince of Wales Railway Bridge crossing the Ottawa River. It says it is not in the transportation business of light rail. It only funds hundreds of millions to build bridges for cars! The Prince of Wales Bridge is clearly under federal jurisdiction. Even the Ottawa airport had to convince city hall of the need for an LRT connection. When I put LRT on the public agenda back in 1990, the original intent was to use the existing CPR corridor from the Gatineau airport to the Ottawa airport. North-south traffic routes were and still are the worst in the city.

Ottawa seems to think that being

a world-class city is to impose outof-scale high rises on unsuspecting neighbourhoods throughout the city. Despite years of official plans, when it comes to out-of-scale building applications, the official plans mean nothing. The City of Ottawa will still continue its long-standing tradition of creating parking issues in neighbourhoods that do not have ample parking. The LRT will do little for the hundreds of visitors who will travel to these buildings by car.

We will see if this new Ottawa City Council will make any difference when it comes to decisions, leadership and vision. But If Ottawa leaders continue to tout the fact that Ottawa is a "world-class" city, then it's time to start making world-class decisions.

Peter J. Harris is a former City of Ottawa and Regional Councillor.

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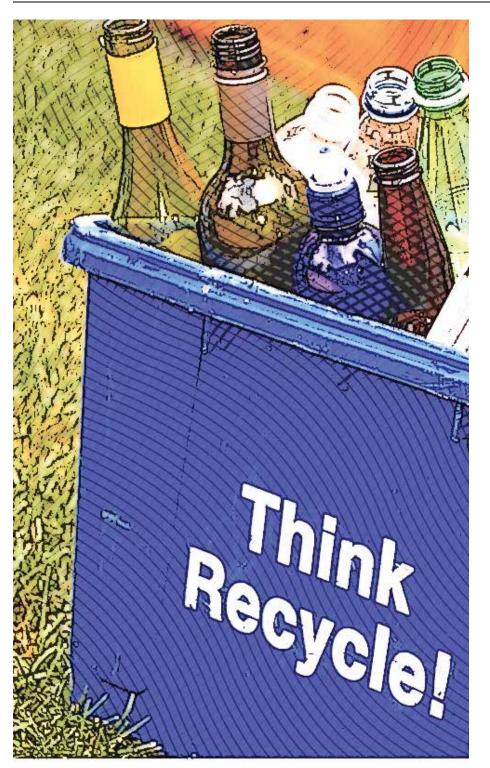
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#### **Bottle return runaround**

#### By John Dance

Returning "empties" has become noticeably more difficult in the Glebe with the temporary closure of the Beer Store beside Kettleman's and the permanent closure of the Isabella store.

So what's to be done? You could simply throw them, cautiously, into the blue box, or you could give them to charities.

Another option is to fill your shed or garage with empties, hope that there remains room for other stuff and wait until the new "best in class" Beer Store at the 900 Bank Street location opens – but that would entail a wait of more than a year.

Or you could go to one of the Beer Stores that remain open. The 515 Somerset West location is closest but there are also Beer Stores near Bank and Walkley and in Elmvale and Vanier.

"The Beer Store is exploring how we could expand our return volumes through Beer Xpress delivery as well, to provide consumers with more return options," says Bill Walker, spokesperson for the Beer Store.

A more generous option is to donate refundable bottles to BottleWorks, a social enterprise in support of Operation Come Home. "We provide paid employment and social support for youth who are at risk or experiencing homelessness," says Samantha Haskins, the coordinator for BottleWorks.

"BottleWorks is a free commercial and residential service that collects empty alcohol containers from restaurants, hotels, event spaces and private residences in Ottawa on a regularly scheduled or on-call basis," says Haskins.

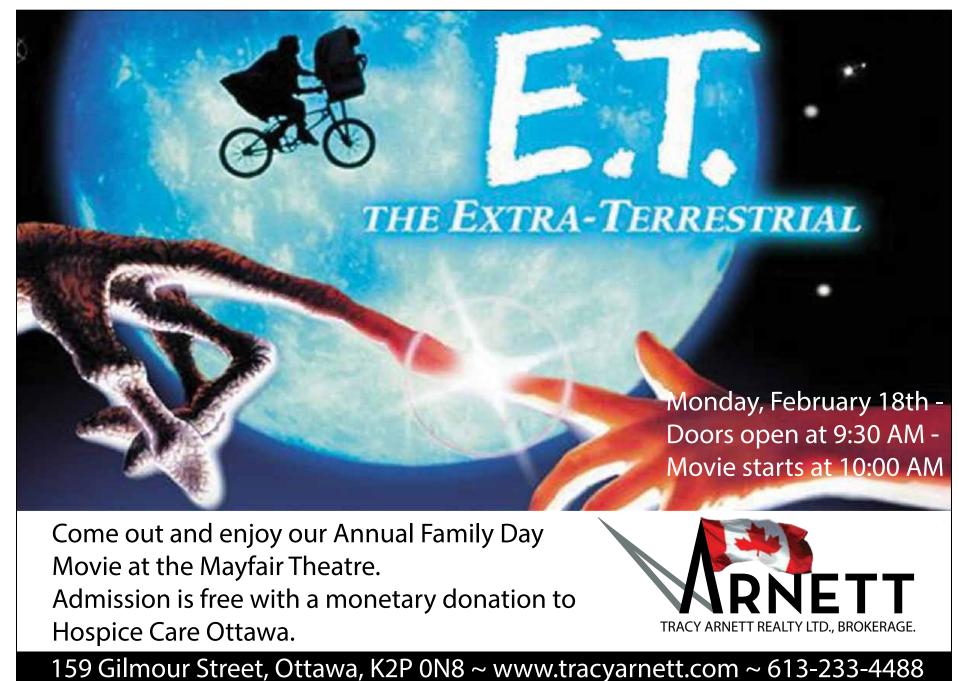
Bottleworks will schedule pick-ups for bottles with a refundable value of \$25 or more. Those interested in donating bottles can contact them via email at bottleworks@operationcomehome.ca or by calling 613-230-4663.

Also, several not-for-profit groups such as the Immaculata High School track team periodically conduct bottle drives and will happily remove your bottles.

Some residents always put refundable bottles and cans in their blue box to assist those who collect them for cash. Although the city's rules for blue box use say "Empty wine, beer and spirit containers greater than 100 ml purchased in Ontario must be returned for refund at The Beer Store," there is little enforcement of this rule.

On the other hand, "The city has levied fines against scavengers for removing cans from the blue bin," says Marilyn Journeau, director of the city's solid waste service. "Residents are encouraged not to place empty alcohol bottles and cans in their blue bin as the city does not receive any industry funding for the collection and processing of these materials."

John Dance is an Old Ottawa East resident who takes a keen interest in the beauty and smooth functioning of the city, and who keeps Glebe Report readers informed about other important matters.



# Ottawa encourages single-use plastics

By Chari Marple

When it comes to plastic pollution, Ottawa is driving the wrong way down a one-way street. While other Canadian cities are enacting plastic reduction policies, ours is actually increasing plastic use. Last year, the City of Ottawa approved throwing plastic bags in the organic waste bin, starting in mid-2019.

According to Ecology Ottawa, there is no evidence that allowing organic waste to be discarded in plastic bags will encourage more people to compost. The practice will produce new unnecessary plastic waste, which will complicate the disposal process and deliver lower quality compost. Scientists are already warning that microplastics – barely visible fragments or shards of plastic – are being found in farmers' fields and could end up in our food. Plastic bags in Ottawa's waste facility will be shredded along with their organic contents. Then plastic will be screened out and sent to the landfill. We don't know the risk for microplastic contamination of this compost, but it's hard to imagine that there won't be residue.

Plastic bags are not biodegradable. They are used for a few minutes, but subsequently remain in the environment for, well, we really don't know how long. The most common type are manufactured from polyethylene, a man-made material that micro-organisms consuming and decomposing organic material don't recognize as food. They will photodegrade when exposed to sunlight, fragmenting into micro-plastics. Scientists do not agree on how long that process might take, estimating anywhere between 100 to 1,000 years.

Plastic bags take even longer to break down in tightly compacted landfill space where lack of light and air prevent decomposition. Because the City of Ottawa has no plastic bag recycling, the dump is where most plastic bags end up.

Those that don't make it to the landfill can find their way into the natural environment where they pose a number of threats. Mammals, birds and marine life eat or get entangled in them. Bags can also cause blockages in sewage systems and pipes. Bangladesh became the first nation to ban plastic bags in 2002 because they were blocking drainage systems during floods.

Recognizing their potential to harm wildlife, infrastructure and the environment generally, a number of countries and cities around the world – 54 of them, to date – are enacting plastic bag bans. These are either outright bans or involve charges for bags. In Canadian cities, the list is growing. In 2007, the small mining town of Leaf Rapids, Manitoba, became the first community in Canada to ban single-use plastic bags. Fort McMurray, Alberta, Thompson, Manitoba, and the Regional Municipality of Wood Buffalo in northeastern Alberta followed in 2010. Last year Montreal become the first large Canadian city to implement a plastic bag ban, including biodegradable bags, which may release harmful gases as they decompose. Victoria banned the bags six months later. Halifax is next in line. On January 15 of this year, its councillors voted 13-4 to draft a bylaw before December.

The timing seems perfect for Ottawa to join this national and global movement. There is a great deal of momentum, knowledge and experience that our city could profit from to develop and implement its own successful single-use plastic bag ban. A ban was proposed last term but no action was taken. At that time city legal staff advised that the city does not have jurisdiction for such a ban.

Before the City of Victoria rolled out its ban, it had to assert the legal authority to do so. The Canadian Plastic Bag Association challenged the proposed bylaw in the B.C. Supreme Court, claiming that B.C. cities don't have the authority to regulate the environment as it falls within provincial jurisdiction. However, in his ruling, B.C. Supreme Court Justice Nathan Smith determined that cities do in fact have the legal power to regulate business transactions – in this case, providing bags to customers to carry purchased goods. Smith also asserted that the proposed bylaw falls under a city's responsibility to manage waste. The mayor of Victoria, Lisa Helps declared, "This isn't just a victory for the City of Victoria, it's a victory for cities."

Would a plastic bag ban resolve the plastic pollution problem in Ottawa? Almost every product we purchase

has a plastic packaging component to it. While not a panacea, a ban would eliminate one form of plastic from our homes, waste stream and the environment. For example, Victoria used about 17 million single-use plastic bags annually before the ban.

For now, in Ottawa, the responsibility rests with citizens to implement their own, self-motivated ban. In the Glebe we're already pretty good at it. Put your groceries in a reusable bag, refuse single-use plastic bags, and let your councillor and mayor know that you would like to see Ottawa do a U-turn on its backwards approach to plastics.

Chari Marple is co-chair of the Glebe Community Association Task Force on Single-Use Plastics.

Montreal banned plastic bags more than a year ago.















# Master plan for Glebe parks

By Bruce Jamieson

Urban parks enrich our community in many ways. They are places to enjoy fresh air and exercise. They contribute to the physical and mental health of persons of all ages and to the aesthetic quality of our neighbourhoods as well their economic value. They provide green spaces that improve our physical environment and a setting for community members to gather and interact for cultural activities and social events. They help build social capital. Urban spaces are an integral part our cities.

Therefore, it may surprise people to know that the Glebe Community Association (GCA) may be one of the few community organizations in Ottawa that has established a committee devoted solely to parks issues. The committee comprises volunteers: parks stewards for each of the Glebe's community parks, two co-chairs and a few dedicated ex-officio members. Over the course of each year, the committee meets regularly to discuss emerging issues, plan events like spring and fall parks clean-ups, as well as initiatives such as new parks and parks improvements. The committee works with city officials, elected representatives, local businesses and citizens to bring these projects to fruition. Until recently, our discussions and the work we undertake have taken the form of meeting minutes and to a large extent corporate memory. Last spring the committee decided to organize our thoughts in a more structured, written form. We developed a proposal for a Glebe parks plan that was presented to the GCA Board and approved by them in June 2018.

#### MASTER PLAN FOR GLEBE PARKS

The plan provides the GCA with an opportunity to collaborate and build consensus and serves as a reference point for discussions with fellow citizens, business groups, City of Ottawa staff and elected officials. It will preserve valuable corporate memory. Each park will be described in terms of its history, location, size, overall topography, type, zoning and usage. The plan will also discuss how parks funding is currently sourced, managed and allocated. Finally, the plan will identify current issues and challenges facing Glebe parks and make recommendations to address them.

Our parks stock-taking has identified three major issues so far.

DOG WASTE

One challenge is the disposal of dog waste. Dog waste is not just an inconvenience; it can also be harmful to the environment. Currently dog waste is supposed to be disposed of at home, but most of it ends up in park refuse bins and then landfill. Other Ontario municipalities such as Waterloo and Mississauga are addressing this problem by installing specially designed dog waste containers in city parks, which is diverting dog waste from landfills and even converting it into energy. Ottawa is planning a pilot project in the summer of 2019 that will involve installing special green bins in 10 parks across the city. It is also planning to allow dog waste disposal in residential green bins. We hope this approach will be successful.

#### PARK MAINTENANCE

Another big challenge is park maintenance. As park infrastructure ages, it is important to monitor its condition on a regular and ongoing basis to prevent deterioration of park assets. For this reason we are examining the most effective ways to identify and communicate maintenance issues to the city for action.

FUNDING FOR PARKS

Given the importance of park maintenance, it follows that it is also important for citizens to have a better understanding of parks funding, not just for maintenance but for the development and improvement of parks. We need to know what funds are available from all sources each year, where the funding is spent and on what basis allocation decisions are made. To this end, we would like to see the allocation, tracking and annual reporting of all available parks funding made more transparent and accessible to the public.

We are aiming to complete the plan and present it to GCA Board for approval in spring 2019. Once the report is approved we will post it on the GCA website and submit it to the city for information and consideration. In keeping with the parks theme, it will be an evergreen document, which will be updated every year as new issues and challenges arise.

Our parks are valuable assets. Let's make the best use of them now and preserve them for future generations.

Bruce Jamieson is an Ottawa native and a retired federal public servant who has lived in the Glebe since 1989.



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#### Winterlude 2020 to feature alligator wrestling

By Bob Irvine

Next year's Winterlude will showcase alligator wrestling. The exciting initiative is the brainchild of an Ottawa environmental group, Rideau Canal Keepers (RCK). The group's president, Ima Keener, explains the rationale for bringing alligator wrestling to the capital's winter funfest, "With global warming accelerating, it is only a matter of time before alligators will venture north to waterways such as the Rideau Canal. With its still waters and abundant aquatic plants, the canal will be an ideal habitat for the alligators coming to Canada. We say: Let's get to know today the animals that will be an integral part of our ecosystem tomorrow."

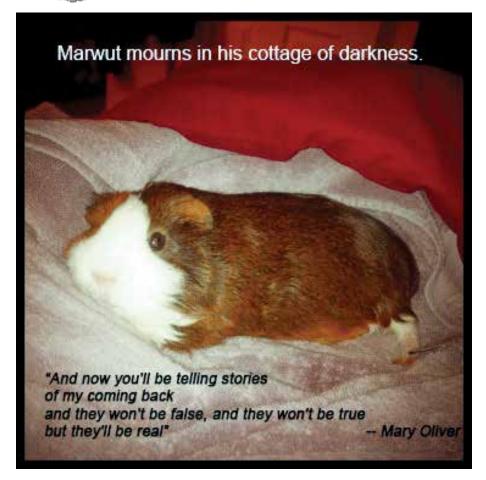
All levels of government have





# The Glebe according to Zeus

A GUINEA PIG'S PERSPECTIVE ON THE GLEBE



#### Marwut mourns poet Mary Oliver's passing

#### Ginny Pegg, guest columnist

How did I find myself holding in my arms a grieving guinea pig who just two years ago tried to rip my flesh with his razor sharp incisors?

This was my second interview with the reclusive pig, Marwut. The first life-threatening interview had been shortly after he had won the Poet of Ottawa (POO) Award in 2016 for his haiku Carrots (Glebe Report, November 2016). It ended in me fleeing his flat in tears.

But I am different now. I have learned from the disaster I inherited.

As I tread, for the second time in my life, up the carpeted stairs to Marwut's third-floor cottage of darkness on Holmwood Avenue, I remind myself I own the narrative. No longer would I care what he thought of me.

I chant the mantra I learned in therapy, "I have the power, the power of the pen."

Suddenly I realize a grave flaw in my mantra: Marwut has the pen too! And an award-winning one at that. I gulp as I knock at his door, huffing and puffing from the portentous ascension. I tell myself it's just my general lack of fitness.

I knock again. I hear something. A sniffle? I open the door. There he is. And isn't.

What creature is this? His eyes implore mine with the vulnerability of a child begging for facts to be changed. Tears drip like syrup down his cheeks.

"I read one poem and fell, hook and tumble," whispers Marwut. "Like her, I too loved nothing more than the natural world and dead poets. But now – now, she is among them."

The grief of the world sticks between us.

No more words. I feel only the soft animal of my body against Marwut's. I take his furry world into my arms. expressed a keen interest in the project. With mild temperatures hampering some aspects of Winterlude festivities in recent years, everyone agrees that it's time to borrow a triedand-true crowd pleaser from south of the border. Ottawa philanthropist Sonny Waize is funding the venture.

RCK made the announcement at a recent news conference. Attending as RCK's special guests have been two long-time alligator wrestlers from Florida, Lefty Armizoff and Stumpy

Luzhead. Lefty and Stumpy explained what's in store for Winterlude 2020.

"They might not show it, but deep down alligators are really playful. They enjoy nothing more than a good round of wrestling. It's a fun activity for the gators and helps them tone their reflexes," explained Stumpy, who ably briefed reporters with the aid of his new prosthetic head.

The wrestlers' two favourite alligators, Lockjaw and Snapper, will travel to Ottawa as on-board service animals on a Flair Canada flight from Miami. A spokesman for the airline said that the quality of service for other passengers on the plane will be the same as any other flight of the airline.

The Glebe will be the centre of action as Patterson's Creek is magically transformed into an old-fashioned Florida gator pit, complete with rows of Scotch pine pruned to resemble palm trees. An event that would see the alligators playfully interacting with members of Ottawa's Ice Hog family may not proceed because the actors who perform as the cuddly creatures have moved en masse to Inuvik.

A model of the Patterson's Creek gator pit will be on display at the Glebe Report's offices on the morning of April 1. Glebe residents who wish to view it should recognize that this is another April spoof by Glebite Bob Irvine.

# BORROWED WORDS

#### Pet names for the international lover

By Sophie Shields

Sweetie pie, honey bun, pumpkin. How often do we stop and think about what these pet names really signify? I mean, what are you truly saying when you tell a loved one that they are just like the mushy green peas you had for lunch? Well, the truth of the matter is that these terms of affection have become so much of our common language that the absurdity of their meaning no longer matters; they are endearing words and that is all. In fact, every language has its own unique pet names, many of which are more creative and quirky than those we use in the English language. So, even though Valentine's Day has already passed, what better way to continue showering a loved one with some of the most romantic and strange pet names from around the world?

Let's consider the creative prowess the world has to offer when it comes to love. Has anyone ever told you "I will eat your liver"? Well, if they have, then you are very lucky. In Armenia this is a common occurrence as Jigaret Udem is one of the most romantic terms to express intense love to a partner or family member. However, if in Tibet hopefully your special someone would call you nyingdu-la – the most honoured poison of my heart. Can you imagine being told you are a poi-

son and your liver will be eaten on the same day – that would be true love!

Of course, there are some beautiful terms that could easily translate into English without raising too many eyebrows. For starters, one might say min guldkump to a Danish loved one, meaning they are like a gold nugget – a treasure. One could also use one of the many German endearments referring to animals such as Mausbär, which combines the cuteness and snuggling factor of a mouse and bear. Or, getting into the nauseatingly wonderful names, in Spanish one can say ojos de ángel meaning angel eyes, in French mon chouchou meaning my cabbage or in Indonesian buah hatiku meaning the fruit of one's heart. There really is no end to manners of expressing love. So, whether you want to be absolutely absurd or cringingly sweet, get to work showing your Schnuckiputzi (German for "sweet one") some affection from every corner of the world.

Sophie Shields is a Grade 12 student at École de la Salle who lives in the Glebe. She speaks English, Ukrainian and French, and is learning German and American Sign Language. Her passions are writing and languages; she is part of her school's creative writing program and has published poems and stories in various languages.

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BUSINESS BUZZ

#### Bowman's on Bank - familiar food done well

#### by Michael Abbey

For me, chatting with Peter West at Bowman's on Bank was a walk down memory lane. The moment I laid eyes on him, it all started coming back. Readers are no doubt familiar with the location on the corner of Clarey Avenue, the former home of Mexicali Rosa's, a very popular Tex-Mex restaurant from 1979 to 2013. The establishment has had a facelift since those days, with the disappearance of the few parking spots and the enclosing of the patio.

"Why the Glebe?" was at the top of my list of questions. Said West, "When they were winding down Mexicali Rosa's, I was interested in the space. It just wasn't meant to be at the time so we found a spot on Carling." The Carling location opened in December 2013.

West grew up in the Maritimes, but it was Ottawa's Mexicali Rosa's that brought his family to town. They had a stop in between in Fredericton, N.B. It's been 26 years since they came to Ottawa, settling at Bronson and McLeod.

The family has been in the restaurant business for two generations, so Bowman's was a natural. His mother started Stoneface Dolly's when it was located at Bronson and McLeod. When I pointed out how intriguing that name is, West explained, "It's my grandmother." In return for getting to use the car during the school week (he was a member of the class of '96 at Glebe), West was responsible for many trips to pick up supplies at Tannis on Catherine St.

West and his wife Christina are the owners of Bowman's. "She thought I



Peter West, co-owner with wife Christina West, of Bowman's on Bank

was crazy for opening a second one. We were not thinking of another location." When they took over the Bank location in November 2018, it was next to turnkey. The inside needed no immediate attention as the major renos had been handled by the tenant after Mexi's closed. "The previous owner spent a lot of money," said West. "It's configured a little differently than what I would have done in

terms of lanes and alleys for serving and stuff like that."

I found the decor comfortable and pleasing with lots of wood and soft colours. It is bright throughout the establishment, a soothing feeling especially on our short winter days.

The Wests have an affinity for the Glebe and are looking forward to ongoing bonding with regular clientele, like the successes they have experienced on Carling. "I want to be integrated with the community, the people who can walk here and enjoy it as a nice casual place to come."

They have had contact with the Glebe BIA, a handful of their board members in particular. I asked West about attracting the crowd from Glebe Collegiate even though they are a 15-minute hike away. "I try to be really inclusive and we have \$5 off the burgers on Wednesdays."

Bowman's puts a lot of TLC into their food, staying away from frozen. The slogan "Familiar Food Done Well – upscale pub food without being pretentious," is supported by the offerings on the menu and their attractive price points. Bowman's has the BYOW (Bring Your Own Wine) endorsement which, I, for one, find attractive. They waive the \$15 corkage fee on Sundays and have \$15 pitchers on Thursdays.

West is committed to buying local

as much as possible. "I bought the rib eyes at the Glebe Meat Market for our Christmas party." With groceries from Falsetto Fine Foods, a provider he is pleased to do business with, one cannot get more local. He is committed to establishing good relationships with people, both clientele and suppliers.

West's message to me was twofold: "I want to emphasize our food is delicious and our draught is all local from very close surrounding areas. We want the customer experience to be great every time." His mature and experienced staff is the secret sauce to pulling that off and attracting repeat business.

Working with Dan Smith, the executive chef, West said, "We expect to do a revamp for both restaurants... we have been thinking of some new things, maybe something like sliders and Salisbury steak."

I experienced a double case of déjà vu when chatting with West. The first was my familiarity with the location. My second involved the way he discussed the restaurant as if I was already a member of their regular clientele on my first visit.

Michael Abbey is a retired high-tech professional and bridge enthusiast who writes about business for the Glebe Report. He can be reached at abbey. fenderpbs@gmail.com.



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Bowman's on Bank, with its wood and soft colours, is pleasing to the eye.

BUSINESS

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#### Glebe Chiropractic Clinic + Massage Therapy Centre marks 25 years

By Ken Brough

It is with great pride that I reflect on all that has been established within our clinics over the years, and all that lies ahead! January 2019 marks the Glebe Chiropractic Clinic + Massage Therapy Centre's 25th anniversary. What started as a small practice that included myself and one chiropractic health assistant, has grown into two clinic locations in Ottawa that employ a multi-disciplinary healthcare team of 30 employees including chiropractors, registered massage therapists, clinical health assistants, a director of operations and a director of professional development and recruitment.

It has been a privilege to be part of the Ottawa community and to provide healthcare services in the Glebe for the past 25 years. Our Glebe clinic has been in our current location at Fifth Avenue Court for this whole period of time. However, Minto Develop-



ment, the owner of the building, will be redeveloping the building into condominiums and we have been asked to vacate the premises within the coming year. We are sorry to depart from our wonderful premise that has served us and our patients so well over the past 25 years. However, this change has opened up new and exciting opportunities for us that will benefit our patients!

#### **NEW LOCATION**

We are in the process of finalizing the purchase of a new clinic space on

Third Avenue in the Glebe, just down the street from our current location. Our new space is much larger at 5,000 square feet and, with the help of an award-winning and renowned architect, we have designed a modern, comfortable, state-of-the-art clinic. Our new clinic space will enable us to continue to provide the excellence in service and healthcare to our patients that we have become respected for, while also expanding the scope of services we are able to offer! We are excited to be adding physiotherapy services within our clinics. These services will commence at our Byward location on March 1, 2019, and at our new Glebe location on July 2, 2019. In the meantime, it will continue to be business as usual at our present Glebe location!

#### **NEW NAME**

In addition to our clinic relocation, I have further exciting news to share about the continued growth and development of our clinics and healthcare team. As of February 1, 2019, we will be operating under a new brand name. We will be known collectively as CURAVITA Health at our two locations. This collective brand continues to be under my ownership and nothing will change with respect to the service levels we provide. As noted above, it will continue to be business as usual, but with more value to our patients!

Thank you for allowing us to grow and immerse ourselves as part of the Ottawa community as valued healthcare providers, and for the 25 wonderful years we have provided healthcare services in the Glebe. We are looking forward to all that lies ahead, the Glebe clinic relocation, the addition of physiotherapy services and our new brand name CURAVITA that will tie it all together! We are here to answer any questions you may have over this transition period and look forward to continuing to be of service to you!

Dr. Ken Brough is the clinic director and owner of Glebe Chiropractic Clinic + Massage Therapy Centre.

# Learning to communicate just got easier in the Glebe



Chris Ralph, voice teacher, actor and founder of Talking Shop and The Acting Company, the newest professional communication training school, set to open this March in the Glebe

#### By Matt Hertendy

The Glebe's popular performance arts studio, The Acting Company, has hatched a sibling business called Talking Shop, which aims to help people to...well, you know..."talk better."

"I love helping people speak with more confidence," says Chris Ralph, who co-founded the Glebe's popular Acting Company in 2013.

With his new venture, Ralph is offering professional, practical and affordable communication workshops, classes and coaching. Everyone knows how important it is to express themselves clearly and with confidence, but Ralph wondered why, unless you're a CEO or a star politician, there weren't services out there to teach people to communicate more effectively. So he started his own.

Enter Ralph's new Talking Shop, which will open its doors on March 1st and share space with The Acting Company.

"After we opened The Acting Com-

pany, people started coming up to me and asking for communications help," explains Ralph in the historic Avalon Studio on Bank Street, also home to The Acting Company. "I've been teaching voice for years, and I've certainly noticed how people's voices are getting smaller and much less confident."

He should know; in addition to running The Acting Company and keeping up a busy professional acting career, Ralph has become one of Ottawa's most sought-after speaking coaches. He's worked with a wide array of clients, including government, tech, legal, for-profit agencies and NGOs. He's even taught members of Parliament and a cabinet minister or two.

"I've always been interested in business and teaching voice is my specialty," says Ralph, "so the world of communication training and performance comes together very naturally to me. I love to help people sound and feel better about themselves."

Checking out their website, it's clear that this is "professional communication training." There are no acting or improv classes listed on this site. Instead, you see classes like "Finding Your Public Voice."

In addition to his professional coaching endeavours, Ralph hasn't given up on the acting bug. He was in three productions at the National Arts Centre over the past two years and performed at the Great Canadian Theatre Company earlier in September. Ralph also teaches advanced acting courses at The Acting Company and is the company's executive director.

"I've never believed that old adage about "those who can't do, teach," says Ralph.

Talking Shop kicks off its introductory courses in March at the Avalon Studios. To learn more about its services, visit talkingshop.ca or call 613-744-5353.

Matt Hertendy is marketing and special projects manager at The Acting Company.

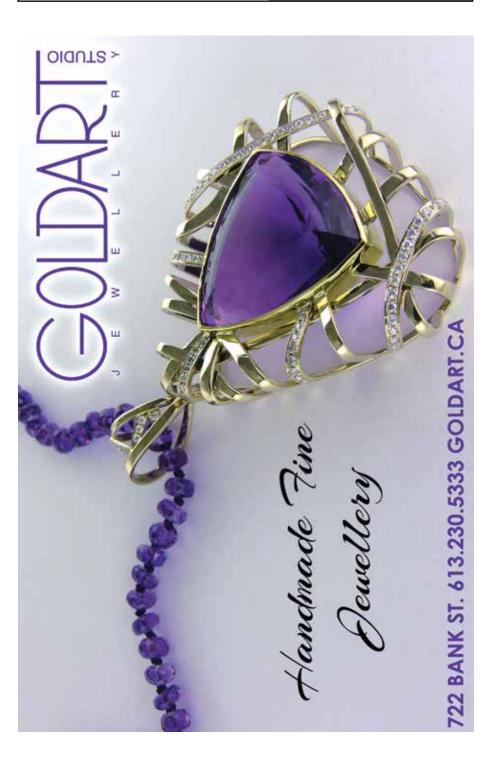




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# Sallron wence and elegance

Saffron brings a feeling of elegance and wealth to this Saffron, Tomato and Kidney Bean Masala.

#### By Carolyn Best

A fresco called "The Saffron Gatherers" in the Minoan settlement of Akrotini on the Aegean island of Santorini depicts people at work selectively breeding the saffron crocus to cause the plant to produce ever longer stigmas. The fresco has been carbon dated to the late Bronze Age. We know that 50,000 years ago the golden colour of those stigmas was made into pigments used to depict beasts in the prehistoric palaces of northwestern Iran. And before that, the Sumerians used wild-growing saffron for medicines and magical potions. This small part of the crocus that yields the culinary, medicinal and artistic medium of saffron was an article of long-distance trade before the peak of the Minoan palace culture; the frescoes of Crete depicted the flowers being picked by young girls and monkeys.

The ancient Persians wove threads of saffron into royal carpets and textiles, as well as using the stigmas to formulate dyes, perfumes, drugging agents and aphrodisiacs. In the Illiad, Homer consistently and exclusively used the epithet "krokopelos" (krokos being the dyestuff made from saffron), trans-

lated as "the golden yellow colour," to describe Eos, goddess of the dawn.

Brought to Europe by the Romans, saffron was used by the monks of medieval Europe to illuminate their manuscripts with a glue made of egg white and saffron to produce their golden yellow glaze. And saffron, which had already enjoyed high status for millennia, became widely grown in Europe and remained a necessity in the royal courts until, in the land used for its cultivation, it came to be displaced by the crops of the New World. Corn and potatoes supplanted saffron and the wealthy turned to the new tastes of coffee, tea, chocolate and vanilla.

Still today, saffron is indispensable in the culinary usage of many traditions: in India saffron is the flavourer and colourer of milk, milk sweets and biryani; in Spain it is necessary for paella, in Italy for risotto, in Iran for the jewelled rice called khoresh. Laboriously harvested, by weight more valuable than gold, saffron brings the touches of elegance and wealth to any dish in which it appears.

Carolyn Best is the former proprietor/ chef of The Pantry vegetarian tearoom.

#### Saffron, Tomato and Kidney Bean Masala

2 lbs ripe red Italian plum tomatoes, or one 28 oz. tin crushed tomatoes

- 3 tbsp butter or ghee
- 1 tsp dried basil
- 1 tsp saffron threads, crushed
- 2 tsp sea salt, or to taste
- ½ cup heavy cream
- 2 cups cooked kidney beans, drained, or contents of one can drained

Purée the tomatoes in a blender. Melt the butter or ghee in a saucepan and gently sauté the herbs and spices. Pour in the tomato purée and simmer with occasional stirring until thick. Stir in the heavy cream and kidney beans. Serve over basmati rice.

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# Riesling Wine Jelh

#### By Marisa Romano

Red or white? Glasses are filled and risen to a toast. I smell and sip the wine. I pause briefly to perceive it with my tongue and feel it on the back of my throat, a quick mindful moment to notice and recall all that is behind the glass of the national beverage of the Roman Empire, the elixir of Bacchus' followers and the symbol of Christianity.

Last October I spent a morning in the vineyard. The opportunity arose when I accepted the invitation to a wedding in Prince Edward County, one of Ontario's newest viticultural areas. Led into temptation, I joined the "harvest brigade" at By Chadsey's Cairns Winery & Vineyard, an estate located just outside Wellington and established in early 2000 on the soil of a heritage farm.

Grape harvest in the county is a vine grower's victory over the weather. With its winter temperatures that dip way down and spring frosts that strike just as the buds mature, the climate is not very friendly to grapes. Growers defy it by bending down and burying the vines in late fall, before the first hard frost hits. In the spring, the soil is removed and the canes are tied up again so the buds can grow into leaves and flowers, and flowers into fruit ready for harvest in the fall.

And there I was in October, walking on wet grass between rows of grapevines, face to face with plump bunches of ripened berries hanging from twisted vines among crisp and bristly green leaves wet with the rain of the previous day. It reminded me of the time, before I arrived in Canada, when I used to walk along rows of grapevines in the hills of Piedmont – mostly Barbera and Nebbiolo grapes over there – monitoring the ripening dark bunches for growth of gray mould – the same gray fuzz that grows on rotting strawberries. Gray mould is one of the most common and destructive diseases in grapes worldwide, the cause of lost harvests and dreaded for its ability to pass on off-flavours and aromas to the wine while altering its tinge.

"I would have you picking the Char-

donnay, but the soil is too muddy over there," declared Richard Johnston, owner, with Vida Zalnieriunas, of By Chadsey's Cairns estate. So we picked Riesling instead, where the soil was dryer and the boots did not sink into the mud.

Johnston seemed pretty happy with Riesling grapes this fall. The cool and wet climate has allowed for a good growth of the gray mould so familiar to me. Here, the drier conditions that followed the wet phase favoured the shrivelling of affected grapes, concentrating the sugar in the fruit juice and converting the dreaded infection into what is known as "noble rot." Now with the return of the wet weather it was time to harvest quickly so, clippers in hand, I carefully collected the fuzzy wrinkled bunches, something that I would never have thought I would appreciate.

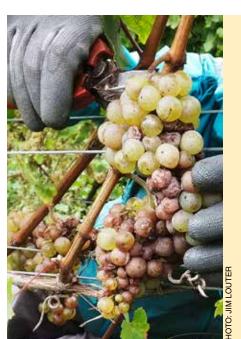
"What is the difference that noble rot makes to the wine?" I later asked Martin Carney, a neighbour and independent sommelier who provides his services to restaurants and wine lovers.

"The high sugar content of the grapes gives wine with high viscosity – you can see it by tilting the glass of wine – higher alcohol content and lower acidity. In comparison, wine from mould-free grapes is crispier and clearer, dryer on the palate.

It turns out that the world's best sweet wines come from grapes kissed by noble rot. Their aromas and flavours are rich and complex – described by sommeliers as "honey" – and often they improve with age. Although we carefully avoid serving mouldy grapes on our cheese board, we can certainly say that sometimes mould makes the wine perfect.

After growing their estate into a very respectable winery, Johnston and Zalnieriunas are now ready to sell and pass the torch to a "passionate wine lover" who can bring the farm forward. Could that be you?

Marisa Romano is a plant pathologist by training and worked at the University of Turin on chemical control of gray mould in grapes. She is a regular contributor to the Glebe Report



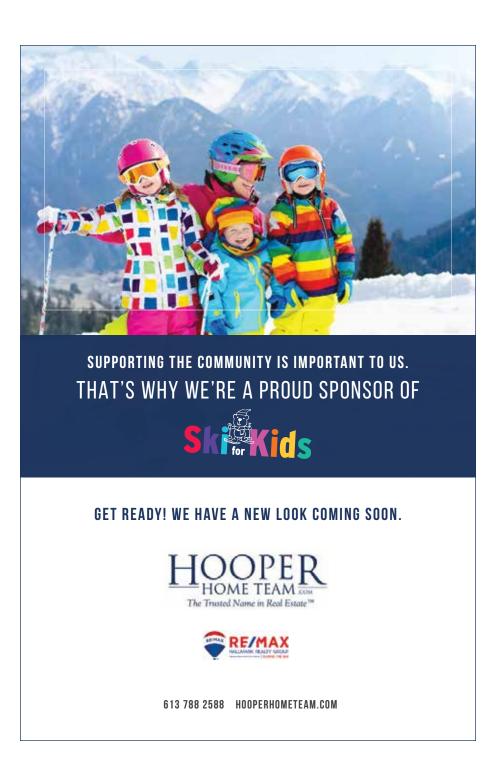
Picking grapes kissed by noble rot

#### **Riesling Wine Jelly**

In a pot combine 2 cups Riesling wine,
1.5 cups sugar, 3 tbsp of fresh lemon
juice and 1 tbsp of gelatine powder. Bring
to a rolling boil while stirring. Continue
stirring for three minutes. Cool and store
in the fridge, or ladle hot into hot sterilized
jars. Seal and process as per canning jar
manufacturer's instructions. It sets in 24
hours. Serve with sharp cheeses. This
recipe also works well with red wines
flavoured with cloves or mulling spices.



Reisling Wine Jelly, delicious with a sharp cheese



With apologies to Shakespeare and T.S. Eliot, February is truly the cruelest month, at least in Ottawa, and writers' thoughts turn from creating to cocooning. So for the February Poetry Quarter, our curator, JC Sulzenko, has selected a number of poems to highlight from the impressive array of poems submitted since our inception in November 2015. Many thanks to all the poets who sent in their poems to the Poetry Quarter over the years.

While this February Poetry Quarter draws on adult poets, the May 2019 Poetry Quarter, with its theme of science fiction and speculation, fantasy, magic or dream – anything not of the real world – will, we hope, inspire poems by poets of all ages.

#### SKATING BACKWARDS

Skating backwards in time to the music in her ears (Schubert, Tchaikowsky, the Rolling Stones?) she swooped and swerved with grace and pleasure, glancing over her shoulder to make sure the path was clear.

She wore a bell-shaped blue coat legs in blue leggings, the bell's lithe double gongs, a pink knitted hat, and a seraphic smile that for a second met my gaze.

She returned to her music and turned forwards skating faster now, then backwards again, forward, then back skating figures among the leaden and unkempt and then into a rough patch when...

whoops, she tumbled to the ground-briefly breaking the spell-but quickly scrambled back up onto her skates, and off.

110 Laurier Ave W, 2<sup>nd</sup> floor

Ottawa, ON, K1P 1J1

An apparition? Or a girl in blue skating backwards on white skates?

#### **Stephen Acker**

#### Patterson's Creek

dowse low, willow, dangle and we'll read how long until skates.

history wends figure eights. from the 1850s the creek was the butcher's offal dump.

the land for garden lots and for dumping night soil. pan the shot.

in the 1870s, French and Irish squatters were decamped, the land,

sold to the church then civil servants made first houses, the Bate and Grove Hotels.

kayaker, while you can, shoehorn your strokes into the window of a swamp-made-Dow's-Lake.

water firms better than any plan, thins with leaf's inevitability. ice has a lung within itself, holds,

turns to a solid that will displace your image with its scratched long strong self.

it will seem centuries, this coming winter. but its not our armageddon yet.

**Pearl Pirie** 

Capitalward@ottawa.ca

Shawnmenard.ca

#### maestro ice rap

the water is rigid and the bus never comes people all in mittens so i guess they're just all thumbs praying for a warming trend maybe just a sliver don't need no Steven King book 'cuz i already got the shiver see that pretty snowflake and a gazillion other cousins each one is unique they say but they're cheaper by the dozen falling from the sky until they rise up from the ground its funny windchill screams its pain but our ears still hear no sound polar vortex wobble ain't no healing tonic making global warming seem so paradoxically ironic all that glitters may not be gold but icicles they sure are cold with shorter days and longer nights i run from chills and frost that bites think i'll go and hibernate and hide under my bed set my snooze alarm to May then sit in sun until all red

#### Mike Schofield

#### May 2019 Poetry Quarter Seeking poems that are out of this world!

Come spring, we'll all be looking for ways to break out! No need for poets to stay in the

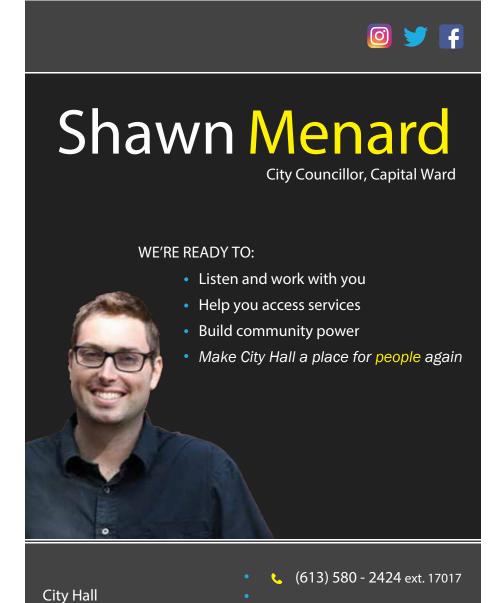
real world when they could soar!
The Glebe Report's Poetry Quarter seeks poems of science fiction or speculation – poems of fantasy, magic or witchcraft – poems on space or time travel – poems about undiscovered planets or unknown worlds, utopian or dystopian. Nightmare or dream scenarios welcome! In fact, anything outside the realworld experience, in poetic form. Established and emerging poets, including school students, take up the torch and get unreal!

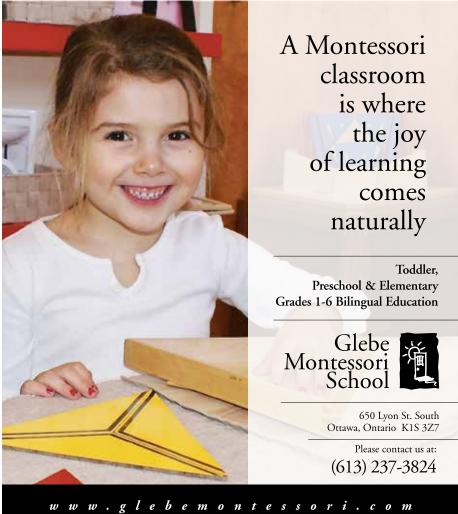
#### Deadline: Friday, April 26, 2019

As usual, poems should be:
Original and unpublished in any medium
(no poems submitted elsewhere, please);
No more than 30 lines each;
On any aspect of the theme within the
bounds of public discourse;

Submitted on or before April 26, 2019. Poets in the National Capital Region of all ages welcome (school-age poets, please indicate your grade in school).

Please send your entries (up to 5 poems that meet the criteria) to editor@glebereport.ca before the deadline of Friday, April 26, 2019. Remember to send us your contact information and your grade if you are in school.





#### Gift for Canada

I wanted to make a present for Canada's 150th birthday.

I thought, what is strong and resilient like Canada and I thought of a rope.

But a rope is made of identical fibres
and they all lie perfectly aligned,
and the fibres all look and smell and feel the same.

And a rope isn't very flexible.

This rope is nothing at all like Canada.

So I decided to make a truly Canadian rope

I wove together a thin piece of worn brown leather together with a strip from a mosaic quilt, colourful and unexpected.

Then I added a maple sapling because it bends and it has youth and enthusiasm.

Next I took a piece of hemp because,

.....well....just because.

Then to this I added three more things.

A lace from a hockey skate,

A long piece of duct tape because sometimes
that's the only thing that will work, and
a shaft of wheat that is golden and lithe.

And I thought, this is it. This is Canada.

#### Gail Kayuk

#### Beneath Pretoria Bridge

I imagine you are fastidious in your nighttime routine unravelling your belongings, lifting high the curving handles, aligning the wheels.

I have not seen you locking your bicycle to the black metal railing, inserting your body into the rumpled nylon bag.

But I imagine you, on the narrow ledge, brushing your teeth to the rhythms of traffic, spitting toothpaste into the canal, wearing collared pyjamas.

And when I pass beneath the arches you are wrapped in lapping lullabies, tousled hair catching the shadows on the way between there and here.

#### **Nadine Dawson**

#### **Familial Fragments**

In Port aux Choix ancients smeared limbs of their dead with love and ochre
Kin folded knees to chests, gently
They cradled bones into the snug confines of caribou sacks
Yet containment did not inhibit their spirits

My ancestors died quietly, yet their souls are never silent They gesture and cry Noisily, they rattle and knock like Gabriel They are gone, I say, yet they linger and talk on

Their days were numbered but earth did not bury their stories
In retold anecdotes they pull me backwards on a fragmented journey—from an Edinburgh omnibus, to a boat on the St. Lawrence, to a factory in Arnprior, to an orphanage in Ottawa

They lead me to a burial place in the Gaspé a narrow path by a rusted white metal fence They whisper aloud a litany of saints: Dominic, Agnes, Veronique, and Marguerite for all the offspring renamed anew The wind says I hear them speak

#### Dawna Moore

#### Plunder

The summer morning opens like a story, school-free weeks spread ahead, friends away for holidays.

On the step between porch and sidewalk, I break twigs into pieces, wish I had a nickel for a Tootsie Roll.

Up Bank Street I wander past the corner store with shelves of blackballs, BB Bats and bubblegum past Hill's Taxi, Sager's Shoes

to the schoolyard, empty as a yawn. I penetrate the Boys' Yard – foreign ground packed by alien feet – drawn to a bar-rimmed window well.

I scale the rust-roughed pipe leap into the concrete fortress crouch, unseen. My hands smell of blood.

Among last fall's leaves, spoils – a glint of cigarette silver a comic from Double Bubble, a toy ring I polish in my palm.

#### Jean Van Loon

Peripheral Vision

A butterfly flutters its crooked path,

turns into a yellow leaf in a gust of wind.

Anne Le Dressay

August days sleep like dogs waiting for metaphor and finding none scratch - slowly.

#### **Clive Doucet**

#### **Calling Home**

A new home won't come to an old one's name. It obliviously snuffles under a shrub a block away or closer, hearing with its wild ears anysound. Having found satisfaction

in meagre eating. Pick a name even a silly one and stand at a doorway where, as of yet, no home lives and call as if you have one like the neighbours'.

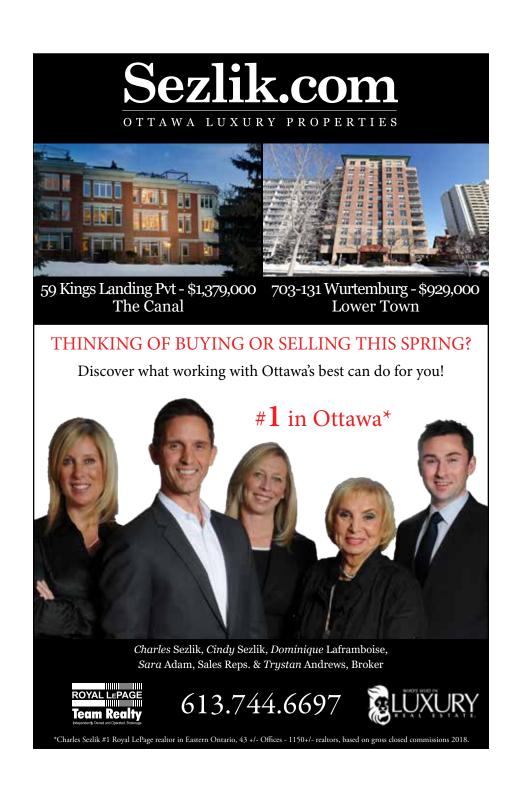
It's not you old home you're calling. But maybe, less than a block away, washed by rain and having worn the lace of snowflakes, something listens.

#### **Michelle Desbarats**

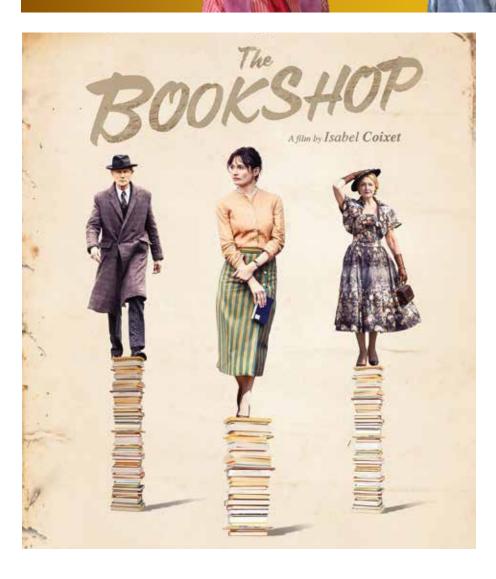
#### **Parking Lot**

This day is history.
It is only eleven
and a dark ice-coated evening.
We speak many words with our eyes
in our silence holding hands
and we say "Good Bye"
by a steel cold car in a Glebe's
Bank Street parking lot,
and you find a vacant
space among the hairs
on my face,
kiss me quickly
and you are gone.

Asoka Weerasinghe



# ATTIFIED LICKS with Lois and Paul



#### The Bookshop

Directed by Isabel Coixet (U.K., 2017)

Review by Lois Siegel

"When we read a story, we inhabit it." England, 1959. Florence Green (Emily Mortimer), a widow, has decided to do something engaging with her life. She travels to a small village intending to open a bookshop. Florence has no idea what it's like living in an isolated town, but "No one ever feels alone in a bookshop."

Her first opposition is "Mr. Potato Head" at the local bank. That's what he looks like, and that's what he acts like. He doesn't make decisions. The powerful people in the town influence him. Mrs. Gamart (Patricia Clarkson), who lives in a big mansion on the hill, has his ear. She's mean and nasty ("horrid" in British talk).

The people in this village don't seem very interested in reading books. A fisherman who runs the ferry says, "Real life is enough for me." He doesn't read.

But there is one reclusive man, Mr. Brundish (Bill Nighy), who lives in a gated mansion. He adores reading and guards his privacy.

And there's Milo North (James Lance), a very creepy, flamboyant guy, who seems to be a writer, although we rarely see him doing anything productive. "Writers will go anywhere there is a free drink."

The rich lady "throws" a party. Florence is invited, but she feels out of place. Mrs. Gamart thinks that the old location where the bookshop would be, should instead be an art centre.

It takes Florence at least six months

to negotiate a sale so she can set up her bookshop.

Mr. Brundish sends Florence a message. He would like her to send him interesting books. "Biographies about good people. Novels about nasty people." She sends him Fahrenheit 451. He doesn't know this book by the American writer Ray Bradbury, published in 1953. The book forewarns of an America in the future where books are outlawed and "firemen" burn them. He is fascinated by this author and orders more books by him. He's her first customer. This leads to people being curious about her shop. People in the village start coming to see what she has to offer.

One very intelligent little girl arrives to become Florence's assistant. Christine (Honor Kneafsey) is terrific. She tells Florence that she doesn't like to read.

Florence wants her business to thrive. She comes across a new book, *Lolita*, a 1955 novel by the Russian-American novelist Vladimir Nabokov. The book focuses on a middle-aged literature professor who is obsessed with a 12-year-old girl. Florence knows that the book is controversial, so she goes to Mr. Brundish for advice.

Florence orders 250 copies of *Lolita* for her bookstore and places a poster in her shop window: "The Novel that Is Shocking the World."

Deceit and trickery follow. Some characters, thought to be good guys, turn out to be bad guys. The small-mindedness of a narrow-minded village prevails.

The Bookshop is a film about courage. Florence definitely has that. It's a larger-than-life exploration with some very talented actors.

Running time: 113 minutes. Rated PG. Available from Amazon.com



#### Roma

Directed by Alfonso Cuarón (U.S./Mexico, 2018)

**Review by Paul Green** 

The early 1970s was a heady time in Latin America. In Chile, socialist Salvador Allende presided over the democratically elected Popular Unity government, while the successful Cuban Revolution continued to fire the imagination of urban guerillas and left-wing activists up and down the continent. In Mexico City in 1968, federal security police massacred between 300 and 400 students at the national university not 10 days before the start of the Olympic Games in October.

Alfonso Cuarón's *Roma* – so-called for the Mexico City neighbourhood where he grew up – takes place in late 1970 and early 1971. The setting is the well-appointed home of Sofia and Antonio, a professional couple with four children. Attending diligently to the needs of this bourgeois family are two servant girls – both of native background – in particular, the hardworking Cleo, played by newcomer Yalitza Aparicio.

In a way, the character of Cleo is indispensable to the film, for it is through her eyes that the viewer registers the events unfolding on the screen. Cleo's story is actually that of "Libo," Cuarón's own beloved nanny to whose memory *Roma* is dedicated.

The film is in fact a homage to all the nannies who, in addition to cooking, scrubbing and cleaning, essentially raised the children in these well-to-do households.

All is not well in this particular family, and we get a hint of this when the putative head of the household, Antonio, a doctor, arrives home one evening and struggles to manoeuvre his over-sized American car in the tiled interior driveway, the suggestion being that Antonio is perhaps a man who does not belong here.

Cuarón paints on a broad canvas and the dazzling black-and-white cinematography demands that *Roma* be seen on a large screen. This is altogether fitting, given a film that runs the gamut of human emotions that

play out against a backdrop of dysfunctional family doings and turbulent political times.

The camera pans slowly across well-constructed vistas that may be more aptly described as tableaux – whether in the noisy, upscale colonia where the family lives, or in the countryside where they visit their wealthy, eccentric friends who, when not having earnest discussions in English about American football, are blasting away at an impromptu shooting range, while musing aloud about "whacking" any peasants who may seek to expropriate their hacienda.

The servant Cleo and her mistress Sofia both have trouble with the men in their lives. In Cleo's case, her martial arts-obsessed boyfriend – who may or may not be working for the police – leaves her in the family way and later "appears" at a student demonstration, placing Cleo and her unborn child at risk. The sequence that follows is one of great intensity and is filmed with empathy and humanity. For her part, when Sofia's philandering husband walks out (he is supposed to be in Canada!), she and the gentle Cleo and the rest of the family must pull together if they are to survive. A trip to the beach near Veracruz drives this home in a remarkable climactic scene near the end.

In a country where the government uses the police and the army to address social problems, there can be no end of drama. At the family home, the viewer is treated to frequent shots of jets flying overhead, reminding us that while our protagonists are living in what we are pleased to call "modern" times, the class relations depicted in this bourgeois family appear to be from another century altogether.

Working in his native Mexico for the first time since making *Y Tu Mama También*, Cuarón has crafted a remarkable film that delivers a stunning portrait of Mexican society in the early 1970s, and tells us a great deal about ourselves.

In Spanish and Mixtecan with English subtitles.

Running time: 135 minutes. Rating to be announced. A Netflix film that may or may not be available on DVD.

# Art fundraiser celebrates resilience

By Elise Laviolette

Resilience is very different than being numb. Resilience means you experience, you feel, you fail, you hurt. You fall. But, you keep going. - Yasmin Mogahed

According to the Canadian Mental Health Association, mental illness indirectly affects all Canadians at some time through a family member, friend or colleague. The Oasis in Kanata, a community outreach program of the Glen Cairn United Church, was created in September 2013 to meet the needs of families affected by mental illness. The program was designed to provide information, education and support to people who are the primary caregivers for people living with mental illness.

Over the past five years, the volunteers and program manager at The Oasis in Kanata have been inspired by the way caregivers show up for their loved ones to navigate tremendous challenges together. We decided to celebrate the resilience of caregivers by inviting local artists to explore this theme through their art (paintings, sketches, drawings, collages and photography).

During the month of March, The Oasis in Kanata will be hosting its first art exhibit fundraiser at the Wild Oat Bakery, Café & Farm located at 819 Bank Street. Artwork by local artists, caregivers and people living with mental illness will be exhibited for sale from March 3rd to March 30th. All funds raised during the exhibit will be donated to support caregivers through our programs. For more information, visit TheOasisKanata.ca. If interested in donating a piece, contact Elise Laviolette (OasisManager@TheOasisKanata.ca). The deadline is March 2nd.

Elise Laviolette is the program manager at The Oasis in Kanata. She is also an art therapist and visual artist.



"Resilience" by Kevin Jenne of Montreal, who donated the piece for The Oasis fundraiser

#### **Fundraiser for The Oasis in Kanata**

March 3 to 30 Wild Oat Bakery, Café & Farm 819 Bank Street



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26 Glebe Report February 15, 2019

# THE GIRL WHO SAVED A TREE



Now in Grade 11, I have been creating art since I

was old enough to hold a pencil. My preferred media are watercolour, acrylic or oil. I love, and am most

inspired by, nature and animals. Plants and animals

amaze me and I love making art that raises aware-

ness, respect, appreciation and curiosity for our

natural world. I believe in the power of art to make

an impact on others, and to inspire positive change.

My current project, The Girl Who Saved a Tree

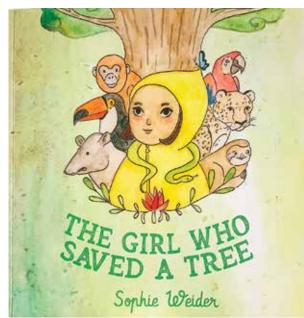
exhibition uses visual art to make an environmental

statement and inspire others to take action to protect

On display at the Glebe Community Centre Gallery for the month of February, the exhibition shares ori-

ginal paintings behind my illustrated children's book,

our natural world.



The Girl Who Saved a Tree. In the story, a girl saves a tree from bulldozers as they move in to tear down the Amazon rainforest. By saving the tree, the girl helps save the many animals and plants that call the forest home. Based on first-hand experience studying the effects of climate change and deforestation in the Amazon rainforest, this book teaches children about the importance of protecting our natural world.

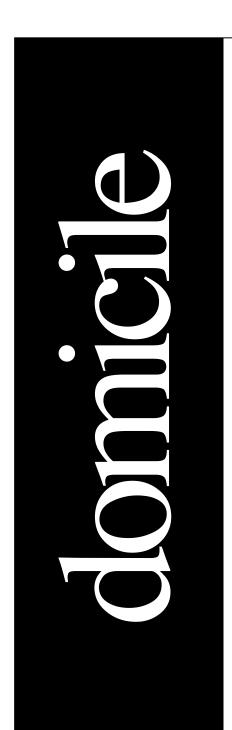
Coming soon to Amazon.com, *The Girl Who Saved a Tree* is available for purchase locally from GNAG at the Glebe Community Centre and at Bloomfields Flowers.

Sophie Weider is an artist and children's book author who is in Grade 11.



#### Art by Sophie Weider

February 4–28, 2019
Glebe Community Centre Gallery
175 Third Avenue











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Clive Doucet reads from

his new book. Grandfather's House, at the book launch

at Irene's

# Grandfather's House

#### by Clive Doucet

#### **Reviewed by Peggy Edwards**

On January 14, a friendly crowd gathered for a book launch and beer at Irene's Pub on Bank Street. We were there to hear Clive Doucet read from and talk about his new book, Grandfather's House. A lively discussion was followed by spontaneous singing of some of the Atlantic songs that Doucet learned as a boy visiting his grandparents in Cape Breton.

Doucet is a poet, writer, former city councillor for Capital Ward, rebel candidate for mayor in the last election and a regular contributor to the Glebe Report. The November issue included his poignant article about grandfathering.

In Grandfather's House, Doucet muses about a grandfather's role, with poetry and short stories about his Acadian grandfather, and summer adventures with his own grandchildren in Grand Étang, where he built a house in 2010. He paints a loving portrait of his grandfather's village and the people, past and present, who make it a vibrant community.

"The book is about my relationship

with my grandchildren," says Doucet. "It is about the history of Canada and the Acadians' place in our country. It's about family. And about how to build a more sustainable world. That is a lot to cram into one little book."

Doucet is generously donating a portion of his book royalties to the Grandmothers Campaign (grandmotherscampaign.org). When he first approached the One World Grannies (1 of 24 groups in the Ottawa area) about this plan, he said he believed there was a "natural fit" with their campaign.

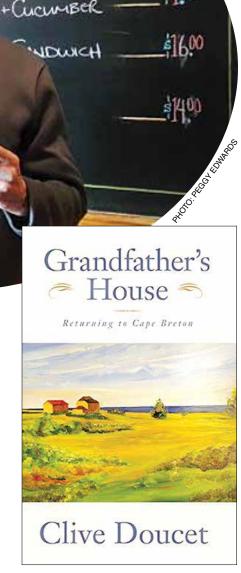
After I read the book, I understood what he meant. The themes of resilience, rejuvenation and unconditional love permeate the memoir, which is both rooted in nostalgia and filled with hope for a more sustainable future. These themes also underlie what we see in the courageous African grandmothers, who are raising millions of children and young people orphaned by AIDS.



I highly

recommend this book and thank Doucet for supporting the Grandmothers Campaign. Grandfather's House (Nimbus Publishing, 2018) is available now at Perfect Books on Elgin Street and Octopus bookstore in the Glebe, as well as Amazon.ca.

Peggy Edwards writes about grandparenting and healthy aging. She is an active member of the One World Grannies, 1 of 24 groups in the Ottawa-Gatineau region supporting the Grandmothers Campaign. She lives just over the bridge in Old Ottawa South.



What Your Neighbours ar

# Reading

If your book club would like to share its reading list, please email it to Micheline Boyle at grapevine@glebereport.ca



Here is a list of some titles read and discussed recently in various local book clubs:

TITLE (for adults)	AUTHOR
Educated <sup>1</sup>	Tara Westover
The Aviator's Wife <sup>2</sup>	Melanie Benjamin
Any biography or autobiography <sup>3</sup>	Various authors
The Uncommon Reader <sup>4</sup>	Alan Bennett
Like Water for Chocolate 5	Laura Esquivel
Go, Went, Gone <sup>6</sup>	Jenny Erpenbeck
A Man Called Ove <sup>7</sup>	Fredrik Backman
The Alice Network 8	Kate Quinn
Babylon Berlin <sup>9</sup>	Volker Kutscher
Ragged Lake 10	Ron Corbett
Prince of Cats 11	Ronald Wimberly
The Lemon Tree 12	Sandy Tolan
TITLE (for children and teens)	AUTHOR
Inkheart 13	Cornelia Funke
The Dragon with a Chocolate Hea	rt 14 Stephanie Burgis
1. The 35 Book Club	8. OPL Sunnvside Adult Book Club

- 2. The 15 Book Club
- 3. Abbotsford Winter Book Club
- 4. Broadway Book Club
- 5. Seriously No-Name Book Club
- 6. The Book Club
- 7. Topless Book Club
- 9. OPL Sunnyside European Book Club
- 10. OPL Sunnyside Mystery Book Club
- 11. OPL Sunnyside Ottawa Comic Book Book Club 12. OPL Sunnyside Second Friday Adult Book Club
- 13. OPL Sunnyside Bookworms Book Club
- 14. OPL Sunnyside Mighty Girls Book Club





418 Roger Road \$1,365,000



2286 Bowman Road \$1,139,000



Free Workshop: Buying a Home 101

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# Not your average mystery

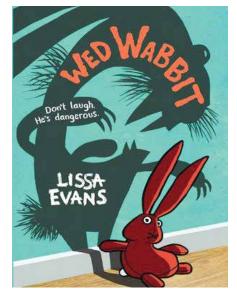
By Ildiko Sumegi

There is nothing more intriguing than a good mystery, but we don't have to travel far out into the world to find one. If we turn our gaze inward, we can find a wealth of mystery and wonder. Here are a few children's books that, while mysterious, do not necessarily fit into neat categorical boxes. They can all be found at the Ottawa Public Library.

*The Mysteries of Harris Burdick* (Houghton Mifflin Company, 1984) by Chris Van Allsburg For ages 6–8

A set of 14 black-and-white drawings, each intended to illustrate a different story, are presented to the reader. But the artist, Harris Burdick, has disappeared, and the stories themselves have not been found. Each drawing, however, bears the title of the story it was supposed to illustrate and a short intriguing caption. In one picture, a boy lies asleep in his bed at night while small circles of light float in through the open window. The title of this lost story is "Archie Smith, Boy Wonder." The caption reads: "A tiny voice asked, 'Is he the one?""

Each picture is as curious as the last, and each title and caption simply beg for the missing story to be conceived. These are mysteries for the reader to dive into and explore on their own terms and in their own time. Chris Van Allsburg uses skill and a hint of magic to tap into the reader's imagination, giving us each the opportunity to be the author of our own mystery —



a gift to English teachers everywhere.

Wed Wabbit (Scholastic Inc., 2018) by Lissa Evans For ages 8–11

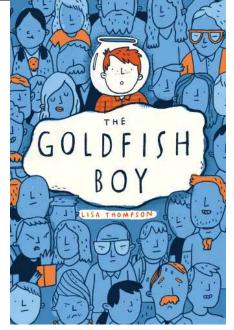
When Fidge's four-year-old sister Minnie is hit by a car, Fidge is sent to her cousin Graham's house while her mother remains with Minnie at the hospital. Fidge's anger (and guilt) at the situation is further exacerbated by her fairly obnoxious yet psychologically delicate cousin Graham. In a fit of rage, Fidge hurls Minnie's favourite toy – Wed Wabbit – as well as Graham's "transitional object" (a plastic carrot on wheels) down the basement stairs. Minnie's favourite book, The Land of Wimbley Woos, is tossed down with the toys, and when Fidge and Graham attempt to retrieve these items, they are inexplicably thrown into a curious land whose population consists of variously

coloured creatures shaped like garbage cans with arms. These, Fidge recognizes at once, are the Wimbley Woos from Minnie's book! A mysterious and sinister force threatens the land. There are clues to solve and a prophecy to fulfill before Fidge and Graham can return home. Time is of the essence because Minnie is still at the hospital, and when she wakes up, she's going to need her Wed Wabbit.

Lissa Evans has written a story that is both hilarious and pointed. It is a psychological exploration played out in a ridiculous world of candy-coloured creatures who speak in rhyming verse. As the mysterious circumstances make themselves apparent, friendship, teamwork and a bit of daring combine to save the day. Sometimes the events of life don't unfold the way we would like. Sometimes "rage soaks up the joy and fun and color out of everyone." And sometimes the hardest thing to do is to offer someone a hug.

The Goldfish Boy (Scholastic Inc., 2017) by Lisa Thompson For ages 10–12

Matthew Corbin is having trouble leaving his room, and lately things have gotten worse. He has been missing quite a lot of school, but it seems a small price to pay to keep his anxieties at bay. His bedroom is kept meticulously clean, sterile even. But "downstairs" is another world full of potential contamination. With a spray bottle of disinfectant and a secret stash of latex gloves, Matthew spends his days observing his neighbours from his



bedroom window. He keeps detailed notes: he knows the routines and habits of all his neighbours, and he sees far more than anyone might expect. When a toddler goes missing, Matthew finds himself venturing downstairs and even, on occasion, outside in order to help solve the mystery of the missing child.

Lisa Thompson has written a gripping story of one boy's psychological struggle. Readers are given detailed insight into the mind of a boy who grapples on a daily basis with distressing obsessions and compulsions. Thompson makes it easy for readers to see themselves in Matthew and, as he takes his first tentative steps towards human connection, we are all rooting for him. While the mystery of the missing child supplies the overt story arc, it is the mystery of Matthew's predicament that will keep readers turning the pages.

Ildiko Sumegi is a Glebe resident, mother of two boys, and reviewer for the Canadian Children's Book News magazine.







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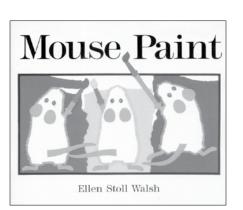
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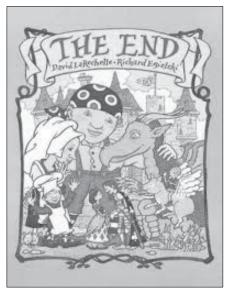
BOOKS

Glebe Report February 15, 2019 29









# Mix it up for March Break at Sunnyside!

#### By Susan Townley

It feels as if Christmas holidays are just finished but here at Sunnyside Branch library, March Break is just around the corner. We are busy getting ready to welcome you to a busy week of programs and activities. This year's theme is Mix it up! / Méli-Mélo! This theme connects with so many fun programming possibilities. Mixing can be multiple things from mixing colours to mixing sentences, from mixing up sentences to mixing it up with technology. At Sunnyside Branch, we have some great outside programmers that are coming to entertain us. It will be a week filled with fun, with programs from the Billings Estate, Little Ray's Reptiles and Radical Science with some crazy chemistry.

To get us in the mood here are a selection of mixed up books to set the stage.

Mix It Up is another interactive picture book from the author of Press Here, Hervé Tullet. This time Tullet has created a dynamic and innovative way to teach children about colour, mixing primary to make secondary colours. Tullet's clean white pages are contrasted with splashes of colour that follow the interactive instructions of the text. Even though the book is aimed at young children, adults will enjoy this simple yet engaging book. The text is spare yet it invites the reader to participate in a game of exploration.

Colour mixing is the theme of *Mouse Paint* by Ellen Stoll Walsh. A long-time favourite at Storytime,

this classic picture book follows the adventures of three white mice who camouflage themselves on a white piece of paper as protection from a cat. Soon they find three pots of paint to play with, one red, one yellow and one blue. Quickly they are mixing colours and turning themselves green, purple and orange. Feeling sticky, the trio wash themselves off in the cat's dish and begin painting the paper instead. In the end they cleverly leave some white paper to stay hidden from the cat. This is a charming story to introduce mixing colours to preschoolers. The collage style artwork, again set against a clean white background, clearly captivates young readers.

Arree Chung has created a colour story for a slightly older audience with the picture book *Mixed*. Beginning with endpapers full of colourful faces in primary hues, Chung presents the issue of discrimination using vivid colours and clear text. In the beginning there are three colours, loud reds, bright yellows and laid-back blues, who live together in harmony. Soon harmony gives way to suspicion and competition about who is the best, and this leads to high walls being built and colours living in isolation. One day a Yellow and a Blue notice each other and realize that they could make each other happy. Their relationship grows and the other colours are not happy. Undeterred, the two mix and create a new colour, green. Green is a little bit of both her parents but also a colour all her own. Soon Reds, Blues and Yellows are rediscovering each other and mixing and transforming their world into a bright, colourful place. This book offers a simple and straightforward exploration of discrimination that offers parents and children openings to discuss a difficult topic.

Masterpiece Mix by Roxie Munro introduces children to fine art, using a search and find game. Still lifes, portraits, landscapes and a cityscape let sharp-eyed readers spot 37 featured paintings, drawings and sculptures. The simple story covers the basics of painting and drawing materials, and touches on art history as well. The detailed illustrations and further information provided in the endpages let this book appeal to a wide age range of readers.

At Sunnyside Branch one of our perennial favourite programs is Lego Block Party and it will be back this year on the Friday of the March Break. Throughout the school year, we put out Lego in our program room on Fridays after school and on PD days we have it out all day. Lego never fails to be a hit with all ages. Lego books are just as popular and we have received a new one that is sure to light up your imagination. Sarah Dees is back with a whole new collection of projects that

feature scientific principles that engineers use every day. Genius LEGO® Inventions with Bricks You Already Have: 40 new robots, vehicles, contraptions, gadgets, games and other fun STEM creations is filled with clear step-by-step instructions and photographs. Fun for all ages!

Now we come to *The End!* Mixing up the standard fairy tale formula, David LaRochelle begins his story at the end. The endpages depict a princess and a knight waving goodbye to a crowd of characters as they leave the castle. The text begins, "And they all lived happily ever after." The story then proceeds backwards through a not-sotypical chain of events, until on the last page we read, "Once upon a time." This is a clever read that deserves to be read over and over again.

Hope to see you during the March Break at Sunnyside Branch. All programs by guest performers need registration, which you can do online at BiblioOttawaLibrary.ca. All other children's programs that week are drop-in programs.

Susan Townley is a children's program and public service assistant at the Sunnyside branch of the Ottawa Public Library.

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#### Thirty Years Ago in the *Glebe Report*



Volume 18, Number 2, February 10, 1989 (32 pages)

#### LANSDOWNE PARK REDEVELOPMENT

The February 1989 *Glebe Report* was dominated by discussion of the City of Ottawa's recent \$44 million plan to redevelop Lansdowne Park. A series of working committees would meet over the next month to allow for citizen participation in planning before City Council was to vote on the project April 15 (1989).

#### **FRONT PAGE**

Inez Berg's front-page article noted that there was a wide range of public opposition to the plan. Particular concerns centred on changing the emphasis of the park from 40 per cent commercial and 60 per cent community recreation to exactly the other way around. People were also concerned



Ian McKercher

that traffic and neighbourhood impact studies were lacking and recreational facilities would be lost.

The proposed demolition of five buildings, including the Horticulture Building (then known as the Curl-O-Drome and undergoing heritage assessment by the city's Heritage Department) was also a concern.

#### THE GCA RESPONSE

Glebe Community Association president Brian Jonah also raised a number of issues in his column. The proposed quadrupling of usable commercial space at Lansdowne from 50,000 square feet to 200,000 square feet seemed excessive given the size of the park and would mean that the city would be subsidizing the business community without any obvious benefit to citizens at large. He also objected to the five parking lots in the concept plan which would consume 20–25 per cent of the surface space at Lansdowne.

#### THE DINGLE LETTER

Allison Dingle's letter to the editor noted that the Glebe "while a highly

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#### NOTE:

All back issues of the

Glebe Report to June 1973 can be

viewed on the

Glebe Report website at

www.glebereport.ca under the

PAST ISSUES menu.

desirable place to live, was not well served with outdoor recreation facilities." She feared further erosion would take place with the threatened loss of the tennis courts, wading pool and This retrospective is filed bimonthly by Ian McKercher of the Glebe Historical Society. The society welcomes the donation or loan (for copying) of any item documenting Glebe history (photographs, maps, surveys, news articles, posters, programs, memorabilia, etc.).

Contact Ian at 613-235-4863 or ian.s.mckercher@gmail.com.

baseball diamond. She felt that the redevelopment would have an enormous impact on the future of the Glebe and urged all to work hard to reach the best possible solution.



#### THE COMMUNITY NEWSPAPER

Back in February of 2018, the *Glebe Report* hit a milestone when we published our 500th edition. At that time, we invited readers to send us their thoughts, in the form of an essay, on the essence of a community newspaper – the *Glebe Report* specifically, or an ideal paradigm of a neighbourhood newspaper. A number of the essays we received had great merit and deserved a wider audience. Here is one by Jennifer Tiller.

#### What I glean from the *Glebe Report*

By Jennifer Tiller

One of the many things I love about living in the Glebe is the monthly delivery of the *Glebe Report*.

I love that it is delivered right to my doorstep by volunteer carriers, first, because it is convenient, and second because the community involvement required to produce a neighbourhood paper like this is carried right through until it reaches its ultimate destination – the reader.

This monthly community newspaper is always a good read. I look forward to it and set time aside, either on a sleepy Sunday afternoon or during a quiet weekday evening, so I can sit down with a cup of tea and take my time reading through the articles.

The editorial always gives me some indication of what is going on in the community as do the columns. I like the stories and accompanying pictures that fill me in on what is happening in the lives of the children in the neighbourhood, whether it is a bake sale at the Glebe Cooperative Nursery School or a music night at Glebe high school. It's nice to know, especially as my own children are now grown and away at school.

Independent community papers like the *Glebe Report* are in the minority. According to a 2017 report on Canada's community newspapers by News Media Canada, only 34 per cent have independent ownership; the rest are owned by corporations. We are fortunate to have a paper operated by people who live and work in the Glebe as, I believe, they have a real interest in covering stories that matter to the community.

As coverage of municipal affairs lessens in the daily city papers – if the city is fortunate enough to even still have one – the reporting of new development plans, environmental issues and new infrastructure is more important than ever. People need to know what decisions are being made and who's making them. The *Glebe Report* does a terrific job of filling people in on issues that are going to have a direct impact on their neighbourhood.

I am well aware that the neat little package of print that arrives at my doorstep requires many, many hours of volunteer work. To me it is a testimony to the character of the Glebe and its residents. Glebites care about where they live, they are grateful for this community, grateful enough they are willing to work hard to foster a sense of community as well as to work hard to preserve it.

That to me that is what the *Glebe Report* is all about. Every month it shines a light on everything Glebe and it does it in a manner that is not only entertaining but responsible. I look forward to seeing it land on my doorstep for many more years to come.

# Ode to a mother

#### By Anonymous Kakapo

Mothers are a force of nature. Well, good ones are, anyway. I have a good mother. Nay: *I have a wonderful mother*. She is, in all senses of the word, amazing. She amazes me day in and day out with her steely refusal to give in to the tragedy and sorrow that has affected her and her loved ones. She holds her head high and denies depression a place in her head and heart. She battles on and on, a soldier through and through.

Not only did my mother battle a deathly illness for many years, but throughout her illness and petrifying diagnosis, she battled for the life of her teenage daughter who was clinically depressed, suicidal and had a severe eating disorder. When she was worn out and her heart was torn, she kept on fighting. When she was sad and her mind half mad, she kept on fighting. When her daughter wanted nothing more than for it all to end, she fought to get her back on the mend.

I am not longer depressed or starving or hurting.

I am now happy and hungry and healing.

But I would not be without my mother.

All this to say, I love you

And thank you

And thank you

And thank you.

I'm currently sitting in a Bridgehead writing this love letter to my mother. I now raise my cappuccino (no lie, people are staring and it's quite embarrassing) and make a toast to all the incredible mothers who are, in essence, one of the most crucial elements in the lives of their children.

"Here's to you!"

#### My Mother

Who wiped away my tears when They threw rocks at my face And called me a head case Then deemed me a disgrace? My Mother.

Who was there for me in my time of need? When the ceiling caved in and I couldn't breathe? Who kissed my cheek when no one else would? Because I was shy and misunderstood? My Mother.

Who would walk me to school in the midst of winter When I didn't feel cool and my confidence withered? Who held my hand and made me feel bold As we trekked through snowstorms, shaking with cold? My Mother.

Who gave me life again and again?
When I only wanted mine to end?
And who baked me fresh bread when I was too thin?
When my ribs were protruding and I was done in?

Who gave herself away Trying to make me stay? Who never gave up the fight for my life When I thought it an endless, pointless strife?

Who kept on giving Even though she was grieving? Who sat by my bed When I wished I was dead? My Mother.

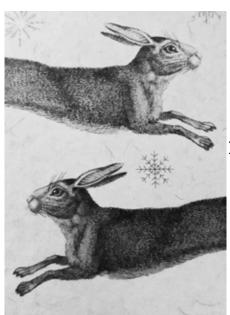
And who, to this day, knows when I'm hurt? When I'm saddened? Face down in the dirt? When I feel like a failure And I can't face my haters?

www.glebereport.ca

My beautiful My precious My dear heart Mother.

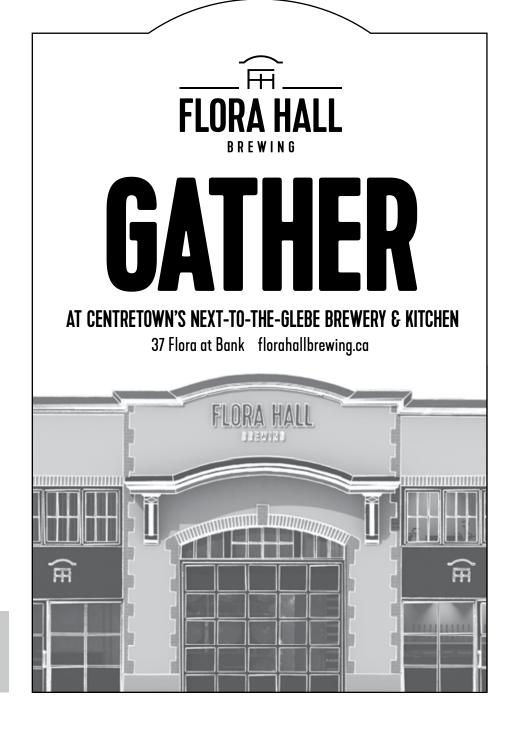
—The Anonymous Kakapo





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WALKING

#### Wanted: Glebe Snow Moles

#### By Mary Glick

Worried about walking during winter? With Ottawa's frequent freeze/thaw cycles, accumulated snow and ice can lead to problems getting around, especially for seniors, young children, people using strollers and those with mobility challenges. Falling on an icy sidewalk and injuring yourself can also be a concern. Seniors may become isolated when they stay home due to fear of falling.

How walkable is the Glebe during winter? Become a Snow Mole and find out! Snow Moles take short walks outside, alone or in a group, and complete a brief online or paper survey of the conditions during their walk. Data gathered in the surveys will be used by the Council on Aging of Ottawa to inform the city of ways to improve walkability in winter. For more information about snow moles go to coaottawa.ca/snowmoles/. See below for details on completing snow mole audits alone or in upcoming group audits in the Glebe.

#### **SOLO SNOW MOLE AUDIT**

Anybody can be a Snow Mole. Pick a time in February or March when you need to go out to a typical destination (e.g. the bank, a grocery store, school or university, the library, the Glebe Community Centre, Abbotsford Seniors Centre). Snow Moles can complete audits at any time, but walks completed after winter weather such as a snowfall are especially useful.

Use the Snow Mole questionnaire to

audit your walk. Go to coaottawa.ca/ snowmoles to access the questionnaire (printed or online) and to fill in the survey. If using a paper survey, mail it to the Council on Aging of Ottawa, 1247 Kilborn Place, Ottawa K1H 6K9.

#### **GROUP SNOW MOLE AUDITS**

Although anybody can be a Snow Mole, we are especially looking for seniors, people with young children and those with mobility aids or challenges. We will first gather indoors at given times and locations (see box). Then we will take a short walk (about 15 minutes) in smaller groups along different routes on side streets leading to agreed destinations. After the walk, we will complete surveys either online or on a personal device, or on paper copies that will be provided back at the indoor meeting place. We will finish with an optional group discussion. Note that walks will happen in any weather.

Thank you for becoming a Glebe Snow Mole and helping to make winter walking in Ottawa a healthy and safe activity!

For further information and to confirm your participation contact Mary Glick at mglick@sympatico.ca.

Mary Glick is a Glebe resident interested in safe and healthy winter walking. The Snow Mole project is organized by the Age-Friendly Pedestrian Safety & Walkability Committee at the Council on Aging of Ottawa. It is supported by the Health Committee of the Glebe Community Association.

#### **Group Snow Mole Audits**

Thursday, February 21, 10 a.m. Meet indoors in the dining room at Abbotsford Seniors Centre, 950 Bank Street

Thursday, March 21, 1 p.m. Meet indoors in the former café The Pantry at the Glebe Community Centre, 175 Third Avenue

#### **SNOW MOLES**

Age-Friendly Winter Walkability and Pedestrian Safety Audits for Seniors and Other Valuable Pedestrians



#### Concerned about winter walking? Be a Snow Mole

We are looking for volunteers to report on what it is like to walk outside on a winter day. We will use the information to inform the City and others of ways that winter walking can and should be improved.

#### It is easy to be a snow mole!

- 1. Pick a day and a destination (e.g. bus stop, library, seniors centre, bank, school)
- 2. Use the snow mole questionnaire to audit your walk (go to www.coaottawa.ca/snowmoles)
- Fill in the questionnaire online or mail/drop off a completed paper copy to 1247 Kilborn Place, Ottawa, ON, K1H 6K9

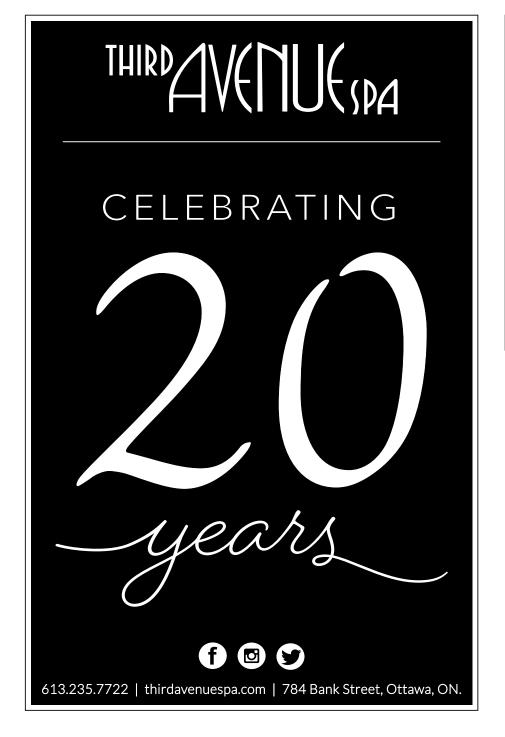
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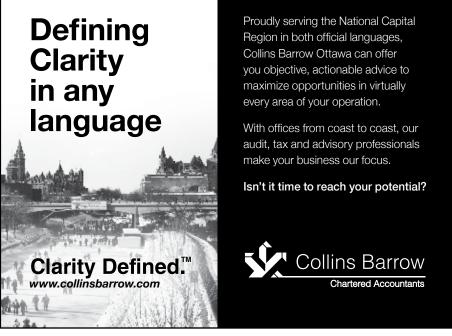
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MUSIC

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James Caswell (front, centre) with the Glebe-St. James choir

# Glebe-St. James welcomes James Caswell

By Louise Archer

Some Canterbury High School students and choristers are surprised to learn that James Caswell has a Sunday job as well! It involves playing the piano and organ.

The congregation is delighted that Caswell has begun his new appointment as the Minister of Music at Glebe-St. James United Church. Many readers will know of him as a teacher at Canterbury High School or from his decades of choral directing.

In his day job you will find Caswell teaching in the vocal and choral performance program at Canterbury. He is also the Music Director and Conductor of the Canterbury Trebles Women's Ensemble. In his spare time he may be conducting or coaching vocal performance.

Caswell previously had long-standing associations with the Anglican Chorale of Ottawa, the Canadian Centennial Choir and the University of Ottawa Choir. As a guest conductor, he has appeared with the Cantata Singers of Ottawa, the Ottawa Choral Society and the Opera Lyra Ottawa Chorus. He has also appeared as organist with the Ottawa Symphony Orchestra and was a participant conductor at the Oregon Bach Festival under Helmuth Rilling.

Caswell succeeds Robert Palmai, who was also Caswell's predecessor at Canterbury High School. Caswell has been associated with church music from a very young age, having been directly involved with music programs at Trinity-St. Stephen's United Church (Amherst, N.S.), Christ Church Anglican (Amherst, N.S.), St. Andrew's Presbyterian Church (Ottawa) and First Baptist Church (Ottawa). He has also had the opportunity to participate in Jewish, Catholic and Pentecostal services. When asked about the similarities between the musical traditions in the different denominations, Caswell noted that they all feature hymns, organ music, choir anthems and solos. In the Anglican worship more parts of the service are sung while the United Church is leading the way in introducing more inclusive language in hymns. When asked about new initiatives at the church, Caswell said he hopes to foster greater involvement of children and youth in the musical life of Glebe-St. James. This may include reviving choirs for young children if there is sufficient interest.

Caswell will establish a music committee to better support communication between the congregation and the community. There are opportunities for musicians who would like to perform at the church, either at regular services or the Sunday afternoon periodic concert series. The concerts include talented young performers who experience the opportunity to play before an audience, and a wide variety of more established Ottawa area musicians performing in a variety of styles – string trios, guitar, vocal and a marimba-percussion duo.

The church is blessed with a Casavant Frères organ, installed in 1929. This vintage instrument is due for some enhancements for the longer term. The first step calls for an overall assessment of the organ and a prioritizing of needs. As this is a complex and specialized undertaking some fundraising will be needed.

In his free time, Caswell likes to keep active with pursuits such as skiing, cycling and golf. He is pleased to have his wife, Elizabeth, join in singing with the choir whenever possible.

Each Sunday you will find Caswell leading the choir, and alternately playing the piano and organ. Worship service begins at 10:30 a.m. followed by a coffee hour.

To contact Caswell about singing in the choir, or otherwise contributing musically, readers are invited to email him at music.gsj@gmail.com. The choir practises Thursday evenings, 7:30–9 p.m., and again Sunday morning at 9:45 a.m. ahead of the weekly service.

To find out about new developments in music at Glebe-St. James, visit www.glebestjames.com.

Louise Archer is a long-time resident of the Glebe and member of Glebe-St. James Church. She sings with Come Sing at St. Luke's Anglican Church.



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Octavia Francis, dancer

By Merna Emara

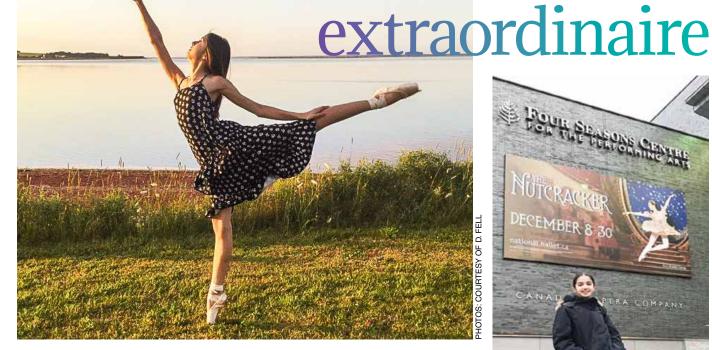
With her first footsteps as a toddler, Octavia Francis, 13, was on her way to becoming a ballet dancer. Francis has been dancing from the time she was fully able to move her body.

Deshayne Fell, Francis's mother and a professor at the University of Ottawa, said her daughter started dancing when she was three years old at the Glebe Community Centre.

"She always really loved it more than any other activity," said Fell, who was very supportive of her daughter's passion for dancing. "It was good that she liked ballet dancing more than any other sports." But at one point they had to drop other things because she was involved in different types of dancing, musical theatre and piano. When she was 10, she started dropping the other activities and focused more on dancing.

"Balancing Octavia's school life and her dancing classes was not a problem because her dance classes were all in the evening," Fell said. "There wasn't too much homework and the locations of her dance classes were so convenient. She was either taking her classes at the Glebe Community Centre or across the street from where we live."

Francis is currently living in Toronto where she dances in The Nutcracker with the National Ballet of Canada. In 2018, Francis had 11 performances and six performances in 2017. Her favourite Nutcracker performance is her latest one in 2018.



Octavia Francis of the Glebe, 13, is a dancer with the National Ballet of Canada.

"It was really cool to dance with professional dancers and experience that," Francis said. "I feel like I'm in my own world where I can do whatever I want and still follow rules. It just makes me feel happy and I can express what I'm feeling through dancing."

Fell said she did not expect Francis to get a callback after she auditioned, saying, "I took her for the audition just so that she can experience auditioning."

Francis also did not have high expectations. "I went to multiple auditions just for the experience. I felt good going through theses auditions because I wasn't expecting to get accepted," she said.

Francis said they don't have to do exercise until they are asked to do that after class because they need to get sufficient rest. They do two hours of ballet and stretching every class.

The theatre in Toronto where the Nutcracker is performed seats almost 2,000 people and is almost sold out every show.

"When you go on the stage and look up, it's kind of scary. But I don't really think about people being there," Francis said. "When I go out there, I go with the flow. The professional dancers make it more fun. They make it seem easy and not stressful."

Some unavoidable accidents hap-

pen during performances but these accidents get taken care of so that the performance is not interrupted.

"Dancing expresses how I'm feeling," Francis said. "Dancing helps me feel better. Ballet is hard when you're young. When you're older, it pays off."

Fell said she Facetimes her daughter almost three times a day. It is like she is living with her. "She goes to school in the morning, finishes her homework and practises at night, so her life is arranged," Fell said.

Merna Emara is a third-year journalism student at Carleton.



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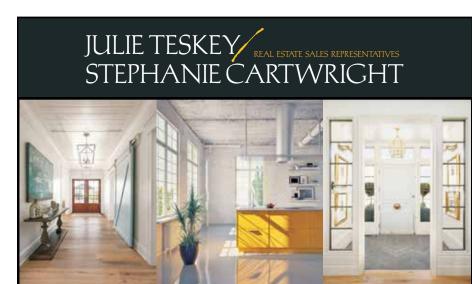
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# But is it art?

#### By Rafal Pomian

The word graffiti evokes conflicting images of vulgar, even obscene, scribbles in public places but also some amazing paintings on walls of buildings and underpasses. The vulgar variety can be offensive but can also be very pointed and startling. "Tom and Jane were here," is common enough graffiti but if it's seen on top of a double-decker bus as it comes to your bus stop you can't but marvel at how it got up there. And what about the ubiquitous scribble seen in all the paid toilets of the world, "Here I sit broken hearted, paid a dime and only farted." The currency changes with the country. Crude, of course, but try and express the sentiment in any other way that is equally succinct, relevant and funny. And that's the whole point of good graffiti - it makes you smile and your day better.

Parking is a big problem in the Glebe, especially on Redblacks game days with boisterous and very noisy fans crowding the streets. Many residents offer their driveways for parking. One day I saw a sign, "More Parking Next Door." Some wag changed the "P" to a "B." Oh, the impoliteness of some Glebites.

#### GRAFFITI BECOMING HIGH-END ART

But it is the graffiti art that has seen the greatest change evolving from obscure, often offensive, images to modern high-end art. There are art museums everywhere exhibiting "pictures" that were once considered graffiti with poor or no taste at all. Andy Warhol's works in a Pittsburgh museum now fetch astronomical prices, but it was the one with a big stack of Campbell soup cans that made his name famous. The beauty of such art is, as always, in the eye of the beholder. I once read about an expensive modern art sculpture put out proudly in front of the house only to suffer an ignominious fate. It was summarily removed at first garbage pick-up.

#### MURALS IN THE GLEBE

With graffiti art now becoming respectable, it is found everywhere here in the Glebe. An eye-grabbing painting on the wall of the Nicastro building on Third Avenue depicts a huge bison looming over a child reading a book. The painting is the work of a Colombian collective Vertigo Graffiti and symbolizes friendship between Colombia (child) and Canada (bison). The Glebe mural by this group is a first of its kind in Canada.

On the other side of the street is a painting of a pretty young girl gazing on the scene with unconcealed curiosity. On the wall of Bridgehead on Second Avenue, the blue morning glories make a striking statement especially in the glow of the afternoon sun. Likewise a bunch of spring flowers that adorn the wall of the Wild Oat make one think of brighter days ahead. Not to be outdone, the nearby Mrs. Tiggy Winkle's wall is adorned with babushkas of various sizes, one



Mrs. Tiggy Winkle's wall is adorned with babushkas of various sizes.

for every age one assumes.

If this trend catches on we will have a veritable graffiti art gallery on the walls of the Glebe. Even in the murky tunnel under the Queensway on Bank, the whimsical figures and landscapes painted on the walls depicting people at play brighten up the area and perk up one's interest.

#### CITY COMMISSIONING URBAN ART

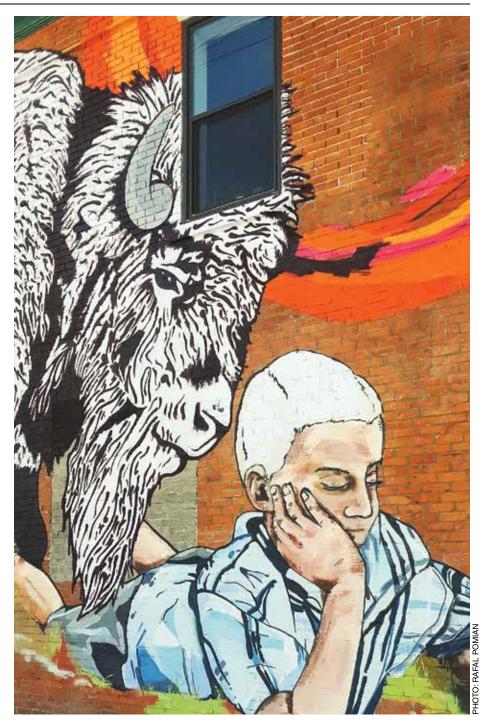
A few years back, the city used to fight the blight of graffiti on these walls by painting them over with drab gray paint. It was and still is illegal to do graffiti on public or private property unless it's sanctioned by the city. Fortunately, the city realized it had a losing battle on its hands – new graffiti immediately reappeared – so they changed tack and commissioned artists to make "urban art," which proved to be a win-win strategy. Vulgar images and scribbles were replaced by works of art, especially on Queensway underpasses.

But the most striking mural in Ottawa is on the corner of Rideau Street and Wurtenburg where a highrise has a nine-storey wall covered with a multi-thematic painting. It celebrates Ottawa's diversity and is known as the Welcoming Ottawa mural, underscoring Canada's welcoming attitude to newcomers. The city is encouraging local business organizations to do this "art-scaping" and has commissioned local artists to do murals in underpasses. Artists interested in participating in city-sponsored mural art projects can get more information from mural@ottawa.ca. Ottawa is only now beginning to catch up with Montreal where murals are decorating the city everywhere.

In Eastern Europe and in many of the Communist countries during the Communist era, many towns and subdivisions built rows of gray, uglylooking housing blocks constructed cheaply with no consideration of aesthetic appearance. The government bureaucracy ensured uniform drabness. After the collapse of Communism in the '90s, local enterprises gave rein to their planning imagination. The blocks got a new look with imaginative, colourful wall paintings that brightened up the ambiance of the area remarkably. The creativity of artists knows no bounds.

So is graffiti painting a genuine art form? Does it matter? If it brightens the ambiance of our surroundings, I for one can't wait to see more of it.

Rafal Pomian is a Glebite with a love of travel, trains and good art.



The mural on the side of Nicastro's of a bison and a child reading is the work of a Colombian art collective Vertigo Graffiti.



36 Glebe Report February 15, 2019

CARLETON

#### Senator Kim Pate to speak on women and the justice system

#### By Karen Kelly

Throughout her career, Senator Kim Pate has advocated on behalf of "the most marginalized, victimized, criminalized and institutionalized – particularly imprisoned youth, men and women."

The long-time executive director of the Canadian Association of Elizabeth Fry Societies will share her thoughts on her 35-year career on March 18, when she delivers the Dick, Ruth and Judy Bell Lecture in Richcraft Hall at Carleton University.

The Bell Lecture honours a speaker who has made a significant contribution to public life in Canada, and is one of the highlights of Carleton University's Faculty of Public Affairs (FPA) Research Month, an annual event series hosted by the FPA. It runs from February 24 to March 24.

"FPA Research Month is an opportunity for the community to join us on campus for informative lectures and thoughtful discussions," says André Plourde, Dean of the Faculty of Public Affairs. "We hope to share our research more broadly in order to inform and address some of society's greatest challenges."

#### A RECOGNIZED ADVOCATE

Senator Pate was named a Member of the Order of Canada in 2014. She was recognized for "her research on women in the criminal justice system and for her advocacy of marginalized, victimized and incarcerated women."

The honour went on to note that "she has worked toward equality with

women's groups and rights organizations across the country, liaising with legal scholars, lawyers, sociologists and front-line transition house and rape crisis centre workers."

Within the criminal justice realm, Senator Pate may be best known as the driving force behind the 1994 inquiry into events at the Prison for Women in Kingston. She has also developed courses and taught Prison Law, Human Rights and Social Justice, and Defending Battered Women on Trial courses at the University of Ottawa, Dalhousie University and the University of Saskatchewan.

She was appointed to the Senate of Canada on November 10, 2016.

Pate's lecture will undoubtedly contribute to conversations already happening in classrooms in Carleton's Institute of Criminology and Criminal Justice, and the Department of Law and Legal Studies. Both units are hosting their own research conferences during FPA Research Month.

#### CIVIL SOCIETY AND FREE TRADE

On February 28, scholars from Canada, the U.S. and Mexico will gather for the FPA Research Excellence Award Symposium to discuss "Trading on New Terms: Civil Society and North American Free Trade." The event will be hosted by political science professor Laura Macdonald and will focus on the changing influence of activism on international trade negotiations and organizations. Macdonald is the winner of the 2018 FPA Research Excellence Award.



Senator Kim Pate, executive director of the Canadian Association of Elizabeth Fry Societies, will share her thoughts on her 35-year career on March 18, when she delivers the Bell Lecture at Carleton University.

#### SPOTLIGHT ON GRADUATE STUDENTS

FPA Research Month will also feature the first-ever interdisciplinary research conference for our graduate students on March 4 and 5, entitled "Emerging Perspectives." Graduate student researchers will discuss international relations, trade, workplace culture, criminal justice, economics, migration and refugees and much more.

"This is an opportunity for our graduate students to present their research to a multi-disciplinary and public audience," says Christopher Worswick, Associate Dean (Research and International) in the Faculty of Public Affairs. "We're offering academic feedback, networking and professional development to help our students prepare for future careers in the public and private sectors."

The conference will also feature professional development workshops, networking opportunities with alumni

and a keynote address from Carleton's new chancellor, Yaprak Baltacioglu, former Secretary of the Treasury Board. Baltacioglu is an alumna of the School of Public Policy and Administration (SPPA) and was one of the Faculty of Public Affairs' 75 for the 75th alumni.

#### AUTHORS IN THE GLEBE

Every month during the academic year, FPA authors gather at Irene's Pub in the Glebe for Author Meets Readers, an informal discussion of their recently published books. Upcoming topics include:

 Opening the Government of Canada

Amanda Clarke, School of Public Policy and Administration

• Illegal Markets, Violence, and Inequality: Evidence from a Brazilian Metropolis

Jean Daudelin, Norman Paterson School of International Affairs

• Unilateral Acts: A History of a Legal Doctrine

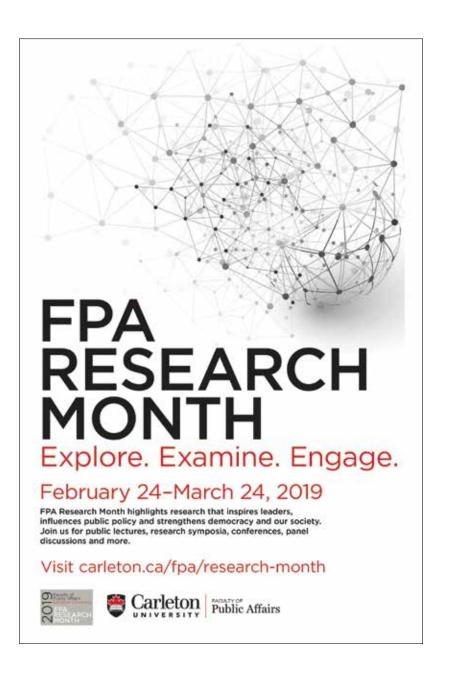
Betina Appel Kuzmarov, Department of Law and Legal Studies

The Faculty of Public Affairs comprises a diverse group of academic units, including African Studies; Arthur Kroeger College; Criminology and Criminal Justice; Economics; European, Russian and Eurasian Studies; International Affairs; Journalism and Communication; Law and Legal Studies; Political Science; Political Economy; Public Policy and Administration; and Social Work.

We hope to see you at some of our events! To learn more about the faculty, please visit carleton.ca/fpa.

Karen Kelly is in communications in the Faculty of Public Affairs at Carleton University.







#### Lyra **Evans**

Ottawa Carleton District School Board Trustee Zone 9

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#### The Importance of full-day kindergarten

I thought it went without saying that every child deserves a good education, that people deserve a chance to succeed at life. Apparently not everyone agrees. The provincial government has been hinting at removing full-day kindergarten programs in an effort to save money. This is a bad idea for several reasons.

1) Evidence shows that children who start in preschool and kindergarten earlier are more likely to graduate. The Head Start Impact Study (2010) was completed in a comparable situation in the public schools of the U.S. It showed that there was a positive correlation between success in school and access to early programming like kindergarten. Given that the objective of public schools is to foster learning, it is terribly foolhardy to be removing a program that has evidence showing it improves long-term results. Graduation rates have been going up; I would loathe that they begin to fall again.

2) Children are socialized earlier, promoting soft skills earlier in life. Workforces around the country and the world are increasingly looking for soft skills like cooperation, teamwork and communication. Common sense and studies cited in Soft Skills and Early Childhood Education: Strange Bedfellows or an Ideal Match (Binky Laureta, 2018) have shown that when children are amongst peers early they are more likely to develop the skills that are increasingly necessary in the modern workforce. Additionally, children who develop these soft skills are more well rounded, better at communicating feelings, problems and issues later in life. I would postulate that this results in a reduction in suicide rates, substance abuse issues and mental-health-related issues. People who are isolated have higher rates of suicide ("Social Isolation a Key Risk Factor for Suicide Among Australian Men," The Guardian, 2015), and stronger soft skills lead people to be less likely to face isolation from their

3) Children's education should not be the place to save money because money spent on education is an investment in the future. If the government cannot afford to keep children in school they should raise my taxes until they can. Occasionally I meet people who say that their taxes should not be going to schools because they don't have children. They are wrong. Even if I never have children, I will personally benefit from a well-funded public school system because I will be treated by doctors educated by it. I will benefit from research done by scientists, and use bridges and buildings designed by the very same children we are shepherding through the school system. Public education is for the public good; everyone benefits.

4) Women's engagement in the workforce goes up when children have full-day programming. The Statistics Canada paper written by Melissa Moyser and Anne Milan states that when the daycare program was introduced in Quebec, mothers were found to return to work earlier and in greater numbers than their Ontario counterparts. Having a program where their child could be looked after full time gave them the flexibility to choose what was right for their family. Conversely, removing full-day programming limits families' choices. Women who otherwise would return to the workforce are limited to half days, further stalling career advancement and contributing to the gender pay gap in many industries.

In addition to my column, I am going to try to provide a short briefing on what the board passed between articles. It won't be a complete list but what I think most interesting or informative.

The OCDSB passed:

- · a motion affirming that extended day program fees would not change during 2019/2020;
- · a motion affirming that the development charges currently in place used to purchase land would remain in place for the next five years;
- · a motion allowing the purchase of approximately six million dollars in additional equipment before the end of the school year;
- · a motion allowing the spending of \$500,000 on extra or emergency educational assistants for the duration of the school year; and
- · a reminder that missing mandatory vaccinations without a valid exemption will result in a child being suspended until either the exemption is validated or the missing vaccinations are obtained.

I can be reached at 613-913-1695 by text or phone, or by email at Lyra. Evans@OCDSB.ca.

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#### **IMMACULATA NEWS**

#### **MOCK TRIALS**

Our Grade 11 law class heard riveting testimony from crown and defense witnesses in the a mock murder trial. Student lawyers argued finer points of criminal and evidentiary law as student jurors weighed both sides of the case. Grade 12 law students simulated an international criminal trial at the International Criminal Court in the Hague. Students heard testimony from fellow student actors playing child soldiers, rebel soldiers, war victims and Canadian peacekeepers. The exercise was a powerful concrete learning experience about court hearings at the international level and the importance of such tribunals in confronting atrocities facing the world community.



#### APP LAUNCH PARTY BETWEEN CORPUS CHRISTI AND IMMACULATA

Immaculata hosted a launch party for their App, a programming project done in collaboration with the Grade 2/3 students at Corpus Christi. The high school students are the "developers" and the elementary students are the "clients". Students work through the lifecycle of app development to create an educational video game. It was fun to watch



elementary students play interactive mathematics games that Immaculata students had created for them.

#### IMMACULATA WINS PROVINCIAL VIDEO CONTEST!

Eric Hamelin, Reylene Mendez and Demetria Michaelis-Joseph, Grade 11 students enrolled in the course Indigenous Voices in Contemporary Literature, embraced the challenge of creating and completing a two-minute video for the OCSTA Short Video Contest. These students were excited to show others what Immaculata students have been doing to build community with First Nations, Inuit, and Metis peoples through Indigenous literature and culture. As well, they highlighted an exciting trip to Kitigan Zibi School.

#### INDIGENOUS FLOOR MAP AT IMMACULATA

Students had the opportunity to deepen their understanding of our Indigenous history and many current issues by exploring the *Indigenous Peoples Atlas of Canada* giant floor map. Its size (11 x 8 metres) gave the students the chance to walk across Canada from coast to coast and follow a timeline of Canada's Indigenous history.

Students discussed the importance of preserving Indigenous languages, human rights, forced relocation, as well as housing issues and water quality on reserves.



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#### **COMMUNITY CONNECTIONS**

CALLING GLEBE ARTISTS! The GLEBE ART IN OUR GARDENS AND STUDIO TOUR 2019 will take place July 6–7. We are accepting applications from artists who live, work or have studios in the Glebe. We are looking for a variety of high-quality, original artwork from painters, potters, sculptors, photographers. A few spots are available for guest artists to exhibit in a host garden in the neighbourhood. The deadline for submission is Apr. 30. For information and an application form please contact glebearttour@ hotmail.ca or visit our website for images of past tours: www.glebearttour.ca

CANADIAN CONNECTION REFUGEE GROUP SILENT AUCTION & CONCERT, Sat., March 9, Manotick United Church. Bar opens at 6:30 with Silent Auction (cash or cheque only). Concert at 7:30 p.m. with The Lyon Celtic Band. Tickets \$20 at the door and at Manotick Office Pro and Manotick United Church. To make a donation or for information email dmccarthy@idl.ca or imacrae123@gmail.com Money raised will benefit our Syrian refugee family.

**CANADIAN FEDERATION OF UNIVERSITY** WOMEN OTTAWA invite you to join us at our International Women's Day Cabaret featuring The Lyon Street Celtic Band on Sat., March 9, 2 p.m. at the Riverside United Church/Anglican Church of the Resurrection, 3191 Riverside Dr. Tickets only \$25! Music! Drama! Reception! The event is open to members, friends and family, so, of course, men are welcome. All profits to be divided between Elizabeth Fry Society Ottawa and our Scholarship Trust Fund supporting post-secondary education. Buy tickets at the next General Meeting Feb. 4, register online at cfuw-ottawa.org, or contact Christine Rollo at rollo.cfuw@gmail.com or 613-727-3857 or Gail Tyerman at tyermag@rogers.com or 613-680-1389.

**EXHIBITION ON MIGRATION IN EUROPE AND AMERICA** Until March 2, the gallery of Alliance Française Ottawa (352 MacLaren St.) is hosting an exhibition by Agence France Presse on European and North American migration crises: a visual illustration of the theme, with strong and unpublished photos of men and women trying to cross borders to find a better world.

FRIENDS OF THE FARM NEW SELECTION OF PHOTO CARDS FEATURING BOTANICAL ARTWORK The Friends have a new selection of 12 greeting cards with images from Blooms: An Illustrated History of the Ornamental Gardens at Ottawa's Central Experimental Farm featuring botanical and ornamental artwork. Six of the cards feature the botanical artwork of Faith Fyles and Arthur Kellett. The other six cards feature photographs of the Ornamental Gardens. The cards are \$4 each or \$20 for 6 and are only available to purchase at Bldg 72, Mon. to Thurs. from 9 a.m. to 2 p.m.

FRIENDS OF THE FARM PRESENTS BLOOMS,

a book about the Central Experimental Farm's Ornamental Gardens, the heritage plants in the gardens, and the fascinating stories behind their



creation. By local author, Richard Hinchcliff, this book makes a great gift for the lover of history and horticulture. Cost is \$35 plus GST. Available for purchase with cash, cheque or credit at the Friends office in Bldg. 72, Mon. to Thurs., 9 a.m. to 2 p.m. or purchase it online on our website with a credit card and pick up at the Friends' office or have it shipped to a location of your choice. There are two other wonderful books available for purchase in the Boutique, For the Love of Trees and Ottawa's Farm. Each is priced at \$25 + GST. Need more information? Email boutique@friendsofthefarm.ca or call 613-230-3276.

HERITAGE OTTAWA 2019 PHILLIPS MEMOR-

IAL LECTURE (heritageottawa.org) Modern History: Preserving Canada's Legacy of Modernism, Thurs, Feb. 21, 7 to 9 p.m., Ottawa Art Gallery, Alma Duncan Salon, 50 (special location). The architecture of the Modernist movement once spoke of the future. Now the buildings of the 1950s, '60s and '70s are past middle age. They need work and a critical look. This problem of modern preservation is acutely important for Canada, which built many of its public buildings, schools and cultural facilities during the Modern period. How do we reconsider these places today? And what tools can we use to adapt them for the future? The speaker will be Alex Bozikovic who is The Globe and Mail's architecture critic. He is co-author of Toronto Architecture: A City Guide (McClelland and Stewart, 2017), the recipient of a National Magazine Award and has written for numerous design publications. The lecture is free and there is no need to pre-register. Refreshments to follow.

#### LEARN AND EXPLORE SPEAKERS' SERIES

AT ABBOTSFORD HOUSE, 950 Bank St., each Wednesday, 12:30 p.m. \$2 admission includes speaker, tea/coffee and a home-made treat! Due to demand, please register in advance at Reception or call 613-230-5730. Feb. 20: Karim Gwaduri of Edward Jones will be joined by Jacques Coté, an Ottawa lawyer who specializes in wills and powers of attorney. Their

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presentation will focus on Powers of Attorney: who do you ask? What for? Financial and medical: why are there two? When does it "kick in"? How can you share your values and wishes effectively without knowing what the future will bring? Feb. 27: Margo Beak, Business Development Manager of Home Instead Senior Care will be presenting: Caregiver Stress...Caring for the Caregivers. People who hide their emotions are 1.5 times more likely to experience depression. This presentation will explore processes to help caregivers deal with the rigours of caregiving by acknowledging feelings and releasing them in a safe way. The goal is to find ways to manage these situations and help find solutions. MAR. 6: Janice Bridgewater, instructor, volunteer and traveller will present: Beautiful Ireland. Janice and her husband John recently enjoyed a trip of a lifetime to Ireland. Let's keep the "luck of the Irish" shining this month through Janice's photos and stories of their trip. MAR. 13: Patrick McGarry of Hulse, Playfair & McGarry will present What Happens to Your Digital Footprint When You Die? This is a relatively new challenge that your family might not readily think of in the midst of grief. Learn how to set up easy-to-follow instructions for your loved ones so your online presence is handled in a caring and proper manner. MAR. 20: Brenda Quaile is back. Brenda, a retired nurse who works with the Ontario Society of Senior Citizens Organizations will be presenting Its Not Right: Identifying Abuse. Brenda will equip us with tools to recognize the warning signs of abusive behaviour, mitigate the risks and find out where to turn to help older adults at risk. Ageism is part of abuse. MAR. 28: Sabrina Hudon and Jessica Marshall of HEXO Corp. will be presenting an educational session on medical marijuana. HEXO is a Gatineau-based company.

#### **OLD OTTAWA SOUTH GARDEN CLUB** usu-

ally meets on the second Monday of the month (except October) from 7 to 9 p.m. at the Ottawa South Community Centre (The Firehall), 260 Sunnyside Ave. Membership is \$25 per year, \$40 for a family and \$7 drop-in fee per meeting. Information: Ottawa South Community Centre at 613-247-4946. Mon., Mar. 11: Living walls, which use some innovative and more traditional products, can now be seen in some major buildings (e.g. Ottawa U) as well as in private homes and gardens. Trish Thompson (tropicalplants@xploret.com) will discuss setting up living walls and selecting suitable plants.

**OTTAWA BRAHMS COMMUNITY CHOIR** wel-

comes new singers. All voices invited to join, especially tenors and basses. No auditions required!! Great learning possibilities for new choir members in a friendly, supportive environment. Open rehearsals Feb 18 and 25 from 7 to 9:15 p.m., Parlour Room of Southminster United Church, 155 Aylmer Ave. Theme of our spring concert: "Rebirth" (Brahms, Bach, John Rutter, etc). Contact Sieglinde 819-568-8169 or just drop in. New website: ottawabrahmschoir.ca and facebook.com/ottawabrahmschoir/

OTTAWA NEWCOMERS CLUB is a non-profit, social organization for women who have recently moved to this area (and those who have experienced a significant life change), and would like to meet new people of similar interests by joining our many group activities. More information about us and what we do can be found on our website at ottawanewcomersclub.ca or by contacting newcomersclubottawa@gmail.com

TOPICAL TALKS AT ABBOTSFORD HOUSE,

950 Bank St., Mon., Feb. 25: Jennifer Heagle, co-owner of The Red Apron, one of the women at the helm of the development of a local food industry and culture, will speak about the innovative food programs she has developed and implemented, and the genesis of these programs. Mon., Mar. 25: Jamie Robertson is retired from his role as the General Counsel of the Library of Parliament. He will be presenting Parliamentary Myths and Realities. This will include an overview of the House and Senate. Cost: \$3. Refreshments (muffin, juice, coffee) at 9:45 a.m. Talk begins 10 a.m. sharp!

The WALK FOR DEMENTIA™ is back! Sat., May 11, Tunney's Pasture. It's not too early to register and to start your fundraising. For over 20 years, The Walk for Dementia™ has been The Dementia Society of Ottawa and Renfrew County's annual fundraising event. Monies raised support local programs and services that improve the quality of life for people living with dementia and their families, as well as support other activities like education and public awareness. Visit walkfordementia.ca today to register and to form a team, learn more or donate.

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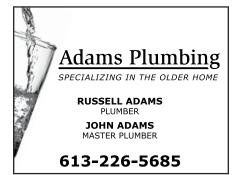
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Jocelyn Galipeau (left) and Claudia Salguero, artists, sculpt a snow creature in honour of Winterlude, on the corner of Bank and Second Avenue. The block of snow has morphed into a snowy owl. claudiasalguero.com, facebook/artis-techgo



GNAG.ca

#### **Glebe Neighbourhood Activities Group**



Glebe Community Centre 175 Third Avenue, Ottawa, ON K1S 2K2 613-233-8713 info@gnag.ca

www.ottawa.ca

TASTE IN GLEBE

Thank you to all our participants, guests and volunteers for a fantastic event!

Want to know who participated? Go to News at GNAG.ca.

## **GNAG Spring Co-ed Soccer**



online registration: Feb 28 at 7 pm

DEADLINE April 20

Please let us know if you can VOLUNTEER to help out your child's team.





