

COVID-19 IN THE GLEBE

By Roger Smith

As the coronavirus pandemic continued to spread like wildfire in early April, Kate Wagner still wasn't too worried about working 24-hour shifts in the intensive care unit at the Ottawa Hospital's Civic Campus.

The 35-year-old medical resident said there were fewer than five COVID-19 patients in the ICU, and there were still enough masks, gloves and gowns for doctors and nurses.

"Personally I don't feel all that fearful I could get it," she said. "But I acknowledge that could change. If we develop a situation like in Italy or New York, I think I'd feel trepidation."

Magner, who is staying with her parents in the Glebe after returning last summer from a long stint in New Zealand, sensed a calm before the storm. "There's a feeling and expectation that things are going to ramp up. Fears around the shortage of PPEs (personal protective equipment) are certainly increasing. We're not there yet, but the writing is on the wall."

As the *Glebe Report* went to press – a qualifier that should apply to all stories about the fast-moving pandemic in this monthly newspaper – it seemed the worse was yet to come, but the neighbourhood was already showing scars. Signs along Bank Street tell the story. Stores, bars, coffee shops and gyms shut down. A few restaurants still open, though only for take-out and delivery. Even churches closed, doing Easter services online.

"The timing couldn't be worse for us," said Dan Rogers, co-owner of Pints & Quarts since last August. "We got it up and running, we were in a



Customers wait outside Capital Home Hardware to pick up their orders. It's call and collect only; customers are not allowed inside the store. PHOTO: ROGER SMITH

good spot. Then, boom."

The pub laid off 17 servers, bartenders and kitchen staff. Rogers hopes to rehire them all when this is over. But with a \$15,000 rent bill each month and no money coming in, he admits it's a struggle: "We're just trying to stay afloat."

Kettleman's is still open 24/7 but only for take-out and delivery. Though customers are buying more bagels to stockpile in the freezer at home, that doesn't make up for the closure of its restaurant. No layoffs yet, but there could be.

"It's hard," says company spokesman Chris Saracino. "This is an

unprecedented event."

How many businesses survive and how many fold depends largely on how long the shutdown lasts. While emergency government aid should help, the Glebe BIA is urging neighbours to pitch in too. Its website inthelebe.ca provides links to local restaurants and retailers so customers can go online to order food or buy products and gift certificates.

"People are saying how can we help, how can we support them," said BIA executive director Andrew Peck, "and we are giving them a way to do that."

Meanwhile, essential businesses like grocery stores, pharmacies and liquor

stores are booming.

"We are struggling to keep up with the demand," said Jim McKeen, co-owner with his daughter Rebecca of McKeen Metro. "The first few days, there was panic. It was mayhem, like Christmas. Customer numbers were skyrocketing. That's changed. People now realize distribution channels have not been affected and you're going to get food."

Deliveries are up from 25 a day to about 100, with three trucks now instead of one. The store has also taken protective measures: no more than 50 customers at a time; tape on the floor to mark two-metre spacing; plastic shields at checkout. Along with a \$2-an-hour raise, staff were also given the option to stay home if they were afraid – few have taken it. Customers have shown their appreciation, with gifts of pizza, chocolates and flowers.

"Staff who are here want to be here," said McKeen, "and they know their responsibilities, just like front-line workers at the hospitals."

Hannah Reid is busier too as she works from her Glebe home. With stock markets crashing from February highs, the investment adviser with National Bank says clients have more time these days so they chat longer, not just about shrinking portfolios.

"Clients want to talk about how they're doing, they wonder how I am," she said. "I think people are concerned more about their health and their families right now than they are about their money. Maybe they haven't seen their statements yet."

Continued on page 2

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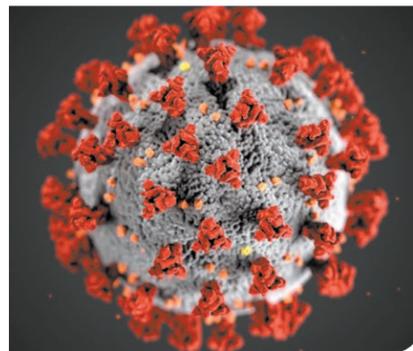
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For the next couple of months starting in May, we'll be exclusively online, eschewing paper in view of COVID-19 concerns. We'll return to our newsprint roots (while keeping our digital presence) as soon as we can.

WHAT'S INSIDE



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COVID-19

Continued from page 1

Amid efforts to enforce social distancing to prevent the spread of COVID-19, the four seniors' homes in the Glebe are being extra vigilant to try to prevent the outbreaks that ravaged other homes across the country. At The Glebe Centre, for example, the 254 residents have their temperatures taken twice a day, numbers in the dining room at one time have been cut in half to allow more distancing and family visits have been banned.

But staff, the so-called personal support workers (PSWs) who usually have part-time jobs at several homes, have been ordered to work at just one, with longer hours, to reduce chances of transmission – that's led to a staff shortage. So managers are stepping in. Bruce Hill, the director of charitable giving, now finds himself pushing wheelchairs, feeding residents and helping them set up FaceTime calls and ZOOM meetings with the families they can't see in person.

"Management's realized that with the shortage of PSWs, everyone's got to roll up their sleeves," he said. "For me, it's been a great eye-opener to understand the work these people do."

So far, so good. But again that qualifier – there'd been no outbreak in Glebe seniors' homes yet, when the *Glebe Report* went to press.

Former journalist Roger Smith is copy editor at the Glebe Report.



The closed sign in the window of Alicja's Confections reflects the unusual emptiness of Bank Street.
PHOTOS: ROGER SMITH



A Kettleman's truck delivers a bagel order to emergency room healthcare workers at the Ottawa Hospital's Civic Campus.

Sport, interrupted

There's a timeout on sports at Lansdowne. The junior hockey season was cancelled, depriving the first-place Ottawa 67s of a run at the Memorial Cup. The Red-blacks home opener on June 12 is on hold as the kickoff of the CFL season is postponed until at least July. The debuts of two new teams – Ottawa Atletico (soccer) and the Blackjacks (basketball) – are also uncertain.

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Escaping the pandemic maelstrom of Spain



By Douglas Bradley

I have travelled overseas extensively for 20 years and consider myself adept at changing itineraries on the fly. Once stuck in Trondheim during a Scandinavian Airlines strike, I jumped a train with no ticket, sat on the floor with half the Norwegian army, made it across the mountains to Oslo airport and, with 5,000 people storming the airline counters, finessed my way through and got a flight to Heathrow in time to meet my elderly uncle who was waiting for me there. That was scary, but nothing compared to our nightmare of being stuck in Spain as it spiralled downward into the abyss of the coronavirus pandemic.

When Italy became the European epicentre with 8,500 cases by March 10, we were in southern Spain and that seemed far away. We started to worry the next day, when airlines began suspending flights to Italy and the World Health Organization confirmed a pandemic. Our Air France flight on April 1 quickly seemed too distant, and my wife Cornelia and I decided to leave early. I found flights available on the airline website but whenever I pressed the “change reservation” button, nothing happened. Friends had tried to reach Air France by phone but gave up after being on hold for three hours. I read that with revenues tumbling, the airline was at risk of going bankrupt. On March 13, we took the bus to Malaga airport to talk with an actual airline agent. There were none. Things were getting scary.

Back in Nerja, we gave up on Air France, and I booked low-cost tickets online with TAP-Air Portugal to

leave March 13, Malaga-Lisbon-Newark-Ottawa. A Trump proclamation suspended entry into the U.S. for all foreign nationals as of 11:59 on March 13 but since TAP had sold me the tickets, I assumed we could deplane at Newark and catch our Ottawa connection. I tried for two days to reach TAP to get this assurance but could not. Now we could think of nothing but getting out. Then Spain announced a country-wide lockdown to take effect March 16. All tapas restaurants, bars, stores and beaches closed two days before that. We tried to find a travel agent, but they too were closed. When the full lockdown started, we were only allowed to go out for food or medical attention. Police cars prowled the streets. It seemed something happened each day that was unthinkable the day before.

We abandoned our TAP tickets to book something safer but more expensive with Air Canada. The cheapest one-way tickets were \$3,000 and rising by the hour. A suitable itinerary suddenly showed up for \$2,200 each so I jumped on it. It was a horrific price, but what choice did we have? Good old Air Canada wouldn't let us down! All we had to do was wait. Then it happened – on March 18, I checked our booking and Air Canada had cancelled it, with no email, no warning. Air Canada could not be reached. It was becoming



Doug Bradley and Cornelia Wagner in happier times on their vacation in Spain before it was cut short by the coronavirus pandemic.

PHOTO: LIZ MCNAUGHT

a nightmare.

That day, Prime Minister Trudeau called on Canadian airlines to get citizens home. Another Air Canada itinerary came open. Trouble is, the last leg was direct from London to Ottawa but the government had just announced foreign flights could only land in Vancouver, Calgary, Montreal and Toronto. Still, I booked it and hoped. Sheila Saliba, a Glebe friend, waited on hold with Air Canada for three hours to get us a legal connection through Toronto. We sat on pins and needles for three days. On March 21, we made for Malaga airport. It was all but empty. You could shoot a cannon ball through the terminal and not hit anybody. We boarded and held hands as the plane left the tarmac. We were out of the hotspot of Spain and heading for Germany. In Munich, we had reservations at the airport hotel

but authorities would not allow the Canadians out of the airport. We kicked up a fuss and they relented. The next day was surreal. A Lufthansa

A320, empty except for 21 Canadians, flew us to Heathrow, which was largely oblivious to social distancing. We connected to an AC 787 Dreamliner that was jammed to the rafters. As on the other flights, we wiped down the armrests, seatbelts and tray with disinfectant and washed our hands every 20 minutes.

After three flights and a very long day, we landed in Ottawa and kissed the ground. What kept us going during this trial? All of our Glebe friends cheered us on by email, and Sheila has become our new hero.

Douglas Bradley, former president of the Canadian Bioenergy Association and Climate Change Solutions, is now retired and has lived on Third Avenue with his family for 30 years.



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Images of the Glebe



PHOTO: LIZ MCKEEN

Glebe Comings and Goings

In this time of turmoil and economic upheaval, we need to get our priorities straight. It's our local businesses that are the backbone of the community, the Bank Street spine that holds us together – a metaphoric Bank Street encompassing all the business ventures in the neighbourhood.

What local businesses do we want to survive the pandemic? What local establishments would you miss if they weren't part of the neighbourhood once this passes?

To ensure their survival we must act now to support them in their time of need. Buy take-out from restaurants, buy online where you can, buy gift certificates for later use. The Glebe BIA has launched *Share Your Love GLEBE MARKETPLACE* at intheGLEBE.ca, where you can find a handy list of Glebe restaurants doing take-out and retailers selling online and offering gift certificates.

Let's use our economic clout (we do have some!) for the greater good.

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What's happening with the *Glebe Report*?

Dear reader,

Like many other organizations, the Glebe Report Association finds itself responding to the COVID-19 public health emergency. We decided that the April paper would be delivered by Canada Post to 3,800 residences in the Glebe, Dow's Lake and the Glebe Annex in order to reduce movements in our community – specifically by some 150 volunteers walking up and down our streets to deliver the paper at each door. We are also issuing a limited print run because

many retailers that usually carry the paper are closed; there will be copies in the few that remain open. If you received a delivered copy, please do not take another from the limited number of papers at those locations. Save them for others who did not receive a delivered paper.

Canada Post was a one-time-only delivery option, as the expense cannot be maintained in the long-term. We have decided that unless the public health emergency abates quickly, the May and June issues will only be published online. So

expect to view your favourite community newspaper at glebereport.ca. If you visit the site now, you can sign up for our newsletter and alerts to tell you when the May and June papers will be available.

The *Glebe Report* does not publish in July, and we hope to resume normal local volunteer-based delivery with the August edition.

Have a safe spring and summer. Stay well.

Patricia Lightfoot and Steve Zan
Co-chairs, *Glebe Report*
Association board of directors

glebe report

www.glebereport.ca

Established in 1973, the *Glebe Report*, published by the Glebe Report Association is a monthly not-for-profit community newspaper with a circulation of 7,500 copies. It is delivered free to Glebe homes and businesses. Advertising from merchants in the Glebe and elsewhere pays all its costs, and the paper receives no government grants or direct subsidies. The *Glebe Report*, made available at select locations such as the Glebe Community Centre and the Old Ottawa South Community Centre and Brewer Pool, is printed by Winchester Print.

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Views expressed in the articles and letters submitted to the Glebe Report are those of our contributors. We reserve the right to edit all submissions. Articles selected for publication will be published in both a printed version and an online version on the *Glebe Report's* website: www.glebereport.ca.

Please note that except for July, the paper is published monthly. An electronic version of the print publication is subsequently uploaded with text, photos, drawings and advertisements as a PDF to www.glebereport.ca. Selected articles will be highlighted on the website.



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Does the Glebe value money over nature? Cash-in-lieu of parkland

Editor, *Glebe Report*

I may be just catching up with old policies but I was shocked and dismayed to read in councillor Shawn Menard's monthly column that developers, when building new housing, must provide either space for a new park or give the city money and that, more often than not, in the Glebe, cash is put forth by developers, rather than green space. Who makes this choice between parkland and cash? Does the developer have this power and if so, why? If it is not the developer, does the city make this decision, rather than the ward? With the continuing densification of neighbourhoods, the choice not to create new parkland when possible only continues to crowd the Glebe's scarce parks and bodes very poorly for our future in this inner-city community. Do people in the Glebe value money over nature, natural spaces, trees, grass and the earth? I don't think so. It's time for our ward to take control of this issue within our boundaries and to do what its citizens value.

Dorothy Speak

Befriend a homeless person

Editor, *Glebe Report*

Homeless persons are having a tougher than normal time with the pandemic. Many restaurants are closed, some of which previously donated something to eat from time to time. Hostels are over-crowded and, according to some homeless persons, are not good places. For example, they get a bed but someone may vomit on them during the night or they might get caught up in a fight or even gunfire; hence, better to sleep in a parking garage. Panhandling has become a tough business – we tend to use credit or debit cards and no longer have change.

My suggestion: Befriend one of the homeless persons on Bank Street. All you need to do is occasionally talk with them, buy them some food, give them a jacket that you no longer need or whatever else (use your judgement). Do not give money – many will simply use it to feed their addiction. You need not tell them where you live. If you sense that others are also giving to the same homeless person whom you have befriended, use your better judgement.

George Neufeld

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Physical Distancing by Heather Meek

Opportunities and perils of these unusual times

Editor, *Glebe Report*

These unusual times offer opportunities we didn't have before – a chance to deepen our understanding of who we are, to discover new activities within small quarters, to be together in new ways, to learn something completely different from the web.

And these times come with warnings: there are perils in self absorption, in worrying about things beyond our control, in digging in with patterns that no longer work as well as they once did, in being less than we can be because of the tricks our minds play when we're not looking.

Of course, these opportunities and perils deal more with the esoteric than the practical. Many people will be concerned about finding enough money for food and rent, and I fear no one will remain untouched by illness or death.

Nadine Dawson
Teacher, artist and resident of
Old Ottawa South

LETTERS
editor@glebereport.ca

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**Glebe Report seeks
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The *Glebe Report* is urgently seeking a volunteer to take on the role of Distribution Manager. There are two parts to the role. The first involves maintaining and cultivating the volunteers who deliver the papers door to door. The second requires a weather-resistant space (porch, garage, etc.) to store the bundles of papers for up to 48 hours before delivery. Although this position only requires 10-15 hours' commitment each month, it is crucial to the continued success of the paper.

If you are interested, please email chair@glebereport.ca. Honorarium is provided.

Memories of Mrs. Tiggy Winkles

Editor, *Glebe Report*

I enjoyed reading the excellent March cover story on the regrettable closing of Mrs. Tiggy Winkle's. I did not get to add to the "memory wall," and so would like to comment here. Like so many, I am sorry to see the finale of this unique Glebe store, but I salute Maida Anisman, her family and staff for their signature presence here all these years.

In April 1977, as a young mother, I was given the delightful assignment of writing an introductory story on Maida and her new toy store on Bank Street. The original location was near Fifth Avenue beside the former Herb and Spice. I remember meeting Maida in the newly renovated space with its exposed brick wall and ornate ceiling with antique toys from her private collection displayed up high. The original stock of toys, books, dolls, stuffed animals, cars, trucks, puzzles, games, puppets and art materials was just the beginning for creating the most imaginative child-centred inventory, appealing to the kids, their parents and grandparents.

Who knew how successful and beloved this enterprise would become! Thank you from all of us. We will miss you.

Ellen McLeod

Dead giveaway

Editor, *Glebe Report*

Re: Op Ed? "Ottawa parking signs find new uses," *Glebe Report*, March 2020

Bob Irvine should have started his story by stating that the Irvin-Ski Institute in Vienna was studying the street signs in Ottawa to eliminate the cognitive deficits of brain trauma victims. Leading his story with the U.S. Navy Seals' General Rex Rockford was a dead giveaway that this was an April Fool's Day story. After all, what American general would even know where Ottawa, Ontario, Canada is, military intelligence being what it is?

Krikor Aghajanian

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Thanks for delivering!



AREA CAPTAIN NEEDED

The *Glebe Report* seeks an area captain to volunteer several hours one day a month to drop bundles of papers for individual deliverers. The role is crucial to the efficient distribution of the paper to our neighbours across the Glebe. The role requires lifting many bundles of papers and requires a vehicle. If you can help out, please contact the circulation manager at circulation@glebereport.ca.



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ON WORKING FROM HOME



By Alex Stecky-Efantis

On March 13 (yes, Friday the 13th), news spread fast that Ottawa Public Health was going to order changes to the way we work for the time being. “Social distancing” quickly became everyone’s duty. With a wife at home who is at risk for the virus, I packed up my laptop computer and important documents in preparation for setting up a makeshift home office. I have been working here ever since.

I’ve never been someone who dreams of working from home. I enjoy the stability of my daily routine of getting ready for and travelling to work. As an urban planner, my work involves a mix of meetings, analysis and writing. Much of this work benefits from being in the same room with colleagues while looking at and discussing drawings or maps.

On the first day, I set up my phone and laptop on the dining room table. While this worked for email and catching up on daily reporting, I realized conference calls and concentrating on report writing are very tough in the middle of the house. The radio was constantly reminding me of the deepening crisis, and the view of the kitchen was a distraction that might have led me to depleting the pantry way too fast when supplies are limited.

Once I moved to a more office-like space in a spare room with a desk, it



Alex Stecky-Efantis and his cat, hard at work at home for the duration
PHOTO: ALEX STECKY-EFANTIS

was much easier to get into a working routine. I have read that keeping up a routine is very important when working from home, and my experience suggests that is true. It is tempting to want to sleep in and go straight to work down the hall, but the ritual of having breakfast, showering and getting dressed before going to the office helps me get into a productive disposition.

During the first few workdays at home, access to the office computer network was hampered by the number of colleagues trying to access

the virtual private network (VPN) at the same time. This led to a few failed attempts at saving my work and frustrating experiences getting information. Having a reliable network both at home and at work is an important prerequisite for working remotely.

Meetings have changed dramatically too. Almost everyone spent the first few minutes trying to enable their computer’s microphone. Now that the basics have been established, we are all trying to spruce up our home

offices for more professional and unique settings during video calls. A nice way to make personal connections when so far away is to ask about that painting on the wall or inquire about someone’s favourite musician when they’re working next to their record collection. So far, my cat has tried only once to make a cameo during a video conference call. I forgive her as she is used to having the house to herself.

There are many positives in this new arrangement. Working at home is a lot like going into the office on those quiet days between Christmas and New Year’s. While not everyone I normally work with is around, this arrangement provides a lot of time to focus on tasks that are hard to do with interruptions.

Under these emergency circumstances, I am grateful to be able to continue to work and to provide a public service. Hats off to my colleagues in other city departments who are out on the frontlines, like transit operators and emergency services.

It has been an interesting experience, but I am looking forward to returning to my office when it becomes safe to do so.

Alex Stecky-Efantis is a Glebe resident and professional urban planner for the City of Ottawa who is new to working at home full-time.



GLEBE COMMUNITY ASSOCIATION



Changes due to COVID-19

Time to renew your GCA membership! Go to glebeca.ca

Everyone is doing things differently now to prevent the spread of COVID-19. The Glebe Community Association is modifying its annual membership drive. Instead of canvassing door-to-door, we are asking the community to join online or by mail.

The Glebe Community Association is a volunteer organization that unites residents interested in improving the Glebe. Together, we advocate for a liveable, sustainable, diverse urban neighbourhood.

Our committees are made up of neighbours who work on issues related to planning (like the Bank Street Height and Character Study), the environment, parks, traffic, heritage, health, housing and social services. New members are always welcome. We also run the Great Glebe Garage Sale.

For over 50 years, the Glebe Community Association has been a membership-based organization. Our opt-in active membership gives us credibility when we work with the City and other organizations. Please join us. We are a stronger community with your voice.

HOW TO JOIN:

Buy a \$10 membership (per household) online at glebeca.ca/membership (or go to glebeca.ca and click the JOIN NOW link).

or

Complete this form and mail it to the Glebe Community Centre, 175 Third Avenue, Ottawa ON K1S 2K2 with a \$10 cheque payable to the *Glebe Community Association*.

Name: _____

Street Address: _____

Phone Number: _____

Email Address: _____

Our area reps will miss connecting with you at your door and hearing what’s on your mind. Please get in touch anytime at gca@glebeca.ca.

Out of Africa, away from the coronavirus

By Janet and David Walden

As we visited Rwanda in mid-March to see the renowned silverback gorillas, the reality of the coronavirus crisis suddenly hit home when guides distributed hand sanitizers and surgical masks and briefed us on keeping our distance. These measures were partly to protect the humans on the tour, but they were mostly to protect the gorillas.

Gorillas share 98 per cent of the genetic makeup of humans so they are susceptible to human-transmitted diseases like Ebola and COVID-19. In 2002, the sudden death of 5,000 western lowland gorillas in Congo was attributed to Ebola. Gorilla Doctors, an international non-governmental organization, is now working to promote the health and wellness of gorillas and people alike, including vaccinations against Ebola. With COVID-19, the precautions against the spread of the virus are the same for both humans and gorillas.

We had been travelling since early February in South Africa, Zimbabwe, Botswana and Namibia. Our final stop was to be the highlight – a National Geographic tour to see the silverback gorillas and golden monkeys in Rwanda. From the capital Kigali, we travelled by jeep to the Virunga Mountains in the north, an area that became famous as the site of Dian Fossey’s ground breaking research and her memoir *Gorillas in the Mist*.

While we were following events in Canada and global responses to COVID-19 through various web-sites, the whole situation seemed a little surreal in sub-Saharan Africa where there had been only a handful of cases. Africa seemed to be one of the safest places as precautions were taken everywhere. At the airport, they took our temperature and interviewed us about our health. In

the craft market, each stall made us use hand sanitizer before examining their wares. Every time we entered our hotel, we had to use hand sanitizer in full view of hotel security.

We began to realize the impact of COVID-19 when we learned that Kenya had closed its borders to nationals from France, the United Kingdom, Italy and Switzerland and that Uganda was contemplating similar action. As a result, there were only three people on our National Geographic tour, ourselves and one other Canadian. The tour was scheduled for eight days but was cancelled after three. Thankfully our guide was flexible, so he decided to let us do the gorilla trek and then return immediately to Kigali.

As it turned out, the decision to cancel the tour was the right one. Returning to Kigali, we immediately went to the office of our air carrier to find a lineup that went outside the door and were told they were suspending all flights effective the next day. No flights were available for another two days; we managed to book seats on other airlines from Kigali to Nairobi to London to Toronto and finally Ottawa.

We spent the two days waiting at the Hotel Mille des Collines, the hotel featured in the movie *Hotel Rwanda*, where there were only five or 10 guests in its 112 rooms as Kigali was in the process of shutting down. Even the approximately 30,000 motorcycle taxis in the city had been ordered off the road.

When we arrived at the airport on March 19, we were made to wait outside and then required to enter the terminal one at a time. We again had our temperatures taken and were screened by personnel in protective clothing. Despite the delay, it all seemed relatively straightforward but once airborne we discovered it had been a close call – ours was the last flight out before the Kigali Airport



A Silverback Gorilla in the Virunga Mountains in northern Rwanda, seen just before the devastating effects of COVID-19 hit Rwanda. PHOTO: DAVID WALDEN

closed for 30 days. A few days later, Rwanda closed its borders, and the country went into complete lockdown.

We arrived in Ottawa after 30 hours of travel, exhausted but marvelling at our good luck – if we had tried to leave even a day later, the outcome would have been very different. At the time of writing, we are halfway

through our self-isolation, feeling well and still coming to terms with the enormous impact of COVID-19 on both Canada and Africa.

Janet and David Walden live in the Glebe and hope to return to Africa to finish their trip – but not for a year or two.



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We wish to thank all front line and essential workers at this time of crisis. Their selfless actions are keeping our communities safe and functioning. Our hearts go out to those experiencing loss of loved ones, and to all individuals and businesses that this crisis has impacted.

As we weather the Covid-19 storm, a shift to virtual platforms has enabled one and all to maintain important personal and business relationships.

Buying or selling a HOME has traditionally involved significant in-person contact, however, we have now adapted our procedures to respect social distancing guidelines. We can maintain the same standard of professional services with less in-person contact thanks to virtual technology.

While many choose to postpone real estate plans for now, we want to remind you that we are available to connect virtually and chat about the effects the pandemic has had on your real estate plans.

TOGETHER WE WILL GET THROUGH THIS!



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Thank You for showing up!

By Janice Manchee

I have a dog who's older and very excited about the emerging smells as the snow melts. Because he's older, we only go for two walks each day, and those walks tend to be slow and contemplative. Well, for me. He's too busy sniffing.

As I've walked through the Glebe over the past few weeks, surprised at but now getting used to the Christmas Day-like quiet, I've had a lot to contemplate.

Whatever your politics, I think it's fair to say that our leaders at all levels have been calm and measured in tone, informing us of what needs to be done and why they need us to do it.

But whom I really think about are the frontline workers.

We are very aware of the dangers and stresses faced by those in the healthcare system and by emergency responders. There is still the need to secure and provide sufficient personal protective equipment for healthcare workers. Firefighters, paramedics and police officers are out on the street, doing their jobs under even more taxing conditions. All these fellow citizens have exactly the same worries each of us does, but they are showing

up for their community.

But there are others who are equally essential and have not let us down.

I was in McKeen Metro last week and thanked a young man stocking a fridge for his work – for being there for us and making sure food is available in our community. He told me I was the only person who had thanked him.

Happily, that situation is changing as I write this, with multiple media outlets acknowledging the importance of previously unsung and all too often underpaid heroes in our food chain.

Everyone working at grocery stores in our community is doing us a solid, not to mention those who grow and produce the food, bring it to our community and deliver it to our homes. Then there's the restaurant staff cooking for us and arranging delivery and take-out.

Staff at our pharmacies are making sure we have the medication and products we need for our health, and workers at the LCBO and Beer Store are there to help some of us relax, but also to ensure those who depend on their products have what they need.

I had to pick up food for my dog earlier this week and waited while staff set up a pay station outside their front door. They apologized to me for

the wait, but what they were actually doing was protecting staff and ensuring that the furry little guy who keeps me smiling could continue doing so.

Bus drivers power up and down Bank Street with taxis and Ubers. My bike will be repaired and ready to go once all the snow's gone. I heard one story of the owner of Glebe Optical meeting a client at the door to fix their glasses.

I know I've forgotten someone who is working hard. Thank you too.

In this challenging time, I try to remember all the people who are showing up to keep you and me healthy, safe and fed – to keep the important things in our lives present and on as much of an even keel as possible. And I am well aware that most of these workers come into the Glebe

from somewhere else to support us.

Patty Hajdu, the federal minister of health, said in a recent interview that she hoped this experience would make her a braver politician. She's seen how quickly and decisively we can respond to problems in crisis; after this passes, she wants to use that knowledge to address the big issues facing us.

Remembering the lessons from this situation is a goal I share. Let's keep thanking and acknowledging everyone who's shown up for us, for our friends and neighbours. Let's not forget who is actually essential in times of crisis and let's consider how this value should be reflected.

Janice Manchee sings tenor in better times and appreciates the unsung heroes of the neighbourhood.



Appreciation for the City's garbage collectors PHOTO: LIZ MCKEEN

A MESSAGE FROM TRACY ARNETT

We recognize that with the constantly changing COVID-19 situation around the world, this is an unprecedented time for everyone — a time that, for many, is filled with uncertainty.

Our hearts and thoughts go out to each and every one of you.

We want you to know you have our commitment to continue providing you with our real estate services. This enduring mission guides us as we closely monitor, assess and respond to this situation.

Here at Tracy Arnett Realty, we have implemented important safety precautions. We thank you for your understanding.

Tracy Arnett

1) OPEN HOUSES

We have cancelled all physical open houses, but are offering virtual/video open houses to allow for added exposure of your home.

2) SHOWINGS

We have limited our visits to 1 group at a time. We have asked that only the buyers attend the property (leaving family members and kids at home), to limit the amount of people in your home. When possible, we have asked that Sellers leave their lights on and interior doors open for showings so that buyers do not have to touch anything in your home while visiting.

3) PHOTOS & VIDEO

We are able to proceed offering photo and video services. The photographers require that lights be left on and that the home be ready for photos, as they will not be touching anything in the home.

4) BUYER'S

We have made the step to only work with buyers that have been pre-qualified and have signed an exclusive agreement with Tracy Arnett Realty. This was done to limit the amount of people into your home and to focus on buyers that are ready to buy.

5) COVID-19

We ask all appointments (including staging, inspections, showings, etc..) reschedule if they have travelled in the past 14 days or if they are displaying any symptoms of the Coronavirus.

6) ADAPTABILITY

As the situation changes, we are prepared to re-analyze the situation daily and continue to bring in new measures to protect the health and safety of all involved.

7) SOCIAL DISTANCING

Our office has closed and all employees are working from home in an effort to limit unnecessary contact. Appointments and meetings are being completed virtually. When in person meetings are deemed absolutely necessary recommended procedures are being taken into account including, safe distances, masks, hand sanitizers, etc.

8) ELECTRONIC DOCUMENTS

Signing of all documents, including listing paperwork and offers has been moved to entirely electronic and our office has gone paperless for the time being. Feature sheets for your home are now electronic only.

When baby and pandemic arrive together

By Alisenne Boxall

They say it takes a village to raise a child. I never imagined that in my third trimester of pregnancy, our village would be under quarantine. They didn't cover that in *What to Expect When You're Expecting!*

I thought my husband and I had so much time to plan and get organized for our new arrival. After surviving the first trimester, this was finally the time when pregnancy got to be "fun." We started setting up the nursery the week before the first official pandemic announcements. I had signed up for prenatal yoga and prenatal salsa dancing classes at the Glebe Neighbourhood Activities Group (GNAG) in order to make new-mom friends. The classes were cancelled.

All my coworkers and friends who were parents told me that having a late spring baby is the best since the weather is nice and there's plenty to do. I was so excited to make new friends and plan fun activities in the Glebe this summer – walks in the park, French classes for parents and babies, coffee dates, yes please, coffee! My husband and I were looking forward to shopping for baby necessities at the Great Glebe Garage Sale to reduce our consumption of new items, some of which would only be used for a handful of months.

The baby shower was coming up, and many of my out-of-town friends, whom I don't get to see very often, had made plans to attend. Those plans were immediately cancelled. I started to realize we are going to be on our own. There will be no parties, no mom groups or classes. My mother-in-law, from a small village in Greece, told me I didn't need all this stuff, that they didn't have any of it "back in the village." However, they did have grandparents and a community to show rookies how it's done. That's what I'll miss the most.

Hospitals are limiting visitors to one, making women choose between their doulas and their partners. It's rumoured that by the time it's my turn, no visitors may be admitted due to a lack of protective equipment. Supply chains are broken; many items on our registry can no longer be acquired, and it's anyone's guess when stores will be open again. My sister lives in the United States and may not be allowed to cross the border to visit once the child is born. With government services being shut down or reduced, we don't even know if birth certificates will be issued. Will anyone be allowed to visit once the baby arrives, or should we wait a minimum of 14 days after leaving the hospital? Even after 14 days, can I really ask our parents, who are seniors, to put them-



Alisenne Boxall is experiencing pregnancy and birth in the time of the great pandemic. PHOTO: ALEX STECKY-EFANTIS

selves at risk? Or are they the ones putting me at risk? Will I be completely alone? Needless to say, my anxiety has been running high.

The silver lining is that the Glebe is an incredible community. I have a pregnant friend due around publication date (Congrats, Hilary?); she lives nearby and offered to share her parenting books and the supplies her newborn will outgrow before mine arrives. Both of us participate in the Glebe Buy Nothing Group on Facebook that has been supporting many new moms. If I did end up missing one critical item, I'm confident I could reach out and someone would help me. Someday, it will be my turn to help the next person after me. I belong to a number of online pregnancy and new mom groups where I can ask ques-

tions, like a virtual village back in Greece. Even if I feel alone when I haven't been able to hug anyone but my husband, I'm not alone, and this too shall pass. I feel so lucky we both have jobs that let us work from home, we are paid and we are safe.

I know that is not the reality for others in the Glebe and beyond, and I would encourage anyone who can to offer help. It's time for me to take a deep breath and be the best mom I can be. If any new moms or about-to-be new moms in the Glebe feel alone or overwhelmed, reach out to me! I'd love to be your physically distanced friend while we get through this together.

Alisenne Boxall is a Glebe resident who loves books and board games and is looking to make local mom friends.

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How are we all doing?

It was a really good plan – an old Spanish market, bourbon and beignets, a close group of family and friends. This was the wedding that was supposed to happen before COVID-19 crashed the party. Our son and his fiancé had planned to get married on March 20 in New Orleans, now one of the worst hot spots in the U.S.

Reluctantly, yet with grace and honesty, they postponed until late fall and spoke with every guest. One of many disappointments to befall our time. It does, however, give everyone more time to practise their dance moves and prepare to double-down on the celebration when it finally happens.

Carol MacLauchlan and Watson Gale

My Seriously No Name book club had a decision to make: to meet or not? Escalating restrictions plus barely-contained fears quickly overtook the question.

The club's current focus on immigration hadn't yielded many laughs. That fact, coupled with self-isolation and bad news, could have derailed discussion of Joy Kogawa's *Obasan*, a relentless poetic exposé of our country's shameful treatment of Japanese Canadians. But no! Having weathered 20+ years together, group members embraced the technology of the moment. Without glitches, its nine women on ZOOM screen succeeded in reviewing the novel before turning to challenges of the day. Seeing each other face-to-face gave them a much-needed respite and boost. The main downside? Only one person could speak at a time!

JC Sulzenko

I am a self-employed mother of three married to a civil servant who is working long hours from home. Some might think: "You've got this, you are already working at home and balancing kids and a career." The thing is, I'm an extrovert who now has to be anti-social. I have to look after the kids on my own so my husband can work, cook healthy meals and homeschool kids at different levels of learning. Sometimes I wish I'd get COVID-19 just to get a break from it all! Luckily, that's a fleeting thought, and I am simply thankful we are still healthy.

Mother of Three (name withheld)

Glebe neighbours! Appreciate COVID-19 frontline workers by making some joyful noise Wednesday evenings at 6:30 p.m. Get out your pots, pans, tambourines! Come out to your front doors, windows, balconies, porches and let's celebrate together, at a safe distance!

Rebeca Oueis



In years to come, our grandchildren (or our grandchildren's children) may ask, "What did you do in the pandemic, Grandma? Tell us a COVID-19 story, Grandpa." The coronavirus has swept into our lives like an avalanche, a *force majeure*, and changed everything. Here's what a few of us are doing to cope in these unprecedented times.

Zoom is a good platform for virtual gatherings. So far I have used it to host a book club meeting and an extended family dinner with all of us in our own homes eating the same thing – macaroni. There is a 40-minute time limit for gatherings of three or more, but you can schedule another meeting immediately after. Go to zoom.us and click Sign up for free. Follow the instructions to create an account and schedule a new meeting. Most of the default options are fine, but be sure to turn on Host and Participant Video (the default is off). When you click Save, the auto-generated email to participants includes a meeting link. For first timers, clicking the link will trigger a download of the Zoom app. By the way, our book this month was Antoine St. Exupéry's *The Little Prince*.

Don Hall

When the COVID-19 crisis hit, Oresta Korbutiak had to close Oresta, her organic skin-care confectionery in the Glebe, and her two other locations in Hintonburg and New Edinburgh. But Oresta got right back to business – she decided to do something good for our community. For 14 consecutive days, she ran an online auction on her Facebook page and Instagram to help agencies that support vulnerable groups. Each day, Oresta donated some of the wonderful esthetics products she sells. Bidders were told which agency would receive the money raised that particular day. You could bid every day, or you could bid just to support the agency of your choice. In total, \$4,650 was raised to help 14 charities, including local food banks, homeless shelters and centres aiding women and children. One day, Oresta's husband, artist Christopher Griffin, offered one of his paintings for the auction. Christopher will be continuing his support by auctioning a painting every Thursday on his Facebook page. The money raised will go to the Ottawa Food Bank. His auction can be accessed at @griffinartstudio. Kudos to Oresta and Christopher for doing so much to help!

Sheila Jenkins

I am knitting my very first pair of socks, something that I've wanted to do for a long time. All good until the pattern instruction "shape instep." After doing and undoing it a few times, I googled a YouTube video and, working along with the hands on the screen, conquered the shaping of the instep! Hurray!

The voice behind the hands explained that it was easier for her to move from left to right for a particular operation, maybe because she was right handed, or, she said with a chuckle, "maybe because I'm American and I like to see things move from left to right." Politics and knitting? I wonder if Trump got a pair of her socks.

Today I start the "instep decrease." Wish me luck.

Marisa Romano



ILLUSTRATION: HEATHER MEEK

Glebe soldiers fought in the two World Wars. Glebe healthcare workers are now fighting on the frontlines against COVID-19. Us "civilians" are being asked to stay home with family, food and Netflix. Not much of a sacrifice, really. So let's adopt a new motto: "On My Couch For My Country."

Roger Smith

In this time of crisis, I thank Bhat Boy for his Glebe jigsaw puzzle. A Christmas present a few years back, it was slowly assembled on a small table in our dining room. We took it to Norway when we moved there for a few years, thinking it would be fun to do during the long winter nights. That never happened, and it came back with us last year, long dormant in its box. Until coronavirus and self isolation. The puzzle is once again out of its box and back on that same table. And a good thing too. Our youngest daughter, Sophie, self isolated for 14 days after returning from Greenland and Denmark, eating room-service dinners in her third-floor bedroom while hooked up with the rest of the family via a WhatsApp video link. Once liberated, the puzzle didn't stand a chance. But she's had to contend for space with her parents who are addicted to hovering over the multi-coloured pieces until – aha! – another one bites the dust. It's a challenge to manage physical distancing as we rush in to triumphantly insert another piece!

John Crump



John Humphries is listening to his entire collection of CDs and albums from Abba to Zevon

PHOTO: JENNIFER HUMPHRIES

My husband John has decided to listen to all of his CD and vinyl collection, from Abba to Zevon. He's in the B's now and has rediscovered some gems and some "why did I ever buy that?" selections. I'd guess we're on CD 30 of about 300, and he has even more LPs. With all that great sound, the time was right to pull out the amazing "Glebe by Bhat Boy" jigsaw puzzle from a few Christmases ago. And I have been desperately missing yoga practice at Adi Shesha – I am so grateful that one of our wonderful teachers has videotaped two very Zen sessions and promises more.

Jennifer Humphries



PHOTO: JEANETTE RIVE



How are you passing your extra time?

What are you missing most? We'd like to hear from you.

Send us your thoughts in 150 words or less to editor@glebereport.ca.



Sarah Viehbeck

President GCA

@glebeca

gca@glebeca.ca

www.glebeca.ca

Challenging times for the GCA

These are challenging times for our neighbourhood, our city, our country and the world. It's hard to fathom how quickly and how profoundly life has changed in a very short time. Like everyone else, the Glebe Community Association (GCA) is responding as best we can.

Normally May is the busiest month of the year with our annual membership campaign and the Great Glebe Garage Sale. However, these are not normal times.

GREAT GLEBE GARAGE SALE CANCELLED – GIVE TO THE FOOD BANK

With regret, we have cancelled the Great Glebe Garage Sale for the first time in 35 years. We know people will miss this signature community event. But we can hold off ridding our basements of excess stuff and picking up new treasures for our homes. And we can find other virtual ways to connect with our friends and neighbours.

This cancellation will have a significant negative impact on the Ottawa Food Bank. The Great Glebe Garage Sale usually raises around \$12,000 for the Food Bank, to support the important work it does. This year, the food bank needs our help more than ever. Please consider donating to the Ottawa Food Bank right now. If you like, indicate that you are making this donation instead of participating in the garage sale.

MEMBERSHIP GOES ONLINE

May is traditionally when GCA volunteers go door-to-door for our annual membership drive. We take a neighbour-to-neighbour approach so it usually is someone from your own block who asks you to join the association at a cost of \$10 per household. This year, a door-to-door canvass is out of the question. Please join online at glebeca.ca or by mail. You'll find a form elsewhere in the paper.

Why do we ask for paid memberships? Our membership fees are the only source of revenue for the GCA, and they support the work we do to support a livable, sustainable, urban neighbourhood. There are always costs involved with organizing public meetings on topics like Bank Street, the Mutchmor Rink or Lansdowne and with supporting the work of our parks, heritage, environment and other committees.

But we value memberships for more than the money they bring in. Being a membership-based association gives us credibility when we advocate for community concerns. So please join the Glebe Community Association and keep our neighbourhood strong. There will be work to do in the year ahead to rebuild our bonds of community.

COMMITTEE NEWS

Even at this challenging time, our volunteer board and committees continue their work. The GCA recently supported a motion to maintain the urban boundary and stop urban sprawl. Members of GCA board have been discussing what intensification could or should mean for the Glebe. The planning committee has done some work on what mid-sized housing could look like, and the social services/health committee is looking at affordability and seniors' issues. Holding the line on urban sprawl will mean making room for more people in central, walkable communities such as ours, so it's important for us to consider and advocate for the kind of intensification that would suit our neighbourhood. Be in touch if you'd like to share your thoughts on this.

JOIN OUR BOARD

The Glebe Community Association will hold its annual general meeting in June. We hope we will be able to hold it in person by then. We are seeking nominations for our board. We have a few vacancies, specifically for board secretary, transportation committee chair and some area reps. Joining the board is a great way to contribute to your community, learn about issues and meet many interesting people. Reach out for more information to gca@glebeca.ca and we will arrange a telephone call.

NEIGHBOURLY, AT A DISTANCE

Most of us are doing our part in staying home. We've noticed many acts of kindness during this difficult period, but occasionally people are looking at each other with suspicion. When you do go out, we'd encourage you to smile and say hello, even as we physically distance. A friendly interaction – even if it's from two metres away or through a window – can help overcome the sense of isolation that many are feeling.

SUPPORT GLEBE BUSINESSES

It is hard to predict whether our local businesses will be able to survive the prolonged closures caused by COVID-19. But you can do something to help. A number of Glebe businesses, including restaurants, grocery stores, pharmacies, hardware stores and more, are offering online shopping, pick-up services or delivery. You'll find links on the Glebe Community Association or Glebe BIA websites. Please think about choosing a local business.

THANK YOU

A heartfelt thank you to all essential workers. We truly appreciate all you do.



Every member of our Villagia family is taking care of your family

While this is a difficult period for everyone, we are proud to continue to keep our community spirit alive.

We understand there is concern. Villagia in the Glebe has long established procedures and protocols in place for protecting the safety and wellbeing of our residents, and our employees.

As this unprecedented crisis unfolds, our commitment to caring for our seniors is stronger than ever.

To help protect our community, we are now offering appointments by phone and virtual tours. Contact Sue at (613) 617-7888

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Making the most of social distancing

The world has turned upside down in the past few weeks, forcing people to stay inside and avoid social interactions. The recent announcement that city facilities will remain closed until June 30 makes it all the more challenging. Many of us are finding ourselves with a lot of time on our hands, unable to gather with friends and family while waiting out the storm.

Glebe Neighbourhood Activities Group (GNAG)'s business is based on social gatherings, so we are adjusting to our ever-changing world.

Since the Glebe Community Centre closed on March 13 because of the COVID-19 crisis, we have been forced to cancel most of our programs and events. But our team has been developing creative ways to keep our community connected and engaged while maintaining social distancing.

We are fortunate to have access to online video-conferencing services such as ZOOM, Google Hangouts and Facebook Live to help keep family and friends in touch. It has become a vital programming resource for GNAG

On March 24, GNAG hosted its first fitness class on ZOOM followed by circle time with Jason Irvine and Boredom Busters with some of our favourite staff. The response was overwhelmingly positive. More than 100 people logged in and joined the fun. It was great to see everyone's smiling face again and to meet some new ones. We've also been thrilled to hear that many of our clients, having been introduced to ZOOM through GNAG, are now using the platform to connect with families and friends.

Tuesday, March 31 would have been opening night for our musical theatre production of *The Sound of Music*. After seven months of rehearsals and

planning, disappointment does not begin to describe how everyone felt when the show was cancelled.

To offset this stroke of bad luck, we decided to perform an online version. More than 50 cast and crew members logged onto ZOOM and performed the show from their own living rooms. No, it wasn't quite the same as doing it in front of a packed audience in Scotton Hall, but as they say: "The show must go on." It was certainly a joy to see everyone again.

What I have learned during this adjustment period is that we can spend this time in a positive way while maintaining social distancing. Instead of updating your social media, scrolling through the news or engaging in anxious conversations about the crisis, why not connect with your loved ones, join a social group or learn a new skill? We hope to see you in one of our ZOOM classrooms, sharing a moment of joy with your community. You can find the listing of our current programs on our website at gnag.ca under online classes.

When life returns to normal, which it will, we will need each other more than ever. With that in mind, we ask you, to please consider making a donation to GNAG.

Your donation will assist in the delivery of online programming during this difficult time. It will also ensure that we will be here in the future to offer the same programming and childcare that has made GNAG a vital part of the community for over 40 years. All of us at GNAG sincerely thank those of you who have already shown your support and generosity and those of you who will. You can donate online at gnag.ca.

GNAG is and will continue to be here for you.



*In happier times, members of the cast and crew of GNAG's musical theatre *The Sound of Music* gather for the first rehearsal.* PHOTO: LAUREN KIRK



Shawn Menard

Councillor, Capital Ward

613-580-2424 ext. 17017 @capitalward
 capitalward@ottawa.ca shawn.menard@ottawa.ca
 www.shawnmenard.ca

Capital Ward and COVID-19

At the time of writing, we're nearing the end of March and heading into our third week of self-isolation and physical distancing because of the spread of COVID-19. It is a stressful time for everyone and I hope you have been coping.

My office at City Hall has remained on the job, working remotely to help residents and communicating as much as possible during this difficult time.

We would like to offer our thanks and appreciation to residents in the Glebe, the ward and the entire city who are working to help people during the pandemic – from front-line health-care workers to essential business staff such as grocery store clerks and bus drivers and everyone else working to help the public. A nod, too, to community members volunteering their time and checking in on neighbours. The Glebe Community Association is doing a great job providing support and communication to the community. The Glebe Neighbourhood Activities Group has offered free online courses. The Centretown Emergency Food Centre is providing food to those in need. Thank you.

In order to make sure you have the most up-to-date information, you can visit the city's website for COVID-19 updates at ottawapublichealth.ca/coronavirus. In addition, we've been updating information on our website, shawnmenard.ca, where you can sign up for our e-Newsletter.

To promote physical distancing to reduce the spread of the virus, we have been working with city staff to provide greater safety for residents. I passed a direction at council for pedestrian push-buttons ("beg buttons" as they're known) to be re-programmed so that you don't have to touch the button for the light to change (though you will still be able to hold the button

down to trigger the auditory signal).

We are looking at ways to close down some lanes of traffic. We know people need to walk to the store for groceries and prescriptions, and we want to make sure everyone has enough space to practise physical distancing and enhance the walking, biking and rolling space so essential to our community.

We've begun volunteer outreach and have been helping residents in need and those falling through the cracks in our system. The city has set up a human needs task force to focus on the most vulnerable members of our community who may need help, particularly with shelter and food.

The need for social isolation may last for several more weeks or months. During that time, my office will continue to push ahead with important work for the city. This may require some creativity at times. Some public consultations will have to be done online, and we will be relying on email more than usual. This means some matters may take longer to resolve. We appreciate your patience.

It's a strange time. Our parks, which should be opening for spring, are closed. Bank Street – a busy, lively, urban hub of activity – is quiet. Stores are dark. Few people are out. If you are feeling overwhelmed or are struggling emotionally, don't be afraid to reach out. Call the Ottawa Distress Centre at 613-238-3311. They'll be able to help you.

Through all of this, I am struck by the sense of community in our ward, even as we're all stuck inside. I see people offering support, even at a distance, and looking for ways to help each other. Together, we will get through this.

Shawn Menard

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Staff of the Capital Ward councillor's office are, from left, Miles Krauter (Old Ottawa South), Mélanie Boyer (Heron Park), Ariela Kay Summit (Old Ottawa East), Jonathan McLeod (Glebe), Rosalind Curran (student intern) and Councillor Shawn Menard.

PHOTO: JOHN DANCE

The Team behind Councillor Menard

By John Dance

It's only been a year and a half, but Capital Ward councillor Shawn Menard has been vocal and effective in advancing the interests of the ward, its communities and the direction of the city. A key reason for this is the support of his four staff advisors, three of whom have been with him since the beginning of his term.

Whether it's COVID-19, the climate-change emergency, Lansdowne,

pushing back against excessive development proposals, affordable housing or LRT transparency, his team has passionately done the necessary research, consultation and policy development while simultaneously handling daily requests and questions from residents.

Ariela Kay Summit, Miles Krauter, Mélanie Boyer and Jonathan McLeod each brought varied and rich experience to the office when they were hired. Each has two basic roles – to

cover the issues for assigned communities and to be lead on specific files.

For instance, McLeod is the Glebe-Annex-Dow's Lake representative, but he also handles transit and transportation files and is the lead for public communications, briefing notes, policy papers and reports.

All four advisors relish the mix of broad policy issues and the nitty-gritty. "There's a variety of things, it's never boring and often difficult," says Krauter, noting how the range of issues and working with residents makes the job very "grounding."

"The appeal of the job comes from actually being able to accomplish something that has a direct impact on others," says McLeod. He cites initiatives like the restoration of the Mutchmor rink as examples of "fostering communities that are better for everybody's physical and mental well-being. We're not just pushing paper – we are all working together to advance a city-wide vision."

The four advisors and a student intern all work in the small open space in front of Menard's office at city hall. The phone rings continually and a white board listing both long-term priorities and immediate projects and tasks is easily visible to all. In terms of residents' calls and emails, 40 per cent during the winter are about snow and

ice clearing, 16 per cent are vehicle complaints, 11 per cent are about infrastructure issues, 10 per cent relate to neighbours, development and business, eight per cent are for water and hydro matters, another eight per cent are transit-related and seven per cent are about parks, environment and miscellaneous.

"We truly all work together in this office," says Boyer, "but my main responsibility is organizing Shawn's day – scheduling meetings, making sure he has time to eat lunch – as well as triaging emails we receive from constituents to the right person's inbox. I answer the phone with the help of our placement student and take care of service requests from our residents."

She says the best way to contact the office with an issue is to email capitalward@ottawa.ca "with as much detail as possible," because the councillor's office may not be aware of the background. She then assigns the issue to one of her colleagues and tracks it, unless it's a Heron Park issue, in which case she will follow up herself.

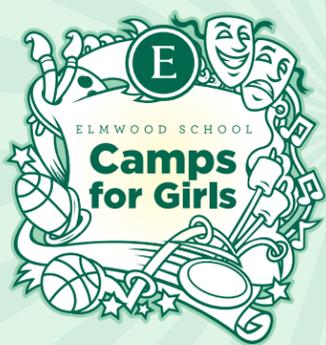
So what are the challenges of the job? McLeod says it "can be difficult trying to harness the power of the city because it is a dispersed city with desires that have severe detrimental impacts on our ward." He also notes that "the rules and protocols of the bureaucracy restrict us." On other fundamental problems, such as the implementation of photo radar, McLeod points out that "the city is hamstrung by the province."

As well as being the go-to person for the Glebe, Annex and Dow's Lake neighbourhoods, McLeod's files include Lansdowne, the Bank Street height and character study and heritage.

McLeod has a background in corporate communications. He spent the previous decade working in marketing and communications in the information technology and human resources staffing industries. In addition, he covered local politics as a columnist for the *Ottawa Sun* and *Ottawa Citizen* as well as the *Glebe Report* and *Centretown Buzz*. He was born and raised in Ottawa and has lived in the ward for the last eight years.

John Dance is an Old Ottawa East resident who takes a keen interest in the beauty and smooth functioning of the city.

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GCA cancels this year's Great Glebe Garage Sale

By Colette Downie

For the first time in 35 years, the Glebe will not be hosting the Great Glebe Garage Sale on the fourth Saturday in May.

The decision by the Glebe Community Association (GCA) to cancel the garage sale was an obvious one based on clear advice from the Public Health Agency of Canada, and a ban on mass gatherings until (at time of publication) the end of June. The decision follows the cancellation earlier this month of the associated Bank Street Sidewalk Sale. Thank you to the City of Ottawa's Event Central for the many helpful resources for event planning during the current crisis.

The more difficult decision made by the Board of the GCA was to cancel the sale altogether for 2020 rather than just postpone it until later in the year, likely the fall.

The choice was not an easy one. We recognize the importance of the sale to the vitality of our community, to our local businesses and to neighbourhood schools, churches and other organizations that rely on the sale to raise money. Our decision recognizes we likely still have a long road ahead of us, and it is better to provide clarity now. We also felt that even if public health advice allows a resumption of large events later this year, the garage sale would unlikely be as successful as usual and could complicate what will be fairly sensitive recovery efforts.

The Ottawa Food Bank, the beneficiary of signifi-



For the first time in 35 years, the Great Glebe Garage Sale has been cancelled. Donate to the Food Bank online, and keep your stuff for May 2021! PHOTO: JOCK SMITH

cant fundraising from the Great Glebe Garage Sale – last year we raised almost \$12,000 – is already being hit hard by the pandemic. We hope everyone will consider donating significantly to the Ottawa Food Bank to help make up for another blow to its fundraising at a time when its services are in more demand than ever. We will look for other ways to encourage donations, but the best time to donate is now – online at ottawafoodbank.ca/.

In cancelling the Great Glebe Garage Sale, we recognize the importance of and need for recovery initiatives once the worst of the pandemic is behind

us. It would be wonderful to have a community celebration to look forward to. Bank Street merchants and other local organizations will need our full support as we all recover and hopefully get back into normal life.

In the meantime, let's look forward to a bigger and better than ever Great Glebe Garage Sale on May 27, 2021.

Colette Downie is a member of the board of the Glebe Community Association and the volunteer coordinator for the Great Glebe Garage Sale.



A Jane's Walk leader points out little-known features of Montreal Road.

PHOTO: JANE'S WALK OTTAWA-GATINEAU

Jane's Walk postponed to September

ALTERNATIVE WALKS TO BE SHARED THIS SPRING

In light of the COVID-19 pandemic, the local Jane's Walk festival of walking tours will be postponed from the first weekend of May until September 12-13. In the meantime, the group will be offering new ways to explore our communities while respecting physical distancing.

The essence of Jane's Walk – connecting people and their communities – is more important now than ever before. While people must stay apart physically, Jane's Walk Ottawa-Gatineau hopes to create ways to connect and support each other through this isolating time.

Whether that is a virtual walking tour, a photo essay of a tour route, a scavenger hunt or another innovative idea, organizers hope to provide an array of alternative "walks" throughout the spring on janeswalkottawa.ca. Walk leaders and new volunteers are encouraged to flex their creativity and help create connections by dreaming up a new way for people to experience a walking tour. Have an idea? Get in touch

by emailing jane@janeswalkottawa.ca.

Jane's Walk improves urban literacy by offering insights into planning, design, local history and civic engagement by walking, observing and discussing. Last year, 3,000 people joined this sidewalk ballet, a festival featuring dozens of walking tours in celebration of the ideas of late author, urbanist and activist Jane Jacobs. She changed how we design and think about cities by promoting community vitality and a neighbourly street life. The festival normally takes place on the first weekend in May to mark Jane's birthday on May 4, 1916.

In its 12th year, Jane's Walk Ottawa-Gatineau hopes to offer more than 60 different walking tours in September. Mark your calendars and, in the meantime, get creative and dream up a "walk" in a new format to share online!

To get updates on the festival, visit our website janeswalkottawa.ca, and follow Jane's Walk Ottawa-Gatineau on Facebook, Twitter (@JanesWalkOtt) and Instagram (@JanesWalkOttawa).

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The Glebe according to Zeus

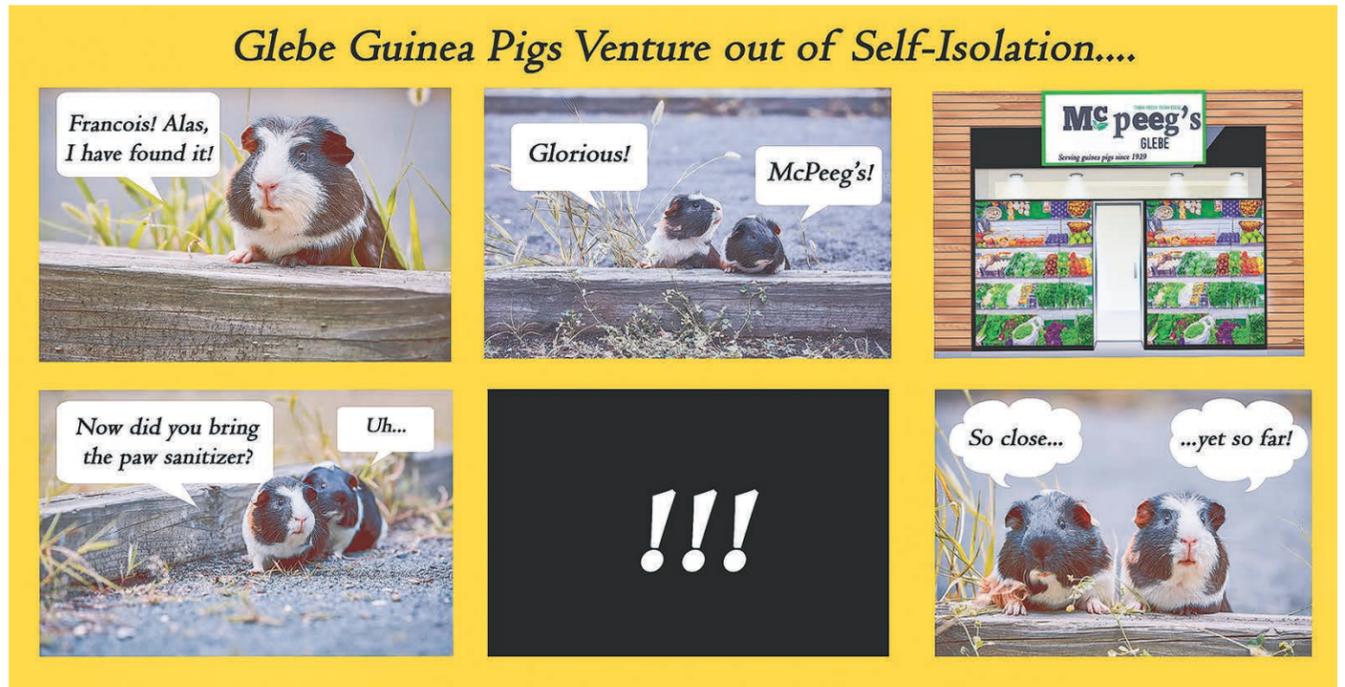
A GUINEA PIG'S PERSPECTIVE ON THE GLEBE

Guinea pigs gouge residents or just inept at service?!?

Hoping to do its bit during the pandemic, GiddyPigs.com has been offering furry rodent services to biped neighbours who need help or encouragement. However, reports have circulated that GiddyPigs.com may be gouging vulnerable Glebe residents or its staff might just not be cut out to provide services to bipeds.

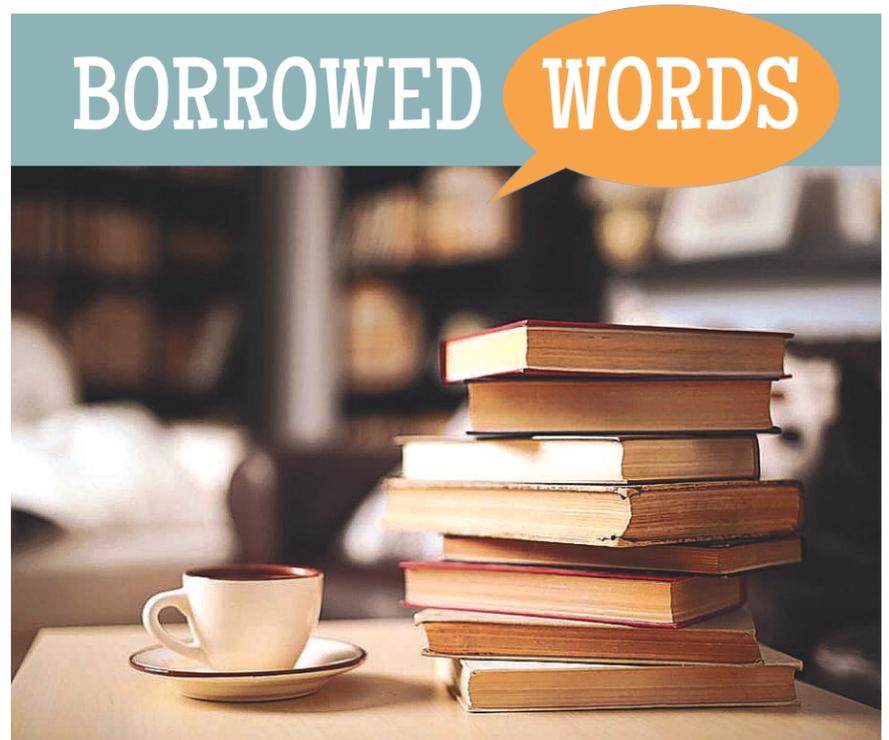
"I got a call from one guinea pig, Floof, who offered to sit on me while I teleworked – but he was charging \$50 an hour! That's more than I make in three months!" complained Mario, who has been selling newspaper advertising from home since 1967. "When I said I couldn't afford it, he said he'd show me how to telework instead of telework and still get paid!"

More disconcerting, two guinea pigs, François and Jean-Guy, are suspected of running a full-on scam. More than one report has surfaced alleging that François offers to pick up groceries, insisting on advance interac e-transfers to Jean-Guy, and then neither ever shows up. "I don't know



whether they ate the groceries or just took the money!" shrugged Benoit, a renter on Second Avenue.

A GiddyPigs.com spokesperson claimed that staff do their best and would never scam. "Guinea pigs may sometimes seem unreliable, but remember they have very short legs and may not be the best planners. Not used to activities such as shopping and working, they need your understanding. The important thing to remember is that this will eventually be over, and, gosh darn, life shall be grand again!"



The Language of literature

By Michelle Brooke

Due to social distancing and self-isolation, you may find yourself with more time on your hands these days. One pastime that many of us turn to at times like this is reading – there is nothing quite like getting lost in a good book. As I've been reading more myself, I've started to wonder what role linguistics plays in the books we read.

An author must have a story to write – this is the content of their book. But they also make many stylistic choices. What words will they choose? How will they combine these words? These are questions of form. Content and form are greatly intertwined in the creation of meaning. They are, in fact, inseparable.

The way we say something conveys just as much as what we say. We all make stylistic choices in language every day. For example, the way we speak to our close friend differs from the way we speak to our respected professor. In linguistics, this is called "register". We vary our stylistic choices based on context and

audience, and this transmits meaning.

Similarly, an author must choose the right words and arrangement of these words (i.e. syntax) in order to create the desired effect. For example, let's take a look at this quote from *The Call of the Wild* by Jack London: "The ghostly winter silence had given way to the great spring murmur of awakening life. This murmur arose from all the land, fraught with the joy of living." This description uses vivid words to draw on particular emotions. This phrase would not produce the same effect had it been written, "Spring had pretty much sprung." There is a difference in what is said, because of how it is said. For this reason, a paraphrase or translation can never perfectly capture the original meaning.

The style of a phrase produces meaning and cannot be separated from the phrase. Through these stylistic choices, authors create the literary works we love.

Michelle Brooke is a Carleton student majoring in linguistics and French, and minoring in German. She loves learning and writing about language.

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Abbotsford reaches out during the pandemic

By Karen Anne Blakely

Abbotsford House shut down March 13 because of the coronavirus pandemic but staff are busy calling and emailing to check on members and clients during our closure. All are being offered a “telephone reassurance check,” either daily or weekly, so they can get the latest information and we can make sure they are well.

Staff working from home continue to support seniors by arranging rides to essential medical appointments and helping with the delivery of Meals on Wheels. We are also guiding them through the process of ordering groceries online; for those who cannot wait for delivery or are unable pick up orders themselves, we will do it for them.

Many members who come to Abbotsford for classes and lectures are adjusting, like all of us, to being shut in at home. We are sending them weekly emails suggesting activities they can do at home, including online offerings like fitness classes and virtual tours of museums.

To those more constrained by frailty or dementia, we are sending activity packs that might include games like beanbag toss and simple bingo. We are also offering fuzzy mechanical cats, toys that move about, entertain and serve as substitute for those who can-

not care for a real pet.

When we do finally open again, members and visitors will welcome some of the latest renovations to our old stone house built in 1872. We have replaced nine windows thanks to a generous grant from the provincial Ministry of Seniors and Accessibility. Seven replaced the large windows in the multi-purpose room that were originally installed in 1920s to light up the space. It is used by older adults and adults with disabilities for fitness classes, dance, Zumba, tai chi and ping pong. The new windows will allow more fresh air in the room and continue to let in light from the west.

The window in the main floor kitchen has also been replaced along with one office window on the second floor. The work was completed March 16.

Abbotsford is your Seniors Active Living Centre. We are the community programs and services of The Glebe Centre Inc., a charitable, not-for-profit organization which includes a 254-bed, long-term care home. Mon.-Fri. 8:30 a.m.-4:30 p.m., 613-230-5730. Check out The Glebe Centre facilities and community programs on our website glebecentre.ca.

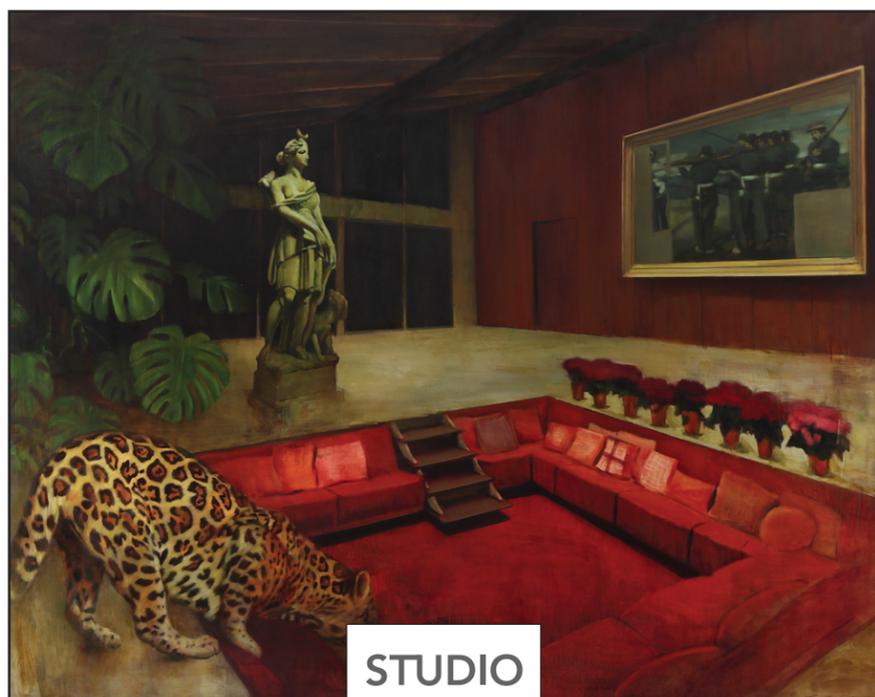
Karen Anne Blakely is the director of community programs and services for Abbotsford at the Glebe Centre.



Abbotsford staff are busy calling during the pandemic to check up on clients and members. From left: Jen Day (Day Away), Bruce Hill (Director of Charitable Giving) and Kirsten O'Brien (Community Support Services). PHOTO: SHIRLEY LEE



During the closure due to the pandemic, Abbotsford's windows are being replaced. PHOTO: PAT GOYECHÉ



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3 cups well washed, sliced leeks
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1 tbsp salt
¼ – ½ cup heavy cream
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until soft. Add cream and serve.

By Carolyn Best

Pliny, the vaunted historian of the Roman Empire, wrote, “Leeks sweeten the voice.” And the Greek philosopher Aristotle attributed the clear singing of partridges to their fondness for the vegetable. First domesticated some 4,000 years ago in Mesopotamia or Egypt, leeks were widely consumed in the ancient world. They are often depicted in Roman frescoes of feasts. The classical world was convinced that leeks improved the human voice. The Emperor Nero, whose notoriously poor public performances were much mocked by later Roman historians, ate so many leeks in trying to improve his mediocre singing talents that he became known as “the leek eater”.



Leek and Potato Soup – may it sweeten your voice! PHOTO: CAROLYN BEST

In Wales, one finds again that curious intertwining of the leek and song. The small country, which has the plant as its national emblem, is known as the Land of Song and has had an outstanding heritage of vocal music for over a thousand years. In 1194, the chronicler Giraldus Cambrensis described Welsh singing in his *Descriptio Cambriae* (*Description of Wales*): “In their musical concerts they do not sing in unison like the inhabitants of other countries, but in many different parts; so that in a company of singers, which one very frequently meets with in Wales, you will hear as many different parts and voices as there are performers, who all at length unite ... and, what is still more wonderful, the

children, even from their infancy, sing in the same manner.” Still today, most Welsh towns and villages have their own choirs. Typical of their songs are those of dramatic narratives, heart touching and imbued with melancholy.

Legend tells that leeks have been the national symbol of Wales since 632, when an army led by King Cadwallon of Gwynned (North Wales) wrapped leeks around their helmets before defeating the Northumbrians at the Battle of Hadfield Chase. An even earlier tale narrates that the nation’s patron Saint David (died 589) ordered the soldiers of the Welsh armies to wear leeks as they fought against an army of pagan Saxon invaders.

But the Welsh affinity for the leek pre-

dates Christian time. Except for Ireland, the Roman invasion of western Europe spelled the termination of Celtic culture, which fell first in France and then in Britain. Wales, the most westward land conquered by the Romans, was the last to succumb. The Druids, the learned class of the Celts – priests, poets, healers, judges, minstrels – held the leek in greatest esteem. In the lore of their sages, the leek conferred protection against wounds in battle. Its use for this purpose passed down through the ages in Welsh history.

In a later version of the Cadwallon story, the incident took place at the Battle of Crecy in 1346, when Welsh archers fought in the army of Edward III. This variant is referenced by the Welsh captain Fluellen in Shakespeare’s *Henry V*: “Your grandfather of famous memory, an’t please your majesty, and your great-uncle Edward the Black Prince of Wales, as I have read in the chronicles, fought a most brave battle here in France. . .the Welshmen did good service in a garden where leeks did grow, wearing leeks in their Monmouth caps.”

Shakespeare’s Welsh characters refer to leeks on several other occasions in this play, a clear indication that by 1599, when *Henry V* was written, the English also identified them with Wales.

Down through the ages, from Druidic heritage when members of the plant kingdom – trees, flowers, fruits, vegetables – were worshipped and used for occult purposes, the leek has remained the significant symbol of Wales. The curious connection – they sing, and they eat leeks.

Carolyn Best is the former proprietor/ chef of The Pantry vegetarian tearoom, and a regular Glebe Report contributor on food.

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Grandma Lindsay's special pie crust

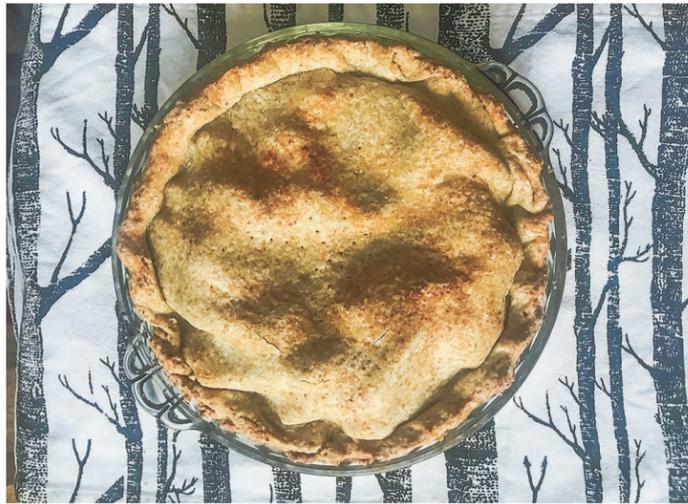
By Marisa Romano

On March 14, on the cusp of the call by public health officials for social distancing, nerds and social activists alike celebrated one last time before closing their doors to friendly gatherings and opening Zoom connections instead. They rummaged through time-worn recipe boxes to dig out the one for the best pastry crust recipe ever. The occasion? The celebration of “pi.”

Back in 2009, the United States proclaimed March 14 – or 3/14 in the month/day format – as National π (Pi) Day in celebration of one of the wonders of mathematics: the number that describes the ratio of a circle's circumference to its diameter. It starts with 3.14 and continues with digits that go on forever!

So while some nerds celebrate the annual event by competing to see who can recall the most digits in Pi, others turn to the kitchen in hopes of capturing the blue ribbon for the best pie in town.

The Pie Day frenzy has spread, and social activists have recently stepped forward with their own P.I.E., a commitment to Public, Intentional and Explicit celebration of diverse genders and



Crystal Maitland's grandmother made a wonderful apple pie, made with wheat germ and no added sugar. PHOTO: CRYSTAL MAITLAND

sexualities in communities across Canada. It's a chance to honour the full inclusion of LGBTQ2SIA+ people in National Affirming/PIE Day. Starting last year, many compete in the kitchen for blue ribbons on March 14, spreading P.I.E. love.

Although celebrations had a sombre tone this year because of COVID-19, some keeners still baked pies. Glebite Crystal Maitland was one of them.

She came to my door with one of her apple pies with an unusual pastry, her grandma's special recipe. Her other pies were served in celebration of P.I.E. day at Glebe St. James United Church the next day.

The nutty taste of the thin crumbly crust is what spells “pie” for Maitland. It reminds her of the weekend dinners at Grandma and Grandpa Lindsay's home in Alberta where she grew up. It was “a grand family affair around a big multi-leaved oval dining room table,” she recalls. “Almost without fail, dinner would be finished off with pie – usually apple or rhubarb.”

Grandma Lindsay's special crust calls for wheat germ, an unusual ingredient for such an old recipe. I asked if her grandma embraced the hippy movement that introduced new foods into the North American diet in the 1960s

and 1970s. “Grandma was a bit of a health-nut, but not a hippy,” chuckled Maitland. “She was much more traditional than that. But there was lecithin added to any gravy to emulsify the fat and brewer's yeast mixed into the morning breakfast orange juice. And wheat germ in anything that wheat germ can be added to.”

For the sugarless filling, Maitland uses a selection of apple varieties. “Some that turn more quickly to sauce and some that keep their form a bit better,” she explains. “I confess that no two pies have the same apples in them, but I always like to add Russets when they are in season. They have a lovely flavour when baked.”

The apple blend brings a complex taste enriched by a generous sprinkle of cinnamon. The sweetest variety that Maitland added to her pie gave the filling all the sweetness required with no need for extra sugars.

We shared the pie around the table, the last affair before social distancing. Before she left, she agreed to my request to share Grandma Lindsay recipe with the readers of the *Glebe Report*. Now that we are all cooped up with more time to spend in the kitchen,

we may be inclined to try it.

Marisa Romano is a foodie and scientist with a sense of adventure who appreciates interesting and nutritious foods that bring people together.



Vegetable Oil Wheat-Germ Pie Crust

(or, as on Maitland's handwritten notes reported, “Grandma's Pie Crust”)

Makes one two-crust pie.

Mix with a fork:
2 cups all-purpose flour
1/2 cup wheat germ
1 tsp salt

Add the following, blending until mixed, but not over working:
1/3 cup cold water
1/2 cup+ vegetable oil (enough to make the crust come together. Usually I find it is closer to 2/3 of a cup. I usually use canola oil).

Split in half and roll out between two pieces of waxed paper. Remove top sheet of waxed paper and use bottom sheet to transfer to pie plate.

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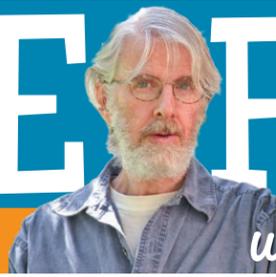
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AT THE FLICKS



with Lois and Paul



Kalifornia: Serial Killer with Panache

Directed by Dominic Sena
(US, 1993)

Review by Lois Siegel

If you haven't seen *Kalifornia*, you might want to check it out. A film with strong production values about a serial killer, and violence tastefully done? You decide.

The film stars Brad Pitt, Juliette Lewis, David Duchovny, Kathy Larson and Michelle Forbes. Dominic Sena creates a little masterpiece which

provokes the same excitement we felt when we first saw *Blood Simple* by the Coen brothers. We knew there was something new and unusual about their film. Sena, too, has something special, and you'd better be ready for anything because *Kalifornia*, isn't a leisurely trek out West.

It drags the desolate countryside along and makes us feel what goes on as we ride.

There is a bit of voyeur in all of us. Most of us confine our urges to watching curiosities in the safety of our living rooms on TV. A few of us vicariously satisfy our inquisitiveness through our occupations. We decide to make a living exploring what we

don't know. But an exploration into the unknown can be dangerous.

In *Kalifornia*, a young couple sets out to make some money by producing a book on serial killers. But like all innocent-victim movies, the hunters soon become the hunted, and the ingenious become targets of the perverse. The theme of the film may be similar to other victim movies, but the content and execution certainly are not.

Academia meets poor white trash. Brian Kessler (David Duchovny) is conducting a study of serial killers. The earring he wears indicates his willingness to explore beyond accepted norms – he's cool.

His more upright girlfriend, Carrie Laughlin (Michelle Forbes), is a photographer, but she has a kinky edge because her photos hint at pornography. Brian convinces her to take pictures of the places where grisly murders were committed as he records the gory details of the slaughters on his tape recorder. She agrees only because their destination is California, a place with hope for a new future; where they live now is an eastern small town, and it's hopeless.

Brian places a little note on the university bulletin board looking for

someone to share expenses. Enter Early Grayce (Brad Pitt) and his "mama" girlfriend Adele Comers (Juliette Lewis). Early makes poor white trash seem like a compliment. The two couples represent the extremes of Emily Post etiquette: Eat with a fork versus clean your toes at the dinner table.

Early also has the habit of digging graves for people who insult him. His other pastimes include dropping gigantic boulders from overpasses onto passing cars late at night "just for the fun of it." Early Grayce is a serial killer with character so no matter how much you don't like what he does, you still find him fascinating. He's extremely out of place in the world. Early's sidekick, Adele, tries her best, but she's a bit dense. Her dumbness becomes her charm.

Kalifornia, as the misspelling of the state suggests, is a misadventure, and only a few come out alive. The film received the Best Artists Contribution award at The Montreal World Film Festival

Running time: 1 hour, 57 minutes
Available: Amazon.ca. Please note:
There are now great older films
available on Amazon

Portrait of a Lady on Fire

Directed by Céline Sciamma
(France, 2019)

Review by Paul Green

Directed by Céline Sciamma – feminist, lesbian and filmmaker extraordinaire who works only in France – *Portrait* (French title: *Portrait de la jeune fille en feu*) is a film about women, art and the female gaze. It is also a many-layered examination of the creative process.

In a brief sequence that serves as prologue, a young artist, Marianne (Noémie Merlant), is instructing an art class when she observes that one of her female charges has been looking at some of Marianne's paintings on a nearby rack. "Is this your work," she asks. "Yes," replies Marianne. "When did you do this?" "Oh, a long time ago." In the painting – a night scene – a tall, young woman standing near a bonfire is seconds away from realizing that the hem of her dress is on fire. The tableau bears the same name as the film we are viewing.

In the next scene – and here the narrative begins to unfold as flashback – Marianne is in a longboat travelling to a small island off the Brittany coast. It's a rough passage and at one point she is obliged to jump into the ocean to retrieve her boxed-up canvases that have washed overboard in a heavy swell. This is going to be a difficult assignment.

Marianne has been commissioned to paint the headstrong Héloïse, the portrait to be sent to a prospective suitor in Milan. Héloïse, of course, is the young woman on fire in the above painting, and she is a most reluctant bride.

(Adèle Haenel, who portrays Héloïse, is the French actress who recently carried off a spectacular exit from the French César Awards at the Salle Pleyel in Paris, to protest the best direction award given to Roman Polanski.)

While it is difficult to be precise about the period, my guess is we are coming up on 1789 and the French Revolution. Still soaked from her watery crossing, Marianne arrives at her destination where she is dumped unceremoniously in front an imposing

mansion that has perhaps seen better days.

Here she is taken in hand by the maidservant, Sophie (Luana Bajrami), a sympathetic young woman who answers Marianne's questions to the best of her ability. Yes, she has been with the family for three years. No, she has known Héloïse just a few weeks, as the latter has only recently returned from a convent. When she meets Héloïse's mother (the much-underestimated Valeria Golino), she is informed that her daughter's portrait must be painted without her knowledge. In short, a subterfuge that does not make Marianne's task any easier.

It seems the deception, in which artist must pass herself off as walking companion, is necessary because Héloïse made short work of the previous artist who was unable to complete his work. On her walks with Héloïse (the imposing Adèle Haenel from 120 Battements par minute or BPM), Marianne is careful not to ask too many questions, though she does inquire about her sister who fell (or jumped?) to her death from a cliff. Apparently, the unnamed sister was supposed to marry the man who is now Héloïse's suitor.

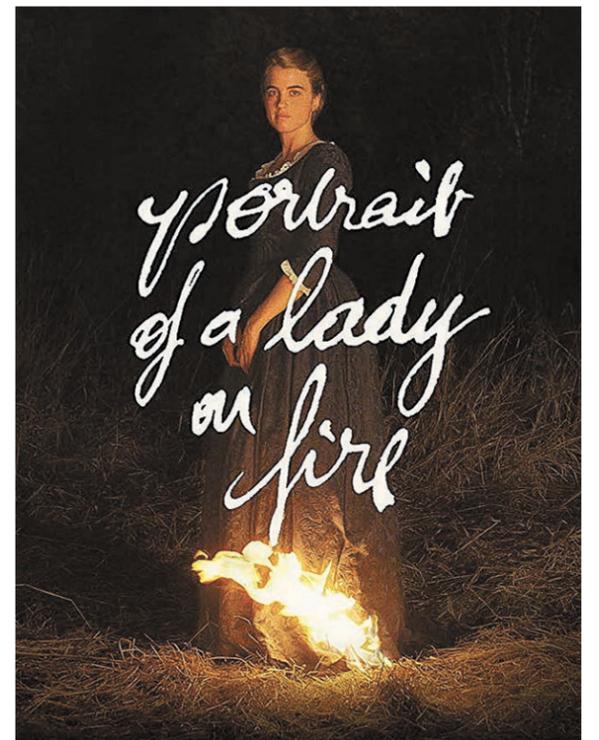
Thus begins a natural complicity between subject and painter. The film follows a friendship that nearly ends when Héloïse realizes that Marianne has been sketching her surreptitiously all along.

Portrait is a patiently plotted film in which the director is at pains to remind us just how closely the lives of women were circumscribed in the patriarchy that was 18th-century France. While the high-born Héloïse envies Marianne her independence as she plies her artistic craft, the latter complains that she is not permitted to paint male subjects, at least not nudes.

The two women grow closer during the absence of Héloïse's Italian mother. Their scenes together are supplemented by the presence of the soft-spoken Sophie who finds herself pregnant and does not wish to be. There is discussion of menstruation and folk remedies for ending an unwanted pregnancy. The solidarity between these three women, which crosses class barriers, is quite moving.

There is no musical score in *Portrait*, just the ambient sounds of a sparsely-furnished but not unwelcoming house – the crackling of a fire, the rustling of silk and the gentle clatter of kitchen utensils. There is more emphasis on the lives of women when Marianne and Héloïse take Sophie to the village

midwife who will do an abortion. That same night, Marianne and Héloïse, now poised on the brink, gaze at each other across the village bonfire, while the peasant women sing "Non possum fugere" ("I cannot flee"). A later reference to the tragic myth of Orpheus and Eurydice in the Underworld hints at the outcome of their relationship, or at least its impossibility.



The little bit of music heard on the soundtrack is mostly Vivaldi, particularly *I Quattro Stagione*, which an orchestra is performing in a public hall. Marianne is in the audience and spots Héloïse, now married with a child, across the hall. It is five years since they last saw each other. We watch Héloïse through Marianne's eyes, as Vivaldi's music washes over them. It is possibly the first live orchestra that Héloïse has heard.

Remarkable performances and exquisite cinematography round out *Portrait of a Lady on Fire*, a period piece of the first order.

In French with English subtitles.
Running time: 121 minutes.
Probable rating: 14A.

PERILS OF AN INDIE FILMMAKER

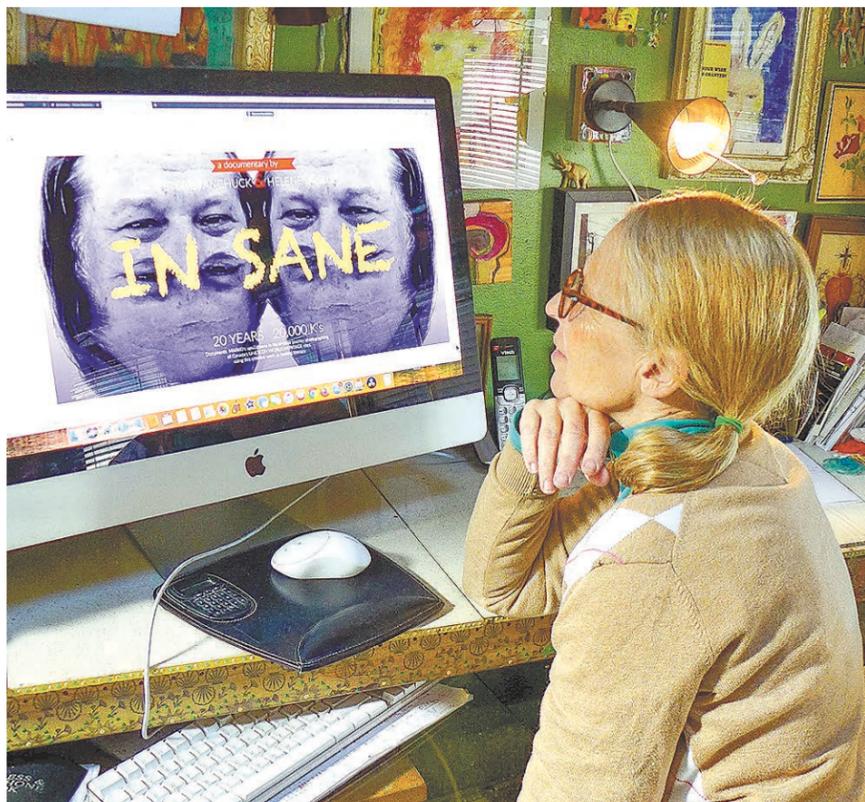
By Peter Evanchuck

I was downing a Corona the other day, thinking how the name of my favourite beer resembles a virus, when I suddenly got up and headed for Toronto to begin shooting my new fiction film with a working title *Wonder Wieners*, an absurd existential drama about a para-homecare worker (Helene Lacelle) who enters the life of a desperate, poor and ill middle-aged man of no means, Valentino (Vac Verikaitis).

After five hours of road tripping the old Highway 7, then hitting the 401 at Belleville, I hoped all would be well enough at my lead actor's apartment to begin this shoot. Well, as to be expected, his COVID-19 concerns overwhelmed his promise to shoot, so that left Helene and I floundering – what to do, what to do?

Like all DIY creative media artists anxious to work, it didn't take long to head back home, through the wild Sunday morning desolation of downtown Toronto, empty except for the wandering homeless and the screaming crazies around Queen Street West.

Home is always where the work is for all creative DIY types. Thus, out come the computer graphics as Helene begins the process of making another poster for our latest documentary *IN SANE* while I lay back with another



Helene Lacelle completes the poster for the film *IN SANE*, for the Moscow film festival. PHOTO: PETER EVANCHUCK

Corona and figure out the layout and design for the *Wonder Wieners* poster. Our partnership is simple: I imagine it, she makes it.

Since *Wonder Wieners* is about a low-income para-homecare worker's diet (chicken hot dogs on Wonder bread lathered with mustard, ketchup and relish), it didn't take long to figure out that the image I had of lead actor Vac, with his bright yellow jogging pants and bright white tee in the background, would balance the yellow mustard/white Wonder bread close-up in Lacelle's hand.

Meanwhile Helene completes the

poster for *IN SANE*, which the Moscow film festival has accepted in the awards category. Our previous documentaries, *A Short History Of Poverty* and *Searching for a Beautiful Bachelor*, have been selected to screen at the Florence and Rome festivals, but that is now dubious since Italy is virtually closed down because of the virus's terrible toll. We're waiting to see if we go or cautiously stay in Canada, living as fully as we can in as free a manner as is possible in today's world.

Meanwhile I'm thinking in this absurd world of coronavirus gone mad, is there sanity? I believe Albert Camus, the absurd existentialist, said something along these the lines: "Man never understands himself. . .except only fears himself." I do believe a better understanding of the dangers must prevail. So as usual, Helene and I work from our home studio, creating and creating, taking a sensible, smart approach to the present situation.

Peter Evanchuk is a local photographer and filmmaker specializing in indie films.



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CAR SHOPPING: ELECTRIC VEHICLES AND MY CARBON FOOTPRINT

By Dorothy Phillips

Before the pandemic, I was considering replacing my 20-year-old Toyota Camry. After a few afternoons of shopping, I set five criteria to sort among the thousands of choices: I wanted a *new* car, an *SUV* with an *electric* motor that would minimize my *carbon footprint*, at a reasonable *price*.

New: I am a senior and keep my cars for a long time. Although I've been driving since I was 16, I have never had a new car. This might be my last chance.

SUV: Easier to get into and higher off the ground. Since I drive to the cottage in rural Quebec over gravelly rutted roads, an SUV would avoid scraping bottom.

Electric Vehicle: Either an electric motor (EV) or a *plug-in hybrid* electric vehicle (PHEV), which has both an electric and an internal combustion engine (ICE). I have considered only for comparison purposes a hybrid vehicle that does not plug in.

Carbon Footprint: Best would be having no car at all and taking public transit, biking and walking. But I am not ready to give up driving my own vehicle, and there is no public transport to the cottage.

Price: I can buy a perfectly reasonable new gas-guzzling SUV for about \$35,000. Electric vehicles are more expensive. I set my top price for this

search at \$50,000 including tax.

My five criteria brought up many questions:

- will an EV get me to my cottage – about 100 km – on one charge?
- could I then charge it at the cottage?
- how long does it take to charge a battery?
- are there charging stations in other places nearby or on the highway?
- how much would it cost in electricity and repairs?
- by driving an EV or PHEV SUV, will I reduce my carbon footprint?

EV SUVs

I found only three EV SUVs within my price range and available in Ottawa (Table 1). They will all get me to the cottage on one fully charged battery, maybe with enough left to get me back. But the amount of electricity used depends on factors like temperature (colder weather takes more), acceleration, how often I have to stop. So I probably need to charge my battery at the cottage before heading back to town.

A Natural Resources Canada fuel consumption guide provides data for Le/100 km (litre of gas equivalent per 100 km) as well as CO2 emissions for various vehicles. However this guide from 2018 did not include the Hyundai Kona or the Kia Niro EVs, so the data for them are estimates based on other cars.

Table 1

EV SUVs	Hyundai Kona EV	Kia Soul EV	Kia Niro EV
Driving range on one full battery	415 km	248 km	385 km
Le/100 km City/highway **	2.0	2.2	1.9
CO2 emissions	0	0	0
Price including tax	\$53257	\$50317	\$53029
Federal rebate	\$5000	\$5000	\$5000



Table 2

PHEV cars	Mitsubishi Outlander PHEV	Kia Niro PHEV	Mini Countryman PHEV	Toyota RAV4 Hybrid	Toyota RAV4 not electric
Driving range of electric	35 km	53 km	50 km		
Gas usage - combined city/country	9.2 L/100 km	5.9 **	8.6	7.3	9.0
CO2 Emissions g/km	108	60**	139	171	210
Federal govt subsidy	\$2500	\$2500	\$2500		
Price including tax after subsidy	\$47,500	\$40,500K	\$47,500	\$38-40,000	\$36-38,000
At 12000 km/yr my CO2 emissions in metric tonnes	1.296	0.7	0.516	1.668	2.52

**Data for the Kia Niro is not listed in the NRCAN guide so these data are for the Kia Optima which is a little larger and more expensive.

CHARGING THE BATTERY

The charging station has a maximum current it can provide, and the car has a maximum current it can accept. When the car is plugged in, the vehicle and charger communicate, and this information is usually displayed on the vehicle's dashboard. While there is an industry-standard connector on your EV or PHEV, commercial charging station equipment may vary, and adapters may be needed.

The range for full electric use varies among vehicles. In town, much of the driving can be electric but on the highway, the internal combustion engine would kick in automatically. Braking adds electricity to the battery. The process is called regenerative braking: the vehicle's electric motor is used to assist in slowing the vehicle and to recover some of the energy normally converted to heat by the brakes. So city driving increases the range of EV, PHEV and hybrid vehicles.

CHARGING TIME

Level 1: Household electricity (120V) can recover six to eight km of range per hour. At the cottage, recovering the full 100 km could take 13 to 17 hours, so overnight would not be enough. Since the battery would not yet be empty, a shorter time might suffice for my return trip to the city. But what if I need to go into town that day? Making the 30-km return trip to town would not only deplete the battery but also limit charging time.

Level 2: I could purchase level 2 charging stations (240V) for the house and cottage, including an upgrade of the electricity, for about \$2,500 at each place. Most vehicles would take about three hours for a full charge. Some commercial charging stations also provide Level 2 charging.

Level 3: There are some level 3 charging stations around the country. Petro-Canada offers stations (mostly on the Trans-Canada Highway) where you can recover up to 30km/minute on your battery and pay only for the minutes you use at 33 cents a minute. Other stations charge a dollar an hour, and some are free.

Many charging stations are located in places with restaurants, restrooms, shopping and sometimes cinemas, so you can spend your time and money with them. Some networks of charging stations exist where you join on a monthly basis and use only their sites.

PHEV SUVs

In my search I found three PHEV SUVs with prices around \$50,000. In Table 2, I have also included the Toyota RAV4 Hybrid (not plug-in electric) and the RAV4 (non-electric vehicle) for comparison.

COST OF DRIVING AN EV OR PHEV

Fuel: Costs for the EV fuel include only the electricity. My average of 12,000 km/year using average of 2 Le/100km gives total annual electricity of 2136 kWh. At present Hydro Ottawa rates, I would pay 10.1 cents/kWh for the off-peak rate or 20.8 cents/kWh for the on-peak rate, resulting in an annual cost between about \$215 and \$444 to drive my EV compared to about \$1,800 at the average 2019 gas price of \$1.50/L.

For the PHEV, gas consumption depends heavily on how the car is driven. From Table 2, fuel costs appear



Table 3

CO2 emissions	My old car	New non-EV	Average EV	Average PHEV	Average Hybrid
Fuel usage	10 L/100 km	8 L / 100 km	2 Le/100 km	8 L/100 km	9.2-7.1 City/country
CO2 Emissions/year 12000 km/year	3.396 metric tonnes	2.717 metric tonnes	Nearly zero	2.717 metric tonnes	3.124 - 2.411 metric tonnes

to be marginally less than a fully ICE engine vehicle, but this does not include the costs for electricity.

Maintenance: Costs are apparently lower for EVs because they do not need oil changes or maintenance of the exhaust system. For the PHEV, since there is an ICE, the usual maintenance costs still apply.

CARBON FOOTPRINT

Total vehicle registrations in Canada in 2018 were more than 35 million. Of the two million vehicles sold that year, only 2.2 per cent were zero-emission vehicles, most in Quebec, Ontario and British Columbia. On average, an ICE passenger vehicle produces 4.6 metric tonnes of CO2, thus Canada's 35 million vehicles have a total annual output of 161 million tonnes. And that's just Canada. No wonder the atmosphere is feeling woozy.

Each litre of gas produces 2.83 kg of CO2. My current car thus produces 3.396 metric tonnes of CO2 per year, a shocking amount.

In Table 3, data on average fuel usage are taken from real experiences of users reporting on the Internet, but these data are fairly close to those from the NRCAN guide.

It looks like neither a PHEV nor a hybrid would reduce emissions much over a new non-EV car, which would be substantially less polluting than my

aging Toyota. But I could reduce my emissions to almost zero with an EV. There is an argument that an EV does not reduce carbon because generation of the electricity it uses does produce carbon. It depends on how your electricity is produced. In Ontario, over 90% of electricity is produced using non-CO2-producing nuclear, hydro, wind and solar; only gas and a small amount of biofuel produces CO2.

MY TOTAL CARBON FOOTPRINT

Besides my vehicle, my 2019 use of electricity and gas at home produced 0.22 tonnes. My total 2019 footprint was 7.86 tonnes. According to the graph below, I am better than average but still have a long way to go. If I purchase an EV, that footprint will go down substantially but not to the two tonnes listed as the world target.

After the pandemic and economic meltdown, my new car may have to wait awhile. But since manufacturers had plans to ramp up production of electric vehicles, I may have more choices meeting my criteria.

Dorothy Phillips is a Glebe historian and author of Victor and Evie, a biography of the Duke of Devonshire and his wife, Lady Evelyn, during the Great War. She is serious about reducing her carbon footprint.

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SITTING WITH THE PAST

PHOTO: CAROL SUTHERLAND-BROWN



By Carol Sutherland-Brown

I am not going inside until I get rid of these chairs! It is the end of May, the day of the annual Great Glebe Garage Sale. There is no way these three chairs are being returned to my freshly purged, cleaned and sorted basement.

Today I am facing the sale alone, but it has not always been so. There were years when Marisa was a young child, when Ian and I sold those sought-after outgrown toys and clothes: a bright green wading pool in the shape of a frog; a Little Tykes play kitchen in shocking pink; little leather children's shoes Mamín had brought from Spain; the frilly dress, sized for a three-month-old baby, worn once. It has always been a social, stimulating and exhausting day, a carnival atmosphere with family and neighbours congregating, emerging from their houses, blinking hard in the sunshine after a long dark Ottawa winter. It was a chance to catch up on the gossip of the street, make a little money and stock up on new treasures.

But Marisa has grown up and moved away, my parents and Ian are gone. As the neighbourhood has become increasingly gentrified, fewer and fewer neighbours are keen to spend a day flogging their wares for modest returns. The magic is gone.

It is a cool morning and I hug my mug of hot coffee, waiting for the hordes of bargain hunters to descend. I cannot very well stand all day so I sit down on one of the chairs; it is slightly wobbly on my interlock driveway.

Why do I own them, when my tastes have ranged over the years from Asian teak and rosewood to Danish and mid-century modern furniture? These

chairs came to me in 2003 when I was busy with my career, travelling and had just met Ted, whose stepson was moving to British Columbia and selling his chairs. Ted thought they would be perfect to match my antique farmhouse kitchen table, a gift from my parents. And I needed to replace the old chairs that had been gnawed by our pet rabbit, Golden. I bought them for \$50 each, at a time when antiques were still coveted.

But then came the renovated kitchen with its trendy quartz counter and bar stools, which sent the table and chairs packing to the basement.

"I suddenly feel murderous towards this young girl in polka dots and grow very, very protective of my chairs."

There are few passersby at 8 a.m. and limited distractions so, alone, I study these three 19th-century, arrow-back chairs from an Ontario farmhouse. The chairs are not perfectly matched – two are pine and one is oak. They are smooth to the touch, and the oak one has a beautiful knot in the wooden seat. The chairs are narrow and I suppose not too comfortable for some. But sitting on one, I feel a slightly spooky connection with its past. Who were the farmers who rested on it after a hard day of labour? What were the stories of the wife, children, babies born and lost to preventable disease, farm injuries or war? What were their thoughts as they sat on this chair?

But this morning, none of the garage sale seekers are very interested in this history or in my wares. People look, a few ask the price and move on, looking for power tools, flower pots or some very valuable treasure that we Glebe folk have unwittingly and stupidly sent to the curb.

"How much for the chairs?" asks a young woman in polka dots. "\$40 each," I answer, having quickly abandoned the \$50 asking price I had set at 8 a.m. Polka Dot Woman replies: "I'll give you \$7 for one of them, oh and they wobble." I suddenly feel murderous towards this young girl in polka dots and grow very, very protective of my chairs. They really are beautiful; yes, they might be a little rickety, but what history they have! They will not go to such a home, never. Maybe she could just pick up a cheaper plastic chair at Ikea, I glower inwardly.

I wait it out, determined to find the right buyer. At the end of the day, Ted returns and takes pity on me; he offers to buy the chairs for his art studio. My chairs would be sat on by other artists who might appreciate them, and I could visit them from time to time.

But the following year, Ted's art studio is expropriated to make way for a shiny new condo. Ted offers the chairs to the other artists, but none are interested. Ted sends them with regret to the curb. It takes three days for them to disappear.

Carol Sutherland-Brown lives in the Glebe. She greatly enjoys participating in Anna Rumin's memoir-writing workshops at the Glebe Community Centre.

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Writing memoir – hints on getting started

By Anna Rumin

We're all cocooning now so it might be a good time to think about writing a memoir. Perhaps all you need are some ideas on how to get started.

For the past five years, I have been designing and teaching memoir-based writing courses that are offered at the Glebe Neighbourhood Activities Group (GNAG) and at Carleton University. Once a week for five weeks, participants arrive with a memoir-based story to share with the group. During the week, they commit to writing for 15 to 20 minutes a day using prompts from the course outline. Writing is a lot like anything else – the more you do it, the stronger and more comfortable you become. In the sixth and final week, participants bring a story of up to 1,000 words that they want to share with family, friends or a publication. It is the one and only class in which I ask them to think about giving and sharing their story as a gift, as a piece of writing that pays tribute to what we don't want to forget.

For those who are interested in memoir writing but don't know where to begin, there are many classes out there including mine. In the series of 12 courses that I have designed in the "Writing Stories From Our Lives" series, the common thread is our shared understanding of memoir – it is different from autobiography and biography, which are more linear in form. For example, an autobiography usually starts at a certain date and generally unfolds with a focus on what someone did from beginning to end. At the heart of memoir is a focus on what I know now because of what I did. It can include short stories, vignettes and personal essays. No story is too small when it sheds light on a shared experience, just as no story gets old; your story of looking after a dying parent is unique because it is your story.

These courses include headings like Remembering Through Music, Remembering Through Books, My



PHOTO: MARCOS PAULO PRADO ON UNSPLASH

Life as A Museum and Remembering My Father. They are designed to give the participants enough prompts and writing exercises so they are never without a story to write. And let me assure you, almost every participant who sat around that table had a story that we carried with us long after the class was over.

If you have a quiet place to write, on paper or on a computer, you can begin recording and collecting the stories from your life. There isn't enough space in this article to address everything you might want to know about memoir, but here are some prompts to get you going: Remember, write with abandon, don't stop to edit and don't overthink.

HOW TO BEGIN

1. Make a list of the things you have learned to do – tie your shoes, dive, break into a car, drive a standard while smoking a cigarette and drinking coffee, milk a cow, ski, bake a cake, play the violin, build an out-house, ice-fish, make bread or wine or beer, speak a third language, sew, knot pearls, build a staircase, sail, catch a fish or skin one, train a dog, train a toddler, pluck a chicken, get along with an in-law. Now write the story.
2. How about all the stuff in your house that nobody wants but has a story? Take photos of the teeth marks on the dining room table, the Royal Doulton figurines your mother collected, the paintings your great aunt Margaret gave you, the stamp collection left you by your grandfather, the maroon velvet footstool in the attic, the collection of beer bottles, the old clock. What is the story of that table, who has sat around it and what are its happiest memories? Write the story – and even if nobody wants that old table, tell the story of what you know from having kept it for so long.
3. How about your clothes and jewellery? Tell us about your scarf collection or why you have so many shoes or why you insist on keeping that damn bathrobe. What are the stories hidden there?
4. Put a photo of your mother in front of you. Make a list of the things your mother held in her hands – choose one thing each day from the list and write the story. Do the same for your
5. father, for yourself.
5. What animals have played a role in your life? What do you know from having had a pet that you didn't know before? What do you know from having watched wild animals? Write about that racoon you found hiding under the kitchen sink, the fox that waited outside your door, the crows that wake you every morning.
6. Where and from whom did you hide when you were little? When were you most scared? Excited? In love?
7. What are the books that have played a role in your life?
8. Make a list of strangers you have encountered. Now write the story.
9. Look out the window, go down memory lane and write about the first time your heart was broken.
10. Look out another window, go down memory lane and write about the first time you experienced loss.

The key is to recognize that even the smallest things have big stories – things like the stuffed animal you still have, the letters from your first love and the wooden spoon your grandmother used to stir the applesauce in the years before she forgot what applesauce was.

If you're cocooning and thinking about writing, just start. Remember to keep everything, honour every single story you write. And remember to pay attention to the stories that you want to give as gifts, gifts created during that time Mother Nature demanded that we all cocoon.

Anna Rumin teaches memoir writing at Glebe Neighbourhood Activities Group (GNAG) and Carleton University.

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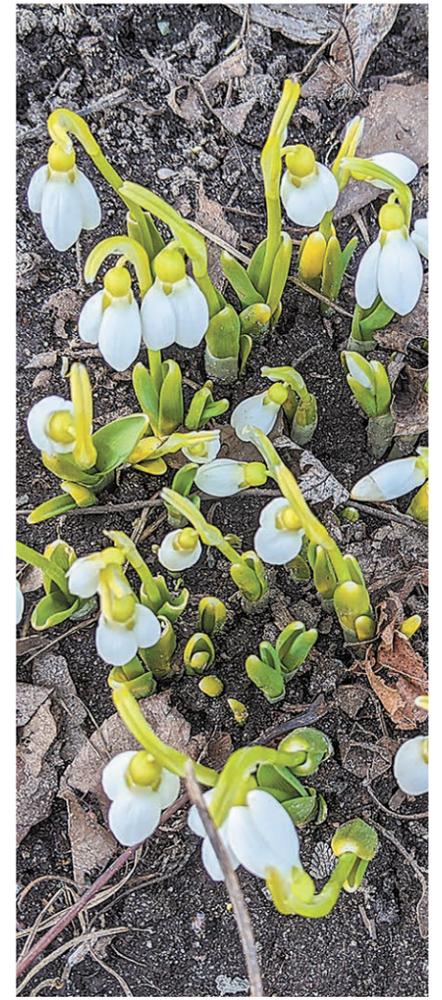
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The plan for the Flora Footbridge includes public art in the form of public benches, one at each end of the bridge. The Glebe-side art bench, titled "Monz" (moose in Algonquin), was completed by Algonquin artist Claude Latour and installed in November. The design in white emulates moose antlers. While it is art, it is also a bench, and weary pedestrians are invited to rest on it. PHOTO: LIZ MCKEEN

Snowdrops PHOTO: LIZ MCKEEN

   @glebereport

Springtime Playtime

By Dawna Moore

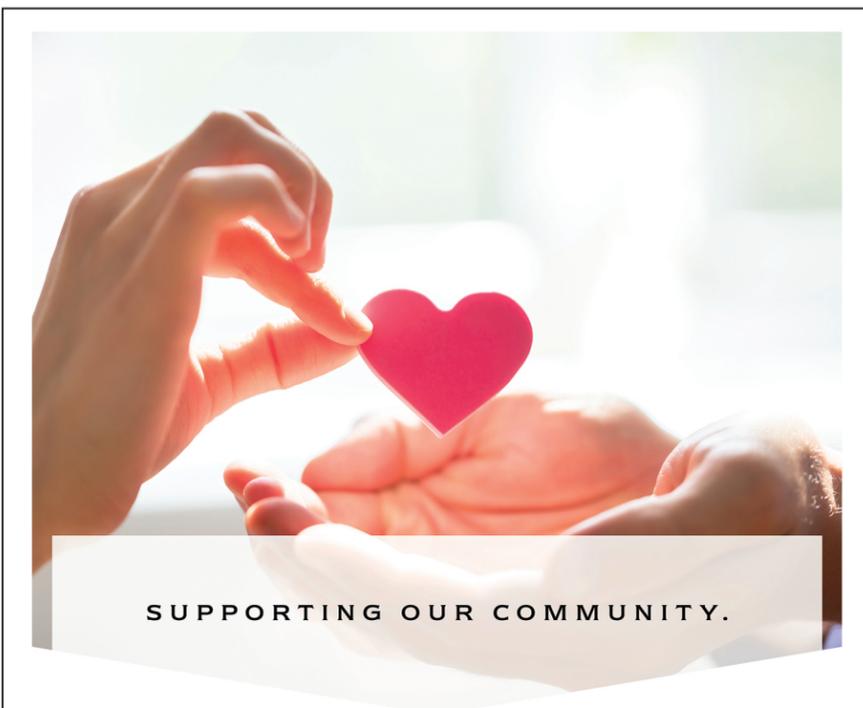
Watery trenches are full
She tramps through icy rain-soaked places
Hopping from one small ice floe to another
She holds hands and mittens with a friendly soggy child.

Winds of early spring swell
Daring, she pushes down on rotted pieces of wood
Floating small broken boats through tiny muddy streams
She presses forward with the instinct of a survivor.

Decayed fields are grey, edged with melting snow
Building her shelter in the dreary sullen grasses
Stomping her booted feet about to make a fort
She moves within her refuge and feels alive.

Unending war is out there, she makes-believe
Facing the enemy line not knowing that time was passing
With patience, with water, with stones, and moss and twigs
She builds her sunny, chilly make-believe home.

Dawna Moore is a poet whose work has appeared previously in the Glebe Report.



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Capital Rainbow Refuge – for when home doesn't feel like home



From left: Sean Van Liempt, Chad Buffel, Nanda Na Champassak, Niamh O'Shea, Stephen Slessor and Lisa Hébert at a potluck for one of Capital Rainbow Refuge's recent newcomers. PHOTO: CHARLES FAYET

By Valerie Patulot

When Niamh O'Shea is not coordinating Intercultural Programs at Carleton University, she devotes a lot of her free time to supporting sexual and minority refugees through the Ottawa-based charity group called Capital Rainbow Refuge.

Capital Rainbow Refuge was founded in 2010 in response to a commentary published in the *Globe and Mail* on Canada's methods of handling individuals at risk of persecution due to gender identification. The group sponsors recognized refugees to help them get established financially, culturally and emotionally in the community. Through its work with internal sponsors, other local support groups and the Canadian government,

it has been able to help in the resettlement of approximately 100 people.

Many individuals in contact with Capital Rainbow Refuge are fleeing persecution, punishment and even death in their homeland. Almost 80 countries in the world use methods such as life-long incarceration and the death penalty to get rid of those who label themselves as LGBT. After overcoming all the challenges to achieve official refugee designation, they must prepare for life in a new country. Capital Rainbow Refuge strives to ease the transition.

There are many struggles after arriving in Canada. O'Shea says the resettlement process involves assisting with access to education, jobs, transportation, language and healthcare. Mentorship by Capital Rainbow Refuge helps the settlers navigate and

integrate into the community in all aspects of their new life.

"Being a part of Capital Rainbow Refuge means having the opportunity to be a part of a lot of special moments and milestones in people's lives," says O'Shea. "We've seen individuals we sponsor be accepted into university, achieve career milestones, live in the gender they feel comfortable in and become Canadian citizens."

On top of providing community support, Capital Rainbow Refuge pushes for sexual and minority refugee advocacy. "A lot of advocacy is happening for the federal government, for example" says O'Shea. "There are a number of initiatives that we would like to see in place. We would love to see the government increase the number of LGBTQ refugees that they're taking

in. We would love to see more training for people who are involved with settlement agencies that are specific to the needs of LGBTQ refugees as well as people who involved in the decision-making process making refugee claims who are working overseas."

People wanting to get involved can attend a variety of workshops on LGBTQ displaced persons resettlement, sponsorship and support offered by Capital Rainbow Refuge. Ottawa residents are invited to learn more about the process and how they can make a positive difference in the life of a newcomer fleeing persecution and criminalization for their sexual orientation or gender identity.

As well, O'Shea says Capital Rainbow Refuge is actively seeking furniture donations to furnish the homes of the newcomers. Those who are interested in volunteering their time or donating spare furniture are encouraged to contact the organization by email at capitalrainbowrefuge@outlook.com or private message through Facebook @CapitalRainbowRefuge. It is recommended that donors send photos of the furniture they are willing to give away.

"It is a real honour and a privilege to get to journey beside people who are starting a new chapter of their lives and it's a chapter of their lives where they are getting to make decisions and choices knowing that they are safer and free to be themselves," says O'Shea.

Valerie Patulot is a student in journalism and political science at Carleton University. She loves being busy and drinking copious amounts of coffee.



The *Glebe Report* and *OSCAR* newspapers are jointly seeking submissions from artists to decorate six new newspapers boxes. Submission deadline is May 31.

PHOTO: METROLAND MEDIA

Glebe Report and OSCAR newspaper boxes – artists wanted

The *Glebe Report* and *OSCAR* community newspapers are going to purchase six newspaper boxes to be located on Bank Street in the Glebe and Old Ottawa South so that both papers can be provided for the taking. Local artists will be commissioned to decorate the boxes. We welcome submissions from all artists, including Old Ottawa South and Glebe students in high school or university.

Each box is made of metal with a window on the front. The boxes are approximately 75 cm high, 45 cm wide and 35 cm deep. The logos of the *Glebe Report* and *OSCAR* need to feature prominently on the front (below the window), sides and top of the boxes. A graphic file of the logos will be provided to the successful candidates.

The newspapers expect to see designs that reflect the life and spirit of the two communities. Designs must not contain advertisements or promotion for any business, prod-

uct or viewpoint other than for the *Glebe Report* and *OSCAR*. Designs may not include any breach of intellectual property, trademarks or brands and cannot portray images of illegal activity. Designs depicting or suggesting racism, sexism or discrimination based on religious, sexual or gender grounds will not be accepted.

An honorarium of \$200 a box will be given upon completion of the project.

As the boxes will be located outside and are subject to inclement weather, the murals must utilize oil-based paint suitable for adhering to metal.

To be eligible for consideration, a submission is required. Submissions are maximum two pages and must include a short personal statement, samples of the artist's previous work and a design concept sketch. Proposals should be submitted to chair@glebereport.ca or oscar@oldottawasouth.ca by May 31, 2020. All submissions will be acknowledged.



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Dear Residents,

I've heard from many of you about the significant challenges and hardships that you are facing as a result of COVID-19. Thank you for reaching out. My team and I are doing everything we can to provide assistance, answer your questions and highlight concerns to our government so that we can better serve you as the situation evolves. I also want to recognize that I see the community coming together. Many of you are supporting small businesses and donating to local charities. This is what will get us through this pandemic. These are difficult times and we must continue to support each other.

More importantly, we need to do our part. We need to continue to practice social and physical distancing. Act as if you have the virus and *STAY HOME*. This is the only way we can effectively flatten the curve and stop the spread of COVID-19. The government of Canada has taken immediate and decisive action to support workers, businesses and those significantly impacted by COVID-19. Please find updates to Canada's Economic Response Plan as announced by the prime minister this week. Please continue to support each other and keep our community strong.

Thank you and stay healthy,
Catherine

CANADA EMERGENCY RESPONSE BENEFIT

We recently introduced the new

Canada Emergency Response Benefit (CERB). This benefit will support Canadians who have lost their income because of COVID-19 by providing \$2,000 a month for up to four months.

Some examples of support to workers provided by the CERB include:

- workers, including those who are self-employed, who must stop working due to COVID-19 and do not have access to paid leave or other income support;
- workers who lost their employment and workers who are sick, quarantined or taking care of someone who is sick with COVID-19;
- working parents who must stay home without pay to care for children who are sick or need additional care because of school and daycare closures;
- workers who still have their employment but are not being paid because there is currently not enough work and their employer has asked them not to come to work.

All eligible workers, whether or not they are eligible for Employment Insurance, will apply through a simplified application process.

- Applications opened on April 6.
- There is no waiting period and direct deposit payments will be delivered into accounts within three business days of applicants being eligible to receive it, and cheques will be delivered within 10 days.

For all the latest news, please visit canada.ca/coronavirus.

POETRY QUARTER – MAY 2020

Have pen, will travel – destination, anywhere!

Reveal the good, the bad and the ugly of your traveller self in a poem for the *Glebe Report's May 2020 Poetry Quarter*. Where have you travelled or wish you had gone or still wish to experience, if only in your imagination? *The Glebe Report's May Poetry Quarter* seeks poems that capture your adventures in travel. We invite you to roam the landscape of your special places, voyage through the exotic or the familiar – and come back to tell the tale.

As usual, poems should be:

- Original and unpublished in any medium (no poems submitted

elsewhere, please);

- No more than 30 lines each;
- On any aspect of the theme within the bounds of public discourse; and
- Submitted on or before Friday, April 24, 2020.

Poets in the National Capital Region of all ages welcome (school-age poets, please indicate your grade and school).

Please send your entries (up to 5 poems that meet the criteria) to editor@glebereport.ca Remember to send us your contact information and your grade and school if you are in school.

Deadline: Friday, April 24, 2020

   @glebereport

An eOption when libraries are closed

By Jill Hawken, Alexine Marier,
and Kelly Sirett

The Ottawa Public Library is closed during the coronavirus crisis but you can still access our collection of eBooks and eAudiobooks to help you through this time of uncertainty and isolation.

As you can imagine, our phone lines have been busy. Before trying to call, check out one of our help guides on how to access online resources. You can view many of our digital collections in your browser but if you're looking to download books, magazines or newspapers on an app, check out these help guides at bibliottawalibrary.ca/en/digital-collection-support.

Ready to explore the library's extensive digital collection and download your next eAdventure? Let's get started.

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The easiest way to browse eBooks is through the catalogue's Advanced Search, where you click on the "Format" choice "eBooks". Then you can "Filter" the results by "Available now" ("Anywhere") and see which you can borrow. You can use other filters to narrow down the type of book you are interested in.

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RETURNING

eBooks are returned automatically at the end of their loan period. Return the eBook early if you finish it, so someone else can read it. Also, you

can renew them if there is no one waiting for them.

LOOKING FOR SOMETHING TO READ?

Here are some recommendations from library staff.

The Boy from the Woods,
by Harlan Coben

A 2020 release available as an express eBook from Cloud Library and Libby. A suspenseful thriller that will keep you reading into the wee hours. Cloud Library offers three other Harlan Coben thrillers if you need more from this author.

The Guinevere Deception,
by Kiersten White

Magic has been banned from Camelot and Merlin has been banished, but a mysterious force threatens Arthur. To protect him, Merlin comes up with a plan: Guinevere, a young sorcerer, will marry the king, discover the source of the threat and protect him at all costs.

Cobayes,
auteurs québécois multiples

Une étude clinique pour contrer l'anxiété et les dépendances tourne mal lorsque les participants deviennent violents en réaction aux molécules injectées lors de l'essai clinique. Ces sept livres d'horreur mettent à l'avant-plan un des protagonistes de l'étude clinique: Elliot, Yannick, Cédric, Olivier Anita, Sid et Sarah. Ainsi, chacun des tomes se fait écho mais demeure indépendant, permettant au lecteur de lire les livres dans l'ordre qu'il préfère.

A Long Petal of the Sea,
by Isabel Allende

Historical fiction at its best depicting the story of two young people who flee the aftermath of the Spanish Civil War. Available as an express eBook from Cloud Library, and from Libby in eBook and audiobook format.

The Folk of the Air series,

by Holly Black

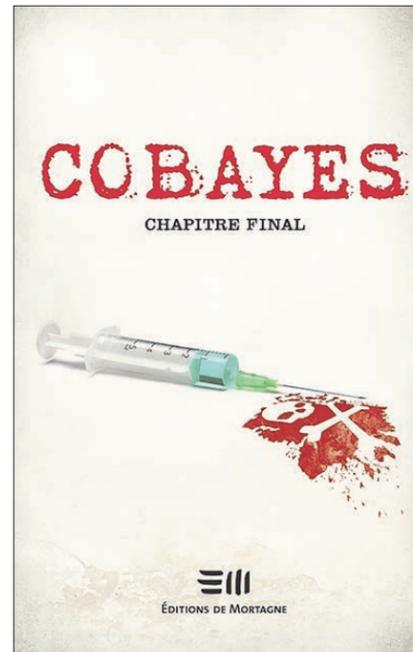
Jude was raised by the man who murdered her parents – to say her feelings are complicated is an understatement. But living with a murderer is the least of her problems as a human growing up in faerie.

Méchantes Mentueuses,

par Martine Labonté-Chartrand
Camille ne voit pas le mal à enjoliver la réalité par un petit mensonge blanc, tout comme son amie Émilie qui n'a pas peur de déformer les faits pour se rendre intéressante. Après tout, quelle différence y a-t-il entre un petit accrochage et un délit de fuite? Lors d'une journée à Montréal afin de trouver l'amour et de lancer leur carrière, les histoires comiques disproportionnées coulent à flot à un tel point que les filles pourraient se faire prendre à leur propre jeu.

Happy reading and listening!

Jill Hawken is a librarian and Alexine Marier is a children's programs and public service assistant with program development at the Ottawa Public Library. Kelly Sirett is coordinator at the Sunnyside branch.



What Your Neighbours are Reading

If your book club would like to share its reading list, please email it to Micheline Boyle at grapevine@glebereport.ca



Here is a list of some titles read and discussed recently in various local book clubs:

TITLE (for adults)	AUTHOR
Ayesha at Last ¹	Uzma Jalaluddin
My Italian Bulldozer ²	Alexander McCall Smith
Days by Moonlight ³	André Alexis
Swimming Studies ⁴	Leanne Shapton
Obasan ⁵	Joy Kogawa
Dear Evelyn ⁶	Kathy Page
The Art of Racing in the Rain ⁷	Garth Stein
The Farm ⁸	Joanne Ramos
The Keepers of Hands ⁹	J. Sidney Jones
Young Francis ¹⁰	Hartley Lin
No Rest for the Dead ¹¹	David Baldacci
Educated ¹²	Tara Westover
TITLE (for children and teen)	AUTHOR
Wonder ¹³	R.J. Palacio
Any from the series in National Geographic Kids Level 1 Reader ¹⁴	Various authors

- Abbotsford Spring Book Club
- Broadway Book Club
- Can Litterers
- Helen's Book Club
- Seriously No-Name Book Club
- The Book Club
- Topless Book Club
- OPL Sunnyside Adult Book Club
- OPL Sunnyside European Book Club
- OPL Sunnyside Ottawa ComicBook Book Club
- OPL Sunnyside Mystery Book Club
- OPL Sunnyside Second Friday Adult Book Club
- OPL Sunnyside Bookworms Book Club
- OPL Sunnyside Eager Readers Book Club

Nature Walking



By Susan Townley

One of the best ways to de-stress is by taking a walk and it is especially helpful during these uncertain times. In fact, Ottawa Public Health recommends we go out for a walk, as long as we maintain social distancing by staying two metres away from others. Nature walks are a safe outlet for parents and children going a little stir crazy from being cooped up in the house together. As Canadian Olympian Clara Hughes says, movement is medicine and getting out in nature is the best medicine of all.

Children love a challenge, so how about a scavenger hunt? There are several templates online that give you a list of items to search for, but it is just as easy to put one together yourself. Simply write down the items or creatures you want to search for; you can even use photos or drawings. Then it's off for the walk! The length will depend on the age and attention span of the children, but the excitement of a scavenger hunt might keep them going longer.

Our library may be closed, but we still offer some wonderful online resources to help you enjoy your walk with children. Tumblebooks, available in our online resources, offers non-fiction read-alongs that will surely interest young nature lovers. *Our Seasons*, written by Grace Lin, uses haikus and prose to cover weather, the natural world and the physical chan-

ges of the seasons. The animal section of Tumblebooks contains a two-part series, *Birds: Nature's Magnificent Flying Machines* by science writer Caroline Arnold. She explores feathers, body and wings, and she explains how flight really works. The books are beautifully illustrated by Patricia J. Wynne. Tumblebooks videos that might be useful for your walk include *Tales of a Tadpole*, *Beavers are Geniuses* and *Trees*, all from National Geographic. Tumblebooks also has two compilation playlists of picture books that may be of interest: *Bugs, Bugs, Bugs*, which includes nine favourite bug stories; and *Ecology*.

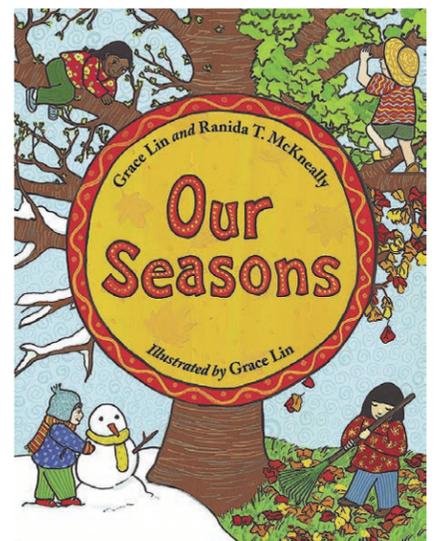
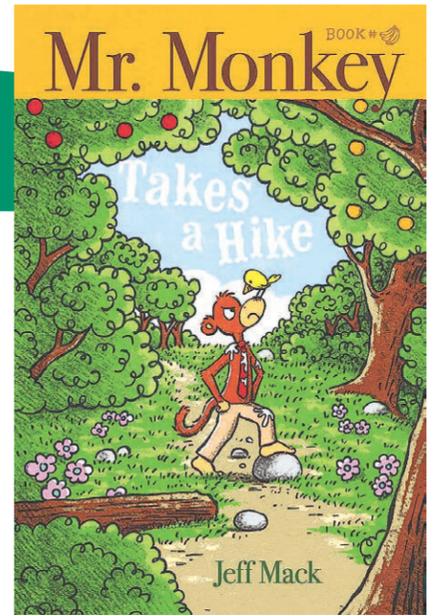
Available in eBook on the library website is the lovely picture book from Alison Farrell called *The Hike*, a story of three friends who love to hike and explore their local forest. On a more humorous note is *Mr. Monkey Takes a Hike*, a wacky picture-book adventure from author-illustrator Jeff Mack about a monkey who loves playing video games and ends up chasing a bird that steals his controller.

As for where to take a nature walk, there are many options nearby. For example, walk through Brewer Park and over the berm to a pond connected to the Rideau River. In spring, many migrating birds stop on their way back north and frogs will soon be singing songs. Be careful around the pond because water levels rise this time of year. There's also the Arboretum,

the Experimental Farm, many parks in the Glebe and the path along the Rideau Canal.

You may want to venture further afield. MegK is a local mom-blogger who hikes with her one-year-old and offers a great selection of curated hikes that kids will enjoy. She has launched the Ottawa Hike Challenge at adventurereport.ca. The National Capital Commission also oversees many trails (ncc-ccn.gc.ca/places/hiking-and-walking-greenbelt). But please check first to make sure trails are open; many have been closed or access has been restricted because of the pandemic.

Once back from your walk, you may have collected a number of items. It is important to talk to children about exploring nature but leaving most of what you find where you found it. However, it is fine to bring home a couple of pinecones, a rock, some leaves or seeds. They can be turned into an art project, perhaps mounted on paper and displayed. To help with such a project, our eBooks can offer some tips. Try *A Little Bit of Dirt: 55+ Science and Art Activities to Reconnect Children with Nature* by Asia Citro. Scott Sampson, the host of the PBS kids' series *Dinosaur Train*, writes about how to imbue your child with a love of nature in his book *How to Raise a Wild Child*. He stresses the importance of childhood exposure to nature in reducing stress, depression



and attention deficit.

Wishing you a wonderful walk!

Susan Townley is a children's programs and public service assistant at the Sunnyside branch of the Ottawa Public Library.



At the Baxter Conservation Area, nature walkers (except those in the same household) keep their social distance. PHOTO: LIZ MCKEEN



Victory gardens south of Glebe Collegiate in the early 1940s

Gardening during a pandemic

By Lynn Armstrong

In 2003, I designed the heritage garden in front of Mutchmor school. While researching to create this garden, I discovered a lot about the history of gardening in the Glebe, especially on the St. Andrews Glebe lands put into service in challenging times during the First World War. The land was used to grow food in vacant lot gardens and victory gardens on the school grounds just south of Glebe Collegiate.

Now that we face the new challenge of being homebound during this pandemic, gardening might come to our rescue once again, as a therapeutic way to be active and enjoy the arrival of spring safely in our own homes and yards. We can also entertain ourselves now in the early spring by starting seeds under lights – this always brings me hope and anticipation of the summer to come.

If not for the coronavirus and the resulting school closures, I would have started seeds indoors with Mutchmor students right after the March break. Though that is not happening this year, starting seeds is a fun and easy activity to add to your new home-school curriculum.

I normally start tomato plants and basil for students to take home and grow in containers. Cherry, pear and grape varieties of tomatoes are particularly good for containers. I often plant one tomato in a large pot surrounded by basil as they are companion plants. Other easy seeds to start with children are flowers like zinnia, cosmos and marigolds which make wonderful drought-tolerant additions to your gardens.

Hardware stores, which luckily are still open, carry seeds, sterile starting soil, trays and florescent lights for growing seeds indoors. You don't need fancy light bulbs – I use one cool white and one warm white bulb in each light. Keep them within a few inches of the plants. I also recommend using a timer to give the seedlings about 14 hours a day under the lights so they don't get spindly.

The initial cost of the lights may seem expensive, but I have had mine for 30 years. Start small with one or two lights. I bought an inexpensive stacking plastic shelving unit and use chains and S hooks to hang my lights so I can adjust them as the plants grow. Fancy, expensive plant stands are not required. You can also reuse plastic lettuce containers as a little greenhouse until the seeds germinate.

Ritchie Feed and Seed is still open with reduced hours and sells the seed-starting mix, trays and various seeds. Seeds are also available from online catalogues like Veseys, which has tips on seed starting. I also recommend local seed growers like Greta's Organic Gardens where you can order seeds online and read their catalogues for plant descriptions.

Others, like Richters Herbs and Terra Edibles, specialize in heritage varieties, and Urban Harvest is good for organic seeds. There are also lots of online resources for starting seeds, and local groups like the Ottawa Network for Education, Just Foods and Growing up Organic are good sources for information about gardening with children.

I start seeds for things like peppers, kale, basil, tomatoes, eggplant, cabbage



Raised beds in the community gardens at Lansdowne PHOTO: LYNN ARMSTRONG



Mutchmor students planting out zinnia seedlings

and okra indoors in late March and early April for both my own garden and for the raised-bed demonstration gardens next to the Horticulture Building at Lansdowne where I do the design and planting. By starting seeds, I can grow new or specific varieties that might not be available in nurseries and plant them in the demonstration gardens to introduce them to both beginner and experienced gardeners.

The only downside of starting my own plants is that I often grow too many. If that happens and you would like to build a raised bed for your surplus, I recommend the Brewer Park Community Garden website which has construction plans and advice. For suggestions on intensive planting for raised beds, google "square foot gardening" for suggestions on the variety of plants and

quantities. Planning what to grow and garden planting layout would be a fun project with the kids and could incorporate a bit of math and drawing.

Gardening is good exercise and a good outdoor activity for families, things we all crave right now. And growing our own food and having some control of our food supply may be reassuring in this year of uncertainty.

We will all be experts at walking by the end of this pandemic so swing by the gardens at Lansdowne this summer and I'll give you a tour.

Lynn Armstrong is a Glebe gardener who designed the Lansdowne community gardens and has expertise in native and heritage gardening.

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Robin and Andrew Worling compete for Great Britain in the finals at the ATSX 500, the seventh stop of the Red Bull Ice Cross World Championship in Le Massif de Charlevoix, on February 22, 2020. PHOTO: COURTESY OF RED BULL

Glebe brothers speed to ice cross success

By Caitlin Heffernan

Two brothers from the Glebe have been climbing the world rankings in the extreme sport of ice cross downhill.

Robin and Andrew Worling both placed in the top 10 this year, with Robin, 23, ranking ninth in the men's category and Andrew, 21, ranking eighth in the junior category.

Ice cross downhill is similar to ski or snowboard cross, with racers skating down an ice track on hockey skates. The sport had its first major event in Sweden in 2001. Rankings are determined by a point system, and the more difficult the track, the higher the available points.

Robin made his debut in 2017 at a race in Ottawa. After signing up online, organizers suggested he practise on an easier track first, since the Ottawa race was on a 1,000-level track (the most difficult level, meaning the winner would receive 1,000 points).

He and a friend drove 14 hours to Bathurst, New Brunswick, only for the race to be cancelled due to bad weather. So they drove the 14 hours back to Ottawa and Robin skated his first race a few weeks later on the 1,000-level Ottawa track built next to the Chateau Laurier.

"I got down it," he says. "It wasn't pretty, but I kind of slid down on my ass or my knees most of the way."

Andrew decided to give ice cross downhill a try after seeing his brother compete. He skated his first race last December in Judenburg, Austria. The only training he did was at an indoor skatepark on rollerblades.

Though both brothers have played hockey and skied their whole lives, switching to ice cross downhill was still a tough challenge.

"Skiing, you have long planks to lean back and forward on," Robin explains, "whereas skates you're down to like a foot. So it's like you'll always want to lean back, but if you lean back you're just going to

fall right away."

The mental aspect was challenging for Robin as well.

"You put in all this work and it boils down to 30 or 40 seconds, and if you make a mistake, that's it, your day is done so quickly. And it's not like hockey where if you have a bad giveaway, you have defenders to bail you out, a goalie to bail you out, and even if it goes in you can try and get it back the next shift. With ice cross, it's just one mistake and that's it. And if you're halfway around the world and that happens, it's pretty tough."

The two have both had major accomplishments this season. Andrew placed second in a junior race in Mont du Lac, Wisconsin in January.

"With that win, without trying to sound cheesy, it was definitely a sweet turning point for me," he said. "I also somehow managed to come literally 16th in the men's category, which was just so absurd for me."

Robin's biggest accomplishment was his first podium finish – third place at a race in Rautalampi, Finland in February.

Andrew's season ended on an especially high note in Yokohama, Japan. "I got to race my brother, the person who got me into this sport, on TV for my friends and family to watch."

Because the sport is relatively new, the ice cross community is extremely close-knit.

"I've played a couple competitive sports and I've never really done anything that quite compares to the community in ice cross," Andrew said. "You see these top guys there who I watch on television, and it's like oh my god, you idolize these people. And they just come talking to you like you're everyone else, and it's so cool."

"Obviously on the track, it's competitive, but you see after every race it usually ends with a big hug and congratulations no matter what place you come in."

Robin tries to encourage friends to give the sport a



Robin Worling shows off his ice cross bronze medal from a race in Rautalampi, Finland.

PHOTOS: CAITLIN HEFFERNAN

try. "It's such a different and unique sport that you're going to look like an idiot the first couple times down and you kind of just have to accept that."

The two compete for Great Britain rather than Canada, as they have dual citizenship through their father. This allows them to enter more races since there are many fewer British skaters.

"It's always funny when they come up to you and they're like 'Oh, whereabouts from England do you live?' and we're like 'Oh, Ottawa!'" Andrew said. "It's fun for my dad to see that because he's obviously proud of where he came from, and it's fun to compete for a country other than Canada just to kind of stand out."

Andrew's goal for now is just to stay fit during the off-season. As for Robin? "I'll hopefully get into the top three one day, I don't know. We'll see." Robin planned to compete in his last race of the season on March 21 in Moscow but that event was cancelled because of the coronavirus.

Caitlin Heffernan is a third-year journalism and linguistics student at Carleton University who loves hockey, classic rock and Douglas Adams novels.

At Glebe Cooperative Nursery School, cooperation is our middle name

By Genna Woolston

In troubling times like these, cooperation is essential. This virtue is fundamental at the Glebe Cooperative Nursery School, where we start teaching it early. Cooperation is our middle name. Well okay, cooperative is also our middle name, but it's 2020 and many of our students have two middle names as well!

Although our school is temporarily closed because of the COVID-19 pandemic, we are still cooperating to maintain the community that is so important to the children. Teachers are emailing resources to families for home-schooling. Through our secure email, they are also facilitating the sharing of photos of children playing at home.

When many people think of a cooperative nursery school, they think about how the adults work together to create a special learning environment for children. While the contributions of parents, guardians, caregivers and teachers are essential, I'd like to focus on how the children help to create a strong community space.

When I told my daughter Madeleine that we'd be writing a story about cooperation, she suggested we talk about clean-up time. With a few prompts, here are Madeleine's own words to describe it:

"We work together to clean up. The song means to clean up, not to not clean up. We look around the classroom. My teachers say, 'Is it clean?' If it is, we go to story time. If it isn't, we keep cleaning up.

"We started a paper link at the ceiling. If we clean up before the song ends, we get a link. Two or three weeks ago, we got a paper link and we got ice cream that day. Now we're almost at the floor."

What a great way to visualise the good things come when we work together.

The teachers have come up with many fun ways for the children to collaborate. On my duty day, I watched the kids doing a collaborative art project where they rolled paint-filled cars down a paper ramp. The speedy red cars mixed with blue ones to make long, criss-crossing paths of various shades. While there were a few extra trips to wash their hands, teacher Kim Unsworth said "if you're not getting messy, you're not doing something right

The preschool children also contribute to their community through Show & Share. Each day, a few are asked to bring something they want to share with their classmates. Madeleine tells me that Zachary once brought an excavator, and she was proud to share her stuffed bunny.

Another fun cooperative project this year was a community fruit salad. The children each brought their favourite fruit, and teachers helped them peel, scoop, cut, dump and mix them all together. The result was a colourful and nutritious snack that the children were proud of and happy to share.

Sharing food is commonplace at the school. Each family is responsible for bringing snack on their duty day. Last year, Madeleine requested we make grape muffins. Never having heard of



Children in the preschool class work together on a collaborative fruit salad with the assistance of teacher Kim Unsworth. PHOTO: ANDREW ROBERTS

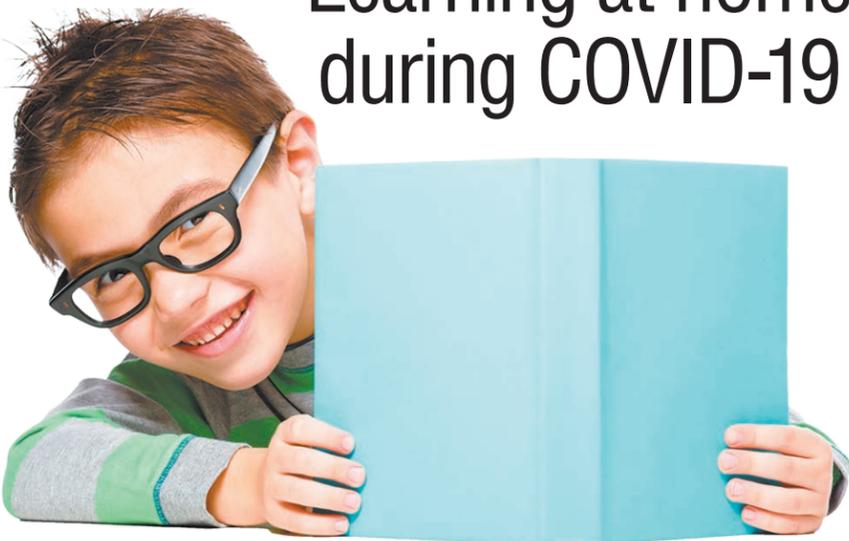
such a thing, I wasn't sure we'd find a recipe but, sure enough, the Internet has everything. I had to giggle when her classmate Hazel said, "I love grape muffins," as if she eats them every day!

Families are also responsible for one volunteer position outside of the classroom. Some jobs are conducive to involving children. These duties include contributing to bake sales, making playdough for the classroom and ensuring the school has a fresh batch of laundered, reusable rags for cleaning. Other jobs include coordin-

ating fundraising events, leading registration, organizing classroom logistics and communications. Of course, we are very grateful for our dedicated board of directors, which make sure our school runs well today and into the future.

Genna Woolston's daughter, Madeleine, has been attending the Glebe Cooperative Nursery School since September 2018. They live in Old Ottawa South with partner and dad Andrew.

Learning at home during COVID-19



At date of publication, all publicly funded schools in the province are closed until May 4, 2020. Look for any updates from the Ontario Ministry of

Education.

During school closures, students are expected to carry out online learning as outlined by the ministry in its Learn at

Home program. Teachers will use technologies like email, Google Hangouts, ZOOM etc. to communicate with their students and parents remotely. Teachers are to provide feedback to students on their learning and progress, and students will receive a report card at the end of the term. According to ministry documents, "there is a strong commitment to ensuring that all students can finish their academic year and be supported to advance to the next year or earn credits they need to graduate."

KINDERGARTEN TO GRADE 3

For younger children up to Grade 3, the focus will be on the basics: literacy and math. Young children are expected to do five hours of online learning per week, or an hour a day.

GRADES 4 TO 6

For Grades 4 to 6, emphasis is still literacy and math, but also science and technology and social studies. Again,

the expectation is that students do online learning five hours per week.

GRADES 7 AND 8

For Grades 7 and 8, learning will concentrate on literacy, math, science and technology, as well as history and geography. Students in these grades should do 10 hours of online learning per week, or about two hours a day.

GRADES 9 TO 12

For secondary students, the focus will be on accumulating credits, and for Grade 12 students, ensuring graduation. Students are expected to do three hours of learning per course for semestered courses, or 1.5 hours per course for non-semestered courses. There will be tasks and projects to complete, and teachers will provide feedback and marks. Grade 12 students will receive mid-term marks, and all secondary students will receive a report card at end of term.

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GRAPEVINE

This space is a free community bulletin board for Glebe residents. Send your GRAPEVINE message and your name, email address, street address and phone number to grapevine@glebereport.ca (or drop it off at the Glebe Report office, 175 Third Avenue). **Messages without complete information will not be accepted. FOR SALE items must be less than \$1,000.**

COMMUNITY CONNECTIONS

ABBOTSFORD HOUSE EVENTS (glebecentre.ca/abbotsford-events/) are all postponed until further notice. For Community Support Services such as medical drives, housekeeping and grocery service information, please email abbotsford@glebecentre.ca or call 613-230-5730 anytime during regular hours of operation.

CALLING GLEBE ARTISTS! The GLEBE ART IN OUR GARDENS AND STUDIO TOUR 2020 will take place July 4–5. We are accepting applications from local artists who live, work or have studios in the Glebe. We are looking for a variety of high-quality, original artwork from painters, potters, sculptors, photographers. Established and emerging artists are welcome to apply. A few spots are available for guest artists who can exhibit their work in the studio or garden of an artist or friend in the neighbourhood. The deadline for submission is April 30. For information and an application form, please contact glebearttour@hotmail.ca or visit our website for images of past tours glebearttour.ca.

THE DEMENTIA SOCIETY OF OTTAWA AND RENFREW COUNTY has made the decision to close our offices until further notice but we will continue to respond to emails and phone messages. Email: info@dsorc.org or call 613-523-4004.

FRIENDS OF THE FARM MASTER GARDENER LECTURES friendsofthefarm.ca/master-gardener-lectures/ - Three lectures have been cancelled: Our Gardens and Climate Change, Tues., Apr. 21; Colour Through the Seasons, Tues., May 5; and Into the Night Garden, Tues. May 19.

FRIENDS OF THE FARM 2020 ANNUAL MEETING scheduled for May 6 has been postponed.

FRIENDS OF THE FARM 2020 ANNUAL PLANT SALE scheduled for May 10 has been cancelled.

JANE'S WALK FESTIVAL OTTAWA-GATINEAU 50+ FREE WALKING TOURS (janeswalkottawa.ca) postponed until Sept. 12–13.

It is with a heavy heart that we must inform you that we are cancelling **THE NEW ART FESTIVAL 2020**.

The OLD OTTAWA SOUTH GARDEN CLUB meeting scheduled for Apr. 20 has been cancelled. For updates about the May 11 meeting and May 17 guided tour of the local honey company Gees Bees, please go to the Old Ottawa South Community Association website oldottawasouth.ca.

OTTAWA CHILDREN FESTIVAL (ottawachildrensfestival.ca/) scheduled for May 6–10 has been cancelled.

The OTTAWA GRASSROOTS FESTIVAL and Algonquin College Performing Arts variety show, Algonquin College Entertainers Showcase, is going virtual. Due to the unfortunate circumstances concerning COVID-19, the public event had to be cancelled.



PHOTO: JOCK SMITH

In an effort to slow the spread of COVID-19, we decided to cancel the **OTTAWA REGIONAL SCIENCE FAIR for 2020**. The fair was scheduled for April 3–4 at Carleton University.

THE OTTAWA SOCIETY FOR THE ARTS AND SCIENCES announces that Dr. Tepper's discussion scheduled for April 23 has been postponed indefinitely. Please check osfas.ca/ for future updates.

ST. PAT'S CRAFT FAIR scheduled for Apr. 25 has been cancelled.

WALK FOR DEMENTIA (walkfordementia.ca) scheduled for May 8 has been postponed.

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WHERE TO FIND THE *Glebe Report*

With many businesses in the Glebe closed or restricted during the pandemic, the *Glebe Report* may be a tad harder to find this month. But the following businesses have stepped up and agreed to carry copies of the April issue or to include copies in their take-out and delivery packages.

Kudos to them for playing an important part in bringing local news to their Glebe neighbours. Our heartfelt thanks!

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- Il Negozio Nicastro
- Last Train to Delhi
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- Von's Bistro
- Whole Foods
- Whole Health Compounding
- Pharmacy Glebe
- Wild Oat Bakery



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Children at the Glebe Cooperative Nursery School, Sam (left) and Gus (right), create a collective art piece with cars.

PHOTO: HELEN BRYDGES

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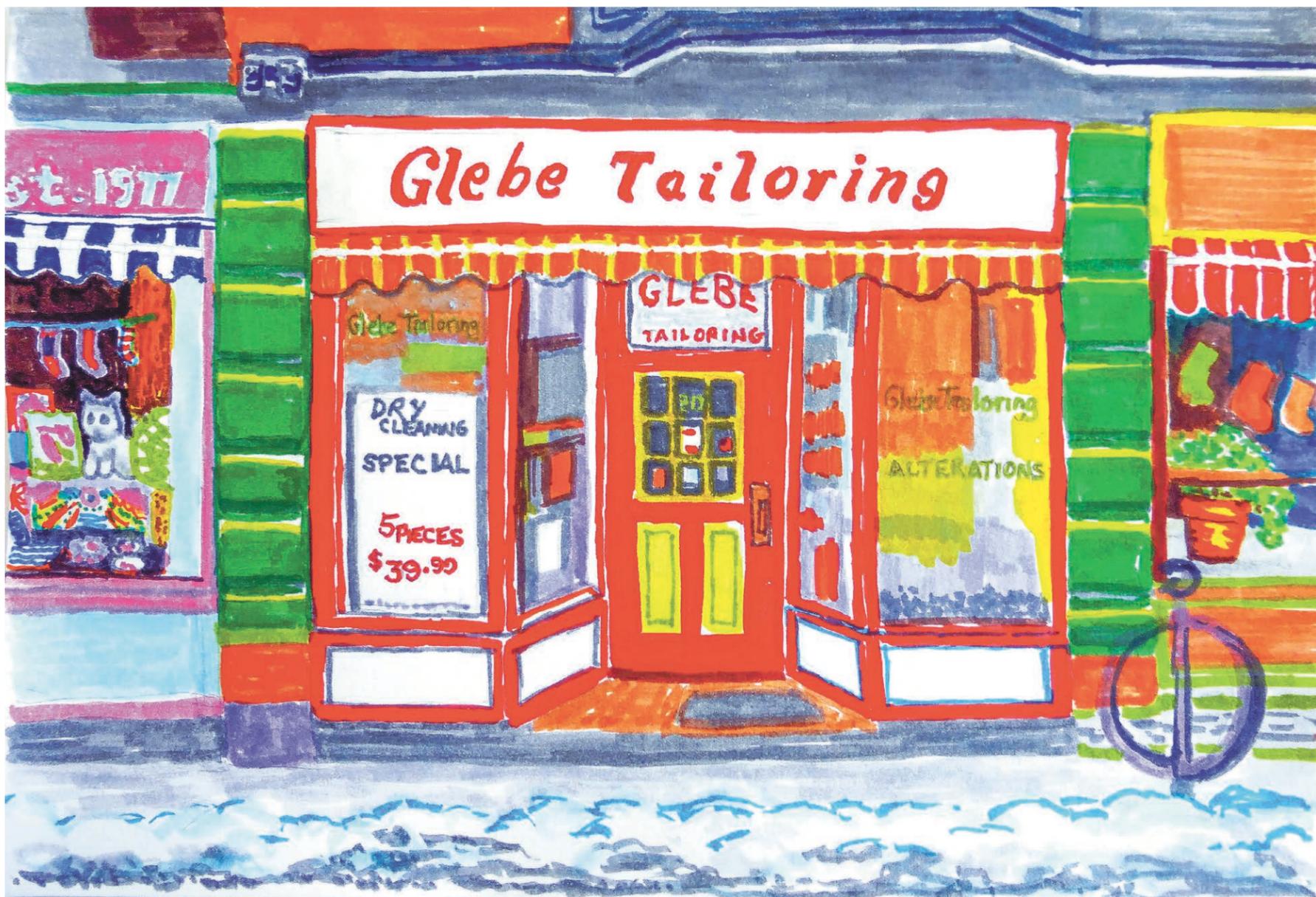
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Despite the Glebe CC being closed, GNAG is working hard to offer online programs for all ages and as many interests as we can. As I create this ad, these are the classes we offer but by the time you receive this edition of the Glebe Report, there will be many more! Check us out at GNAG.ca under ONLINE classes.

- Fitness and Yoga for adults
- Boredom Busters for kids and youth
- Circle Time for preschoolers and kids
- Art for all ages

We look forward to seeing you in our online classes. If you have any questions, email us at info@gnag.ca.