

# glebe report

Serving the Glebe community since 1973 **August 19, 2022** [www.glebereport.ca](http://www.glebereport.ca)    @glebereport ISSN 0702-7796 Vol. 50 No. 6 Issue no. 546 **FREE**

## Crazy Pho You a little-known gem

By Faith Greco



Crazy Pho You is hidden in plain sight at the corner of Bronson and Carling

PHOTOS: SERENA YANG @SERENAQYANG

Crazy Pho You, at the corner of Bronson and Carling, specializes in authentic Vietnamese, Thai and Chinese cuisine. The restaurant's newest owner, Khanh Luu, is excited to serve the local community his delicious fresh food.

According to Luu, his parents were the first to open a Vietnamese restaurant in Ottawa – it was called Little Saigon. As a self-described “restaurant kid,” Luu grew up in the service industry. Watching his parents successfully run a restaurant inspired Luu to eventually pursue the same line of work.

“When I was in high school, which was probably 25 years ago, this was an Italian restaurant. So I told myself one day, I will open a really nice Vietnamese restaurant here, eventually. The opportunity came and I took it.”

Though he grew up in the neighborhood where the restaurant is located, the road to Crazy Pho You wasn't a straight line. Luu worked as a computer engineer, then owned and operated a construction company for 20 years. It was a major career transition to get into the restaurant business, a risk that has undoubtedly paid off.

“Opening the restaurant was a bit nerve wracking at the beginning, but I knew I could do it because I cook,” Luu said.

Using his intergenerational knowledge of Asian cuisine, Luu has put his unique spin on his family's recipes, improving already fabulous dishes. He believes the authenticity of this restaurant is what sets it apart from similar



“We do everything in house,” says Khanh Luu.

establishments. The prices are excellent, given the generous servings and the quality of the food.

“Our spring rolls set us apart. My mom still makes the spring rolls. Our banh mi also sets us apart because we barbecue the meat. And our pho, we stew the broth for almost two days,” says Luu. “Everything we use is from scratch. We don't take anything outside. We do everything in-house.”

The pho is packed with succulent meat, noodles and veggies, but the broth is definitely the star of the dish. It is bursting with flavour and evokes the feeling of comfort as you can truly taste the amount of care and effort put into it.

The restaurant gives off a relaxed yet sophisticated energy. You can expect to be greeted with a light smell of incense mixed with a melody of spices being used in the kitchen. Plants line the restaurant, adding hints of green to the predominantly white and black room.

Little glass-boat decorations can be found on the tables and LED lights line the bottoms of the booths, constantly transitioning colors. Multiple TVs are mounted on the walls. However, the most eye-catching decorative element is the modern graffiti wall. To support local business, Luu hired a young artist to produce the red doodle-esque

*Continued on page 2*

### Index

ABBOTSFORD .....	14
ART .....	22, 23
BOOKS .....	19
BUSINESS .....	1-2, 3
COMMUNITY .....	17
ENVIRONMENT .....	12, 13
FILM .....	21
FOOD .....	18
GARDENS .....	31
GLEBE HERITAGE .....	6, 7
GLEBOUS & COMICUS .....	30
HOME .....	29
MUSIC .....	24
REFLECTIONS .....	26
REFUGEES .....	8
REPS & ORGS .....	9-11, 16, 27
SCHOOLS .....	32, 33
THEATRE .....	20
TRANSPORTATION .....	28
TREES .....	25

### Mark Your Calendars

House of PainT Festival .....	Aug. 19-21
Ottawa Book Expo .....	Aug. 26-28,
	Horticulture Building
GNAG Fall registration .....	Aug. 30, 7 p.m.,
	online, phone, email
GNAG Auditions for musical .....	Sept. 7-8,
	book at gnag.ca.
Glebe Fine Art Show .....	Sept. 17-18,
	10 a.m. – 4 p.m., GCC
GNAG AGM .....	Sept. 21, 7 p.m., details TBD
GCA monthly board meeting .....	Sept. 27, 7 p.m., via Zoom

### What's Inside



Garages of the Glebe .....Page 6, 7



A Hudson's Bay Canoe .....Page 23

NEXT ISSUE: **Friday, September 16, 2022** EDITORIAL DEADLINE: Friday, August 29, 2022  
ADVERTISING ARTWORK DEADLINE\*: Wednesday, August 31, 2022

\*Book ads well in advance to ensure space availability.



**McKeen**  
**metro** GLEBE

Full service online grocery shopping  
& home delivery... 7 days a week

[www.metroglebe.com](http://www.metroglebe.com)

754 Bank Street | 613.232.9466



**GOLDART**  
JEWELLERY



Look Familiar? See Our Ad Inside!

722 BANK STREET 613.230.5333 [GOLDART.CA](http://GOLDART.CA)





This year's New Art Festival was held once again in Central Park.  
PHOTO: LUCY BOTTOMLEY



Crazy Pho You owner Khanh Luu and his young family

Crazy Pho You Continued from page 1

drawings that plaster one of the walls, giving a very modern feel.

The restaurant was hit hard by the COVID-19. Luu explains that prior to the pandemic, a majority of customers were high school or university students. The restaurant lost half its business during the pandemic but hopes to return to normal soon. It is a great hangout spot for students, whether it's to come for a meal or for a study session alone or with friends.

Crazy Pho You is going to be releasing a highly anticipated dessert menu in the near future. Luu says we should expect to see a Cuban flan. He also plans to introduce an Italian tiramisu – though not an Asian dish, the owner has an affinity for it after living in Little Italy his whole life.

“Because I grew up in little Italy, I’m kind of stuck in little Italy,” Luu said.

Crazy Pho You receives glowing Google reviews, and it’s no wonder why this restaurant is a hit. The food, service and atmosphere are truly top notch. This hidden gem of a restaurant is the ultimate hangout for anyone looking for a great meal and a great time.

Faith Greco is a third-year journalism student pursuing a minor in history at Carleton University. She is The Charlatan’s op/ed editor, a foreign correspondent for Panoramic Magazine, and social media manager for CASE RNs. She has published in the Ottawa Citizen, Glebe Report, The Charlatan, Panoramic Magazine, Healing and The Sun.

LOOKING FOR  
ESTATE JEWELLERY

Items of Interest

Gem Quality Diamonds 3ct+  
Old Cut 1ct+

Gem Quality Natural Colour Diamonds  
Quality Gems

Kashmir Sapphires, Burma Rubies, Old Colombian Emeralds,  
Black Opals, Old Demantoid Garnets, Red Beryl

Fine Period Jewellery  
Edwardian, Art Nouveau, Art Deco

Fine Signed Jewellery  
Boucheron, Cartier, Lalique, Van Cleef & Arpels

Platinum, Gold, and Stainless  
Patek Philippe, Vacheron Constantin

Old Cartier Clocks    Tiffany Lamps  
All Models                      All Models

Please E-mail or Call:

SALES@GOLD-ART.COM (613) 230-5333





FULL BODY WORKOUT  
AND MOBILITY

 Sep 12 to Nov 25  
Mondays & Fridays  
@11:00 am

 info@instephealth.ca  
343.204.1303

 738-A Bank Street  
Ottawa

21 CLASSES  
FOR \$259



# The Margarita Mural: Emilio's love letter to the Glebe



Emilio Escobedo (left) with artist Daniel Martelock in front of the finished mural

By Bobby Eros

The Margarita Restaurant opened in January 2020, just before the pandemic hit Ottawa. Emilio Escobedo, the owner of the restaurant, said he was hesitant to buy the place and wouldn't have if his mother, after whom the restaurant is named, hadn't pushed him to do so. The building that Escobedo purchased was in the heart of the Glebe, less than a five-minute walk from TD Place, at the corner of Bank Street and Clarey Avenue. And it had a mural on the side of it: a whale being carried by balloons. Escobedo, unfamiliar with the culture of the neighbourhood he had just entered, decided to paint over the mural, much to the chagrin of the

community. Apparently, the Glebe BIA had commissioned a local artist to create the mural and they were none too happy to see it gone. "When I moved to Canada, I did not know anything about the Glebe or how strong the community here was," Escobedo explained. "The last thing I wanted to do was have issues with this community, especially one that's supporting my business." Once Escobedo realized the significance of his action, he set forth to make it right. Flash forward, and now another beautiful mural covers the wall on the corner of Bank and Clarey. "When I painted over that mural, I had no idea how much it meant to this community, or I never would have done it," said Escobedo. "In my head,

I just thought that it has nothing to do with my business, so I painted over it in white." Escobedo's solution was to get in touch with the original artist, Daniel Martelock and ask him to do another mural, one that reflected both the vibrance of the Glebe community and the culture of the Margarita restaurant. That is something near and dear to Escobedo's heart, maintaining a distinctive Latin feel while providing a service for the cultural melting pot that is the Glebe. Martelock was thrilled to get the call. "I was surprised when they took my original mural down, but when he contacted me, there was no hesitation, absolutely I was in." Martelock was all business from the get-go. "When we met for the first time, I checked out his ideas, his business. . his menu, just to get more of a feel as to what would suit his business." In the end, Martelock went with a simple but beautiful mural design, painting vibrant, violet margarita flowers across the wall and interspersing them with other flowers from Escobedo's hometown in Mexico. The focus of the mural was Martelock's calling card, a chickadee wearing a medic's helmet. Martelock always incorporates a small bird into his art as he considers them one of the bravest animals. "Small birds don't migrate for the winter, they stay here like us, helping each other fight the cold, like a bird army." The bright flowers are a perfect choice for the Margarita restaurant, matching the energy and colour inside

the restaurant. Escobedo often holds Latin-themed events within the restaurant, including live music. "Once we had an 18-man mariachi band playing in here, it was so incredible," Escobedo explained. "Now that the pandemic is finally on the downswing, I can't wait to hold more events like that one." Escobedo keeps home close to the heart with his restaurant. "Margarita was inspired by the places I used to own back in Mexico, and I want to keep that legacy alive here. All of my mother's recipes are still used here, although we did have to make the mole tacos a little less spicy." Despite that, they are still his favourite menu item, and he'll often take some home with him after a long day. It may have taken a few years and a few ruffled feathers, but it is safe to say that Escobedo has been accepted into the Glebe's flock.

Bobby Eros is a fourth-year journalism student at Carleton with a passion for writing about his hometown.



Emilio Escobedo, Margarita restaurant owner PHOTOS: BOBBY EROS

# One-stop dental services

OueisDentistry.ca

Oueis Dentistry makes it easy for you to attend to *all* of your dental health needs in *one* convenient location.

Call us today at (613) 233-2000.

- Full range of general dental services
- Dental implants
- CEREC (same-day crowns)
- Invisalign
- Braces

- Oral surgery
- Root canal treatment
- Sirona 3D dental cone beam
- Cosmetic services

**The Dental Office**  
at Lyon & Glebe  
645 Lyon Street South  
(613) 233-2000  
*On-site parking available*

*“Your Family’s Smile is our Family Business!”*

@OueisDentistry

Copyright © August 2022  
Dr. John Oueis Dentistry Professional Corporation



Images of the Glebe



Aberdeen Festival, Lansdowne PHOTO: LIZ MCKEEN

Cannabis and community

In case you missed it, the Glebe now has half a dozen cannabis dispensaries: The Good Company, Superette, Plateau, High Ties, Big Bamboo and now One Plant, which just opened on the ground floor of the Amica building.

If we take the Glebe and Glebe Annex population as about 13,000 (according to uOttawa’s Neighbourhood Study), then we appear to have a cannabis outlet for every 2,200 people.

If you remove children and youth from that figure, the Glebe population is about 9,000 adults. (About 2,000 of those are over 65, but baby boomers are as interested as anyone in cannabis, so let’s leave them in.) That makes it one cannabis outlet for every 1,500 Glebe adults.

Never have we been so well served.

On the other hand, we have three or so grocery stores and three drugstores. Only one hardware store. We have, I believe, only two corner stores left, after losing Yaghi’s and Fifth Avenue Grocery as well as the Mac’s Milk on Bank Street.

What’s my point? I start to think about the kind of community we are or want to be. Ivo Krupka’s article (page 32) on the close ties between Bank Street businesses and Glebe Collegiate over the last hundred years is an arresting reminder of the value of deep

neighbourhood connections that build community over many years. How often do you run into people you know in the grocery store or drug store or drycleaners? The businesses that get to know their regulars, that donate goods for community events, that support local causes, that hire the teenagers of their customers, that serve in some ways as hubs for neighbours meeting neighbours – these are the building blocks of community.

There’s nothing wrong with cannabis dispensaries. But for long-term nurturing of strong community ties, we may need to look elsewhere.

—Liz McKeen

glebe report www.glebereport.ca

Established in 1973, the *Glebe Report*, published by the Glebe Report Association is a monthly not-for-profit community newspaper with a circulation of 7,500 copies. It is delivered free to Glebe homes and businesses. Advertising from merchants in the Glebe and elsewhere pays all its costs, and the paper receives no government grants or direct subsidies. The *Glebe Report*, made available at select locations such as the Glebe Community Centre and the Old Ottawa South Community Centre and Brewer Pool, is printed by Winchester Print.

EDITOR..... Liz McKeen editor@glebereport.ca

COPY EDITOR..... Roger Smith

LAYOUT DESIGNER..... Jock Smith layout@glebereport.ca

GRAPEVINE EDITOR..... Micheline Boyle grapevine@glebereport.ca

WEB EDITOR..... Peter Polgar website@glebereport.ca

SOCIAL MEDIA..... Sophie Shields

ADVERTISING MANAGER..... Judy Field advertising@glebereport.ca 613-858-4804

BUSINESS MANAGER..... Debbie Pengelly accounting@glebereport.ca

DISTRIBUTION MANAGER..... Hilda van Walraven circulation@glebereport.ca

COMMERCIAL DISTRIBUTORS..... Teddy Cormier, Eleanor Crowder

PROOFREADERS..... Jennifer DCosta, Jeanette Rive

AREA CAPTAINS..... Martha Bowers, Bob Brocklebank, Judy Field, Ginny Grimshaw, Jono Hamer-Wilson, Brenda Perras, Hilda van Walraven, Della Wilkinson

CONTACT US  
175 Third Avenue  
Ottawa, Ontario K1S 2K2  
613-236-4955

Twitter Facebook Instagram @glebereport

SUBMIT ARTICLES  
editor@glebereport.ca.

OUR DEADLINES  
For *Glebe Report* advertising deadlines and rates, call the advertising manager. Advertising rates are for electronic material supplied in pdf format with fonts embedded in the file.

Views expressed in the articles and letters submitted to the *Glebe Report* are those of our contributors. We reserve the right to edit all submissions. Articles selected for publication will be published in both a printed version and an online version on the *Glebe Report*’s website: www.glebereport.ca. **Please note:** Except for July, the paper is published monthly. An electronic version of the print publication is subsequently uploaded online with text, photos, drawings and advertisements as a PDF to www.glebereport.ca. Selected articles will be highlighted on the website.

The *Glebe Report* acknowledges that its offices and the Glebe neighbourhood it serves are on the unceded lands and territories of the Anishinaabe people, comprised of the Ojibwe, Chippewa, Odawa, Potawatomi, Algonquin, Saulteaux, Nipissing and Mississauga First Nations.



**Amica The Glebe** retirement residence is now open at 33 Monk Street, backing on Bank Street.

**One Plant Cannabis Dispensary** is now open at 900 Bank Street, unit 150, on the ground floor of Amica The Glebe.

Rumours have it that a *tattoo removal clinic* will be coming to 900 Bank Street, unit 140.

**Purple Urchin** moved in August. “But don’t worry, we’re not going far! Our new location will be a few blocks away in Old Ottawa South.”

**ChungChun** Korean-style rice hot dogs is now open at 725 Exhibition Way in Lansdowne.

*Registered massage therapy and craniosacral therapy*, 149 Second Ave, Suite 201. By appointment. Christie-keelingrmt.com, mackenziesherriffclaytonrmt.com.

**Vape Near You** now open at the corner of Bronson and Clemow.

**Ottawa Vintage Clothing** now within Dep barbershop at Bronson and Powell.

**Haven’s Creamery** opening soon at 755 Bank Street, formerly Purple Urchin. “Local hand made batch-by-batch ice cream” havensicecream.com

Contributors this month

- |                    |                     |
|--------------------|---------------------|
| Iva Apostolova     | Julie Ireton        |
| Karen Anne Blakely | Christiane Kingsley |
| Anthony Boucher    | Ivo Krupka          |
| Karen Cameron      | Janice Manchee      |
| Eleanor Crowder    | Pat Marshall        |
| John Crump         | Lamar Mason         |
| John Dance         | Shawn Menard        |
| Barbara Jane Davy  | Yasir Naqvi         |
| Jenny Demark       | Marisa Romano       |
| Eileen Durand      | Sarah Routliffe     |
| Bobby Eros         | Sophie Shields      |
| Katie Fice         | Sue Stefko          |
| Rob Fillion        | Wendy Thomson       |
| Marjorie George    | Martha Tobin        |
| Faith Greco        | Janet Uren          |
| Barb Grisdale      | Della Wilkinson     |
| Joel Harden        | Serena Yang         |
| Scott Healey       | Zeus                |
| Jennifer Humphries |                     |



The Glebe neighbourhood arrived in force to say goodbye to Mary Tsai, long-time executive director of the Glebe Neighbourhood Activities Group, who retired in June. PHOTO: LIZ MCKEEN

Correction

In Marisa Romano’s article, “Skillet chard from the monastic table of Valserena,” in the June 2022 *Glebe Report*, the accompanying photos are by Francesca Nocchi.



# The Daycare that Dave built

Re: “Glebe Parents’ Day Care turns 50!”  
Glebe Report, June 2022

Editor, Glebe Report

I enjoyed reading the article by Janice Cameron-Caluori and Maggie Kerkoff celebrating the 50th anniversary of Glebe Parents Day Care. I also worked there from 1976 to 2018, and the article brought back many fond memories.

I would like to add something important to this narrative: An acknowledgment of the person whose vision and energy saw the idea through for a purpose-built building, Dave Hagerman.

Although all of us grumbled and wished for a better space, it was Dave who brought the idea to the parents and staff and put together a plan to make it happen. We all helped and supported Dave’s initiatives. We went to fundraisers and worked and sold tickets and cleaned up afterwards and had a great deal of fun doing it, but it was Dave who wrote the grant applications, found the land, got the zoning change, made the budgets and got them approved.

Sadly, Dave Hagerman died in 2015, but the legacy he leaves and the vision he brought to Glebe Parents Day Care lives on in the beautiful building on Fifth Avenue.

Congratulations to Glebe Parents Day Care for 50 years of commitment to quality care.

Wendy Thomson



# Speeding from the Driveway

Re: “Stunt driving on First Avenue,”  
Glebe Report, June 2022

Editor, Glebe Report

I am afraid the “stunt driving” is not limited to First Avenue. I live on Third and have seen the practice here and on the other avenues.

Despite the sign at the corners of the avenues and the Driveway indicating “one way,” traffic from the Driveway is increasingly cutting onto one of the avenues. This traffic includes regular drivers, taxis and delivery vehicles, among others.

The main concern, as I see it, is the risk of accident with a pedestrian or another vehicle. The vehicles turning onto the avenues do so at a fair clip, likely so as not to hold up traffic behind or perhaps not to be noticed. A person crossing the avenue or a vehicle waiting to turn onto the Driveway is at risk. People do not expect vehicles to be turning onto the avenues and certainly not at speed.

I agree with the author of the above that there is also a lot of speeding. I would like to see a camera set up to catch some of the illegal turns and the speed of the vehicles, if possible. I have expressed this concern to Councillor Menard.

Barb Grisdale



SEPTEMBER 2022

# POETRY QUARTER

## HELLO, WELCOME. FAREWELL, ADIEU.

Send your Poetry Quarter poems that illuminate arrivals or departures (physical or metaphorical), that explore new beginnings or close chapters. Share a eureka moment of coming or going, starting or ending.

- As usual, poems should be:
- Original and unpublished in any medium (no poems submitted elsewhere, please);
  - No more than 30 lines each;
  - On any aspect of the theme within the bounds of public discourse; and
  - Submitted on or before Monday, August 29, 2022.

Poets in the National Capital Region of all ages welcome (school-age poets, please indicate your grade and school). Please send your entries (up to 5 poems that meet the criteria) to [editor@glebereport.ca](mailto:editor@glebereport.ca). Remember to send us your contact information and your grade and school if you are in school.

Deadline: Monday, August 29, 2022



Lansdowne Farmers Market  
PHOTOS: LUCY BOTTOMLEY

## Our Volunteer Carriers

Jide Afolabi, Jennie Aliman, Tyler, Luke & Claire Allan, Lawrence Ambler, Ella Åsell, James Attwood, Aubry family, Miko Bartosik, Alessandra & Stefania Bartucci, Adrian Becklumb, Beckman family, Joanne Benoit, Inez Berg, Naéma and Raphaëlle Bergevin Hemsing, Carolyn Best, Daisy & Nettie Bonsall, Martha Bowers, Bowie family, Adélaïde and Éléonore Bridgett, Bob Brocklebank, Ben Campbell-Rosser, Stella Cauchi, Bill Congdon, Tony Carricato, Ava & Olivia Carpenter, Ryan & Charlotte Cartwright, Chiu-Panczyk Family, Sarah Chown, Sebastian, Cameron & Anna Cino, Avery & Darcy Cole, Jenny Cooper, June Creelman, Marni Crossley, Dawson family, Richard DesRochers, Davies Family, Marilyn Deschamps, Diekmeyer-Bastianon family, Dingle family, Delia Elkin, Nicholas, Reuben, Dave & Sandra Elgersma, Thomas and William Fairhead, Patrick Farley, James & Oliver Frank, Judy Field, Federico Family, Maria Fobes, Liane Gallop, Joann Garbig, Madeleine Gomery, Camilo Velez Gorman, Barbara Greenwood, Ginny Grimshaw, Henry Hanson, Oliver, Martin, Sarah & Simon Hicks, Hook family, Cheryl Hothersall, Jeevan & Amara Isfeld, Jungclaus Family, Janna Justa, Michael Khare, Lambert family, Leith and Lulu Lambert, Jamie, Alexander & Louisa Lem, Brams and Jane Leswick, Aanika, Jaiden and Vinay Lodha, Vanessa Lyon, Pat Marshall, Alicia McCarthy & family, Catherine McArthur, Ian McKercher, Matthew McLinton, Julie Monaghan, Thomas Morris, Vivian, Elliot & Kate Moulds, Karen Mount, Maddy North, Diane Munier, Mary Nicoll, Xavier and Heath Nuss, Sachiko Okuda, Matteo and Adriano Padoin-Castillo, Brenda Perras, Brenda Quinlan, Annabel and Joseph Quon, Beatrice Raffoul, Bruce Rayfuse, Kate Reekie, Thomas Reevely, Mary & Steve Reid, Jacqueline Reiley-King, Anna Roper, Lene Rudin-Brown, Sabine Rudin-Brown, Casimir & Tristan Seywerd, Jugal James Shah, Short family, Kathy Simons, Abigail Steen, Stephenson family, Tara Swords, Ruth Swyers, Saul Taler, Christine Thiesen, John & Maggie Thomson, Tom Trotter, Trudeau family, Zosia Vanderveen, Veevers family, Nick Walker, Erica Waugh, Vanessa Wen, Paul Wernick, Howard & Elizabeth Wong, Ella & Ethan Wood, Fil Young/Harriet Smith, Murray and Christie Wong, Martin Zak.

## WELCOME TO:

Naomi and Audrey Cabassu

## THANKS AND FAREWELL:


Ruby McCreary  
Alexandria Sjöman



## AVAILABLE DELIVERY ROUTES

Bronson Carling to Fifth  
Bronson Fifth to the bridge  
QED Greek Embassy to Bronson  
Old Sunset Blvd

CONTACT: [circulation@glebereport.ca](mailto:circulation@glebereport.ca)



The Royal's  
Institute of Mental Health Research  
affiliated with the University of Ottawa



uOttawa

## PARTICIPATE IN RESEARCH AT THE ROYAL

Exploring the Link between Perinatal Mental Health and Diet in the Context of the Microbiota-Immune-Brain Axis

Principle Investigator: Dr. Marie-Claude Audet

### Are you between 4 and 20 weeks pregnant?

You may be eligible to participate in an observational study examining whether **prenatal dietary patterns** influence **postpartum mental health symptoms** in women.

#### Who Can Participate

**Pregnant women:**


- Between 18 and 40 years old
- Between 4 and 20 weeks gestation
- No history of diagnosed psychiatric disorder

#### Participation in this study involves...

Completing 4 study visits throughout your pregnancy and postpartum period. These visits take approximately 1.5 hours each and will involve:

- Answering questions and completing questionnaires on your mental health, diet, and lifestyle
- Providing blood and stool samples

In appreciation of your time, you will receive a monetary compensation.



### Interested in participating in this study?

Please contact:

Dr. Caroline Wallace at [caroline.wallace@uottawa.ca](mailto:caroline.wallace@uottawa.ca)

Version 1.0; January 4 2022

This study has been reviewed and approved by the ROHCG REB as study #2022002







By Jennifer Humphries

On my rambles in the Glebe, I take a keen interest in fragments of our heritage lurking in side yards and alleys.

Sometimes a home’s garage catches my eye. Here are a few that illustrate the diversity in our neighbourhood’s places to store cars, bikes, tools and toys. Three of these suggest a possible earlier use, maybe as a workshop or repair service for Model Ts (produced until 1927). Some garages seem to be a featured element of the home, others are purely utilitarian. Whether maintained or not, straight or leaning, adjoining or detached, colourful or muted, they can be strangely attractive.

*Jennifer Humphries is co-chair of the GCA Environment Committee and co-chair of the Glebe Report board of directors.*

# GARAGES OF THE GLEBE



## OTTAWA, MEET AMICA THE GLEBE

It’s official – Ottawa’s newest premium senior lifestyles residence is open. With Independent Living, Assisted Living and Memory Care options available, you’ll always have the support you need, when you need it. Our luxurious amenities and life-enriching opportunities are designed to make every day more extraordinary, no matter how you wish to spend it.

**This is Amica The Glebe.**

Come see what senior living without compromise looks like. Join us for a tour, meet our team, and enjoy a complimentary lunch in one of our beautiful dining spaces.

Please call 613-233-6363 to reserve your date and time. Learn more at [amica.ca/theglebe](https://amica.ca/theglebe)

AMICA  
THE GLEBE







"STRAIGHT OR LEANING,  
ADJOINING OR DETACHED,  
COLOURFUL OR MUTED, THEY CAN BE  
STRANGELY ATTRACTIVE"



PHOTOS: JENNIFER HUMPHRIES

THE BBQ SEASON JUST GOT  
A WHOLE LOT BETTER AT



SUMMER BBQ SALE



AND GET  
THE  
ACCESSORIES  
YOU NEED!



HERE'S HOW!

736 Bank Street  
at Second Avenue  
613 234-6353

CapitalHomeHardware



Totally at home in **The Hub**  
**diane & jen**

WILLOWDALE  
VILLAGE  
LEBRINGTON  
FLATS  
DOWNTOWN  
HINTONBURG  
LITTLE ITALY  
CENTRAL TOWN  
OTTAWA  
EAST



**Walk to Westboro Beach!**  
Extensively renovated, special 3-storey, 3-bedroom,  
3 bath. Modern living close to everything.  
325 LANARK AVE | Listed at **\$849,900**



**Easy Living in Little Italy!**  
Stunning 3-bedroom, 3 bath executive townhome.  
204 LINDENPARK PVT | Listed at **\$949,900**



**Watch Hintonburg from your Condo Patio!**  
Stunning, immaculate 2-bedroom condo.  
211-10 ROSEMOUNT AVE | Listed at **\$599,900**



**Your Weekend Pied-a-Terre!**  
2-bedroom modern condo in Old Ottawa East.  
501-150 GREENFIELD AVE | Listed at **\$499,900**



**Dive into Waterfront Living in Burritts Rapids!**  
Rare post & beam w/4 beds, 3 solariums, pool + more.  
6 CENTRE ST | Listed at **\$1,649,000**

home@dianeandjen.com 613-422-8688  
**dianeandjen.com**

**ENGEL & VÖLKERS**  
Engel & Völkers Ottawa Central, Brokerage. Independently owned and operated



(This is part of a series of articles looking back at the challenges and successes of refugees sponsored by FACES.)



Hareth Hakem is now a Canadian.

# Iraq to Canada: The Hakem family finds a home



Marwa Hakem celebrates her newly acquired Canadian citizenship in her decorated home office.



Fahad (11) and Zaid (9), new Canadians, have completed grades 6 and 4.

By Marjorie George

**FACES** (First Avenue Churches and community Embracing Sponsorship) seeks justice by assisting refugees to come to Canada and by supporting the refugees' transition to a new life here. FACES is committed to being inclusive and open in refugee sponsorship regardless of faith, ethnicity, health condition or sexual orientation. FACES also believes there are benefits in working together and in reaching out to the local community for commitment and support in the pursuit of its purpose.

The Hakem family of four from Iraq arrived in Canada in September 2016. They had been asked whether they wanted to be sponsored by the government of Canada or by a group of Canadians purposely formed to help refugees; the father, Hareth, replied: “Whichever will get us there quicker!” The answer was a citizens’ group, so that is what they chose.

As Marwa, the mother, says now, it was such a piece of good luck for them. Ten people from the FACES group were smiling at them at the bottom of the escalator at the Ottawa airport, and she says it made all the difference.

Marwa wanted to be quoted on this subject. “The most important thing for newcomers is to feel welcome. You have come through war and threats of violence and have been waiting for such a long time to start your new life. Everything, absolutely everything, is so new, it is scary. So, to have a friendly group meeting you and helping you through your first year...well I wish all refugees could start their life in Canada this way.”

They left Iraq for Turkey precipitously in 2013 after Hareth refused to do something deeply corrupt at the customs office where he worked. He was given a warning and when he refused a second time, three armed men accosted him and pointed a gun at his sons. They told Hareth the kids would be shot if he did not cooperate. He rushed home, he and Marwa packed a few things and they disappeared for two weeks as they waited to get a passport for their youngest son. Then, with the help of family, they fled to Turkey, leaving behind everything they owned.

In Turkey, they were not allowed to get jobs, so they scraped by for three long years with donations from family. They frequently had to take seven-hour bus rides to go to

the UNHCR office and the Canadian Embassy for applications, interviews and medical checks. Marwa sat at her computer hour after hour, refreshing the page, hoping for news. Finally it came.

Both Marwa and Hareth have university degrees. Hareth originally spoke little English. After arriving in Canada, he worked at Tim Hortons, Uber and Uber Eats, then he got his Canadian high school diploma and learned English at the adult high school. Marwa says she learned English by watching movies and ignoring the subtitles. She now works at the Ottawa Hospital, having paid for training to become a lab technician. For the time being, Hareth is doing hospital lab deliveries part-time and the two of them try their best to juggle the schedules of their two boys, Fahad and Zaid, who have just finished grade six and four. They are working hard on their skills and knowledge to try to get jobs in the government sector so they can secure their kids’ future.

They are a lovely couple, always laughing and smiling, and it was a pleasure helping them get established here. They have put in a lot of hard work and they appreciate that in Canada efforts yield results. They have rented a townhouse off Innes Road with playgrounds nearby and the boys have made friends. Recently, Marwa and Hareth were thrilled to pass the citizenship test and become full-fledged Canadians. Marwa was disappointed that it was not an in-person ceremony, so she created a celebratory Canadian party atmosphere around her desk for the moment she took her vows.

Now their fondest wish is to go camping in the woods and eventually enjoy a holiday at a cottage so that they feel truly Canadian!

Marjorie George is a FACES community member and volunteer.

BROKER OF RECORD / REALTORS® Rob Marland | Jane Forsyth | Myha Ewart | Karen Gibson | Haidyn Picco

**MARLAND TEAM** 25 YEARS OF FOCUSED EXCELLENCE IN REAL ESTATE

**29 STRATHCONA AVE**  
**THE GLEBE**

Located half a block from the canal and benefitting from the walkability of the Glebe, you will want to leave the car in 'park'! This updated home features four bedrooms, one and a half baths and a main floor extension.

**43 WILLARD ST**  
**OLD OTTAWA SOUTH**

Live a wonderful urban life on Willard! Built on an extra deep lot in the walkable neighbourhood of Old Ottawa South, this luxurious home offering over 3000 sq ft is sure to impress.

**613.238.2801 | robmarland.com**

165 Pretoria Avenue  
Ottawa, ON K1S 1X1

**MARLAND TEAM**  
ROB MARLAND - BROKER OF RECORD

**Pauline's**  
School of  
Step Dancing

**Pauline's School of Step Dancing beginning in September at the Ottawa Bronson Centre.**

**Classes available for all ages!**

**Call: 819-684-7885**

**www.stepdancewithpauline.ca**





**Shawn Menard**  
Councillor, Capital Ward

📞 613-580-2487  
✉ capitalward@ottawa.ca    📧 @capitalward  
🌐 shawn.menard@ottawa.ca    www.shawnmenard.ca

## Good news for Capital Ward

This summer and fall, residents can see a lot of new projects taking shape in our ward. This is a result of collaboration among residents, community associations, city staff and our office. Thank you to all who have helped deliver these accomplishments.

### Bank Street Bridge permanent improvements

Construction has started on this historic bridge. It will allow for fully repaired sidewalks and new extended bike lanes with a buffer from the three lanes of vehicle traffic (one south-bound and two northbound). There will be two lanes of traffic during construction as there has been for the past while. The project is expected to be finished this winter.

### Fire Station parkette at O'Connor and Fifth

Construction has begun on a new parkette directly beside the Fire Station at the corner of O'Connor and Fifth Avenue. A new pergola, games table, benches and other amenities will be a welcome addition to this space.

### Fourth Avenue safety zone

A new safety zone is being constructed between Mutchmor and Corpus Christi schools this summer. It will mean new speed humps, raised crosswalks and safer trips to and from school for our kids.

### #10 Bus extension

We are looking to extend the #10 Bus, which runs along Bronson through the Glebe/Dow's Lake area, to reconnect with the Rideau Centre and extend to and from Élisabeth-Bruyère.

### 30 km/hr speed limit in Capital Ward

Traffic calming and safe transportation in Capital Ward is very important to our office. City Council has now approved all residential neighbourhoods in Capital Ward for 30km/hr gateway zones.

### Safer Bronson at Sunnyside intersection

Work on the intersection of Bronson and Sunnyside by Carleton University is almost wrapped up. The final product will be a more protected intersection for all road users, including separated crossings for pedestrians and bicyclists that will connect with the new pedestrian and bicycling facilities along Bronson and University Drive.

### West Coast Video greenspace

Further down Bank Street, we worked to have the old West Coast Video building taken down and it has been replaced with grass, creating a nicer view of the street and open space until the site is eventually redeveloped.

### Belmont, Willard, Fairbairn, Bellwood traffic calming

New traffic calming is being installed after several years of renewal. This is a busy school route, so we've asked staff for a permanent crossing guard at the intersection of Belmont/Glen at Bank (we had secured temporary funding

for this while the construction project was ongoing). We should learn soon whether the intersection meets the criteria for a permanent guard.

### Glen patio returns

The nearby intersection of Glen and Bank has a patio for a second straight summer. This on-street patio is a place for everyone to enjoy the neighbourhood. This is a public space, so all are welcome whether or not you've purchased something from a nearby store.

### Lycée and Frobisher repaving

These streets off Riverside are being repaved and their sidewalks are being repaired this summer, with a new electric-vehicle charging station and safe crossings to come.

### New tennis court renewal – Brantwood Park

The tennis courts at Brantwood Park will be resurfaced in September and October, which will mean the courts remain usable through the busy summer months and ready for play next spring.

### New splash pad at Kaladar Park

Construction of the new splash pad, accessible pathway and landscaping is being completed this summer for everyone to enjoy.

### New Heron Park community building

We have committed funding to replace the old Heron Park Field House, which has needed attention for years. Design work has begun in collaboration with the community to establish a brand-new facility.

### New Springhurst Park dock

Consultation is underway this summer on a new dock for Springhurst Park to make it easier to access the Rideau River.

### Eugene Forsey Park basketball upgrades in Dow's Lake

This project should be complete in late August. The play structure and other park amenities stayed open during construction and no mature trees were impacted. The upgrades include resurfacing the basketball court and increasing its size to 16m by 26m by shifting it slightly towards the east and south.

### Deschâtelets Building – new community centre, gym, parks and affordable housing

We are pleased to see formal agreements for a new community centre in Old Ottawa East in the Deschâtelets Building, with a new school, gym, parks and seniors affordable housing to come.

### Greenfield – Main – Hawthorne Project

This project is advancing this summer with significant work to take place underground including the burial of hydro wires, safer street design and a new safe intersection at Main and Colonel By.

## MUSIC LESSONS

PIANO    UKULELE    DRUMS  
GUITAR    MANDOLIN    BANJO

AVAILABLE AFTER-SCHOOL • IN-HOME, ONLINE, OFF-SITE

CONTACT:  
**JOE O'CONNOR**  
MUSIC INSTRUCTOR, 20+ YEARS EXPERIENCE

joeyvinegaroconnor@gmail.com • 519-774-0070

## Glebe Pet Hospital

595 Bank Street  
(613)233-8326

Full service veterinary hospital treating cats, dogs, and exotics since 1976

Weekdays: 8:00-7:00  
Saturdays: 9:00-2:30

## TED R. LUPINSKI

Chartered Professional Accountant • Comptable Professionnel Agréé

137 Second Avenue, Suite 2  
Ottawa, ON K1S 2H4  
Email: tedlupinski@rogers.com

Tel: 613-233-7771  
Fax: 613-233-3442

## JAMES McCULLOCH

LAWYER IN THE GLEBE

wishes to announce that he has relocated his Glebe office.

Mr. McCulloch will be remaining in the Glebe, and will continue to offer legal services to Glebe residents. He will continue to offer in-home visits. He offers new clients a free initial consultation.

Mr. McCulloch can be reached by phone at 613 565-5297 or email: mccullochlawyer@rogers.com

Cochrane Photography

## Summer 60-80% off!

Headed back to work or school? We have fabulous new fall fashions on the floor now. See you soon.

**The Clothes Secret**  
Women's Consignment Boutique  
shop.theclothessecret.com

Mon. 11-4 • Tues. - Sun.: 11 - 5 • 1136 Bank Street, Ottawa • 613-730-9039 • theclothessecret.com





# John Crump

President, Glebe Community Association

🐦 @glebeca    ✉ gca@glebeca.ca    🌐 www.glebeca.ca

# Affordable housing a GCA priority

This is my first report as the new president of the Glebe Community Association, so I would like to thank the members of the board for supporting my nomination and I look forward to working with everyone in the coming year.

Our family moved to the Glebe in 1993 from the Yukon “for a couple of years” and, aside from overseas job opportunities that took us to Denmark and Norway, we have made this our home ever since. My first involvement with the GCA was in the late 1990s as chair of the education committee. I have been one of the GCA vice-presidents for the last couple of years and prior to that the co-chair of the Environment Committee.

Although some of the issues have changed, many have not. And one constant factor remains the dedication and hard work of the many volunteers who give their time, energy and passion to the community association. As I write this, they are (mostly) taking a well-earned rest.

The last GCA board meeting took place on June 28, two weeks after the Annual General Meeting which ushered in a new board with several new and returning members (a full list of board members is on our website at [glebeca.ca](http://glebeca.ca)). It was a full agenda and we passed two motions.

The first was to support the “Starts with Home” campaign. Affordable housing is a national concern, and the City of Ottawa has declared a homelessness emergency. The rising cost of accommodation coupled with increased inflation and higher interest rates is putting

pressure on many families, and this is reflected in the fact that the number of homeless individuals and families in Ottawa is increasing rapidly, despite the city adopting a 10-year homelessness and housing plan.

The GCA is actively advocating for a response to the homelessness crisis from every level of government, so our Health, Housing and Social Services Committee introduced a motion to support the Alliance to End Homelessness's "Starts with Home" campaign. Its goal is to elect a municipal government that prioritizes affordable housing. In supporting this campaign, the GCA joins many other community associations and organizations that have partnered with Alliance to End Homelessness.

The campaign calls for six actions to bring about affordable housing:

1. Strengthen tenant protections (protecting tenants against demolition and renovations);
2. Create an acquisition strategy (help non-profit housing providers acquire aging housing stock);
3. Develop an inclusionary zoning policy;
4. Increase the municipal budget;
5. License landlords (to ensure quality of housing);
6. Assign a housing ombudsperson (implement the right to housing).

A second motion was passed to renew our Zoom account for board and committee meetings. While this seems like a small thing, as in many workplaces, Zoom has been instrumental in making sure the GCA could continue to meet during the ups and downs of the pandemic. With no crystal ball to predict when we

can go back to in-person meetings, we anticipate continuing online sessions in the fall. In fact, the board has discussed the possibility of holding hybrid meetings but given the logistics and need for everyone to be able to participate equitably, we decided not to go that route.

There were a number of committee reports, including from Health, Housing and Social Services, Parks and Environment, Membership and Great Glebe Garage Sale, which this year raised approximately \$5,000 for the Ottawa Food Bank.

We also had a brief discussion about the municipal election on October 24. While it seems a long time from now, campaigns are already underway. This fall, the GCA will look at opportunities for Glebe residents to hear from those who are running for mayor and council. So keep up to date by following the GCA on social media or checking our website for more information.

Finally, scooters have returned to the Glebe this summer. Last year, many residents complained about sidewalk riding and improperly parked scooters blocking sidewalks. This year, the technology is improved so there should be fewer problems. But if you have a concern, please report it. There is a tag on each scooter with a phone number and QR code or call 3-1-1. One resident reports that they made a report and the offending scooter was gone in less 15 minutes.

The first GCA board meeting in the fall will take place Tuesday, September 27, from 7 to 9 p.m. Please join us (email [secretary@glebeca.ca](mailto:secretary@glebeca.ca) for the Zoom link) and have a good rest of the summer.

## HOT? WE HAVE A/C AND COLD BEER!



# GLEBE CENTRAL PUB



# 779 BANK



Sarah Routliffe

GNAG Executive Director

613-233-8713

info@gnag.ca

gnag.ca



# Why is GNAG special?

When I think about my first month at the Glebe Neighbourhood Activities Group, affectionately known as GNAG, I am absolutely in awe of how many kind, passionate and talented people are working in this organization. As I get to know the Glebe Community Centre and the wonderful people who make up this community, I’ve also had the pleasure of meeting many of your children at summer camps and enjoying the fantastic food, art, performances and dances that they have been producing each week.

Deciding to leave Jack Purcell and the Centretown community after serving them for so many years was not an easy choice to make. I had helped build the organization from the ground up, ensured it remained running through the pandemic and put my whole heart into the community. Everyone kept asking me “Why? Why now? Why leave? Why GNAG? What makes it so special?”

It was during the interview process that I asked that exact same question of Elspeth Tory, chair of GNAG. Her answer was simple: “When I moved to Ottawa, I didn’t have any family or friends here, and GNAG instantly made me feel like I was a part of a community. It’s where I met other parents, made friends and where I felt most supported and connected.” In that moment, I knew that I wanted to be a part of this community.

Since then, I’ve asked many people the same question and the answer is almost always the same. This is such a beautiful and supportive community to be a part of.

Not only have I seen the tremendous impact of GNAG in the building, but I’ve also felt it out in the community. One morning at a coffee shop, a resident noticed my GNAG shirt and bought my tea for me. When I asked him why, he told me that he had attended our summer camps as a child and those were some of his best childhood memories.

As I head into a meeting on fall programming, I want to invite all of you in the community to think about that question. Why GNAG? Over the years, what has made it so special for you? What moments stick out in your mind and what makes you excited to come back?

If you see me or members of our team out in the streets this summer, please feel free to share your “whys” with us! Let us share in those moments with you and help fuel our creativity as we look forward and start to plan ahead to help build more memories in the coming weeks, months and years.

To close this first article, I would like to leave you with a quote from the amazing Mary Tsai, who told me in our first meeting: “Sarah, you are walking into the best place and job in the world” – that is exactly how it feels. Thank you so much for welcoming me into the Glebe. I cannot wait to see all that we will accomplish together.

## Upcoming at GNAG

**We’re HIRING!**

GNAG will be hiring before- and after-school counsellors for the upcoming school year. To apply send your resumé and availability to [ali@gnag.ca](mailto:ali@gnag.ca). Please ensure you are available a minimum of (2) days per week. Deadline is August 26.

**Fall Registration**

The fall guide is available online at [GNAG.ca](http://GNAG.ca), and it’s packed with fun. Many of your old favourite programs are back and we have some brand-new courses you are going to love. We will be open for registration on August 30 at 7 p.m. online at [GNAG.ca](http://GNAG.ca). Staff will be at the office so call or email us if you need any assistance. We can’t wait to show you our new lineup!

**GNAG Annual General Meeting**

The AGM will be held September 21 at 7 p.m. More information will be posted soon at [GNAG.ca](http://GNAG.ca)



Toute la gang de GNAG, from left: front row John Muggleton, Paul O'Donnell, Sarah Routliffe, Clare Davidson Rogers, and slightly behind, Tanis Hodder; middle row: Jason Irvine, Peter Wightman, Ali O'Connor; back row: Katie Toogood, Lauren Kirk.

# Glebe Fine Art Show

Saturday & Sunday  
September 17 & 18, 2022  
10 a.m. to 4:00 p.m.

Glebe Community Centre  
175 Third Avenue, Ottawa

<b>Tracy Armstrong</b>		
<b>Marie Arsenault</b>		
<b>Jane Barlow</b>		
<b>Roy Brash</b>		
<b>Margaret Chwialkowska</b>		
<b>Heather Lovat-Fraser</b>		
<b>Janis Fulton</b>		
<b>Ann Gruchy</b>		
<b>Denise Guillemette</b>		
<b>Janis Miller Hall</b>		
<b>David Houlton</b>		
<b>Beata Jakubek</b>		
<b>Bill Keast</b>		
<b>Christiane Kingsley</b>		
<b>Olaf Krassnitzky</b>		
<b>Luce Lamoureux</b>		
<b>Cara Lipsett</b>		

**www.glebefineartshow.ca**



What can one individual do? One small but impactful change... is to drive “idle-free”

# AS KIDS HEAD BACK TO SCHOOL TURN YOUR KEY & BE IDLE-FREE

By Della Wilkinson

The Glebe Community Association’s Environment Committee plans to visit Glebe schools during the first few weeks of school to promote our anti-idling message: *turn your key & be idle-free* for a greener Glebe.

This summer, many Glebe residents learned another new meteorological term when the strongest derecho storm in a century hit Ontario and Quebec. A derecho is a long-lived, fast-moving thunderstorm that causes widespread wind damage. The May storm system was fed by a heat dome over the eastern United States. Environment and Climate Change Canada issued a broadcast alert for a severe thunderstorm, yet this violent weather event still left an extraordinary path of destruction in its wake, killing 10 people and leaving

roughly 900,000 homes and businesses without power in Ontario and Quebec. Several Ottawa neighbourhoods were significantly impacted with damage to homes and trees. Climate projections point to a warmer atmosphere moving northward, which means Canadians can expect to see more adverse weather in the future.

What can one individual do? One small but impactful change that gas vehicle owners can make is to drive “idle-free,” which will lower greenhouse gas (GHG) emissions, help improve air quality and save you money. Many readers might think “my behaviour will have no impact,” but I would like to convince you that it *will* make a difference to you, your family, your neighbours and your community, especially our elementary school students.

Let’s consider how idling impacts

greenhouse gas emissions. When fuel is burned in a combustion engine, one carbon atom combines with two oxygen atoms from the air to produce carbon dioxide (CO<sub>2</sub>), the principal greenhouse gas contributing to climate change. Simply put, the more fuel you use, the more CO<sub>2</sub> you produce.

“An average vehicle with a 3-litre engine idling for 10 minutes burns 300 millilitres (over 1 cup) of fuel and this produces 690 grams of CO<sub>2</sub>,” according to the idling FAQ on the Natural Resources Canada website.

Let’s consider what this means in relation to the air quality around Mutchmor, Corpus Christi and First Avenue schools when parents idle while dropping off or picking up their children. Assuming a party balloon approximates to a sphere, 690 grams of CO<sub>2</sub> is equivalent to 80 eight-inch party balloons. Often cars are idling during school drop-off and pick-up for anywhere from one to five minutes.

Two minutes of idling produces 73.6 litres of CO<sub>2</sub>, visualized as 17 balloons!

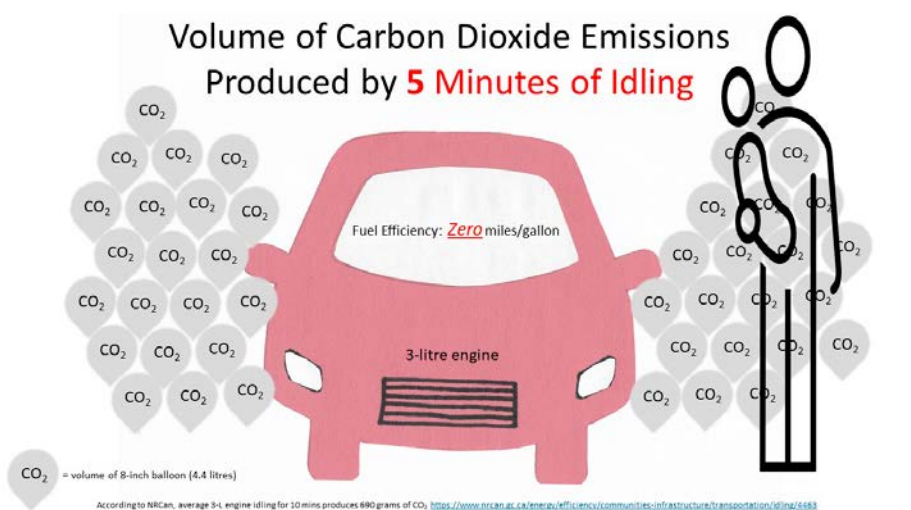
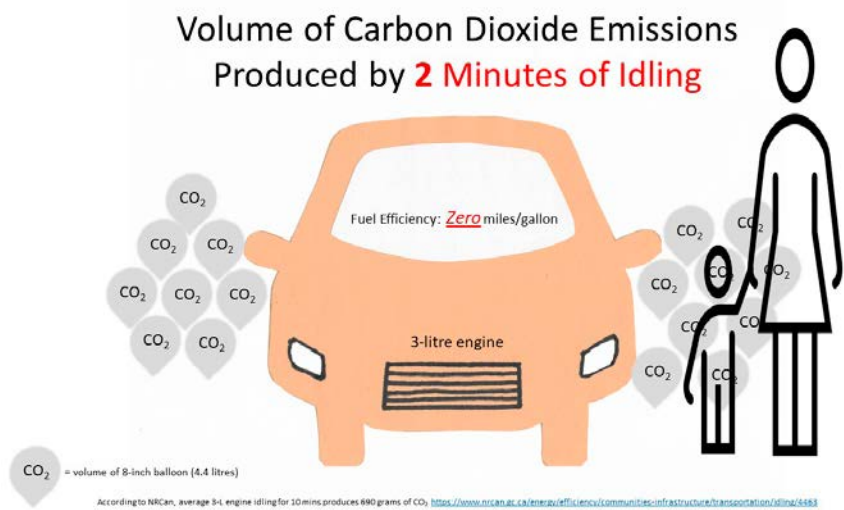
And idling for five minutes produces 184 litres, visualized as 42 balloons filled with CO<sub>2</sub>!

Carbon dioxide is heavier than air and although it mixes with air as it is exhausted, it will tend to sink to the sidewalk, meaning that children whose lungs are developing are exposed to the CO<sub>2</sub>. Even a single minute of idling can impact our young people as they walk to and from school.

Everyone is complaining about the cost of gasoline, which at the time of writing costs \$1.80 a litre. When your car is idling, you are getting zero miles per gallon, the worst fuel efficiency possible.

When the GCA Environment Committee visits local schools with our anti-idling message, you just might spot a car festooned with balloons to illustrate the effects of idling. Let’s commit to “turn your key & be idle-free.”

Della Wilkinson is chair of the Glebe Community Association Environment Committee.



SOURCE: NATURAL RESOURCES CANADA

Experience Carefree Living  
in our newly renovated  
Retirement Suites

Family owned  
& operated.

Wow!

The **only** retirement residence in  
the country with a 4-season tropical  
atrium and retractable roof!

Waterford  
RETIREMENT LIVING

★★★★★

5 Star Senior Living

Experience a warm, cozy, home-like  
environment created by our family just for yours.

2431 Bank Street (at Hunt Club Rd), Ottawa

waterfordliving.ca | 613-737-0811

Retirement Suites  
with  
Age-in-place programs for  
enhanced care &  
memory care.



Kudos to Great Glebe Garage Sale

GGGS leftovers escape landfill

By Katie Fice

I recently caught up with Della Wilkinson, chair of the Glebe Community Association (GCA) Environment Committee, about this year’s Great Glebe Garage Sale. Ever since her first GGGS in 1991, Wilkinson has relished the fact that the sale is a great way to keep quality items out of the landfill. With the garage sale back in person this year and looking more like its pre-pandemic self, this was again possible.

Before this year’s sale, committee members discussed ways to do even more to prevent “leftovers” from going to into the garbage. They decided to create a flyer that listed local charities willing to accept donations of many different items. It was intended to encourage sellers to take unsold items to charities to help those in need.

This initiative was a collaboration between Wilkinson and Kate Reekie from the GCA Environment Committee, GNAG and City staff at the Glebe Community Centre, with input from Martha Tobin of Declutter4Good.

The City of Ottawa generously printed the flyers, which were handed out on the morning of the sale. The team engaged with vendors at the GCC and in the surrounding neighbourhood, handing out flyers and encouraging them to pass on their unsold items to those in need rather than sending them to the landfill.

The team reports a terrific response from vendors who were delighted to receive this information. Wilkinson kindly volunteered to remove leftover items from the GCC at the end of the day – there were only two small boxes of items, far fewer leftovers than usual. Those boxes were given to Diabetes Canada.

This initiative was a great way to help reduce waste generated at the Great Glebe Garage Sale. We hope this list can be used for future sales and



Leftover items found a home at the Ottawa Boys and Girls Club, among other charities.

PHOTO: COURTESY OF MARTHA TOBIN

other similar events.

*If you’ve been making efforts to reduce your waste, we may feature you in a future column. Please send a short paragraph explaining how you are reducing your household or business waste to environment@glebeca.ca, attention Katie.*

*Conscious of her own waste footprint, Katie Fice joined the GCA Zero Waste Committee (a subcommittee of the Environment Committee) to learn more about waste reduction and to help raise awareness of changes in daily living that can have a positive impact on the environment.*



Due to a collaborative effort to help Great Glebe Garage Sale sellers with their leftover items, many of this year’s unsold items were given to charities, leaving only two small boxes of leftovers at the Glebe Community Centre.

Local Charities and Organizations Accepting Used Donations

For the full list, go to the Glebe Community Association’s Great Glebe Garage Sale website at [glebeca.ca/wp-content/uploads/2022/05/GGGS\\_Charities-accepting-donations-of-used-goods\\_May2022.pdf](http://glebeca.ca/wp-content/uploads/2022/05/GGGS_Charities-accepting-donations-of-used-goods_May2022.pdf)

- Caldwell Family Centre [caldwellfamilycentre.ca](http://caldwellfamilycentre.ca)
- Charity Wish List [charitywishlist.ca](http://charitywishlist.ca)
- CompuCorps [compucorps.org](http://compucorps.org)
- Diabetes Canada [diabetes.ca](http://diabetes.ca)
- Dress for Success [ottawa.dressforsuccess.org](http://ottawa.dressforsuccess.org)
- Friends of the Ottawa Public Library Association [fopla-aabpo.ca](http://fopla-aabpo.ca)
- From House to Home [facebook.com/FromhousetohomeOttawa](https://facebook.com/FromhousetohomeOttawa)
- Habitat for Humanity [habitatgo.com/restore](http://habitatgo.com/restore)
- Hakim Optical [hakimoptical.ca](http://hakimoptical.ca)
- Heartwood House [heartwoodhouse.ca](http://heartwoodhouse.ca)
- Helping with Furniture [hwfottawa.org](http://hwfottawa.org)
- Highjinx: Neighbours Helping Neighbours [twitter.com/highjinxottawa](https://twitter.com/highjinxottawa)
- OrKidstra [orkidstra.ca](http://orkidstra.ca)
- Ottawa Outdoor Gear Library [ottawaoutdoorgearlibrary.com](http://ottawaoutdoorgearlibrary.com)
- Ottawa Tool Library [ottawatoollibrary.com](http://ottawatoollibrary.com)
- Resettlement Resource Service Volunteers 613-791-3877 (Paul)
- Salvation Army [thriftstore.ca](http://thriftstore.ca)
- Secondhand Stories [secondhandstories.ca](http://secondhandstories.ca)
- The Well [the-well.ca](http://the-well.ca)
- Twice Upon a Time [twiceuponatime.ca](http://twiceuponatime.ca)



TRACY ARNETT REALTY LTD., BROKERAGE.



**2212 Utah Street**  
Alta Vista

- 4 bedroom, 2 full bath
- Fenced backyard
- Finished basement
- Modern energy efficient upgrades
- Numerous updates
- Close to major hospitals, schools, public transit, pathways, and green space



**5 Leonard Avenue**  
Old Ottawa South

- 3 bedroom, 3 bath
- Yesteryear character with modern aesthetics
- Gas fireplace and bright bay window
- Modern open kitchen
- Numerous updates
- Finished basement
- Steps to Rideau Canal

Buy and Sell with the Team at Arnett Realty.

**You won't be disappointed.**

159 Gilmour Street, Ottawa, K2P 0N8 ~ [www.tracyarnett.com](http://www.tracyarnett.com) ~ 613-233-4488

This is not intended to solicit properties already listed for sale



# Abbotsford needs you!

By Julie Ireton

If you're newly retired, love to organize events and ready to shift your skills to volunteer in your own community, Abbotsford at The Glebe Centre could use your help.

With a full slate of both in-person and Zoom activities set to launch, the seniors' centre in the old stone house across from Lansdowne Park has a lot on offer, but in view of a close to 50 per cent cut in funding from the City for next year, raising money to keep the centre operating will be a key focus in the coming year.

Right now, planning is underway for the "Abbotsford House Gala: A Night To Remember," a 200-person fundraiser at Lansdowne's Horticulture Building set for October 19. It will feature cocktails, dinner, live entertainment and auctions in support of Abbotsford's programs.

Volunteers and sponsors are critical for the event to proceed and the centre's director of charitable giving, Bruce Hill, is eager to find generous donors and local companies interested in helping out.

### Funding struggles

As an organization that operates on government grants, fundraising and membership fees, securing stable funding is always a struggle, according to Karen Anne Blakely, director of community programs at Abbotsford.

"We did lose funding for next year," said Blakely. "Initially, the City of Ottawa cut all our funds, \$91,000 for 2023. We wrote a letter to the mayor

and he investigated. The result was they reinstated us to the amount of \$44,000."

But the seniors' centre is still losing more than half the funding it received from the city in 2022.

Abbotsford's programs reach a diverse community, including LGBTQ seniors and those who live in subsidized housing and require extra support services, according to Blakely.

"The challenge is making up the money we've lost," she said.

### Back stronger with different options

Despite the funding shortfall for 2023, the centre has plans in place for the rest of 2022.

"We are offering more and more in-person classes. We're also continuing with Zoom, since we've found some people like the ease of joining in from home," said Pat Goyeche, coordinator of community programs at Abbotsford.

New this coming season is a Broadway dance class that will be taught by Mary Tsai, with whom Pat worked on numerous theatre productions at the Glebe Neighbourhood Activities Group over the years.

There will be "Get Smart" classes to help seniors figure out tricks and tips for using an iPhone. And for the first time in two and a half years, the pottery studio will be open for class and studio time.

### Speakers series

"Our speaker series is full blast in the fall," said Goyeche.

That series will include guest speaker Geoffrey Stevens who co-authored



Pat Goyeche, coordinator of community programs at Abbotsford, shows off the new registration system.

PHOTO: KAREN ANNE BLAKELY

Flora MacDonald's own story, *Flora! A Woman in a Man's World*, which was published after her death.

There will also be a special travelogue session from Goyeche and her husband, Alex Neve, about their trip to Greenland and the Northwest Passage.

### Annual bazaar replaced

In the past, folks from far and wide lined up outside Abbotsford House and crowded into every room inside to find bargains, baking and treasures at the annual bazaar. But in the wake of COVID, cramming inside small spaces is no longer prudent, so Abbotsford is hosting several smaller events at different venues to raise some dollars.

Other upcoming fundraising functions include Abbotsford's Fine Finds: Art, Elegant Treasures and Jewels, to be held Saturday, October 1, from 2 to 5 p.m. Tickets are \$20 each for this afternoon sale and gathering in support of programs.

And for those who still covet the crafts, baking and teddy bears well-known to former bazaar attendees, Abbotsford's Craft Fair will take place at the centre on Saturday, November 26 between 10 a.m. and 2 p.m., complete with a tearoom.

### New check-in and registration systems

A new automated check-in system called MySeniorCenter is now greeting everyone who visits Abbotsford. The large, user-friendly touch screen is installed near Reception.

The touch screen will prompt questions concerning COVID protocols and will help staff manage sign-up and sign-in information as well as take attendance.

A new registration system, which the membership fees helped purchase, now allows participants to register online, but those who prefer to register by phone still have that option.

For more information about the fundraising events or to donate please contact Bruce Hill at 613-238-2727 ext. 316 or via email at Bhill@glebecentre.ca.

Abbotsford is your seniors' active living centre. We are the community programs of The Glebe Centre Inc., a charitable not-for-profit organization which includes a 254-bed long-term care home. Find out more about our services by dropping by 950 Bank Street (the old stone house) Mon-Fri 9-4 pm, phoning 613-230-5730 or by checking out all The Glebe Centre facilities and community programs on our website [www.glebecentre.ca](http://www.glebecentre.ca).

Julie Ireton is a journalist who contributes regularly to the Glebe Report on issues affecting Abbotsford.



### Don't miss the last two ByWard Night Markets!

The ByWard Night Market continues on Thursdays, from 5PM-9PM until September 1st. Pre-game by shopping for local wonders and filling up on tasty street food in the oldest market in the City! Be a part of a new tradition in the historic ByWard Market.

And while you're in the Market, make sure to check out ByWard Bops, a new series of stellar performances every Thursday on George Street Plaza.

Check out this thrilling market experience with new and returning vendors accompanied by weekly FREE public concerts that'll have you howling.



### Ne manquez pas les deux derniers Marchés de Nuit de ByWard!

Le Marché de Nuit de ByWard se poursuit les jeudis, de 17h à 21h, jusqu'au 1er septembre. Préparez-vous à faire de superbes trouvailles locales et à faire le plein de nourriture de rue savoureuse dans le plus vieux marché en ville ! Faites partie de cette nouvelle tradition dans l'historique Marché By.

L'équipe des Marchés d'Ottawa vous propose des spectacles entraînants, tous les jeudis, jusqu'en septembre, pour célébrer le nouveau Marché de Nuit de ByWard.

Préparez-vous à vivre une expérience palpitante avec des nouveaux vendeurs, les habitués, et des concerts publics hebdomadaires GRATUITS qui vous feront vibrer.



# Ready for your best years?



**MOVE-IN OFFER AVAILABLE\***

Experience the difference Chartwell provides - where social connections, exceptional services and dedicated staff can make your life better!

**613-416-7863 | [ChartwellOttawa.com](https://ChartwellOttawa.com)**

**CHARTWELL BELCOURT**

1344 Belcourt Boulevard, Orléans

**CHARTWELL BRIDLEWOOD**

3998 Bridle Path Drive, Gloucester

**CHARTWELL DUKE OF DEVONSHIRE**

1095 Carling Avenue, Ottawa

**CHARTWELL HÉRITAGE**

624 Wilson Street, Ottawa

**CHARTWELL LORD LANSDOWNE**

920 Bank Street, Ottawa

**CHARTWELL NEW EDINBURGH SQUARE**

420 MacKay Street, Ottawa

**CHARTWELL RIDEAU PLACE**

550 Wilbrod Street, Ottawa

**CHARTWELL ROCKCLIFFE**

100 Island Lodge Road, Ottawa



\*Conditions apply.



# Glebe Annex hits the big screen!

By Sue Stefko

Scott Blurton, a former president of the Glebe Annex Community Association (GACA), has chronicled and gently satirized his foray into municipal politics in a new movie called *The Canvasser*, which he describes as “a story about an earnest but overmatched volunteer who decides to make a long-shot run for city council before he has to go on welfare.” It pokes fun at many parts of the political process, including gerrymandering, the influence of lobby groups and political legacies.

The film was inspired by Blurton’s 2014 bid to become councillor for Capital Ward. Like the movie’s main protagonist Devon Shire, Blurton found the process to be lonely, tiring and difficult. The parts of the campaign process that most inspired him to create a film were the moments of absurdity – information sessions that didn’t provide actual information (lest it be interpreted as legal advice), the importance of needing a political “pedigree” to be considered a serious contender and the barrage of rules, policies and procedures a candidate needs to be aware of when running a campaign.

While Blurton’s run for office was unsuccessful (incumbent David Chernushenko was re-elected), the experience inspired him to get involved on a community level and to make the movie. (One could argue that the outcome was even more successful than had he won!)

Blurton joined GACA in 2014 to

become more familiar with community work, the development process and local neighbourhoods in Capital Ward. He stayed on after the election, becoming the association’s president in 2015, a post he held for two years. During his watch, GACA took Taggart to the former Ontario Municipal Board over the excessive height proposed for 265 Carling, the much-needed revitalization of Dalhousie South Park was planned and approved, and a number of developments were announced, such as the housing for the homeless initiative at 289 Carling and the Booth Street Complex. Blurton was involved in all aspects of GACA – from leading the association and representing it at wider fora such as the Federation of Citizens’ Associations to writing *Glebe Report* articles, creating promotional materials and, of course, door-to-door membership canvassing, for which he was exceptionally well qualified!

While Blurton was president of GACA, in his (copious!) spare time between work and the association, the movie idea began to coalesce. The screenplay was completed in 2015 with test shots filmed later that year. He and a small team conducted principal photography from 2016 to 2018. Then, Blurton spent the next three years on the long and tedious process of editing, sound



Scott Blurton’s debut as film writer and director spotlights his home community of Glebe Annex as well as city politics in a satirical film called *The Canvasser*.

editing, sound mixing and all the technical bits it takes to put a film together.

In total, the movie represents six years of effort. In the last year, Blurton has been busy

entering the film into film festivals, a significant undertaking in itself. After submitting the film to over 20 festivals, it was accepted into the Maryland International Film Festival which took place in March in Hagerstown, MD. This fall, he will learn if the film will be accepted at the 2022 Ottawa Canadian Film Festival, scheduled for early November at the Bytowne Cinema.

Once the film festival circuit is complete, we hope to be able to show it to GACA residents so they can see their community profiled on the big screen as Bytown Ward. Glebe Annex residents will recognize our

neighbourhood throughout the film, with scenes shot at the historic stone wall on Bell Street South, Henry Street and Carling Avenue. Overall, the movie was shot in more than 70 locations across the city, including the Experimental Farm, Dow’s Lake, Parliament Hill, Old City Hall, Nepean Point and Central Park.

While Blurton’s community and political efforts have been set aside, his work as an artist continues. He has written a science fiction novel called *Evermore: Call of the Nocturne* (which predates this movie) and has his sights set on making another film. We hope to see *The Canvasser* playing at the Bytowne this November. In the meantime, residents can watch the trailer on Youtube: [www.youtube.com/watch?v=SBaEfCDR8YM](https://www.youtube.com/watch?v=SBaEfCDR8YM).

Sue Stefko is president of the Glebe Annex Community Association and a regular contributor to the Glebe Report.



## Dine in • Takeout • Order Online

CRAZY PHO YOU is a family owned and operated restaurant specializing in Vietnamese, Chinese and Thai dishes.

The Luu family have been proudly serving Vietnamese cuisine to the Ottawa community since 1980. They continue to offer authentic Pho and their original recipe for spring rolls from 42 years ago.

Their menu is plentiful, the food is delicious and your table is waiting at CRAZY PHO YOU.

Tuesday-Thursday 3:30 pm - 9:30 pm  
Friday & Saturday 3:30 pm - 11 pm  
Sunday 3:30 pm - 9:30 pm

[www.crazyphoyou.ca](http://www.crazyphoyou.ca) | 613 421-0942

696 Bronson Ave in the Glebe



Whether you have a soccer tournament, picnic in the park, or family barbeque our **tent and lemonade stand** make the perfect addition! We would love to support your next event. If you’d like to use our tent or lemonade stand, get in touch!



29 Craig Street  
\$1,299,000

**ENGEL & VÖLKERS®**  
**LYNE & DOMINIQUE**

+1 613-701-9511 · [Homes@LyneAndDominique.com](mailto:Homes@LyneAndDominique.com)  
292 Somerset St. West · Ottawa · ON · [LyneAndDominique.com](http://LyneAndDominique.com)



# StreetFest – a new way to celebrate your neighbourhood

By Janet Uren

A new kind of neighbourhood fair is being launched in Ottawa on September 10 with a day-long feast of history, music, art and dance, and it could spell the genesis of a new chapter for Ottawa's oldest neighbourhoods, including the Glebe.

The event is called StreetFest and though it will take place in New Edinburgh this year, organizers from IODE Laurentian, the Ottawa chapter of a national women's charitable organization, hope it will become an annual event – they are already looking for another community for next year. They are seeking a neighbourhood with a long history, with visible institutions (churches and schools) and a vibrant music and art scene. That could certainly describe the Glebe.

A central feature of StreetFest is a 60-page *Souvenir History of New Edinburgh*, including a self-guided walking tour with 32 sites highlighted, and this will be given to every ticket purchaser. "This year, we've created a wonderful little snapshot history of New Edinburgh," says Laurentian co-president Janet Stratton, "but I can see that in a few years, as we repeat this event in other neighbourhoods, we'll have the basis for a little gem of a book on Ottawa."

The goals of StreetFest are threefold – to have fun, to celebrate Ottawa's rich heritage and to raise funds for a vulnerable community in Ottawa. The primary beneficiary of funds raised by this year's event will be the Inuuqatigiit Centre for Inuit Children, Youth and Families in Vanier. With every \$30

ticket sold, the future of another child in Ottawa will look a little brighter.

Most people know Laurentian for its annual House and Garden Tour, which has raised funds for Ottawa's needy for many years. "Laurentian brought the idea of house tours to Ottawa in 1960," says Laurentian co-president Marian McLennan. "In fact, we were about to celebrate the 60th annual tour in 2020 when COVID hit. After two years of cancellations due to the pandemic, we thought it was time to try something new."

One of the strengths of this kind of neighbourhood celebration is that it can take place mostly (and if need be, entirely) outdoors, with verandah musicians, dancers, a streetside art show, horse and wagon rides, a barbecue, a beer garden and an antique car show. "We started off thinking about promoting mainly the history of New Edinburgh with walking tours, door-step interpretation and speakers," says McLennan. "Organizers have been astonished, however, by the explosion of energy and interest in the community and by the partners who have come forward to turn StreetFest into a real cultural event."

Laurentian is grateful for its many partners and for the generous support of its sponsors: Beechwood Cemetery, Chartwell Rockcliffe Retirement, Elmwood School, Steve McIlroy of Edward Jones, Metro, the Royal Bank of Canada and Sezlik.com.

*Janet Uren is a lifelong resident of Ottawa who lived in the Glebe for many years. She is a writer specializing in local history.*



**Tickets** are now on sale for \$30 and are available on the website at [iodelaurentian.com](http://iodelaurentian.com) or at local retail outlets listed on the website.

**Information:** (613) 842-4913 or [Janet.uren@wordimage.ca](mailto:Janet.uren@wordimage.ca).

*The Tukimut Afterschool Program is one of several youth programs offered by the Inuuqatigiit Centre for Inuit Children, Youth and Families, the intended recipient of funds raised by StreetFest 2022.* SOURCE: INUUQATIGIIT.CA

## Donna Edwards House Portraits

613 233 4775

[www.donnaedwardshouseportraits.com](http://www.donnaedwardshouseportraits.com)

Facebook:  
Donna Edwards Art



[www.BankDentistry.com](http://www.BankDentistry.com) 613.241.1010

**Bank Street DENTISTRY**

**New Patients Welcome**  
Emergency patients seen promptly!  
Implant and Prosthetic, Family and Cosmetic, Children's and Preventive Dentistry

**Dr. Nasrin Saba DDS**  
1189 Bank Street, Ottawa, ON, K1S 3X7  
Onsite Parking ☎ [info@bankdentistry.com](mailto:info@bankdentistry.com)

**Ottawa Book Expo**  
is a Glebe festival of amazing authors, artisans and restaurants  
**August 26 – 28**  
in Lansdowne Park.

**It's not too late to apply online to become an exhibitor!**

**For more information**  
[OttawaBookExpo.ca](http://OttawaBookExpo.ca)

**OTTAWA BOOK EXPO**

**A Night to Remember**  
**ABBOTSFORD HOUSE**  
**GALA**

**Wednesday**  
**October 19, 2022**  
**6 pm – 10 pm**

**Lansdowne Horticulture Building**

**Cocktails • Dinner • 15 Piece Swing Band**  
**Live and Silent Auctions • Business Casual**

**Tickets: \$125**  
Can be purchased at: Abbotsford House  
(950 Bank Street), by calling 343-998-6826  
or online at [GlebeCentre.ca](http://GlebeCentre.ca)

A FUNDRAISER IN SUPPORT OF ABBOTSFORD HOUSE

*Thank you to our corporate sponsors:*

**PLATINUM** **AMICA** THE GLEBE

**BRONZE SILVER**

Randy Douglas, Senior Portfolio Manager  
Echelon Wealth Partners





Queen Elizabeth's platinum jubilee scones (Poor scones! The topping was melting in the sun)

PHOTOS: MARISA ROMANO



Jarrah Thomas-Reynolds, chef of the British High Commission, in the kitchen at Earncliffe with the author

# Platinum jubilee scones with a Glebe connection

By Marisa Romano

This year marks the 70th anniversary of Queen Elizabeth II's coronation, a remarkable anniversary celebrated year-round in all 15 Commonwealth realms (countries that recognize her as head of state) and applauded in much of the rest of the world.

I, too, a subject of the crown, have hailed the event and attended the celebratory party at Earncliffe on Sussex Drive, the Victorian Gothic residence of the British high commissioner and once home of the first prime minister of Canada. I came home from the lovely event with a gift: the recipe for the special jubilee scones served at the party that, as it turns out, have a Glebe connection.

Despite the debatable relevance of kings and queens in today's societies, there are currently still 26 monarchies around the globe. Queen Elizabeth rules over the largest kingdom, is the longest reigning monarch in British history and the second longest reigning monarch of all time. Her tenure is surpassed only by the French King Louis XIV who remained on the throne for more than 72 years, a record that is now being seriously challenged. During her time on the

throne, Her Majesty has fended off a number of controversies and accumulated a remarkable resume (royal.uk/70-facts-mark-queens-platinum-jubilee), testimony to her noteworthy lifetime commitment to the Crown.

Here in Ottawa, more than 2,500 jubilee party guests eagerly lined up outside Earncliffe. Once past the display of memorable British cars and the inevitable security check at the gate, they were welcomed into the lush garden of the residence by a live band – who doesn't like British music? – and then into the private historic home by its current tenants, the cheerful British High Commissioner Susannah Goshko and her husband Matt – it was a nice surprise and a generous gift after the wait. And since a party is not a party without food and drinks, we all tasted British flavours. On the menu: mini meat pies and scones with sips of Fentiman naturally fermented botanical soft drinks.

"The meat for the pies is sourced from the Glebe Meat Market," disclosed Jarrah Thomas-Reynolds, chef of the British High Commission, when I met him in the residence's kitchen. He had traded the traditional white chef's coat for a uniform sporting the Union Jack. He could not be missed in the garden checking

on the refreshments. This was Thomas-Reynolds' first big event since he landed the job at Earncliffe by wowing his interviewers with a three-course meal just before COVID struck. For the jubilee affair, he had just prepared 2,200 scones and 2,150 meat pies; you would not have guessed by looking at the tidy kitchen!

A Glebe "offspring," Thomas-Reynolds graduated from Glebe Collegiate and worked at Glebe Metro. After high school, he completed the culinary program at Algonquin College, started his career by working in several Ottawa establishments and then opened his own catering business specializing in dietary needs. That experience turned out to be an asset in his current job with the preparation of formal dinners including guests with food restrictions.

When I asked if he could share his scone recipe with *Glebe Report* readers, Thomas-Reynolds did not hesitate; he handed me a hand-written note pinned to the fridge. The note had a list of ingredients and summary directions, and then we chatted about his take on the recipe.

Marisa Romano is a foodie with a sense of adventure who appreciates interesting and nutritious foods.

## Platinum Jubilee scones by Jarrah Thomas-Reynolds

**Ingredients**  
(Hint: may be better to cut these amounts if your party is smaller than the one Thomas-Reynolds cooked for!)

- 12 cups flour
- 2 cups sugar
- 2 tsp salt
- 6 tbsp + 2 tsp baking powder
- 3 cups butter, cold, cubed
- 4 eggs, beaten
- 4 cups milk

**Directions**  
Mix flour, sugar, salt and baking powder.  
Mix in the butter until it resembles a coarse, crumbly meal.  
Mix eggs and milk and add to the flour mix a little at a time.  
Cover the dough with plastic wrap and refrigerate for 15 to 20 minutes.  
Roll out the dough to a thickness of 3/4 to 1 inch (2 to 2.5 centimeters).  
Cut into small circles and transfer to a cookie sheet.  
Bake at 400/425° F for 15-20 minutes.

Thomas-Reynolds topped the lightly sweetened scones with a swirl of butter whipped with a drop of cherry syrup and crowned them with a sprinkle of sumac powder. "I like to mix cultures," he explained, so he married the creamy taste of cherry butter with the citrus fruitiness of sumac, a hint of Canada in a quintessentially British cream tea.

### GET SOCIAL

Modern Square  
Dancing  
Fun for all ages!



Have a partner? Great!  
No partner? No problem!

Join us at a  
**FREE Kick-Off Dance:**  
**Tuesday, Sept. 20th**  
**at 7 pm**  
**J.A. Dulude Arena,**  
**941 Clyde Ave.**

12-week dance program  
will begin on  
Tuesday, Sept. 27th

**www.merisquares.ca**  
**lamarmason4@gmail.com**



**Want to feel less overwhelmed by all the 'stuff' in your rooms, basement or garage?**  
**Want to find more functional storage space?**



**We can help! Call for a FREE consultation.**

**(613) 868-5197   Declutter4Good.ca**

\*Confidentiality guaranteed and COVID measures in place

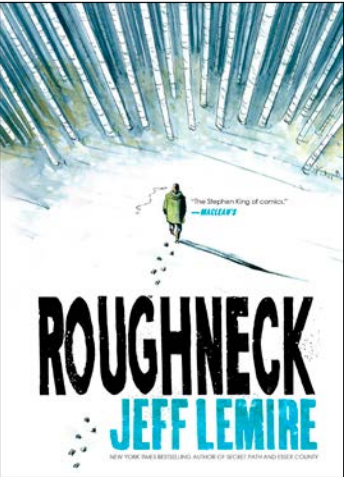


# MORE THAN JUST CAPES & SPANDEX

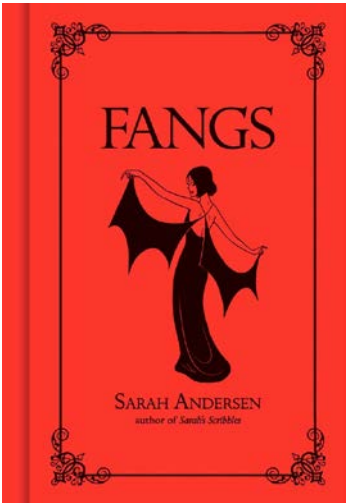
By Anthony Boucher

You wouldn’t be blamed for thinking that comic books are just full of musclebound heroes saving the world from certain doom, but, while you wouldn’t be completely wrong, the modern comic book has evolved to cover a wide array of genres, from

romance to biographies and everything in between. Regardless of your preferred book type, there is a graphic novel out there for you. To introduce more people to the world of comics, this article highlights books that are not only requestable from the Ottawa Public Library but also available at the Sunnyside Branch.



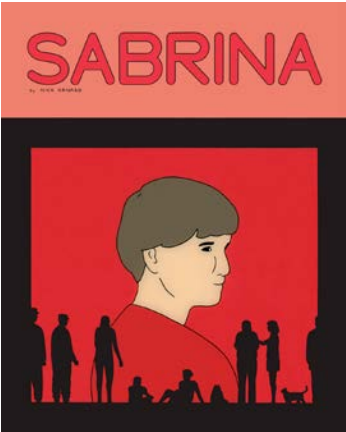
**Roughneck**  
First up is *Roughneck* from Canadian comics icon Jeff Lemire. You might have heard of Lemire from his work with the late Tragically Hip front-man Gord Downie on *Secret Path*. A reader really can’t go wrong picking up anything from Lemire as he’s become a staple at both Marvel and DC Comics and his independent work has been praised around the world. *Roughneck* follows the story of Derek Ouellette, a down-on-his-luck former hockey player living a lonely life in northern Ontario. Ouellette’s solitude is interrupted when his long-lost sister arrives looking for help, fleeing from her abusive boyfriend. To help the only family he has left, Ouellette must overcome his self-destructive ways while reconnecting with the past he left behind years ago. Lemire both writes and illustrates this fascinating tale.



**Fangs**  
Sarah Andersen of *Sarah’s Scribbles* fame went in a different direction with her book *Fangs*. It is a collection of one-page stories in which a 300-year-old vampire and a werewolf fall in love. While undoubtedly hilarious, the story shows the deep connection of two individuals who are very unlike but appreciate the things they have in common. It takes a comical look at dating in the modern world with the added spin of people (monsters) trying to find out where they fit in the world, not only as individuals but as the unique couple they make. A quick read that is guaranteed to warm even the coldest of hearts.



**We Stand on Guard**  
*We Stand on Guard* from comic book legend Brian K. Vaughan (*Saga*, *Y: the Last Man*) is the story of a group of Canadian freedom fighters doing all they can to survive in the remains of their once great country after it was invaded by the United States. Amber was only a child when the Americans attacked, so her entire adult life has been about surviving in the Canadian wilderness and avoiding capture by the invaders. Her seclusion comes to an end when she meets up with a group of Canadians, who are determined to take their home back and show the Americans that Canada is not to be taken lightly. Amber’s fascinating story is brought to life with the stunning art of Steve Skroce, including a full page depicting the destruction of Ottawa. This is a book you definitely do not want to miss out on.



**Sabrina**  
The first graphic novel to be longlisted for the Booker Prize, Nick Drnaso’s *Sabrina* shows that comics can have a very deep and meaningful message. Revolving around the themes of “fake news” and the “24-hour news cycle,” *Sabrina* follows the story of three individuals caught up in a murder investigation. Despite their innocence, they have been deemed guilty by the media, turning their lives upside down. Taking many elements from real world stories, *Sabrina* is a close-up look at the effects of disinformation in our current media landscape. An extremely intimate read from an up-and-coming comic writer/artist.



**André the Giant – Life and Legend**  
While the comic format might seem like a peculiar choice for a biography, Box Brown’s *André the Giant* sets out to show that not only can it be done, it can also be done very well. Chronicling the life of André Roussimoff, better known as André the Giant, Brown tells the story of an extremely unique and fascinating man, best known for his decade at the top of the wrestling world and for his appearance in the beloved film *The Princess Bride*. It combines historical records and anecdotes from many of André’s most iconic colleagues, including Hulk Hogan, Billy Crystal and Robin Wright. You don’t need to be a comic or wrestling fan to enjoy this touching story of a truly captivating individual.

*Anthony Boucher is a public service assistant at the Ottawa Public Library. He is (clearly) an avid reader of graphic novels.*

# What Your Neighbours are Reading

Here is a list of some titles read and discussed recently in various local book clubs:		
TITLE (for adults)	AUTHOR	BOOK CLUB
State of Terror	Louise Penny & Hillary Rodham Clinton	Abbotsford Book Club
Beautiful Scars	Tom Wilson	
Tainna: The Unseen Ones	Norma Dunning	Can’ Litterers
Sing a Worried Song	William Deverell	
Bewilderment	Richard Powers	The Book Club
Autumn Light	Pico Iyer	
The Anomaly	Hervé Le Tellier	Topless Book Club



If your book club would like to share its reading list, please email it to Micheline Boyle at [grapevine@glebereport.ca](mailto:grapevine@glebereport.ca)





“Mum’s world was shrinking with us.”

Now that she’s living at Villagia in The Glebe, she has so much to look forward to!

Living at Villagia is the difference between passing the time and making the most of it. With planned activities and spontaneous gatherings, our seniors have active days surrounded by people with similar interests and experiences. With chef-prepared meals, and the peace-of-mind of 24-hour security, families take comfort knowing their loved ones are living well and safe with us.

Contact Sue at (613) 617-7888 to book your personal visit and complimentary lunch!



480 Metcalfe Street, Ottawa, Ontario K1S 3N6

\*Limited time offer. Subject to terms and conditions.

VillagiaInTheGlebe.com



Join in the fun of a GNAG musical theatre production – book your audition now!

Ladies & gentlemen, boys & girls, the musical is BACK!

By Eleanor Crowder

What are the joys of being in a musical? Songs you’ve known forever thrumming through your body, the plot coming alive in GNAG’s Main Hall and iconic moments played for your family and friends – joining the large team needed to stage *The Wizard of Oz* brings you the sheer bubbly delight of being live in front of an audience.

Maybe you have done this before. Maybe this will be a first experience. The GNAG Theatre team encourages you to audition for the musical to be performed next April!

Share the pleasure of Tuesday night rehearsals with songs to learn, choreo to master, characters to develop. Fall rehearsals focus on learning the music and your part. Music director Lauren Saindon will guide each actor through the melodies, adding harmonies as singers are ready, offering new stretches for your voice and maybe even coloratura heights you have been aching to reach. Lauren brings her rich experience to the job. As associate music director for the US national tour of *Mamma Mia*, she toured across North America. A performer herself, she toured Japan with Disney, singing with the Tokyo Philharmonic Orchestra.

After Christmas, we add Wednesday night rehearsals to “block” the show. Actors learn maps of movement and put dialogue and songs in place on the set. Two Sunday afternoon rehearsals start to put the show on its feet. Our unique central staging offers all sorts of fun possibilities. Learning to play to

an audience on three sides is just the first step.

I will direct this year’s musical adventure as I have for 20 years of GNAG shows. You may know my work from Shakespeare in the Park with Bear & Co. (sword fights and fire-dancers!) or, most recently, from my solo performance onstage at The Gladstone when I brought *Shakespeare’s Will*, by Vern Thiessen, to Ottawa. I love working with the range and size of our casts at GNAG.

Lauren Kirk will wrangle the team as stage manager, working with our professionals and volunteers and with our costume, sound and light designers, keeping rehearsals organized and steering us to “show ready”.

And what a week in April that is! Just when winter seems like it may go on forever, Scotton Hall erupts in music and dance as we tell the classic story of *The Wizard of Oz*.

To book an audition, go to [gnag.ca](http://gnag.ca) and click on the “Wizard of Oz Auditions” button.

Principal roles will be asked to post a two-minute video to introduce themselves before an audition on September 8. Chorus roles are invited to audition in groups on September 7. Callbacks will take place September 13 to match you to a part in this year’s musical!

*Eleanor Crowder has directed musicals and large casts for GNAG Theatre for 20 seasons. Maybe you also caught her solo show in May onstage at The Gladstone as she brought Shakespeare’s Will, by Vern Thiessen, to Ottawa.*

Sign up for our weekly MPP email updates at [joelhardenmpp.ca](http://joelhardenmpp.ca)!

Joel Harden

MPP, Ottawa Centre  
[joelhardenmpp.ca](http://joelhardenmpp.ca)

109 Catherine St.  
Ottawa, ON. K2P 2M8

JHarden-CO@ndp.on.ca

613-722-6414





# FILM DOES JUSTICE TO ELVIS LEGACY

**Elvis**  
(US, 2022)  
Directed by Baz Luhrmann  
**Review by Iva Apostolova**

This movie about the life and music of the legendary king of rock Elvis Presley and directed by the Australian sensation Baz Luhrmann is nothing short of epic! I have a confession to make – I have loved Baz Luhrmann through his highs (*Moulin Rouge* and *The Great Gatsby*) as well as his lows (the box-office bomb *Australia*). I simply can’t get enough of his over-the-top, highly stylized and theatrical cinematography. Two years in the making, I think *Elvis* is his best work yet.

A couple of things one should know about Luhrmann. He doesn’t do biopics. All his movies are stories about people, real or fictional, and their relationships. And *Elvis* is no exception. The main focus of the movie is on the complicated, dysfunctional, extremely toxic and destructive relationship between Elvis and his manager, the infamous Colonel Tom Parker. Even wife Priscilla doesn’t get much screen time. Another thing to understand about Luhrmann’s cinematic stories is that he certainly does his homework and always stays true to the story. Take *The Great Gatsby*, for example. The movie does not use the fantastic costumes and breath-taking cinematic sequences as a distraction from the story line; on the contrary, the dialogue is faithful to the

letter to Scott Fitzgerald’s novel. The same is true for *Elvis*. If you watch even one interview with Tom Hanks (Colonel Parker) or Austin Butler (Elvis), you will understand the

such vulnerability and pure longing to connect with the audience since forever, really. From Elvis’s first jittery performance in front of a live audience in Tennessee, where even his hair is shak-

velvety voice wouldn’t mix well with rap, allow yourself to be surprised.

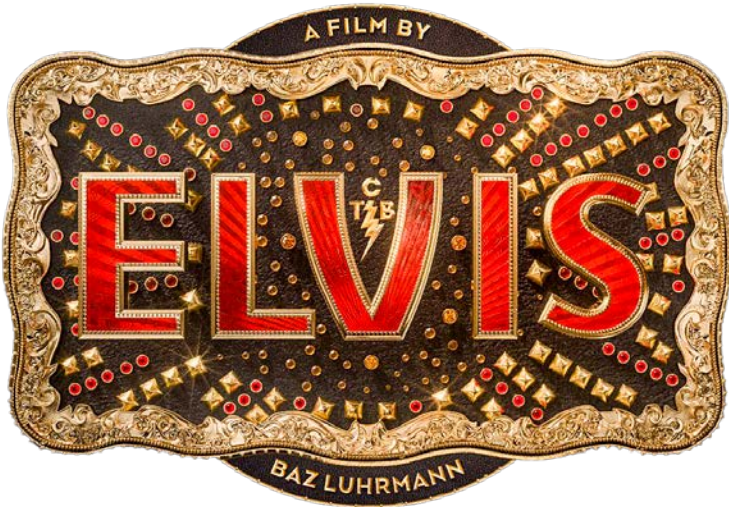
*Elvis*, though, is not a sugar-coated tribute to the best-selling single artist of all time. On the contrary, Luhrmann skillfully and without over-sentimentalizing manages to capture the complicated relationship between Elvis’s music and the Black music of the American South, which the artist always considered his musical home. As Butler himself notes in one interview, no Black music, no Elvis, it’s as simple as that. Luhrmann expertly gives us a snapshot of the dark, segregated reality of the American South in the 50s and 60s, which Elvis navigated with as much grace as anyone could.

At the same time, the director makes us painfully aware of Elvis’s own demons, some of which were single-handedly created or simply nurtured by Parker, his manipulative, Machiavellian manager, brilliantly portrayed by Hanks.

I would say that *Elvis* is a real spectacle, in the original sense of the word – a grand production worth witnessing. As far as I am concerned, it does the job it has set out to do, namely, do justice to Elvis’s legacy.

*Iva Apostolova is a professor of philosophy at Dominican University College.*

*Running time: 2 hours 39 minutes  
Rated PG  
Playing in theatres*



lengths to which Luhrmann has gone to prepare both cast and crew, including working with the brilliant Aussie costume designer Catherine Martin, who has worked with Luhrmann on three other movies. Instead of making exact replicas of some of Elvis’s most iconic costumes from Graceland (his comeback leather piece as well as the onesies from his Vegas shows, for example), Martin has recreated multiple versions of the same piece to fit Butler’s physique and allow him to move freely on stage.

Speaking of Butler, I have not seen


ing with nerves, to his last sold-out concert in Vegas, Butler’s blue eyes remain warm and seeking. And if this weren’t enough, he also sings in the movie, something which apparently permanently changed his own voice.

On the topic of music, all of Luhrmann’s movies have soundtracks to die for. Apart from Elvis’s own songs, you will hear original music from Swae Lee and Diplo, Doja Cat, CeeLo Green, Eminem, Stevie Nicks and Chris Isaak. Luhrmann has always been a genius when it comes to incorporating old and contemporary music genres. If you thought Elvis’s





House of PainT is having an in-person REUNION for its annual festival August 19 to 21! This year’s theme is all about reunion. House of PainT invites the community to join our dancers, musicians, artists and lovers of urban arts to reunite over the three-day festival to celebrate all things hip hop and community. The festival features three main events. The main-stage event takes place on Saturday, August 20 under the Dunbar Bridge near Brewer Park, with headliner Haviah Mighty. Haviah Mighty is a talented and dynamic artist, the first woman to win Rap Album of the Year at the Junos for her latest project “Stock Exchange.” Haviah first performed at House of PainT in 2017 with

The Sorority and returned in 2019 as a solo artist in front of an awe-struck audience. The festival kicks off on Friday, August 19 at Club SAW for the annual OG-500 Poetry Slam, the largest poetry slam in Ottawa-Gatineau! The competition brings together the city’s most talented poets to compete for a \$500 grand prize. On Saturday, child and youth-oriented activities take place in our Seeds Tent. And on Sunday, House of PainT is pleased to present our annual Knowledge Conference at Club SAW, celebrating the fifth element of hip hop – knowledge. For more information contact: Nardin Maayteh, communications and marketing coordinator, comm@houseof-paint.ca.



## THINKING OF SELLING?

- Variable Commission Rates, Including Flat Fee
- Protecting Homeowners Against Conflict of Interest



LIVING AND WORKING IN THE GLEBE

**JUDY FAULKNER**  
BROKER OF RECORD / OWNER  
613.231.4663  
Judy@HomesInOttawa.com



# Glebe Fine Art Show is back!

By Eileen Durand

The artists and organizers of the Glebe Fine Art Show are pleased to welcome back visitors to one of the best art shows in Ottawa.

On Saturday, September 17 and Sunday, September 18, the Glebe Community Centre will open its doors at 175 Third Avenue from 10 a.m. to 4 p.m. to art lovers from this area and beyond.

These past two years of not being able to socialize or go out to restaurants and cultural events have been difficult. The public is starving to see beauty again, and art is beauty.

There were some updates in 2020 and 2021 with the launch of different versions of the online gallery on our website ([glebefineartshow.ca](http://glebefineartshow.ca)), showcasing what the Glebe Fine Art Show artists were creating. However, we all agree that seeing works of art in person is the best way to experience them. How each piece makes you feel is the real measuring stick of what appeals to you.

The 34 juried artists are all excited to come back. Admission is free, and door prizes will be drawn. A fine component of the show, Mato's Café, will again be serving beverages and delicious sandwiches, soups and desserts to visitors and artists alike.

It is worth noting that the show will follow all public health protocols.

Come see the show, experience the art and encourage local artists!

**Glebe Fine Art Show**  
Saturday, September 17 & Sunday, September 18  
10 a.m. – 4 p.m.  
Glebe Community Centre  
175 Third Avenue  
Free admission & door prizes  
[www.glebefineartshow.ca](http://www.glebefineartshow.ca)

*Eileen Durand is a long-time coordinator of the Glebe Fine Art Show.*



Mato's Café will be serving drinks and goodies again this year.  
PHOTO: EILEEN DURAND



The artists whose works will be exhibited at the Glebe Fine Art Show taking place September 17 and 18 at the Glebe Community Centre. PHOTO: ROB FILLION PHOTOGRAPHY



Glenda Yates Krusberg is one of the 34 juried artists participating in the upcoming Glebe Fine Art Show.  
PHOTO: EILEEN DURAND

# Art Lending of Ottawa – great art, great artists

By Christiane Kingsley

Art Lending of Ottawa (ALO) invites all art lovers to its Fall Art Show on September 24 at the RA Centre on Riverside Drive.

ALO is a not-for-profit artists' cooperative established in 1970 with a unique mission – to make high-quality art affordable for more people. To achieve this, it offers artwork not only for sale, but also for rent. For a small fee, our clients can create beautiful change in their own space with new original art every three months. They can experiment with different art styles and even apply the rental fees against the purchase price if they decide to give a forever home to a work of art.

Our patrons, even those new to art collecting, can feel confident of the quality of the art since all of the ALO artists have gone through a jurying process and have been carefully selected.

Several of our artists have won prestigious awards, and most have been developing their artistic skills through years of practice or through courses with renowned teachers.

One of these award-winning artists is Anne Remmer Thompson, a watercolour and acrylic painter and teacher. Remmer Thompson was born and brought up in the Glebe where her father was a teacher at Glebe Collegiate. At a young age, she was selected to study art at the National Gallery with tutors who were members of the Group of Seven. Remmer Thompson went on to study art extensively, receive many awards and have numerous successful solo and group shows. Her paintings are in hundreds of public and private collections throughout Canada, the U.S. and Europe. Remmer Thompson has found time to support many local art organizations – she is a past president of the Ottawa Watercolour Society, Art Lending of Ottawa and the Nepean Fine Arts League. She is one of the driving forces behind ALO, where she still wears many hats. Remmer Thompson, now 80, says ALO excited her in 1970 and still does, especially since it allows so many people to enjoy the magic of original art through its rental program.

Linda Bordage is another award-winning artist with a connection to the Glebe even though she was born in New Brunswick. She created a series of paintings of scenes from the Glebe and received prizes for her wonderful work. This very busy artist dedicates a good portion of her time to ensure the running of ALO. She was juried in as an artist member in 2016, was soon named to the board and became president five years ago. She was instrumental in ALO surviving through the pandemic by developing its online business. Now that we have returned to live shows,

Bordage continues to astonish us with her energetic support of ALO and her talent for working with people. Despite all this work, Bordage still finds time to enjoy and create high quality art and to teach art to children and new immigrants. Bordage's art is a testimonial to the artistic variety at ALO – she works in oil, watercolour, acrylic, pastel, alcohol ink and printmaking, and lately she has been creating stunning mosaics. Bordage feels that each medium offers another way to express the subject, the light and unique emotions.

On September 24, do drop by our ALO art show to feel for yourself the magic of Anne Remmer Thompson's simple, peaceful style, Linda Bordage's exciting creations and the beauty and originality of artwork created by more than 30 excellent local artists.

If you miss this show, note that ALO will hold another show on Saturday, December 10, from 10 a.m. to 4 p.m. at the same venue.

For information: Website: [artlendingottawa.ca](http://artlendingottawa.ca); Facebook: [artlending613](https://www.facebook.com/artlending613); Instagram: [artlending613](https://www.instagram.com/artlending613).

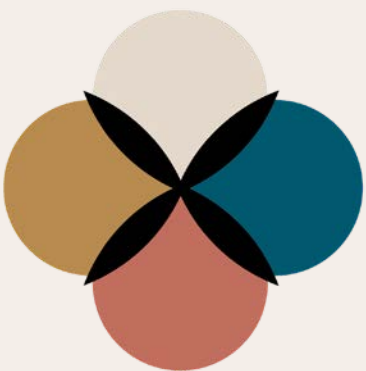
*Christiane Kingsley is an award-winning Ottawa artist who has been showing with Art Lending of Ottawa for more than five years.*

**Art Lending of Ottawa**

**Fall Show**

September 24, 10 a.m. to 4 p.m.

R.A. Centre  
Outaouais Room  
2451 Riverside Drive, Ottawa



**BLOOMFIELDS**  
*Beautiful living, naturally.*

783 Bank Street  
1280 Wellington St West  
[www.bloomfields.ca](http://www.bloomfields.ca) | 613.230.6434



Linda Bordage's mosaic, "Sunlight Through the Trees." Bordage is one of the artists featured at the Art Lending of Ottawa show and sale on September 24 at the RA Centre.





The painting by Frances Anne Hopkins of the voyageur canoe COURTESY OF LAC

# How a Hudson’s Bay canoe sailed from the national archives to the Glebe

By Pat Marshall

As I was leaving the Library and Archives Canada (LAC) building one day PC (pre-COVID), I looked up and saw a magnificent painting of fur traders and a beautifully dressed Victorian woman in a canoe. I was so intrigued by it that I ordered a photograph of it from the Archives and, in my research, found out that the woman was Frances Anne Hopkins (1838-1919), the artist of this painting as well as many others during the era of voyageurs. She accompanied her husband, who worked for the Hudson’s Bay Company.

I had the photo framed and hung it up. Jump forward to the pandemic. My husband, Germain Vézina, who has been sculpting as a hobby for many years, first

in clay and then in wood, was staring at the photo of Frances Ann Hopkins’ painting and said that it inspired him to use it as a starting point for a sculpture.

He bought a block of wood and every day he spent a few hours working at it.

Day by day, it took shape, Poor Frances Anne and her top-hatted husband didn’t get included in Germain’s version – Anishinaabe woman, her husband and their baby got on board instead (as did their dog)!

The last step was to add the paddles, and here it is: the Hudson’s Bay canoe that sailed from the national archives to our backyard on Glebe Avenue!

Pat Marshall has lived on Glebe Avenue for more than 35 years.



The embryonic sculpture, all potential PHOTOS: PAT MARSHALL



Sculptor Germain Vézina at work



The final sculpture in the author’s Glebe Avenue back yard

**LansdowneDENTAL**  
We Know Teeth

Helping you achieve the healthy smile you deserve!

Dr. Rowida Azzi D.M.D  
Dr. Richard Azzi D.M.D

- Dentistry for Children, Adults and Seniors
- Implants - Cosmetics - Invisalign
- Emergencies and New Patients Welcome
- Saturday and Evening Appointments Available

Call us now to book an appointment:  
**613.422.5900**

Lansdowne Park, 981 Bank Street

**FREE VALIDATED UNDERGROUND PARKING**

**www.lansdownedental.ca**

**LansdowneDENTAL**



**FREE Red Tulip Bulbs\***



Scan the code and enter your contact information to receive bulbs this fall



CANADA'S REAL ESTATE COMPANY  
**ROYAL LePAGE**  
Performance Realty

For your Glebe home garden, with care

**Basia Vanderveen**  
Real Estate Broker

613.316.6464  
basia.ca



\*While supplies last. Not intended to solicit properties currently listed for sale.  
\*Not intended for individuals already working with an agent.



## JazzWorks' Composers' Symposium & Practice Retreat and Jazz Camp return!

After two long years of waiting, JazzWorks Canada is thrilled to announce that our 2022 summer Jazz Camp and Composers' Symposium & Practice Retreat will be operating in-person at the CAMMAC Music Centre on the beautiful shore of Lac MacDonald, Quebec. The Composers' Symposium & Practice Retreat takes place August 22-25, and the Jazz Camp occurs on August 25-28.

The Jazz Camp is a three-day intensive residential jazz workshop for adult community musicians and talented youth, offering coaching, performance opportunities, networking, peer support and fun! Notably, the camp offers two special "Camps within the Camp" – the popular Vocal Intensive Program and, new this year, a Rhythm Section Seminar.

The Vocal Intensive Program will cover a broad range of vocal jazz performance techniques. Each

singer will prepare and craft a song for performance in a supportive group environment, highlighted by a Saturday evening performance with faculty accompaniment.

The Rhythm Section Seminar features a powerhouse international faculty and will focus on essential rhythm section skills:  $\frac{4}{4}$  at ballad, medium swing and medium-up tempos as well as bossa nova, calypso straight-eighth and  $\frac{3}{4}$ .

Led by music director and Montreal bassist Adrian Vedady, the 2022 JazzWorks faculty includes bassist Nat Reeves, drummer/composer Jae Sinnett, Kirk MacDonald on saxophone, Derrick Gardner on trumpet, vocalist Sienna Dahlen, Roddy Elias and Lorne Lofsky on guitar, Nick Fraser on drums, Kate Wyatt and Brian Dickinson on piano and vocal accompanists Steve Boudreau and Chad Linsley. A highlight of the week's programming will be our world-class Faculty Concert on Friday, August 26.

Register at [www.jazzworkscanada.com/registration.html](http://www.jazzworkscanada.com/registration.html) or through the JazzWorks administrator at 613-220-3819 or [jazz@jazzworkscanada.com](mailto:jazz@jazzworkscanada.com).

For more information, contact Judith Humenick at 613-859-8438 or [jhumenick@jazzworkscanada.com](mailto:jhumenick@jazzworkscanada.com).



## CALLING ALL TENORS AND BASSES

By Janice Manchee

Rideau Chorale is gearing up for its eighth season. For two years, COVID-related protocols have been in place and, although the executive will continue to monitor the situation, it looks like precautions can finally be eased.

But that doesn't mean there aren't new and continuing challenges. One that Rideau Chorale faces is common for choirs: the need for more tenor and bass voices.

Those with lower voices are generally, of course, men. We know that men sing. As soloists, in rock and roll, country, classical and other genres, but also together with other men.

Consider the more than one hundred male choirs in Wales, and AKORD, Ottawa's own all-male Ukrainian choir. Add to that the essential role male voices play in African choral music. And then there's Australia's Spooky Men's Chorale, which sings about power tools and beards.

Still every director of mixed choirs will tell you that tenors and basses must be actively recruited. Why?

The Internet, as always, provides a plethora of suggestions, from thoughtful to offensive. Men prefer to learn in private. Men like to be in control. Men can be intimidated by a roomful of sopranos and altos (i.e., women). Men think choirs aren't masculine. Men find the arts vague. Men prefer to hang out with other men.

But none of these suggestions resonated for Yves Menard, a recent addition to Rideau Chorale's tenor section.

"I've been taking singing lessons for a couple of years, and I've been the lead singer in a Cajun band," he says, "but I wanted to join a choir to challenge my singing ability in a group setting."

Many scientific studies have underlined that singing with others is good for longevity, good health and stress reduction. It increases oxygenation and lung capacity. It exercises major muscle groups in the upper body and improves posture.

Choir singing also has a strong impact on well-being and mental health. It creates a sense of community, and members find friendship. Choirs have even been known to ignite the occasional romance.

As well, it's great to feel needed, and deeper voices are. They add resonance and richness to the music. And singers are rewarded with a sense of accomplishment.

"I've learned a tonne," says Menard. "I've learned a lot about keys, intervals, dynamics and chord structure. And then there are the languages. I've sung in English, German and Italian this term."

Unlike some community choirs, Rideau Chorale is an auditioned choir. It is committed to the musical development of its members, the pursuit of artistic excellence and the presentation of beautiful music to the Ottawa community. The choir believes everyone can and should sing, but to produce the excellence sought, members must have certain abilities.

The audition process is not onerous. Rideau Chorale's music director checks the singer's ear by asking them to match some musical pitches and to listen to a prepared piece that shows their vocal range and level of musical training. Singers should be able to read music. The director will chat with the singer about the level of commitment required in at-home practice and preparation. Choir experience is an asset, but not necessary.

Rideau Chorale's next concert, *Gloria! A Christmas Concert* takes place on December 3, 2022, and features John Rutter's 1974 work *Gloria* complemented by other well-known and less familiar Christmas pieces (including some audience participation). The concert will also include a premiere of *Rideau Carol* by local composer David Rain.

Rideau Chorale invites and welcomes tenors and basses who would like to audition.

"If you want a challenge and to share music with some great people," adds Menard, "Rideau Chorale is for you."

Up-coming auditions take place in September and can be requested via [rideauchorale.com/auditions](http://rideauchorale.com/auditions).

Janice Manchee sings tenor with Rideau Chorale. Information about Rideau Chorale and its virtual and upcoming performances can be found at [rideauchorale.com](http://rideauchorale.com). Tickets are available at [Eventbrite.ca](https://www.eventbrite.ca).



### Toddler Program

Tuesdays and Thursdays  
9 am - 1130 am (18 to 30 months)

### Preschool and Beyond

Mondays, Wednesdays & Fridays  
Mornings: 9 am – 1130 am  
Half-days: 9 am – 1 pm  
Full days: 9 am – 3 pm

Tuesdays and Thursdays

Noon – 3 pm  
(31 months – 6 years)

### Creative Arts After School (CAAS)

Tuesdays and Thursdays  
330 pm – 530 pm  
(JK – Grade 6)

Pickup/walkovers from schools in the Glebe (included)

[www.GMCAPS.com](http://www.GMCAPS.com)

613-276-7974, [goodmorningpreschool@gmail.com](mailto:goodmorningpreschool@gmail.com)



# THE STORY OF A TREE



Norway Maple stump with the red X



Carol MacLeod with her young successor birch

By Jennifer Humphries

It’s no secret that mature trees in our neighbourhood, some of them centenarians, are coming down at an accelerating clip.

The Victoria Day weekend derecho storm struck Carol MacLeod’s 85-year-old Norway maple, torquing four branches. Norways are brittle, and the tree had been damaged before. Ottawa Forestry Services determined that this city property tree must come down and, given its challenges, MacLeod had to agree.

But when the tree was removed, the arborist noted that rot was limited to just one high section. In retrospect, MacLeod told me, she believes that had she consulted an arborist and discovered this earlier, she could have pushed to save the tree. She recommends that anyone who would like to retain a tree that is on the city’s chopping block should engage their own arborist to take a look. That would include drilling in different sections to determine the tree’s health. The city might still decide that the tree is a danger to your home or to passersby on the street, even if it is healthy. But it would be worth a try.

Knowing that the maple would eventually be removed, MacLeod planted a white birch alongside it a few years ago. Her successor tree is thriving.

Curiously, just before the removal began, four crows perched in the maple and cawed non-stop for 15 minutes. An avian farewell, it seems.

Jennifer Humphries is tree lead for the Environment Committee of the Glebe Community Association ([environment@glebeca.ca](mailto:environment@glebeca.ca)) and co-chair of the Glebe Report Association.



Portrait of the maple tree by Alice Hinker, 2007

## TESKEY - CARTWRIGHT - KEELEY

GLEBE REAL ESTATE



no place like **home**



Your Glebe Home Sale Advisors  
Condos - Family Homes -Townhomes - Estates & Downsizing

Julie Teskey	613.859.6599	<a href="mailto:julie@teskey.com">julie@teskey.com</a>
Stephanie Cartwright	613.296.6708	<a href="mailto:scart1@sympatico.ca">scart1@sympatico.ca</a>
Jennifer Keeley	613.791.6186	<a href="mailto:jennkeeley@rogers.com">jennkeeley@rogers.com</a>

[www.teskey.com](http://www.teskey.com)



Glebe Office

Whatever your style,  
Randall’s has you covered  
with PPG paints... INSIDE AND OUT.



**MANOR HALL INTERIOR PAINT & PRIMER IN ONE** is made to deliver outstanding hide and a smooth finish with triple abilities: durability, wash-ability and scrub-ability.



**ACRI-SHIELD MAX EXTERIOR PAINT & PRIMER IN ONE** is made to deliver exceptional hide, coverage and enhanced durability.



Consult with a Randall’s Specialist  
555 Bank Street | 613 233-8441 | [bankst@randalls.ca](mailto:bankst@randalls.ca) | [randalls.ca](http://randalls.ca)  
**Paints | Stains | Window Treatments | Designer Wallpapers & Fabrics**

The PPG Logo is a registered trademark of PPG Industries Ohio, Inc. Manor Hall and Acri-Shield are registered trademarks of PPG Architectural Finishes, Inc. © 2022 PPG Industries, Inc. All Rights Reserved.



# After the election – a candidate reflects



Scott Healey reflects on the democratic process after running in the June provincial election as a Progressive Conservative candidate.

By Scott Healey

The 2022 Ontario provincial election is over; the people have spoken. Candidates respect the people’s choice and move on. Some may even hold the winner accountable to the people.

I was honoured to be a candidate for the Progressive Conservative Party of Ontario in Ottawa Centre for the June 2 election. Though the outcome was not totally unexpected, it was not what I had hoped. No one likes to lose, and I am certainly no exception. I am proud of our campaign and the way it represented the platform of the PC party. My team conducted a respectful campaign in a professional manner; that I am happy with.

After some post-election reflection, my campaign experience has brought both feelings of disappointment and humility.

My disappointment is threefold. Firstly, the voter turnout was terrible. I know incumbents benefit from a low voter turnout – my party was returned to power with an even larger majority, and for that I am glad. I am happy for our party’s victory, but I am not happy about the state of our democracy. Disengagement and complacency are not healthy for democratic politics.

Secondly, I was disappointed by a few comments directed towards my campaign team. I somewhat expected it for myself and was on the receiving end of some nasty language on a few occasions. However, having your volunteers called racists and fascists as they put up blue signs in our neighbourhoods is hardly supportive of the progressive image that our community wants to portray. Intolerance is not just reserved for the right end of the so-called political spectrum, but for the left as well. If my fellow candidates received similar comments, which I would regret if they did, I am sure they would feel the same.

On a slightly partisan note, I am disappointed that five Ottawa ridings representing over 600,000 people have no representation around the government table.

Ottawa is the second largest city in Ontario and should have a strong voice at the government table, but there is none. As a colleague of mine once stated, “equal but not fair.” You may not be disadvantaged, but you are sure not going to be advantaged.

As I reflect on my campaign experiences, I am humbled in two ways. I am humbled that 8,686 people voted for me. I take this vote of confidence very seriously and feel a deep sense of gratitude, commitment and obligation. If I had received just one vote, I would take that obligation no less seriously than if I had received 100,000.

Secondly, while campaigning I saw, heard and felt the challenges that exist in our community. When I spoke on election night, I said “Ottawa Centre is just a pin prick on a geographical map and a grain of sand on a beach in the world’s population, but there are so many challenges in our midst.” When you depart from the usual path travelled, the world you encounter is not always what you had imagined.

I often said to my small campaign team “you can’t eat the whole elephant at once, just one bite at a time.” That’s how we can improve the world, one bite at a time.

All said and done, the overall experience was very rewarding, and I am glad I had an opportunity to participate in the political process as a candidate. To my campaign team, thank you. To the voters of Ottawa Centre, thank you for listening and doing your civic duty. To all those new friends and acquaintances I met on this journey, it was a pleasure, and we’ll keep in touch.

I wish Joel Harden all the best as our MPP at Queen’s Park. I know that he will represent the riding and our interests with the intensity and dedication we expect from our elected officials. I’ll be watching.

Scott Healey was the Progressive Conservative Party of Ontario candidate of record for Ottawa Centre in the June 2022 election.

# Four ways for parents to support teen mental health

By Jenny Demark

It is an enormous understatement to say that our teens have been through a lot in the past two years. Since the start of the COVID-19 pandemic, 64 per cent of youth aged 15 to 24 have reported poor mental health, a higher rate than all other age groups (Statistics Canada). Teenagers have endured decreased social interactions, school closures and disruptions and reduced access to clubs, sports and arts activities. They have missed important milestones, such as graduations, proms and class trips. They have witnessed increased stress within their families. They have lost loved ones.

Add the fact that it is harder than ever to access mental health supports, especially for marginalized youth, and it is no wonder that they have had a difficult time.

Yet despite these many obstacles, Canadian youth have also been remarkably resilient. In a survey completed by the Centre for Addiction and Mental Health, 50 per cent of youth reported positive impacts of the pandemic. Benefits included spending more time with family, feeling less rushed and having more time for hobbies and self-reflection.

Although the pandemic is not over, opportunities are opening up, and it is time to make plans to move forward. So how can we best support our youth and their mental well-being?

**1. Be a role model**

Be sure to get enough sleep, engage

in regular exercise and eat good food. Put the phone down, and let your kids see you engage in healthy activities such as reading, journaling, playing an instrument or practising yoga. Go to therapy. Spend time outdoors, no matter the weather. Use drugs and alcohol sparingly. Not only will we be better able to cope with the stress of parenting adolescents, we will also be teaching our kids healthy habits through our own behaviour.

**2. Find quality time**

Many teens act as though they do not want to spend a single second with their parents but in reality, they still want us involved in their lives. It is very important to find time, even just a few minutes a day, to check in. Quality time (remember, it is not *quantity* time) is meant to be relaxed, enjoyable and directed by your teen. It is *not* a time for reprimanding, nagging or interrogating them about homework, chores, social media or dating. Follow their lead, talk about what they want, share a fun activity, and you will maintain a strong relationship.

**3. Validate, validate, validate!**

Know that teens are doing their best during these uncertain and turbulent times. Acknowledge their feelings in a non-judgmental and compassionate manner. This means making eye contact, staying focused on what they are saying and being mindful of your body language (nothing can be more invalidating than an eye roll or a sigh). Be tolerant of their behaviour and emotions,

even if you do not agree with them. Don’t pretend to “get it,” and don’t suggest that their stress is trivial compared to the concerns of adults. Remember that our own adolescence was quite different from what youth are currently going through. We do not know what it is like to come of age in this era.

We don’t have to fix all their problems – in fact, we want our kids to be able to find solutions on their own – but they will need our guidance at times. Offer support and suggestions, and listen with an open mind. Encourage, but don’t force them to take your advice.

**4. Don’t wait for a crisis**

Even if your teen has done well and appears to have healthy coping strategies, they can still benefit from working with a mental health professional. An appointment once every month or two allows teens to check-in, build skills and foster a relationship with a psychologist, psychotherapist or social worker. Should problems surface, they already have a trusted person to work with.

Unfortunately, when crises arise, our youth often end up waiting too long for services. That said, if your teen is in trouble, there are some places to turn:

- Parents’ Lifeline of Eastern



- Ontario, [www.pleo.on.ca](http://www.pleo.on.ca)
- Kids Help Phone, [www.kidshelpphone.ca](http://www.kidshelpphone.ca)
- Youth Services Bureau, [www.ysb.ca](http://www.ysb.ca)

Don’t hesitate to go to CHEO’s emergency room if there is any indication that your teen is going to seriously harm themselves.

We are not fully out of the pandemic woods, but the future is starting to look brighter. Continued support of our youth and their mental well-being will foster the next generation of happy, productive and resilient adults.

Jenny Demark, Ph.D., C.Psych, is a psychologist who lives in the Glebe and works nearby.



Yasir Naqvi

MP Ottawa Centre

613-946-8682 yasir.naqvi@parl.gc.ca



Wellington: An opportunity to reimagine our Nation’s Capital

The re-imagining of Wellington Street has the potential to bring dynamic change to Ottawa’s downtown core, setting our tourist district up for success in a post-pandemic era.

Since the illegal occupation of our downtown core, I have had numerous conversations with residents of Ottawa Centre, local city councillors, Mayor Jim Watson, Business Improvement Areas and the tourism sector to hear their perspectives and ideas on what the future of Wellington looks like. Throughout these discussions, there is consensus on the opportunity that has presented itself to be bold, innovative and thoughtful in how we re-imagine Wellington Street.

The 24-day occupation was devastating to our community and brought our downtown core to a halt. Residents and businesses were subjected to racist and bigoted taunts which had a severe impact on their quality of life. The traumatic experience has resulted in the indefinite closure of Wellington Street for security reasons and has subsequently led to a serious re-evaluation on how to prevent another disruptive and prolonged occupation.

Over the past few months, MPs have been studying a revision of boundaries of the parliamentary precinct to include Wellington and Sparks streets, following a request jointly made by Greg Fergus (MP for Hull-Gatineau) and myself. So far, the Standing Committee on Procedure and House Affairs has heard from several witnesses, including Algonquin Chief Wendy Jocko, Councillor Catherine McKenney, NCC CEO Tobi Nussbaum and former Ottawa Police Chief Peter Sloly. Most of the witnesses agree that one of the best ways to enhance security around Parliament while keeping it accessible for local residents to enjoy and businesses to thrive is the closure of Wellington Street to vehicular traffic and the creation of a new, state-of-the-art, active-transit corridor and pedestrian mall.

As MP for Ottawa Centre, I am

committed to taking concrete steps towards climate action in our community, and that includes seeking opportunities to reduce emissions by increasing active transportation and getting more cars off the road.

A pedestrian-focused Wellington Street provides countless possibilities. It can serve as a space for innovative tourism events and local business promotions. It can offer a space to promote reconciliation with Indigenous communities and to feature the work of Indigenous artists.

Additionally, in the long term, this can pave the way for potential development of a public transit loop that would connect Ottawa and Gatineau. And lastly, it provides a space for all Canadians to exercise their democratic right to peaceful protest in a safe and responsible manner.

This is an opportunity to be bold, innovative and to contribute to rebuilding and revitalizing our downtown. It nicely complements the redevelopment of Block II, a section of buildings on the south side of Wellington Street (between Metcalfe and O’Connor). Block II – right across from the Peace Tower – will bring an entirely new character to the street, creating a parliamentary square for all Canadians to enjoy.

You can learn more about it here: [www.tpsgc-pwgscc.gc.ca/citeparlementaire-parliamentaryprecinct/rehabilitation/conception-design-eng](http://www.tpsgc-pwgscc.gc.ca/citeparlementaire-parliamentaryprecinct/rehabilitation/conception-design-eng).

Let’s make Wellington Street a safe and vibrant space, designated for active use, that is accessible to all Ottawa residents and visitors alike who wish to walk, run, bike or roll in front of our historic national institutions, permanently. Our Parliamentary Precinct is the heart of Canadian democracy. It’s high time it reflects our values and keeps our community safe.

I welcome your comments and feedback on this or any other issue. Please do not hesitate to contact me at 613-946-8682 or write to me at [Yasir.Naqvi@parl.gc.ca](mailto:Yasir.Naqvi@parl.gc.ca).



Joel Harden

MPP Ottawa Centre

613.722.6414 @joelharden www.joelharden.ca JHarden-CO@ndp.on.ca

How do we end gender-based violence in Ottawa?

**Warning: this column is about gender-based violence. Help is available if you or someone you know is at risk. Contact the Sexual Assault Support Centre of Ottawa for 24/7 confidential support at 613-234-2266.**

It’s been a horrifying time recently for gender-based violence in the Ottawa area.

On July 2, Anne-Marie Ready and Jasmine Ready – a mother and her 15-year-old daughter – were killed by a young man in Alta Vista. Catherine Ready, 19 years old, survived the attack.

Anne-Marie and Jasmine were advanced karate students, having just received their black belts from Douvris Martial Arts. Jackie Perez from CTV News attended a community vigil that started at Edgehill Park and later went to the family home on Anoka Street. She spoke to Naomi Eberhard and Michael Penny who trained with Anne-Marie and Jasmine.

Naomi said, “These were beautiful women who were murdered, and they are an extremely important part of our community. I’ve never seen them without a smile on their face, they were so full of joy constantly.”

Michael added, “We had been training together for three years, and in the last six months you get to know people pretty well. Her karate family is here to support [Catherine].”

Days before this tragedy, the findings of an inquest were released about three women murdered in Renfrew County by Boris Borutski, a former intimate partner to all of them. The jury detailed the inadequate protections for women facing gender-based violence in rural Eastern Ontario.

According to the Ottawa Coalition to End Violence Against Women, the criminal justice approach to gender-based violence is not working. They note that sexual assault cases have only a 3.2-per-cent chance of resulting

in any form of penalty for the perpetrator, so it is not surprising that only five per cent of sexual assaults are reported.

So how do we end gender-based violence? There is a push for changes to the Criminal Code to designate femicide as a crime and efforts to raise awareness. Consequences matter, and education is important, but is it enough? What else must happen?

A recent study by Ottawa’s community health centres proposes “new investments in front-line violence against women shelter staff, expansion of shelter spaces for women leaving violent homes, more long-term affordable housing, as well as new investments in trauma care and counselling for women and children. Instead, the OPS (Ottawa Police Service) spends millions on sexual assault resulting in the conviction of one in 100 perpetrators.”

I recently met with Shelter Movers Ottawa, a community group that helps women and their children leave abusive homes. They’ve done over 760 moves through a network of volunteers since 2017. They are looking for more help, so if you are able to volunteer with them, please reach out at [www.sheltermovers.com/ottawa](http://www.sheltermovers.com/ottawa).

We also need a massive ramp-up in mental health services for those who, if left untreated, will engage in gender-based violence against loved ones or neighbours. We urgently need access to mental health support with an OHIP card, not a credit card, to prevent future tragedies.

But the last word here goes to Naomi who has created an online fundraiser for the Ready Family, and given us some powerful words to remember:

“Three women’s lives forever changed, two of them no longer with us, and our health system including our mental health system is broken. We need to fix that or we will see this again, and that is not okay.”

**Nobody said investing was easy, yet it doesn’t have to be difficult.**

**We provide tailored investment advice & exceptional client service.**

**BECKMANWEALTHMANAGEMENT.CA**

1041 Gladstone Ave.  
613-680-2600  
[jon.beckman@manulifesecurities.ca](mailto:jon.beckman@manulifesecurities.ca)

**BECKMAN**  
WEALTH MANAGEMENT  
Manulife Securities

Manulife, Manulife & Stylized M Design, Stylized M Design and Manulife Securities are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under license.



# LOOKING FOR A REALTOR®

CALL DAVID OR MARIANNE TODAY 613.769.3771


Curious what your Property is worth in today's market, visit [www.GLEBEfreeREPORTS.info](http://www.GLEBEfreeREPORTS.info)





ROYAL LePAGE  
Team Realty  
Independently Owned and Operated, Brokerage

DAVID BOURNES  
REALTOR®  
MARIANNE BOURNES  
REALTOR®



Help with:

Internet	Email
Software	Shopping
Instruction	Setup
Viruses	Slowdown

Helping you CHOOSE and USE your computer.  
Still open, with ways to help you safely.

John Harding  
[info@compu-home.com](mailto:info@compu-home.com)

Malcolm Harding  
613-731-5954  
[www.compu-home.com](http://www.compu-home.com)

BRUCE TOBIN  
R.O., C.C.L.F., G.S.E.M.



OPTICAL  
EXCELLENCE

613-232-8586  
779-B Bank Street, Ottawa, Ontario K1S 3V5

[opticalexcellence@rogers.com](mailto:opticalexcellence@rogers.com)



Pretoria Animal Hospital

16 Pretoria Avenue (613) 565-0588 [vcacanada.com/pretoria](http://vcacanada.com/pretoria)

New Clients Always Welcome!

- Preventive Medicine
- Vaccination
- Assessment and Treatment of Injuries and Illness
- Surgery and Dentistry
- Nutritional Counseling

Monday to Thursday 8am - 7pm  
Friday 8am - 6pm & Saturday 8am - 2pm

CELEBRATING 23 GREAT YEARS IN THE GLEBE

# NEW PATIENTS WELCOME

Dr. Pierre Isabelle  
Dr. Peter Kim

## GLEBE DENTAL CENTRE

FIFTH AVENUE COURT-EVENING APPOINTMENTS  
OPEN MONDAY-FRIDAY

For appointments call 613-234-6405



PHOTO: LIZ MCKEEN

# NCC to consult on car-free parkways

By John Dance

The pilot project to shut down vehicle traffic along the Rideau Canal continues. Last year, much of Queen Elizabeth Drive (QED) was turned over to cyclists and pedestrians for the first part of the summer, then it was reopened and Colonel By Drive (CBD) was closed. This year, just QED has been closed.

While reaction has been mixed, enthusiastic supporters of the move include the Centretown Community Association, which has lobbied for the closure for several years. “Queen Elizabeth Driveway (QED) begs to be a permanent car-free promenade,” association president Shawn Barber wrote to Tobi Nussbaum, chief executive officer of the National Capital Commission (NCC), which operates the parkways.

“The QED was extremely well used by pedestrians, joggers, dog walkers, cyclists and boarders when closed during COVID,” wrote Barber. “Its popularity and value as a vehicle-free amenity now are clear. Close the QED to vehicles, possibly as far as Fifth Avenue, and let it become a grand promenade. It would be a promenade epitomizing the character and culture of Ottawa.”

The NCC seems to have taken this advice to heart, at least in part. “Our preliminary plan included the use of the full length of QED, however, as a result of the feedback received from the City of Ottawa and the Ottawa Sports and Entertainment Group, we adjusted the program, limiting it only from Somerset to Fifth Avenue,” said NCC spokesperson Sofia Benjelloun.

The City of Ottawa doesn’t love the vibe. Chris Brinkmann, manager of traffic operations, commented: “The current QED closure has resulted in the diversion of about 10,000 vehicles per day, and the City is seeing an infiltration of detoured traffic. These daily volumes have shifted from the QED to these residential streets, significantly affecting the neighbouring residential transportation network. This

congestion could further cause dangerous delays to emergency responses, both at Lansdowne and within the surrounding community.”

The Glebe Community Association (GCA) discussed the closure of the Driveway at a board meeting earlier this year. “We have heard from people who love the increased active recreation space, and we have also heard from people concerned about increased traffic and noise on residential streets” said GCA vice-president June Creelman.

“While we are generally supportive of some QED closures, we decided it was premature to take a stance without better data,” Creelman said. “We have written to the NCC and asked them to study traffic impacts and to provide us with more precise data on traffic counts on affected streets.”

One consequence of closing the QED is that the Colonel By Drive is no longer reserved for active users on Sunday mornings, and some cyclists miss having the full length of the parkway. On the other hand, QED will have no motorists 24/7 until September and on weekends into the fall so there is a lot more time for car-free cycling and walking than just Sunday mornings.

“The NCC continues to work with the City on gathering additional traffic data to better understand the impacts that City and NCC seasonal activities may have on neighbourhood streets,” said Benjelloun. “As part of our ongoing commitment to working with the community, we are meeting with different community groups and will be launching a survey at the end of the summer season to help shape the future of the QED programming.”

So we’ll all get a chance to tell the NCC what we think of car-free Canal parkways.

*John Dance is an Old Ottawa East resident who keeps a close eye on city affairs and writes frequently for the Mainstreeter and the Glebe Report.*



# DECLUTTERING 101

By Martha Tobin

**How to get started**

1. Pick a small space (a nightstand, drawer or pantry, for example)
2. Have five boxes at the ready for:
  - items that belong elsewhere or to someone else in the home
  - items that belong to someone outside the home
  - “maybe” items
  - items to donate or sell
  - items for trash or recycling
3. Take all items out of the area you want to declutter.
4. Sort items into your five boxes.
5. Working with the items you have left, determine if they are used daily, weekly or monthly and then assign them areas in your space based on their frequency of use. Consider using bins, shelf risers or drawer dividers to keep “like” with “like” items together.

NOTE: For the “maybe” items, date the box. Review in three to six months. If you’ve not needed those items in that time, consider donating them.

**Tackling the garage**

1. Pick a day when you can take everything out of your garage.
2. Lay out all the items on your driveway or lawn.
3. As you bring out items, sort them into categories (i.e., gardening, tools, sports, holiday decorations, luggage, car accessories, lawn and snow equipment, toys).
4. Review items in each category and determine which you want to keep, which are trash/recycle, which are to donate or sell, which you have duplicates of, etc.
5. Working with the “keep” items, determine how much you have in each category and then set up zones for those categories. Items that are used most often should be in the most accessible zones.
6. Install additional shelving, hooks and (clear) bins as needed so that you can find homes for the items you are keeping.
7. Label your bins – masking tape and a Sharpie work great!


Martha Tobin is the owner of a local Glebe business called Declutter4Good - Organizing and Decluttering (Declutter4Good.ca)

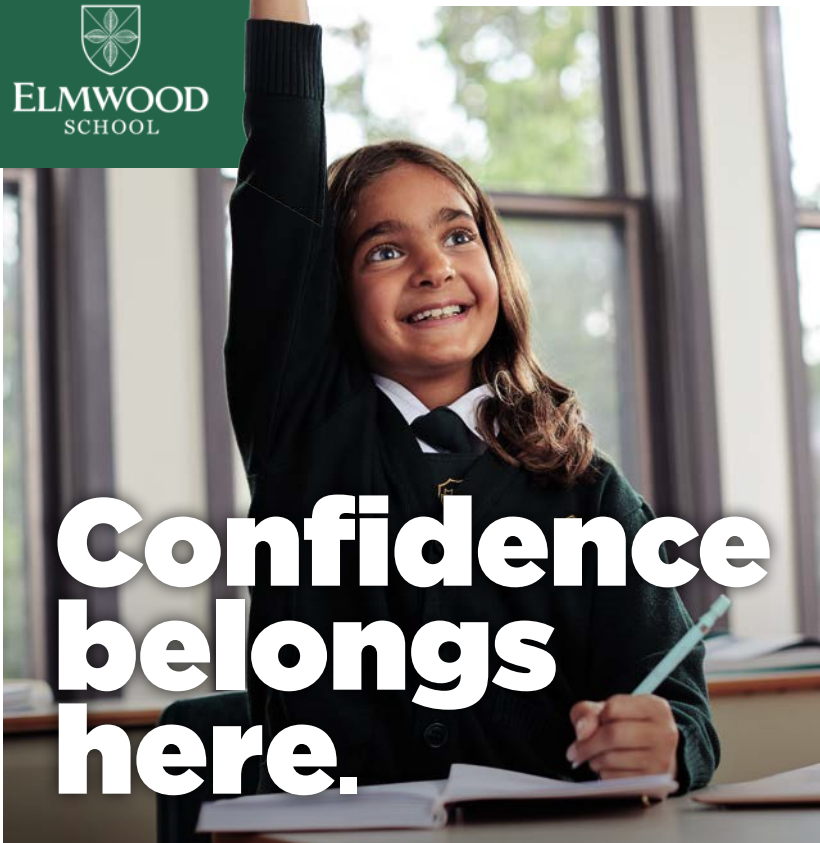


A not-atypical garage, before decluttering PHOTOS: MARTHA TOBIN



An organized and decluttered garage, where there is a home for everything.





Confidence belongs here.

How do I describe the Elmwood experience?  
In a word: **community.**

Science enthusiasts, art lovers, athletes, math whizzes, and writers all have a place here. Each student is encouraged to explore and discover their own passions—and see just how far they can take them.

An independent day school for girls from Pre-Kindergarten to Grade 12.


Book a personal, student-led tour and see why **you belong here.**

Elmwood.ca

MP | député


YASIR NAQVI

Ottawa Centre | Ottawa-Centre



HERE TO HELP.

ICI POUR AIDER.






YasirNaqviMP.ca

613 946 8682 | Yasir.Naqvi@parl.gc.ca

404-1066 rue Somerset Street West/Ouest

Ottawa, ON K1Y 4T3

 @YasirNaqviCDN

 @Yasir\_Naqvi



# Ottawa Valley English

By Sophie Shields

If you’ve been for a day trip near Ottawa this summer, you might have happened upon some new vocabulary or expressions – welcome to Ottawa Valley English! Spoken traditionally in towns near the Ottawa River (Arnprior, Almonte, Lanark County, Renfrew, Carleton Place, etc.), Ottawa Valley English (OVE) is a variety of General Canadian English influenced by the historically strong Irish and Scottish presence in the region.

The Irish, as the main settlers of this rural region, left their mark on the English spoken in these townships. They especially affected pronunciation and grammar, leading to the traditionally Irish devoicing of first and last consonants – “very” becomes “fery” – and the use of the singular “is” in plural contexts – “The eggs is cracked” (OVE and Belfast English). Following the Napoleonic Wars, OVE was also strongly influenced by the surge of Scottish immigrants in the area, especially in Lanark and Renfrew counties.

The history of the Ottawa Valley has left behind a rich Scottish and Irish-influenced vocabulary. Indeed, many Gaelic and

Scottish words have found their way into OVE: “gruamach” to describe a gloomy and overcast day, “ben” for living room, “rone” for eavestrough.

One of the most remarkable Irish influences in the Ottawa Valley is the popular use of “for to,” used in Northern Ireland English, instead of simply “to” – “I was at Dow’s Lake for to see the tulips.” It’s also a characteristic of some Newfoundland dialects. There are also many regional expressions with unknown origins, such as “by the liftin’” (Oh my goodness!), “Mind the time when” (Remember when) and “Fair to middlin’” (I’m not my best).

Nowadays, General Canadian English has become widespread but OVE, while endangered, is yet to disappear. So, next time you are out on a day trip near Ottawa, take a moment to listen to the people around you – could it be Ottawa Valley English?

*Sophie Shields is a Carleton student studying global literature and a proud Franco-Ukrainian who is currently in Germany learning German. She is the social media coordinator for the Glebe Report.*



## The Glebe according to Zeus

A GUINEA PIG’S PERSPECTIVE ON THE GLEBE



## Vacationing pigs hard hit by inflation

Guinea pig Investment Certificates (GICs) have nearly doubled their rate, from a measly 1.9 per cent to 4.3 per cent, thanks to inflation. However, many pigs claim they have been negatively impacted and deserve compensation since they had banked on tripling their rate.

“I had lunch with Tiff at the TwoSixAte just before his announcement, and we decided on a two-per-cent interest hike, not one per cent. This lower-than-expected hike has drastically affected my forecasted investment returns, and hence my personal planned luxury expenditures,” complained Petey, head of the Guinea Pig Gold Bullion Bank (GGBB) and angel investor in GiddyPigs.com, one of the largest rodent-owned conglomerates in the Glebe.

“It is not just the poor who suffer from

inflation – the rich probably feel even greater pain since they are not used to suffering,” added Petey, who has been known to make controversial remarks about less well-off rodents in the neighbourhood. Indeed, in an interview with *The Econogist* in 2007, he was quoted as saying, “It’s the squirrels’ fault – they bury their savings and then can’t find them! They should build burrows like the chipmunks. They choose to be poor.” Some say rich pigs are just lucky; however, Petey maintains that their fortunes rest entirely in their penchant for gold bullion and his prescient and diligent handling of it through the GGBB, the largest holder of the precious metal just behind Rockliffe.

Ever proactive, the wealthy pigs have started a GoFundMe page for those who want to ease their suffering. Donations can also be sent by Interac gold bullion e-transfer to HelpUs@RichPig.ca. Offering an economic argument, Petey explained donations are necessary to save the economy: “Due to lower-than-expected investment profits, we have to cut vacations short to six months and may have to eat out less, neither of which is good for the economy!”



Meri Squares square dancers move to new country and top 40 hits while driving up their step-count. Social Square Dancing for new square dancers is held every Tuesday starting September 20.

## MODERN SQUARE DANCING: WHY WOULD I DO THAT?

By Lamar Mason

Looking for a way to keep your step count up during the fall and winter? Not interested in skiing, skating or cold-weather jogging? Need to add something new to your exercise program but don’t want to go to the gym, and have no room for a treadmill or stationary bike? Why not try modern square dancing?

Wait, don’t leave! Read on. Were pictures of crinolines, western shirts and old-time music running through your mind? No more! Square dancing has joined the 21st century: casual clothes, modern music and *fun*!

Do you like classic rock music? New country? Top 40 hits? Rock ‘n roll? Do you know your left from your right? Can you count to five? Walk briskly? Then modern square dancing is for you!

Modern square dancing is fun, fast paced and social. We dance in groups of eight people (four couples, but you don’t need a partner to join.) You’ll meet young people, empty nesters, retirees. So come as a couple, a single or a group of friends – everyone is welcome.

Each dance night, you will learn different steps or calls. The dance leader then strings the calls together in a danceable order, and dancers must react and work together to execute the sequence as the calls are given. Our dance leaders are great teachers and they are very patient in making sure you learn the calls before they are used in a dance.

Square dancing is great physically. It will make your Fitbit go wild – you will easily register 5,000 steps in a two-hour dance night! It’s a great way to get exercise that is too much fun to be called exercise!

Meri Squares Square Dance Club dances in central Ottawa. We offer an introductory program (Social Square Dancing – the name says it all!) for new dancers on Tuesday evenings this fall. We will have you dancing up a storm to great music with new friends in no time at all.

Join us at our free Kick-Off Dance on Tuesday, September 20, 7 p.m., at the J.A. Dulude Arena, 941 Clyde Avenue. Meet new people. Dance to great music. Get fit. Have fun!

Check out our website at MeriSquares.ca or contact me at 613-221-9188 or lamarmason4@gmail.com for more information.

*Lamar Mason is president of Meri Squares, a modern square dance club, and an avid dancer.*



# Luring Glebe wildlife with native plants

By Barbara Jane Davy

Our resident crows sounded a new alarm the other day. We’re used to them cawing alerts to one another as they look over their fledglings among the oak trees. They note every off-leash dog that goes through the NCC land between us and the canal.

Yesterday, it was a young coyote, looking completely bewildered by the city. I stepped out my front door and joined the crows to see what the fuss was all about. He took off up Patterson, looking over his shoulder at me.

You might be alarmed to hear that coyotes are in the Glebe, but I was thrilled to see him. We have so many squirrels and rabbits here, it’s hard getting a new garden established. Maybe he’ll eat a few, or better yet, maybe he’ll get the rats.

I’m happy to see wildlife and even to have them eat from my native plant garden, but the serviceberry that had such a nice branching structure when I planted it has been eaten down to just a few remaining twigs. I spotted a rabbit in the act and tried to shoo her away, but she just placidly continued munching leaves. I’m happy to see bunnies in my front garden, well established by my mother-in-law who used to live here, and I am planting the back garden with a view to feeding native species. But these tender young plants are having a bit of a hard time.

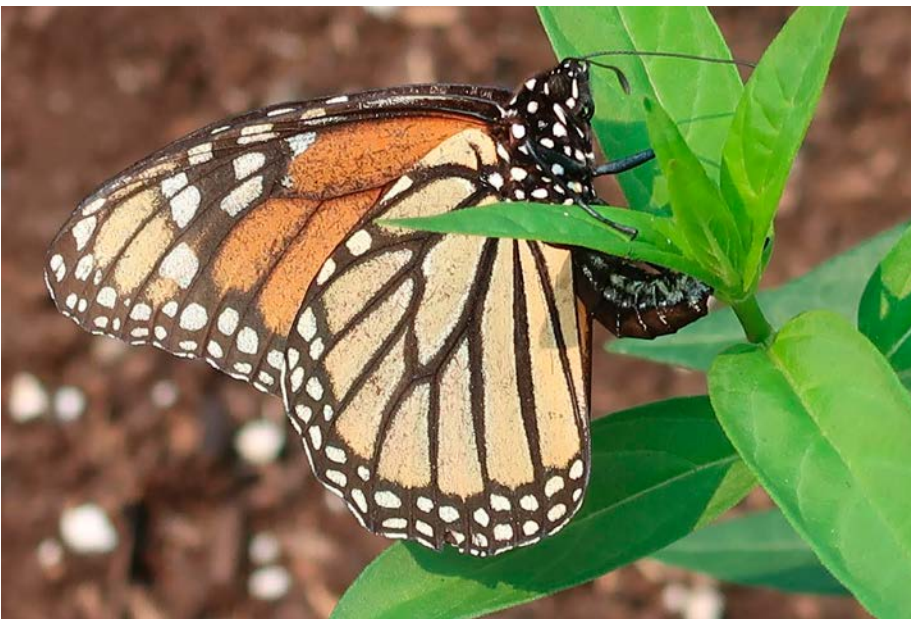
I’ve planted native groundnut (*Apios americana*), a vine that will make nice pink flowers and edible tubers while it blocks the view of my neighbours’ garbage bins. A pussy willow (*Salix discolor*) will make adorable furry catkins early in the spring to provide food for the first insects, who will feed goldfinches, chickadees and maybe eastern phoebes. In years to come, the pussy willow will serve as a host plant for Viceroy, Mourning Cloak and Compton’s Tortoiseshell butterflies. I hope

the serviceberry (*Amelanchier canadensis*) will bring Cedar Waxwings and Baltimore Orioles to the garden to eat the berries, among the 35 bird species that favour their tiny fruit, if the rabbits let it grow.

Butterfly milkweed (*Asclepias tuberosa*), like all milkweeds, will feed Monarch caterpillars and butterflies. It will also provide a showy pop of bright orange flowers that attract hummingbirds. Hairy beardtongue (*Penstemon hirsutus*) is much prettier than its name implies, with two-toned purple and white flowers. It serves as a host to various Checkerspot butterflies, and it attracts hummingbirds and bumblebees. Black-eyed Susan (*Rudbeckia hirta*), with their daisy-like yellow blooms, are perhaps more familiar native plants, and fleabane (*Erigeron philadelphicus*) may be recognized as a daisy-like weed, but these feed a variety of moths and butterflies. Fleabane is a host plant specifically to Northern Metalmark, and several species of native bees depend on its nectar. As well as providing nectar in the summer, black-eyed Susan seeds provide food for finches in the fall and winter.

Spotted joe-pye weed (*Eutrochium maculatum*) fills a partly shaded back corner. As well as providing a beautiful, tall backdrop to my garden, it will provide late-season nectar for Swallowtail, Monarch and Variegated Fritillary butterflies, as well as for many smaller pollinators and hummingbirds. Its leaves will feed as many as 41 different species of caterpillar, providing food for many birds who might later eat its seeds. Raspberries line the front edge of garden, making a natural fence bearing delicious fruit, if we can harvest any before the birds find them.

Truthfully, I’m happy to share. Almost all of these plants are the result of gifts, either as roots, young plants or seeds. Most came from seeds I got for free from the Ottawa Wildflower



Monarch butterfly on native butterfly milkweed (*Asclepias tuberosa*)

COURTESY OF OTTAWA WILDFLOWER SEED LIBRARY

Seed Library and from their free plant exchanges. The Seed Library is a local group that provides free seeds and promotes native plant growing in the region. Like a book library, the seeds are available for free, with the intention that seeds be collected by recipients, returned to the library and given in turn to more people each season.

In the world of native plant enthusiasts, word is “If nothing is eating your garden, you’re not doing it right.” I want birds eating my berries, bugs chomping on the foliage, caterpillars munching my milkweed, bunnies trimming my asters and, yes, even coyotes hunting. If we can restore bits of healthy ecosystems in our yards by growing native plants, I hope we can learn to thrive here together, building old relations anew.

Barbara Jane Davy is a researcher and writer living in the Glebe.



Blackeyed Susan (*Rudebeckia hirta*) in the author's backyard

PHOTO: BARBARA JANE DAVY



A Montessori classroom is where the joy of learning comes naturally

Toddler, Preschool & Elementary  
Grades 1-6 Bilingual Education

Glebe Montessori School



650 Lyon St. South  
Ottawa, Ontario K1S 3Z7

Please contact us at:  
(613) 237-3824

www.glebemontessorischool.com

# Sezlik.com

FOR ALL YOUR REAL ESTATE NEEDS

PH 3-135 BARRETTE STREET - \$4,600,000  
BEECHWOOD VILLAGE

296 MANOR AVENUE - \$1,997,000  
ROCKCLIFFE PARK

171 STANLEY AVENUE - CALL FOR PRICE  
NEW EDINBURGH

323 LYSANDER PLACE - \$920,000  
WATERIDGE VILLAGE

## Call Today and see what Ottawa's Best\* can do for you!

#1 in Ottawa 2016, 2017, 2018, 2019, 2020\*

Charles Sezlik, Dominique Laframboise,  
Sara Adam Sales Reps. & Trystan Andrews, Broker

ROYAL LEPAGE  
Team Realty

613.744.6697

LUXURY  
REAL ESTATE

\*Charles Sezlik #1 Royal LePage realtor in Eastern Ontario, 43 +/- Offices - 1150 +/- realtors, based on gross closed commissions 2020.



# Glebe Collegiate and the Glebe

By Ivo Krupka

Celebrating Glebe Collegiate’s 100th anniversary in October will be a big deal not only for current and former students, teachers and their families but also for the entire Glebe community. For a century, Glebe students and the Glebe community have had an unusually close relationship – perhaps unique among high schools in the region. Glebe Collegiate stands a mere two blocks from that stretch of Bank Street between the Queensway and the Rideau Canal that forms the community’s main artery. It’s along this artery and its branches where so many work, eat, drink, shop, play, volunteer and just hang out. And it’s through such activities, over many

decades, that Glebe students, teachers, businesses, community organizations and residents have formed close bonds. This became evident in the anecdotes and memories I received from the Glebe Alumni Facebook Group, the Glebe BIA, community organizations, business owners and the venerable Ian McKercher, a former long-time teacher at Glebe and member of the Glebe Historical Society. The nostalgia was touching, revealing and sometimes hilarious. For many Glebe students, their first work experience was babysitting, snow shovelling or doing yard work for neighbours. Later, it was working at businesses and restaurants mainly along Bank Street. At least a couple of generations of students gained



Glebe Collegiate enjoys a deep and intricate web of Glebe neighbourhood and business relationships developed over a century of connection.

PHOTO: LIZ MCKEEN

FLORA HALL  
BREWING

COME HOME  
— TO THE —  
HALL

FRESH BEER, SCRATCH FOOD

CENTRETOWN'S  
NEIGHBOURHOOD  
BREWERY & KITCHEN

37 FLORA AT BANK  
FLORAHALLBREWING.CA

GLEBE

In alta tende

Over many decades Glebe students, teachers, businesses, community organizations and residents have formed close bonds”

This Ottawa Citizen photo from 1963 shows several Glebe Collegiate students who worked part-time at the Olympic Ski Shop, including the author. The ski shop was then located where Anthony’s Pizza is now, and later moved to where Kunstadt Sports is now.

invaluable work experience at what is now McKeen Metro. Started in 1955 as an IGA franchise and later as a Loeb, the store established strong relationships with students, some of whom stayed beyond high school to help put themselves through university or college. Metro’s ties of trust and respect with Glebe students are strong. It’s not unusual for Rebecca McKeen, the current owner, to run into parents in the neighbourhood and invite their kids to submit a job application. And Metro is not alone in offering Glebe students a steppingstone. Lori started working part-time at Davidson’s Jewellers (Glebe’s second oldest business, established in 1939) during the 1975 teachers’ strike and later became a leading member of the staff. In Grade 13, Valerie MacIntosh worked part-time at Tallmire’s, a ladies fashion shop a little south of the canal bridge and now owns The Clothes Secret across the street. For almost a half century, the Glebe Neighbourhood Activities Group (GNAG) has provided Glebe students with a broad range of opportunities for recreation, volunteering, employment and leadership development. Some 80 per cent of after-school staff are Glebe students. The intricate intergenerational network of diverse relationships woven by GNAG has made creative use of Glebe students for their benefit and that of Glebe residents of all ages and circumstances. These relationships extend well beyond the Glebe Community Centre that GNAG brought to life and extend to spaces and facilities in churches, schools and retirement residences throughout the Glebe. Except for the more upscale restaurants, it’s hard to think of Glebe eateries that have not been favoured by GCI students. Some of the old ones: The former Mexicali Rosa’s at Clarey and Bank; The Glebe Café (now Jericho) between Fourth and Fifth; The old Mirror Grill

(where exactly was it?); KFC at Bank and First; Mammoth Burger at Bank and Clemow; Grabbajabba at Bank and Fifth; Beavertails at the Ex; The Avenue Restaurant at Bank and Second; The Tea Party on Fourth; “That Chinese place on Bronson across from the football field;” the A&W on Bronson. And dozens more lost to memories that may be hard to recover. I like the stories of students encountering their teachers at pubs such as The 515 (now the Glebe Central Pub). As Ian McKercher recalls, neither group was comfortable in the other’s company. When the legal drinking age dropped from 21 to 18 in 1971, the growing student presence at nearby pubs induced teachers to decamp west to the Prescott on Preston, then even further west as the barbarians (not Ian’s phrase) invaded the Prescott. In the tamer 1950s, when I was at Glebe, such encounters were unheard of. Too bad! Glebe students have participated in other aspects of community life. Winterlude brought them out on Dow’s Lake to sculpt and skate, while milder weather saw them in canoe races on the canal – in one case, “pirates” donning scuba gear sank unsuspecting competitors! Trying to describe the 100-year relationship between GCI and the Glebe is clearly beyond the scope of an article, so I have been selective and personal. Please add your comments and memories through letters to the editor of the *Glebe Report* (simply email editor@glebereport.ca) and postings on Glebe Alumni Group’s Facebook page. Ivo Krupka is a long-time Glebe resident and Glebe Collegiate graduate. He was an avid skier who worked part-time in the 1960s at Olympic Ski Shop, one of many Glebe students who have benefitted from the close ties between their school and Bank Street.



Good Morning preschool makes up for missed experience

By Karen Cameron

When toddlers enter preschool this fall, they have much to learn about the world around them and how to navigate environments away from home. Most have spent the most crucial developmental years in a pandemic when going to the store or anywhere else was never a simple task. As educators, we are reminded of what our little ones have been missing when we ask about once-common early childhood experiences. “Have you gone to the dino-museum?” “Have you been to the library?” “Do you take swimming lessons?” Even simple visits with grandparents may have been limited.

After two years in the pandemic, and with vaccines becoming available for under-five-year-olds, these young children are beginning to enjoy the experiences they have missed. At the same time, this age group has missed crucial years of social and emotional development. These growing minds were often interacting with immediate family but missing out on learning experiences like making shapes with playdough with peers, playing grocery store and listening to story time with a group of friends.



Preschool & Beyond friends

Toddlers learn shape, feel and colour together. Or is it all about fruit?

The first five years are commonly recognized as the most important in a child’s development. While these youngsters have missed some crucial experiences, they may actually emerge better equipped and more capable of being adaptable and resilient. This means it is more important for parents to enroll their children in a preschool program with educators who can support new experiences and prepare them for kindergarten and other educational, athletic and arts programs in their future.

At Good Morning, we recognize the various supports our youngest children require and invite you to check out the variety of programs for toddlers, preschoolers, kinders and school-aged children. We currently have room for all ages.

Good Morning is an arts-focused program that introduces different mediums of material for all ages. Our School-Aged program gives your child’s creative side a chance to shine with our annual Vernissage Art Show, always the highlight of the year! This program has room on Tuesdays and Thursdays with free walkover from Glebe schools.

Our Toddler program is a low-ratio class designed to be a gentle and joyful introduction to a new environment away from home. Toddlers

are free to explore and discover new, wonderful things. We encourage interacting with a variety of toys, art supplies and materials to help maintain a good balance between the individual child and group activities. This program runs Tuesday and Thursday mornings.

Our Preschool & Beyond program offers similar teachings to the Toddler program but expands this development with increased focus on social skills and more individual participation in small group time. This program has expanded and is now offering the option for mornings, half days or full days on Monday, Wednesday and Friday as well as half days on Tuesday and Thursday afternoons.

For this and all information about our programs please visit our website [www.gmcaps.com](http://www.gmcaps.com) and check out our social media posts to get a feel for what we are all about.

[www.facebook.com/gmcaps.ottawa](http://www.facebook.com/gmcaps.ottawa)  
[www.instagram.com/goodmoringottawa](http://www.instagram.com/goodmoringottawa)

Karen Cameron is the director of Good Morning Creative Arts and Preschool. She can be reached at [goodmdorningpreschool@gmail.com](mailto:goodmdorningpreschool@gmail.com) or 613-276-7974.



**CAFE AMSTERDAM**  
Almond Fingers  
Light creamy almond paste in the middle of the kano finger 275g

**3<sup>19</sup>**  
ea



**Irresistibles**  
STUFFED BURGERS FARCIS  
BACON CHEDDAR  
BACON CHEDDAR  
6x170g

**15<sup>99</sup>**  
ea



**RUSTIC BAKERY**  
Organic Sourdough Crackers  
Rosemary or Olive Oil & Sel Gris 170g  
Artisan Crisps  
Apricot Pistachio Brandy Crisp or Tart Cherry, Cacao Nib & Almond Crisp 141g

**8<sup>99</sup>**  
ea



**SNOWDONIA PUCKS**  
Black Bomber, Rock Star, Green Thunder, & Red Devil  
200gr

**10<sup>99</sup>**  
ea



**DEEBEE'S ORGANICS**  
Organic Super Fruit Freezie  
Juice Bars, 10 Pops 40 ml

**7<sup>99</sup>**  
ea



**foster family farm**  
Fresh Corn  
on the Cob 5 for:

**2<sup>99</sup>**



**McKeen**  
**metro** GLEBE  
[www.metroglebe.com](http://www.metroglebe.com)

754 Bank Street  
(613) 232-9466  
Monday to Friday 8:00am - 10:00pm  
Saturday 8:00am - 9:00pm  
Sunday 9:00am - 8:00pm



**OTTAWA-CARLETON**  
DISTRICT SCHOOL BOARD



**Register all summer with the OCDSB!**





**School Starts September 6<sup>th</sup>**  
**Visit [ocdsb.ca/register](http://ocdsb.ca/register)**



# GRAPEVINE

COMMUNITY CONNECTIONS

**ABBOTSFORD SENIOR COMMUNITY CENTRE** (950 Bank St.) **BOOK SALE**, Mon.-Fri., 8:30 a.m. to 4:30 p.m. – Pocket Book \$1, paperback \$2, hard cover \$3. Or until September 16, fill bag (available at Reception) with as many books as it will hold \$10.

**ABBOTSFORD SENIOR COMMUNITY CENTRE** (950 Bank St.) **FALL PROGRAM** is now available. Pick up your own paper copy at Abbotsford, Mon.-Fri., 8:30 a.m. to 4:30 p.m. or go to [www.glebecentre.ca](http://www.glebecentre.ca) under Abbotsford Community Program and What's up at Abbotsford. Registration can be in-person or by telephone (613-230-5730) with Visa or MasterCard and also on-line with your own member 2022 key tag: [myactivecenter.com](http://myactivecenter.com) (look for Abbotsford at the Glebe Centre).

**ABBOTSFORD SENIOR COMMUNITY CENTRE** (950 Bank St.) **LUNCH** in the dining room on Tues. & Thurs. at noon. Members and guests can buy a sandwich, soup, fruit and dessert (individually priced), cafeteria-style from noon to 12:45, first come, first served while quantities last. Pay at serving counter with cash or at Reception with credit/debit card.

**ALLIANCE FRANÇAISE OTTAWA LIBRARY** Located on the ground floor of the Alliance Française at 352 Maclaren St., the library is a space in which you can feel comfortable, study and discover our variety of books, movies, CDs as well as additional material to help you learn French! Our mission is to inspire learning, curiosity and connect people, all in French! The library is a communal space open to our students and members. Your library subscription is included in your registration fees. You are not a student or a member? Don't wait any longer, become a member. Click on: [www.af.ca/ottawa/en/culture/become-a-member-of-alliance-francaise-ottawa/#/](http://www.af.ca/ottawa/en/culture/become-a-member-of-alliance-francaise-ottawa/#/) We will be pleased to help you find what you need or are looking for.

The **DEMENTIA SOCIETY OF OTTAWA** ([dementiahelp.ca](http://dementiahelp.ca)) provides a wide variety of activities, programs, services and support groups as well as educational resources for anyone feeling the impact of dementia. To get help from the society, call 613-523-4004.

**FRIENDS OF THE FARM MASTER GARDENER LECTURE** Our MG lecture series for 2022 is coming to a close with our final lecture on Zoom on Tues., Sept. 13, from 7 to 8 p.m. In Another Gardening Year behind Us, Master Gardener Mary Shearmen Reid will guide you through planting, cutting, trimming, composting and more to be done before putting your garden to bed. – The cost for the lecture is \$8 for Master Gardeners and FCEF members and \$10 for non-members. Registration for this event ends on Sept. 13 at noon. A link will be emailed to all registered participants by 12:30 p.m. that day. For more information: email [info@friendsofthefarm.ca](mailto:info@friendsofthefarm.ca)

**FRIENDS OF THE FARM USED BOOK SALE**, Sept. 24 & 25, 9 a.m. to 3 p.m., Bldg. 72 in the Arboretum at the Central Experimental Farm, east of the Prince of Wales roundabout. Thousands of the best used books in Ottawa, all fiction is alphabetized, 18 categories of non-fiction plus many vintage books, special



The New Art Festival 2022 in Central Park PHOTO: LIZ MCKEEN

collections of books on art and music, CDs and DVDs. Prices: \$1 for pocketbooks, \$2 for trade paperback and hardcovers, \$3 for new releases, deluxe editions and special publications. Free admission. Info: email [info@friendsofthefarm.ca](mailto:info@friendsofthefarm.ca) or call 613-230-3276.

Come and Sing with Us! **MUSICA VIVA SINGERS** (MVS) is a non-audition Ottawa community choir that sings an eclectic mix of contemporary and classical music. The choir meets in Centretown United Church on Bank St. at the corner of Argyle. Scott Richardson is the director of this ensemble, with Tom Sear at the piano. Rehearsals are Monday evenings between 7:15 and 9:30 p.m. The fall term will consist of 11 sessions starting Sept.12. If you would like to join us or would like more information, please contact membership secretary Marjorie Cooper at [marjcooper@rogers.com](mailto:marjcooper@rogers.com). We hope you'll join us!

**OLD OTTAWA SOUTH (OOS) GARDEN CLUB MEETINGS** The club is planning an exciting series of meetings and activities for the 2022-23 season starting Sept. 13. Subjects include the Nation Capital Region botanical garden Canadensis, planting fall bulbs, growing herbs and edible plants and our popular, seasonal urn insert and wreath-making workshop for the holidays. New members are most welcome to join us. Yearly membership is \$25 for individuals and \$40 for families. Registration will soon be available at: [oldottawasouth.ca/](http://oldottawasouth.ca/) programs.

**OLD OTTAWA SOUTH GARDEN CLUB LOOKING FOR A PRESIDENT/COORDINATOR** – While most activities (recruiting speakers, sending out notices, managing finances, etc.) are carried out by members of the OOS Garden Club, we are looking for a president/coordinator to volunteer to facilitate the overall running of the club. The main responsibilities of the president/coordinator are: coordinate activities and speakers organized by members of the Garden club; speak at club meetings about up-coming activities; participate in the annual planning meeting; organize one or two activities or presentations; liaise with the staff at the Fire-hall regarding the club program and activities. The time commitment is estimated to average around two to three hours per week. Horticultural qualifications are not required, just a passion for gardening. If you are interested, please contact Marilyn Whitaker ([mjwhitaker@rogers.com](mailto:mjwhitaker@rogers.com)) or Gail Kayuk ([kayuk@rogers.com](mailto:kayuk@rogers.com)) for further information.

**PROBUS** Ottawa is welcoming new members from the Glebe and environs. Join your fellow retirees, near retirees and want-to-be retirees for interesting speakers and discussions, not to mention relaxed socializing. See our website: [www.probusoav.ca](http://www.probusoav.ca) for more detailed information about the club and its activities as well as contact points, membership information and meeting location. We will be meeting in-person on Wed., Aug. 24 for a talk from Joe Tavenier of Bridgehead Coffee on the subject of “Coffee – Favorite Beverage?”

AVAILABLE

**HOUSESITTING** Are you leaving town for an extended period of time to the cottage or vacation abroad and need a HOUSE SITTER to water plants, pick up mail and maintain the home and garden/cut grass etc.? I am a young lady who studies Theology/Bible at home and have several years of recent housesitting experience in the Glebe. I have excellent references from many homes in the Glebe I have lived in over the years. I enjoy taking care of animals, especially puppies!!! Sarah 613-263-0590.

**PUPPYSITTING!** Do you need someone to stay overnight with your little/big babe? I am available for housesitting of your pets. I have excellent references. Sarah 613-263-0590.

**YARD MAINTENANCE AND HOUSEHOLD CLEANING & ORGANIZATION SERVICES** From garden cleanup and landscaping to house-keeping and chores. If you are interested in my services, please call Janna Justa at 613-293-6883. References available.

FOR SALE

**PUZZLES FEATURING IMAGES OF OUR BELOVED FARM** With three puzzles to choose from, you are sure to find the perfect gift or a treat for yourself. Take a look at all three puzzles in our Boutique ([friendsofthefarm.ca/boutique](http://friendsofthefarm.ca/boutique)) Buffet Garden, Peonies and Le Jardin, and find your favourite!

WANTED

**TWO-BEDROOM APARTMENT** Retired couple, long-time residents of Old Ottawa South, will be downsizing this fall/winter and would like to stay in the Glebe or Old Ottawa South. Looking for a bright two-bedroom apartment with parking, laundry facilities and some storage. Would like access to a patio or garden. Long-term rental. Please call 613-304-8634.

WHERE TO FIND THE Glebe Report

In addition to free home delivery and at newspaper boxes on Bank Street, you can find copies of the *Glebe Report* at:

Abbas Grocery

Bloomfield Flowers

Café Morala

Capital Home Hardware

Chickpeas

Clocktower Pub

Ernesto's Barber Shop

Escape Clothing

Feleena's Mexican Café

Fourth Avenue Wine Bar

Glebe Apothecary

Glebe Central Pub

Glebe Meat Market

Goldart Jewellery Studio

Hogan's Food Store

Ichiban

Irene's Pub

Isabella Pizza

Kettleman's

Kunstadt Sports

Lansdowne Dental

Last Train to Delhi

LCBO Lansdowne

Loblaws

Marble Slab Creamery

McKeen Metro Glebe

Nicastro

Octopus Books

Olga's

RBC/Royal Bank

Studio Sixty Six

Subway

Sunset Grill

The Ten Spot

TD Bank Lansdowne

TD Pretoria

The Works

Von's Bistro

Whole Health Pharmacy

Wild Oat

j. krishnan

STUDIO – GALLERY

807 Bank St

Come in and see my latest collection!

[www.jkrishnanart.com](http://www.jkrishnanart.com)


343 777-5413 Cell | 613 237-5125 Business

[jaya@jkrishnanart.com](mailto:jaya@jkrishnanart.com)



# MARKETPLACE

For rates on boxed ads appearing on this page, please contact Judy Field at 613-858-4804 or by e-mail [advertising@glebereport.ca](mailto:advertising@glebereport.ca)



**Adams Plumbing**  
SPECIALIZING IN THE OLDER HOME

**RUSSELL ADAMS**  
PLUMBER

**613-978-5682**

**HOME RENOS AND REPAIR** — interior/ exterior painting; all types of flooring; drywall repair and installation; plumbing repairs and much more.

Please call Jamie Nininger @ 613 852-8511.

## McConville Movers

Piano Moving Specialists

613.749.2673 | 613.725.3940

[mcconvillemovers@gmail.com](mailto:mcconvillemovers@gmail.com)  
[www.mcconvillemovers.ca](http://www.mcconvillemovers.ca)



## Spanish Language Classes



Cheerful conversation and practical grammar

**Rosi Franco**



613 581 9105  
[roxisastaj@gmail.com](mailto:roxisastaj@gmail.com)

## EDWARDS PAINTING

*quality craftsmanship*

613 808 8763

## Elections Ottawa

### We're Hiring!

The City of Ottawa's Elections Office is hiring election workers to fill a variety of paid positions in the 2022 Municipal Elections.

Individuals are needed on:

- **Advance Vote Day 1 on Friday, October 7, 2022;**
- **Advance Vote Day 2 on Friday, October 14, 2022; and**
- **Voting Day on Monday, October 24, 2022.**


The Elections Office is looking for individuals who:


- Are at least 16 years old;
- Understand the voting process;
- Learn quickly; and
- Possess good interpersonal skills.

Priority will be given to applicants who are bilingual in French and English. Proficiency in other languages will be considered an asset and applicants are encouraged to indicate which language(s) they speak on their application form.

For more information on the positions available, pay rates, and to apply online, visit [ottawa.ca/vote](http://ottawa.ca/vote). The Elections Office will begin contacting applications now through September to fill available positions.

For questions or for more information on becoming an election worker, contact the Elections Office by phone at **613-580-2660**, by email at [elections-jobs@ottawa.ca](mailto:elections-jobs@ottawa.ca) or visit [ottawa.ca/vote](http://ottawa.ca/vote).


[ottawa.ca](http://ottawa.ca)  **3-1-1**  
TTY/ATS 613-580-2401




2022-002\_18

## HOOPER GROUP

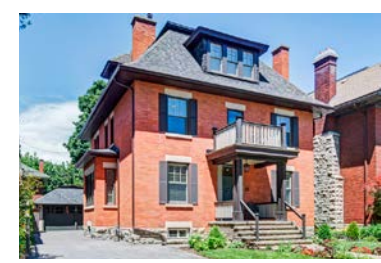
THE TRUSTED NAME IN REAL ESTATE®  
SERVICING CENTRAL OTTAWA FOR 35 YEARS




**59 ROSEBERY AVE**  
**\$1,299,000**  
PRIVATE 3 BED+DEN, 3.5 BATH HOME OVERLOOKING CENTRAL PARK




**97 HOLMWOOD AVE**  
**\$949,900**  
RENOVATED 3 BED+DEN, 2 BATH ROW UNIT IN HEART OF THE GLEBE




**45 POWELL AVE**  
**\$2,500,000**  
IMPRESSIVE 4-PLEX WITH 3 BED, 1.5BATH, MAIN FLOOR OWNER UNIT




**8 HOLMWOOD AVE**  
LUXURIOUS ROW UNIT WITH 2400+ SQ FT OF LIVING SPACE & 3 PARKING SPOTS AT LANSDOWNE PARK.




**JEFF HOOPER**  
BROKER



**MIKE HOOPER**  
BROKER



**DEREK HOOPER**  
BROKER



**PHIL LAMOTHE**  
SALES REP

**exp REALTY BROKERAGE**

P: (613) 233 8080 E: [HELLO@HOOPERREALTY.CA](mailto:HELLO@HOOPERREALTY.CA)





# glebe report

August 19, 2022

Mary Richardson, "Late Day Summer Shadows", acrylic on wood panel



GNAG.ca

## Glebe Neighbourhood Activities Group

Glebe Community Centre  
175 Third Avenue, Ottawa, ON K1S 2K2  
613-233-8713 info@gnag.ca



www.ottawa.ca

Glebe residents are invited to the



## Annual General Meeting

Wednesday, September 21 at 7 pm

Meeting details at GNAG.ca



## Join our Team!

Before & After School Childcare  
Staff & Volunteer

Minimum 2 shifts per week.

Send resumé and schedule of availability  
to ali@gnag.ca, August 15 - 26.

## A BIG Thank you

to our generous sponsor

**McKeen Metro Glebe,**

and to our **wonderful staff and volunteers**

for making our June Community Party  
such a great event.

A special thanks to **Circus Delights**  
for making the fun inflatables possible.

# FALL 2022



Guide available online.  
Printed version available for  
pick up at the Glebe CC.

Programs, classes and events for all ages and interests.

**Exceptional staff & great prices!**

**Registration August 30 at 7 pm**